Joe Cortina Janet Elder Katherine Gonnet

OPENING DOORS Understanding College Reading Opening doors g College Textbooks 382610

t the selection contains and how it is organized. pwledge. Ind study time. 2382 610 K

r questions to guide your reading.

Juide your reading.

king for answers.

ers to your questions.

hearsing your answers.

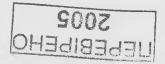
erial by *rehearsing,* to transfer it to long-term memory.

382610

OPENING DOORS

Understanding College Reading

238261UK



Фонд "Сейбр-Світло", Львів за підтримки "Фонду сприяння демократії" Посольства США, Київ

74.04(7 Au) K-66

OPENING DOORS

Understanding College Reading

JOE CORTINA JANET ELDER KATHERINE GONNET

Richland College Dallas County Community College District



McGRAW-HILL, INC.

New York St. Louis San Francisco Auckland Bogotá Caracas Lisbon London Madrid Mexico City Milan Montreal New Delhi San Juan Singapore Sydney Tokyo Toronto This book was set in Times Roman by Monotype Composition Company. The editors were Tim Julet, Laura Lynch, and Susan Gamer; the designer was Robin Hoffmann; the production supervisor was Paula Keller. R. R. Donnelley & Sons Company was printer and binder.

Cover photograph: © Ron Lowery, Stock Market

Opening Doors Understanding College Reading

Copyright ©1995 by McGraw-Hill, Inc. All rights reserved. Printed in the United States of America. Except as permitted under the United States Copyright Act of 1976, no part of this publication may be reproduced or distributed in any form or by any means, or stored in a data base or retrieval system, without the prior written permission of the publisher.

This book is printed on acid-free paper.

67890 DOC DOC 90987

ISBN 0-07-024004-3

Library of Congress Cataloging-in-Publication Data

Cortina, Joe.

Opening doors: understanding college reading / Joe Cortina, Janet Elder, Katherine Gonnet. cm. p. Includes indexes. ISBN 0-07-024004-3 1. College readers. 2. Reading (Higher education) I. Elder, Janet. II. Gonnet, Katherine. III. Title. PE1122.C637 1995 808'.0427-dc20 94-37873

ABOUT THE AUTHORS









Janet Elder

Katherine Gonnet

Joe Cortina, Janet Elder, and Katherine Gonnet all teach courses in basic and advanced reading improvement and study skills at Richland College, a member of the Dallas County Community College District. Their combined teaching experience spans elementary, secondary, and undergraduate levels, as well as clinical remediation. Each is trained as a reading specialist.

The authors have worked together as a writing team for nearly a decade. Their first book was *Comprehending College Textbooks*. In addition, Dr. Elder and Dr. Gonnet are coauthors of the reading section of *How to Prepare for the TASP*, a study guide for entering college students who take the Texas Academic Skills Program Test.

JOE CORTINA received his undergraduate degree in English from San Diego State University, and his master's and doctoral degrees in curriculum and instruction in reading from the University of North Texas. He has taught undergraduate teacher education courses in reading at the University of North Texas and Texas Woman's University. In 1981 he was selected to represent the Dallas County Community College District as a nominee for the Piper Award for Teaching Excellence, and in 1994 he was a recipient of an Excellence Award given by the National Institute for Staff and Organizational Development. In addition to teaching reading courses at Richland College, he has served on interdisciplinary teaching teams for honors English courses and as a faculty leader of Richland's Writing Across the Curriculum Program. Dr. Cortina has also served as a member of the editorial advisory board of *The Journal of Reading*. He is a frequent speaker at professional meetings.

JANET ELDER graduated summa cum laude from the University of Texas in Austin with a B.A. in English and Latin. She is a member of Phi Beta Kappa.

She was the recipient of a government fellowship for Southern Methodist University's Reading Research Program, which resulted in a master's degree. Her Ph.D. in curriculum and instruction in reading is from Texas Woman's University, where the College of Education presented her with the Outstanding Dissertation Award. She established the first comprehensive secondary reading program in the Dallas Independent School District and has conducted extensive staff development training for teachers in the Dallas area. After teaching reading and study skills courses at Richland for several years, she was asked to develop and implement an honors program for the college; after coordinating the honors program during its first 6 years, she resumed teaching full time. She has served on a task force that reevaluated Richland's college-wide writing program. She received the Extra Mile Award from special services students, has been her division's Piper Award nominee for excellence in teaching, and in 1993 received an Excellence Award from the National Institute for Staff and Organizational Development. Dr. Elder serves as a presenter at many professional conferences.

KATHERINE GONNET has a B.S. from Texas Woman's University and a master's degree from Southern Methodist University, where she was awarded a government fellowship in the Reading Research Specialist's Program. Her doctorate, from the University of North Texas, is in Higher Education Administration. She served as the chairperson of Richland's Developmental Studies Division for 6 years before resuming full-time teaching. In recent years, she has represented Richland in a district project to revise reading course curricula. She was selected by Richland to attend an international education program in Heidelberg, Germany. In addition to teaching reading and serving on interdisciplinary teaching teams in honors humanities and English courses, she has been a "technology scout" for the college, investigating the use of computers in reading instruction. She was selected as her division's nominee for the Piper Award for Teaching Excellence and was given an Excellence Award in 1992 by the National Institute for Staff and Organizational Development. Dr. Gonnet has also made numerous presentations at professional meetings.

CONTENTS

	To the Instructor	xiii
	To the Student	xvii
PART	ORIENTATION	1

Preparing and Organizing Yourself for Success in College

CHAPTER 1

MAKING YOURSELF SUCCESSFUL IN COLLEGE	3
Skills	5
Doing What Successful Students Do	5
Setting Your Goals	6
Motivating Yourself	8
Managing Your Time Setting up a study schedule • Making the most of your study time • Planning ahead: Monthly assignment calendar and daily "to do" list	9
A Word about Learning Styles	19
Summary: Developing Chapter Review Cards	21
Readings Selection 1-1: "Saved," from the Autobiography of Malcolm X	25
(Literature)	25

ONE

Selection 1-2: "The Time Message" by Elwood Chapman (Study skills)		
Selection 1-3: "Another School Year—What For?" by John Ciardi (Essay)	45	

CHAPTER 2

APPROACHING COLLEGE READING	55
Skills	57
Understanding the Reading Process	57
Improving Your Reading Predicting as you read • Monitoring your comprehension • Adjusting your reading rate	58
Developing a College-Level Vocabulary Using context clues • Using word-structure clues • Using a dictionary pronunciation key	63
Summary: Developing Chapter Review Cards	69
Readings	73
Selection 2-1: "A Whale of a Survival Problem" by John Postlethwait	_
and Janet Hopson (<i>Biology</i>)	73
Selection 2-2: "I Got My B.A. by Sheer Luck" by Walter Pauk (Essay)	83
Selection 2-3: "What Computers Can, Cannot, and Should Not Do"	
by Timothy Trainor and Diane Krasnewich (Computer science)	95

APPROACHING COLLEGE ASSIGNMENTS:	
READING TEXTBOOKS AND	
FOLLOWING DIRECTIONS	103
Skills	105
College Textbooks: A Process for Reading and Studying Effectively Step 1: Prepare to read • Step 2: Ask and answer questions to guide your reading • Step 3: Review by rehearsing your answers	105
Assignments and Tests: Following Directions Guidelines for following directions • Example: Directions for a test	112
Summary: Developing Chapter Review Cards	115
Readings	119
Selection 3-1: "Controlling Your Concentration" by William Farquhar, John Krumboltz, and C. Gilbert Wrenn (<i>Study skills</i>)	119
Selection 3-2: "Art in the Service of Religion" by Rita Gilbert (Art appreciation)	131
Selection 3-3: "How to Improve Communication" by Courtland Bovée and John Thill (<i>Business</i>)	143

PART

COMPREHENSION

TWO

Understanding College Textbooks by Reading for Ideas 157

CHAPTER 4

DETERMINING THE TOPIC	
AND THE STATED MAIN IDEA	159
Skills	161
 The Topic of a Paragraph What is the topic of a paragraph, and why is it important? Determining the topic Putting the topic into your own words 	161
 The Stated Main Idea of a Paragraph What is a stated main idea, and why is it important? Locating the stated main idea sentence 	164
Standardized Reading Tests: Topics and Stated Main Ideas	168
Summary: Developing Chapter Review Cards	171
Readings	175
Selection 4-1: "The Campaign for Election" by Thomas Patterson (Government)	175
Selection 4-2: "Muhammad" by Michael Hart (History)	187
Selection 4-3: "The Scientific Method" by John Postlethwait,	
Janet Hopson, and Ruth Veres (Biology)	197

FORMULATING IMPLIED MAIN IDEAS	207
Skills Implied Main Ideas in Paragraphs What is an implied main idea? • Why is the implied main idea important?	209 209
Formulating an Implied Main Idea Three steps to follow • Three ways to use information in a paragraph to formulate a main idea sentence • Three requirements for correctly formulated main idea sentences • A word about main ideas in longer passages	209
Standardized Reading Tests: Implied Main Ideas	214
Summary: Developing Chapter Review Cards	215
Readings Selection 5-1: "The Changing Roles of Men and Women"	219
by Merrill McLoughin and others (Sociology)	219

1.61

Selection 5-1: "Laugh Your Stress Away" by Stephen Lally	
(Magazine article)	229
Selection 5-3: "Why Vote?" by Janet Flammang and others (Government)	239

CHAPTER 6

IDENTIFYING SUPPORTING DETAILS	249
Skills Supporting Details in Paragraphs	251 251
What are supporting details? • Why are supporting details important?	
Finding and Listing Supporting Details	251
Standardized Reading Tests: Supporting Details	255
Summary: Developing Chapter Review Cards	257
Readings	261
Selection 6-1: "Communication Close-Up at Ben and Jerry's Homemade"	
by Courtland Bovée and John Thill (Business)	261
Selection 6-2: "How to Find Time to Read" by Louis Shores (Essay)	271
Selection 6-3: From "A Beginner's Guide to the World Economy"	
by Randy Charles Epping (Economics)	281

RECOGNIZING AUTHORS' WRITING PATTERNS	293
Skills Patterns of Writing What patterns do writers use? • Why is recognizing patterns important?	295 295
Identifying Significant Writing Patterns List pattern = Sequence pattern = Definition pattern = Comparison-contrast pattern = Cause-effect pattern = Mixed patterns	297
Standardized Reading Tests: Writing Patterns	308
Summary: Developing Chapter Review Cards	311
Readings Selection 7-1: "Reactions to Impending Death" by Dennis Coon	313
(Psychology)	313
Selection 7-2: From "The Conquest of Paradise" by Kirkpatrick Sale (<i>History</i>)	327
Selection 7-3: "The Decision to Marry" by Marvin Levy, Mark Dignan, and Janet Shirreffs (<i>Health</i>)	339

CHAPTER 8

READING CRITICALLY	349
Skills What Is Critical Reading?	351 351
Six Skills of Critical Reading Determining purpose and intended audience • Determining point of view and tone • Distinguishing between facts and opinions • Making inferences • Understanding denotations and connotations • Understanding figurative language	351
Standardized Reading Tests: Critical Reading	371
Summary: Developing Chapter Review Cards	375
Readings	379
Selection 8-1: "The Yellow Ribbon" by Pete Hamill (Literature)	379
Selection 8-2: "Legalizing Drugs" by Richard Schlaad and Peter Shannon (<i>Health</i>)	389
Selection 8-3: "The Achievement of Desire" by Richard Rodriguez (<i>Literature</i>)	397



SYSTEMS FOR STUDYING TEXTBOOKS

Developing a System	That Works for You	409
---------------------	--------------------	-----

SELECTING AND ORGANIZING	
TEXTBOOK INFORMATION	411
Skills Studying Better Rather Than Harder	413 413
Three Keys to Studying College TextbooksKey 1: SelectivityKey 2: OrganizationKey 3: Rehearsal	414
Using Textbook Features Prefaces • Tables of contents • Part openings • Chapter outlines • Chapter objectives and introductions • Lists and sequences • Boxes • Tables • Graphic aids • Vocabulary aids • Study questions • Chapter summaries • Appendixes • Additional features and supplements	415
Marking Textbooks: Underlining, Highlighting, and Annotating	448
 Taking Notes from Textbooks: Outlining, Mapping, and Summarizing <i>Guidelines for outlining</i> • <i>Guidelines for mapping</i> <i>Guidelines for summarizing</i> 	450

Summary: Developing Chapter Review Cards	459
Reading	463
Selection 9-1: "Intercultural Communication" by Stewart Tubbs	
and Sylvia Moss (Speech communications)	463

CHAPTER 10

REHEARSING TEXTBOOK INFORMATION	
AND PREPARING FOR TESTS	493
Skills Rehearsal and Memory	495 495
Studying for Tests General guidelines • Five-day test review plan • Using review cards to prepare for a test • Using test review sheets	496
Summary: Developing Chapter Review Cards	507
Reading Selection 10-1: "Communication," by James Wiggins, Beverly Wiggins,	511
and James Vander Zanden (Psychology)	511

APPENDIX 1

A LIST OF WORD PARTS	549
APPENDIX 2	
MASTER VOCABULARY LIST	555
APPENDIX 3	
GLOSSARY OF KEY TERMS	559

Index

563

TO THE INSTRUCTOR

Opening Doors is designed to help college students move from a precollege reading level to a college reading level. It presents a systematic approach to college textbook material that can make students more efficient in their reading and studying. The heart of the text is Part Two: Comprehension; but in addition to the essential comprehension skills, *Opening Doors* presents study skills that are also integral to success in college.

The scope of this book is broad, but the focus is always on comprehension. Moreover, the skills are integrated, and there is continual application of skills once they have been introduced. Although *Opening Doors* emphasizes essential main ideas and supporting details (in Part Two), it also includes reading skills such as predicting and questioning actively (in Part One), and crucial skills of preparing for tests: selecting, organizing, and rehearsing textbook material to be learned (in Part Three). In Part Three, students learn to use textbook features to full advantage, to underline and annotate textbook material, and to organize material in writing—in several ways—so that it can be mastered for a test.

The exercises in *Opening Doors* are extensive. They prepare students to read and help them apply skills during and after reading. Single paragraphs and short excerpts are used to introduce and illustrate skills; then, students *apply* these skills to *full-length selections*. The quizzes and exercises following the selections call for both objective responses and essay answers: despite our belief that having students "write out" their responses to questions about a selection is the most complete way to assess their comprehension, we realize that students need practice with traditional multiple-choice items as well. In the vocabulary items, all the words are taken in context from the chapter reading selections. Comprehension questions are of the same type as those instructors ask on tests (content area, rather than "The many idea of the selection is . . .," etc.). There are also opportunities for critical reading, with options for collaboration.

Укановисто до лазиото подагогічного у собрато імоні Панаа до ста

xiii

Because the excerpts in *Opening Doors* are primarily from college textbooks, some material may be challenging for developmental readers. However, field-testing helped us determine that the selections are interesting, informative, and appropriate, and that with coaching and guidance from the instructor, students can comprehend them. In fact, students like dealing with "the real thing"—actual college textbook material—since that is what they will encounter in their college courses. This type of practice enables them to transfer skills to other courses and avoid the frustration of discovering that their reading course did not prepare them for "real" college reading. Also, these passages will help students acquire and extend background in a variety of subjects. (You may discover that your students have a surprising amount of background knowledge in some areas. In field-testing selections with our students, we often found this to be the case.)

Another important point is that college textbook material contains many words which students do not know but need to learn. However, underprepared students and students for whom English is a second language tend to focus on *words* rather than *ideas*. Therefore, as noted above, we present all vocabulary in context. It will also be crucial for you, the instructor, to help students see words as a means of accessing content rather than as ends unto themselves.

We believe you will find these features of *Opening Doors* helpful:

- A thorough reading comprehension core as the heart of the text (Part Two)
- Clear explanations and understandable examples of each essential reading comprehension skill
- Numerous textbook passages for application of reading and study skills
- Three full-length reading selections in each of the first eight chapters (typically, two of these are from college textbooks and one is a nontext selection). Chapters 9 and 10 each present an *actual textbook chapter* as the reading selection.
- Exercises which integrate writing and reading and call for both objective and essay responses
- Cumulative review and application of skills
- Presentation of vocabulary and study skills as they relate to learning from college textbooks and other college-level materials
- Flexibility, allowing instructors to adapt assignments to the specific needs of their own students
- Material of the type typically given in state-mandated reading competency tests (e.g., in Texas, New Jersey, and Florida), as well as tips for scoring well on standardized reading tests
- Consistency in philosophy and approach with *Comprehending College Textbooks*, our upper-level reading comprehension textbook
- *Instructor's Manual* that includes answer keys, teaching strategies, and transparency masters

While many instructors will choose to use the ten chapters of *Opening Doors* in their original order, others may choose an alternative sequence to suit a specific course (three alternative sequences are included in the Instructor's Manual). For this reason, some explanations and instructions (such as the directions for completing chapter review cards) are repeated from chapter to chapter. Similarly, the previewing prompts and instructions for the practice exercises that accompany reading selections are repeated so that instructors may assign the reading selections in any order.

No one can ever take a course in every subject, so we hope that you and your students will learn new and interesting things from the selections in this book. (We did!) Your own enthusiasm for acquiring new information, your willingness to become engaged with the material, and your pleasure in learning will serve as a model for your students.

We wish you success in using *Opening Doors* to prepare your students to read textbooks effectively and to be successful in college. We hope you will find the endeavor as enjoyable and rewarding as we do with our students.

Acknowledgments

We are grateful to Tim Julet, English Editor at McGraw-Hill, for his assistance with this book. We are deeply indebted to our editing supervisor, Susan Gamer, who skillfully and patiently transformed our manuscript into its final form. Special thanks go to Lesley Denton for encouraging us to write *Opening Doors*.

Our reviewers served us well with their constructive criticisms, suggestions, and supportive comments. We are grateful to Ellen Bell, Manatee Community College; Ada H. Belton, Keystone Jr. College; Roel Carmona, Del Mar College; Gertrude Coleman, Middlesex County College; Diana Fink, Miramar College; Nancy Hanley, Anderson College; Susan L'Heureux, Sinclair Community College; Sandra Lloyd, Tomball College; Carol McPhillips, Villa Maria College; Maureen O'Brien, Springfield Tech. Community College; Marianne Reynolds, Mercer County Community College; and Laurie Stevens, University of St. Thomas.

Our students at Richland College offered wonderful suggestions and encouraging comments during the field testing of this book. They have been among our best and most helpful critics.

Our thanks would not be complete without recognizing the continuing contributions of our families. This book has also been a part of their lives for several years. We offer our heartfelt thanks to them for their unwavering interest, patience, and support.

> Joe Cortina Janet Elder Katherine Gonnet

TO THE STUDENT

.

"Didn't I realize that reading would open up whole new worlds? A book could open doors for me. It could introduce me to people and show me places I never imagined existed."

Richard Rodriguez, Hunger of Memory

Dear Student,

Welcome to *Opening Doors*. We hope it will open many new "doors" for you in college. To accomplish this, *Opening Doors* offers some special features.

First, every reading excerpt or selection in this book comes from a widely used college textbook or from other material that you are likely to encounter in your college reading. The excerpts and selections were chosen to give you the practice, skill, and confidence you will need to handle your college courses successfully.

Second, this book presents specific strategies to enable you to identify, comprehend, and remember important information in your college textbooks. We believe the most critical ability you must have as a reader is the ability to *comprehend—to understand*—what you read.

Third, *Opening Doors* focuses on three areas that are essential to success in college. For this reason, the ten chapters are grouped into three major sections, or parts:

 Part One: Orientation—Preparing and Organizing Yourself for Success in College. Part One includes chapters on making yourself successful in college (it includes goal-setting, motivation, and time management), making sense of college reading, and approaching textbook assignments effectively.

xvii

xviii To the Student

• Part Two: Comprehension—Understanding College Textbooks by Reading for Ideas. Part Two is the heart of this book. Comprehending what you read is vital to your success as a college student. The reading comprehension skills in this section include:

Identifying the topic and stated main idea Formulating implied main idea sentences Identifying supporting details

Understanding the organization of details (authors' writing patterns)

Along with these essential skills, Part Two also addresses critical reading skills.

• Part Three: Systems for Studying Textbooks—Developing a System That Works for You. Part Three focuses on selecting and organizing essential textbook information and rehearsing that information in order to learn it for a test. Two actual chapters from college textbooks are included in this section in order to give you an opportunity to practice these study skills. We think you will enjoy applying the skills you have learned to actual textbook chapters.

Here is some further information about the reading selections. Chapters 1 through 8 include three full-length selections each. These selections are taken from college textbooks and other types of materials you are likely to encounter in college. They provide important practice, and they will also increase your background knowledge in a variety of interesting subjects. Each reading selection is accompanied by preliminary and follow-up exercises. In order, the exercises are:

- 1. *Prepare Yourself to Read.* This exercise allows you to use techniques (such as previewing and making predictions) that will help you read the selection more actively and effectively.
- 2. Apply Comprehension Skills. This activity lets you apply the reading skills and techniques you are learning to the reading selection.
- 3. Comprehension Quiz. This exercise consists of a 10-item objective test on the content of the selection. You will answer questions that a college instructor might ask on a test about information, concepts, and facts in the selection.
- 4. Extend Your Vocabulary by Using Context Clues. In this exercise, you will determine the meaning of 10 important words that appear in the selection. In addition, the pronunciation is given for each word.
- 5. *Respond in Writing.* In these essay-type exercises, you will be asked to react in writing to the selection.

As you work through the chapters in this book, you will discover that you are becoming a better reader. Not only will you have a clearer understanding of reading comprehension skills; you will also have had a great deal of practice with them. In addition, you will discover that you are able to use these skills in your other college courses. By the end of this semester, as you work through Chapters 9 and 10, you will have learned important and effective study techniques that enable you to master material for tests.

Again, we welcome you to *Opening Doors*. We hope your journey through this textbook is a rewarding and enjoyable experience.

OPENING DOORS

Understanding College Reading





ORIENTATION

Preparing and Organizing Yourself for Success in College

CHAPTERS IN PART ONE

- 1 Making Yourself Successful in College
- 2 Approaching College Reading
- 3 Approaching College Assignments: Reading Textbooks and Following Directions





MAKING YOURSELF SUCCESSFUL IN COLLEGE

IN THIS CHAPTER YOU WILL LEARN THE ANSWERS TO THESE QUESTIONS:

What do successful college students do?

How can I set goals for myself?

How can I motivate myself to do well in college?

How can I manage my time more effectively?

CHAPTER CONTENTS

.

SKILLS

DOING WHAT SUCCESSFUL STUDENTS DO

SETTING YOUR GOALS

MOTIVATING YOURSELF

MANAGING YOUR TIME

Setting Up a Study Schedule Making the Most of Your Study Time Planning Ahead: Monthly Assignment Calendar and Daily "To Do" List

A WORD ABOUT LEARNING STYLES

SUMMARY

DEVELOPING CHAPTER REVIEW CARDS

READINGS

Selection 1-1 • Literature "Saved," from The Autobiography of Malcolm X Selection 1-2 • Study skills "The Time Message" by Elwood Chapman Selection 1-3 • Essay "Another School Year—What For?" by John Ciardi

DOING WHAT SUCCESSFUL STUDENTS DO

Some students are more successful than others. Why? One answer is that successful students know how to set goals for themselves, motivate themselves, and manage their time. In this chapter, you will learn how to do these things. If you start now and consistently apply the techniques and strategies in the chapter, you will become a more successful college student.

The Greek philosopher Aristotle observed, "We are what we repeatedly do. Excellence then is not an act, but a habit." This is valuable advice. If you make good study techniques a habit, each semester you can become a better, more effective student.

It is helpful to look more closely at exactly what successful students do. One research study involved college students who were highly effective despite the fact that they did not have high entrance scores. The researchers discovered that these students all shared five important characteristics:

- 1. *Effective students are highly motivated.* Successful students have an inner drive to do well. They are goal-oriented; they have specific careers in mind. They believe that they are responsible for their own success or failure; they attribute nothing to "good luck" or "bad luck."
- 2. *Effective students plan ahead.* Successful students are organized. They develop good study habits. They establish a study schedule and stick to it. They study at the same time each day, and in the same place.
- 3. Effective students focus on understanding. Successful students use verbal and written feedback to monitor their progress and make changes if necessary. They assess their own strengths and weaknesses on the basis of instructors' comments in class, evaluations of homework assignments, and grades on tests. If they start to do poorly or fall behind in a subject, they adjust their schedule to spend more time on it, and they immediately seek help from an instructor, a tutor, or a friend.
- 4. *Effective students are highly selective.* Successful students select what they will study in each course. When they read assignments, they concentrate on main ideas and important details. To identify important information, they pay attention to signals in their textbooks and class notes. They use instructors' comments, course outlines, and textbook learning aids to guide their efforts.
- 5. Effective students are involved and attentive. Successful students are focused on their academic work in class and outside of class. In class, they pay attention, take notes, and participate in discussions. They make a point of arriving early, and they help themselves concentrate by sitting near the front. Outside of class, they study in quiet places to avoid distractions. They put academic work ahead of social life, and they limit television watching.

They study with others who are serious about school. They concentrate on the present rather than worrying about the past or daydreaming about the future.

Source: Adapted from John Q. Easton, Don Barshis, and Rick Ginsberg, "Chicago Colleges Identify Effective Teachers, Students," *Community and Junior College Journal*, December–January 1983–1984, pp. 27–31.

Perhaps the most interesting aspect of this description of successful college students is that nothing in it is especially complicated or difficult. With planning and determination, any student can make these behaviors part of his or her own life in college.

SETTING YOUR GOALS

Most successful students (in fact, most successful people) have this in common: they establish goals, and they put their goals *into writing*. They write down *what* they want to accomplish and *when* they want to accomplish it. Goals that are not written down are not much better than wishes. Writing your goals helps you make a commitment to them and gives you a yardstick for measuring your progress. Putting your goals in writing is a tool that can help you turn wishes into reality.

You will probably find that your goals fall into several categories: educational, financial, spiritual, personal (including family matters), physical (health and fitness), and career-related. An example of an educational goal might be, "To complete all my courses this semester and earn at least a B in each."

Sometimes it becomes necessary to choose between two or more competing goals. For example, suppose that you wanted to attend college full time and work full time. You would have to give one goal or the other priority in order to allow for studying. Or you would have to modify both goals, deciding to attend college part time and work part time. Competing goals do not make it necessary to give up a goal, but they do make it necessary to be realistic, to set priorities, and to adjust your time and efforts.

One expert in time management, Alan Lakein, gives these recommendations for setting goals:

- *Be specific*. A vague goal like "I will do better" is not very helpful.
- *Be realistic.* An unrealistic goal like "I will work full time and attend college full time for the next 4 years" is not helpful.
- Revise your goals at regular intervals. It is important to revise goals regularly (probably every semester) because your situation may change.

Source: Alan Lakein, How to Get Control of Your Time and Your Life, Signet, New York, 1973, pp. 30–37, 64–65.

Putting Your Goals in Writing

.

Take a few minutes to write down your goals. Write at least three goals for each category. (These are private and personal, and they do not have to be shared with anyone.)

What are my long-term goals?

On the lines below, write what you want to accomplish and achieve during your lifetime.

What are my intermediate goals?

On the lines below, write what you want to accomplish during the next 3 to 5 years.

What are my short-term goals?

On the lines below, write what you want to accomplish this semester.

Key terms

Long-term goal: Goal you want to accomplish during your lifetime. Intermediate goal: Goal you want to accomplish in the next 3 to 5 years. Short-term goal: Goal you want to accomplish in the next 3 to 6 months. Lakein also recommends setting three types of goals: long-term, intermediate, and short-term. *Long-term goals* relate to your entire life; *intermediate goals* relate to the next 3 to 5 years; *short-term goals* relate to the next 3 to 6 months. (For a student, short-term goals would have to do with the current semester.) Your short-term goals should help you achieve your intermediate goals, which in turn should help you achieve your long-term, lifetime goals. For instance, improving your reading skills is a short-term goal that will contribute to the intermediate goal of earning a college degree, and ultimately to the long-term goal of an interesting, satisfying career.

The box above will give you the experience of formulating long-term, intermediate, and short-term goals. When you have recorded some goals in writing, identify one or two from each category that are especially important to you now. Whenever you must decide how to use your time, choose activities that lead to those goals.

Keep your written goals where you can see them and read them often. You might keep them at the front of a notebook, for instance, or on your desk. Some of your goals will be achieved quickly and removed from your list; but you may find that some of them will remain on your list for a long time, perhaps a lifetime.

MOTIVATING YOURSELF

In college, you are responsible for motivating yourself. Developing an interest in and a commitment to your courses is not your instructors' responsibility; it is your responsibility.

Motivating yourself is easier than you may think. For one thing, college is a stimulating place to be! As you progress through college, you will find that learning becomes increasingly pleasurable and satisfying. Also, there are specific, effective self-motivational techniques. Here are a dozen motivational strategies that you can use throughout a semester.

- 1. Write down your educational goals for the semester. The act of writing down goals for the semester can be motivating in and of itself. Clear goals can also motivate you to use your time well. Specific goals (for class attendance and participation, homework, and grades) help you select activities that will move you toward your goals. In addition, achieving a worthwhile goal is a deeply satisfying experience that will motivate you to achieve more goals.
- 2. Visualize success. Visualize successful situations that you want to make happen in the near future, such as earning a high grade on an assignment or completing the semester successfully. Then visualize the future further ahead: imagine yourself graduating from college and being offered a good job. Make your mental images as sharp and vivid as possible; imagine the pride you will feel in your accomplishment.
- 3. *Think in terms of earning what you want.* The truly valuable and worthwhile things in life are seldom easy; you have to pay a price for them.
- 4. Think of classes as your easiest learning sessions. If you spend 3 hours a week in class for a course, look on that as your *easiest* 3 hours of learning and studying for the course. Your instructor, an expert, is present to explain and to answer questions.
- 5. View your courses as opportunities. Especially if a course is difficult, consider it a challenge rather than a problem or an obstacle. Accept the fact that you are required to take a variety of courses to broaden your educational background. Later in life, you may come to appreciate some courses more than you can now.
- 6. Develop strategies for difficult courses. To keep from feeling overwhelmed, a good strategy is to study one thing at a time. Another strategy is to consider the feeling of accomplishment that comes from mastering a

difficult subject, and the pride you can take in succeeding at a challenging subject. Realize, too, that you can enjoy a subject even if you may never become an expert in it.

- 7. *Take tips from good students in your courses.* Ask them what they are doing to be successful. If they like a course that seems difficult or boring to you, ask them why they enjoy the subject.
- 8. *Choose the right friends.* Choose friends who will support and encourage your studying. Find a "study buddy" or form a small study group. Be sure to choose people who are also serious about school. It is also helpful to find a mentor (a wise and trustworthy counselor or instructor) who can give you advice, support, and encouragement.
- 9. *Plan activities to achieve your goals.* Break big projects into sequences of smaller, more manageable tasks. Then set priorities. (For instance, a 20-page reading assignment can be divided into four shorter readings of 5 pages each, and you may even want to read these during study sessions on different days.)
- 10. *Give yourself rewards*. Reward yourself for successfully completing an activity such as a homework assignment or studying for a test. Watch a favorite television program, have a snack, work out, or take a walk.
- 11. Make positive "self-talk" a habit. Say encouraging things to yourself: "I think I can do this assignment, even though it might take a while"; "If other students in my class can do this, I can too." Also, use a technique called *thought stopping* to shut off negative self-talk: when you find that you are giving yourself negative feedback, just say "Stop!" and substitute some *positive* self-talk. Don't let frustration overcome you and destroy your productivity. Recognizing that frustration is a normal part of learning (and of life) will help you develop tolerance for it.
- 12. *Think in terms of doing your best.* Reassure yourself. If you really do your best, you can feel satisfied with your effort. You will not have to wonder whether you might have done better if only you had tried harder.

Motivation leads to success; success increases motivation; increased motivation leads to more success; and so on! In other words, motivation and success go hand in hand and reinforce each other.

MANAGING YOUR TIME

Managing your time means making decisions about how you choose to spend time. When you look at the numbers in the box on page 10, you will realize how much decision making is necessary in order to gain control of your time. Fortunately, there are several reliable strategies for time control. In this section, you'll consider how to set up a study schedule and make the most of study sessions; you'll also look at two important planning tools: a monthly calendar and a daily list of things to do. Making Decisions about How to Schedule Your Time

.

There are 168 hours in a week.

If you sleep 8 hours a night, you spend 56 hours a week sleeping.

If you spend 1 hour at each meal, you spend 21 hours a week eating.

If you have a full college schedule, you spend about 12 to 20 hours a week attending classes and laboratories.

This leaves you 70 hours a week, or 10 hours a day, for everything else: studying, recreation, personal chores, and so on.

For 10 out of every 24 hours, you must make decisions about how you will spend your time.

Setting Up a Study Schedule

Key term

Study schedule: Schedule with specific times set aside for studying. If you promise yourself that you will study "whenever you can find time," you may never "find time." To be a truly efficient student, you must set aside time for studying. In other words, it is essential to have a *study schedule*. A realistic, well-thought-out schedule will assure you of ample study time.

College students often say that they have too much to do in too little time. In fact, they consider this their number one source of stress. Scheduling your time can work like a charm to lower this kind of stress, reducing tension, worries, and inefficiency. A schedule does not turn you into a robot; it frees you from constant decision making and lets you make the best use of your time.

It's important to balance study time and relaxation time. *Study first; then* relax or have fun: that's the rule for successful students. If you stick to this rule, you'll enjoy your free time more because you won't feel guilty about unfinished work. Free time becomes your reward for completing your studying.

To develop your study schedule, use a "weekly planner" form (page 12), and follow these steps:

- Step 1. Identify times that are already committed to other activities (class sessions, meals, work, travel time, sleep, organizations, etc.) and are therefore definitely unavailable for study. Write these activities in on your weekly planner.
- *Step 2.* Identify times when you probably would be unable to study (times for household and personal chores, family, rest, and leisure activities). Write them in on your weekly planner. These are more flexible parts of your schedule because you have more control over when to do them.

• *Step 3.* Studying when you are alert and rested allows you to accomplish more in less time. Check off the times when you are most alert and energetic:

Early morning (6–9 A.M.) _____ Midmorning (9 A.M. to noon) _____ Early afternoon (12–3 P.M.) _____ Late afternoon (3–6 P.M.) _____ Early evening (6–9 P.M.) _____ Late evening (9 P.M. to midnight) _____ Late night (after midnight) _____

• Step 4. Determine how much study time you need. Figure on at least 1 hour of study time for each hour in class. For a typical three-credit course, that would be 3 hours of study per week; difficult courses may require more time. Then set aside the appropriate number of study hours for each course and write these times in on your weekly planner ("Study psychology," "Accounting homework," "Study history," etc.). Try to schedule as much study as possible during the hours you identified in step 3 as your "best times."

As you work on step 4, be sure to plan enough study time for each subject. College students are expected to be much more independent in their learning than high school students, and many new college students are surprised at how much time studying takes. Keep in mind that 1 hour of study for each hour of class is a *minimum*. If a course is difficult for you or if the assignments are time-consuming, you should schedule more study time. You will also need to schedule more study time if you are a slow reader or if you have not yet mastered effective study habits. Plan as much study time as you will need to meet the challenge of college courses.

The sample weekly planner on page 13 has been filled in to show you how a typical study schedule might look.

Once you have set up your study schedule, keep it where you can see it and follow it. You will probably need about 3 weeks to become accustomed to a new schedule. Adjust it if you need to, but make a genuine effort to stick to it. Each time you deviate from your schedule, returning to it becomes harder. Sticking with it will get you past the hard part, which is simply getting started. Having a regular study routine makes it easier to become an effective student.

Weekly Study Schedule

.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 A.M.				30			dh
7:00				W			
8:00							
9:00							
10:00							
11:00							
12:00 noon							
1:00 P.M.	and the second s			net ne n	ROWERS	(III)	
2:00					0 ¹⁰	3	
3:00							
4:00							
5:00							
6:00							
7:00				1			
8:00							
9:00							
10:00							
11:00							
12:00 midnight							
1:00 A.M.							

12

κ.

Sample Study Schedule

.

Here is a sample of a weekly study schedule that has been completed according to the directions in the text. Notice that *specific study times have been identified for each course*. Use the blank form on page 12 to create your own weekly study schedule.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 A.M.		<	Ge	et ready for scho	pol ———	\longrightarrow	
7:00				Travel to school			
8:00		Accounting	Read English	Accounting	Review English	Accounting	
9:00		History	English	History	English	History	Fonnis
10:00		Psychology		Psychology		Psychology	
11:00		Lunch	Biology	Lunch	Biology	Lunch	
12:00 noon	Family	Accounting		Accounting homework		Accounting homework	
1:00 P.M.	time	English	Lunch	English	Lunch	English	
2:00		assignments	Biology lab	assignments	Biology	assignments	Work
3:00		(Study biology)		Study biology	study group	Snack	
4:00	Tennis	Dinner		Dinner			
5:00			Read		Read history		
6:00	Read biology		history text		text	. Jork	
7:00	assignments	Work	Dinner	MORX	Dinner	Work	
8:00	English		Read		Read		Spend time with friends
9:00	assignments		psychology text		psychology text		
10:00	Sleep	Relax/watch news	Relax/watch news	Relax/watch news	Relax/watch news	Relax/watch news	
11:00		Sleep	Sleep	Sleep	Sleep	Sleep	Sleep
12:00 midnight							
1:00 A.M.	\checkmark	V	V	\checkmark	\bigvee	V	\checkmark

Making the Most of Your Study Time

Once you have set up a study schedule, it is important to develop ways to make the most of your study time. There are a variety of steps you can follow to get the most out of your study sessions. Here are some key strategies.

- 1. *Find or create a suitable place to study.* You study place can be at home or elsewhere. A library or any other quiet place on campus can serve well. Buy whatever materials and supplies you will need, and have them on hand in a drawer or book bag. Decide that when you are in your study place, you are there to study!
- 2. Study in the same place at the same time every day. Also, don't use your study place for any purpose except studying. This will help you "get into studying" immediately because it makes studying automatic, a habit. Knowing when, where, and what you are going to study will save you a lot of time.
- 3. *Try to make your study hours more productive*. Strive for, say, 1 or 2 productive study hours rather than 3 or 4 unproductive hours. To keep your study time productive, remember that just sitting at a desk is not studying, and just looking at a book is not reading. If you find yourself daydreaming, stop and refocus your thinking. After 1 or 2 hours of study, you may begin to tire and your ability to concentrate may decrease. If so, take a break or switch to another subject to maintain your efficiency. Be sure, however, to take your break at a logical stopping point—not in the middle of a task that is going well.
- 4. Study as soon as possible after lecture classes. One hour spent studying immediately after a class will do as much to develop your understanding of the material as several hours of studying a few days later. Review and improve your lecture notes while they are still fresh in your mind. Start assignments while your understanding of the directions and the material is still accurate. If there are points you do not understand, take steps immediately to clear them up.
- 5. Take advantage of short periods of free time for studying. Scattered, brief periods of time (for instance, periods of 15 to 45 minutes before, between, and after classes) are often wasted. Use these brief times for study. Before a lecture class, for instance, it's wise to spend a few minutes reviewing your notes from the previous lecture or going over the reading assignment. When you look for short periods of free time to use, keep in mind that (in general), daytime study is more efficient than nighttime study: what you can accomplish in 1 hour during the day might take 2 hours at night. Also, don't overlook usable time on Saturdays and Sundays.
- 6. Don't study your most difficult subject last. You may have favorite subjects that you enjoy studying. It is tempting to focus on these subjects first and leave the harder subjects until last. But if you do this, you will often

find that you have run out of time for a difficult subject or are too tired to work on it. Study your most difficult subjects when you still have the time and energy to do a good job on them.

- 7. If you can't study at a scheduled time, take some time from another activity. When unexpected events arise that take up time you had planned to use for studying, decide immediately where in your schedule you can make up the study session you missed, and adjust your schedule accordingly. Don't overlook weekends, including Saturday and Sunday evening. Successful students often take advantage of weekends by using them as productive study times.
- 8. At the end of each week, review your class notes and textbook annotations. Regular reviews of your week's class notes and textbook markings help you learn and remember the material. These reviews will save you time later, when you prepare for tests. Reviews also reduce stress because, long before a test, they give you a chance to discover anything you do not understand while there is enough time to correct the situation.

Planning Ahead: Monthly Assignment Calendar and Daily "To Do" List

Two useful strategies for planning ahead are a monthly assignment calendar and a daily "to do" list. In this section you'll learn about each of these.

Students sometimes discover too late that they have three tests, a paper, and a project all due the same week. To alert themselves to especially busy weeks and give themselves an overview of the semester, effective students use a *monthly assignment calendar*. Planning ahead with a monthly calendar helps them meet each deadline and produce better work. As a result, they feel more in control, experience less stress, and enjoy the semester more.

Setting up a monthly calendar is simple. As soon as you receive the syllabi, or outlines, for your courses, transfer all the test dates and due dates (for projects, papers, oral reports, etc.) to *one* calendar. If you see that several tests and due dates coincide in one week, you can plan to finish some of them ahead of time. (To complete a project comfortably in advance of its deadline, break it into smaller parts.) You can also begin reviewing well ahead of time for major tests.

The boxes on pages 16–17 show monthly assignment calendars. The sample has been filled in to give you an idea of how a typical student's calendar might look. The blank calendar is for your own use.

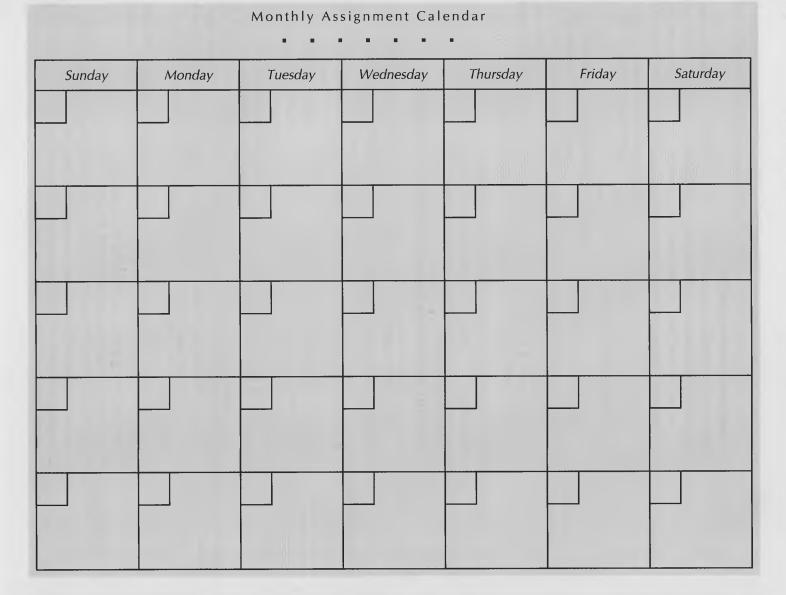
Another good planning strategy is a daily "to do" list, a list of things to be done today. "To do" lists are recognized as a proven way to get more accomplished. Make the list up every morning or, if you prefer, make it up each evening for the next day. Be sure to make a list every day. An index card, which is both small and sturdy, works well for a "to do" list.

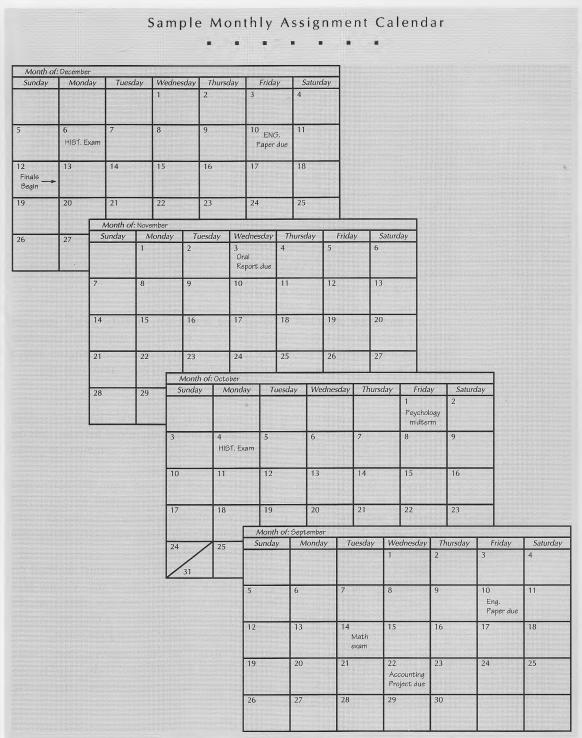
Key term

Monthly assignment calendar: Calendar showing test dates and due dates in all courses for each month of a semester.

Key term

"To do" list: Prioritized items to be accomplished in a single day.





382610

.

Sample "To Do" List
A-1 Study for history test
A-2 Write draft of English paper
A-3 Schedule dental appointment
A-4 Pay bills
B-1 Return library books
B-2 Cleaners
B-3 Birthday present for Pat
C-1 Buy stamps
C-2 Call Lynn
C-3 Wash car

One important aspect of a "to do" list is that you identify which items you consider high priorities and which ones you consider less important. This helps you resist the temptation to do easy tasks first and postpone challenging jobs. If you use "to do" lists, you will be more productive and have more free time. Here are the steps to take in making a "to do" list:

- *Step 1.* Write down every significant thing you would like to accomplish today (or tomorrow, if you are making the list the night before). You can include activities related to long-term goals (such as "practice the piano" or "exercise for 45 minutes").
- Step 2. Now decide how important each item on your list is. In other words, set priorities. Mark an item A if it is very important, B if it is moderately important, and C if it is of less importance. Step 2 is crucial: if you do not set priorities, you may spend your time on easy but unimportant items while the important items are left undone.
- Step 3. You're not quite through prioritizing! Now you must set final priorities by ranking your A's, B's, and C's. Consider all the A's and label them A-1, A-2, A-3, etc. Do the same for the B's and C's. *This gives you the order in which you should do the items on the list.* (You may want to copy the list over at this point, putting the items in their final order.)
- *Step 4*. When you make your next "to do" list (the following day), look at the items on the current list that you did not complete. If they still need to be done, carry them over onto the new list. Their priorities may change from day to day, of course.

The box above shows a sample of a finished "to do" list which will give you an idea of how your own lists might look.

A WORD ABOUT LEARNING STYLES

Key term

Learning style: Way in which an individual learns best.

In addition to managing your study time, you will need to think about your learning style. Your *learning style* is the way you, as an individual, learn best. Some of us are *visual learners* who prefer to see or read the material to be learned, in the form of books, review cards and sheets, class notes, and the like. Others are *auditory learners*, preferring to hear the material, in the form of lectures and discussions. Auditory learners often benefit from reciting material or reading aloud to themselves, making audiotapes, and working in study groups. Still others are *tactile learners* who benefit from writing information down or manipulating materials physically. Tactile learners prefer laboratory work and other hands-on projects. Finally, of course, some of us combine more than one style. (The three basic styles are summarized in the box below.)

You might also want to think about another type of learning style: whether you prefer to work by yourself or with others. If you are a person who finds it advantageous to study with others, you will probably like being part of a study group. It's important to select other students who are motivated. Also, keep in mind that participating in a study group does not guarantee success. To prepare yourself to work with a group, you must still read and study on your own first.

Learning Styles

Learning Styles							
• • •	Preferred sources of information						
Visual (prefers to read or see information)	Textbooks Chapter review cards Test review sheets Class notes						
Auditory (prefers to hear information)	Class lectures and discussions Recitation Reading aloud to oneself Audiotapes Study groups						
Tactile (prefers to write material down or to manipulate materials physically)	Note-taking during lectures and study sessions Laboratory work Hands-on projects (science, engineering, and other technical subjects)						

DEVELOPING CHAPTER REVIEW CARDS

Review cards, or *summary cards*, are an excellent study tool. They are a way to select, organize, and review the most important information in a textbook chapter. The process of creating review cards helps you organize information in a meaningful way and, at the same time, transfer it into long-term memory. The cards can also be used to prepare for tests (see Part Three). The review card activities in this book give you structured practice in creating these valuable study tools. Once you have learned how to create review cards, you can use them in your other courses.

Now, complete the seven review cards for Chapter 1, following the directions on each card. When you have completed them, you will have summarized: (1) what successful college students do, (2) important information about setting goals, (3) ways to motivate yourself, (4) ways to make the most of study time, (5) how to develop a monthly assignment calendar, (6) steps to take in making up a "to do" list, (7) three learning styles.

Doing What Successful Students Do

What are five things successful college students do? (See pages 5–6.)

2. _____

3. _____

4._____

Chapter 1: Making Yourself Successful in College

1._____

5. ____

Setting Goals

1. Why should goals be written down? (See page 6.)

2. What are Lakein's three recommendations for setting goals? (See page 6.)

3. What are the three types of goals? (See page 7.)

Chapter 1: Making Yourself Successful in College

Motivating Yourself

What are twelve ways to motivate yourself? (See pages 8–9.)

Chapter 1: Making Yourself Successful in College

Making the Most of Your Study Time

What are eight ways to make the most of your study time? (See pages 14–15.)



Developing a Monthly Assignment Calendar

How can you prepare a monthly assignment calendar? (See pages 15–17.)

1. What should you do as soon as you receive the syllabi for your courses?

2. What should you do if several tests and assignments coincide in one week?

3. When should you begin reviewing for major tests?

Chapter 1: Making Yourself Successful in College

Making Up a "To Do" List

Step 1:	
itep 2:	
Step 3:	
Step 4:	
Chapter 1: Making Yourself Successful	in College
	Learning Styles
	Learning Styles
Name and briefly describ	e three learning styles. (See page 19.)
	e three learning styles. (See page 19.)
le	e three learning styles. (See page 19.) earners
le	e three learning styles. (See page 19.)
Description:	e three learning styles. (See page 19.) earners
Description:le	e three learning styles. (See page 19.) earners earners
Description:le	e three learning styles. (See page 19.) earners earners
Description:le	e three learning styles. (See page 19.) earners earners
Description: le	e three learning styles. (See page 19.) earners earners
Description:	e three learning styles. (See page 19.) earners earners
Description:	e three learning styles. (See page 19.) earners earners
Description:le	e three learning styles. (See page 19.) earners earners
Description:le	e three learning styles. (See page 19.) earners earners
Description:le	e three learning styles. (See page 19.) earners earners

Chapter 1: Making Yourself Successful in College

READINGS

Selection 1-1

Literature

FROM THE AUTOBIOGRAPHY OF MALCOLM X AS TOLD TO ALEX HALEY

Prepare Yourself to Read

SAVED

Directions: Do these exercises before you read Selection 1-1.

- 1. First, read and think about the title. What do you already know about Malcolm X?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) All of the last paragraph (paragraph 19)

On the basis of your preview, what aspect of Malcolm X's life do you think will be discussed?

Apply Comprehension Skills

Directions: Do these exercises as you read Selection 1-1. Apply two skills from this chapter:

Set your goal for reading. What do you hope to learn about Malcolm X?

Plan your time. Estimate how long it will take you to read Selection 1-1.

1

SAVED

9

Before Malcolm X became a prominent American Black Muslim and political leader, he served time in prison. This selection describes events which took place while he was in prison.

It was because of my letters that I happened to stumble upon starting to acquire some kind of a homemade education.

- ² I became increasingly frustrated at not being able to express what I wanted to convey in letters that I wrote, especially those to Mr. Elijah Muhammad. In the street, I had been the most articulate hustler out there—I had commanded attention when I said something. But now, trying to write simple English, I not only wasn't articulate, I wasn't even functional. How would I sound writing in slang, the way I would *say* it, something such as, "Look, daddy, let me pull your coat about a cat, Elijah Muhammad—"
- ³ Many who today hear me somewhere in person, or on television, or those who read something I've said, will think I went to school far beyond the eighth grade. This impression is due entirely to my prison studies.
- 4 It had really begun back in the Charlestown Prison, when Bimbi first made me feel envy of his stock of knowledge. Bimbi had always taken charge of any conversation he was in. and I had tried to emulate him. But every book I picked up had few sentences which didn't contain anywhere from one to nearly all of the words that might as well have been in Chinese. When I just skipped those words, of course, I really ended up with little idea of what the book said. So I had come to the Norfolk Prison Colony still going through only book-reading motions. Pretty soon, I would have quit even these motions, unless I had received the motivation that I did.

I saw that the best thing I could do was get hold of a dictionary—to study, to learn some words. I was lucky enough to reason also that I should try to improve my penmanship. It was sad. I couldn't even write in a straight line. It was both ideas together that moved me to request a dictionary along with some tablets and pencils from the Norfolk Prison Colony school.

6 I spent two days just riffling uncertainly through the dictionary's pages. I'd never realized so many words existed! I didn't know which words I needed to learn. Finally, just to start some kind of action, I began copying.

 In my slow, painstaking, ragged handwriting,
 I copied into my tablet everything printed on that first page, down to the punctuation marks.

⁸ I believe it took me a day. Then, aloud, I read back, to myself, everything I'd written on the tablet. Over and over, aloud, to myself, I read my own handwriting.

I woke up the next morning, thinking about those words—immensely proud to realize that not only had I written so much at one time, but I'd written words that I never knew were in the world. Moreover, with a little effort, I also could remember what many of these words meant. I reviewed the words whose meanings I didn't remember. Funny thing, from the dictionary first page right now, that "aardvark" springs to my mind. The dictionary had a picture of it, a longtailed, long-eared, burrowing African mammal, which lives off termites caught by sticking out its tongue as an anteater does for ants.

I was so fascinated that I went on—I copied the dictionary's next page. And the same experience came when I studied that. With every succeeding page, I also learned of people and places and events from history. Actually the dictionary is like a miniature encyclopedia. Finally

Source: "Saved," from The Autobiography of Malcolm X with the assistance of Alex Haley, Ballantine, New York, 1992, pp. 171–174, 179. Copyright © 1964 by Alex Haley and Malcolm X and © 1965 by Alex Haley and Betty Shabazz. Reprinted by permission of Random House, Inc.

10

the dictionary's A section had filled a whole tablet—and I went on into the B's. That was the way I started copying what eventually became the entire dictionary. It went a lot faster after so much practice helped me to pick up handwriting speed. Between what I wrote in my tablet, and writing letters, during the rest of my time in prison I would guess I wrote a million words.

- I suppose it was inevitable that as my word-11 base broadened, I could for the first time pick up a book and read and now begin to understand what the book was saying. Anyone who 15 has read a great deal can imagine the new world that opened. Let me tell you something: from then until I left that prison, in every free moment I had, if I was not reading in the library, I was reading on my bunk. You 16 couldn't have gotten me out of books with a wedge. Between Mr. Muhammad's teachings, my correspondence, my visitors-usually Ella and Reginald-and my reading of books, months passed without my even thinking about 17 being imprisoned. In fact, up to then, I never had been so truly free in my life.
- 12 The Norfolk Prison Colony's library was in the school building. A variety of classes was taught there by instructors who came from such places as Harvard and Boston universities. The weekly debates between inmate teams were also held in the school building. You would be astonished to know how worked up convict debaters and audiences would get over subjects like "Should Babies Be Fed Milk?"
- Available on the prison library's shelves were books on just about every general subject. Much of the big private collection that Parkhurst had willed to the prison was still in crates and boxes in the back of the library—thousands of old books. Some of them looked ancient: covers 19 faded, old-time parchment-looking binding. Parkhurst, I've mentioned, seemed to have been principally interested in history and religion. He had the money and the special interest to have a lot of books that you wouldn't have in general circulation. Any college library would have been lucky to get that collection.

As you can imagine, especially in a prison where there was heavy emphasis on rehabilitation, an inmate was smiled upon if he demonstrated an unusually intense interest in books. There was a sizable number of well-read inmates, especially the popular debaters. Some were said by many to be practically walking encyclopedias. They were almost celebrities. No university would ask any student to devour literature as I did when this new world opened to me, of being able to read and *understand*.

I read more in my room than in the library itself. An inmate who was known to read a lot could check out more than the permitted maximum number of books. I preferred reading in the total isolation of my own room.

When I had progressed to really serious reading, every night at about ten P.M. I would be outraged with the "lights out." It always seemed to catch me right in the middle of something engrossing.

Fortunately, right outside my door was a corridor light that cast a glow into my room. The glow was enough to read by, once my eyes adjusted to it. So when "lights out" came, I would sit on the floor where I could continue reading in that glow.

At one-hour intervals the night guards paced past every room. Each time I heard the approaching footsteps, I jumped into bed and feigned sleep. And as soon as the guard passed, I got back out of bed onto the floor area of that light-glow, where I would read for another fiftyeight minutes—until the guard approached again. That went on until three or four every morning. Three or four hours of sleep a night was enough for me. Often in the years in the streets I had slept less than that. . . .

I have often reflected upon the new vistas that reading opened to me. I knew right there in prison that reading had changed forever the course of my life. As I see it today, the ability to read awoke inside me some long dormant craving to be mentally alive. I certainly wasn't seeking any degree, the way a college confers a status symbol upon its students. My homemade education gave me, with every additional book that I read, a little bit more sensitivity to the deafness, dumbness, and blindness that was afflicting the black race in America. Not long ago, an English writer telephoned me from London, asking questions. One was, "What's your alma mater?" I told him, "Books." You will never catch me with a free fifteen minutes in which I'm not studying something I feel might be able to help the black man.

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- 1. Malcolm X was regarded as a highly unusual inmate because of his interest in books.
- 2. Despite Malcolm's initially limited ability to read and write, he was a person capable of learning.
- 3. Norfolk Prison looked with favor on prisoners who exhibited an interest in rehabilitating themselves while in prison.
- 4. Malcolm's prison experience provided him with no opportunity to improve his reading and writing skills.

Multiple-choice

Directions: For each item, select the best answer.

- 5. What did Malcolm X mean when he said, "In fact, up to then, I had never been so truly free in my life"?
 - a. He had been freed from prison.
 - b. He was able to explore a "new world" of books and ideas even though he was in prison.
 - c. He could devote as much time as he wanted to learning.
 - d. He felt carefree.
- 6. According to Malcolm X, he felt a need to begin to acquire more education because of
 - a. his inability to express himself well in conversation.
 - b. his desire to write letters and his envy of Bimbi.
 - c. the influence of Parkhurst.
 - d. the encouragement of a certain prison guard.

- 7. Prison inmates who were outstanding debators were
 - a. looked down on by other inmates.
 - b. regarded as celebrities by other inmates.
 - c. ignored by other inmates.
 - d. disliked.
- 8. On the basis of the selection, the reader can assume that Norfolk Prison was an exemplary prison because of
 - a. its strong emphasis on rehabilitation.
 - b. its unusually large library.
 - c. the quality of instructors in the prison school.
 - d. all of the above.
- 9. Parkhurst was
 - a. the prison warden.
 - b. a teacher who taught at the prison.
 - c. the donor of the library books.
 - d. Malcolm's cellmate.
- 10. The dictionary was the book that opened the door of learning for Malcolm X; he used it
 - a. as a miniature encyclopedia which provided background knowledge about a variety of subjects.
 - b. to improve his penmanship by copying its pages.
 - c. to improve and expand his vocabulary.
 - d. all of the above.

Extend Your Vocabulary by Using Context Clues

Key term

Context clues: Words in sentences or paragraphs from which the meaning of an unfamiliar word can be deduced.

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 1-1 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ĕ pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out $\overline{\infty}$ took $\overline{\infty}$ boot ŭ cut yoo abuse ûr urge th thin th this hw which zh vision \ni about 1. "I had become increasingly frustrated at not being able to express what I wanted to *convey* in letters that I wrote, especially those to Mr. Elijah Muhammad."

I am sorry that I was unable to attend your uncle's funeral; please *convey* my condolences to your aunt.

convey (kən va') means:

- a. remember
- b. achieve
- c. write
- d. communicate
- 2. "In the street, I had been the most *articulate* hustler out there—I had commanded attention when I said something."

Because Prime Minister Winston Churchill was so *articulate*, his speeches are considered some of the finest ever given.

articulate (är tik ya lat) means:

- a. using clear, expressive language
- b. liking to talk
- c. talking extensively
- d. talking rapidly
- 3. "Bimbi had always taken charge of any conversation he was in, and I had tried to *emulate* him."

Parents should be good role models, since children often emulate them.

emulate (ĕm´ yə lāt) means:

- a. surpass by diligent effort
- b. try to equal or excel, especially through imitation
- c. reject
- d. ridicule or make fun of
- 4. "In my slow, *painstaking*, ragged handwriting, I copied into my tablet everything printed on that first page, down to the punctuation marks."

Rebuilding and restoring an antique automobile is a *painstaking* process.

painstaking (pānz' tā king) means:

- a. rapid
- b. confusing
- c. painful
- d. careful

5. "With every *succeeding* page, 1 also learned of people and places and events from history."

In the years *succeeding* his presidency, Jimmy Carter and his wife Rosalyn participated in numerous humanitarian projects.

succeeding (sək sēd' ing) means:

- a. coming after
- b. coming before
- c. inserted or inserted in
- d. preceding
- 6. "I suppose it was *inevitable* that as my word-base broadened, I could for the first time pick up a book and read and now begin to understand what the book was saying."

It is *inevitable* that spring follows summer.

inevitable (in ev i to bol) means:

- a. likely to happen
- b. uncertain
- c. incapable of being prevented or avoided
- d. unreasonable
- 7. "Much of the big private collection that Parkhurst had *willed* to the prison was still in crates and boxes in the back of the library—thousands of old books."

Since my grandmother is no longer alive, I treasure the piano she willed to me.

willed (wild) means:

- a. kept in storage
- b. taken back
- c. received as a gift
- d. granted in a legal will; bequeathed
- 8. "As you can imagine, especially in a prison where there was heavy emphasis on *rehabilitation*, an inmate was smiled upon if he demonstrated an unusually intense interest in books."

It took six months of *rehabilitation* for the quarterback to recover fully from his injury.

rehabilitation (re hi bil i ta shon) means:

- a. regaining useful life through education or therapy
- b. hard physical labor
- c. rest and relaxation
- d. cooperation

9. "Fortunately, right outside my door was the corridor light that cast a glow in the room."

Students quickly filled the *corridor* when the fire alarm sounded.

corridor (kôr' i dər) means:

- a. door that leads to an exit
- b. large room
- c. passageway with rooms opening into it
- d. hall that connects two rooms
- 10. "Each time I heard the approaching footsteps, I jumped into bed and *feigned* sleep."

Have you ever *feigned* illness so that you wouldn't have to go to work?

feigned (fand) means:

- a. endured
- b. experienced
- c. pretended; gave a false appearance of
- d. suffered or felt pain

Respond in Writing

Directions: As Oliver Wendell Holmes observed, "Writing is good for us because it brings our thoughts out into the open." These are essay-type exercises that will help you bring your thoughts into the open. Refer to Selection 1-1 as necessary to answer them.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

1. Describe at least three surprising or interesting facts you learned about Malcolm X.

.

2. What caused Malcolm X to want to become a better writer and reader?

3. What connections do you see between the information in this chapter (on motivation and the productive use of time) and Malcolm X's experience in prison?

34 Part One • Orientation

Option

Exercise 4 may be completed collaboratively.

4. What are at least three ways in which Malcolm X's prison experience may have "saved" him?

Option

Exercise 5 may be completed collaboratively.

5. What is the most important overall message the writer wants the reader to understand about Malcolm X's experience in prison? Try to answer this question in one sentence.

Selection 1-2

Study skills

THE TIME MESSAGE

BY ELWOOD N. CHAPMAN

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 1-2.

- 1. First, read and think about the title. What do you already know about time management?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) Headings (in **bold print**) All of the last paragraph (paragraph 20)

On the basis of your preview, what aspects of time management do you think will be discussed?

Apply Comprehension Skills

Directions: Do these exercises as you read Selection 1-2. Apply two skills from this chapter:

Set your goal for reading. What do you hope to learn about time management?

Plan your time. Estimate how long it will take you to read Selection 1-2.

THE TIME MESSAGE

8

9

In this chapter from a college orientation handbook, Chapman discusses what he calls the number-one problem of college students: time management. Read each of Chapman's ten messages to determine which ones you might need to apply for efficient management of your time.

You may have been exposed to this idea before, but this time try to hear. Pull out your earplugs! Turn up the volume! There is a message that is trying to reach you, and it is important that it get through loud and clear. It's beamed to all college freshmen. The message?

2 Time management!

1

- Time is elusive and tricky. It is the easiest thing in the world to waste—the most difficult to control. When you look ahead, it may appear you have more than you need. Yet it has a way of slipping through your fingers like quicksand. You may suddenly find that there is no way to stretch the little time you have left to cover all your obligations. For example, as a beginning student looking ahead to a full semester or quarter you may feel that you have an oversupply of time on your hands. But toward the end of the term you may panic because time is running out. The answer?
- 4 Control.
- 5 Time is dangerous. If you don't control it, it will control you. If you don't make it work for you, it will work against you. You must 10 become the master of time, not the servant. In other words, as a college student time management will be your number-one problem.
- 6 Study hard and play hard is an old adage, but it still makes sense. You have plenty of time for classes, study, work, and play if you use your time properly. It is not how much time you allocate for study that counts but how much you learn when you do study.

Remember! You won't have a good time when you do go out on the town if you have a guilty feeling about your studies.

7 Too much wasted time is bad medicine. The more time you waste, the easier it is to continue wasting time. Soon, doing nothing becomes a habit you can't break. It becomes a drug. You are hooked and out of control. When this happens, you lose your feeling of accomplishment and you fall by the wayside. A full schedule is a good schedule.

Some students refuse to hear the time message. They refuse to accept the fact that college life demands some degree of time control. There is no escape. So what's the next step? If you seriously wish to get the time message, this chapter will give it to you. Remember—it will not only improve your grades but also free you to enjoy college life more.

Message 1. Time is valuable control it from the beginning.

Time is today, not tomorrow or next week. Get in the driver's seat *now*. Start your plan at the beginning of the term and readjust it with each new project. Thus you can spread your work time around a little.

Message 2. Get the notebook habit.

Go to the student bookstore today and buy a pocket-size appointment notebook. There are many varieties of these special notebooks. Select the one you like best. Use it to schedule your study time each day. You can also use it to note important dates (such as announced exams or deadlines for papers), appointments, addresses, and telephone numbers (in case you need to check with professors or classmates about assignments). Keep it with you at all times.

Source: Elwood N. Chapman, "The Time Message," in Frank Christ, ed., *SR/SE Resource Book*, SRA, Chicago, Ill., 1969; abridged from chap. 1, pp. 3–8.

Message 3. Prepare a weekly study schedule.

The main purpose of the notebook is to help you prepare a weekly study schedule. Once prepared, follow the same pattern every week with minor adjustments. Sunday is an excellent day to make up your schedule for the following week. Write in your class schedule first. Add your work hours, if any. Then write in the hours each day you feel you must allocate for study. Keep it simple.

Message 4. Be realistic.

¹² Often you know from experience how long it takes you to write a 500-word composition, to study for a quick quiz, to prepare a speech, or to review for a final. When you plan time for these things, be realistic. Don't underestimate. Overestimate, if possible, so that emergencies that arise don't hang you up. Otherwise your entire routine may get thrown off balance while you devote night and day to crash efforts.

Message 5. Make study time fit the course.

Some authorities say you should schedule three hours of study for every hour in class; others say two hours of preparation should be sufficient. How *much* study time you schedule for each classroom hour depends on four factors: (1) your ability, (2) the difficulty of the class, (3) the grades you hope to achieve, and (4) how well you use your study time. One thing, how-17 ever, is certain: you should schedule a minimum of one hour of study for each classroom hour. In many cases, more will be required.

Message 6. Keep your schedule flexible.

It is vital that you re-plan your schedule on a weekly basis so that you can keep a degree of flexibility as you move through a semester. For example, as you approach mid-terms or 18 final exams you will want to juggle your schedule to provide more time for review purposes. When a research project is assigned, you will want to provide an additional block of time to squeeze it in. A good schedule must have a little give so that special projects can be taken care of properly. Think out and prepare your schedule each week and do not become a slave to an inflexible pattern. Adjust it as you deem necessary. Experiment. A schedule is nothing more than a predetermined plan to make the best possible use of your time. Don't permit it to handcuff your ability to meet unexpected demands.

Message 7. Use the 20-20-20 formula.

15

For those students who must work about twenty hours each week and take a full college load, the 20-20-20 formula makes sense. This means you will be in classes (or labs) approximately 20 hours each week, you will work 20 hours, and you will study a minimum of 20 hours.

Message 8. Study first-fun later.

16 You will enjoy your fun time more *after* you have completed your study responsibilities. So, where possible, schedule your study hours in advance of fun activities. This is a sound principle to follow, so keep it in mind as you prepare your first schedule.

Message 9. Study some each class day.

Some concentrated study each day is better than many study hours one day and nothing the next. As you work out your individual schedule, attempt to include a minimum of two study hours each day. This will not only keep the study habit alive but also keep you up to date on your class assignments and projects.

Message 10. Free on Saturday—study on Sunday.

Many students think that it is psychologically good to back away from all study endeavors for one full day. Most students choose Saturday because of work, sporting events, or social activities. Sunday, on the other hand, seems to be an excellent study day for many students. It is a good day to catch up on back reading and other assignments. Give it some thought; it may be best for you too. Such a plan has the added advantage of warming you up for getting back into the weekday swing.

19 Few beginning freshmen can control their time effectively without a written schedule, so why kid yourself into thinking you don't need one? You do. Later on, when you have had more experience and you have the time-control habit, you may be able to operate without it. Of course the schedule is only the first step. Once you have it prepared, you must stick with it and follow it faithfully. You must push away the many temptations that are always present or your schedule is useless. Your schedule will give you control only if you make it work.

²⁰ Here's the message once more: You have plenty of time to take a full college load, study, work up to twenty hours a week, get sufficient sleep, take care of personal responsibilities, and have a good, healthy social life—if you control your time. It's your decision, and your life. So no excuses, please.

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each item is true or false.

- 1. According to the author, few beginning college students can control their time effectively without a written schedule.
- 2. "Study hard and play hard" is an adage that the author believes is outdated.
- 3. All college students realize that college life demands some degree of time control.
 - 4. The more time you waste, the easier it is to continue wasting time.
 - 5. According to the selection, many college students think it is psychologically beneficial to back away from all study tasks for two full days on the weekend.
 - 6. Some concentrated study each day is better than many study hours one day and none the next.

Multiple-choice

Directions: For each item, select the best answer.

- 7. The author wrote this article to convince students that
 - a. they must become masters of their time.
 - b. time is the easiest thing in the world to waste.
 - c. time management is the number one problem of college students.
 - d. all of the above.

- 8. Your weekly study schedule for college classes should have all of the following characteristics *except* that
 - a. the same pattern must be followed exactly every week.
 - b. the same pattern should be followed every week with only minor adjustments.
 - c. some concentrated study for each class should be included each day.
 - d. a pocket-size calendar should be used to record your study schedule.
- 9. The author believes that a college student should schedule
 - a. a minimum of 1 hour study time for each classroom hour.
 - b. 2 hours of study each day.
 - c. 3 hours of study each day.
 - d. 3 hours of study for every hour in class.
- 10. According to the selection, how much study time you schedule for each classroom hour depends on all of the following except
 - a. your ability.
 - b. the difficulty of class tests and assignments.
 - c. your work schedule.
 - d. how well you use your time.

Extend Your Vocabulary by Using Context Clues

Directions: Context clues are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 1-2 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

1. "You may have been *exposed* to these ideas before, but this time try to hear."

College students are *exposed* to many new concepts and different points of view.

exposed (ik spoz'd) means:

- a. convinced
- b. made aware of
- c. confused
- d. repeated frequently

Pronunciation key: ă pat ā pay âr care ă father ĕ pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏŏ took \overline{o} boot ŭ cut y \overline{o} abuse ûr urge th thin *th* this hw which zh vision \ni about

2. "Time is *elusive* and tricky."

Because some mathematical concepts are *elusive*, it can take considerable thought to comprehend them.

elusive (i 100' siv) means:

a. hard to catch

b. avoiding capture

c. difficult to understand

d. impossible to understand

3. "Study and play hard is an old *adage*, but it still makes sense."

My grandmother's favorite *adage* is, "To have a friend, you must be one."

adage (ăd´ij) means:

a. proverb or short saying

b. saying used only in a family

c. proverb made up by a famous person

d. saying whose origin in unknown

4. "It is not how much time you *allocate* for study that counts but how much you learn when you do study."

Tom and Margaret *allocate* approximately one-third of their monthly income to pay for housing and utilities.

allocate (al' ə kat) means:

- a. assign, allot
- b. waste, throw away
- c. misuse
- d. earn

5. "Once prepared, follow the same pattern each week with *minor* adjustments."

My professor said that my paper was well written and needed only *minor* corrections.

minor (mi' něr) means:

a. weekly

- b. done on a regular basis
- c. small in amount, size, or importance
- d. done by a professional
- 6. "When you plan time for these things, be realistic. Don't *underestimate.*"

The soccer team tended to *underestimate* the ability of their opponents.

underestimate (un dər es' tə mat) means:

- a. judge a value or amount too low
- b. guess wildly
- c. predict accurately
- d. value highly
- 7. "Think out and prepare your schedule each week and do not become a slave to an *inflexible* pattern."

Professor Little is so *inflexible* that he will not make any exceptions to his course requirements or his grading policies.

inflexible (in flek' so bol) means:

- a. variable, changing
- b. rigid, unalterable
- c. unpleasant
- d. difficult
- 8. "A schedule is nothing more than a *predetermined* plan to make the best possible use of your time."

Some insurance companies insist that each doctor publish a list of *predetermined* charges for medical services.

predetermined (prē dǐ tûr' mind) means:

- a. decided by a group of people
- b. incapable of being changed
- c. determined or decided in advance
- d. incapable of being known or determined

42 Part One • Orientation

9. "This is a sound *principle* to follow, so keep it in mind as you prepare your first schedule."

"Isaac Newton is credited with formulating the principle of gravity."

principle (prin' so pol) means:

- a. basic truth, law, or assumption
- b. person who directs a public school
- c. false belief
- d. reason
- 10. "Many students think that it is psychologically good to back away from all study *endeavors* for one full day."

Because he works so hard, he is highly successful in nearly all of his business *endeavors*.

endeavors (en dev ' arz) means:

- a. sessions
- b. routines
- c. carefully made plans
- d. attempts or efforts

Respond in Writing

Directions: Refer to Selection 1-2 as necessary to answer these essay-type exercises.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

1. Which of the "time messages" mentioned in the article do you use now? What *other* things do you do that help you manage your time effectively?

2. Which of the "time messages" mentioned in the article do you still need to "hear"? How would learning these help you? What other changes would enable you to manage your time better?

Option

Exercise 3 may be completed collaboratively.

3. What are some problems that prevent you from using your time as productively as you would like?

4. The author calls time management the number one problem of college stu-Option dents. Is this true for you? Explain why you agree or disagree with the author's statement. If you disagree, describe what you consider your num-Exercise 4 may be completed ber one problem. Is that problem in any way related to time management? collaboratively. 5. What is the most important overall message the writer wants the reader to Option understand about time? Try to answer this question in one sentence. Exercise 5 may be completed collaboratively.

What solutions do you propose for the problems listed above?

Selection I-3

Essay

ANOTHER SCHOOL YEAR—WHAT FOR? BY JOHN CIARDI

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 1-3.

- 1. First, read and think about the title. What do you think this selection is about?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First sentence of each paragraph All of the last paragraph (paragraph 14)

On the basis of your preview, what aspect of school (education) do you think will be discussed?

Apply Comprehension Skills

Directions: Do these exercises as you read Selection 1-3. Apply two skills from this chapter:

Set your goal for reading. What do you hope to learn from Selection 1-3?

Plan your time. Estimate how long it will take you to read Selection 1-3.

ANOTHER SCHOOL YEAR—WHAT FOR?

When students are compelled to take a certain number of elective courses in college, they often ask, "Why do we have to read this stuff?" Ciardi attempts to answer this question in a way that students who are new to college will understand. Although Ciardi wrote this essay many years ago, his message remains important today.

Let me tell you one of the earliest disasters in 1 my career as a teacher. It was lanuary of 1940 and I was fresh out of graduate school starting my first semester at the University of Kansas City. Part of the student body was a beanpole with hair on top who came into my class, sat down, folded his arms, and looked at me as if to say: "All right, damn you, teach me something." Two weeks later we started Hamlet. Three weeks later he came into my office with his hands on his hips. It is easy to put your hands on your hips if you are not carrying books, and this one was an unburdened soul. "Look," he said, "I came here to be a pharmacist. Why do I have to read this stuff?" And not having a book of his own to point to, he pointed to mine which was lying on the desk.

New as I was to the faculty, I could have 2 told this specimen a number of things. I could have pointed out that he had enrolled, not in a drugstore-mechanics school, but in a college and that at the end of his course he meant to reach for a scroll that read Bachelor of Science. It would not read: Qualified Pill-Grinding Technician. It would certify that he had specialized in pharmacy and had attained a certain minimum qualification, but it would further certify that he had been exposed to some of the ideas mankind has generated within its history. That is to say, he had not entered a technical training school but a university and that in universities students enroll for both training and education.

3 I could have told him all this, but it was fairly obvious he wasn't going to be around long enough for it to matter: at the rate he was going, the first marking period might reasonably be expected to blow him toward the employment agency.

4 Nevertheless, I was young and I had a high sense of duty and I tried to put it this way: "For the rest of your life," I said, "your days are going to average out to about twenty-four hours. They will be a little shorter when you are in love, and a little longer when you are out of love, but the average will tend to hold. For eight of these hours, more or less, you will be asleep, and I assume you need neither education nor training to get you through that third of your life.

"Then for about eight hours of each working day you will, I hope, be usefully employed. Assume you have gone through pharmacy school-or engineering, or aggie, or law school, or whatever-during those eight hours you will be using your professional skills. You will see to it during this third of your life that the cyanide stays out of the aspirin, that the bull doesn't jump the fence, or that your client doesn't go to the electric chair as a result of your incompetence. These are all useful pursuits. They involve skills every man must respect, and they can all bring you good basic satisfactions. Along with everything else, they will probably be what sets your table, supports you wife, and rears your children. They will be your income, and may it always suffice.

"But having finished the day's work, what do you do with those other eight hours—with the other third of your life? Let's say you go home to your family. What sort of family are you raising? Will the children ever be exposed to a reasonably penetrating idea at home? We all think of ourselves as citizens of a great democracy. Democracies can exist, however, only as long as they remain intellectually alive. Will you be presiding over a family that maintains some basic contact with the great continuity of democratic intellect? Or is your family

Source: John Ciardi, "Another School Year-What For?" Rutgers University Press. Reprinted by permission of the Ciardi family.

6

life going to be strictly penny-ante and beer on 12 ice? Will there be a book in the house? Will there be a painting a reasonably sensitive mancan look at without shuddering? Will your family be able to speak English and to talk about an idea? Will the kids ever get to hear Bach?

That is about what I said, but this particular pest was not interested. "Look," he said, "you professors raise your kids your way; I'll take care of my own. Me, I'm out to make money."

"I hope you make a lot of it," I told him, "because you're going to be badly stuck for something to do when you're not signing checks."

8

Fourteen years later, I am still teaching, and I am here to tell you that the business of the college is not only to train you, but to put you in touch with what the best human minds have thought. If you have no time for Shakespeare, for a basic look at philosophy, for the continuity of the fine arts, for that lesson of man's development we call history—then you have no business being in college. You are on your way to being that new species of mechanized savage, the push-button Neanderthal. Our colleges inevitably graduate a number of such life forms, but it cannot be said that they went to college; rather the college went through 13 them—without making contact.

No one gets to be a human being unaided. There is not time enough in a single lifetime to invent for oneself everything one needs to know in order to be a civilized human.

14

Assume, for example, that you want to be a physicist. You pass the great stone halls of, say, M.I.T., and there cut into the stone are the names of the scientists. The chances are that few if any of you will leave your names to be cut into those stones. Yet any of you who managed to stay awake through part of a high school course in physics, knows more about physics than did many of those great makers of the past. You know more because they left you what they knew. The first course in any science is essentially a history course. You have to begin learning what the past learned for you. Except as a man has entered the past of the race he has no function in civilization.

And as this is true of the techniques of mankind, so it is true of mankind's spiritual resources. Most of these resources, both technical and spiritual, are stored in books. Books, the arts, and the techniques of science are man's peculiar accomplishment. When you have read a book, you have added to your human experience. Read Homer and your mind includes a piece of Homer's mind. Through books you can acquire at least fragments of the mind and experience of Virgil, Dante, Shakespeare-the list is endless. For a great book is necessarily a gift: it offers you a life you have not time to live yourself, and it takes you into a world you have not the time to travel in literal time. A civilized mind is, in essence, one that contains many such lives and many such worlds. If you are too much in a hurry, or too arrogantly proud of your own limitations, to accept as a gift to your humanity some pieces of the minds of Sophocles, or Aristotle, of Chaucer-and right down the scale and down the ages to Yeats, Einstein, E.B. White, and Ogden Nash-then you may be protected by the laws governing manslaughter, and you may be a voting entity, but you are neither a developed human nor a useful citizen of a democracy.

I think it was La Rochefoucauld who said that most people would never fall in love if they hadn't read about it. He might have said that no one would ever manage to become human if he hadn't read about it.

I speak, I'm sure, for the faculty of the liberal arts college and for the faculties of the specialized schools as well, when I say that a university has no real existence and no real purpose except as it succeeds in putting you in touch, both as specialists and as humans, with those human minds *your* human mind needs to include. The faculty, by its very existence, says implicitly: "We have been aided by many people, and by many books, and by the arts, in our attempt to make ourselves some sort of storehouse of human experience. We are here to make available to you, as best we can, that expertise."

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each item is true or false.

- 1. According to Ciardi, students in college not only receive career training but are also put in touch with what the best human minds have thought.
 - 2. The author thinks that a college education will help you enrich the third of your life that you can use as you wish.
 - 3. The author believes that if you have taken a high school physics course, you know more than many of the great scientists of the past.
 - 4. Through books, we can develop what the writer calls a "civilized mind."

Multiple-choice

Directions: For each item, select the best answer.

- 5. By the expression "an unburdened soul," found in paragraph 1, the author means a student who
 - a. feels free of guilt.
 - b. is religious.
 - c. is not carrying books.
 - d. has just returned from a conference with an instructor.
- 6. By a "new species of mechanized savage, the push-button Neanderthal," the author means a student who attended college but did not
 - a. have time for the lessons of human development called history.
 - b. have time for a basic look at philosophy.
 - c. have time for the fine arts.
 - d. really learn what the best human minds have thought.
- 7. The author feels that a true college student should
 - a. take courses in literature, philosophy, and the fine arts, and absorb what the best human minds have to offer.
 - b. be interested not only in career training but in the arts as well.
 - c. neither a nor b.
 - d. both a and b.
- 8. The author feels that the real purpose of the college faculty is to
 - a. train you for a career.
 - b. put you in touch with great thinkers of the past and present.
 - c. train you to be a useful citizen of a democracy.
 - d. broaden your understanding of the arts.

- 9. The author says that a great book is a gift because it offers you a chance to
 - a. experience a life you may not have time to lead.
 - b. be taken to a world you may not otherwise know.
 - c. develop a civilized mind.
 - d. all of the above.
- 10. The reader can conclude that the author hopes the future home of a college graduate will be characterized by
 - a. the latest in computer technology.
 - b. little or no great music.
 - c. books and the discussion of ideas.
 - d. both a and c.

Extend Your Vocabulary by Using Context Clues

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 1-3 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ĕ pet ē be Î pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out $\overline{\infty}$ took $\overline{\infty}$ boot ŭ cut yoo abuse ûr urge th thin *th* this hw which zh vision \ni about

1. "It would certify that he had specialized in pharmacy and had *attained* a certain minimum qualification, but it would further certify that he had been exposed to some of the ideas mankind has generated within its history."

Thomas Edison's saying, "Genius is 1 percent inspiration and 99 percent perspiration," means that success is *attained* through hard work.

attained (a tand') means:

- a. enjoyed
- b. mistaken
- c. accomplished or achieved
- d. confused

2. "Will the children ever be exposed to a reasonably *penetrating* idea at home?"

The astronomer's *penetrating* insights enabled him to make significant contributions to science.

penetrating (pən' i trā ting) means:

- a. keenly perceptive
- b. piercing; cutting
- c. entertaining; amusing
- d. depressing
- 3. "Will you be *presiding* over a family that maintains some basic contact with the great continuity of democratic intellect?"

One function of the Speaker of the House is *presiding* over the House of Representatives; one function of the vice-president is *presiding* over the Senate.

presiding (pri zid' ing) means:

- a. being financially responsible
- b. holding a position of authority
- c. maintaining written records
- d. serving as a harsh leader
- 4. "There is not time enough in a single lifetime to invent for oneself everything one needs to know in order to be a *civilized* human."

Violence and crime make us question whether we live in a truly *civilized* world.

civilized (siv' a lizd) means:

- a. reflecting an advanced level of social and cultural development
- b. pertaining to ancient civilizations that no longer exist
- c. pertaining to another culture
- d. reflecting a high level of education
- 5. "Books, the arts, and the techniques of science are man's *peculiar* accomplishment."

Van Gogh's style of painting was *peculiar* to him; no one else paints exactly the same way.

peculiar (pi kyool' yar) means:

- a. not understood; incomprehensible
- b. belonging to everyone at the same time
- c. strange or odd
- d. belonging exclusively to one group or person; unique

6. "For a great book is *necessarily* a gift; it offers you a life you have not the time to live yourself, and it takes you into a world you have not the time to travel in literal time."

Life is *necessarily* too short for those who live it and enjoy it to the fullest.

necessarily (nes i sâr' a le) means:

- a. inevitably
- b. never
- c. sometimes
- d. deceptively
- 7. "For a great book is necessarily a gift; it offers you a life you have not the time to live yourself, and it takes you into a world you have not the time to travel in *literal* time."

When he said he was too tired to eat, it was the *literal* truth; he fell asleep before he finished his dinner.

literal (lit´ər əl) means:

- a. upholding the exact meaning of a word or words
- b. pertaining to the past
- c. pertaining to another time zone
- d. partial or half

8. "If you are too much in a hurry, or too *arrogantly* proud of your own limitations, to accept as a gift to your humanity some pieces of the minds of Sophocles, of Aristotle, of Chaucer . . . , then you may be protected by the laws governing manslaughter, and you may be a voting *entity*, but you are neither a developed human nor a useful citizen of a democracy."

Just because their team won the state championship last year, they *arrogantly* boasted that they would win it again this year.

arrogantly (ăr' ə gənt lē) means:

- a. quietly
- b. with excessive and unpleasant self-importance
- c. meekly
- d. in a delightful and pleasant manner

9. "If you are too much in a hurry, or too arrogantly proud of your own limitations, to accept as a gift to your humanity some pieces of the minds of Sophocles, of Aristotle, of Chaucer . . . , then you may be protected by the laws governing manslaughter, and you may be a voting *entity*, but you are neither a developed human nor a useful citizen of a democracy."

A corporate charter is a document used to create a legal *entity* known as a "corporation."

entity (en' ti te) means:

- a. something that may exist in the future
- b. something that existed at a previous time
- c. something that exists
- d. a legal contract
- 10. "The faculty, by its very existence, says *implicitly:* 'We have been aided by many people, and by many books, and by the arts, in our attempt to make ourselves some sort of storehouse of human experience.'"

His constant yawning made it *implicitly* clear that he was not interested in our home videos.

implicitly (im plis' it le) means:

- a. humorously
- b. painfully and cruelly
- c. rudely
- d. implied or understood though not directly expressed

Respond in Writing

Directions: Refer to Selection 1-3 as necessary to answer these essay-type exercises.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items*, form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

<u> </u>			 	
_			 	
		8 - 2 1	 	

Exercise 2 may be completed collaboratively.

Option

Exercise 3 may be completed collaboratively.

3. What is the most important overall message the writer wants the reader to understand about a person's education? Try to answer this question in one sentence.





APPROACHING COLLEGE READING

IN THIS CHAPTER YOU WILL LEARN THE ANSWERS TO THESE QUESTIONS:

What do I need to know about the reading process?

How can I improve my reading?

Why should I make predictions as I read?

How can I monitor my comprehension while I read?

How can I develop a college-level vocabulary?

CHAPTER CONTENTS

.

SKILLS

UNDERSTANDING THE READING PROCESS

IMPROVING YOUR READING

Predicting as You Read Monitoring Your Comprehension Adjusting Your Reading Rate Factors in reading: Purpose and difficulty When to claw down

When to slow down When to speed up

DEVELOPING A COLLEGE-LEVEL VOCABULARY Using Context Clues Using Word-Structure Clues Using a Dictionary Pronunciation Key

SUMMARY

DEVELOPING CHAPTER REVIEW CARDS

READINGS

Selection 2-1 • *Biology* "A Whale of a Survival Problem" by John Postlethwait and Janet Hopson Selection 2-2 • *Essay* "I Got My B.A. by Sheer Luck" by Walter Pauk Selection 2-3 • *Computer science* "What Computers Can, Cannot, and Should Not Do" by Timothy Trainor and Diane Krasnewich

SKILLS

UNDERSTANDING THE READING PROCESS

Understanding the reading process can make you a better reader and help you study more effectively. You should be aware of several important points about reading.

- Reading is a form of thinking. It is your brain that does the "reading," not your eyes. Your eyes merely transmit images to the brain for it to interpret. (To understand this, consider a blind person reading Braille: in this case, it is the fingertips that transmit images to the brain.) Therefore, improving your reading means improving your *thinking*. Remember that meaning resides in the reader's mind, not merely in words printed on a page. It is the readers who construct meaning by bringing their knowledge and experience to the printed page.
- 2. *Reading requires no unique mental or physical abilities.* The processes you typically use when you read are the same processes of vision, reasoning, and memory that you use in other areas of your daily life.
- 3. *Reading includes three stages.* The three stages of reading are *preparing yourself to read, processing information,* and *reacting to what you read.* These stages overlap, but all three are needed for the reading process to be complete. Each of these stages will be explained in this chapter.
- 4. Effective reading is interactive. Effective reading requires that you interact with the material you are reading. One way to interact with an author's ideas is to mentally ask yourself questions about the material and then seek answers to these questions. Another way to interact with material you are reading is by relating your own experience and knowledge to the author's ideas. Reading interactively also means being aware of how the material is organized. Finally, interactive reading means that you monitor your comprehension of what you read, and that you take steps to correct the situation when you are *not* comprehending.
- 5. Comprehension problems often reflect lack of background knowledge. Many comprehension problems are not strictly reading comprehension problems but instead are more general comprehension problems that reflect the reader's lack of background knowledge. To put it another way, comprehension problems occur when a reader does not possess enough information about a subject to understand what an author is saying about it. This means that if you are having difficulty understanding new or unfamiliar material, you may need to increase your background knowledge. (For example, you could read a simplified explanation in an encyclopedia first.) Finding out more about an unfamiliar topic can clear up this kind of problem.

- 6. Your reading rate is related to your comprehension. The more you know about a topic and the better you understand the material, the faster you can read it. Conversely, if you know very little about a topic, you should reduce your reading rate.
- 7. Your reading strategies should fit your purpose. You read for many different purposes, and your reason for reading any particular material affects the way you approach it. (For example, your approach to reading a newspaper or a letter from a friend will be different from your approach to reading and studying a college textbook.) You should adapt your reading strategies to your purpose.

IMPROVING YOUR READING

Predicting as You Read

Key term

Predicting: Anticipating what is coming next as you read.

Predicting means making educated guesses about what is coming next as you read. Predicting is a natural part of reading that you probably already do but may be unaware of. When you are reading a college textbook, you should make a conscious effort to anticipate the author's line of reasoning or thought patterns. (Chapter 7 examines authors' writing patterns.)

Of course, when you preview a chapter or reading selection you are predicting in a general way what the material will be about and how it is organized. However, you should continue to make predictions *as* you read, *whenever* you read and study carefully. For example, if an author presents one side of an issue, you might predict that he or she is going to discuss the other side as well. If a paragraph begins with the question, "Why do people have nightmares?" you would expect the author to explain the reason or reasons.

Predicting helps you concentrate and comprehend; it focuses your attention, because you will then want to read to determine if your prediction was correct. Predicting helps you stay involved with the material you are reading.

Instead of passively waiting to see what comes up next when you are reading, try to anticipate what the author will say or present. You will discover that making predictions helps you become a more active, effective reader.

Monitoring Your Comprehension

Key term

Monitoring your comprehension:

Staying aware of your understanding as you read and correcting the problem whenever you realize that you are not comprehending. *Monitoring your comprehension* means staying aware of whether or not you are understanding as you read and correcting the problem whenever you realize that you are *not* comprehending. You should monitor your comprehension whenever you read and study college textbooks.

To monitor your comprehension, you should ask yourself, "Am I understanding what I am reading?" If you do not understand what you are reading, stop. Ask yourself, "Why don't I understand?" If you can determine why you are not comprehending, you can take appropriate steps to correct the situation.

• • •	ng Your Comprehension
Problems	Solutions
I am not understanding because the subject is completely new to me. College reading frequently introduces you to subjects you have not learned about before. Textbooks contain a great deal of new information, sometimes even within a single paragraph.	 Keep reading to see if the material becomes clearer. Ask for a brief explanation from someone who is knowledgeable about the topic. Read supplemental material or simple material on the same topic (perhaps ar encyclopedia, another textbook, or a book from the library).
I am not understanding because there are words I do not know. College material often contains new words and specialized or technical vocabulary that you must learn.	 Try to use the rest of the sentence or para graph (the context) to figure out the meaning of an unfamiliar word. Look up unfamiliar words in a dictionary or in the glossary at the back of the text book. Ask someone the meaning of unfamilia words.
I am not understanding because I am not concentrating as I read. Distractors are interfering with my concentration. Your mind may sometimes wander while you are reading long or difficult passages.	 Identify what is bothering you. Is it a physical distraction (such as a noisy room or being tired) or is it a psychological dist traction (such as being worried or day dreaming)? Take some action that will help you eliminate the distraction. For example, close the door or move to a quiet room. Turn off the television. Turn off the music Don't answer the telephone. If you are worrying about a persona problem or worrying about finding time for important errands, for example, jot the items down on a "to do" list. Then after studying, tackle your "to do" list. The point is to take some action toward solving problems that are distracting you. Make a deliberate decision to concentrate on what you are reading. Concentration does not happen automatically.

The box on the preceding page shows some specific questions you should ask yourself to determine *why* you are not comprehending, as well as strategies to remedy the problem.

Make monitoring your comprehension a habit. After all, unless you comprehend what you are reading, you are not really reading.

Adjusting Your Reading Rate

Have you ever been asked, "What's your reading rate?" The fact is that each reader has, or should have, *several* reading rates. Reading everything at the same rate is a sign of poor reading, even if the rate is a fast one.

Having flexible reading rates is an important skill. You will find it helpful to begin developing flexibility in your reading rates right away. The information here provides a brief introduction to adjusting your reading rate.

To become a flexible reader, you may find it useful to think of developing a "collection" of reading speeds. A range of reading rates and when to use each are presented in the box on the opposite page.

Factors in reading: Purpose and difficulty

In order to be flexible, efficient readers adjust their reading rate according to two factors: their *purpose* for reading, and *how difficult* the material is for them.

Why do you read? Obviously, there are different answers to this question. For instance, your purpose in reading a textbook may be to understand and learn the material thoroughly for a test. Or there may be some specific bit of information you are searching for, such as the definition of a term in a textbook, a name in an index, or the starting time of a movie in a newspaper listing. Sometimes, of course, you may read a magazine or a book just for pleasure.

What determines the difficulty of material you are reading? Actually, there are several factors, but the most important one is *how much you already know about the subject*. If you are reading about computers, for instance, and you already know a great deal about them, then you will understand the terms and concepts you encounter. The information will make more sense to you than it would to someone who knows nothing about computers.

When you are assigned to read a textbook chapter, you should look through it first. Ask yourself why you are reading it and how much you already know about it. If the material is new to you, then you will need to read more slowly. If you are very familiar with the material, you can probably read it at a faster rate. The point is to read flexibly, adjusting your rate as needed. Often, you will want to readjust your rate *as* you are reading.

	Approximate rate (wpm)	Uses
Techniques:		
Scanning	1,500 words per minute (wpm) or more	To find a single piece of information (such as a name, date, or phone number)
Skimming	800–1,000 wpm	To get an overview or highlights of the materia
Reading rates:		
Rapid reading	300–500 wpm	For fairly easy material; when you want only important facts or ideas; for leisure reading
Average reading	175–250 wpm	For textbooks, complex magazines and journals, and literature
Study reading	50–200 wpm	For new vocabulary, complex concepts, technical material, and retaining details (such as legal documents, material to be memorized, and material of great interest or importance)

....

When to slow down

Here are some situations when you should slow down your reading rate:

- You know very little about the topic, or it is entirely new to you.
- A passage consists of complicated or technical material that you need to learn.
- A passage has details you need to remember.
- A passage contains new or difficult vocabulary.
- There are directions that you must follow.

- The material is accompanied by charts or graphs to which you must shift your attention as you read.
- The material requires you to visualize something in your mind (a section on the digestive system in a biology text would be an example).
- The writing is beautiful, artistic, descriptive, or poetic and invites you to linger and enjoy each word. (You may want to read such material aloud to yourself.)
- The material contains ideas you want to consider carefully (such as two sides of an argument) or "words to live by" (such as philosophical, religious, or inspirational writing).

When to speed up

Here are some situations when you can speed up your reading rate:

- The whole passage is easy; there are no complicated sentences, no complex ideas, and no difficult terms.
- There is an easy passage within a longer, more difficult section.
- A passage gives an example of something you already understand, or explains it in different words.
- You are already knowledgeable about the topic.
- You want only main ideas and are not concerned about details.
- The material is not related to your purpose for reading.

Here are four useful tips for speeding up your reading.

- 1. Choose easy, interesting material, such as a newspaper, a magazine (like *Reader's Digest*), or a short, easy novel.
- 2. Read for 15 minutes each day, pushing yourself to read at a rate that is slightly too fast for you—in other words, a rate that is slightly uncomfortable.
- Monitor your concentration. If you are momentarily distracted, return immediately to your reading.
- 4. Keep track of the number of pages you read each day.

As you continue to practice, you will find that you are able to read more pages in the same amount of time. You will also find that you can usually understand the important points in a passage even though you are reading it at a faster rate. There is another bonus: As you read each day, you will be adding to your background knowledge. This will enable you to read related material more effectively in the future.

DEVELOPING A COLLEGE-LEVEL VOCABULARY

Developing a powerful vocabulary is a process that takes time; but every time you read, you have an opportunity to expand your vocabulary. The more you read, the better your vocabulary can become—if you develop a real interest in words and their meanings. Remember that writers take special care to select words which will convey precisely what they want to say.

Developing a large vocabulary will make your college work easier, and your speech and your writing will become more interesting and more precise. If all that is not enough, your increased vocabulary may lead to an increased salary. Research tells us that the size of a person's vocabulary correlates with his or her income! Thinking of each word you learn as "money in the bank" may be an incentive for you to pay attention to new words and add them to your vocabulary.

There are three techniques that you can use to develop and expand your vocabulary as you read:

- 1. Use context clues. Figure out the meaning of an unfamiliar word from the surrounding words and sentences.
- 2. Use word-structure clues. Determine a word's meaning on the basis of its prefix, root, or suffix.
- 3. Use a dictionary pronunciation key. Use a dictionary to determine a word's pronunciation as it is used in the passage you are reading. The dictionary, of course, will also give you the appropriate meaning.

The vocabulary exercises that follow the reading selections in *Opening Doors* will give you many opportunities to use context clues and practice pronouncing words correctly.

Using Context Clues

Key term

Context clues: Other words in a sentence or paragraph which help the reader deduce the meaning of an unfamiliar word. Writers want you to understand what they have written. When they use words that they think might be unfamiliar to their readers, they often help the reader by offering various clues in the rest of the sentence so that the reader can deduce (reason out) the meaning of the word. Such clues are called *context clues*. (The word *context* refers to the sentence and the paragraph in which the unknown word appears.) Since context clues can help you figure out the meaning of an unfamiliar word, think of them as a gift the writer is giving you to make your job easier.

How can you take advantage of these "gifts"? You can often determine a word's meaning by reading a sentence carefully and by paying attention to the words and other sentences surrounding the unfamiliar word. Some of the most common types of context clues are summarized in the box on page 64.

Using Context Clues to Determine the Meaning of Unfamiliar Words

What to ask yourself	What to look for	Examples
1. Are there <i>definition</i> <i>context clues</i> indicating that you are being given a definition?	Definition clues: <i>is defined</i> <i>as, is called, is, that is, refers</i> <i>to, meaning, characterized by</i>	<i>Interiority is defined as</i> the tendency toward looking within during middle age.
2. Is there a <i>synonym</i> for an unfamiliar word? Is the synonym set off by <i>punctuation marks?</i>	commas , parentheses () colon : dash — brackets []	The garden was redolent, <i>fragrant,</i> with the scent of orange blossoms.
3. Is the meaning of an unfamiliar word explained by a word or phrase with the <i>opposite</i> meaning?	Words indicating opposite meanings: <i>instead of, but, in</i> <i>contrast, on the other hand,</i> <i>however, unlike</i>	<i>Instead of</i> helping my back injury, the new exercises were deleterious and painful.
4. Can your own <i>experience</i> and <i>background</i> <i>knowledge</i> help you determine the meaning of an unfamiliar word?	A sentence that contains a <i>familiar experience</i> can help you logically figure out the meaning of a new word.	The campers were warned that <i>hiking up that mountain</i> <i>trail would enervate even the strongest members of their group.</i>
5. Is there a <i>another</i> <i>sentence</i> in the paragraph that explains the meaning of an unfamiliar word?	Additional information in another sentence may help explain an unfamiliar word.	When studying for his final exams, the student was told to eschew television. <i>"Just give TV up,"</i> was his roommate's advice.
6. Are there <i>examples</i> that illustrate the meaning of an unfamiliar word?	Words that introduce examples: <i>for example,</i> <i>such as, to illustrate, like</i>	He enjoys <i>swimming, scuba diving, water skiing,</i> and other aquatic sports.

Using Word-Structure Clues

Key term

Word-structure clue: Root, prefix, or suffix that helps you determine a word's meaning. Although context clues will be your greatest aid in determining the meaning of unknown words, *word-structure clues* or *word-part clues* can also help you determine meanings. A list of word parts appears in Appendix 1.

To use word-structure clues, examine an unfamiliar word to see if it has any of the following word parts:

- *Root.* Base word or stem word.
- Prefix. Word part attached to the beginning of a root or base word.
- Suffix. Word part attached to the end of a root or base word.

Prefixes and suffixes are also called *affixes*, since they are "fixed" (attached or joined) to a root or base word. A word may consist of:

Root only (such as graph) Prefix and root (telegraph) Root and suffix (graphic) Prefix, root, and suffix (telegraphic)

Learning about prefixes and suffixes not only increases your vocabulary but can help you improve your spelling as well. For instance, if you know the meaning of the prefix *mis* ("bad" or "wrong"), then you will understand why the word *misspell* has two s's: one is in the prefix and one in the root word.

Roots are powerful vocabulary-building tools, since whole "families" of words in English often come from the same root. You will find that roots make it easier to remember these families.

For example, if you know that the root vert means "to turn," it will help you understand and remember the words *subvert, convert, divert, pervert, avert, revert,* and *vertigo* (dizziness, the sensation that you are *turning* or spinning). If you know that *aud* means "to hear," then you will understand the connection between *audience* (people who come to hear something or someone), *auditorium* (a place where people come to hear something), *audit* (enroll in a class to hear about a subject, but not for credit), *auditory* (pertaining to hearing, as in *auditory nerve*), and *audiologist* (a person trained to evaluate hearing).

Prefixes change the meaning of a root by adding their own meaning. For example, adding the prefix *tele* ("distant" or "far") to the root word *scope* ("to see") creates the word *telescope*, a device that lets you see things which are far away. Try adding the prefixes *pre* ("before") and *re* ("back") to the root word *cede* ("to go" or "to move"). *Precede* means "go before" something or someone else; *recede* means "move back."

By putting roots and prefixes together like a puzzle, you can often figure out a word's meaning. Remember, however, that just because a word begins with the same letters as a prefix, it does not necessarily contain that prefix. The words *malt, male, and mallard* (a type of duck), for example, have nothing to do with the prefix *mal* ("wrong" or "bad").

Key term

Root: Base word or stem word.

Key term

Prefix: Word part attached to the beginning of a root or base word.

Key term

Suffix: Word part attached to the end of a root or base word.

Suffixes sometimes add their meaning to a root. Other suffixes change a word's part of speech or inflection. For example, consider these forms of the word *predict:* prediction, predictability, predictor (nouns); predictable (adjective); predictably (adverb). Examples of suffixes that serve as inflectional endings include adding s to make a word plural or ed to make a verb past tense.

Suffixes are not as helpful as roots or prefixes because many suffixes have similar or even the same meanings. Some root words change their spelling before a suffix is added. For instance, when certain suffixes are added, *happy* becomes *happier*, *happiness*, *happily*; and *defy* becomes *defiance* and *defiant*.

The most common and helpful roots, prefixes, and suffixes come from Latin and ancient Greek. Their meanings have remained the same even though centuries have passed. These Latin and Greek word parts not only help you figure out the meaning of a word; they also serve as built-in memory aids that make it easy to recall the meaning.

Spanish, French, Italian, Portuguese, and Romanian are called *romance languages* because they draw so heavily on Latin. (Latin was the "Roman" language because it was spoken in ancient Rome.) Although not one of the romance languages, English too has many words from Latin, and it also has many words from ancient Greek. In particular, a considerable number of terms in science, medicine, and technology are derived from Latin and Greek, so learning word parts from these two older languages can be useful to you if you are considering a career in those fields.

A word's *etymology* (origin and history) will often indicate whether it contains Latin or Greek word parts. For this reason, dictionaries often give the etymology of a word in brackets [] before or after the definition. These etymologies are frequently helpful; look for familiar word parts in them.

You may want to familiarize yourself with the list of common roots, prefixes, and suffixes in Appendix 1. Then watch for them in new words you encounter. Use these word-structure clues whenever possible to help you confirm your "educated guess" about a word's meaning. When you look up a word in the dictionary, take an extra minute to check the etymology for wordstructure clues that you might recognize. This technique will help you learn the meaning of many roots and affixes.

Using a Dictionary Pronunciation Key

You may already know how to locate a word in the dictionary efficiently and accurately, and how to determine which definition is appropriate for your needs. But like many students, you may still not be proficient at or feel confident using a *dictionary pronunciation key*. Being able to use a pronunciation key is important, because when you need to remember words, one of the most helpful things you can do is learn their correct pronunciation and say them aloud. Checking and then practicing a word's pronunciation takes only a moment or two.

Key term

Etymology: Origin and history of a word.

		* * *	
Spellings	Symbols	Spellings	Symbols
pat	ă	thing	ng
pay	ā	pot. horrid	ŏ
care	âr	toe. hose	ō
father	ä	caught, paw	ô
bib	b	noise	oi
church	ch	took	ŏŏ
deed, milled	d	boot	ŌŌ
pet	ĕ	out	ou
bee	ē	рор	р
fife, phase, rough	f	roar	r
gag	g	sauce	S
hat	h	ship, dish	sh
which	hw	tight, stopped	t
pit	ĭ	thin	th
pie, by	Ì	this	th
pier	îr	cut	ŭ
judge	j	urge, term, firm,	ûr
kick, cat, pique	k	word, heard	
lid, needle	l (ned´l)	valve	V
mum	m	with	W
no, sudden	n (sūd´n)	yes	У
		FOREIGN	
abuse, use	yōō	French feu,	œ
zebra, xylem	Z	German schön	
vision, pleasure,	zh	French tu,	ü
garage		German über	
about, item,ed <i>i</i> ble, gall <i>o</i> p, circ <i>u</i> s	Ð	<i>German</i> ich, <i>Scottish</i> loch	KH
butter	ər	French bon	Ν
	STRE	SS	

Dictionary Pronunciation Key

	JINLUU
Primary stress	bi-ol´o-gy (bī-ŏl´ ə-jē)
Secondary stress	bi´o-log´ical (bi´-ə-lŏj´i-kəl)

Source: American Heritage Dictionary, 2d College Paperback ed., Houghton Mifflin, Boston, Mass., 1983, p. xiii. Copyright © 1983 by Houghton Mifflin Company. Reprinted by permission. Abbreviated keys are adapted from the same source.

A complete pronunciation key appears at the beginning of a dictionary. Typically, it looks like the example shown in the box on the preceding page.

In most dictionaries, an abbreviated pronunciation key, showing only vowel sounds and the more unusual consonant sounds, appears at or near the bottom of each page. It looks something like this:

Pronunciation key: ă pat ā pay âr care ă father ĕ pet ē be i pit \overline{i} tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏo took \overline{oo} boot ŭ cut yoō abuse ûr urge th thin *th* this hw which zh vision \ni about

Your instructor can give you guidance in using a dictionary pronunciation key. In *Opening Doors*, you will have numerous opportunities to practice this skill, since the pronunciation is given for each term in the vocabulary quizzes following the reading selections. The sample pronunciation key is repeated in each vocabulary section, to help you interpret the symbols.

SUMMARY

DEVELOPING CHAPTER REVIEW CARDS

Review cards, or *summary cards*, are an excellent study tool. They are a way to select, organize, and review the most important information in a textbook chapter. The process of creating review cards helps you organize information in a meaningful way and, at the same time, transfer it into long-term memory. The cards can also be used to prepare for tests (see Part Three). The review card activities in this book give you structured practice in creating these valuable study tools. Once you have learned how to create review cards, you can use them in your other courses.

Now, complete the seven review cards for Chapter 2, following the directions on each card. When you have completed them, you will have summarized important information about: (1) the process of reading, (2) predicting as you read, (3) monitoring your comprehension as you read, (4) adjusting your reading rate, (5) using context clues to define unfamiliar words, (6) word-structure clues, (7) dictionary pronunciation keys.

Understanding the Reading Process

List seven important points to be aware of about reading. (See pages 57–58.)

1	
2	
3	
4	
5	
6	
7	
Chapter 2: Approaching College Reading	

1. What is predicting? (See page 58.)

2. Why is predicting helpful? (See page 58.)

Chapter 2: Approaching College Reading

Monitoring Your Comprehension

1. What does monitoring your comprehension mean? (See page 58.)

2. Describe four steps in monitoring your comprehension as you read. (See pages 58-59.)

Third:

Fourth: _____

Chapter 2: Approaching College Reading

Adjusting Your Reading Rate

Efficient readers adjust their rate according to two factors. (See page 60.)

Factor 1: ____

Factor 2: _

List several situations in which it is appropriate to *slow down* your reading rate. (See pages 61-62.)

List several situations in which it is appropriate to *speed up* your reading rate. (See page 62.)

Chapter 2: Approaching College Reading

Using Context Clues to Find Meanings of Words

What are *context clues?* (See page 63.)

To find context clues, what are six kinds of things you can look for? (See the box on page 64.)

1	 	 	
2	 	 	
3	 	 	
4	 	 	
5	 	 	
6	 	 	

Using Word-Structure Clues

Define the following. (See pages 65–66.)

Word-structure clues:		
Root:		
Prefix:		
Suffix:		
tymology:		
Chapter 2: Approaching College Reading		
Using a Di	ctionary Pron	unciation Key
. Why is it important to be able to	o use a dictionary p	ronunciation key? (See page 66.)
2. In a dictionary, where will you f	ind a full pronuncia	ation key? (See page 68.)

READINGS

Selection 2-1

Biology

A WHALE OF A SURVIVAL PROBLEM

FROM THE NATURE OF LIFE BY JOHN POSTLETHWAIT AND JANET HOPSON

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 2-1.

- 1. First, read and think about the title. What do you already know about whales?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) First sentence of each paragraph Words in *italics* Diagram All of the last paragraph (paragraph 4)

On the basis of your preview, what problems threaten a whale's survival?

Apply Comprehension Skills

Directions: Do these exercises as you read Selection 2-1.

Adjust your reading rate. On the basis of your preview and your prior knowledge of how whales survive, do you think you should read Selection 2-1 slowly or rapidly?

Develop a college-level vocabulary. Did you notice any unfamiliar words while you were previewing Selection 2-1? If so, list them here.

Predict as you read. As you read Selection 2-1, make predictions about what the author will discuss next. Write your predictions in the blanks provided.

1

2

A WHALE OF A SURVIVAL PROBLEM

This textbook selection explains, in part, why people have always found whales fascinating.

An intrepid visitor to the perpetually frozen Antarctic could stand at the coastline, raise binoculars, and witness a dramatic sight just a few hundred meters offshore: a spout as tall and straight as a telephone pole fountaining upward from the blowhole of a blue whale (Balaenoptera musculus), then condensing into a massive cloud of water vapor in the frigid air. The gigantic animal beneath the water jet would be expelling stale air from its 1-ton lungs after a dive in search of food. Then, resting at the surface only long enough to take four deep breaths of fresh air, the streamlined animal would raise its broad tail, thrust mightily, and plunge into the ocean again. The observer on shore might see such a sequence only twice per hour, since the blue whale can hold its breath for 30 minutes as it glides along like a submarine, swallowing trillions of tiny shrimplike animals called krill.

It is difficult to comprehend the immense proportions of the blue whale, the largest animal ever to inhabit our planet. At 25 to 30 m (80 to 100 ft) in length, this marine mammal is longer than three railroad boxcars and bigger than any dinosaur that ever lumbered on land. It weighs more than 25 elephants or 1600 fans at a basketball game. Its heart is the size of a beetle-a Volkswagen beetle. And that organ pumps 7200 kg (8 tons) of blood through nearly 2 million kilometers (1.25 million miles) of blood vessels, the largest of which could accommodate an adult person crawling on hands and knees. The animal has a tongue the size of a grown elephant. It has 45,500 kg (50 tons) of muscles to move its 54,500 kg (60 tons) of skin, bones, and organs. And this living mountain can still swim at speeds up to 48 km (30 mi) per hour!

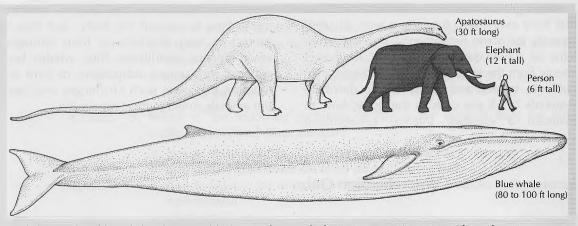
Practice exercises

Directions: At each of the points indicated below, answer the question, "What do you predict will be discussed next?"

Practice exercise

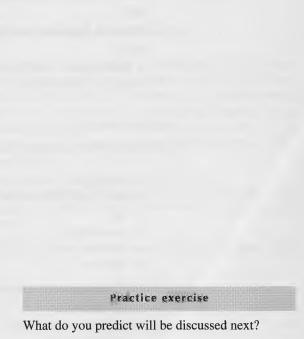
What do you predict will be discussed next?

Source: John Postlethwait and Janet Hopson, "A Whale of a Survival Problem," in *The Nature of Life,* McGraw-Hill, New York, 1992, chap. 20, pp. 430–431. Reproduced with permission of McGraw-Hill.



A whale to scale. A blue whale is longer and far heavier than an elephant or even an Apatosaurus (formerly Brontosaurus), the longest land animal that ever lived.

3 Leviathan proportions aside, it is difficult to grasp the enormous problems that so large an organism must overcome simply to stay alive. For starters, a blue whale is a warm-blooded animal with a relatively high metabolic rate; to stay warm and active in an icy ocean environment, it must consume and burn 1 million kilocalories a day. This it does by straining 3600 kg (8000 lb) of krill from the ocean water each day on special food-gathering sieve plates. In addition, each of the trillions of cells in the whale's organs must exchange oxygen and carbon dioxide, take in nutrients, and rid itself of organic wastes, just as a single-celled protozoan living freely in seawater must do. Yet a given whale cell-a liver cell, let's say-can lie deep in the body, separated from the environment by nearly 2 m (6 ft) of blubber, muscle, bone, and other tissues. For this reason, the whale needs elaborate transport systems to deliver oxygen and nutrients and to carry away carbon dioxide and other wastes. Finally, the galaxy of living cells inside a whale must be coordinated and controlled by a brain, a nervous system, and chemical regulators (hormones) so that the organism can function as a single unit.



76 Part One • Orientation

4

Although blue whales are the largest animals that have ever lived, they share with all other animals the same fundamental physical problems of day-to-day survival: how to extract energy from the environment; how to exchange nutrients, wastes, and gases; how to distribute materials to all the cells in the body; how to maintain a constant internal environment despite fluctuations in the external environment; how to support the body; and how to protect it from attackers or from damaging environmental conditions. Blue whales have evolved with unique adaptations of form and function that meet such challenges and leave the animals suited to their way of life.

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- _____ 1. The blue whale expels water and stale air through its blowhole.
- 2. The blue whale can hold its breath for more than 1 hour as it glides underwater.
 - 3. The blue whale feeds daily on trillions of tiny shrimp-like animals called krill.
 - 4. Although large, the blue whale is not the largest animal ever to inhabit our earth.
 - 5. A human adult could crawl on hands and knees through the largest blood vessels of a blue whale.

Multiple-choice

Directions: For each item, select the best answer.

- 6. In paragraph 1, "a spout as tall and straight as a telephone pole fountaining upward from the blowhole of a blue whale," refers to
 - a. ice.
 - b. water vapor.
 - c. fresh air.
 - d. stale air.
- 7. The "living mountain" mentioned in paragraph 2 refers to
 - a. the dinosaur.
 - b. 8,000 pounds of krill.
 - c. the blue whale.
 - d. a grown elephant.

- 8. After diving for food, the blue whale surfaces and
 - a. expels stale air through its blowhole, then dives again.
 - b. expels stale air, rests long enough to take four breaths of fresh air, then dives again.
 - c. expels stale air, rests on the surface for 30 minutes, then dives again.
 - d. none of the above.
- 9. Which of the following problems of day-to-day survival does the blue whale share with all other animals?
 - a. how to extract energy (food) from the environment
 - b. how to distribute materials to all the cells in the body
 - c. how to balance the internal environment with the changes in the external environment
 - d. all of the above
- 10. Because the blue whale is a warm-blooded animal and has a relatively high metabolic rate, it must
 - a. rid itself of organic wastes.
 - b. expel stale air through its blowhole.
 - c. consume and burn 1 million kilocalories a day in order to stay warm and active in the icy ocean.
 - d. take four deep breaths of fresh air before diving again for food.

Extend Your Vocabulary by Using Context Clues

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 2-1 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

1. "An *intrepid* visitor to the perpetually frozen Antarctic could stand at the coastline, raise binoculars, and witness a dramatic sight just a few hundred meters off shore."

Columbus was an *intrepid* explorer who set sail for the unknown New World.

intrepid (in trep'id) means:

- a. extremely cold
- b. fun-loving
- c. fearless; bold
- d. weary; fatigued

Pronunciation key: ă pat ā pay âr care ă father ĕ pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏŏ took \overline{oo} boot ŭ cut y \overline{oo} abuse ûr urge th thin *th* this hw which zh vision \ni about

2. "An intrepid visitor to the *perpetually* frozen Antarctic could stand at the coastline, raise binoculars, and witness a dramatic sight just a few hundred meters off shore."

The Earth moves *perpetually* around the sun.

perpetually (pər pěch' oo əl lē) means:

- a. forever
- b. partially
- c. slowly
- d. once a month
- 3. "An intrepid visitor to the perpetually frozen Antarctic could stand at the coastline, raise binoculars, and witness a dramatic sight just a few hundred meters off shore: a spout as tall and as straight as a telephone pole fountaining upward from the blow hole of a blue whale, then *condensing* into a massive cloud of water vapor in the frigid air."

When you turn on your car heater in the winter, water vapor may start *condensing* and running down the inside of the windows.

condensing (kan dens' ing) means:

- a. turning into steam
- b. changing from a gas or vapor to a liquid
- c. becoming colder
- d. changing from a liquid to a solid
- 4. "An intrepid visitor to the perpetually frozen Antarctic could stand at the coastline, raise binoculars, and witness a dramatic sight just a few hundred meters off shore: a spout as tall and as straight as a telephone pole fountaining upward from the blow hole of a blue whale, then condensing into a massive cloud of water vapor in the *frigid* air."

Snowflakes began to fall from the gray, frigid sky.

frigid (frij id) means:

- a. smoky
- b. dry
- c. cloudy
- d. extremely cold

5. "The gigantic animal beneath the water jet would be *expelling* stale air from its 1-ton lungs after a dive in search of food."

Our college is *expelling* five students for cheating on an exam.

expelling (ik spěl ing) means:

- a. maintaining
- b. breathing out
- c. forcing out or ejecting
- d. preventing
- 6. *"Leviathan* proportions aside, it is difficult to grasp the enormous problems that so large an organism must overcome simply to stay alive."

The deep-sea fishermen swore they had seen a *leviathan* that was larger than the Loch Ness monster.

leviathan (lə vi o thən) means:

- a. huge sea monster
- b. amount that cannot be measured
- c. large shark
- d. huge ship
- 7. "For starters, a blue whale is a warm-blooded animal with a *relatively* high metabolic rate; to stay warm in an icy ocean environment, it must consume and burn 1 million kilocalories a day."

Our boss is normally very talkative, but he was *relatively* quiet at the staff meeting today.

relatively (rel' a tiv le) means:

- a. pertaining to relationships
- b. pertaining to reality
- c. pertaining to a member of the family
- d. considered in comparison with something else
- 8. "For starters, a blue whale is a warm-blooded animal with a relatively high *metabolic* rate; to stay warm in an icy ocean environment, it must consume and burn 1 million kilocalories a day."

Exercise and stress increase a person's metabolic rate.

metabolic (met a bol' ik) means:

- a. pertaining to the speed at which an organism moves
- b. pertaining to bodily physical and chemical processes that maintain life
- c. pertaining to breathing and respiration
- d. pertaining to survival

9. "For this reason, the whale needs *elaborate* transport systems to deliver oxygen and nutrients and to carry away carbon dioxide and wastes."

The plans for the queen's coronation were so *elaborate* that it took a staff of 500 people to carry out the arrangements.

elaborate (i lab' ər it) means:

- a. time-consuming
- b. very complex
- c. difficult to understand
- d. simple
- 10. "Finally, the *galaxy* of living cells inside a whale must be coordinated and controlled by a brain, a nervous system, and chemical regulators (hormones) so that the organism can function as a single unit."

From the dazzling *galaxy* of toys in the toy department, my young nephew finally selected a remote-controlled car.

galaxy (găl´ ək sē) means:

- a. stars in the universe
- b. numerous collection of things
- c. system
- d. display

Respond in Writing

Directions: Refer to Selection 2-1 as necessary to answer these essay-type questions.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

1. Describe the three comparisons the author uses to illustrate a blue whale's enormous size.

First comparison:

	Second comparison:	
	Third comparison:	
Option Exercise 2 may be completed collaboratively.	 Because of its size, what are three special problems that blue whales mus overcome to survive? One problem: 	
	Another problem:	
	A third problem:	
Option Exercise 3 may be completed collaboratively.	 What is the most important overall message the writer wants the reader to understand about the survival of whales? Try to answer this question in one sentence. 	

Selection 2-2

Essay

I GOT MY B.A. BY SHEER LUCK, OR HOW STUDY SKILLS SAVED THE STUDENT BY WALTER PAUK

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 2-2.

- 1. First, read and think about the title. What do you already know about study skills?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) First sentence of each paragraph Words in *italics* Words in quotation marks All of the last paragraph (paragraph 19)

On the basis of your preview, what does this selection seem to be about?

Apply Comprehension Skills

Directions: Do these exercises as you read Selection 2-2.

Adjust your reading rate. On the basis of your preview and your prior knowledge about study skills, do you think you should read Selection 2-2 slowly or rapidly?

Develop a college-level vocabulary. Did you notice any unfamiliar words while you were previewing Selection 2-2? If so, list them here.

Predict as you read. As you read Selection 2-2, make predictions about what the author will discuss next. Write your predictions in the blanks provided.

I GOT MY B.A. BY SHEER LUCK, OR HOW STUDY SKILLS SAVED THE STUDENT

In this selection, Professor Pauk tells about an experience he had when he was an undergraduate. B.A. is an abbreviation for bachelor of arts, an undergraduate college degree.

NOW IT CAN BE TOLD: I got my B.A. by sheer luck. I say sheer luck because, if events were ordinary, I would have failed almost every course. Instead, when things looked impossible, some "chance" idea pulled me out. Here is my story.

- 2 Professor Kolb (the students called him "King Tut") was especially rough that year. Some said that an editor had turned down his manuscript; others said that he was just tired of students. But whatever it was, exactly 63.6 percent of the class failed Egyptian History. And if it were not for sheer luck, I'd have raised the percentage to 65.4.
- ³ I remember most vividly the frightening pace of the lectures. No one could take notes as fast as "King Tut" talked, especially when he became excited. My frantic scribbling and almost indecipherable abbreviating were so slow that I missed more than half. Without complete notes, it was impossible to study. I was lucky to have gotten even the 38 on one exam. As the fellows used to say, the "handwriting on the 'sarcophagus'" was clear for me. I knew that my only chance for survival was to get fuller notes.
- ⁴ That night after the exam grades came out, I tried to fall asleep—to forget my devastating grade for even awhile—but words like "hieroglyphics" and "rosetta stone" kept kaleidoscoping and rolling through my mind. As I mulled over my missing more than half of each lecture, I suddenly hit upon an idea: Why not leave every other line on my note paper blank?

Practice exercises

Directions: At each of the points indicated below, answer the question, "What do you predict will happen next?"

Practice exercise

What do you predict will happen next?

Source: Walter Pauk, "I Got My B.A. by Sheer Luck, or How Study Skills Saved the Student," Innovation Abstracts, vol. viii, no. 20, Sept. 26, 1986. National Institute for Staff and Organizational Development (NISOD), University of Texas at Austin. Reprinted by permission.

8

9

Then during the following period I could recall the lecture and fill in the missing portions. In deference to the ancients, I called this the "Osiris Plan."

- ⁵ The next day I tried the "Osiris Plan," and it worked! What luck! At first it was difficult to recall the lecture, but as days passed, it became sort of a game. Often, in the privacy of my room I would, in softer voice, imitate the old professor and try to redeliver the lecture as best as I could without looking at my notes. This mimicry almost got me into trouble, when, on a rare occasion, the professor called on me to answer a question. Stunned by being called, I jumped to my feet and for the first two sentences, before I caught myself, the fellows said I sounded "exactly like Old Tut."
- One evening while quietly reciting the day's 6 lecture to myself, I made an important discovery. In trying to make my presentation as smooth as possible (about this time I had begun imagining that I was a lecturer), I used the transitional words "Now that we have discussed the major reason for the phenomenal success of Pharaoh Hophra, let us look at the subsidiary reasons." At that moment I stopped still, for at no time did the professor ever cut up the lecture into topics and subtopics; nevertheless, the topics and subtopics were neatly packaged and embedded into the seeming onrush of words, waiting to be perceived by the student. With this secret in mind, I found that I could take better notes during the lecture, and during the periods after class I could very easily supply the missing portions, filling in the blank every-other-line.

I tried to share this find with other students, but they'd always say, "You're foolish to take all those notes. Just sit back and listen." Although this sounded too easy to be good advice, I was struck by the great intelligence of 10 my fellow students who could remember the main ideas of lecture after lecture, just by listening. I knew I couldn't; so to hide my inferior

7

intelligence, I continued taking notes, completing them directly after class, categorizing the ideas, supplying the titles and subtitles, and reciting the lectures.

- Another incident finally convinced me of my intellectual inferiority when I found that the other students just "flipped the pages" of the textbook. But poor me, I had to work on each chapter for hours. It was only luck that I wasn't found out, because the professor never guizzed us on our reading; everything depended on the final exam. I was luckier still when, looking in the library stacks for a book on Egyptian religion, I ran across an entire shelf filled with books on Egypt. I spent the rest of the day until 10:00 P.M. (closing time) perusing this lucky find. I finally picked out three books which were written in a style easy enough for me to understand, and I took these back to my room. By first reading these extra books, I found I could come back to the assigned chapter in the textbook and understand it better. I noticed that the author of our textbook frequently referred by footnote to these library books. So with luck I solved the textbook problem.
- Well, all of this simply led up to the final examination. There I was with a notebook, about two inches thick, filled with lecture notes. Now, was I to memorize all these notes for the exam? And the textbook? Realizing that I didn't have the brains to memorize everything in my notes, I decided (this time without Osiris's help) to read each lecture bearing one focusing thought in mind: "What is the really important idea here?" As I found the answer, I'd jot this central point on separate sheets which I called "Summary Sheets." When I finished, I had "boiled" down inches of lecture notes to just twelve pages of "main issues." I then did the same with my textbook.
- Thus armed, I aligned the "Summary Sheets" so that the main issues for both the lecture and textbook synchronized. I learned these main issues by first reading them over, thinking

about them, reflecting on them, then without looking at my notes, by trying to recite them in my own words. I went through my summary sheets in the same way, issue by issue.

11

I guess that I had played the role of the professor too long, because after having mastered these main issues, I composed ten questionsquestions that I'd ask if I were the professor. Still having some time left, I pretended that I was in the examination room, and I spent the next four hours rapidly answering my own ten questions. I then corrected my answers by referring to the lecture and textbook notes, and much to my delight, I had discussed all the facts and ideas accurately. For the first time I felt that I had achieved something. I felt almost adequate. But the warm glow was short-lived. What if the professor didn't ask what I had staked my life on? Well, I thought, "It is too late to change." With the feeling that my luck had really run out, I half-heartedly studied for six more hours. I went to bed at 10:00 for a good night's sleep, having refused to go to the second show of a "relaxing" movie with the rest of the boys.

12 On the way to the examination room the next morning, I knew without question that my luck had run out when I met Jack, who sat next to me. He had not taken a single note all semester; he had not even gone through the motions of "flipping" the textbook pages. When I asked why he wasn't nervous, he answered, "This is the semester for Examination Set #4, the one dealing with dates, names of pharaohs, dynasties, battles, and so forth."

13 "What's Examination Set #4?"

14 Everybody on campus except me, I guess, knew that old "King Tut" had five sets of examinations (ten questions in every set), which he rotated over a five-year period. Though "King Tut" collected the mimeographed questions from each student, he did not reckon with the organizing ability of fraternity students. The plan worked like this: Specific students were given the mission to memorize question #1, another group to memorize #2, and so forth.

Practice exercise

What do you predict will happen next?

When the students left the examination room, they jotted down these questions quickly from memory and put them into the fraternity hopper. In this clever way all five sets of the examination found their way into the files of numerous students.

- 15 I knew then that even Osiris and Ra, put together, couldn't help me. I had studied relationships.
- The room was hot, yet others complained of the cold. My mind reeled. I knew my luck had run out. Dimly, as the examination sheets were passed up each row, I heard successive moans of various kinds: "Oh, No!" "No!" and occasional uncontrolled, almost hysterical laughter. I thought that perhaps the professor had by mistake given out Exam #5 instead of the anticipated #4.
- By the time the sheets reached me (I always sat in the rear corner of the room where it was quieter) I, too, involuntarily gasped, "Oh! It can't be." I closed my eyes and waited for my vision to clear so that I could read the ten questions. They were the same ten questions that I had made up only yesterday—not in the same order, but nevertheless, the same ten questions. How could that be? One chance in a million, I'm sure. How lucky can one get? I recovered my composure and wrote and wrote and wrote.
- "Old Tut" gave me a 100 plus. He penned a note saying, "Thank goodness for one good scholar in all my years of teaching." But he didn't know the long line of luck that I had, and I never told him.
- 19 Now that twenty years have passed, I think that it is safe to reveal that here is one fellow who got his B.A. just by sheer luck.

Practice exercise

What do you predict will happen next?

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- _____ 1. The student in the article actually received his B.A. by sheer luck.
- _____ 2. Good study skills were not essential to the student's success.
 - 3. The student's "Osiris Plan" consisted of leaving every other line blank when taking lecture notes, filling in the missing information later, and then reciting the notes.
 - 4. Because the professor did not organize his lectures into topics and subtopics, the student had to supply the titles and subtiles in his notes.
 - 5. The student decided to take his classmate's advice and "just sit back and listen" to the teacher's lecture without taking notes.

Multiple-choice

Directions: For each item, select the best answer.

- 6. The student's solution to having a difficult textbook was
 - a. just to flip through the pages.
 - b. to form a study group to discuss the textbook.
 - c. to check out from the library easier books on the same subject to study along with the textbook.
 - d. none of the above.
- 7. The student's solution to studying for the final exam was to
 - a. read his lecture notes and jot the important ideas on summary sheets.
 - b. review his textbook and also make summary sheets with important ideas.
 - c. study and recite the information on the summary sheets.
 - d. all of the above.
- 8. Another technique the student used to study for the final exam was to
 - a. make up ten test questions from his summary sheets.
 - b. get the test questions from another student in the fraternity.
 - c. study the summary sheets and get a good night's rest.
 - d. ask the professor what would be on the test.

- 9. Which of the following does the student describe as "sheer luck"?
 - a. having the misfortune to end up in Professor Kolb's Egyptian history class
 - b. postponement of the test because the professor became ill
 - c. seeing the same ten questions he had composed for practice actually appear on the test
 - d. getting the test questions from another student
- _____ 10. The purpose of this article is to illustrate that
 - a. Egyptian history is an extremely difficult course.
 - b. academic success depends mainly on hard work and effective study skills.
 - c. academic success depends on sheer luck.
 - d. a student has little control over academic success.

Extend Your Vocabulary by Using Context Clues

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 2-2 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ĕ pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏo took \overline{oo} boot ŭ cut y \overline{oo} abuse ûr urge th thin *th* this hw which zh vision \ni about

1. "And if it were not for *sheer* luck, I'd have raised the percentage to 65.4."

It was *sheer* coincidence that Mark ran into his religion professor while he was on vacation in Las Vegas.

sheer (sher) means:

- a. predictable
- b. pure
- c. ironic
- d. thin or transparent

2. "My frantic scribbling and almost *indecipherable* abbreviating were so slow that I missed more than half."

Because the doctor's handwriting was *indecipherable*, the pharmacist had to call her to verify the prescription.

indecipherable (in di si fər ə bəl) means:

- a. legible
- b. unusually small
- c. unable to be read or interpreted
- d. done quickly
- 3. "My frantic scribbling and almost indecipherable *abbreviating* were so slow that I missed more than half."

By *abbreviating* many of the words in his notes, the newspaper reporter recorded information very quickly.

abbreviating (e brē' vē ā ting) means:

- a. writing a word in shortened form
- b. writing a word out in full
- c. omitting a word by mistake
- d. remembering a word rather than writing it down
- "As I mulled over my missing more than half of each lecture, I suddenly hit upon an idea."

Lee *mulled* over the math problem for twenty minutes before he finally thought of the solution.

mulled (muld) means:

- a. understood completely
- b. erased
- c. practiced
- d. considered carefully
- 5. "Now that we have discussed the major reason for the phenomenal success of Pharaoh Hophra, let us look at the *subsidiary* reasons."

Many large corporations, such as General Mills, own smaller, *subsidiary* companies.

subsidiary (səb sid e er e) means:

- a. minor or less important
- b. relevant
- c. primary or main
- d. unknown

6. "At that moment I stopped still, for at no time did the professor ever cut up the lecture into topics and subtopics; nevertheless, the topics and subtopics were neatly packaged and *embedded* into the seeming onrush of words."

The dime was *embedded* in the asphalt of the street, and no one could pry it loose.

embedded (em bed' ad) means:

a. lost

- b. firmly fixed in a surrounding mass
- c. hidden or unable to be seen
- d. placed or positioned by accident
- 7. "I knew I couldn't; so to hide my *inferior* intelligence, I continued taking notes, completing them directly after class, categorizing the ideas, supplying titles and subtitles, and reciting the lectures."

Because the builder used *inferior* paint on the outside of the house, the paint soon began to chip, peel, and fade.

inferior (in fîr ē ər) means:

- a. old
- b. surprising or unexpected
- c. untested
- d. lower in quality
- 8. "Thus armed, I *aligned* the 'Summary Sheets' so that the main issues for both the lecture and textbook synchronized."

Please keep your chairs *aligned* in rows so that people can get to the chalkboard at the front of the room.

aligned (a lind') means:

- a. arranged in a straight line
- b. organized
- c. arranged from largest to smallest
- d. arranged in sequence
- 9. "Dimly, as the examination sheets were passed up each row, I heard *successive* moans of various kinds: 'Oh, No!' 'No!' and occasional uncontrolled, almost hysterical laughter."

They tried on four *successive* days to locate the missing mountain climber, but a blizzard forced them to suspend their search on the fifth day.

successive (sək sĕs´ iv) means:

- a. successful
- b. unrelated
- c. signifying failure
- d. following in uninterrupted order

_ 10. "I recovered my *composure* and wrote and wrote and wrote."

The little boy began to scream whenever his mother left the room, but he quickly regained his *composure* whenever she returned.

composure (kam por zhar) means:

- a. memory
- b. joyous outlook
- c. thoughts
- d. calmness

Respond in Writing

Directions: Refer to Selection 2-2 as necessary to answer these essay-type questions.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items*, form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

1. Explain why you think the author *did* or *did not* receive his B.A. by sheer luck.

The author *did* receive his B.A. by sheer luck, because

The author did not receive his B.A. by sheer luck, because ...

93 Chapter 2 Approaching College Reading

Option

Exercise 2 may be completed collaboratively.

2. List five behaviors that helped the author succeed in "Old Tut's" Egyptian history class.

Behavior 1:

Behavior 2:

Behavior 3:

Behavior 4:

Behavior 5:

Option

Exercise 3 may be completed collaboratively.

3. What is the most important overall message the writer wants the reader to understand about study skills in college? Try to answer this question in one sentence.

Selection 2-3

Computer science

WHAT COMPUTERS CAN, CANNOT, AND SHOULD NOT DO

FROM *COMPUTERS,* BY TIMOTHY TRAINOR AND DIANE KRASNEWICH

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 2-3.

- 1. First, read and think about the title. What do you already know about computers?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) First sentence of each paragraph Listed items All of the last paragraph (paragraph 6)

On the basis of your preview, what can computers do? What can they not do?

Apply Comprehension Skills

Directions: Do these exercises as you read Selection 2-3.

Adjust your reading rate. On the basis of your preview and your prior knowledge about computers, do you think you should read Selection 2-3 slowly or rapidly?

Develop a college-level vocabulary. Did you notice any unfamiliar words while you were previewing Selection 2-3? If so, list them here.

Predict as you read. As you read Selection 2-3, make predictions about what the author will discuss next. Write your predictions in the blanks provided.

WHAT COMPUTERS CAN, CANNOT, AND SHOULD NOT DO

In today's technological age, many people are intimidated by computers and worry that computers will take over everything. See what these textbook authors have to say on the subject.

1 Computers exist to benefit and assist people, not to replace them. Computers cannot, for example, make emotional judgments, disobey instructions entered by humans, read people's minds, or replace interpersonal relationships. On the contrary, people must be extremely explicit in instructing a computer to perform even the simplest commands. What computers can do, however, is extremely helpful. They can

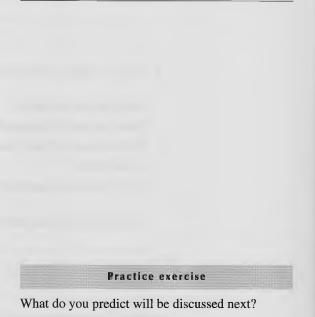
- Store data in vast amounts
- Process data quickly and accurately
- Simulate possible outcomes based on a given set of conditions
- Recommend or take action based on output
- ² Computers cannot be effective unless the people using them are able to identify what results they need and how to achieve those results. Ultimately, computers are dependent upon people.
- ³ Accordingly, people should not relinquish their decision-making responsibilities to computers. Humans need to be on hand to interpret conditions reported by computers, particularly if medical treatment, national defense, air traffic control, or even loan processing is involved. Nonprogrammable, human factors must complement computer read-outs for a complete and fair analysis.
- 4 At times computers may appear to make decisions. In monitoring a refinery, for example, a computer might trigger a fire-extinguishing system. Another computer, used for monitoring vital signs, might regulate the flow of

Practice exercises

Directions: At each of the points indicated below, answer the question, "What do you predict will be discussed next?"

Bractice exercise

What do you predict will be discussed next?



Source: Timothy Trainor and Diane Krasnewich, "What Computers Can, Cannot, and Should Not Do," in *Computers,* 4th ed., McGraw-Hill, New York, 1994, pp. 12-14. (c) 1994, McGraw-Hill, Inc. Reproduced with permission of McGraw-Hill.

oxygen to a patient. In both cases, however, although the computer initiates action, it does not make a decision. Rather, the decisions of these process control systems were made by the human beings who programmed the 6 machines to respond to a particular set of conditions. Therefore people must take complete responsibility for a computer's actions. They must anticipate all potential problems and direct computers to avoid them.

5 While computers may be able to enhance a person's capabilities, they can never adequately replace interpersonal relationships. Even the most sophisticated computing machinery cannot supplant parent-to-child and teacher-tostudent relationships. Similarly, the rapport between physician and patient is essential for successful treatment.

People, then, are an integral part of any computer system that accepts input, processes it, and delivers output. People control computer systems through program design, by monitoring operations, and by making final decisions based upon computer output. They should not give up decision-making responsibilities because the human qualities of analysis, reasoning, and compassion are required to interpret computerdelivered results.

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- _____ 1. People must tell computers what to do.
 - 2. Computers can store large quantities of information.
- 3. The authors believe that people should relinquish decision making to computers.
- 4. A computer cannot be effective unless the people using it are able to identify the results they need.
 - ____ 5. Computers may eventually replace people.

Multiple-choice

Directions: For each item, select the best answer.

- 6. Computers can do all of the following *except*
 - a. recommend or take action on the basis of output.
 - b. make emotional judgments.
 - c. store vast amounts of data.
 - d. process data accurately and quickly.
- 7. *Programming* a computer means that a person is
 - a. using a computer.
 - b. giving a computer instructions.
 - c. repairing a computer.
 - d. analyzing a computer's output.

- 8. Computers can
 - a. read people's minds.
 - b. disobey instructions entered by people.
 - c. simulate possible outcomes on the basis of a given set of conditions.
 - d. take the place of interpersonal relationships.
- 9. One way people can control computer systems is to
 - a. process data quickly and accurately.
 - b. make final decisions themselves, on the basis of computer output.
 - c. reduce the processing time of projects.
 - d. use nonprogrammable factors.
- _____ 10. Ultimately, complete responsibility for a computer's actions rests with
 - a. people.
 - b. programs.
 - c. outcomes.
 - d. data contained in the computer's system.

Extend Your Vocabulary Using Context Clues

Directions: Context clues are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 2-3 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ĕ pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏo took \overline{o} o boot ŭ cut yoō abuse ûr urge th thin th this hw which zh vision \Im about

1. "On the contrary, people must be extremely *explicit* in instructing a computer to perform even the simplest commands."

Because Maria gave us *explicit* directions, we were able to find her house without any trouble.

explicit (ik splis' it) means:

- a. patient
- b. reasonable
- c. precise
- d. cheerful

2. "Computers store data in vast amounts."

Sam Walton's *vast* fortune from Wal-Mart made him one of the wealthiest men in the nation.

vast (väst) means:

- a. huge
- b. unknown
- c. varying
- d. small
- 3. "Ultimately, computers are *dependent* upon people."

Small children are *dependent* upon their parents for food, clothing, and protection.

dependent (di pen' dont) means:

- a. not connected with
- b. relying upon
- c. not related to
- d. comfortable with
- 4. "Accordingly, people should not *relinquish* their decision-making responsibilities to computers."

The judge ordered the man to relinquish possession of his boss's car.

relinquish (ri ling' kwish) means:

- a. fight for
- b. practice
- c. take
- d. give up
- 5. "Nonprogrammable, human factors must *complement* computer readouts for a complete and fair analysis."

Mark selected a blue-and-red striped tie to *complement* his white shirt, navy sports coat, and white slacks.

complement (kom' pla mant) means:

- a. make something complete
- b. make something attractive
- c. improve
- d. change

6. "Another computer, used for monitoring *vital* signs, might regulate the flow of oxygen to a patient."

Air and water are vital for human survival.

vital (vit 1) means:

- a. helpful
- b. difficult
- c. pleasant to have
- d. essential for life
- 7. "In both cases, however, although the computer *initiates* action, it does not make a decision."

Today our store *initiates* its new advertising campaign to attract more teenage and young adult customers.

initiates (i nish' ē āts) means:

- a. tries
- b. begins
- c. cancels
- d. prevents
- 8. "They must anticipate all *potential* problems and direct computers to avoid them."

Senator Barnes is an outstanding legislator and a *potential* candidate for president.

potential (pə tĕn´ shəl) means:

- a. possible
- b. dangerous
- c. unusual
- d. unimportant
- 9. "While computers may be able to *enhance* a person's capabilities, they can never adequately replace interpersonal relationships."

Most people select clothing that will enhance their appearance.

enhance (en hanz') means:

- a. ruin
- b. limit
- c. improve
- d. change

_____ 10. "Similarly, the *rapport* between physician and patient is essential for successful treatment."

Michael has such *rapport* with children that he has decided to become an elementary school teacher.

rapport (ră pôr´) means:

- a. limited contact
- b. harmonious relationship
- c. poor communication
- d. brief experience

Respond in Writing

Directions: Refer to Selection 2-3 as necessary to answer these essay-type questions.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

1. According to this selection, what are some things computers can do and cannot do?

Things computers can do	Things computers cannot do
7	

102 Part One • Orientation

Option

Exercise 2 may be completed collaboratively.

2. What kinds of decisions should never be turned over to a computer?

Option

Exercise 3 may be completed collaboratively.

3. What is the most important overall message the writer wants the reader to understand about a computer's capabilities? Try to answer this question in one sentence.





APPROACHING COLLEGE ASSIGNMENTS: READING TEXTBOOKS AND FOLLOWING DIRECTIONS

IN THIS CHAPTER YOU WILL LEARN THE ANSWERS TO THESE QUESTIONS:

What is an effective way to read and study a college textbook?

How can I prepare to read an assignment?

How can I guide my reading by asking questions?

How can I review material by rehearsing?

What are the keys to following directions on college assignments and tests?

CHAPTER CONTENTS

.

SKILLS

COLLEGE TEXTBOOKS: A PROCESS FOR READING AND STUDYING EFFECTIVELY

Step 1: Prepare to Read

Preview the chapter Assess your prior knowledge Plan your reading and study time

Step 2: Ask and Answer Questions to Guide Your Reading

Ask questions as you read Answer questions as you read

Step 3: Review by Rehearsing Your Answers

ASSIGNMENTS AND TESTS: FOLLOWING DIRECTIONS Guidelines for Following Directions Example: Directions for a Test

SUMMARY

DEVELOPING CHAPTER REVIEW CARDS

READINGS

Selection 3-1 • *Study skills* "Controlling Your Concentration" by William Farquhar, John Krumboltz, and C. Gilbert Wrenn Selection 3-2 • *Art appreciation* "Art in the Service of Religion" by Rita Gilbert Selection 3-3 • *Business* "How to Improve Communication" by Courtland Bovée and John Thill

SKILLS

COLLEGE TEXTBOOKS: A PROCESS FOR READING AND STUDYING EFFECTIVELY

Students often ask, "When should I start studying for final exams?" The answer is, "At the beginning of the semester." From the first day of classes, you should read and study your textbook assignments as if you were preparing for the final exam. If you read your assignments effectively the first time, you won't have to start over again and reread them when it is time for a unit test or major exam.

Reading your textbooks requires more than casually looking at the pages. Reading and studying take time and effort. Moreover, reading and studying textbook material must be an *active* process, not a passive one.

How can you best understand and remember what you read in your textbooks? This chapter presents an approach for reading a college textbook assignment that will ultimately save you time. This approach is based on *doing it right the first time*, so that when you prepare for a test, you will not have to spend additional hours rereading textbook chapters. This approach helps you *learn more the first time* you read your textbook assignments.

The basic components of this study-reading process are:

- Prepare to read.
- Ask and answer questions as you read.
- Review by rehearsing the answers to your questions.

The box on the following pages shows all three components of the studyreading process in detail. Each of these steps is explained below.

Step 1: Prepare to Read

Key term

Preparing to read: Previewing a chapter, assessing your prior knowledge, and planning your time.

Key term

Previewing: Examining reading material to get an idea of its topic and organization.

105

Before you begin to read a textbook assignment, you should spend a few minutes preparing to read. *Preparing to read* involves previewing the chapter, assessing your prior knowledge, and planning your reading and study time.

Preview the chapter

Previewing can give you a general idea of what an entire assignment will be about and allows you to see how the material is organized. This not only helps you comprehend what you read but also helps improve your concentration, motivation, and interest in what you are about to read. (That is why each of the reading selections in *Opening Doors* is preceded by an activity called "Prepare Yourself to Read.")

106 Part One • Orientation

A Three-Step Process for Studying College Textbooks

.

Step 1: Prepare to Read

Preview the selection to see what it contains and how it is organized:

- Read the title
- Read the introduction
- Read headings and subheadings in each section
- Read words in italics or bold print
- Look over illustrations, charts, and diagrams
- Read the summary

Ask yourself:

- "What topics does the author seem to be emphasizing?"
- "How are the topics organized?"

Assess your prior knowledge: Ask yourself:

- "What do I already know about the topic?"
- "How familiar am I with this topic?"

Plan your reading and study time: Ask yourself:

- "How can I best allot my time for this assignment?"
- "Do I need to divide the assignment into smaller units?"

Step 2: Ask and Answer Questions as You Read

Guide your reading by asking and answering questions:

- Turn chapter headings into questions.
- Create questions based on what the paragraphs or sections appear to be about.
- If the author has included questions, use them.
- Use questions in a study guide, if there is one accompanying the course or textbook.
- Use questions given by the instructor.

Read actively:

Look for answers to your questions.

Record the answers to your questions:

- Write the answers on notebook paper or in the margins of the textbook.
- Create review cards for the material.
- Emphasize the answers by highlighting or underlining them.

Step 3: Review by Rehearsing the Answers to Your Questions

Review the material and *transfer it into long-term memory* by rehearsing (practicing):

- Recite (say aloud) the answers to your questions.
- Try to write the important points from memory.

To preview a chapter assignment:

- First, read the chapter title. This should tell you the overall topic of the chapter.
- Next, read the chapter introduction. A chapter introduction (if there is one) may present some of the important points to be made in the chapter or it may give background information that you need.
- Read the headings in each section. Turn through the chapter to read headings and subheadings. These will tell you what topics the author heading and can provide an outline of how information in the chapter is organized.
- *Read words in italic or bold print.* Notice any words that appear in *italics* or **bold print**; these are often important terms you will be expected to understand and remember.
- Look at illustrations. Be sure to look at any illustrations, charts, diagrams, and graphs you find in the chapter. These give you visual representations of what is being discussed.
- Finally, read the chapter summary. If there is a chapter summary, it will contain many of the important ideas of the chapter in brief form. A chapter summary (like a chapter introduction) is especially useful. Take advantage of it.

As you preview, you should make some predictions, "educated guesses." about what is in the chapter you are about to read. Ask yourself, "What topics does the author seem to be emphasizing?" and "How are the topics organized?"

Assess your prior knowledge

How much do you already know about the material in a college textbook assignment? In other words, how much *prior knowledge* do you have about the topic? Previewing the chapter can help you determine this. By introducing you to the chapter topics, previewing allows you to predict whether or not you will be dealing with familiar material.

If the material is new to you, you may need to take extra steps in order to deal with it successfully. When you lack background knowledge in a subject and this is often the case when you are reading college textbooks—you may have difficulty comprehending the material. Therefore, you should, at the very least, take a few moments to preview the material and acquaint yourself with the terms and topics before you begin reading and studying. Assessing your prior knowledge will also enable you to decide whether you need help with the assignment, or whether you need to allow additional time.

While you are reading an assignment, or after you finish reading it, you may discover that you do not understand it adequately, and you may decide that you need to increase your background knowledge. If so, it is your responsibility to take the steps necessary to fill in missing background information.

Key term

Prior knowledge: What you already know about a topic; background knowledge.

These steps might include:

- Reading other, perhaps easier, textbooks on the same subject (these might be other college textbooks or more general study aids, such as an outline of American history or a text with a title like *Accounting Made Easy*)
- Consulting an encyclopedia or some other reference book
- Talking with someone who is knowledgeable about the subject

These steps require effort, and obviously there are no shortcuts. But going the extra mile to get necessary background information is part of being a responsible, mature learner and student. As a bonus, you may discover that it is exciting and satisfying to understand new or difficult material through your own efforts. You may also find that when you take responsibility for your own learning, you will feel good about yourself as a student. (Remember that a *student* is someone who *studies*.)

Plan your reading and study time

By previewing an assignment, you will be able to decide whether you can read the entire assignment in just one study session or whether you need to divide it into smaller parts.

If you decide that you need more than one study session, you should divide the assignment into several shorter segments and read them at times when you know you can concentrate best. For example, a 30-page chapter may be too much for you to read and study efficiently all at once. You could divide the assignment into three 10-page segments and read them on three separate days, perhaps including a weekend. Or you could divide this long assignment into three 1-hour study sessions on the same afternoon, perhaps at 1, 5, and 7 P.M. In any case, *plan* your study-reading session and follow your plan. (Then, reward yourself after you complete your studying.)

Step 2: Ask and Answer Questions to Guide Your Reading

The second step in reading and studying a college textbook assignment is *guiding your reading by asking and answering questions*. To read and study effectively, you need to read and understand *each paragraph or section*. This means that you must determine what is important to learn and remember in each section. To put it another way, you need to read for a specific purpose. Reading for a specific purpose will increase your interest and concentration, and it will enable you to monitor (evaluate) your comprehension while you are reading. Perhaps the best way to determine what you should learn from a reading assignment is to ask and answer questions about the material.

Ask questions as you read

Creating one or more questions for each section of a reading assignment will guide you to the most important information and help you remember that information. When you read to seek answers to questions, you will be reading with a specific purpose; in other words, you will be reading *selectively* and *purposefully*.

Turning chapter headings and subheadings into questions is the easiest way to accomplish this step. For example, if a section in a history textbook has a heading "The Spanish-American War Begins," you might want to ask, "Why did the war begin?" You may also want to ask, "When did it begin?" (In Chapters 9 and 10, you will be working with actual college textbook chapters which have headings that can be turned into useful questions.)

When a section or paragraph has no heading, it is a good idea to create a question based on what that section or paragraph appears to be about. If you see a term or phrase in **bold print** or *italics*, you might create a question about that term or phrase. You can also create questions about names of people, places, events, and so on. You will be able to refine your questions later, when you read the material more carefully.

In addition to creating your own questions as you read each section of a textbook, you may find that the author has included questions for you. These may appear at the end of a chapter, at the beginning of a chapter, throughout a chapter (perhaps in the margins), or in an accompanying study guide. If a textbook chapter contains such questions, read them *before* you read the chapter. Then keep them in mind as you read. When you have finished reading the chapter, you should be able to answer these questions. In fact, you will very probably be asked some of these same questions on a test. Chapter questions also enable you to monitor your comprehension: *Are you getting from the chapter the important information the author expects you to know*?

Finally, your instructor may give you questions to guide you as you read a chapter. Of course, you should be able to answer those questions by the time you finish reading and studying the chapter.

Answer questions as you read

As you read each paragraph or section, look for answers to your questions. Then, *after* you have read that paragraph or section, record the answers. A word of warning: Do *not* try to record answers while you are reading a section. Trying to read and record at the same time will fragment your comprehension and greatly slow you down. The time to record your answers is right after you *finish* reading a section, not while you are reading it for the first time.

There are several effective ways to record your answers. One of the most effective is to write the answers to your questions on notebook paper or in the margins of your textbook. Another effective way of recording answers is to make review cards for the material. In addition, you may want to mark information that answers your questions by going over it with a highlighter pen. What if you cannot locate or formulate an answer to one of your questions? In that case, there are several things you can do:

- Read ahead to see if the answer becomes clearer.
- If the question involves an important term you need to know, look the term up in the glossary or in a dictionary.
- Go back and reread the paragraph.
- Make a note to ask a classmate or your instructor about the point in question.
- If you still cannot answer all of your questions after you have read an assignment, note which questions remain unanswered. Put a question mark in the margin, or make a list of the unanswered questions. One way or another, be sure to find the answers before the next test.

As you can see, actively seeking answers to questions as you read encourages you to concentrate and focus on *understanding*. Reading for a purpose—to answer specific questions—can help you remember more and ultimately score higher on tests. Often, you will discover that questions on tests are identical to the ones you asked yourself as you studied. When this happens, you will be glad that you took the time to understand the material while you were studying.

Step 3: Review by Rehearsing Your Answers

Experienced college students know that if they want to remember what they read in their textbooks, they need to take certain steps to make this happen. They also know that it is essential to take these steps *immediately after* they finish reading a section or a chapter, while the material is still fresh in their minds: that is, while the material is still in short-term memory. Good readers understand that forgetting occurs very rapidly and that they need to rehearse material immediately in order to remember it: that is, transfer it into permanent, or longterm, memory. The shocking fact is that unless you take some special action beyond simply reading a textbook assignment, you will forget half of what you read by the time you finish the chapter!

One highly effective way to rehearse important points in a chapter is to *recite* the answers to your questions about the material. Simply rereading your answers is not good enough; you should say them aloud. Remember, "If you can't say it, you don't know it."

Another highly effective way to rehearse important points in a chapter is to *write them from memory*. When you take the time to give yourself a "practice test" in this way, you are transferring the material into long-term memory.

Taking the time to review and rehearse immediately after you finish reading a chapter will not only help you remember what you learned. It will also give you a feeling of accomplishment, which in turn will encourage you to continue learning. One success will build on another. To sum up, here is the three-step process in a nutshell: (1) *Prepare to read* by previewing, assessing your prior knowledge, and planning your study time. (2) *Ask and answer questions to guide your reading.* (3) *Review by rehearsing your answers.* This process will enable you to learn more as you complete your textbook reading assignments, and it will also be a foundation for effective test preparation. Remember that preparing for a test *begins* with reading textbook assignments effectively. (Specific techniques for preparing for tests are discussed in Chapters 9 and 10. They include annotating textbooks by writing marginal study notes, outlining, "mapping," writing summaries, creating review cards, and developing test review sheets.)

ASSIGNMENTS AND TESTS: FOLLOWING DIRECTIONS

An important part of college reading is following written directions. In particular, it is important for you to follow directions in order to do your assignments correctly, carry out instructions in classes and labs (such as computer labs and science labs), and earn high grades on tests.

You have probably learned from experience that problems can arise from misunderstanding or failing to follow directions. Perhaps you have answered an entire set of test questions instead of some specific number stated in the directions ("Answer *any five* of the following seven essay questions . . ."). Or you may have had points deducted from your grade on a research paper because you did not follow the correct format ("Double-space your paper and number the pages . . ."). Not following directions can be extremely costly, as well as inefficient.

Guidelines for Following Directions

There are a few simple things to remember about following written directions:

- *Read the entire set of directions carefully.* This is one time when you need to slow down and pay attention to every word. Further, you should read through *all* the directions before starting to do any of the steps.
- Make sure you understand all the words in the directions. Although directions may use words you see very often, you may still not know precisely what each of the words means. For example, on an essay test you might be asked to *compare* two poems or *contrast* two pieces of music. Do you know the difference between *compare* and *contrast*? Unless you do, you cannot answer the question correctly. Other typical words in test questions include *enumerate*, *justify*, *explain*, and *illustrate*. Each has a specific meaning. General direction words include *above*, *below*, *consecutive*, *preceding*, *succeeding*, *former*, *and latter*. In addition, directions in college

textbooks and assignments often include many specialized terms that you must understand. For example, in a set of directions for a biology lab experiment, you might be instructed to "stain a tissue sample on a slide." The words *stain, tissue,* and *slide* have very specific meanings in biology.

- Be alert for signal words announcing steps in directions. Not every step in a set of directions will have a signal word, of course, but directions frequently use letters or numbers (a, b, c, or 1, 2, 3, etc.) or words such as *first, second, third, next, then, finally,* and *last* to indicate the sequence or order of the steps.
- Mark key words in directions. To be sure of following directions correctly, mark key words. If necessary, number the steps to be sure that you will do all of them. You should mark directions *before* you begin following them, since you must understand what you are to do *before* you try to do it. This means finding and numbering steps if they are not already numbered. When you are busy working on a test or an assignment, it is easy to become distracted and do the steps in the wrong order or leave a step out. Another reason it is important to number steps in a set of directions is that even though the steps may not include signal words, you are still responsible for finding each step. Especially on tests, then, you should number each step and mark key words in directions.

Example: Directions for a Test

The box at the top of the next page shows a set of directions from a unit test for a psychology course. Read these directions carefully.

Notice that this unit test has two very different parts: Part I—Content Questions, and Part II—Discussion Questions. Part I of the test presents multiplechoice questions, whereas Part II requires the student to write essay answers.

Notice that each multiple-choice question in Part I is worth 2 points (for a total of 50 points), and that the student must use a machine-scorable answer sheet and a number two pencil. Also, notice that Part I is to be completed *before* beginning Part II.

In Part II, notice that each question is worth a possible 25 points (for a total of 50 points). Next, notice a key point in the directions: *only two* of the four discussion questions are to be answered. Notice that notebook paper is required for these two essay answers, but either pen or pencil may be used. Finally, notice that the answer to each discussion question must be at least 3 paragraphs long, but not longer than 5 paragraphs.

Marking the test directions as shown in the box at the bottom of the page would help you follow them accurately.

Unit Test: Psychological Disorders

Directions

Part I—Content Questions. (2 points each.) Answer the 25 multiple-choice questions using the machine-scorable answer sheet provided. (You must use a number two pencil on this answer sheet.) Complete this part of the test before you begin Part II.

Part II—Discussion Questions. (25 points each.) Answer two of the four discussion questions, using notebook paper. (You may use pen or pencil for this portion of the test.) The answer to each discussion question must be at least 3 paragraphs in length, but no longer than 5 paragraphs.

> Unit Test: Psychological Disorders (Sample of Marking)

> > 50 points

(1.)

Directions

Part I—Content Questions. (2 points each.) Answer the 25 multiple-choice questions using the machine-scorable answer sheet provided. (You must use a number two pencil on this answer sheet.) Complete this part of the test before you begin Part II. (50 points)

Part II—Discussion Questions. (25 points <u>each</u>.) <u>Answer</u> ← (2.) two of the four discussion questions, using notebook paper. (You may use pen or pencil for this portion of the test.) The answer to each discussion question must be at least 3 paragraphs in length, but no longer than 5 paragraphs.

DEVELOPING CHAPTER REVIEW CARDS

Review cards, or *summary cards*, are an excellent study tool. They are a way to select, organize, and review the most important information in a textbook chapter. The process of creating review cards helps you organize information in a meaningful way and, at the same time, transfer it into long-term memory. The cards can also be used to prepare for tests (see Part Three). The review card activities in this book give you structured practice in creating these valuable study tools. Once you have learned how to create review cards, you can use them in your other courses.

Now, complete the seven review cards for Chapter 3, following the directions on each card. When you have completed them, you will have summarized important information about: (1) step 1 of the three-step study-reading process, (2) previewing a textbook chapter, (3) assessing your prior knowledge, (4) step 2 of the study-reading process, (5) answering questions as you read, (6) step 3 in the study-reading process, (7) following directions on assignments and tests.

The Three-Step Process for Reading and Studying: Step 1

What is the first step of the three-step study-reading process? What does this step consist of? (See page 105.)

Step 1: _____

Step 1 involves three parts:

Chapter 3: Approaching College Assignments

Previewing a Textbook Chapter

One part of step 1 in the study-reading process is previewing a chapter. List six things to do in previewing. (See page 108.)

1	
2	
3	
4	
5	
6	

Chapter 3: Approaching College Assignments

Assessing Your Prior Knowledge

Assessing your prior knowledge is part of step 1 in the study-reading process. Define *prior knowledge*. (See page 108.)

List three things you can do if you need to increase your prior knowledge about a topic. (See page 109.)

1		
2		
3		

The Three-Step Process for Reading and Studying: Step 2

What is the second step of the three-step study-reading process? (See page 109.)

Step 2: ___

List three kinds of chapter material on which you can base your own questions to ask as you read. (See page 110.)

List two other possible sources of questions to ask as you read. (See page 110.)

Chapter 3: Approaching College Assignments

Answering Questions as You Read

When should you record the answers to your questions about a passage? (See page 110.)

List three ways to record your answers. (See page 110.)

Describe some things you can do if any of your questions remain unanswered when you have finished a passage. (See page 111.)

Chapter 3: Approaching College Assignments

The Three-Step Process for Reading and Studying: Step 3

What is the third step of the three-step study-reading process? (See page 111.) Step 3:

When should you rehearse the answers to your questions about material in a reading assignment?

List two effective ways to rehearse:

Chapter 3: Approaching College Assignments

Following Directions for Assignments and Tests

List four things to remember about following written directions. (See pages 112–113.)

1		
2		
3		
4		

READINGS

Selection 3-1

Study skills

CONTROLLING YOUR CONCENTRATION

BY WILLIAM W. FARQUHAR, JOHN D. KRUMBOLTZ, AND C. GILBERT WRENN

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 3-1.

- 1. First, read and think about the title. What do you already know about controlling your concentration?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) Headings and subheadings for each section Words in *italics* Diagram All of the last paragraph (paragraph 15)

On the basis of your preview, what aspects of concentration do you think will be discussed?

Apply Comprehension Skills

Directions: Do these exercises as you read Selection 3-1.

Ask and answer questions as you read. Complete the practice exercises by turning section headings and subheadings into questions. To create additional questions for paragraphs without headings, base your questions on what the paragraph seems to be about.

Read actively to find answers to your questions. Record the answers to your questions. Write the answer in the margin or highlight the answer in the text.

Review by rehearsing the answers to your questions. Recite your answers or write them down from memory.

CONTROLLING YOUR CONCENTRATION

Many college students identify lack of concentration as a major problem.

CONCENTRATION IS CENTERING YOUR ATTENTION

1 Psychologically defined, concentration is the process of centering one's attention over a period of time. In practical application, however, concentration is not as simple to cope with as the definition may imply. For this reason, it is helpful to keep the following points in mind.

Your attention span varies

Even with the utmost effort, our span of attention fluctuates. The student who sits in the classroom with the most intense look on his face, apparently concentrating only on what the instructor says, is still aware of more than just the instructor's words. You can demonstrate for yourself this fluctuation of attention. In a quiet room, place a watch so that it can just scarcely be heard. Listen carefully and notice how the ticking increases in apparent intensity, fades to a point where it cannot be heard, and then increases again. This phenomenon reveals how our span of attention fluctuates, for the intensity of the ticking is actually constant.

Practice exercises

Directions: For each paragraph indicated below,

- Turn the heading or subheading into a question. Ask who, what, where, when, why, or how.
- Write the question in the spaces provided.
- Write the answer to your question in the margin or highlight it in the text.

Doing this will help you understand and remember the material.

Question		

Source: William Farquhar, John Krumboltz, and Gilbert Wrenn, "Controlling Your Concentration," in Frank Christ, ed., *SR/SE Resource Book*, SRA, Chicago, III., 1969, abridged from chap. 18, pp. 119–125.

Your attention span is short

In the most intensive concentration maximum attention lasts only a matter of seconds. In the watch experiment just mentioned, shortness of attention can be observed by watching the second hand of another watch while listening to the barely audible one. The fluctuations between being able to hear and not hear will be from only a fraction of a second to several seconds in duration.

You pay attention to one thing at a time

Evidence to date indicates that you attend to one idea at a time. It is possible for your attention to shift so rapidly that it seems that you attend to several concepts at once. But apparently this is only an illusion. In high concentration the shift from the focus of attention is of short duration and relatively infrequent.

An illustration of a period of high, moderate, and low attention

5

6

The differences between the various levels of attention are illustrated below. Notice that high attention has long periods of attending and short distraction periods. Contrast this picture with low attention where the periods of attending are short and the distraction periods long. In moderate attention there is a mixture of the extremes. Thus it is easy to see that it is highly unlikely that the student who has most of his attention centered on davdreaming will be able to recall even the major points of a lecture. The example in the diagram, of course, holds also for individual study activity. Such wide variations in span of attention are often reflected by the comment, "I read two whole pages and then realized that I did not remember a word on either page!"

Lack of concentration is a *symptom*, not the cause, of difficulty. When a student says "I can't concentrate," what he is really saying is, "I can't attend to the task at hand because my distractors are too overpowering."

Question

Question

Type of attention	Time in seconds	Attending to a lecture	Attending to a distractor
	10		
Period of	20 —		
high attention	30		
	40 -		
	50		
	60 — 70 —		
	80		
	90		
	10		
Period of	20 -		
moderate	30		
attention	40		
	50 60		
	70		
	80		
	90		
	10		
Period of	20		
low attention	30 -		
	40 —		
	50 -		
	70		
	80		
	90		

DISTRACTORS ARE OF TWO SORTS-PSYCHOLOGICAL AND PHYSICAL

A distractor is anything which causes atten-7 tion to vary from a central focal point. In the study situation distractors may be thought of as either psychological or physical in nature. Both types of distractors must be understood before the student can attempt to remedy his lack of concentration.

Emotions are the most powerful distractors

8

10.

The angry man forgets the pain of injury, the fearful man finds it difficult to enjoy pleasure, and the tense or anxious person may react violently to the smallest of matters. In the student's life there are many psychological pressures and tensions which block effective productivity. The fears about making the grade, the doubts of affection of a boy or girl friend, the pressures of limited finances, and the uncertainties of making new friends in a strange setting—these are only a few of the emotional forces which bear on the student.

There is great variability in human emotional reaction. Some persons gain goal and direction from their tensions and actually do better because of them. Others fall apart under pressure, while a few people do well in spite of the pressure. Persons with a physical handicap also show a wide range of reactions. However, when people need help for physical difficulties, only a few feel reluctant to seek professional counsel. Unfortunately, we are not so willing to seek help for emotional problems. It is much harder for the average student to know that he needs help when his own feelings are involved.

There are three general cues which suggest the presence of basic psychological problems for which the student should seek help of a counselor.

- 1. *Persistence:* The problem occurs time and time again, and no attempt to stop thinking about it succeeds. The individual finds that day after day he returns to the thing that bothers him.
- 2. *Pervasiveness:* The problem does not relate to just one activity, but appears in some form many times in the course of a day.
- 3. *Interference:* More and more of the tasks at hand remain incomplete because the individual thinks only of the tension of the problem.

¹¹ All of us in daily living have problems which can be described by one, or sometimes two, of the above cues. This is the expected normal. When our problems exhibit all three of the above characteristics, we usually have a strong indication of need for professional services.

Physical distractors are always present and rarely understood

12 Our environment is much more important to how we feel and react than we often think. Particularly is this true of the effect of physical distractors on intellectual tasks. One investigator has shown that comprehension and retention of reading were decreased when students listened to lively music. However, rate of reading was not affected, so that many students were not aware that they were affected by the background distractor. Another study found that the ability to recall accurately was affected by distracting conditions. Recent investigations have also found that noise causes progressive breakdown in ability to cope with complex mental tasks. Furthermore, once an individual had a learning experience involving a distractor, he tended to have difficulty in subsequent learning even without the distractor. Most of the evidence indicates that noise affects adversely higher mental task output. Still, the effect of distractors is seldom fully appreciated by students.

ROUTINE AND REASONING TASKS ARE AFFECTED DIFFERENTLY BY DISTRACTORS

13 Many routine tasks can be performed with distraction in the background with little or no adverse effect on output. Most students have found this fact to be true from their own experience. They may have had high school homework which was drill or merely copying assignments. It was possible to do such work with the latest recordings or the television set playing in the background. In time such students became convinced that they could do all work—routine or problem-solving—in the same manner. The evidence indicates the contrary conclusion. Question

REDUCING DISTRACTORS CAN BE FRUSTRATING AT FIRST

A more insidious determiner of the student's 14 attitude toward distractors is in the nature of, "I tried it once and it didn't work at all." Repeatedly it has been the authors' experience that when students are told that they should be able to work more efficiently without distraction, those who try the new approach return discouraged. The reduction of distraction can itself be a new distractor. There is empirical evidence to indicate that the immediate effect of limiting distraction is a reduction in intellectual performance. On the other hand, the students who became discouraged because of the shattering experience of removing their distractors found that they could improve their efficiency if they gave the new approach at least a two-week chance. Just as they had become accustomed to studying with the distractor in the background, so they had to become conditioned to studying without the distractor.

EXCEPTIONS MAY MISLEAD YOU

15

Typically when students are confronted with the evidence on distractors the argument is given that their roommate, cousin, friend, or classmate down the hall can study in "Grand Central Station." And he makes "all A's" too! There is evidence, of course, that motivation plays an important role in overcoming the effects of distractors and that there are considerable differences in individual spans of attention. Either of these factors could account for some individuals being able to do well using inefficient methods. The fact that some exceptional people do well under adverse conditions scarcely justifies your assuming that you are exceptional in the same manner. Your chances of success are higher if you avoid the distractors which are known to hinder the typical student.

Ouestion

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- 1. Concentration is defined as the process of centering one's attention over a period of time.
- 2. With effort, we can reduce fluctuations in our attention span.
- 3. Even in our most intensive concentration, maximum concentration lasts only a matter of seconds.
- _____ 4. Evidence to date indicates that we can attend to only one idea at a time.
- 5. According to information in Figure l, persons with a period of low attention at a lecture attend more to a distractor than to the lecture itself.
- _____ 6. There are three major types of distractors.

Multiple-choice

Directions: For each item, select the best answer.

- 7. All of the following are examples of psychological distractors that block a student's productivity and effectiveness *except*:
 - a. fears about making acceptable grades.
 - b. doubts about the affection of a boyfriend or girlfriend.
 - c. pressures of limited finances.
 - d. poor physical condition.
- 8. The authors advise students to seek help with psychological problems
 - a. only if interference occurs.
 - b. if persistence, pervasiveness, or interference occurs.
 - c. if a teacher recommends counseling.
 - d. if the student feels depressed.
- 9. Physical distractors such as television and music
 - a. have adverse effects on concentration in routine tasks.
 - b. adversely affect complex mental tasks such as problem solving.
 - c. affect everyone equally.
 - d. can actually help students read faster.
- 10. Students can improve their concentration if they
 - a. realize that exceptional people can do well in adverse circumstances.
 - b. try to avoid the distractors which are known to hinder the typical student.
 - c. sharply reduce psychological and physical distractors.
 - d. try to increase their motivation to overcome the effects of distractors.

Extend Your Vocabulary by Using Context Clues

Directions: Context clues are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 3-1 containing an important word *(italicized, like this)* is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ë pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out $\overline{\infty}$ took $\overline{\infty}$ boot ŭ cut y $\overline{\infty}$ abuse ûr urge th thin *th* this hw which zh vision \Rightarrow about

1. "Even with the utmost effort, our attention span varies."

That hotel in Paris is famous for paying the *utmost* attention to every aspect of its operation: fine service, an excellent restaurant, and luxurious accommodations.

utmost (ŭt´ most) means:

a. little, scant

b. inconsistent, variable

- c. highest, greatest
- d. day-to-day
- 2. "You can demonstrate for yourself this fluctuation of attention."

In this part of the country, *fluctuation* in the temperature is common.

fluctuation (fluk choo a' shon) means:

- a. irregular change
- b. increase
- c. constant level
- d. reduction
- 3. "But apparently this is only an *illusion*."

We thought the senator was an honest man, but unfortunately that was an *illusion*.

illusion (i loo' zhan) means:

- a. magic trick
- b. information intended to deceive
- c. something based on reason or logic
- d. inaccurate perception of reality

128 Part One • Orientation

4. "Lack of concentration is a symptom, not the cause of difficulty."

Fever is a *symptom* that something is wrong with the body.

symptom (simp' təm) means:

- a. disease
- b. a cause
- c. a sign or indication
- d. the most important factor
- 5. "A *distractor* is anything which causes attention to vary from a central focal point."

Music is a *distractor* that interferes with studying.

distractor (di strakt' tər) means:

- a. something unpleasant
- b. something which sidetracks or diverts
- c. loud noise
- d. something which can be ignored
- 6. "There is great variability in human emotional reaction."

Teenagers with certain eating disorders repeatedly lose and gain weight, and thus they experience extreme *variability* in their weight.

variability (vâr ē ə bil´ ə tē) means:

- a. stability
- b. something which cannot be predicted
- c. problems
- d. change
- 7. "However, when people need help for physical difficulties, only a few feel *reluctant* to seek professional counsel."

Shy students are *reluctant* to speak in class.

reluctant (ri luk' tənt) means:

- a. unwilling
- b. frightened
- c. eager
- d. confident about
- 8. "Recent investigations have also found that noise causes *progressive* breakdown in the ability to cope with complex mental tasks."

Multiple sclerosis causes progressive deterioration of the muscles.

progressive (pra gres' iv) means:

- a. making no progress
- b. proceeding by stages
- c. sudden
- d. unexplainable

9. "Many routine tasks can be performed with distractions in the background with little or no *adverse* effect on output."

Smoking has an *adverse* effect on health.

adverse (ad vurs') means:

- a. positive, beneficial
- b. slow-acting
- c. unpopular
- d. unfavorable, harmful
- 10. "A more *insidious* determiner of a student's attitude toward distractors is in the nature of, "I tried it once and it didn't work at all."

Because alcoholism is an *insidious* illness, most people do not realize they are becoming addicted.

insidious (in sid' ē əs) means:

- a. spreading harmfully but subtly
- b. well-known
- c. thoroughly researched
- d. highly dangerous

Respond in Writing

Directions: Refer to Selection 3-1 as necessary to answer these essay-type questions.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

1. List at least three examples of *psychological* distractors given in the selection.

2. List at least three examples of *physical* distractors given in the selection.

Option

Exercise 3 may be completed collaboratively.

3. Think of a few recent times when you were distracted while you studied. List five things that distracted you and interfered with your concentration. Write them below, noting whether each was a psychological or physical distractor and what a possible solution might have been.

Distractor	Type (psychological or physical)	Possible solution

Option

Exercise 4 may be completed collaboratively.

4. What is the most important overall message these writers want the reader to understand about concentration? Try to answer this question in one sentence.

Selection 3-2

Art appreciation

ART IN THE SERVICE OF RELIGION FROM LIVING WITH ART BY RITA GILBERT

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 3-2.

- 1. First, read and think about the title. What does this selection seem to be about?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) First sentence of each paragraph Words in *italics* Picture and caption All of the last paragraph (paragraph 12)

On the basis of your preview, how do you think art is used to serve religion?

Apply Comprehension Skills

Directions: Do these exercises as you read Selection 3-2.

Ask and answer questions as you read. Complete the practice exercises by creating questions based on what each paragraph seems to be about.

Read actively to find answers to your questions. Record the answers to your questions. Write the answer in the margin or highlight the answer in the text.

Review by rehearsing the answers to your questions. Recite your answers or write them down from memory.

ART IN THE SERVICE OF RELIGION

In this selection from an art appreciation textbook, the author explains the relationship between religions and the architecture of their places of worship.

Since earliest times art has served religion in two important ways. First, artists have erected the sacred temples where believers join to profess their faith and follow the observances faith requires. Second, art attempts to make specific and visible something that is, by its very nature, spiritual, providing images of the religious figures and events that make up the fabric of a faith. In this section we shall explore how the theme of religious art has been adapted for different purposes, for different faiths, in different parts of the world.

1

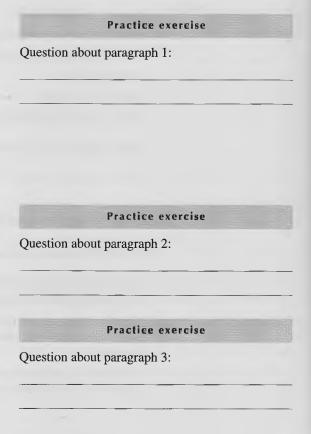
- 2 A very large portion of the magnificent architecture we have was built in the service of religion. Naturally the architectural style of any religious structure reflects the culture in which it was built, but it is also dependent on the particular needs of a given religion. Three examples will show this.
- ³ On a high hill, the Acropolis, overlooking the city of Athens stands the shell of what many consider the most splendid building ever conceived: the Parthenon. The Parthenon was erected in the 5th century B.C. as a temple to the goddess Athena, patroness of the city, and at one time its core held a colossal statue of the goddess. However, the religion associated with the Parthenon was not confined to worship of a deity. In ancient Greece, veneration of the

Practice exercises

Directions: For each paragraph,

- Create a question based on what the paragraph seems to be about. Ask *who*, *what*, *when*, *where*, *why*, or *how*.
- Write your question in the spaces provided.
- Write the answer to your question in the margin or highlight it in the text.

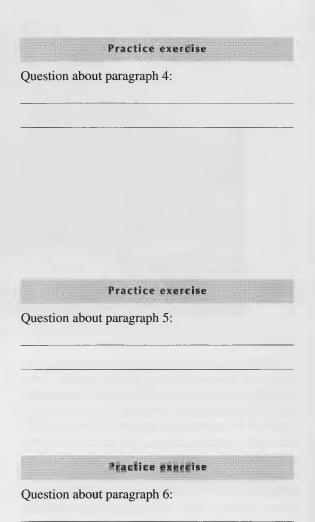
Doing this will help you understand and remember the material.

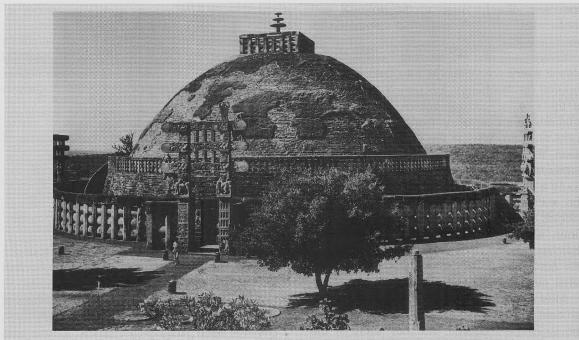


Source: Rita Gilbert, "Art in the Service of Religion," in *Living with Art,* 3d ed., McGraw-Hill, New York, 1992, pp. 63–65. Reproduced with permission of McGraw-Hill. *Photo:* Archeological Survey of India, Janpath, New Delhi.

gods was closely allied to the political and social ideals of a city-state that celebrated its own greatness.

- Rising proudly on its hill, visible from 4 almost every corner of the city, and for miles around, the Parthenon functioned as a symbol of the citizens' aspirations. Its structure as a religious shrine seems unusual for us in that it turns outward, toward the city, rather than in upon itself. Worshipers were not meant to gather inside the building; actually, only priests could enter the inner chamber, or cella, where the statue of Athena stood. Religious ceremonies on festal occasions focused on processions, which began down in the city, wound their way up the steep path on the west side of the Acropolis, and circled the Parthenon and other sacred buildings at the top.
- ⁵ Most of the Parthenon's architectural embellishment was intended for the appreciation of the worshipers outside. All four walls of the exterior were decorated with sculptures high up under the roof, and originally portions of the marble facade were painted a vivid blue and red. In a later chapter we shall consider details of the Parthenon's structure; here we concentrate on the theme of religion and on the Parthenon's purpose, which is both religious *and* political exaltation.
- At about the same time the Parthenon was 6 being constructed in Athens, but half a continent away, one of the world's great religions was developing and beginning to form its own architecture. Buddhism derives its principles from the teachings of Gautama Siddhartha, later known as the Buddha, who was born in India about 563 B.C. Although of noble birth, the Buddha renounced his princely status and life of ease. When he was about twenty-nine, he began a long period of wandering and meditation, seeking enlightenment. He began with the supposition that humans are predisposed to live out lives of suffering, to die, then to be reborn and repeat the pattern. Ultimately, he worked out a doctrine of moral behavior that he believed could break the painful cycle of life and death, and he attracted many followers.





The Great Stupa. Sunga and early Andhra periods. Third century B.C. to first century A.D. Sanchi, India.

Buddhism is predominantly a personal religion, and its observances depend less on communal worship than on individual contemplation. It places great emphasis on symbolism, much of it referring to episodes in the Buddha's life. Both of these aspects—the personal and the symbolic—are evident in one of Buddhism's finest early shrines, the Great Stupa at Sanchi, in India. Like the Parthenon, the Great Stupa turns more outward than inward, but its moundlike form is more sculptural, intended as a representation of the cosmos. At the very top is a threepart "umbrella," symbolizing the three major aspects of Buddhism—the Buddha, the Buddha's law, and the Monastic Order.

7

Buddhist shrines—the word stupa means "shrine"—often 'nousea relics of the Buadha, and worship rituals called for circumambulation ("walking around") of the stupa. Thus, on the outside of the Great Stupa of Sanchi we see a railed pathway, where pilgrims could take the ritual clockwise walk following the Path of Life around the World Mountain. Elsewhere the stupa is embellished richly with carvings and

Question about paragraph 7: Practice exercise Question about paragraph 8:

Practice exercise

sculpture evoking scenes from the Buddha's life. Every part of the stupa is geared to the pursuit of personal enlightenment and transcendence.

9

11

If the Buddhist temple is dedicated to private worship, then its extreme opposite can be found in the total encompassment of a community religious experience: the medieval Christian cathedral. And the supreme example of that ideal is the Cathedral of Notre Dame de Chartres, in France. Chartres Cathedral was built, rebuilt, and modified over a period of several hundred years, but the basic structure, which is in the Gothic style was established in the 13th century. A cathedral—as opposed to a church—is the bishop's domain and therefore is always in a town or a city. This one fact is crucial to understanding the nature of Chartres and the role it played in the people's lives.

The cathedral towers magnificently over the surrounding city, much as the Parthenon does over Athens, but here the resemblance ends. Whereas the Parthenon is above and apart from the city, accessible only by a steep path, Chartres Cathedral is very much a living presence *within* the city. In the Middle Ages houses and shops clustered right up to its walls, and one side of the cathedral formed an edge of the busy marketplace. The cathedral functioned as a hub of all activities, both sacred and secular, within the town.

Medieval France had one dominant religion, and that was the Christianity of Rome. One could assume that almost every resident of the town of Chartres professed exactly the same faith, and so the church was an integral part of everyday life. Its bells tolled the hours of waking, starting work, praving, and retiring for the evening rest. Its feast days were the official holidays. Chartres Cathedral and its counterparts served the populace not only as a setting for religious worship but as meeting hall, museum, concert stage, and social gathering place. Within its walls business deals were arranged, goods were sold, friends met, young couples courted. Where else but inside the cathedral could the townsfolk hear splendid music? Where else would they see magnificent art?

Practice exercise Question about paragraph 9:

Practice exercise

Question about paragraph 10:

Practice exercise

Question about paragraph 11:

Three religious structures: the Parthenon, the Great Stupa, and Chartres Cathedral. Each was built in the service of religion but for each we can find another slightly different purpose. For the Parthenon the purpose is also *political;* for the Great Stupa there is the purely *private* observance of religion; and for Chartres the *social* role is as important as the religious.

				8	2										
812	R	3	12	Ē	1	12	61	e	2	12	R	R	î.		P
0.898	10	1.0			×.					-		-		10	-

Question about paragraph 12:

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- 1. Art has served religion primarily by erecting religious structures where believers gather to profess their faith.
- 2. The Parthenon was built as a temple to the Greek goddess Diana.
- _ 3. Greek citizens gathered inside the Parthenon to worship their gods.
 - 4. The Buddhist religion and architecture were developing in India at approximately the same time as the Parthenon was being constructed in Greece.
 - 5. "Circumambulation" is a Buddhist religious ritual that involves walking clockwise around the stupa, a Buddhist shrine.
 - 6. Many consider the Parthenon the most splendid building ever erected.

Multiple-choice

Directions: For each item, select the best answer.

- _ 7. Which of the following does not describe early Buddhism?
 - a. It is a personal religion.
 - b. It requires individual contemplation and a search for enlightenment.
 - c. It requires communal worship.
 - d. It involves a ritual of walking.
 - 8. One of the finest Buddhist shrines, the Great Stupa of Sanchi in India, is characterized by all of the following *except* that it
 - a. contains a railed pathway.
 - b. resembles the cosmos with its moundlike form.
 - c. does not contain any carving or sculptures.
 - d. houses relics of the Buddha.

- 9. In medieval France, the cathedral served as a
 - a. place of worship.
 - b. concert stage and meeting hall.
 - c. museum housing fine religious paintings and sculpture.
 - d. all of the above.
- ____ 10. Chartres Cathedral in France was built, rebuilt, and modified over a period of
 - a. 25 years.
 - b. 50 years.
 - c. 100 years.
 - d. several hundred years.

Extend Your Vocabulary by Using Context Clues

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 3-2 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father \breve{e} pet \breve{e} be \breve{i} pit \breve{i} tie îr pier \breve{o} pot \breve{o} toe \hat{o} paw oi noise ou out \breve{o} took \breve{o} boot \breve{u} cut y \breve{o} abuse \hat{u} r urge th thin *th* this hw which zh vision \Rightarrow about

1. "First, artists have erected the sacred temples where believers join to *profess* their faith and follow the observances faith requires."

Although the scientists were willing to *profess* loyalty to the country, they were deported as spies.

profess (pr> fes') means:

- a. discuss
- b. lie about
- c. deny
- d. declare

2. "In ancient Greece, veneration of the gods was closely allied to the political and social ideals of a city-state that celebrated its own greatness."

In Asian cultures older people such as grandparents are treated with great respect and *veneration*.

veneration (ven a ra shan) means:

- a. reverence
- b. courtesy
- c. fondness
- d. patience
- 3. "All four walls of the exterior were decorated with sculptures high up under the roof, and originally, portions of the marble *facade* were painted vivid blue and red."

The architect updated the *facade* of the old hotel by adding a beautiful new brick veneer and elegant bronze doors.

facade (fa sad') means:

- a. front of a building
- b. decorative trim
- c. columns of pillars
- d. steps or stairs
- 4. "Although of noble birth, the Buddha *renounced* his princely status and life of ease."

When my brother became a Catholic priest, he *renounced* all of his worldly possessions.

renounced (ri nounst') means:

a. ignored

- b. gave up, especially by formal announcement
- c. described in someone else's words
- d. collected, gathered together
- 5. "He began with the *supposition* that humans are predisposed to live out lives of suffering, to die, then to be reborn and repeat the pattern."

Under the American judicial system, we begin with the *supposition* that a person is considered innocent until proven guilty.

supposition (sup $\Rightarrow zish' \Rightarrow n$) means:

- a. theory
- b. religious belief
- c. assumption
- d. hope

6. "Like the Parthenon, the Great Stupa turns more outward than inward, but its moundlike form is more sculptural, intended as a representation of the *cosmos.*"

Every culture has its own explanation of the creation of the cosmos.

cosmos (kŏz´məs) means:

- a. city
- b. mountains
- c. the universe regarded as an orderly, harmonious whole
- d. life after death
- 7. "Buddhist shrines—the word 'stupa' means 'shrine'—often housed *relics* of the Buddha, and worship rituals called for circumambulation ('walking around') of the stupa."

The museum presented a splendid exhibit of Russian icons and other religious *relics*.

relics (rel'iks) means:

- a. objects of religious veneration
- b. pieces of art
- c. personal belongings
- d. paintings
- 8. "Elsewhere the stupa is *embellished* richly with carvings and sculpture evoking scenes from the Buddha's life."

The Sistine Chapel in Rome is *embellished* with magnificent frescoes by Michelangelo.

embellished (ĕm bĕl´ isht) means:

- a. made colorful and bright
- b. painted
- c. made in the shape of a bell
- d. adorned or made beautiful
- 9. "Every part of the stupa is geared to the pursuit of personal enlightenment and *transcendence*."

The monk spent his days in solitude, meditation, and prayer as a way of seeking *transcendence*.

transcendence (trăn sĕn' dĕns) means:

- a. forgiveness
- b. existence above or independent of the material universe
- c. a change from one physical level to another
- d. recognition, honor

10. *Medieval* France had one dominant religion, and that was the Christianity of Rome."

Our favorite childhood stories were about Sir Lancelot because we loved reading about *medieval* knights, castles, and beautiful damsels.

medieval (mē de ē' vəl) means:

- a. pertaining to the Middle Ages, a 1,000-year period of European history between antiquity and the Renaissance
- b. pertaining to the period of American history between the Civil War and the present
- c. pertaining to a period in European history between the fourteenth and sixteenth centuries, a time of revived intellectual and artistic achievement
- d. pertaining to a period in European history characterized by absence of artistic achievement

Respond in Writing

Directions: Refer to Selection 3-2 as necessary to answer these essay-type questions.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items*, form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

Option

Exercise 1 may be completed collaboratively.

1. The Great Stupa of Sanchi was designed strictly for the private observance of religion by individuals. However, the Parthenon and Chartres Cathedral serve other purposes besides such private observance. In addition to religious worship, what *other purposes* did each of them serve?

Parthenon:

Chartres Cathedral:

Option

Exercise 2 may be completed collaboratively.

2. What is the most important overall message the writer wants the reader to understand about religious structures like the Parthenon, the Great Stupa of Sanchi, and Chartres Cathedral? Try to answer this question in one sentence.

Selection 3-3

Business

HOW TO IMPROVE COMMUNICATION

FROM *BUSINESS COMMUNICATION TODAY* BY COURTLAND BOVÉE AND JOHN THILL

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 3-3.

- 1. First, read and think about the title. What do you already know about improving communication?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) Headings and subheadings Words in *italics* Summary (paragraph 28)

On the basis of your preview, what does this selection seem to be about?

Apply Comprehension Skills

Directions: Do these exercises as you read Selection 3-3.

Ask and answer questions as you read. Complete the practice exercises by creating questions based on headings and on what individual paragraphs seem to be about.

Read actively to find answers to your questions. Record the answers to your questions. Write the answer in the margin or highlight the answer in the text.

Review by rehearsing the answers to your questions. Recite your answers or write them down from memory.

HOW TO IMPROVE COMMUNICATION

Sooner or later, practically everyone has to write a business memo or give a presentation or speech to a group. See what these experts in business communication have to say about communicating effectively.

- 1 Think about the people you know. Which of them would you call successful communicators? What do these people have in common? Chances are, the individuals on your list share five qualities:
 - Perception. They are able to predict how their message will be received. They anticipate your reaction and shape the message accordingly. They read your responses correctly and constantly adjust to correct any misunderstanding.
 - Precision. They create a "meeting of the minds." When they finish expressing themselves, you share the same mental picture.
 - *Credibility.* They are believable. You have faith in the substance of their message. You trust their information and their intentions.
 - Control. They shape your response. Depending on their purpose, they can make you laugh or cry, calm down, change your mind, or take action.
 - Congeniality. They maintain friendly, pleasant relations with the audience. Regardless of whether you agree with them, good communicators command your respect and goodwill. You are willing to work with them again, despite your differences.

Practice exercises

Directions:

- Create questions from headings and paragraphs. Ask *who, what, when, where, why,* or *how.*
- Write your questions in the spaces provided.
- Write the answers to your questions in the margin or highlight them in the text.

Doing this will help you understand and remember the material.

Question

Source: Courtland Bovée and John Thill, "How to Improve Communication," in Business Communication Today, 3d ed., McGraw-Hill, New York, 1992, pp. 44–48. Reproduced with permission of McGraw-Hill.

² What sets the effective communicators apart is their ability to overcome the main barriers to communication. They do this by creating their messages carefully, minimizing noise in the transmission process, and facilitating feedback.

CREATE THE MESSAGE CAREFULLY

³ If you want people in your audience to understand and accept your message, you have to help. You cannot depend on others to carry the communication ball.

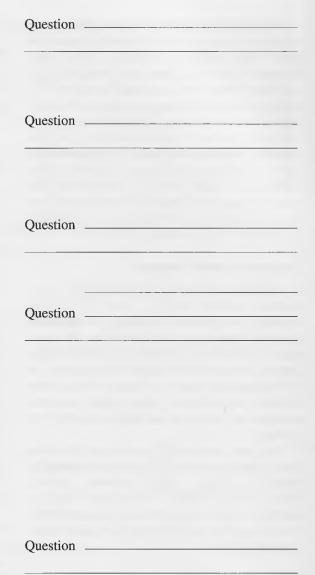
Think about your purpose and your audience

- The first step is to define your goal in communicating. Why are you sending your message? What do you want your audience to do or know as a consequence?
- ⁵ When you have answered these questions, you can begin to build a message to achieve your purpose. You must create a bridge of words that leads the audience from their current position to your point. Before you can do this, of course, you have to know something about the audience's current position. What do they know now, and what do they need to know? If you're addressing strangers, try to find out more about them; if that's impossible, try to project yourself into their position by using your common sense and imagination.

Tell the audience what to expect

6

Once you have defined your readers' or listeners' information needs, you can launch them on their journey toward the intended destination. As they travel, you must be their guide, providing them with a map of the territory they will cover. Tell them at the outset what they can expect to gain from the trip. Let them know the purpose of the message; tell them what main points they will encounter on the way. Even if you do not want to reveal controversial ideas at the beginning of the message, you can still give receivers a preview of the topics you plan to cover.



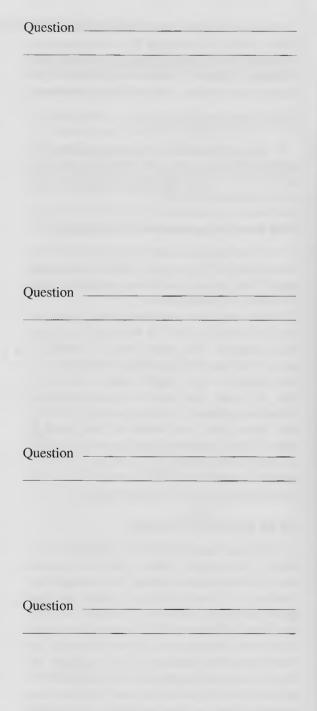
By telling your audience what to expect, you help them recognize the relationship among the ideas you hope to convey. When they encounter individual facts and thoughts, they can then fit them into a rational framework. By telling the audience how to categorize the information in your message, you eliminate one of the main barriers to communication: the discrepancy between your mental filing system and theirs. In addition, you make it easier for the audience to cope with the distractions that occur in most environments. If people know the basic framework of the message, they can pick it up and put it down without getting lost.

Use concrete, specific language

- 8 Because business communication often involves difficult, abstract, and even boring material, you must do something to help your audience understand and remember the message. The best way to do this is to balance the general concepts with specific illustrations. At the beginning, state the overall idea; then develop that idea by using vivid, concrete examples to help the audience visualize the concept.
- ⁹ The most memorable words are the ones that create a picture in the receiver's mind by describing colors, objects, scents, sounds, tastes. Specific details can also be vivid. For example, did you know that by the year 2000, the average car will be driven 22 years before it wears out?

Stick to the point

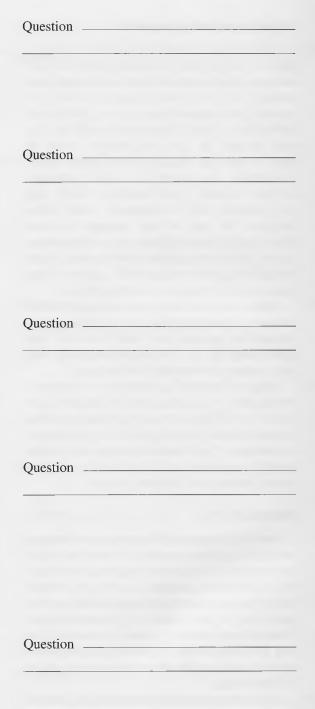
¹⁰ You can also help your audience by eliminating any information that doesn't directly contribute to your purpose. Many business messages contain too much material. The sender, in hopes of being thorough, tries to explain everything there is to know about a subject. But most receivers don't need everything. All they need are a few pertinent facts, enough information to answer their questions or facilitate their decisions.



- By keeping your messages as lean as possible, you make them easier to absorb. With few exceptions, one page is better than two, especially in a business environment where the receiver is bombarded by competing claims for attention. By eliminating unnecessary ideas, you focus the other person's thoughts on those few points that really matter.
- 12 You have to be careful, however, to develop each main idea adequately. You're better off covering three points thoroughly rather than eight points superficially. Don't rush the audience through a laundry list of vague generalities in the mistaken belief that you are being brief. If an idea is worth including, it's worth explaining.

Connect new information to existing ideas

- The mind absorbs information by categorizing it into mental files. If you want the receiver to understand and remember new ideas, you have to indicate how those ideas are related to the files that already exist in her or his mind. When the connection with familiar concepts is lacking, the new material tends to get lost, to become mentally misplaced, because it doesn't fit into the receiver's filing cabinet.
- By showing the audience how new ideas relate to familiar ones, you increase the likelihood that your message will be understood correctly. The audience can say: "Oh yes, I see. We can market the new cosmetics line the way we did nylon stockings. We're trying to reach the same consumer." The meaning of the new concept is clarified by its relationship to the old. The receiver already has a wealth of information of the subject; all she or he has to do is apply it to the new idea.
- 15 Connecting new ideas to existing ones also helps make the new concepts acceptable. Most of us approach anything unfamiliar with caution. When we discover that it's similar to something familiar, we become more confident. We pick it up and look it over more carefully and then take it home with us. It becomes part of our collection, one of many related things.

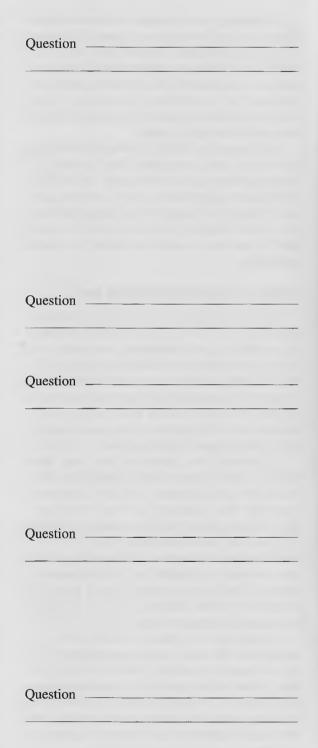


Emphasize and review key points

- 16 Another way to help the audience is to call attention to the most important points of your message. You can do this with your words, your format, and your body language. When you come to an important idea, say so. By explicitly stating that an idea is especially significant, you wake people up; you also make it easier for them to file the thought in the proper place. Underscore key points by calling attention to them visually. Use headlines, bold type, and indented lists to emphasize major ideas. Reinforce the text of your message by using charts, graphs, maps, diagrams, and illustrations that will help your audience see the point. If you are delivering the message orally, use your body and voice to highlight important concepts.
- 17 Before you conclude your message, take a moment or two to review the essential points. Restate the purpose, and show how the main ideas relate to it. This simple step will help your audience remember the message.
- 18 Because business audiences are frequently interrupted, it's a good idea to provide summaries at the ends of major sections of a long message as well as at the end of a document or presentation. Such summaries not only refresh people's memories but also help simplify the overall meaning of complex material.

MINIMIZE NOISE

- 19 Even the most carefully constructed message will fail to achieve results if it does not reach the receiver. To the extent possible, you should try to eliminate potential sources of interference. The key to getting through to the receiver often lies in the choice of communication channels and media. Choose the method that will be most likely to attract the receiver's attention and enable him or her to concentrate on the message.
- If a written document seems the best choice, try to make it physically appealing and easy to comprehend. Use an attractive, convenient format, and pay attention to such details as the choice of paper and quality of type. If possible,

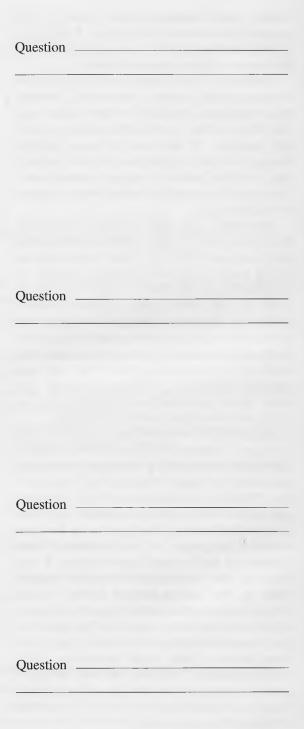


deliver the document when you know the reader will have time to study it.

If the message calls for an oral delivery channel, try to eliminate environmental competition. The location should be comfortable and quiet, with adequate lighting, good acoustics, and few visual distractions. In addition, think about how your own appearance will affect the audience. An outfit that screams for attention creates as much noise as a squeaky air-conditioning system. Another way to reduce interference, particularly in oral communication, is to deliver your message directly to the intended audience. The more people who filter your message, the greater the potential for distortion.

FACILITATE FEEDBACK

- 22 In addition to minimizing noise, give the receiver a chance to provide feedback. But one of the things making business communication difficult is the complexity of the feedback loop. If you're talking face-to-face with one other person, feedback is immediate and clear. But if you're writing a letter, memo, or report that will be read by several people, feedback will be delayed and mixed. Some of the readers will be enthusiastic or respond promptly, others will be critical or reluctant to respond. As a consequence, revising your message to take account of their feedback will be difficult.
- When you plan a message, think about the 23 amount of feedback that you want to encourage. Although feedback is generally useful, it reduces your control over the communication situation. You need to know whether your message is being understood and accepted, but you may not want to respond to comments until you have completed your argument. If you are communicating with a group, you may not have time to react to every impression or question.
- For this reason, think about how you want 24 to obtain feedback and choose a form of communication that suits your needs. Some channels and media are more compatible with feedback than others. For example, if you want to



21

adjust your message quickly, talk to the receiver face-to-face or by phone. If feedback is less important to you, you can use a written document or give a prepared speech.

- 25 Feedback is not always easy to get, even when you have chosen a transmission method that encourages feedback. In some cases, you may have to draw out the other person by asking questions. If you want to know specific things, ask specific questions. But also encourage the other person to express general reactions; you can often learn something very interesting that way.
- Remember, too, that in order to get feedback, you have to listen, which is more difficult than you might think. We tend to let our minds wander and miss important points, or we jump in too quickly with comments of our own, so the other person doesn't have a chance to complete a thought. We make the mistake of prejudging other people because we don't like the way they look or because they represent an opposing group. Often we lack patience, objectivity, and understanding. We send signals, subconsciously perhaps, that we don't value the others person's comments.

27 Regardless of whether the response to your message is written or oral, you have to encourage people to be open if you want them to tell you what they really think and feel. You can't say, "Please tell me what you think," and then get mad at the first critical comment. So try not to react defensively. Your goal is to find out whether the people in your audience have understood and accepted your message. If you find that they haven't, don't lose your temper. After all, the fault is at least partially yours. Instead of saying the same thing all over again, only louder this time, try to find the source of the misunderstanding. Then revise your message. Sooner or later, if you keep trying, you'll achieve success. You may not win the audience to your point of view, but at least you'll make your meaning clear. And you'll part with a feeling of mutual respect.

Question ______Question ______

Ouestion

SUMMARY

²⁸ To overcome communication barriers, think about your audience, let them know what to expect, use vivid language, stick to the point, connect new ideas to familiar ones, and emphasize and review key points. Also be sure to minimize noise and provide opportunities for feedback.

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- 1. The authors suggest that in your message to an audience, you should include fewer points, not more.
- 2. The authors believe that facilitating feedback from the audience is a relatively easy task.
- 3. According to the passage, a communicator should try to eliminate all types of interference for the receiver.
- 4. Effective communicators create messages carefully, minimize noise in the transmission process, and facilitate feedback.
- 5. Precision is a speaker's ability to read the response of the audience correctly and then to correct misunderstandings if necessary.
- 6. Perception is the ability of the speaker to present a clear, mental picture to the audience.

Multiple-choice

Directions: For each item, select the best answer.

- 7. Successful communicators share all of the following traits except
 - a. perception and precision.
 - b. attractive appearance.
 - c. credibility and control.
 - d. congeniality.
- 8. The authors believe that the first step in communicating with others is to
 - a. tell the audience what to expect.
 - b. use concrete, specific language.
 - c. think about your purpose and your audience.
 - d. emphasize and review points.

Question

- 9. Interference for the receiver can include
 - a. poor-quality print.
 - b. unusual noise.
 - c. visual distraction.
 - d. all of the above.
- 10. Effective communicators do all of the following except
 - a. create messages carefully.
 - b. minimize noise in the transmission process.
 - c. overlook any environmental competition or distraction.
 - d. facilitate feedback.

Extend Your Vocabulary by Using Context Clues

Directions: Context clues are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 3-3 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ä father ĕ pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏo took \overline{oo} boot ŭ cut y \overline{oo} abuse ûr urge th thin *th* this hw which zh vision \ni about

1. "What sets the effective communicators apart is their ability to overcome the main *barriers* to communication."

The president feared that the new treaty would create trade *barriers* between the two nations."

barriers (băr'ē ərz) means:

- a. things that eliminate a problem
- b. things that create confusion
- c. things that develop goodwill
- d. things that restrict or hinder
- 2. "They do this by creating their message carefully, minimizing noise in the *transmission* process, and facilitating feedback."

Fax machines are used for the rapid, electronic transmission of information.

transmission (trans mish' ən) means:

- a. sending
- b. recording
- c. duplicating
- d. changing

3. "Even if you do not want to reveal *controversial* ideas at the beginning of the message, you can still give receivers a preview of the topics you plan to cover."

Some politicians avoid *controversial* issues because they fear they will lose voters who disagree with them.

controversial (kon trə vur´shəl) means:

- a. pertaining to the truth
- b. pertaining to a dispute or argument
- c. pertaining to current affairs
- d. pertaining to humor
- 4. "When they encounter individual facts and thoughts, they can then fit them into a *rational* framework."

The scientist gave a *rational* explanation of why the experiment turned out the way it did.

rational (răsh' ə nəl) means:

- a. pertaining to responsibility
- b. pertaining to reason
- c. pertaining to ratios
- d. pertaining to rationing
- 5. "By telling the audience how to categorize the information in your message, you eliminate one of the main barriers to communication: the *discrepancy* between your mental filing system and theirs."

There was a significant *discrepancy* between the two eyewitnesses' accounts of the robbery.

discrepancy (di skrep' ən se) means:

- a. similarity or likeness
- b. confusion
- c. difference or inconsistency
- d. lack of believability
- 6. "All they need are a few *pertinent* facts, enough information to answer their questions or facilitate their decisions."

The judge refused to accept the witness's testimony because it was not *per-tinent* to the case.

pertinent (pur' tn ant) means:

- a. relevant
- b. damaging
- c. clear
- d. consistent

7. "You're better off covering three points thoroughly rather than eight points *superficially.*"

Because the mechanic examined the car *superficially*, he did not detect a serious problem with the brakes.

superficially (soo par fish' al le) means:

- a. incorrectly
- b. deliberately; carefully
- c. in a shallow, cursory way
- d. in a superior way
- 8. "To the extent possible, you should try to eliminate *potential* sources of interference."

The medical researchers announced that they may have a *potential* cure for AIDS.

potential (pa ten' shal) means:

- a. capable of being, but not yet realized
- b. absolutely certain
- c. complete
- d. strong or potent
- 9. "The more people who filter your message, the greater potential for *distortion.*"

The candidate for mayor said his opponent's *distortion* of his record was grossly inaccurate and unfair.

distortion (di stôr' shən) means:

- a. accurate communication
- b. misrepresentation
- c. agreement
- d. belief
- 10. "Some channels and media are more *compatible* with feedback than others."

Driving and drinking alcohol are not *compatible* activities; combining them is dangerous.

compatible (kəm păt´ə bəl) means:

- a. harmonious
- b. friendly
- c. pleasant
- d. disagreeable

Respond in Writing

Directions: Refer to Selection 3-3 as necessary to answer these essay-type questions.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

1. The authors present six guidelines for creating an effective message. Which *two* guideline do you think are most helpful? On the basis of presentations you have heard (a sermon, an instructor's lecture, a political speech, etc.) or presentations you have given (for a club, for another class, etc.), explain your reasons for selecting each of these two guidelines.

Reasons:			
Second guideline:			
Reasons:		 	

156 Part One Orientation

Option

Exercise 2 may be completed collaboratively.

2. Who are some people you consider successful communicators? The authors suggest that successful communicators have five qualities in common. For each of these five qualities, list three well-known people (television personalities, civic leaders, politicians, religious leaders, etc.) who possess that quality. You may also list occupations (sales, teaching, law, law enforcement, medicine, etc.) which require each of these qualities. (For example, you might list "newscasting" as an occupation requiring credibility, "the judiciary" as an occupation requiring control, or "hosting a talk show" as an occupation requiring congeniality.)

Quality	People who embody this quality or occupations that require it
Perception	
Precision	
Credibility	
Control	
Congeniality	

Exercise 3 may be completed collaboratively.

3. What is the most important overall message these writers want the reader to understand about improving communication? Try to answer this question in one sentence.



COMPREHENSION

Understanding College Textbooks by Reading for Ideas

CHAPTERS IN PART TWO

- 4 Determining the Topic and the Stated Main Idea
- 5 Formulating Implied Main Ideas
- 6 Identifying Supporting Details
- 7 Recognizing Authors' Writing Patterns
- 8 Reading Critically





DETERMINING THE TOPIC AND THE STATED MAIN IDEA

IN THIS CHAPTER YOU WILL LEARN THE ANSWERS TO THESE QUESTIONS:

Why is the topic of a paragraph important?

How can I determine the topic?

Why is the stated main idea of a paragraph important?

How can I locate a stated main idea sentence?

CHAPTER CONTENTS

.

SKILLS

THE TOPIC OF A PARAGRAPH

What Is the Topic of a Paragraph, and Why Is It Important? Determining the Topic

The topic may appear as a heading or title The topic may appear in special print The topic may be repeated throughout the paragraph The topic may appear once and then be referred to by pronouns or other words

Putting the Topic into Your Own Words

THE STATED MAIN IDEA OF A PARAGRAPH

What Is a Stated Main Idea, and Why Is It Important? Locating the Stated Main Idea Sentence

Two steps to follow Where a stated main idea sentence may appear How to tell if you have identified the stated main idea sentence How to avoid two common errors in locating a stated main idea A word on stated main ideas in longer passages

STANDARDIZED READING TESTS: TOPICS AND STATED MAIN IDEAS

SUMMARY

DEVELOPING CHAPTER REVIEW CARDS

READINGS

Selection 4-1 • *Government* "The Campaign for Election" by Thomas Patterson Selection 4-2 • *History* "Muhammad" by Michael Hart Selection 4-3 • *Biology* "The Scientific Method" by John Postlethwait, Janet Hopson, and Ruth Veres

THE TOPIC OF A PARAGRAPH

What Is the Topic of a Paragraph, and Why Is It Important?

Key term

Topic: Word or phrase that tells what an author is writing about.

Every paragraph has a topic because every paragraph is written *about* something. That "something" is the topic. A *topic* is a word or phrase that tells what the author is writing about in a paragraph. (There are other names for the topic of a paragraph. In a writing course or an English course, you may hear the topic referred to as the *subject* or *subject matter*. These are simply different terms for the topic.)

The topic may be mentioned several times within the paragraph, and each sentence in a paragraph should relate in some way to the topic. The topic may be expressed as a single word (for instance, *procrastination*) or as a phrase consisting of two or more words (for instance, *childhood diseases* or *the number of women in Congress*).

Determining the topic is the essential first step in understanding a passage that you are reading and studying. This step focuses your attention and helps you understand complex paragraphs precisely.

Determining the Topic

When you read a paragraph, you can determine its topic by asking yourself, "What or who is this paragraph about?" Paragraphs in textbooks contain various clues that will help you answer this question.

The topic of a textbook paragraph is a word, name, or phrase that may:

- Appear as a heading or title
- Appear in special type such as **bold print**, *italics*, or color
- Be repeated throughout the paragraph
- Appear at the beginning of the paragraph and then be referred to throughout the paragraph by *pronouns* (or other words)

A paragraph does not usually contain all these clues, but every paragraph will probably have at least one of them. Let's look at each clue in more detail.

The topic may appear as a heading or title

Textbook authors typically use the topic of an important section as the heading or title for that section. The following paragraph from a textbook on business communications illustrates this clue (as well as some others). Read the paragraph, using its heading (and other clues) to determine its topic.

LEARNING ABOUT A CULTURE THROUGH ITS LANGUAGE

The best way to prepare yourself to do business with people from another culture is to study their culture in advance. If you plan to live in another country or do business there repeatedly, learn the language. The same holds true if you must work closely with a subculture that has its own language, such as Vietnamese-Americans or Hispanic-Americans. Even if you end up doing business with foreigners in your own language, you may show respect by making the effort to learn their language. In addition, you will learn something about the culture and its customs in the process. If you do not have the time or opportunity to actually learn a new language, at least learn a few words.

Source: Courtland Bovée and John Thill, *Business Communication Today*, 3d ed., McGraw-Hill, New York, 1992, p. 570. Reproduced with permission of McGraw-Hill.

Notice that in this excerpt, the heading *Learning about a Culture through Its Language* tells you what the topic is. This phrase describes everything that is discussed in the paragraph: it expresses the topic that all the sentences in the paragraph have in common. Notice also that the words *culture* and *learn* are repeated throughout the paragraph.

It is important to understand that although the heading of a paragraph is often a clue to the topic, it may not express the topic completely or accurately. To determine the topic, do not rely *only* on headings; you must also read the paragraph and ask yourself, "What or who is this paragraph about?"

The topic may appear in special print

A second clue to the topic of a paragraph is the use of special print (such as **boldface**, *italic*, or color) to emphasize a word, phrase, or name. The paragraph below is from a textbook on criminal justice. Read this paragraph, watching for special print that indicates its topic.

Written criminal codes in all jurisdictions make distinctions between felonies and misdemeanors, and sometimes lesser offenses called "violations" or "infractions." A **felony** is a serious crime with correspondingly harsh penalties including such civil disabilities as loss of voting privileges after conviction as well as criminal punishment of more than 1 year in prison. A **misdemeanor** is a minor offense, less serious than a felony, subject to penalties such as a fine or a jail term of less than 1 year.

Source: Patrick R. Anderson and Donald J. Newman, Introduction to Criminal Justice, 5th ed., McGraw-Hill, New York, 1993, p. 7.

Notice the words in bold print: **felony** and **misdemeanor**. These words, together, indicate the topic; the paragraph discusses *felonies and misdemeanors*. Keep in mind that the topic can also appear in italics, and that in many college textbooks such key words are printed in color. Special print, then, can help you recognize the topic.

Annotate

Go back to the excerpt. Underline or highlight the heading, which indicates the topic.

Annotale

Go back to the excerpt. Underline or highlight the words in bold print, which indicate the topic.

The topic may be repeated throughout the paragraph

A third clue to the topic is repetition of a word, phrase, or name throughout a paragraph. Read the paragraph below from a psychology textbook, using this clue to determine its topic.

Claustrophobia. Acrophobia. Xenophobia. Although these sound like characters in a Greek tragedy, they are actually members of a class of psychological disorders known as phobias. Phobias are intense, irrational fears of specific objects or situations. For example, claustrophobia is a fear of enclosed places, acrophobia a fear of high places, and xenophobia a fear of strangers. Although the objective danger posed by an anxiety-producing stimulus is typically small or nonexistent, to the individual suffering from the phobia it represents great danger, and a full-blown panic attack may follow exposure to the stimulus.

Source: Robert S. Feldman, Understanding Psychology, 3d ed., McGraw-Hill, New York, 1993, p. 562.

Notice that the word *phobia* appears four times in this paragraph, indicating its topic. In addition, three types of phobias are given as examples.

The topic may appear once and then be referred to by pronouns or other words

A fourth clue to the topic of a paragraph is a word, phrase, or name that appears at the beginning of the paragraph and is then referred to throughout the paragraph by a pronoun (such as *it*, *he*, *she*, or *they*). Here is a paragraph from a physics textbook. Determine its topic by using this clue.

Before the age of 30, Isaac Newton had invented the mathematical methods of calculus, demonstrated that white light contained all the colors of the rainbow, and discovered the law of gravitation. His was a lonely and solitary life. His father died before he was born, and after his mother remarried, he was raised by an aged grandmother. In 1661, he was admitted to Cambridge University, where he worked for the next eight years, except for one year at home to escape the plague. During those years, he made his major discoveries, although none were published at that time. His genius was nonetheless recognized, and in 1669 he was appointed Lucasion Professor of Mathematics at Cambridge University, a position he retained until 1695. His major scientific work was completed prior to 1692, when he suffered a nervous breakdown. After his recovery, he determined to lead a more public life, and soon became the Master of the Mint in London. He was elected president of the Royal Society in 1703, and held that position until his death.

Source: Frederick Bueche, Principles of Physics, 5th ed., McGraw-Hill, New York, 1988, p. 70.

Notice that Newton's name appears only in the first sentence, but the rest of the paragraph continues to discuss him. Therefore, *Isaac Newton* is the topic of this paragraph.

Annotate

Go back to the excerpt. Underline or highlight the repeated word, which indicates the topic. Annotate

Go back to the excerpt. Underline or highlight the topic and the pronouns that stand for it. You should also be aware that sometimes a word, phrase, or name indicating the topic may appear at the beginning and then be replaced throughout the paragraph by one or more other words rather than by pronouns. For instance, a paragraph might begin "Pneumonia is . . ." and then might say something such as "This disease is characterized by . . ." and "The condition worsens when . . ." and "The disorder is typically treated by . . ." In this case, the words *disease*, *condition*, and *disorder* refer to pneumonia and indicate that *pneumonia* is the topic of the paragraph.

Putting the Topic into Your Own Words

Precision is important when you express a topic—that is, when you put it into your own words. If the words you use are too general or (on the other hand) too specific, they will not describe the topic accurately. A topic described in terms that are *too general*, or too broad, will go beyond what is discussed in the paragraph. A topic described in terms that are *too specific*, or too narrow, will fail to cover everything discussed in the paragraph. Suppose, for instance, that the topic of a paragraph is *causes of gang violence*. The word *gangs* or *violence* would be too general to express this topic precisely; and the phrase *lack of parental supervision as a cause of gang violence* would be too specific.

Determining a topic precisely is the starting point in comprehending as you read. It is also a way to help yourself locate the main idea sentence in a paragraph, as you will see in the next section of this chapter.

THE STATED MAIN IDEA OF A PARAGRAPH

What Is a Stated Main Idea, and Why Is It Important?

Key term

Stated main idea: Sentence in a paragraph that expresses the most important point about the topic. Every paragraph has a main idea. A *stated main idea* is a sentence within a paragraph that expresses the most important point the author wants the reader to understand about the topic of the paragraph. (There are various terms for a stated main idea. In a writing course or an English course, the main idea sentence may be called a *topic sentence.*)

There are three major reasons why it is important to determine main ideas when you are studying:

- To increase your comprehension of paragraphs, sections of chapters, and entire chapters
- To enable you to mark textbooks effectively and take notes as you read
- To help you remember important material for tests

For these reasons, effective readers determine the main idea of each paragraph they read. As you have seen, a topic can be expressed as a single word (*procrastination*, for instance), a phrase, or a name. A main idea sentence expresses the *most important point* about the topic. The main idea sentence in a paragraph about procrastination might be, "Procrastination is the major cause of stress for college students." Here, the rest of the sentence tells you the important point the author wants readers to understand about procrastination.

A main idea is called a *stated* main idea when the author presents it as one of the sentences in the paragraph. A *stated main idea sentence* may appear at the beginning or end of a paragraph, or in the middle.

In this chapter, you will practice with paragraphs that contain stated main ideas. Sometimes, however, an author does not state the main idea of a paragraph as one of the sentences in it. In that case, the main idea is called an *implied* main idea, and the reader must create a sentence stating the author's main point. Implied main ideas are discussed in Chapter 5.

Locating the Stated Main Idea Sentence

Two steps to follow

Since a stated main idea is one of the sentences in the paragraph, your task is simply to determine *which* sentence is the main idea. To locate the stated main idea sentence, look for a sentence that not only contains the topic but also makes the most important point about it.

Follow two steps:

- *Step 1.* After you have read the paragraph, determine the topic by asking yourself, "What or who is the passage about?"
- Step 2. Determine the main idea by asking yourself, "What is the most important point the author wants me to understand about this topic?" Then search for a sentence that answers this question. That sentence is the stated main idea.

Here is a simple formula for identifying a stated main idea sentence:

TOPIC + AUTHOR'S MOST IMPORTANT POINT = MAIN IDEA SENTENCE

Where a stated main idea sentence may appear

The stated main idea sentence may appear at the beginning of the paragraph. A stated main idea sentence can appear anywhere in a paragraph. However, the first sentence is often the main idea; that is, the stated main idea appears at the beginning of the paragraph. In the following excerpt from a textbook on career planning, the stated main idea appears at the *beginning* of the paragraph. The topic of this paragraph is the phrase *feelings when beginning a new job*. Read the paragraph and ask yourself, "What is the most important point the authors want me to understand about feelings when beginning a new job?" The sentence that answers this question, the first sentence, is the main idea.

Beginning a new job is always exciting and sometimes intimidating. There is an invigorating feeling of a fresh start and a clean slate. You face new challenges and draw on a renewed sense of energy as you approach them. But you may also feel apprehensive about this new adventure. Will it actually turn out as well as you hope? You are entering a strange environment, and you must learn to work with new associates. If you were fired from your last job, you may feel particularly sensitive. "What if it happens again?" you ask yourself.

Source: William Morin and James Cabrera, Parting Company: How to Survive the Loss of a Job and Find Another, Harcourt, Brace, San Diego, Calif., 1982, p. 238.

The first sentence here is a very general one which notes two types of feelings people have as they start a new job. Since the most important thing the authors want you to understand is that people have *both* types of feelings, this sentence is the main idea of the paragraph: *Beginning a new job is always exciting and sometimes intimidating*. The rest of the paragraph supports the identification of the opening sentence as the main idea: the first half of the paragraph explains why starting a new job is exciting, and the last half of the paragraph explains why it is sometimes intimidating. In this paragraph, then, the first sentence states the main idea, and the rest of the sentences tell us more about it.

The stated main idea sentence may appear at the end of the paragraph. Frequently, the *last sentence* of a paragraph is the stated main idea. That is, the stated main idea appears at the *end* of the paragraph. Read the excerpt below, from a sociology textbook. The topic of this paragraph is a phrase: *the meaning of the term "institution" in the social sciences.* As you read the paragraph, ask yourself, "What is the most important point the authors want me to understand about the term *institution?"* The sentence that answers this question, the last sentence, is the main idea.

Many people commonly use the term "institution" to mean a prison, a hospital, or some other concrete structure. In the social sciences, however, an **institution**

is defined as a pattern of norms centered around a major social goal, value, or need.

Source: Daniel E. Hebding and Leonard Glick, *Introduction to Sociology*, 4th ed., McGraw-Hill, New York, 1992, p. 301.



Go back to the excerpt. Underline or highlight the first sentence, which states the main idea.

Annotate

Go back to the excerpt. Underline or highlight the last sentence, which states the main idea.

In this paragraph, the first sentence explains how the term *institution* is used in everyday situations. However, the last sentence of the paragraph is the main idea because it makes the authors' most important point: how the term is used in the social sciences: In the social sciences, however, an **institution** is defined as a pattern of norms centered around a major social goal, value, or need. Notice that this stated main idea sentence contains the topic.

The stated main idea sentence may appear within the paragraph. Sometimes the stated main idea sentence is neither the first nor the last sentence of a paragraph, but rather one of the other sentences in the paragraph. That is, the stated main idea appears within the paragraph. Here is a paragraph from a psychology textbook in which the second sentence is the main idea sentence. The topic is *presidential campaigns*. As you read this paragraph, ask yourself, "What is the most important point the author wants me to understand about presidential campaigns?"

The television campaign includes political advertising. Televised commercials are by far the most expensive part of presidential campaigns. Since 1976, political commercials on television have accounted for about half of the candidates' expenditures in the general election campaign. In 1992 Bush and Clinton each spent more than \$30 million on advertising in the general election, and Perot spent even more. Perot relied heavily on "informercials"—30minute and hour-long commercials that emphasized substance over slogans.

Source: Thomas E. Patterson, *The American Democracy*, 2d ed., McGraw-Hill, New York, 1993, p. 571. Reproduced with permission of McGraw-Hill.

The second sentence presents the most important point: *Televised commercials are by far the most expensive part of presidential campaigns*. Each of the other sentences presents facts demonstrating how expensive televised campaign commercials have become.

How to tell if you have identified the stated main idea sentence

How can you tell if you have *correctly* identified the stated main idea sentence of a paragraph? You have found the right sentence if:

- The sentence contains the topic.
- The sentence states the most important point about the topic.
- The sentence is general enough to cover all the information in the paragraph.
- The other sentences explain or tell more about the main idea sentence.

Annotate

Go back to the excerpt. Underline or highlight the second sentence, which states the main idea. Remember that the stated main idea can be a sentence other than the first or last.

How to avoid two common errors in locating a stated main idea

You have learned that a stated main idea sentence is often the first or last sentence of a paragraph, and so you may be tempted to take a shortcut by looking only at the first and last sentences. This is a common error which should be avoided. You must read the entire paragraph to determine the main idea accurately. Unless you read the whole paragraph, you may miss a stated main idea sentence that appears somewhere in the middle.

A second common error can occur when a paragraph is difficult. In this case, you may be tempted to decide that a sentence is the main idea because it contains familiar or interesting information or because it seems to "sound important." These are *not* good reasons for identifying a sentence as the stated main idea. To avoid this second error, remember that the stated main idea sentence must always answer the question, "What is the most important point the author wants me to understand about the topic?"

A word on stated main ideas in longer passages

Determining stated main ideas is a skill that can also be applied to passages longer than a single paragraph, such as sections of a textbook chapter, short reading selections, and essays. You will sometimes discover a sentence in a longer passage (usually an introductory or concluding sentence) that expresses the most important point or the overall "message" of the *entire passage*. Each of the reading selections in this book includes an exercise which gives you practice in determining a main idea that expresses the overall message of the entire selection.

STANDARDIZED READING TESTS: TOPICS AND STATED MAIN IDEAS

College students may be required to take standardized reading tests as part of an overall assessment program, in a reading course, or as part of a state-mandated "basic skills" test. A standardized reading test typically consists of a series of passages followed by multiple-choice questions, to be completed within a specified time limit. Included in Part Two of *Opening Doors* are tips that should help you score as high as possible on standardized reading tests. The tips below have to do with determining topics and stated main ideas.

To begin with, you should be aware that students sometimes miss questions on reading tests because they do not realize what they are being asked. If the wording of an item is even slightly unfamiliar, they may not recognize that they are being asked to apply a reading comprehension skill they already know. Therefore, you should learn to recognize certain *types* of questions no matter how they are worded, just as you recognize your friends no matter what they are wearing. You are being asked to give the *topic of a passage* when the test question begins:

This passage is mainly about . . .

The best title for this selection is . . .

This passage discusses . . .

This passage focuses mainly on . . .

The topic of this passage is ...

This passage mainly concerns . . .

The problem the author is discussing in this passage is . . .

The author is explaining the nature of . . .

To find the right answer, simply ask yourself, "What or who is this passage about?" Then see which of the choices offered most closely matches your answer. Remember to use the four clues to topics: titles or headings, emphasized words, repetition, and pronouns (or other words).

If you are being asked to give the *main idea*, the question may be worded:

The author's main point is that . . .

The principal idea of this passage is that ...

Which of the following best expresses the main idea of the entire passage?

Which of the following best expresses the main idea of this paragraph (or a specifically identified paragraph)?

To find the right answer, ask yourself, "What is the most important point the author wants me to understand about the topic?" Next, search the passage for a single sentence that answers this question. Then read each of the choices offered to see which one is the same as the sentence you selected or says much the same thing. (If you do not find a sentence in the passage that states the main idea, you will first have to express the main idea in your own words—as described in Chapter 5—and then look for the choice that says the same thing.)

DEVELOPING CHAPTER REVIEW CARDS

Review cards, or *summary cards*, are an excellent study tool. They are a way to select, organize, and review the most important information in a textbook chapter. The process of creating review cards helps you organize information in a meaningful way and, at the same time, transfer it into long-term memory. The cards can also be used to prepare for tests (see Part Three). The review card activities in this book give you structured practice in creating these valuable study tools. Once you have learned how to create review cards, you can use them in your other courses.

Now, complete the seven review cards for Chapter 4, following the directions on each card. When you have completed them, you will have summarized: (1) what the topic of a paragraph is and (2) how to determine it; (3) what a stated main idea sentence is and (4) how to locate it; (5) where the stated main idea sentence of a paragraph may appear; (6) how to tell if you have identified a stated main idea sentence correctly; (7) how to avoid two errors in identifying stated main idea sentences.

The Topic of a Paragraph

1. What is the topic of a paragraph? (See page 161.)

2. Why is determining the topic important? (See page 161.)

3. To determine the topic, what question should you ask yourself? (See page 161.)

Chapter 4: Determining the Topic and the Stated Main Idea

	What four clues will help you determine the topic? (See pages 161–163.)
1.	
2.	
3.	
4.	
Cha	pter 4: Determining the Topic and the Stated Main Idea
	The Stated Main Idea of a Paragraph
1.	
	What is a stated main idea sentence? (See page 164.)
	What is a stated main idea sentence? (See page 164.)
2.	What is a stated main idea sentence? (See page 164.) What are three reasons why it is important to determine a stated main idea? (See page 164.)
2.	What are three reasons why it is important to determine a stated main idea?
2.	What are three reasons why it is important to determine a stated main idea? (See page 164.) Reason:
2.	What are three reasons why it is important to determine a stated main idea? (See page 164.)
2.	What are three reasons why it is important to determine a stated main idea? (See page 164.) Reason:
2.	What are three reasons why it is important to determine a stated main idea? (See page 164.) Reason: Reason:
2.	What are three reasons why it is important to determine a stated main idea? (See page 164.) Reason: Reason:

Locating a Stated Main Idea Sentence

What are two steps to follow in locating a stated main idea sentence? (See page 165.) Step 1: ______

Step 2: _____

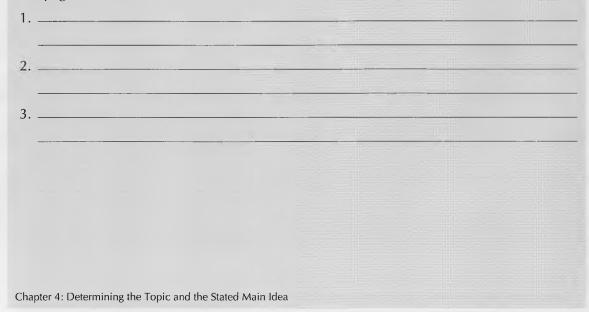
What is a formula for identifying a stated main idea sentence? (See page 165.)

Formula:

Chapter 4: Determining the Topic and the Stated Main Idea

Where a Stated Main Idea Sentence May Appear

Where in a paragraph may the stated main idea sentence appear? List three places. (See pages 165–167.)



Checking Your Identification of a Stated Main Idea Sentence

List four ways you can tell if you have identified the stated main idea sentence correctly. (See page 167.)

You have selected the right sentence if:

1
2.
3.
4.
Chapter 4: Determining the Topic and the Stated Main Idea
Avoiding Errors in Determining a Stated Main Idea Sentence
What are two common errors in determining a stated main idea sentence? Describe how each can be avoided. (See page 168.)
Error:
How to avoid it:
Error:
How to avoid it:

Chapter 4: Determining the Topic and the Stated Main Idea

READINGS

Selection 4-1

THE CAMPAIGN FOR ELECTION

Government

FROM THE AMERICAN DEMOCRACY BY THOMAS E. PATTERSON

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 4-1.

- 1. First, read and think about the title. What do you already know about the presidential campaign of 1992?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) Subheading First sentence of each paragraph Map Last paragraph (paragraph 7)

On the basis of your preview, what aspects of the 1992 presidential campaign does the selection seem to be about?

Apply Comprehension Skills

Directions: Do these exercises as you read Selection 4-1. Apply two skills from this chapter:

Determine the topic. When you read a paragraph, ask yourself, "What or who is this about?"

Identify the stated main idea. As you read, ask yourself, "What is the most important point the author wants me to understand about the topic?" Then search for the sentence that answers this question.

Complete the Annotation Practice Exercises. In these exercises, you will work only with paragraphs that have stated main ideas.

THE CAMPAIGN FOR ELECTION

Although presidential elections occur every 4 years, many people feel that they do not have a true understanding of how presidential campaigns operate.

The winner in the November general election is almost certain to be either the Republican or the Democratic nominee. A minor-party or independent candidate, such as George Wallace in 1968, John Anderson in 1980, or Ross Perot in 1992, can draw votes away from the major-party nominees but stands almost no chance of defeating them.

1

3

A major-party nominee has the critical advan-2 tage of support from the party faithful. Earlier in the twentieth century, this support was so unwavering that the victory of the stronger party's candidate was almost a certainty. Warren G. Harding accepted the 1920 Republican nomination at his Ohio home, stayed there throughout most of the campaign, and won a landslide victory simply because most of the voters of his time were Republicans. Party loyalty has declined in recent decades, but more than twothirds of the nation's voters still identify themselves as Democrats or Republicans, and most of them support their party's presidential candidate. Even Democrat George McGovern, who had the lowest level of party support among recent nominees, was backed in 1972 by nearly 60 percent of his party's voters.

Republican nominees have usually found it easier to keep their party's loyalists in line. The GOP [Grand Old Party, that is, the Republican Party] has been the more homogeneous party, and campaign appeals to traditional social values, patriotism, restrained government spend-

Annotation practice exercises

Directions: For each exercise below,

- Write the topic of the paragraph on the lines beside the paragraph.
- Underline or highlight the stated main idea sentence of the paragraph.

This will help you remember the topic and the main idea.

Annotation exercise

- Topic of paragraph 2:
- Underline or highlight the stated main idea of paragraph 2.

Source: Thomas E. Patterson, "The Campaign for Election," from *The American Democracy*, 2d ed., McGraw-Hill, New York, 1993, pp. 513–515. Reproduced with permission of McGraw-Hill. *Photo*: Andy Clark/Reuters/Bettmann.

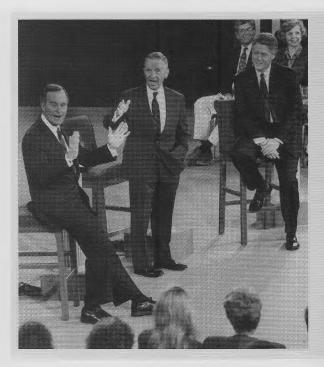
ing, lower taxes, and a strong defense have usually maintained the Republican vote. In 1992, however, a weak economy hurt the Republican effort. George Bush received the votes of 73 percent of Republicans, while Perot got 17 percent and Bill Clinton 10 percent. The Republican coalition has been increasingly divided over social issues. Evangelical Christians and other newer Republican groups have values that conflict with those of traditional Republicans groups. Their conflict was evident at the 1992 Republican National Convention, when a platform that called for a total ban on abortions provoked debate between conservatives and moderates.

Election strategy

- 4 Presidential candidates act strategically. In deciding whether to pursue a course of action, they try to estimate its likely impact on the voters. For incumbents and challengers alike, some of these issues will be questions of past performance. During the 1992 campaign, a sign on the wall of Clinton's headquarters in Little Rock read, "The Economy, Stupid." The slogan was the idea of James Carville, Clinton's chief strategist, and was meant as a reminder to the candidate and the staff to keep the campaign focused on the nation's sluggish economy, which ultimately was the issue that defeated Bush. As in 1980, when incumbent Jimmy Carter lost to Ronald Reagan during tough economic times, the voters were motivated largely by a desire for change.
- ⁵ Candidates try to project a strong leadership image. Whether voters accept this image, however, depends more on external factors than on a candidate's personal characteristics. In 1991, after the Persian Gulf War, Bush's approval rating reached 91 percent, the highest level recorded since polling began in the 1930s. A year later, with the Gulf War a receding memory and the nation's economy in trouble, Bush's approval rating dropped below 40 percent. Bush tried to stir images of his strong leadership of the war, but voters remained preoccupied with the economy.

Annotation exercise

- Topic of paragraph 4:
- Underline or highlight the stated main idea of paragraph 4.



The candidates' strategies are shaped by many considerations, including the constitutional provision that each state shall have electoral votes equal in number to its representation in Congress. Each state thus gets two electoral votes for its Senate representation and a varying number of electoral votes depending on its House representation. Altogether, there are 538 electoral votes (including three for the District of Columbia, even though it has no voting representatives in Congress). To win the presidency, a candidate must receive at least 270 votes, an electoral majority.

6

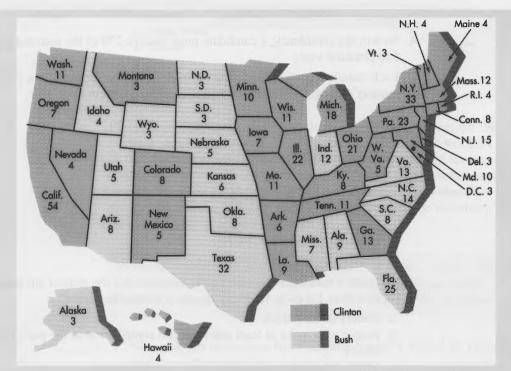
7

Candidates are particularly concerned with winning the most populous states, such as California (with 54 electoral votes), New York (33), Texas (32), Florida (25), Pennsylvania (23), Illinois (22), and Ohio (21). Victory in the eleven largest states alone would provide an electoral majority, and presidential candidates therefore spend most of their time campaigning in those George Bush, Ross Perot, and Bill Clinton (*left to right*) take questions from citizens during the second debate of the 1992 presidential campaign, at the University of Richmond.

Annotation exercise

- Topic of paragraph 6:
- Underline or highlight the stated main idea of paragraph 6.

states. Because the winner of the popular vote in a state receives all of the state's electoral votes (except for Maine and Nebraska), a relatively small popular-vote margin can produce a lopsided electoral-vote margin. Clinton received only 43 percent of the popular vote in 1992, compared with Bush's 38 percent and Perot's 19 percent; but Clinton won in states that gave him an overwhelming 370 electoral votes, compared with 168 for Bush and none for Perot (see map).



Electoral votes in the fifty states and states carried by the presidential candidates in the 1992 election. The larger a state's population is, the more electoral votes it has—and the more important it is to presidential candidates. Each state's electoral votes are shown here, along with the states carried by candidates Bill Clinton and George Bush in the 1992 election. To win the presidency, a candidate must receive 270 of the national total of 538 electoral votes. Clinton won 32 states and the District of Columbia for 370 electoral votes, while Bush took 18 states and 168 electoral votes. Ross Perot did not finish first in any state and thus received no electoral votes.

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- Republican nominees have traditionally found it easier than Democratic nominees to keep party loyalists in line.
- 2. The author believes that a minor-party or independent candidate has a good chance of defeating the major-party nominees.
- _____ 3. In 1992, the issue that ultimately defeated George Bush and elected Bill Clinton was the Persian Gulf War.
 - 4. To win the presidency, a candidate must receive 270 of the national total of 538 electoral votes.
 - 5. Each state has one electoral vote for each of its two senators plus a varying number of electoral votes based on its representation in the House.

Multiple-choice

Directions: For each item, select the best answer.

- 6. The three most populous states, with the most electoral votes, are:
 - a. Florida, New York, Texas
 - b. California, New York, Texas
 - c. California, New York, Florida
 - d. Texas, California, Florida
- 7. The author states that "a major party nominee has the critical advantage of support from the party faithful." By *party faithful* he means:
 - a. leaders of the parties
 - b. people who make at least one financial contribution to the party of their choice
 - c. people who vote for the same party year after year
 - d. voters with religious faith
- 8. According to this selection, of all voters, how many identify themselves as either Democrats or Republicans?
 - a. half
 - b. two-thirds
 - c. three-fourths
 - d. all

181 Chapter 4 Determining the Topic and the Stated Main Idea

- 9. In the presidential election of 1992, which of the following hurt the Republican effort?
 - a. weak economy
 - b. conflict within the Republican party between traditional Republican groups, evangelical Christians, and new Republican groups over social issues
 - c. Bush's foreign policy
 - d. both a and b
- 10. According to the map, which of the most populous states cast its electoral votes for Bush in the 1992 election?
 - a. California
 - b. Florida
 - c. New York
 - d. Texas

Extend Your Vocabulary by Using Context Clues

Directions: Context clues are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 4-1 containing an important word *(italicized, like this)* is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ë pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏo took ōō boot ŭ cut yōō abuse ûr urge th thin *th* this hw which zh vision \ni about

1. "Republican nominees have usually found it easier to keep their party's *loyalists* in line."

When their team fell behind by three touchdowns, most of the fans left, but the *loyalists* stayed until the end.

loyalists (loi' a lists) means:

- a. people who are members of royalty
- b. British subjects
- c. people who are faithful to a group or an ideal
- d. traitors

2. "The GOP has been the more *homogeneous* party, and campaign appeals to traditional social values, patriotism, restrained government spending, lower taxes, and a strong defense have usually maintained the Republican vote."

The southern part of the city is *homogeneous;* the people who live there are mostly blue-collar factory workers.

homogeneous (hō mə jē' nē əs) means:

- a. uniform; the same throughout
- b. consisting of a variety of things
- c. consisting only of men
- d. pertaining to a celebration
- 3. "The Republican *coalition* has been increasingly divided over social issues."

All the homeowners in the school district formed a *coalition* to protest the tax increase.

coalition (ko a lish an) means:

- a. political party
- b. group of troublemakers
- c. group of young people
- d. temporary alliance or union
- 4. *"Evangelical* Christians and other newer Republican groups have values that conflict with those of traditional Republican groups."

That *evangelical* sect believes in following the New Testament gospels strictly.

evangelical (ē văn jĕl´ i kəl) means:

- a. Protestant group emphasizing the authority of the gospels
- b. pertaining to gospel music
- c. recruiting members of a religious group
- d. religious group that believes in angels
- 5. "Their conflict was evident at the 1992 Republican National Convention, when a *platform* that called for a total ban on abortions provoked debate between conservatives and moderates."

Before the election, each slate of candidates for Student Government had to present its *platform*.

platform (plăt' fôrm) means:

- a. raised horizontal surface
- b. something a public speaker stands on
- c. campaign slogan
- d. formally declared policy of a group or political party

6. "Presidential candidates act strategically."

By recycling and planning strategically, the company saved half a million dollars last year.

strategically (stra te jik le) means:

- a. by use of specific, goal-directed methods and procedures
- b. by involvement of a large group of people
- c. by application of hard work
- d. fatefully or luckily
- 7. "For incumbents and challengers alike, some of these issues will be questions of past performance."

Because State Senator Blum and Mayor Nguyen are the incumbents, they are better known than their opponents.

incumbents (in kûm' bonts) means:

- a. famous people
- b. newcomers
- c. people currently holding political office
- d. candidates for political office
- 8. "The slogan was meant as a reminder to keep the campaign focused on the nation's sluggish economy, which ultimately was the issue that defeated Bush."

Business was so sluggish during the holiday season that many stores held clearance sales before Christmas.

sluggish (slug' ish) means:

- a. feeling ill
- b. slow or inactive
- c. busy or brisk
- d. unchanged

9. "The candidates' strategies are shaped by many considerations, including the constitutional provision that each state shall have electoral votes equal in number to its representation in Congress."

My grandfather included a *provision* in his will establishing a scholarship fund at our local university.

provision (prə vizh' ən) means:

- a. stipulation or condition of an agreement
- b. stock of necessary supplies, such as food
- c. something that is prevented
- d. something that is requested

_____ 10. "Candidates are particularly concerned with winning the most *populous* states."

California is the most *populous* state in the nation.

populous (pop' ya las) means:

- a. well-liked
- b. trend-setting
- c. heavily populated
- d. having a high proportion of students

Respond in Writing

Directions: Refer to Selection 4-1 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

Option

Exercise 1 may be completed collaboratively.

1. According to the author, there are several reasons why George Bush lost the 1992 presidential election and several reasons why Bill Clinton won. List at least three reasons for each.

Reasons George Bush lost:

Reasons Bill Clinton won:

185 Chapter 4 Determining the Topic and the Stated Main Idea

Option

Exercise 2 may be completed collaboratively.

2.	What are the three factors that influence presidential candidates' strategies?	
	Factor 1:	

Factor 2:

Factor 3:

Option

Exercise 3 may be completed collaboratively.

3. What is the most important overall message the author wants the reader to understand about the 1992 presidential campaign? Try to answer this question in one sentence.

Selection 4-2

History

FROM THE 100: A RANKING OF THE MOST INFLUENTIAL PERSONS IN HISTORY BY MICHAEL K. HART

Prepare Yourself to Read

MUHAMMAD

Directions: Do these exercises before you read Selection 4-2.

- 1. First, read and think about the title. What do you already know about Muhammad?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) First sentence of each paragraph Words in *italics* Last paragraph (paragraph 9)

On the basis of your preview, what information about Muhammad does this selection seem to present?

Apply Comprehension Skills

Directions: Do these exercises *as you read Selection 4-2*. Apply two skills from this chapter:

Determine the topic. When you read a paragraph, ask yourself, "What or who is this about?"

Identify the stated main idea. As you read, ask yourself, "What is the most important point the author wants me to understand about the topic?" Then search for the sentence that answers this question.

Complete the Annotation Practice Exercises. In these exercises, you will work only with paragraphs that have stated main ideas.

MUHAMMAD

What can cause a person's influence to last for centuries after his death?

Annotation practice exercises

Directions: For each exercise below,

- Write the topic of the paragraph on the lines beside the paragraph.
- Underline or highlight the stated main idea sentence of the paragraph.

This will help you remember the topic and the main idea.

- 1 My choice of Muhammad to lead the list of the world's most influential persons may surprise some readers and may be questioned by others, but he was the only man in history who was supremely successful on both the religious and secular levels.
- ² Of humble origins, Muhammad founded and promulgated one of the world's great religions, and became an immensely effective political leader. Today, thirteen centuries after his death, his influence is still powerful and pervasive.
- ³ The majority of the persons in this book had the advantage of being born and raised in centers of civilization, highly cultured and politically pivotal nations. Muhammad, however, was born in the year 570, in the city of Mecca, in southern Arabia, at that time a backward area of the world, far from the centers of trade, art, and learning. Orphaned at age six, he was reared in modest surroundings. Islamic tradition tells us that he was illiterate. His economic position improved when, at the age of twenty-five, he married a wealthy widow. Nevertheless, as he approached forty, there was little outward indication that he was a remarkable person.

Source: Michael Hart, *The 100: A Ranking of the Most Influential Persons in History,* Carol Publishing Group, 1978, from pp. 33–39. Copyright © 1978 by Hart Publishing Company, Inc. Published by arrangement with Carol Publishing Group. A Citadel Press Book.

- ⁴ Most Arabs at that time were pagans, who believed in many gods. There were, however, in Mecca, a small number of Jews and Christians; it was from them no doubt that Muhammad first learned of a single, omnipotent God who ruled the entire universe. When he was forty years old, Muhammad became convinced that this one true God (Allah) was speaking to him, and had chosen him to spread the true faith.
- ⁵ For three years, Muhammad preached only to close friends and associates. Then, about 613, he began preaching in public. As he slowly gained converts, the Meccan authorities came to consider him a dangerous nuisance. In 622, fearing for his safety, Muhammad fled to Medina (a city some 200 miles north of Mecca), where he had been offered a position of considerable political power.
- ⁶ The flight, called the *Hegira*, was the turning point of the Prophet's life. In Mecca, he had had a few followers. In Medina, he had many more, and he soon acquired an influence that made him a virtual dictator. During the next few years, while Muhammad's following grew rapidly, a series of battles were fought between Medina and Mecca. This war ended in 630 with Muhammad's triumphant return to Mecca as conqueror. The remaining two and one-half years of his life witnessed the rapid conversion of the Arab tribes to the new religion. When Muhammad died, in 632, he was the effective ruler of all of southern Arabia.
- 7 How, then, is one to assess the overall impact of Muhammad on human history? Like all religions, Islam exerts an enormous influence upon the lives of its followers. It is for this reason that the founders of the world's great religions all figure prominently in this book. Since there are roughly twice as many Christians as Moslems in the world, it may initially seem strange that Muhammad has been ranked higher than Jesus. There are two principal reasons for that decision. First, Muhammad played a far more important role in the development of Islam than Jesus did in the development of Christianity. Although

Annotation exercise

- Topic of paragraph 4:
- Underline or highlight the stated main idea of paragraph 4.

Annotation exercise

- Topic of paragraph 6:
- Underline or highlight the stated main idea of paragraph 6.

Jesus was responsible for the main ethical and moral precepts of Christianity (insofar as these differed from Judaism), St. Paul was the main developer of Christian theology, its principal proselytizer, and the author of a large portion of the New Testament.

8

9

Muhammad, however, was responsible for both the theology of Islam and its main ethical and moral principles. In addition, he played the key role in proselvtizing the new faith, and in establishing the religious practices of Islam. Moreover, he is the author of the Moslem holy scriptures, the Koran, a collection of certain of Muhammad's insights that he believed had been directly revealed to him by Allah. Most of these utterances were copied more or less faithfully during Muhammad's lifetime and were collected together in authoritative form not long after his death. The Koran, therefore, closely represents Muhammad's ideas and teachings and to a considerable extent his exact words. No such detailed compilation of the teachings of Christ has survived. Since the Koran is at least as important to Moslems as the Bible is to Christians, the influence of Muhammad through the medium of the Koran has been enormous. It is probable that the relative influence of Muhammad on Islam has been larger than the combined influence of Jesus Christ and St. Paul on Christianity. On the purely religious level, then, it seems likely that Muhammad has been as influential in human history as lesus.

Furthermore, Muhammad (unlike Jesus) was a secular as well as a religious leader. In fact, as the driving force behind the Arab conquests, he may well rank as the most influential political leader of all time.

Annotation exercise

- Topic of paragraph 9:
- Underline or highlight the stated main idea of paragraph 9.

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- 1. The author believes that everyone will agree with his choice of Muhammad as the most influential person in history.
 - 2. The author chose Muhammad simply because of Muhammad's success as a religious leader.
- 3. Muhammad was born and raised in what was then called Arabia, a highly cultured and pivotal nation.
 - 4. According to the author, Muhammad learned about a single, all-powerful God from the small number of Christians and Jews living in Mecca.

Multiple-choice

Directions: For each item, select the best answer.

- 5. Muhammad began preaching that Allah was the one true God when Muhammad was
 - a. still in his teens.
 - b. 26 years old.
 - c. 30 years old.
 - d. 40 years old.
- 6. The Hegira was Muhammad's flight
 - a. from Arabia.
 - b. from Medina to Mecca.
 - c. from Mecca to Medina.
 - d. to southern Arabia.
- 7. Since there are roughly twice as many Christians as Moslems, why does the author rank Muhammad higher than Jesus, the founder of Christianity?
 - a. The author feels that Muhammad played a larger role in the development of Islam than Jesus did in the development of Christianity.
 - b. The author is a Moslem.
 - c. More books have been written about Muhammad than about Jesus.
 - d. Muhammad, who died at age 62, lived longer than Jesus did.
- 8. The Koran is
 - a. the Bible translated into Arabic.
 - b. another name for the Hegira.
 - c. the Moslem holy scriptures.
 - d. Muhammad's family name.

192 Part Two Comprehension

- 9. Of the statements below about Muhammad's life, which one is not true?
 - a. He was orphaned at age 6.
 - b. He preached to close friends for 3 years and then began preaching in public.
 - c. He never married.
 - d. He was a driving force behind Arab conquests.
- 10. The author maintains that Muhammad should top the list of the world's most influential persons because
 - a. Muhammad was responsible for the theology of Islam and its main principles.
 - b. Muhammad was both a religious and a secular leader.
 - c. Muhammad was a great military leader.
 - d. all of the above.

Extend Your Vocabulary by Using Context Clues

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 4-2 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ĕ pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏo took \overline{oo} boot ŭ cut y \overline{oo} abuse ûr urge th thin *th* this hw which zh vision \ni about

1. "Of humble origins, Muhammad founded and *promulgated* one of the world's great religions, and became an immensely effective political leader."

In the State of the Union address, the President *promulgated* the new administration's policy on gun control.

promulgated (prom' əl gat əd) means:

- a. reversed or changed
- b. made known or put into effect by public declaration
- c. refused to reveal
- d. denounced as untrue

2. "Today, thirteen centuries after his death, his influence is still powerful and *pervasive*."

The drug problem in the United States is difficult to deal with because it is so *pervasive*.

pervasive (pər vā' siv) means:

- a. important
- b. widespread
- c. decreasing or diminishing
- d. popular
- 3. "The majority of the persons in this book had the advantage of being born and raised in centers of civilization, highly cultured or politically *pivotal* nations."

Supreme Court Justice O'Connor's opinion was the *pivotal* one that reversed the lower court's decision.

pivotal (piv' a tal) means:

a. causing rotation

- b. pertaining to religion
- c. determining a direction or effect; crucial
- d. going in two different directions
- 4. "Orphaned at age six, he was reared in *modest* surroundings."

Even after the Norrises became wealthy, they continued to live in a *modest* apartment and drive inexpensive cars.

modest (mod ist) means:

- a. not showy or pretentious
- b. shy or reserved
- c. luxurious
- d. rural; pertaining to the country
- 5. "Islamic tradition tells us that Muhammad was illiterate."

Mosques are Islamic houses of worship.

Islamic (is läm' ic) means:

- a. pertaining to the Christian religion based on the teachings of Jesus
- b. pertaining to the Buddhist religion based on the teachings of Buddha
- c. pertaining to the Moslem religion based on the teachings of Muhammad
- d. pertaining to the Confucian religion based on the teachings of Confucius

6. "Most Arabs at that time were pagans, who believed in many gods."

The ancient Greeks and Romans were *pagans* who worshipped a multitude of gods, including many gods of nature.

pagans (pā' gənz) means:

- a. people who believe that humans cannot know God
- b. people who believe there is no God
- c. people who practice bizarre religious rituals
- d. heathens; people who are not Christians, Moslems, or Jews
- 7. "There were, however, in Mecca, a small number of Jews and Christians; it was from them no doubt that Muhammad first learned of a single, *omnipotent* God who ruled the entire universe."

Hitler was a madman who thought he was omnipotent.

omnipotent (om nip' a tant) means:

- a. having unlimited power or authority
- b. having limited power or authority
- c. having authority given by the citizens of a country
- d. having no power or authority
- 8. "As he slowly gained *converts,* the Meccan authorities came to consider him a dangerous nuisance."

The new political party in India rapidly gained converts.

converts (kon' vurts) means:

- a. people who revert to previously held beliefs
- b. people who adopt a new religion or belief
- c. people who cling to long-held beliefs
- d. people who have no religious beliefs
- 9. "Although Jesus was responsible for the main ethical precepts of Christianity, St. Paul was the main developer of Christian *theology*, its principal proselytizer, and the author of a large portion of the New Testament."

Although he decided not to become a minister and left the seminary, he maintained a deep interest in *theology* throughout his life.

theology (thē ŏl´ ə jē) means:

- a. organized body of opinions concerning God and human beings's relationship to God
- b. study of religions throughout the world
- c. study of ancient religions
- d. study of sacred or religious books

10. "In addition, Muhammad played the key role in *proselytizing* the new faith, and in establishing the religious practices of Islam."

The evangelists were *proselytizing* loudly on busy downtown street corners, stopping anyone who was willing to listen to them tell them about their religious beliefs.

proselytizing (pros' a la tiz ing) means:

- a. speaking loudly or shouting
- b. deceiving with trickery
- c. declaring false or untrue
- d. attempting to convert from one belief or faith to another

Respond in Writing

Directions: Refer to Selection 4-2 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

1. List three reasons the author chose Muhammad as the most influential person in history.

Reason 1:

Reason 2:

Reason 3:

Option

Exercise 1 may be completed collaboratively.

196 Part Two Comprehension

Option

Exercise 2 may be completed collaboratively.

2. Michael Hart, the author of *The 100: A Ranking of the Most Influential Persons in History*, selected 99 other important people for his book. List 10 names *you* would include in a list of the world's most influential people, and state your reasons for including them.

Person 1:	
Reason:	
D 0	
Person 2:	
Reason:	
Person 3:	
Reason:	
D	
Person 4:	
Reason:	
Person 5:	
Reason:	
Reason.	
Person 6:	
Reason:	
Person 7:	
Reason:	
Person 8:	
Reason:	
Person 9:	
Reason:	
Person 10.	
Reason:	

Option

Exercise 3 may be completed collaboratively.

3. What is the most important overall message the writer wants the reader to understand about Muhammad? Try to answer this question in one sentence.

Selection 4-3

Biology

THE SCIENTIFIC METHOD: ORGANIZED COMMON SENSE

FROM *BIOLOGY! BRINGING SCIENCE TO LIFE* BY JOHN POSTLETHWAIT, JANET HOPSON, AND RUTH VERES

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 4-3.

- 1. First, read and think about the title. What do you already know about the scientific method?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) First sentence of each paragraph Words in *italics* and *boldface* Last paragraph (paragraph 5)

3. On the basis of your preview, how many steps are there in the scientific method?

Apply Comprehension Skills

Directions: Do these exercises as you read Selection 4-3. Apply two skills from this chapter:

Determine the topic. When you read a paragraph, ask yourself, "What or who is this about?"

Identify the stated main idea. As you read, ask yourself, "What is the most important point the author wants me to understand about the topic?" Then search for the sentence that answers this question.

Complete the Annotation Practice Exercises. In these exercises, you will work only with paragraphs that have stated main ideas.

THE SCIENTIFIC METHOD: ORGANIZED COMMON SENSE

The scientific method consists of specific principles and processes of discovery and demonstration that are necessary for a scientific investigation.

Annotation practice exercises

Directions: For each exercise below,

- Write the topic of the paragraph on the lines beside the paragraph.
- Underline or highlight the stated main idea sentence of the paragraph.

This will help you remember the topic and the main idea.

Annotation exercise

curious event, such as the disappearance of a tadpole's tail as the young frog becomes an adult. Scientists instead want to learn what causes the event. To investigate the natural world in the most organized way, scientists use the *scientific method*. They:

A biologist is rarely happy just to describe a

1

- (1) Ask a *question* or identify a problem to be solved based on observations of the natural world.
- (2) Propose a *hypothesis,* a possible answer to the question or a potential solution to the problem.
- (3) Make a *prediction* of what they will observe in a specific situation if the hypothesis is correct.
- (4) *Test* the prediction by performing an experiment.
- 2 If the hypothesis predicts the results correctly, the scientist makes other predictions based on the same hypothesis and tests them. Scientific research requires logic, analytical skills, and perseverance. Only after researchers create and test several likely hypotheses and find one that consistently predicts what they see in nature will they tentatively accept a hypothesis as correct.
- 3 While these steps may sound very regimented, they are really little more than an organized commonsense approach—one you use regularly in your own life. Let's say that one

- Topic of paragraph 1:
- Underline or highlight the stated main idea of paragraph 1.

Source: John Postlethwait, Janet Hopson, and Ruth Veres, "The Scientific Method: Organized Common Sense," from Biology! Bringing Science to Life, McGraw-Hill, New York, 1991, pp. 16–17. Reproduced with permission of McGraw-Hill.

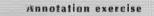
evening, you observe that your desk lamp stops working. You would pose a question (step 1): "What made my desk lamp go out?" And you would probably create a hypothesis (step 2): "Maybe the light bulb burned out." Next you would make a prediction (step 3): "If the bulb burned out, then when I replace it with a working bulb, the lamp should light." Finally, you would perform an experiment (step 4): You would remove a bulb from a floor lamp that works, screw it into your desk lamp, and watch the result. When you performed the test, you would include what scientists call a control, a check that all factors of the experiment are the same except for the one in question. Here, the control is the borrowed bulb that works in the floor lamp. If the borrowed bulb fails to work in the desk lamp, you could conclude, based on your control, that a burned-out bulb is not the problem. You would next discard the faulty-bulb hypothesis and ask new questions: "Is the lamp itself broken? Is something wrong with the wiring to the wall socket?" You could then make new hypotheses, new predictions, and perform new tests until you discovered why vour lamp went out.

- ⁴ While an orderly approach to exploring nature, the scientific method is by no means rigid, rote, or unimaginative in practice. Once a scientist has observed a curious phenomenon, it takes creativity to dream up a clear, testable hypothesis. It also takes logic, talent, experience, imagination, and intuition to follow through with cleverly designed experiments and alternative hypotheses. Finally, it takes an ability to communicate clearly through writing and speaking to share results with others.
 - No tool is more powerful for understanding the natural world than the scientific method, although it does not apply, however, to matters of religion, politics, culture, ethics, or art. These valuable ways of approaching the world and its problems proceed along different lines of inquiry and experience. Nevertheless, many of the world's current problems have underlying biological bases, and thus they mainly demand biological solutions.

5

Annotation exercise Topic of paragraph 3:

Underline or highlight the stated main idea of paragraph 3.



- Topic of paragraph 4:
- Underline or highlight the stated main idea of paragraph 4.

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- 1. Biologists are content merely to describe curious events in the natural world.
- 2. Scientists accept a hypothesis as correct if the hypothesis consistently predicts what scientists see in nature.
 - 3. The scientific method differs completely from the organized commonsense approach that a person may use regularly in his or her own life.
 - 4. The scientific method is a valuable way of understanding matters such as religion, politics, culture, and ethics.
 - 5. A control is a check that all factors in an experiment are the same except for the one in question.

Multiple-choice

Directions: For each item, select the best answer.

- 6. The scientific method is based on all of the following steps except:
 - a. identifying a problem.
 - b. proposing a hypothesis.
 - c. making a prediction.
 - d. publishing the results.
- ____ 7. Once a hypothesis predicts results correctly, the scientist
 - a. is free to identify new problems in the natural world.
 - b. makes other predictions related to other problems.
 - c. makes other predictions based on the same hypothesis.
 - d. publishes the results.
 - 8. Which of the words below correctly describes the scientific method?
 - a. unimaginative
 - b. logical
 - c. rigid
 - d. rote
 - 9. A scientist should possess which of the following attributes?
 - a. creativity and talent
 - b. experience and imagination
 - c. intuition
 - d. all of the above

201 Chapter 4 Determining the Topic and the Stated Main Idea

10. The scientific method is also important because

- a. not much is known about the natural world.
- b. many of the world's current problems have underlying biological causes.
- c. it can be applied to art.
- d. it teaches scientists to be logical and to communicate clearly.

Extend Your Vocabulary by Using Context Clues

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 4-3 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ë pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏŏ took \overline{o} ō boot ŭ cut y \overline{o} o abuse ûr urge th thin *th* this hw which zh vision \ni about

1. "A biologist is rarely happy just to describe a *curious* event, such as the disappearance of a tadpole's tail as the young frog becomes an adult."

The young man had a *curious* appearance: he wore an enormous top hat, striped pants, gloves, and bowling shoes.

curious (kyoor e əs) means:

- a. unimportant
- b. interesting
- c. shocking
- d. unusual
- 2. "They *propose* a hypothesis, a possible answer to the question or a potential solution to the problem."

The two senators want to *propose* a new law that would help protect children from drug dealers.

propose (prə pōz´) means:

- a. review
- b. suggest
- c. oppose
- d. offer marriage to someone

3. "They propose a *hypothesis,* a possible answer to the question or a potential solution to the problem."

The scientists did not have a way to test their *hypothesis* about why dinosaurs disappeared millions of years ago.

hypothesis (hi poth' i sis) means:

- a. possible answer to a question; potential solution to a problem
- b. conclusion about a scientific theory
- c. story told throughout the ages
- d. event that cannot be explained
- "They make a *prediction* of what they will observe in a specific situation if the hypothesis is correct."

We thought the meteorologist's *prediction* of rain was right, so we canceled our plans for a picnic.

prediction (pri dik' shon) means:

a. falsehood; lie

- b. description of something before it happens
- c. description of something that has already happened
- d. explanation of why something has happened
- 5. "While these steps may sound very *regimented*, they are really little more than an organized commonsense approach—one you use regularly in your own life."

The elementary school principal likes everything *regimented*, so he makes the children walk down the halls in straight lines.

regimented (rej´ a men tad) means:

- a. put into strict order
- b. simple to do
- c. unclear
- d. ordinary
- 6. "If the borrowed bulb fails to work in the desk lamp, you could *conclude*, based on your control, that a burned-out bulb is not the problem."

Because the man could prove that he was in another city when the robbery occurred, the jury was able to *conclude* that he had not robbed the bank.

conclude (kən klood') means:

- a. be unsure
- b. hope
- c. be unaware
- d. determine

7. "You would next *discard* the faulty-bulb hypothesis and ask new questions: 'Is the lamp itself broken? Is something wrong with the wiring to the wall socket?'"

Rather than *discard* clothes she no longer wears, Lynn donates them to charity.

discard (dis kärd') means:

- a. reconsider
- b. save
- c. throw out
- d. be amused by
- 8. "While an orderly approach to exploring nature, the scientific method is by no means rigid, *rote*, or unimaginative in practice."

Many children dislike the rote process of memorizing multiplication tables.

rote (rot) means:

- a. done with great speed
- b. creative
- c. entertaining
- d. done by repetition
- 9. "It also takes logic, talent, experience, imagination, and *intuition* to follow through with cleverly designed experiments and alternative hypotheses."

Since the detective did not have very many clues, she solved the case by using *intuition*.

intuition (in too ish' an) means:

- a. knowing by instinct rather than by reasoning
- b. careful reasoning
- c. wild guess
- d. strong emotion
- 10. "These valuable ways of approaching the world and its problems proceed along different lines of *inquiry* and experience."

There will be a formal *inquiry* into the cause of those airplane crashes last winter.

inquiry (in kwir ´e) means:

- a. explanation
- b. investigation
- c. request
- d. report

Respond in Writing

Directions: Refer to Selection 4-3 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises your instructor may prefer that you work collaboratively, that is, with other stu dents. These exercises are identified in the margin. *If your instructor direct*, *you to work collaboratively on any of these items*, form groups of three or fou classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

Option

Exercise 1 may be completed collaboratively.

1. One measure of how well a person understands something is his or her abil ity to explain the concept to someone else. Suppose that, as an out-of-class project in a biology course, you have been asked to explain the scientific method to a seventh-grade science class. You are preparing notes for your presentation so that you can explain the four steps of the scientific method *in very simple language*. You will probably need to use several short sen tences to describe each step. Use the space below to write your simplified explanation of the scientific method.

SIMPLIFIED EXPLANATION OF THE SCIENTIFIC METHOD

Step 1: Question	 	
Step 2: Hypothesis	 	
Step 3: Prediction		
Step 4: Test		

Option

Exercise 2 may be completed collaboratively.

2. Apply the four steps of the scientific method to this problem: You insert a cassette into your tape player and press the "play" button, but nothing happens. Solve this problem scientifically by posing a question (step 1), creating a hypothesis (step 2), making a prediction (step 3), and testing the hypothesis by performing an experiment (step 4). Write down what you hope to learn by performing each step.

APPLYING THE SCIENTIFIC METHOD

Step 1: Pose a question.

Step 2: Create a hypothesis.

Step 3: Make a prediction.

Step 4: Test the hypothesis.

206 Part Two Comprehension

Option

Exercise 3 may be completed collaboratively.

3. What is the most important overall message these writers want the reader to understand about the scientific method? Try to answer this question in one sentence.



FORMULATING IMPLIED MAIN IDEAS

IN THIS CHAPTER YOU WILL LEARN THE ANSWERS TO THESE QUESTIONS:

What is an implied main idea of a paragraph?

Why is the implied main idea important?

How can I formulate implied main idea sentences?

How can I know when a formulated main idea sentence is correct?

CHAPTER CONTENTS

SKILLS

IMPLIED MAIN IDEAS IN PARAGRAPHS What Is an Implied Main Idea? Why Is the Implied Main Idea Important?

FORMULATING AN IMPLIED MAIN IDEA

Three Steps to Follow Three Ways to Use Information in a Paragraph to Formulate the Main Idea

Formula 1: Add something to a sentence in the paragraph Formula 2: Combine two sentences from the paragraph Formula 3: Combine ideas from several sentences

Three Requirements for Correctly Formulated Main Idea Sentences A Word about Implied Main Ideas in Longer Passages

STANDARDIZED READING TESTS: IMPLIED MAIN IDEAS

SUMMARY

DEVELOPING CHAPTER REVIEW CARDS

READINGS

Selection 5-1 • Sociology "The Changing Roles of Men and Women" by Merrill McLoughlin and others Selection 5-2 • Magazine Article "Laugh Your Stress Away" by Stephen Lally Selection 5-3 • Government "Why Vote?" by Janet Flammang and others

SKILLS

IMPLIED MAIN IDEAS IN PARAGRAPHS

What Is an Implied Main Idea?

Key term

Implied main idea: Main point that is not stated directly as one sentence and therefore must be inferred and formulated by the reader. Every paragraph has a main idea, but not every paragraph includes a *stated* main idea. When an author suggests the most important point without stating it directly, the main idea is *implied*. That is, a paragraph has an *implied main idea* when the author gives you the information needed to understand the main point but does not state it directly as one sentence. When an author implies the main idea, *you*, the reader, must use information in the paragraph to infer (reason out) the main idea and formulate a sentence expressing it.

In other words, if a paragraph presents facts, descriptions, explanations, or examples that only *suggest* the main point the author wants you to understand, it is up to you to formulate this main idea. When you grasp the author's main idea, you are *inferring* it.

Why Is the Implied Main Idea Important?

Your comprehension will be strengthened if you understand not only stated main ideas but also implied main ideas. In addition to increasing your comprehension, you will remember material better if you formulate main ideas whenever they are implied. College instructors assume that students will read carefully enough to understand paragraphs with implied main ideas; often, test items will be based on implied main ideas as well as on more obvious stated main ideas.

To be an effective reader, then, you must be able to formulate main idea sentences for any paragraphs that do not contain stated main idea sentences.

FORMULATING AN IMPLIED MAIN IDEA

Three Steps to Follow

To formulate the implied main idea of a paragraph, follow these general steps:

- 1. First, after you have read the paragraph, *determine the topic* by asking yourself, "What or who is this passage about?"
- 2. Next, *determine the main idea* by asking yourself, "What is the most important idea the author wants me to infer about this topic?"
- 3. Then, use information in the paragraph to *formulate a main idea sentence* that answers the question in step 2. This sentence will be the formulated main idea.

Three Ways to Use Information in a Paragraph to Formulate the Main Idea

Even when authors imply a main idea instead of stating it directly, they still provide you with information you need to infer the main idea. Authors may provide such information in three ways, and those three ways lead to three basic "formulas" for inferring main ideas.

Formula 1: Add something to a sentence in the paragraph

Sometimes, a paragraph contains a sentence which *almost* states the author's main idea, but certain information must be added to that sentence to make it express the main idea completely. To put it another way, an author may express *most* of the main idea in one sentence of the paragraph, yet that sentence may lack some important piece of information—a piece of information that needs to be inserted to make the sentence a *complete* main idea sentence. For instance, a sentence almost expressing the main idea may need to have the topic inserted to make it express the main idea fully.

When a sentence in the paragraph almost states the main idea, *formula 1* can be used to write the main idea sentence:

SENTENCE ALMOST		IMPORTANT PIECE	-	FORMULATED MAIN
STATING MAIN IDEA	Ŧ	OF INFORMATION	-	IDEA SENTENCE

Here is an example of formula 1. The following paragraph is from a sociology textbook. The topic of this passage is *ethnocentrism*. A main idea sentence can be formulated for it by adding the topic, ethnocentrism, to the last sentence of the paragraph. This formulated main idea sentence will express the most important point the authors want you to understand about ethnocentrism.

Each person is born into a particular society that has its own particular culture. At an early age, children begin to learn many aspects of this culture, such as language, standards of behavior, and beliefs. They also begin to learn many of the group's values concerning judgments of good and bad, proper and improper, and right and wrong. This learning continues into and throughout adulthood as people internalize, accept, and identify with their group's way of living. This feeling is called ethnocentrism. It is the basic inclination to judge other cultures in terms of the values and norms of one's own culture.

Form	ulated	l mair	n idea	sentenc

Source: Daniel Hebding and Leonard Glick, *Introduction to Sociology*, McGraw-Hill, New York, 1992, p. 62.

Annotate

Go back to the excerpt. Write a formulated main idea sentence by adding information to the sentence which almost states the main idea. In this paragraph, the sentence "It is the basic inclination to judge other cultures in terms of the values and norms of one's own culture" (the last sentence) would be a complete main idea sentence if it contained the word *ethnocentrism*, which is the topic of the paragraph and is therefore essential to the main idea. A complete formulated main idea can be created by adding *ethnocentrism* to this sentence: *Ethnocentrism is the basic inclination to judge other cultures in terms of the values and norms of one's own culture*.

Formula 2: Combine two sentences from the paragraph

Sometimes a paragraph contains two important sentences, and each of these two contains part of the complete main idea. Both sentences contain important information, yet neither sentence by itself expresses the complete main idea. The two sentences may follow one another, or they may be separated. (For example, the first sentence of the paragraph may present part of the main idea, and the last sentence may give the rest of the main idea.) Since the author has not stated the main idea in a single sentence, *you* must combine these two sentences to formulate one sentence that expresses the complete main idea.

When two sentences in a paragraph each state part of the main idea, *formula 2* can be used to infer and express the main idea as a single sentence:

Here is an example of formula 2. The paragraph below is from a textbook on public speaking. Its topic is *successful speaking*. A main idea sentence for this paragraph can be formulated by combining its first two sentences. This formulated main idea sentence will express the most important point the authors want you to understand about successful speaking.

Successful speaking is more than a matter of technical skill. It also requires enthusiasm. You can't expect people to be interested in what you say unless you are interested yourself. If you are truly excited about your subject, your audience is almost sure to get excited along with you. You can learn all the techniques of effective speechmaking; but before they can be of much use, you must first have something to say—something that sparks your own enthusiasm.

Formulated		sentence
	CALLER PROPERTY.	

Source: From Stephen Lucas, *The Art of Public Speaking*, 4th ed., McGraw-Hill, New York. 1992, pp. 15–16.

Annotate

Go back to the excerpt. Write a formulated main idea sentence by combining two of the sentences in the paragraph. The two most important sentences in this paragraph are the first two: "Successful speaking is more than a matter of technical skill" and "It also requires enthusiasm." Since neither of them expresses the main idea by itself, you must combine them to formulate one main idea sentence: Successful speaking is more than a matter of technical skill because it also requires enthusiasm.

Notice that in this example, the word *because* has been used to connect the two important sentences. In other situations, you might need some other word to connect two sentences, such as *and*, *yet*, *but*, *however*, *because*, *since*, or *also*.

Formula 3: Combine ideas from several sentences

Sometimes, several sentences in a paragraph contain equally important information. When an author presents several sentences with equally important information, *you* will have to formulate a main idea sentence for the paragraph. To formulate the main idea in this case, you must combine the important ideas into a single sentence that expresses the point the author is making. (For example, your formulated main idea sentence may sum up the author's several sentences.) You will have to use some words of your own to formulate a sentence expressing the author's main idea. You will also have to create a sentence that is general enough to sum up *all* the important ideas about the author's main point.

When several sentences in a paragraph state important information, *formula 3* can be used to infer and express the main idea as a single sentence:

Here is an example of formula 3. The following excerpt is from a special section in an algebra textbook which introduces interesting information to be used in solving verbal problems. The topic of this paragraph is *pesticides*. The paragraph has an implied main idea that can be formulated from ideas in four different sentences. As you read the passage, identify the most important point the authors are trying to make about pesticides.

Pesticides kill plants and animals other than the pests they are intended for. Pesticides pollute water systems. Some pests develop immunity to frequently used pesticides. Some pesticides such as DDT and its relatives can remain in the environment for many years beyond the time necessary to do their intended job. Some pesticides have been linked to cancer and other health problems in humans.

Formulated	main	idea	sentence

Source: James Streeter, Donald Hutchison, and Louis Hoelzle, *Beginning Algebra,* 3d ed., McGraw-Hill, New York, 1993, p. 370.

In this paragraph, you must combine important information from *several* sentences to formulate an implied main idea sentence. You will need to examine the information, think about it, and ask yourself, "What is the most important point the authors want me to understand about pesticides?" To answer that question, you will need to use words that are not in the paragraph.

Although the phrase *dangerous effects* does not appear in it, this paragraph is describing dangerous effects of pesticides. It is up to the reader to infer (reason out or deduce) the main idea and supply certain important words like *dangerous effects*. An example of a correctly formulated main idea for the paragraph would be: *Pesticides have dangerous effects on the environment, plants, animals, and human beings*. This formulated main idea sentence combines the important ideas in the paragraph and expresses the point the authors want you to understand about pesticides.

Note that the example we have just given for a formulated main idea sentence is *not* the only possible "correct" formulation. Another possible formulated main idea sentence would be *Pesticides have several dangerous effects*. Still another possibility is: *Certain effects of pesticides are dangerous*. There are other possibilities as well.

Three Requirements for Correctly Formulated Main Idea Sentences

When you formulate an implied main idea sentence (in other words, when you use one of the three formulas above), check to be sure that your sentence is correct. A *correctly formulated implied main idea* is one that meets these three requirements:

- 1. A formulated main idea must include the *topic* of the paragraph.
- 2. A formulated main idea must express the author's *most important point* about the topic.
- 3. A formulated main idea must be a *complete sentence*.

If your formulated main idea sentence meets these three requirements, it will be acceptable (correct). Remember that an implied main idea sentence could be worded in various ways, all of which would be correct as long as they met the three requirements.

A Word about Implied Main Ideas in Longer Passages

Of course, the ability to formulate implied main ideas is a skill that can be applied not only to paragraphs but also to longer passages, such as a section of a textbook chapter, a short reading selection, or an essay. In fact, you will often want to formulate the main idea of an entire passage in order to express its most important point or its overall "message." Throughout this book, the reading selections include exercises which will give you practice in writing main idea sentences expressing the main point of the entire selection.

Annotate

Go back to the excerpt. Write a formulated main idea sentence by combining important information from several sentences.

STANDARDIZED READING TESTS: IMPLIED MAIN IDEAS

College students may be required to take standardized reading tests as part of an overall assessment program, in a reading course, or as part of a state-mandated "basic skills" test. A standardized reading test typically consists of a series of passages followed by multiple-choice questions, to be completed within a specified time limit. Here are some tips about formulating implied main ideas that should help you score as high as possible on standardized tests.

Remember that test items about main ideas may be worded in several different ways. Possible wordings include these:

The author's main point is that ...

The principal idea of this passage is that . . .

Which of the following best expresses the main idea of the entire passage?

Which of the following best expresses the main idea of this paragraph (or a specifically identified paragraph)?

To answer test items like these, first determine the subject matter of the passage: the topic. Then ask yourself, "What is the most important idea the author wants me to understand about the topic?" If you cannot find a single sentence in the passage that answers this question, write your own formulation of the main idea on scratch paper or in the margin next to the passage. Next, examine the choices offered as answers, comparing each choice with your own formulation. Look for a choice that is similar *in meaning* to your own answer, but remember that the wording may be different. If none of the choices is at least partially similar to your formulation, you may need to reread the passage and rethink the main idea.

SUMMARY

DEVELOPING CHAPTER REVIEW CARDS

Review cards, or *summary cards*, are an excellent study tool. They are a way to select, organize, and review the most important information in a textbook chapter. The process of creating review cards helps you organize information in a meaningful way and, at the same time, transfer it into long-term memory. The cards can also be used to prepare for tests (see Part Three). The review card activities in this book give you structured practice in creating these valuable study tools. Once you have learned how to create review cards, you can use them in your other courses.

Now, complete the five review cards for Chapter 5, following the directions on each card. When you have completed them, you will have summarized important information about implied main ideas: (1) what they are, (2) why they are important, (3) what steps and methods to follow in formulating them. (4) how to check to see if your formulations are correct, (5) how to formulate them in longer passages.

Implied Main Ideas

1. What is an implied main idea? (See page 209.)

2. Why is the implied main idea important? (See page 209.)

Chapter 5: Formulating Implied Main Ideas

Steps to Follow in Formulating an Implied Main Idea Sentence

What are three general steps to follow in formulating an implied main idea sentence? (See page 209.)

Step 1:	 	 	
Step 2:	 		
Step 3:	 		

Chapter 5: Formulating Implied Main Ideas

Formulas for Creating Implied Main Idea Sentences

What are three formulas for creating implied main idea sentences? (See pages 210–212.) Formula 1:

Formula 2:

Formula 3:

What are three requirements for a cor		15.
Requirement 1:		
Requirement 2:		
Requirement 3:		

Chapter 5: Formulating Implied Main Ideas

Implied Main Ideas in Longer Passages

- 1. The skill of formulating implied main ideas can be applied to longer reading assignments, such as (see page 213): ______
- 2. A purpose of formulating the main idea of an entire passage is to do the following:

READINGS

Selection 5-1

Sociology

THE CHANGING ROLES OF MEN AND WOMEN

BY MERRILL MCLOUGHLIN WITH TRACY L. SHRYER, ERICA E. GOODE, AND KATHLEEN MCALIFFE

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 5-1.

- 1. First, read and think about the title. What do you already know about the roles of men and women?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) Headings First sentence of each paragraph Words in **bold print** and *italics* Last paragraph (paragraph 7)

On the basis of your preview, how do the roles of men and women seem to be changing?

Apply Comprehension Skills

Directions: Do these exercises *as you read Selection 5-1*. Apply the skills from this chapter:

Formulate implied main ideas. Follow these general steps: first determine the topic; then ask what the author's most important point about the topic is; then create a sentence that expresses the author's most important point. Use the appropriate formula to "formulate" an implied main idea sentence based on information in the paragraph.

Check your formulated main idea sentences. Be sure each of your main idea sentences meets the requirements on page 213.

Complete the Annotation Practice Exercises. In these exercises, you will work only with paragraphs that have implied main ideas.

THE CHANGING ROLES OF MEN AND WOMEN

Do you believe that the roles of men and women are different today from what they have been in the past? Compare your opinion with the opinions of these authors.

In politics and management, the "gender gap" is real

1 There is one difference between the sexes on which virtually every expert and study agree: Men are more aggressive than women. It shows up in 2-year-olds. It continues through school days and persists into adulthood. It is even constant across cultures. And there is little doubt that it is rooted in biology—in the male sex hormone testosterone.

If there's a feminine trait that's the counterpart 2 of male aggressiveness, it's what social scientists awkwardly refer to as "nurturance." Feminists have argued that the nurturing nature of women is not biological in origin, but rather has been drummed into women by a society that wanted to keep them in the home. But the signs that it is at least partly inborn are too numerous to ignore. Just as tiny infant girls respond more readily to human faces, female toddlers learn much faster than males how to pick up non-verbal cues from others. And grown women are far more adept than men at interpreting facial expressions: A recent study by University of Pennsylvania brain researcher Ruben Gur showed that they easily read emotions such as anger, sadness and fear. The only such emotion men could pick up was disgust.

Annotation practice exercises

Directions: For each exercise below,

- Write the topic of the paragraph on the lines provided.
- Formulate the implied main idea of the paragraph and write it on the lines provided.

This will help you remember the topic and the main idea.

Annotation exercise

- Topic of paragraph 1:
- Formulate the implied main idea of paragraph1:

Source: Merrill McLoughlin with Tracy Shryer, Erica Goode, and Kathleen McAliffe, "Men versus Women," in Daniel Hebding and Leonard Glick, *Introduction to Sociology,* McGraw-Hill, New York, 1992, from pp. 111–112. Abridged from an excerpt from *U.S. News and World Report,* August 8, 1988, pp. 50–56, from *Men versus Women.* Copyright 1988, U.S. News and World Report. Reprinted by permission.

221 Chapter 5 Formulating Implied Main Ideas

- ³ What difference do such differences make in the real world? Among other things, women appear to be somewhat less competitive—or at least competitive in different ways—than men. At the Harvard Law School, for instance, female students enter with credentials just as outstanding as those of their male peers. But they don't qualify for the prestigious *Law Review* in proportionate numbers, a fact some school officials attribute to women's discomfort in the incredibly competitive atmosphere.
- ⁴ Students of management styles have found fewer differences than they expected between men and women who reach leadership positions, perhaps because many successful women deliberately imitate masculine ways. But an analysis by Purdue social psychologist Alice Eagly of 166 studies of leadership style did find one consistent difference: Men tend to be more "autocratic"—making decisions on their own while women tend to consult colleagues and subordinates more often.
- 5 Studies of behavior in small groups turn up even more differences. Men will typically dominate the discussion, says University of Toronto psychologist Kenneth Dion, spending more time talking and less time listening.

Political fallout

⁶ The aggression-nurturance gulf even shows up in politics. The "gender gap" in polling is real and enduring: Men are far more prone to support a strong defense and tough law-andorder measures such as capital punishment, for instance, while women are more likely to approve of higher spending to solve domestic social problems such as poverty and inequality. Interestingly, there is virtually no gender gap on "women's issues," such as abortion and day care; in fact, men support them slightly *more* than women....

Annotation exercise

- Topic of paragraph 4:
- Formulate the implied main idea of paragraph 4:

222 Part Two Comprehension

7

Applied to the female of the species, the word "different" has, for centuries, been read to mean "inferior." At last, that is beginning to change. And in the end, of course, it's not a question of better or worse. The obvious point—long lost in a miasma of ideology—is that each sex brings strengths and weaknesses that may check and balance the other; each is half of the human whole.

Annotation exercise

Topic of paragraph 7:

• Formulate the implied main idea of paragraph 7:

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- 1. The one difference between the sexes that authorities seem to agree on is that men are more aggressive than women.
- 2. Feminists argue that "nurturance" (the nurturing nature of women) has been drummed into women by a society that wants to keep them at home.
- 3. According to recent studies, women are far more adept than men at interpreting facial expressions.
- 4. Women appear to be less competitive than men, or at least competitive in a different way from men.
- 5. Researchers who study management styles have found more differences than they expected between men and women who reach leadership positions.

Multiple-choice

Directions: For each item, select the best answer.

- 6. After analyzing 166 studies of leadership style, Alice Eagly found that
 - a. men tended to make more decisions on their own.
 - b. women tended to consult colleagues and subordinates less often.
 - c. men and women were similar.
 - d. there were no differences between men and women.

223 Chapter 5 Formulating Implied Main Ideas

7. Polls on political issues report that

- a. men are less prone to support strong defense and tough law-and-order measures.
- b. women are less likely to approve of higher spending to solve domestic social problems.
- c. there is a definite "gender gap" on "women's issues."
- d. none of the above.
- 8. Applied to the female of the species, the word *different* has, for centuries, been interpreted as
 - a. physically different.
 - b. inferior.
 - c. more nurturing.
 - d. all of the above.
- 9. Studies of men and women in small groups have found that
 - a. men typically dominate the discussion and spend less time listening.
 - b. women typically dominate the discussion and spend less time listening.
 - c. there are no differences between men and women.
 - d. there is no consistent pattern.
- _ 10. The authors of this selection conclude that
 - a. differences between the sexes will continue to create difficulties for the societies of the world.
 - b. each sex brings strengths and weaknesses that may check and balance the other, since each is half of the human whole.
 - c. no further research is needed.
 - d. there is essentially no difference between the sexes.

Extend Your Vocabulary by Using Context Clues

Directions: Context clues are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 5-1 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ĕ pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏo took \overline{oo} boot ŭ cut y \overline{oo} abuse ûr urge th thin *th* this hw which zh vision \Rightarrow about

THE CHANGING ROLES OF MEN AND WOMEN

Do you believe that the roles of men and women are different today from what they have been in the past? Compare your opinion with the opinions of these authors.

In politics and management, the "gender gap" is real

1

2

There is one difference between the sexes on which virtually every expert and study agree: Men are more aggressive than women. It shows up in 2-year-olds. It continues through school days and persists into adulthood. It is even constant across cultures. And there is little doubt that it is rooted in biology—in the male sex hormone testosterone.

If there's a feminine trait that's the counterpart of male aggressiveness, it's what social scientists awkwardly refer to as "nurturance." Feminists have argued that the nurturing nature of women is not biological in origin, but rather has been drummed into women by a society that wanted to keep them in the home. But the signs that it is at least partly inborn are too numerous to ignore. Just as tiny infant girls respond more readily to human faces, female toddlers learn much faster than males how to pick up non-verbal cues from others. And grown women are far more adept than men at interpreting facial expressions: A recent study by University of Pennsylvania brain researcher Ruben Gur showed that they easily read emotions such as anger, sadness and fear. The only such emotion men could pick up was disgust.

Annotation practice exercises

Directions: For each exercise below,

- Write the topic of the paragraph on the lines provided.
- Formulate the implied main idea of the paragraph and write it on the lines provided.

This will help you remember the topic and the main idea.

Annotation exercise

- Topic of paragraph 1:
- Formulate the implied main idea of paragraph1:

Source: Merrill McLoughlin with Tracy Shryer, Erica Goode, and Kathleen McAliffe, "Men versus Women," in Daniel Hebding and Leonard Glick, *Introduction to Sociology*, McGraw-Hill, New York, 1992, from pp. 111–112. Abridged from an excerpt from *U.S. News and World Report*, August 8, 1988, pp. 50–56, from *Men versus Women*. Copyright 1988, U.S. News and World Report. Reprinted by permission.

What difference do such differences make in the real world? Among other things, women appear to be somewhat less competitive—or at least competitive in different ways—than men. At the Harvard Law School, for instance, female students enter with credentials just as outstanding as those of their male peers. But they don't qualify for the prestigious *Law Review* in proportionate numbers, a fact some school officials attribute to women's discomfort in the incredibly competitive atmosphere.

Students of management styles have found iewer differences than they expected between men and women who reach leadership positions, perhaps because many successful women deliberately imitate masculine ways. But an analysis by Purdue social psychologist Alice Eagly of 166 studies of leadership style did find one consistent difference: Men tend to be more "autocratic"—making decisions on their own while women tend to consult colleagues and subordinates more often.

Studies of behavior in small groups turn up even more differences. Men will typically dominate the discussion, says University of Toronto psychologist Kenneth Dion, spending more time talking and less time listening.

Political fallout

5

6

The aggression-nurturance gulf even shows up in politics. The "gender gap" in polling is real and enduring: Men are far more prone to support a strong defense and tough law-andorder measures such as capital punishment, for instance, while women are more likely to approve of higher spending to solve domestic social problems such as poverty and inequality. Interestingly, there is virtually no gender gap on "women's issues," such as abortion and day care; in fact, men support them slightly *more* than women....

Annotation exercise

• Topic of paragraph 4:

- Formulate the implied main idea of paragraph 4:

222 Part Two Comprehension

7

Applied to the female of the species, the word "different" has, for centuries, been read to mean "inferior." At last, that is beginning to change. And in the end, of course, it's not a question of better or worse. The obvious point—long lost in a miasma of ideology—is that each sex brings strengths and weaknesses that may check and balance the other; each is half of the human whole.

Annotation exercise

- Topic of paragraph 7:
- Formulate the implied main idea of paragraph 7:

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- 1. The one difference between the sexes that authorities seem to agree on is that men are more aggressive than women.
- 2. Feminists argue that "nurturance" (the nurturing nature of women) has been drummed into women by a society that wants to keep them at home.
- 3. According to recent studies, women are far more adept than men at interpreting facial expressions.
- 4. Women appear to be less competitive than men, or at least competitive in a different way from men.
 - 5. Researchers who study management styles have found more differences than they expected between men and women who reach leadership positions.

Multiple-choice

Directions: For each item, select the best answer.

- 6. After analyzing 166 studies of leadership style, Alice Eagly found that
 - a. men tended to make more decisions on their own.
 - b. women tended to consult colleagues and subordinates less often.
 - c. men and women were similar.
 - d. there were no differences between men and women.

223 Chapter 5 Formulating Implied Main Ideas

7. Polls on political issues report that

- a. men are less prone to support strong defense and tough law-and-order measures.
- b. women are less likely to approve of higher spending to solve domestic social problems.
- c. there is a definite "gender gap" on "women's issues."
- d. none of the above.
- 8. Applied to the female of the species, the word *different* has, for centuries, been interpreted as
 - a. physically different.
 - b. inferior.
 - c. more nurturing.
 - d. all of the above.
 - 9. Studies of men and women in small groups have found that
 - a. men typically dominate the discussion and spend less time listening.
 - b. women typically dominate the discussion and spend less time listening.
 - c. there are no differences between men and women.
 - d. there is no consistent pattern.
 - _ 10. The authors of this selection conclude that
 - a. differences between the sexes will continue to create difficulties for the societies of the world.
 - b. each sex brings strengths and weaknesses that may check and balance the other, since each is half of the human whole.
 - c. no further research is needed.
 - d. there is essentially no difference between the sexes.

Extend Your Vocabulary by Using Context Clues

Directions: Context clues are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 5-1 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ë pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out \overline{x} took \overline{x} boot ŭ cut yōo abuse ûr urge th thin *th* this hw which zh vision \ni about 1. "In politics and management, the 'gender gap' is real."

By using certain medical tests, it is possible to determine the *gender* of a baby before it is born.

gender (jĕn' dər) means:

- a. pertaining to business
- b. pertaining to classification by sex
- c. pertaining to males
- d. pertaining to females
- 2. "Feminists have argued that the *nurturing* nature of women is not biological in origin, but rather has been drummed into women by a society that wanted to keep them at home."

Caring, supportive teachers and counselors provide a *nurturing* environment for students.

nurturing (nûr' chər ing) means:

- a. busy or productive
- b. stimulating or exciting
- c. new or innovative
- d. nourishing or growth-producing
- 3. "Just as tiny infant girls respond more *readily* to human faces, female toddlers learn much faster than males how to pick up nonverbal cues from others."

When confronted with the evidence, the shoplifter *readily* admitted her guilt.

readily (red 1 e) means:

- a. promptly
- b. happily
- c. reluctantly
- d. selectively
- 4. "At the Harvard Law School, for instance, female students enter with *credentials* just as outstanding as those of their male peers."

He wanted to become the chief of police, but he lacked experience and certain necessary *credentials*.

credentials (kri den' shəlz) means:

- a. qualifications
- b. applications
- c. certificates
- d. high grade-point averages

5. "But women don't qualify for the *prestigious* Law Review in proportionate numbers."

Former Supreme Court Justice Thurgood Marshall received many *presti*gious awards for his lifetime of outstanding service.

prestigious (pre stij' əs) means:

- a. well-known or famous
- b. given high status or held in high esteem
- c. competitive
- d. existing for many years
- 6. "Men tend to be more 'autocratic'—making decisions on their own while women tend to consult colleagues and subordinates more often."

The citizens hated many of the policies of their country's autocratic dictator.

autocratic (ô tō kră' tic) means:

- a. poorly thought out
- b. unfair
- c. definite
- d. having unlimited power

The manager gave her *subordinates* a bonus when her department achieved a new sales record.

subordinates (sə bôr´ də nits) means:

- a. people of lower rank or under the authority of another
- b. people of equal rank; peers
- c. supervisors or people of higher rank
- d. people whose rank is not known or cannot be determined
- 8. "The aggression-nurturance gulf even shows up in politics."

After their terrible argument, there was a great *gulf* between the father and his son.

gulf (gulf) means:

- a. wide gap; separating distance
- b. large body of water, such as an ocean
- c. ill-will or hostility
- d. confusion

9. "Men are far more *prone* to support a strong defense and tough lawand-order measures such as capital punishment."

Lee is an impulsive person who is *prone* to act without thinking first.

prone (pron) means:

- a. lying face down
- b. opposed to
- c. happy
- d. having a tendency; likely
- 10. "Women are more likely to approve higher spending to solve *domestic* social problems such as poverty and inequality."

The president was accused of neglecting *domestic* issues because he was more interested in international affairs.

domestic (da mes' tik) means:

- a. pertaining to the home
- b. pertaining to women
- c. pertaining to a country's internal affairs
- d. pertaining to pets and farm animals

Respond in Writing

Directions: Refer to Selection 5-1 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

1. Complete the chart on the opposite page, which compares and contrasts the characteristics the authors present for women and those they present for men.

227 Chapter 5 Formulating Implied Main Ideas

Option	Men	Women
Exercise 1 may be completed	Competitive	Nurturing
ollaboratively.		Likely to consult subordinates and colleagues in decision- making
	Likely to dominate small-group discussions	
		In favor of higher government spending on domestic problems
	Tending to support women's issues	

Option

Exercise 2 may be completed collaboratively.

2. What is the most important overall message these writers want the reader to understand about the roles of men and women? Try to answer this question in one sentence.

LAUGH YOUR STRESS AWAY

Magazine article BY STEPHEN LALLY

Selection 5-2

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 5-2.

- 1. First, read and think about the title. What do you already know about stress?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) Headings First sentence of each paragraph

On the basis of your preview, what advice is the author going to give about handling stress?

Apply Comprehension Skills

Directions: Do these exercises *as you read Selection 5-2*. Apply the skills from this chapter:

Formulate implied main ideas. Follow these general steps: first determine the topic; then ask what the author's most important point about the topic is; then create a sentence that expresses the author's most important point. Use the appropriate formula to "formulate" an implied main idea sentence based on information in the paragraph.

Check your formulated main idea sentences. Be sure each of your main idea sentences meets the requirements on page 213.

Complete the Annotation Practice Exercises. In these exercises, you will work only with paragraphs that have implied main ideas.

LAUGH YOUR STRESS AWAY

If fast relief is what you're after, then laughter really is the best medicine.

- 1 Humor is one of the best on-the-spot stress busters around. It's virtually impossible to belly laugh and feel bad at the same time. If you're caught in a situation you can't escape or change (a traffic jam, for example), then humor may be the healthiest form of temporary stress release possible.
- Even when you *can* change the situation, humor helps. Research by Alice M. Isen, Ph.D., a psychologist at Cornell University, in Ithaca, New York, shows that people who had just watched a short comedy film were better able to find creative solutions to puzzling problems than people who had either just watched a film about math or had just exercised. In other studies, Dr. Isen found that shortly after watching or experiencing comedy, people were able to think more clearly and were better able to "see" the consequences of a given decision.
- ³ The physiological effects of a good laugh work against stress. After a slight rise in heart rate and blood pressure during the laugh itself, there's an immediate recoil: Muscles relax and blood pressure sinks below prelaugh levels, and the brain may release endorphins, the same stress reducers that are triggered by exercise. A

Annotation practice exercises

Directions: For each exercise below,

- Write the topic of the paragraph on the lines provided.
- Formulate the implied main idea of the paragraph and write it on the lines provided.

This will help you remember the topic and the main idea.

hearty ha-ha-ha also provides a muscle massage for facial muscles, the diaphragm and the abdomen. Studies show it even temporarily boosts levels of immunoglobulin A, a virusfighter found in saliva.

- 4 While our cave-dwelling ancestors were stressed by actual life-threatening situations like bumping into a wooly mammoth, times have changed. "Nowadays, stress is usually not caused by the situation itself, but by how we perceive that situation," says Allen Elkin, Ph.D., program director of Manhattan's Stress Management and Counseling Centers. Getting a new perspective is what comedy is all about. Several philosophers and writers have pointed out that comedy and tragedy are different ways of looking at the same stressful event.
 - Comedy works by stepping back from a situation and playing up its absurdities. The same kind of disinterested observation makes the tale of your disastrous vacation seem funny—after you get safely home. For stress busting, the trick is to find ways to laugh at the situation *while it's happening.* Even if you don't consider yourself much of a comedian, here are a few simple techniques you can use:

Source: Stephen Lally, "Laugh Your Stress Away," Prevention, June 1991, from pp. 50-53. Reprinted by permission of Prevention magazine.

5

The Bart Simpson maneuver

How would your favorite cartoon character or comedian react to the situation? "Imagining what would happen can give you a chuckle, making the situation less annoying. You can even pretend *you're* the star of a TV comedy, and this frustrating episode is tonight's plot," says Steve Allen Jr., M.D., an assistant professor of family medicine at SUNY Health Science Center, Syracuse (yes, he's the son of wellknown comedian Steve Allen).

Ballooning

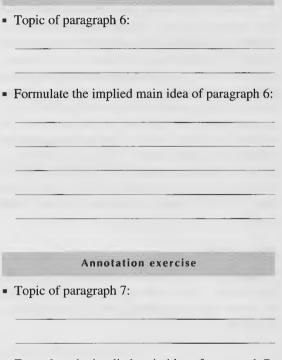
6

In your mind, consciously exaggerate the 7 situation: Blow it completely out of proportion and into absurdity-into a comedy routine. In that long, long checkout line, don't say "This waiting is killing me; I hate this." Say: "I'll never get to the front of this [line]. The woman ahead of me is covered in cobwebs. The guy in front of her grew a beard standing in line. The cashier must be part snail. The continental drift moves faster." This maneuver helps take the edge off the situation, redirects your tension, and helps you see things as not so impossible after all. Your running commentary, however, is probably best kept to yourself. If people stare at you because you seem to be laughing for no reason, pretend you're reading the scandal sheets. You don't have to be a master of oneliners to be funny. There are gentler forms of humor that can defuse anxiety in a group without making anyone feel like the butt of a joke.

Pick a safe subject

8

Making fun of your own foibles can save face in an embarrassing situation—you'll have people laughing *with* you, rather than *at* you. Inanimate sources of frustration, like computers and copying machines, are also safe objects of humor.



Annotation exercise

• Formulate the implied main idea of paragraph 7:

Lay it on the line

9 Sometimes just telling the truth or pointing out the obvious can get a laugh. People are accustomed to exaggeration and truth bending (too many TV commercials, perhaps), so plain speaking can come as a refreshing shock. For example, after delivering a series of lengthy explanations during a question-and-answer period, some people have been known to put everyone in stitches by simply replying to the next question with "Gee, I don't know." This kind of humor is a way of fighting stress by accepting our shortcomings," says Joel Goodman, Ed.D., director of the HUMOR Project in Saratoga Springs, New York.

Clip a cartoon

10 Keep a file of jokes and cartoons that make *you* laugh. Paste a few up where you're likely to need them—at work, on the refrigerator, wherever.

Annotation exercise

Topic of paragraph 9:

• Formulate the implied main idea of paragraph 9:

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- _____ 1. The author believes that humor may be the healthiest way to relieve stress.
 - 2. During a good laugh, there is a slight rise in heart rate and blood pressure.
 - 3. After a good laugh, blood pressure returns to its prelaugh level.
 - 4. Our cave-dwelling ancestors were stressed by life-threatening situations.
 - 5. The trick to stress busting is find ways to laugh at the situation after it has happened.
 - _____ 6. Getting a new perspective is what comedy is all about.

Multiple-choice

Directions: For each item, select the best answer.

- 7. Alice Isen, Ph.D., concluded that after watching or experiencing comedy, people
 - a. felt better temporarily but then became depressed again.
 - b. were able to think more clearly and see the consequences of a given decision.
 - c. reported no difference.
 - d. gradually became more relaxed and cheerful.
- 8. The physiological effects of a good laugh include
 - a. relaxation of the muscles.
 - b. lowering of blood pressure.
 - c. release of endorphins.
 - d. all of the above.
 - 9. The Bart Simpson maneuver for reducing stress is to imagine
 - a. yourself removed from the stressful situation.
 - b. yourself as Bart Simpson.
 - c. how your favorite cartoon character or comedian would react.
 - d. none of the above.
- 10. Ballooning, a technique to reduce stress, consists of
 - a. seeing yourself attached to a balloon which is floating away from the stressful situation.
 - b. consciously exaggerating the situation by blowing it out of proportion into absurdity.
 - c. releasing your tension by inhaling and exhaling deeply.
 - d. visualizing your stress as a balloon that explodes and disappears.

Extend Your Vocabulary by Using Context Clues

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 5-2 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ĕ pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏŏ took oō boot ŭ cut yoō abuse ûr urge th thin *th* this hw which zh vision ə about

1. "The physiological effects of a good laugh work against stress."

Exercise has psychological benefits as well as *physiological* ones.

physiological (fiz ē ə loj´ ə kəl) means:

- a. pertaining to the emotions
- b. pertaining to bodily processes
- c. pertaining to nutrition
- d. pertaining to the lifespan of an organism
- 2. "After a slight rise in heart rate and blood pressure during the laugh itself, there's an immediate *recoil.*"

After he fired the powerful shotgun, the recoil knocked him backwards.

recoil (re koil) means:

- a. clicking sound
- b. winding something in loops
- c. increase
- d. drop or movement backwards
- 3. "Muscles relax and blood pressure sinks below prelaugh levels, and the brain may release *endorphins*, the same stress reducers that are triggered by exercise."

Exercising, eating chocolate, and being in love release *endorphins* in the body.

endorphins (en dôr' finz) means:

a. hormones in the brain that cause hunger

- b. chemicals in the brain that cause drowsiness and confusion
- c. hormones in the body that cause feelings of sadness and depression
- d. chemicals in the brain that reduce pain and produce a sense of well-being
- 4. "Muscles relax and blood pressure sinks below prelaugh levels, and the brain may release endorphins, the same stress reducers that are *triggered* by exercise."

The rioting in the city was triggered by the judge's unfair ruling.

triggered (trig' ərd) means:

- a. activated or initiated
- b. pulled a trigger
- c. prevented
- d. increased or grew larger

5. "While our cave-dwelling ancestors were stressed by actual life-threatening situations like bumping into a woolly *mammoth*, times have changed."

Scientists do not know for sure why the mammoth disappeared.

mammoth (măm´ əth) means:

a. type of large moth

- b. animal that looks similar to a human being
- c. extinct type of elephant once found throughout the northern hemisphere d. rare bird
- 6. "The same kind of *disinterested* observation makes the tale of your disastrous vacation seem funny—after you get safely home."

Referees and umpires must be *disinterested* in who wins the games they officiate at.

disinterested (dis in' tri stid) means:

- a. deeply interested
- b. uninterested
- c. knowledgeable
- d. impartial or free from bias
- 7. "The continental drift moves faster."

During World War II, continental warfare enveloped nearly all of Europe.

continental (kon tə nen' tl) means:

- a. of or like a continent, a principal land mass of the earth
- b. pertaining to water or the ocean
- c. related to travel
- d. pertaining to the nations of the world
- 8. "This *maneuver* helps take the edge off the situation, redirects your tension, and helps you see things as not so impossible after all."

I tried to talk the police officer out of giving me a speeding ticket by being friendly and polite, but the *maneuver* failed.

maneuver (ma nü' var) means:

- a. joke
- b. strategy
- c. excuse
- d. mistaken idea

9. "Making fun of your own *foibles* can save face in an embarrassing situation—you'll have people laughing with you, rather than at you."

He was a practical joker and a nonstop talker, but he was so talented that we overlooked these *foibles*.

foibles (foi' bəlz) means:

- a. fatal flaws in one's character
- b. careless mistakes
- c. minor weaknesses of character
- d. humiliating experiences
- 10. "Inanimate sources of frustration, like computers and copying machines, are also safe objects of humor."

The actor's performance was so stiff that he seemed almost inanimate.

inanimate (in ăn' ə mit) means:

- a. unfamiliar
- b. lively or spirited
- c. like a cartoon character
- d. lacking lifelike qualities

Respond in Writing

Directions: Refer to Selection 5-2 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

Consider the following situation:

Stephen Lally says, "Stress is not usually caused by the situation itself, but by how we perceive the situation." Suppose that you are to give a presentation in one of your classes. A few minutes before class, someone spills coffee on you in the cafeteria. You have a large coffee stain on your shirt, but there is no time to change before class.

237 Chapter 5 • Formulating Implied Main Ideas

tion.
lly's five stress-bust-
t must be safe and
r wants the reader to one sentence.

Selection 5-3

Government

WHY VOTE? POLITICIANS ARE ALL THE SAME

BY JANET FLAMMANG, DENNIS GORDON, TIMOTHY LUKES, AND KENNETH SMORSTEN

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 5-3.

- 1. First, read and think about the title. When was the last time you voted? If you have never voted, why not?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) First sentence of each paragraph Last paragraph (paragraph 5)

On the basis of your preview, what do you think this selection is about?

Apply Comprehension Skills

Directions: Do these exercises *as you read Selection 5-3*. Apply the skills from this chapter:

Formulate implied main ideas. Follow these general steps: first determine the topic; then ask what the author's most important point about the topic is; then create a sentence that expresses the author's most important point. Use the appropriate formula to "formulate" an implied main idea sentence based on information in the paragraph.

Check your formulated main idea sentences. Be sure each of your main idea sentences meets the requirements on page 213.

Complete the Annotation Practice Exercises. In these exercises, you will work only with paragraphs that have implied main ideas.

WHY VOTE? POLITICIANS ARE ALL THE SAME

Do you vote? If not, why not? Should everyone vote?

Given the fact that each person is only one of approximately 90 million voters in this country, does it make sense to believe that one person's participation, one vote, will have any impact on a major election? Simply to raise the question "What if everyone felt the same way?" does not remove the lingering impression that a single person is dwarfed by the enormous number of people who do trek to the polls, especially in a national election.

1

- 2 Supporters of the ruling elite theory insist that even though voters are given a choice among candidates, their choice is restricted to a narrow range of similar-minded individuals sanctioned by the ruling elite. Elections do not express what most people want or need, nor do they provide guidance for politicians (even if they want it) on what policies to enact. In this view, elections are primarily just rituals that perform a symbolic function for society.
- 3 Still, since most people continue to show their faces at the polls at one time or another, what arguments can be made in favor of voting? One argument is that voting does have significance, if not in individual impact, then in group pressure. Because citizens collectively have the power to give or withhold votes, they directly control the tenure of elected officials. Even if the choice is between Tweedledee and Tweedledum, Tweedledee knows that a day of reckoning is fixed by law and that minimally he or she must strive to avoid displeasing the constituents or lose the job.

Annotation practice exercises

Directions: For each exercise below,

- Write the topic of the paragraph on the lines provided.
- Formulate the implied main idea of the paragraph and write it on the lines provided.

This will help you remember the topic and the main idea.

Annotation exercise

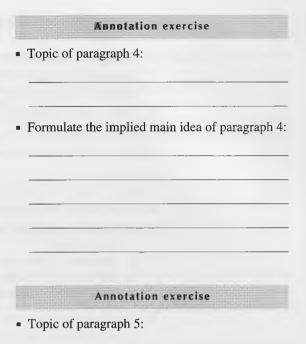
- Topic of paragraph 1:
- Formulate the implied main idea of paragraph 1:

Source: Janet Flammang, Dennis Gordon, Timothy Lukes, and Kenneth Smorsten, "Why Vote? Politicians Are All the Same," from American Politics in a Changing World, 3d ed., Wadsworth, Belmont, Calif., 1990, p. 304. Copyright © 1990. Used by permission of Wadsworth Publishing Company.

241 Chapter 5 Formulating Implied Main Ideas

- ⁴ But perhaps political efficacy and impact in voting are not the only consideration anyway. People do not vote only to influence policy. Millions go to the effort to register and vote for a variety of other reasons as well. Some people may participate just to avoid feeling guilty about not voting. They may have been taught that is their patriotic duty to vote and that they have no right to complain about the outcome if they stay at home. Still others may vote to derive satisfaction from feeling that they are somehow participants, not just spectators, in an exciting electoral contest.
 - Even if their one vote may not be crucial to the outcome, it nevertheless affirms their role in and support for the political process. Indeed, perhaps it is this final need that fuels the desire for full democratic participation among people in many nations of the world.

5



Formulate the implied main idea of paragraph 5:

Comprehension Quiz

True or false

Directions: In the space provided, indicate whether each statement is true or false.

- 1. The writers of this passage believe that a person should still vote even though that person is only one of approximately 7.5 million voters.
- 2. Voters may vote a politician out of office if he or she displeases the constituents.

- 3. Voting does have significance, if not in individual impact, then in group pressure.
- _____ 4. Voters go to the polls for a single reason.
 - 5. Most people believe that elections are primarily just rituals that perform a symbolic function for society.
 - _ 6. Voters cannot directly control the tenure of elected officials.

Multiple-choice

Directions: For each item, select the best answer.

- 7. Supporters of the ruling elite theory believe that
 - a. there is a narrow range of similar-minded candidates for voters to choose from.
 - b. elections express what people want and need.
 - c. people vote as a way to influence policy.
 - d. voters find electoral contests exciting.
- 8. People continue to vote for all of the following reasons except that they
 - a. feel their one vote is crucial to the outcome of the election.
 - b. want to avoid feeling guilty about not voting.
 - c. feel it is patriotic to do so.
 - d. feel as if they are participants in the electoral process and not just spectators.
- 9. The example of the twins Tweedledum and Tweedledee (characters in the book *Alice in Wonderland*) is used by these writers to illustrate that
 - a. the world of politics is a "wonderland."
 - b. voters do not control how long a candidate will be in office.
 - c. people need to vote.
 - d. voters sometimes have to choose between remarkably similar candidates.
- 10. The authors believe that in the final analysis, eligible voters
 - a. vote because they have overcome doubts that their one vote is useless.
 - b. do not vote, because they have not overcome their doubts.
 - c. vote because voting affirms their role in and supports the political process.
 - d. vote because they have strong ties to the political party of their choice.

Extend Your Vocabulary by Using Context Clues

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 5-3 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ä father ë pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏŏ took \overline{oo} boot ŭ cut yōō abuse ûr urge th thin th this hw which zh vision \ni about

1. "Supporters of the ruling elite theory insist that even though voters are given a choice among candidates, their choice is restricted to a narrow range of similar-minded individuals sanctioned by the ruling *elite.*"

The *elite* usually live in large homes, are well educated, hold positions of power in their jobs, shop at expensive specialty stores, eat in fine restaurants, and drive luxury cars.

elite (i let') means:

- a. men in a social group
- b. older members of a social group
- c. superior members of a social group
- d. new members of a social group
- 2. "Elections do not express what most people want or need, nor do they provide guidance for politicians (even if they want it) on what policies to *enact."*

Congress must go through a lengthy process to *enact* a piece of proposed legislation.

enact (ĕn ăkt´) means:

- a. make a bill into a law
- b. act out on a stage
- c. pretend
- d. write

3. "Because citizens *collectively* have the power to give or withhold votes, they directly control the tenure of elected officials."

The club members believed, *collectively*, that their president should resign; and because they all felt that way, he turned in his resignation.

collectively (ka lek tiv le) means:

- a. in a manner pertaining to a collection of objects
- b. for a reason
- c. in a manner pertaining to a country
- d. by a number of individuals acting as one group
- 4. "Because citizens collectively have the power to give or withhold votes, they directly control the *tenure* of elected officials."

Supreme Court justices have a lifetime *tenure* and serve until they retire, resign, or die.

tenure (těn´ yər) means

- a. power held by a person in office
- b. length of time a person holds office
- c. salary paid to a person who holds office
- d. success of a person who holds office
- 5. "Even if the choice is between Tweedledee and Tweedledum, Tweedledee knows that the day of reckoning is fixed by law and that *minimally* he or she must strive to avoid displeasing the constituents or lose the job."

With just a high school diploma, he was only *minimally* prepared to start a career.

minimally (min' a mal e) means:

- a. to the greatest degree or amount possible
- b. to the same amount or degree
- c. to an unknown amount or degree
- d. to the least amount or degree
- 6. "Even if the choice is between Tweedledee and Tweedledum, Tweedledee knows that the day of reckoning is fixed by law and that minimally he or she must strive to avoid displeasing the *constituents* or lose the job."

Because the *constituents* were unhappy with the mayor's performance, they did not reelect him.

constituents (ken stich' oo ants) means:

- a. people who are represented by an elected official
- b. people who favor an elected official
- c. people who vote in every election
- d. people who plan to seek public office

7. "But perhaps political *efficacy* and impact in voting are not the only consideration anyway."

Tim was thankful for the *efficacy* of the new medicine; it stopped his terrible headache.

efficacy (ĕf´ i kə sē) means:

- a. prescription
- b. weakness
- c. ability to produce a desired effect
- d. formula
- 8. "Still others may vote to *derive* satisfaction from feeling that they are somehow participants, not just spectators, in an exciting electoral contest."

With a positive attitude, you can *derive* enjoyment even from ordinary day-to-day tasks.

derive (di riv') means:

- a. wish for
- b. avoid
- c. delay
- d. obtain

9. "Still others may vote to derive satisfaction from feeling that they are somehow participants, not just spectators, in an exciting *electoral* contest."

Many people criticize the *electoral* process, but it is still one of the fairest systems for choosing government officials.

electoral (i lek' tər əl) means:

- a. pertaining to voting
- b. pertaining to Congress
- c. pertaining to political campaigns
- d. pertaining to luck
- 10. "Even if their one vote may not be crucial to the outcome, it nevertheless *affirms* their role in and support for the political process."

The homeless man says that people's kindness to him since his accident *affirms* his faith in human goodness.

affirms (ə fûrmz') means:

- a. reduces
- b. declares or maintains to be true
- c. proves wrong
- d. reveals or shows

Respond in Writing

Directions: Refer to Selection 5-3 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items*, form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

1. According to the selection, what are three reasons that people should vote?

2. List the three reasons the authors present for why people do not vote.

Option

Exercise 3 may be completed collaboratively. 3. Suppose that only a very small number of citizens in the United States voted in presidential elections. Discuss what you think might happen to our country by the year 2010 if no more than one or two out of every 100 qualified voters bothered to vote.

Option

Exercise 4 may be completed collaboratively. 4. What is the most important overall message these writers want the reader to understand about voting? Try to answer this question in one sentence.





IDENTIFYING SUPPORTING DETAILS

IN THIS CHAPTER YOU WILL LEARN THE ANSWERS TO THESE QUESTIONS:

What are supporting details in a paragraph?

Why is it useful to understand supporting details?

How can I find supporting details in paragraphs?

How can I identify and list supporting details clearly?

CHAPTER CONTENTS

SKILLS

SUPPORTING DETAILS IN PARAGRAPHS What Are Supporting Details? Why Are Supporting Details Important?

FINDING AND LISTING SUPPORTING DETAILS

STANDARDIZED READING TESTS: SUPPORTING DETAILS

SUMMARY

DEVELOPING CHAPTER REVIEW CARDS

READINGS

Selection 6-1 • *Business* "Communication Close-Up at Ben and Jerry's Homemade" by Courtland Bovée and John Thill Selection 6-2 • *Essay* "How to Find Time to Read" by Louis Shores Selection 6-3 • *Economics* From "A Beginner's Guide to the World Economy" by Randy Charles Epping

SKILLS

SUPPORTING DETAILS IN PARAGRAPHS

What Are Supporting Details?

Key term

Supporting details: In a paragraph, additional information necessary for understanding the main idea.

The topic and the main idea are essential to understanding a paragraph, but a paragraph consists of more than a topic and a main idea. The other sentences in the paragraph are supporting details. *Supporting details* provide additional information that enables you to understand the main idea fully.

Supporting details may consist of names, dates, places, descriptions, statistics, or other information explaining or illustrating the main idea. Other types of supporting details include steps in a process, lists of characteristics, reasons, results, items in series, similarities, and differences.

Be careful not to confuse supporting details with the main idea: although they are related to the main idea, they are not the same thing.

Why Are Supporting Details Important?

Supporting details have an important connection with the main idea. These details often lead you to a stated main idea, since all of them explain more about the main idea. Also, of course, supporting details help you formulate the main idea when it is implied.

In addition, it is useful to identify and understand supporting details because they can help you grasp the *organization* of a paragraph. You will see how the supporting details explain, illustrate, or support the main idea of the paragraph. This makes it easier to remember the material, to take notes, and to mark your textbooks effectively.

Listing supporting details as you read can help you study more efficiently. There are many instances when you will want to list supporting details in order to learn and remember them. For example, you would want to include important details on chapter review cards. Instructors often ask test questions based on supporting details—names, dates, places, and other important details.

Along with determining the topic and the main idea, then, identifying supporting details will help you become a successful reader and student.

FINDING AND LISTING SUPPORTING DETAILS

To identify the supporting details of a paragraph, ask yourself, "What else does the author want me to know so that I can understand the main idea completely?" To answer this question, turn the main idea sentence into a question by using the words who, what, where, when, why, and how.

For example, suppose that the main idea of a paragraph is: In a corporation, the chief financial officer is responsible for many basic functions. You could change this sentence into the question, "What are the basic functions of a chief financial officer?" That question would lead you to the details that explain the main idea completely.

Often, you will find that supporting details are introduced by signal words such as *for example, first, second, next, also, in addition,* and *moreover.* There may also be other words that signal supporting details. Also, watch for numbers (1, 2, 3) and letters (a, b, c) that signal lists of details.

Here is a paragraph from a music appreciation textbook. Its topic is *the role* of American colleges and universities in our musical culture. The first sentence is the main idea: American colleges and universities have played an unusually vital role in our musical culture. Read this paragraph and ask yourself, "What role have American colleges and universities played in our musical culture?"

American colleges and universities have played an unusually vital role in our musical culture. They have trained and employed many of our leading composers, performers, and scholars. Music courses have expanded the horizons and interests of countless students. And since the middle of the century, many universities have sponsored performing groups specializing in twentieth-century music. In addition, they have housed most of the electronic music studios.

Source: Roger Kamien, Music: An Appreciation, 5th ed., McGraw-Hill, New York, 1992, p. 444.

"What role have American colleges and universities played in our musical culture?" There are four details that answer this question:

They trained and employed many leading composers, performers, and scholars.

They expanded the horizons and interests of students through music courses.

Since mid-century, they sponsored performing groups specializing in twentieth-century music.

They housed most of the electronic music studios.

Key term

Paraphrasing: Restating an author's material in your own words.

Annotate

Go back to the excerpt. Locate all four supporting details and number each of them. Circle each signal word. Notice that in this list, the supporting details are not written out exactly as they appear in the paragraph. When you are listing supporting details, you will often want to use some of your own words in order to keep them brief. Rewriting someone else's material in your own words is called *paraphrasing*.

Notice also, in this sample paragraph, the words *And* and *In addition* in the last two sentences. These words signal to the reader that two separate details are being given. But notice that not every detail is introduced by a signal word.

Since you are often responsible for understanding all of the supporting details in a paragraph, you will find it helpful to write a *number* above each detail after you have read the paragraph.

In the next paragraph, the topic is *Richard Feynman* (pronounced FINEman), an American physicist and writer. Feynman was a Nobel Prize laureate, worked on the atomic bomb, reinvented quantum mechanics (the mathematics describing atomic processes), and exposed the fatal error by NASA that caused the explosion of the space shuttle Challenger. The first sentence of the paragraph is the stated main idea: *Mr. Feynman was one of the great characters of modern physics*. Read this paragraph and then ask yourself, "Why was Feynman considered a 'character'?"

Mr. Feynman was one of the great characters of modern physics. He was a jokester who figured out how to crack safes in Los Alamos offices while working on atomic bomb research in World War II. He was a computational wizard, once besting early computers in a contest to track a rocket launch. He could demolish other physicists whose presentation contained an error or humiliate them by producing in minutes a complicated calculation that took them weeks or months.

Source: Tom Siegfried, "Exploring the Mind of a Genius," Dallas Morning News, October 25, 1992, sec. J.

The question "Why was Feynman considered a 'character'?" is answered by these three details:

He was a jokester.

He was a computational wizard.

He could demolish and humiliate other physicists with his brilliance.

Notice how briefly these supporting details can be written and how clearly they stand out when they are listed on separate lines. Listing the supporting details this way makes it easy to see the information that explains why Feynman was considered a "character." Notice also that some of the information from the last sentence of the paragraph has been paraphrased. As mentioned above, when you are listing supporting details it is not necessary to use the exact words of the paragraph, and it is not necessary to use complete sentences. Finally, did you notice that there are no signal words in this paragraph to indicate the supporting details?

Following is another paragraph that has a number of important details. It is excerpted from a book on English composition. The topic of this paragraph is *careless writing that confuses readers*, and the main idea is: *If the reader is lost*, *it's usually because the writer hasn't been careful enough*. Ask yourself, "*What* are some ways careless writers cause readers to get lost?" Now read the paragraph to find the supporting details that answer this question.

Annotate

Go back to the excerpt. Locate all three supporting details and number each of them. It won't do to say that the reader is too dumb or too lazy to keep pace with the train of thought. If the reader is lost, it's usually because the writer hasn't been careful enough. The carelessness can take any number of forms. Perhaps a sentence is so excessively cluttered that the reader, hacking through the verbiage, simply doesn't know what it means. Perhaps a sentence has been so shoddily constructed that the reader could read it in several ways. Perhaps the writer has switched pronouns in mid-sentence, or has switched tenses, so the reader loses track of who is talking or when the action took place. Perhaps Sentence B is not a logical sequel to Sentence A—the writer, in whose head the connection is clear, has not bothered to provide the missing link. Perhaps the writer has used an important word incorrectly by not taking the trouble to look it up. The writer may think "sanguine" and "sanguinary" mean the same thing, but the difference is a bloody big one. The reader can only infer (speaking of big differences) what the writer is trying to imply.

Source: William K. Zinsser, On Writing Well, 5th ed., Harper and Row, New York, 1994, pp. 9, 12.

The question "What are some ways careless writers cause readers to get lost?" is answered by these five details:

Writer clutters sentences with too many words Writer's sentence can be read in several ways Writer switches pronouns or tenses Writer doesn't supply link between sentences

Writer uses words incorrectly

Notice that some details have been shortened and reworded to make them easier to list and remember. Notice also that none of the common signal words (such as *also, and, and another*) were used in this paragraph. Instead, repeated use of the word *perhaps* signals each supporting detail in the paragraph.

The final sample paragraph is from a health textbook. As the heading indicates, its topic is *water*. The implied main idea is: Water serves many important functions in the body. Read the paragraph and ask yourself, "What important functions does water serve in the body?"

WATER

Like fiber, water has no nutritional value, yet is a very important food component. It is used to transport nutrients to the cells and to remove cellular waste products. In addition, it acts as a medium for digestion, regulates body temperature, and helps cushion the vital organs. An inadequate water intake will restrict the function of all body systems. Finally, water and some of the chemicals it carries are responsible for bodily structure since, on average, 60 percent of the body is water.

Source: Marvin Levy, Mark Dignan, and Janet Shirreffs, *Targeting Wellness: The Core,* McGraw-Hill, New York, 1992, p. 52. Reproduced with permission of McGraw-Hill.

Annotate

Go back to the excerpt. Locate all the supporting details by circling *perhaps* each time it appears. Number each detail. "What important functions does water serve in the body?" The important functions that water serves are listed below. Notice that they have been paraphrased and shortened.

Is an important food component Transports nutrients to cells Removes cellular waste Acts as a medium for digestion Regulates body temperature Helps cushion vital organs Inadequate intake restricts function of all body systems

Is responsible for body structure because body is 60 percent water

Sometimes a single sentence contains more than one supporting detail. In this paragraph, although there are five sentences, there are eight supporting details. The second sentence contains two details, and the third sentence contains three. There are two signals in the paragraph, *In addition* and *Finally*.

There are other ways besides listing to organize supporting details you want to learn. These techniques are presented in Chapter 10.

STANDARDIZED READING TESTS: SUPPORTING DETAILS

College students may be required to take standardized reading tests as part of an overall assessment program, in a reading course, or as part of a state-mandated "basic skills" test. A standardized reading test typically consists of a series of passages followed by multiple-choice questions, to be completed within a specified time limit.

Standardized reading tests always include questions about supporting details. The purpose of such questions is to see if you can locate and comprehend specific information stated in a passage.

Questions about supporting details often begin with phrases such as the following:

According to the passage . . .

According to the information in the passage . . .

The author states . . .

The author states that . . .

Annotate Go back to the

excerpt. Number each of the eight supporting details and circle the two signal words. Questions may also refer to specific information in a passage, as in the following examples:

One reason why Feynman was a "character" is ...

Forms of carelessness in writing include ...

One function of water in the body is . . .

The museum mentioned in the passage is located in . . .

World War I began in the year ...

The height of the tower was . . .

To answer a question about supporting details, read the question carefully to determine exactly what information you need (for instance, a place, a person's name, or a date). Then *skim* the passage, looking for that information. When you come to the part of the passage that has what you are looking for, slow down and read it more closely.

Don't be fooled by a question that is worded somewhat differently from the passage. For instance, a passage might state that a child was rescued by a "police officer," but the correct answer choice might be "an officer of the law." Or a passage might specifically mention "the Vanderbilts and the Rockefellers," but the correct answer choice might be "two wealthy Eastern families." In cases like this, you need to look for information that *means the same thing*, even if the words are different.

DEVELOPING CHAPTER REVIEW CARDS

Review cards, or *summary cards*, are an excellent study tool. They are a way to select, organize, and review the most important information in a textbook chapter. The process of creating review cards helps you organize information in a meaningful way and, at the same time, transfer it into long-term memory. The cards can also be used to prepare for tests (see Part Three). The review card activities in this book give you structured practice in creating these valuable study tools. Once you have learned how to create review cards, you can use them in your other courses.

Now, complete the five review cards for Chapter 6, following the directions on each card. When you have completed them, you will have summarized: (1) what supporting details are, (2) why they are important, (3) how to find them in a paragraph, (4) how to list them, (5) how to mark them.

What Supporting Details Are

Define *supporting details*. (See page 251.)

Give several examples of types of supporting details. (See page 251.)

Chapter 6: Identifying Supporting Details

Why Supporting Details Are Important

Describe three ways in v					
1	=				
	1			-	
<u> </u>					
2					
3					
3					
hapter 6: Identifying Supporting Del	tails				
and the international supporting bet					
	ow to Find S	upporting	Details		
H o To identify supporting de				u ask yourse	lf?
H o To identify supporting de				ı ask yourse	.lf?
H o To identify supporting de See page 251.)	etails in a paragra	aph, what que	stion should you		lf?
H o To identify supporting de See page 251.)	etails in a paragra	aph, what que	stion should you		lf?
H o To identify supporting de See page 251.)	etails in a paragra	aph, what que	stion should you		If?
Ho	etails in a paragra	aph, what que	stion should you	2.)	.lf?
H o To identify supporting de See page 251.) .ist some signal words that o	etails in a paragra	aph, what que	stion should you	2.)	If?
H o To identify supporting de See page 251.) .ist some signal words that o	etails in a paragra	aph, what que	stion should you	2.)	.lf?

How to Write Down Supporting Details

To write down supporting details in a way that will make them stand out clearly, what is a good format to use? (See page 252.)

Define paraphrasing. (See page 252.)

Why is paraphrasing useful when you are writing down supporting details? (See page 252.)

Chapter 6: Identifying Supporting Details

How to Mark Supporting Details

Describe a good way to mark supporting details in a textbook paragraph after you have read the paragraph. (See page 252.)

Give two reasons why this is a useful technique.

Reason 1: ____

Reason 2: _

Chapter 6: Identifying Supporting Details

READINGS

Selection 6-1

Business

COMMUNICATION CLOSE-UP AT BEN AND JERRY'S HOMEMADE

FROM BUSINESS COMMUNICATION TODAY BY COURTLAND BOVÉE AND JOHN THILL

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 6-1.

- 1. First, read and think about the title. What do you already know about Ben and Jerry's as a company? What do you know about its ice cream?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) First sentence of each paragraph Last paragraph (paragraph 10)

On the basis of your preview, what does the selection seem to be about?

Apply Comprehension Skills

Directions: Do these practice exercises as you read Selection 6-1.

Determine the topic. When you read a paragraph, ask yourself, "What or who is this about?"

Locate or formulate the main idea. As you read, ask yourself, "What is the most important point these authors want me to understand about the topic?"

Identify and list supporting details. As you read, ask yourself, "What else do these authors want me to know so that I can understand the main idea?" List the supporting details.

COMMUNICATION CLOSE-UP AT BEN AND JERRY'S HOMEMADE

Anyone who has ever tasted Ben and Jerry's ice cream knows that this is no ordinary company. There really is a Ben, and there really is a Jerry. Here's their story.

- 1 Down at the factory in Waterbury, Vermont, they're known as "the boys." They are Ben Cohen and Jerry Greenfield, arguably America's most famous purveyors of ice cream and certainly two of America's most colorful entrepreneurs. They've been friends since seventh grade and business partners since 1978 when they opened their first scoop shop, using techniques gleaned from a \$5 correspondence course on how to make ice cream. Their firm, Ben & Jerry's Homemade, sold more than \$76 million worth of super premium ice cream in 1990 and employs around 300 people, give or take a few, depending on the season.
- 2 Ben and Jerry have strong personalities and strong opinions. They believe that work should be fun, or else it isn't worth doing. They also believe in helping the unfortunate, protecting the environment, and treating people fairly. They want their company to be a happy, humanitarian place where everybody feels good about coming to work and producing a top-notch product.
- 3 One person who helps the company accomplish this goal is Maureen Martin, the coordinator of employee communications. Her job is to see that everyone knows what's going on at the company's two production plants, five company-owned retail outlets, and 82 franchised

Annotation Practice exercises

Directions: For each paragraph indicated, write in the spaces provided:

- Main idea sentence
- Supporting details

Doing this will help you remember main ideas and details.

Practice exercise

Main idea sentence of paragraph 1:

Source: Courtland Bovée and John Thill, "Communication Close-Up at Ben & Jerry's Homemade," in *Business Communication Today*, 3d ed., McGraw-Hill, New York, 1992, pp. 26–28. Reproduced with permission of McGraw-Hill. *Photo:* Courtesy of Ben and Jerry's, photo by Glen Moody.



scoop shops. The theory at Ben & Jerry's is that sharing information builds trust and helps people do their jobs better. To that end, Martin publishes a monthly newsletter and organizes staff meetings, which are held every six to eight weeks at each of the two factories. Additionally, she handles internal publicity for a variety of special events and activities.

4

The staff meetings are an important channel of communication because they give all the employees a chance to interact directly with top management-and vice versa. The feedback gives Ben and Jerry insight into what the employees are thinking. According to Martin, the meetings combine the qualities of a "pep rally" and a financial briefing. Most are designed to convey information about Ben & Jerry's performance and operating plans, but some are held to deal with a specific agenda or to obtain employee input. "We sometimes break up into small discussion groups so that employees can express their opinions," Martin explains. "One meeting was held to discuss the topic of improving employee communications. We talked about what was working and what wasn't and possible solutions." Martin tries to keep the style of the meetings light and upbeat, and she uses a variety of media-sound effects, videotapes, and overhead transparencies.

Practice exercise

Main idea sentence of paragraph 4:

5

To publicize special events, Martin relies on a combination of written and oral communication. She might send out a memo, post notices on bulletin boards, run an article in the newsletter, and pass the word informally as she talks with people about various matters. The repetition in various formats gives the message maximum exposure and builds anticipation.

The special events are, in themselves, a form 6 of communication in that they express management's concept of a desirable working environment. Many of the events are dreamed up by the loy Gang, an official, but informal, group headed by Jerry Greenfield himself, whose title is now Minister of Joy. (Greenfield has partially distanced himself from day-to-day management.) The committee's function is to spread cheer and build camaraderie. One of the group's recent events was Elvis Day, held in honor of Presley's birthday. "A bunch of people dressed up like Elvis, and we played Elvis tunes all day long," Martin explains. "We even served Elvis's favorite food at lunch." At various times, the lov Gang has also hired a masseuse to take the kinks out of weary production workers, rented a synchroenergizer to induce mental tranquillity, and purchased roller skates so that employees would not wear themselves out running around.

7 In many respects, actions speak louder than words at Ben & Jerry's. Plenty of companies publicize their commitment to community service, but very few match Ben & Jerry's financial contribution to charity. The firm donates 7.5 percent of its annual pretax profits to a foundation that funds environmentalists, the disadvantaged, and children.

8 Actions also telegraph Ben & Jerry's commitment to an egalitarian work environment: the open office arrangement, the bright colors, the pictures of cows and fields hanging on warehouse walls, the employee committees (so many that Maureen Martin is publishing a directory), the casual clothes, the first-name Practice exercise

Main idea sentence of paragraph 6:

10

relationships, the compressed pay scale that keeps executive salaries in balance with lowerlevel compensation, the free health club memberships for everyone, the upcoming on-site day-care facility. And the free ice cream. Three pints a day per person. Now that's communication at its best!

9

Whether you work for a free-spirited company like Ben & Jerry's or a more conventional organization, you will discover that when all is said and done, what's done is more important that what's said. Action is the ultimate form of communication. It speaks with an unmistakable voice. The diaper changing tables in both the men's and women's rooms at Ben & Jerry's say more about the company's commitment to family values than any pronouncement in a policy manual possibly could. At the same time, when Ben Cohen tears his remaining hair and laments that the company is growing too fast, the employees give each other knowing looks and hustle to meet production targets. They've noticed that for a man who hates growth, Ben sure sells a lot of ice cream.

Perhaps a certain amount of inconsistency between words and actions is unavoidable. Life is full of ambiguities, and most of us have mixed feeling about things from time to time. We don't always say what we really mean; in fact, we don't always *know* what we really mean. Under the circumstances, no wonder we sometimes have trouble figuring out all the surface and underlying messages that we send and receive. Unraveling the mysteries of communication requires perception, concentration, and an appreciation of the communication process.

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- Ben and Jerry feel that communication is less critical than other apects of their business.
- 2. Ben and Jerry prefer not to delegate any of the communication responsibilities of their business.
- 3. The authors believe that because good communication is not a mystery, it can be achieved easily.
 - 4. The authors state that we do not always say what we really mean, and that we do not always know what we really mean.
- 5. The authors' position is that action is the ultimate form of communication.

Multiple-choice

Directions: For each item, select the best answer.

- 6. Ben Cohen and Jerry Greenfield
 - a. were experienced in the ice cream business before they started their own company.
 - b. became friends after college and then became business partners later.
 - c. started their business in Maine.
 - d. none of the above.

7. Ways of facilitating communication at Ben and Jerry's Homemade include

- a. monthly newsletters and employee committees.
- b. staff meetings every 6 to 8 weeks.
- c. special events dreamed up by the "Joy Gang."
- d. all of the above.
- 8. The authors describe Ben and Jerry's Homemade as a business that is
 - a. pleasant but conventional.
 - b. in need of revitalization.
 - c. free-spirited.
 - d. an example of poor business communication.
- 9. Special activities at Ben and Jerry's Homemade have included
 - a. having an "Elvis Day."
 - b. buying roller skates for employees.
 - c. hiring a masseuse for the employees.
 - d. all of the above.
- 10. Employees at Ben and Jerry's have expressed a need for
 - a. a free health club.
 - b. more casual dress at work.
 - c. brighter, more pleasant working conditions.
 - d. none of the above.

Extend Your Vocabulary by Using Context Clues

Directions: Context clues are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 6-1 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ä father ë pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏŏ took \overline{o} boot ŭ cut yoo abuse ûr urge th thin *th* this hw which zh vision \ni about

1. "They are Ben Cohen and Jerry Greenfield, arguably America's most famous purveyors of ice cream."

AIDS is *arguably* the most dangerous health crisis facing the world today.

arguably (ar' gyoo ob le) means:

- a. by quarreling
- b. by defeating someone an argument
- c. with little likelihood of disagreement
- d. on the basis of supporting reasons; plausibly
- 2. "They are Ben Cohen and Jerry Greenfield, arguably America's most famous *purveyors* of ice cream."

British firms take great pride in serving as *purveyors* of fine goods to the royal family.

purveyors (pər vā' ərz) means:

- a. people who supply or furnish something
- b. people who purify something
- c. people who invent something
- d. people who ship or send something
- 3. "They opened their first scoop shop using techniques *gleaned* from a \$5 correspondence course on how to make ice cream."

By searching through state and local records and old newspaper clippings, Martha *gleaned* information about her great-grandparents.

gleaned (glend) means:

- a. sneaked or stole
- b. learned in depth
- c. collected bit by bit
- d. copied

4. "They want their company to be a happy, *humanitarian* place where everybody feels good about coming to work and producing a top-notch product."

The Red Cross is perhaps the most famous *humanitarian* organization in the world.

humanitarian (hyoo măn i târ' ē ən) means:

- a. devoted to human welfare
- b. devoted to improving working conditions
- c. pertaining to human beings
- d. devoted to helping people during disasters
- 5. "The repetition in various formats gives the message maximum *exposure* and builds anticipation."

Political candidates often appear on local and national talk shows in order to gain as much free public *exposure* as possible.

exposure (ik spo zher) means:

- a. being subjected to light
- b. being subjected to humiliation
- c. being liked
- d. being made known
- 6. "The committee's function is to spread cheer and build camaraderie."

The *camaraderie* among the members of the swimming team lasted long after they had all finished college.

camaraderie (kä mə ra' də rē) means:

- a. happiness
- b. skill or talent
- c. goodwill among friends
- d. competitiveness

7. "At various times, the Joy Gang has also hired a *masseuse* to take the kinks out of weary production workers."

A *masseuse* accompanied the United States women's track team to the Olympics.

masseuse (mă soez) means:

- a. woman who monitors employees' health
- b. woman trained in relaxation techniques
- c. woman who trains athletes
- d. woman who gives massages professionally

8. "Actions also telegraph Ben and Jerry's commitment to an *egalitarian* work environment: the open office arrangement, the employee committees, the casual clothes, the first-name relationships, the compressed pay-scale that keeps executive salaries in balance with lower-level compensation, and the free health club memberships for everyone."

Community colleges are *egalitarian* institutions that are open to any qualified member of the community.

egalitarian (i găl i târ e ən) means:

- a. favoring or advocating equality for all
- b. pertaining to things that are not alike
- c. favoring certain groups
- d. pertaining to education
- 9. "The diaper changing tables in both the men's and the women's rooms at Ben and Jerry's say more about the company's commitment to family values than any *pronouncement* in a policy manual could."

The Surgeon General's *pronouncement* about the effects of secondhand smoke is proving to be correct.

pronouncement (pra nouns' mant) means:

- a. formal declaration or statement
- b. words articulated clearly
- c. guide to pronunciation
- d. posted statement of an official or an employer
- 10. "Life is full of *ambiguities,* and most of us have mixed feelings about things from time to time."

We were puzzled and amused by one of the *ambiguities* in her previous employer's reference: "You will be lucky to get her to work for you."

ambiguities (am bi gyoo ´i tez) means:

- a. statements that can cause pain
- b. statements that can be interpreted in more than one way
- c. statements that can cause frustration
- d. statements that are easy to comprehend

Respond in Writing

Directions: Refer to Selection 6-1 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

Option

Item 1 may be completed collaboratively. 1. The authors use Ben and Jerry's Homemade as an illustration of a company with effective communication strategies. Develop a list of the communication techniques and strategies described in the selection. You may write them in your own words.

Option

Item 2 may be completed collaboratively. 2. What is the most important overall message these writers want the reader to understand about effective communication? Try to answer this question in one sentence.

Selection 6-2

Essav

HOW TO FIND TIME TO READ

BY LOUIS SHORES

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 6-2.

- 1. First, read and think about the title. Do you have enough time to read? Why or why not?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) First sentence of each paragraph Last paragraph (paragraph 10)

On the basis of your preview, do you think the author believes that everyone can find time to read?

Apply Comprehension Skills

Directions: Do these practice exercises as you read Selection 6-2.

Determine the topic. When you read a paragraph, ask yourself, "What or who is this about?"

Locate or formulate the main idea. As you read, ask yourself, "What is the most important point the author wants me to understand about the topic?"

Identify and list supporting details. As you read, ask yourself, "What else does the author want me to know so that I can understand the main idea?" List the supporting details.

HOW TO FIND TIME TO READ

This article was written for a general audience rather than for college students. However, the solution given here to the problem of finding time to read is just as relevant for you. It may be even more so, because you must spend so much time in required academic reading, and you may feel that you have little or no time for personal reading.

1

2

If you are an average reader you can read an average book at the rate of 300 words per minute. You cannot maintain that average, however, unless you read regularly every day. Nor can you attain that speed with hard books in science, mathematics, agriculture, business, or any subject that is new or unfamiliar to you. The chances are you will never attempt that speed with poetry or want to race through some passages in fiction over which you wish to linger. But for most novels, biographies, and books about travel, hobbies, or personal interests, if you are an average reader you should have no trouble at all absorbing meaning and pleasure out of 300 printed words every 60 seconds.

Statistics are not always practicable, but consider these: If the average reader can read 300 words a minute of average reading, then in 15 minutes he can read 4,500 words. Multiplied by 7, the days of the week, the product is 31,500. Another multiplication by 4, the weeks of the month, makes 126,000. And final multiplication by 12, the months of the year, results in a grand total of 1,512,000 words. That is the total number of words of average reading an average reader can do in just 15 minutes a day for one year.

Annotation practice exercises

Directions: For each paragraph indicated, write in the spaces provided:

- Main idea sentence
- Supporting details

Doing this will help you remember main ideas and details.

Practice exercise

Main idea sentence of paragraph 1:

Supporting details:

Source: From Louis Shores, "How to Find Time to Read," in Frank Christ, ed., SR/SE Resource Book, Chicago, III., SRA, 1969, pp. 105–107, abridged.

- Books vary in length from 60,000 to 100,000 words. The average is about 75,000 words. In one year of average reading by an average reader for 15 minutes a day, 20 books will be read. That's a lot of books. It is 4 times the number of books read by public-library borrowers in America. And yet it is easily possible.
- 4 One of the greatest of all modern physicians was Sir William Osler. He taught at the Johns Hopkins Medical School. He finished his teaching days at Oxford University. Many of the outstanding physicians today were his students. Nearly all of the practicing doctors of today were brought up on his medical textbooks. Among his many remarkable contributions to medicine are his unpublished notes on how people die.
- His greatness is attributed by his biographers 5 and critics not alone to his profound medical knowledge and insight but to his broad general education, for he was a very cultured man. He was interested in what men have done and thought throughout the ages. And he knew that the only way to find out what the best experiences of the race had been was to read what people had written. But Osler's problem was the same as everyone else's only more so. He was a busy physician, a teacher of physicians, and a medical-research specialist. There was no time in a 24-hour day that did not rightly belong to one of these three occupations, except the few hours for sleep, meals, and bodilv functions.

⁶ Osler arrived at his solution early. He would read the last 15 minutes before he went to sleep. If bedtime was set for 11:00 P.M., he read from 11:00 to 11:15. If research kept him up to 2:00 A.M., he read from 2:00 to 2:15. Over a very long lifetime, Osler never broke the rule once he had established it. We have evidence that after a while he simply could not fall asleep until he had done his 15 minutes of reading.

Practice exercise

Main idea sentence of paragraph 5:

274 Part Two Comprehension

7

In his lifetime. Osler read a significant library of books. Just do a mental calculation for half a century of 15-minute reading periods daily and see how many books you get. Consider what a range of interests and variety of subjects are possible in one lifetime. Osler read widely outside of his medical specialty. Indeed, he developed from this 15-minute reading habit an avocational specialty to balance his vocational specialization. Among scholars in English literature, Osler is known as an authority on Sir Thomas Browne, a seventeenth-century English prose master, and Osler's library on Sir Thomas is considered one of the best anywhere. A great many more things could be said about Osler's contribution to medical research, to the reform of medical teaching, to the introduction of modern clinical methods. But the important point for us here is that he answered supremely well for himself the question all of us who live a busy life must answer: How can I find time to read?

- 8 No universal formula can be prescribed. Each of us must find our own 15-minute period each day. It is better if it is regular. Then all additional spare minutes are so many bonuses. And, believe me, the opportunity for readingbonuses are many and unexpected. Last night an uninvited guest turned up to make five for bridge. I had the kind of paperback book at hand to make being the fifth at bridge a joy.
- ⁹ The only requirement is the will to read. With it you can find the 15 minutes no matter how busy the day. And you must have the book at hand. Not even seconds of your 15 minutes must be wasted starting to read. Set that book out in advance. Put it into your pocket when you dress. Put another book beside your bed. Place one in your bathroom. Keep one near your dining table.
- 10 You can't escape reading 15 minutes a day, and that means you will read half a book a week, 2 books a month, 20 a year, and 1,000 or more in a reading lifetime. It's an easy way to become well read.

Practice exercise Main idea sentence of paragraph 7: Supporting details:

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- _____ 1. The author states that the average reader reads 400 words per minute.
 - 2. According to the author, it is possible to read books in science and math at the same rate of speed as novels and biographies.
 - 3. The author stresses that average readers should read for no more than 15 minutes a day.
 - 4. By reading for 15 minutes a day, the average reader can read 20 books a year.
 - 5. William Osler maintained a schedule of wide reading by reading 15 minutes each day at bedtime.
 - 6. William Osler confined his reading to medical books.

Multiple-choice

Directions: For each item, select the best answer.

- 7. Which of the following statements about William Osler is false?
 - a. He was an outstanding teacher at Johns Hopkins Medical School and Oxford University.
 - b. He wrote widely used medical textbooks.
 - c. He was noted for his profound medical knowledge and his broad general knowledge.
 - d. He had ample time to read and never broke his habit of daily reading.
- 8. A lifetime habit of reading enabled William Osler to
 - a. read widely outside his medical specialty.
 - b. become an authority on a famous English writer, Sir Thomas Browne.
 - c. become cultured and highly regarded as a man of broad general knowledge.
 - d. all of the above.
- 9. It is the writer's opinion that an average reader
 - a. can become well-read by reading for 15 minutes a day.
 - b. should build a collection of books he or she has read.
 - c. should read at least four different types of books.
 - d. should become an expert in a particular area.

- 10. In the United States, users of public libraries typically read
 - a. 5 books a year.
 - b. 10 books a year.
 - c. 20 books a year.
 - d. 40 books a year.

Extend Your Vocabulary by Using Context Clues

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 6-2 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ĕ pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏŏ took \overline{oo} boot ŭ cut yoō abuse ûr urge th thin th this hw which zh vision \ni about

1. "The chances are you will never attempt a fast speed with poetry or race through some passages in fiction over which you wish to *linger.*"

After the final football game of a winning season, some students always *linger* at the victory party long after midnight.

linger (ling' gər) means:

- a. finish quickly
- b. read slowly
- c. stay as though reluctant to leave
- d. be with friends
- 2. "Statistics are not always *practicable,* but consider these: If the average reader can read 300 words a minute of average reading, then in 15 minutes he can read 4,500 words."

The engineer's first plan for stabilizing the bridge was too difficult and expensive to be *practicable*.

practicable (prak' ti ko bol) means:

- a. feasible or suitable
- b. requiring practice
- c. reliable or dependable
- d. accomplished without practice

3. "Nearly all of the *practicing* doctors of today were brought up on his medical textbooks."

Judge Carver continued to be a *practicing* judge until the day he died at age 76.

practicing (prak' tis ing) means:

- a. gaining experience
- b. famous or well-known
- c. working a limited number of hours per week
- d. actively engaged in a profession
- 4. "His greatness is attributed by his biographers and critics not alone to his *profound* medical knowledge and insight but to his broad general education, for he was a very cultured man."

The Greek philosopher Plato had a *profound* respect for the power of reason.

profound (prə found´) means:

- a. limited or partial
- b. lifelong
- c. absolute or complete
- d. incorrect
- 5. "His greatness is attributed by his biographers and critics not alone to his profound medical knowledge and insight but to his broad general education, for he was a very *cultured* man."

Knowledge of music, art, and literature is considered a characteristic of a *cultured* person.

cultured (kûl´ chərd) means:

- a. pretentious or snobbish
- b. having a college degree
- c. elderly
- d. having refined intellectual and artistic taste
- 6. "Indeed, he developed from this 15-minute reading habit an *avocational* specialty to balance his vocational specialization."

Marty is a pilot, so it is not surprising that his *avocational* interests include making and flying radio-controlled model airplanes.

avocational (av ə ka' shən l) means:

- a. pertaining to food or cuisine
- b. pertaining to a hobby
- c. pertaining to a profession or career
- d. pertaining to the voice

7. "Indeed, he developed from this 15-minute reading habit an avocational specialty to balance his *vocational* specialization."

Vocational courses at our college include data processing, bookkeeping, automotive technology, and robotics.

vocational (vo ka shon l) means:

- a. pertaining to an occupation
- b. pertaining to a college or university
- c. pertaining to a vacation or leisure time
- d. pertaining to salary or income
- 8. "Among scholars in English literature, Osler is known as an authority on Sir Thomas Browne, a seventeenth-century English *prose* master."

Most students feel that prose is easier to understand than poetry.

prose (proz) means:

- a. ordinary speech and writing instead of verse
- b. sonnets and love songs
- c. plays written by Shakespeare
- d. literature by British writers
- 9. "A great many more things could be said about Osler's contribution to medical research, to the *reform* of medical teaching, to the introduction of modern clinical methods."

Congress wants a *reform* of the federal tax code, which is too complex and confusing for the average person to understand.

reform (ri form') means:

- a. creation or development
- b. abolishment of abuse or malpractice
- c. improvement by correction of errors or removal of defects
- d. a return to the beginning
- 10. "But the important point for us is that he answered *supremely* well for himself the question all of us who live a busy life must answer: How can I find time to read?"

The Simpsons were *supremely* happy after they retired and moved to Hawaii.

supremely (sa prem' le) means:

- a. finally
- b. temporarily
- c. slightly
- d. to the best or greatest extent

Respond in Writing

Directions: Refer to Selection 6-2 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items*, form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

- 1. How much leisure reading (reading other than your assigned reading) do you do each day?
- 2. If you do not already spend at least 15 minutes a day on leisure reading, when during your day could you perhaps fit in 15 minutes?
- 3. Most Americans are not regular users of public libraries. According to the author, those who do borrow library books read only five books a year. How often do you check out books from a public library or a college library? How often do you go to bookstores?
- 4. In what areas would you like to do more reading? List the types of books, magazines, and newspapers that you already enjoy reading or think you might enjoy reading.

280 Part Two Comprehension

Option

Item 5 may be completed collaboratively. 5. What is the most important overall message the writer wants the reader to understand about finding the time to read? Try to answer this question in one sentence.

Selection 6-3

Economics

FROM A BEGINNER'S GUIDE TO THE WORLD ECONOMY BY RANDY CHARLES EPPING

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 6-3.

- 1. First, read and think about the title. Do you have any knowledge of the "world economy"? What approach do you think a "beginner's guide" might take?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) Section headings Last paragraph (paragraph 17)

On the basis of your preview, what three aspects of the Third World will be discussed?

Apply Comprehension Skills

Directions: Do these practice exercises as you read Selection 6-3.

Determine the topic. When you read a paragraph, ask yourself, "What or who is this about?"

Locate or formulate the main idea. As you read, ask yourself, "What is the most important point the author wants me to understand about the topic?"

Identify and list supporting details. As you read, ask yourself, "What else does the author want me to know so that I can understand the main idea?" List the supporting details.

A BEGINNER'S GUIDE TO THE WORLD ECONOMY

Most adults feel intimidated by economics. This selection should help you realize that the concepts of economics are within the grasp of all of us.

What Is the Third World?

1

The term *Third World* was based on the idea that the "first" and "second" worlds were made up of the free-market and centrally planned countries with advanced industrial economies. This developed world was seen to include most of the countries of Eastern and Western Europe as well as Australia, New Zealand, Japan, the United States, and Canada.

2 The developing and relatively poor countries that are said to make up the Third World can be divided into three groups: those developing rapidly, those developing moderately, and the poorest few whose economies are not developing at all.

3 At the top of the list of Third World nations are the rapidly developing countries called Newly Industrialized Countries (NIC). Most lists of NICs include Brazil, Argentina, Hong Kong, Israel, Singapore, South Africa, South Korea, Taiwan, Thailand, and Yugoslavia. These "lucky few" are seen to be on their way to joining the ranks of the advanced economies of the world.

⁴ The bulk of the Third World consists of a large group of moderately developing economies that includes most of the countries in Africa, Asia, and Latin America. The most populous countries in this group are India, China, Indonesia, and Malaysia, which together comprise more than half of the world's population.

Annotation practice exercises

Directions: For each paragraph indicated, write in the spaces provided:

- Main idea sentence
- Supporting details

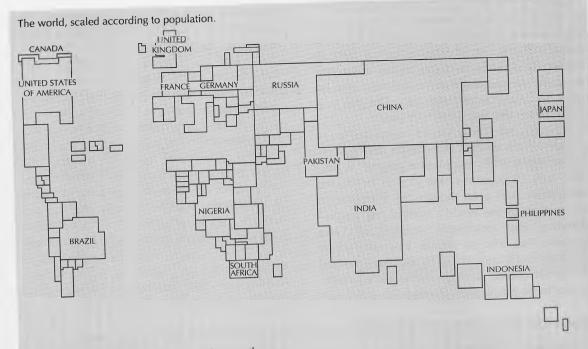
Doing this will help you remember main ideas and details.

Practice exercise

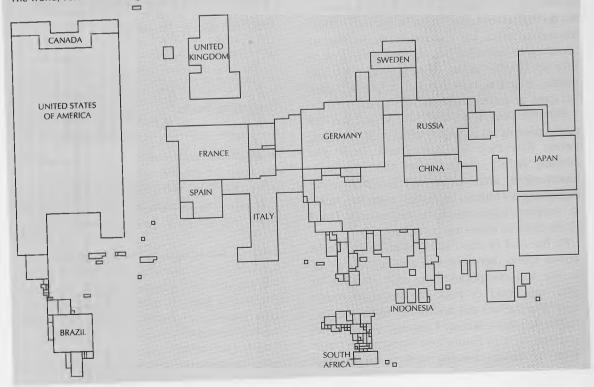
Main idea sentence of paragraph 1:

Supporting details:

Source: From Randy Charles Epping, A Beginner's Guide to the World Economy, Vintage/Random House, New York, 1992, pp. 83–86, 93–94. Copyright © 1992 by Randy Charles Epping. Reprinted by permission of Random House, Inc.



The world, scaled according to economic strength.



- 5 At the bottom of this list are the world's poorest countries, found mainly in sub-Saharan Africa, which have so few resources and so little money that it is virtually impossible for them to develop at all. In Somalia and Sudan, for example, there are essentially no natural resources on which to base economic growth. This group is sometimes called the "Fourth World."
- 6 Although the Third World comprises three quarters of the world's population and 90 percent of the world's population growth, it provides only 20 percent of the world's economic production. And even though the Third World holds much of the world's natural resources including vast petroleum reserves in Latin America, Asia, and the Middle East—many raw materials from the Third World are shipped abroad for consumption in the world's wealthier and more developed countries.

What Are the Roots of Third World Poverty?

- 7 Economic and political misjudgment can be blamed for much of the Third World's poverty, but an important factor has also been the population explosion. This caused many developing countries to see their populations double in as little as twenty years. This growth was due mainly to lack of birth control, improved medical care, and declining mortality rates.
- 8 Extreme poverty in the Third World has led many parents to create ever larger families, hoping that their children could work and increase family income. But the economic opportunities were often not available, and unemployed children and their parents ended up moving into already overcrowded Third World cities in a fruitless search for work.
- By the end of the 1980s, most Third World nations found themselves in a vicious circle of poverty and overpopulation, with no hope in sight. The flood of poor families into major Third World cities put additional strains on the economic infrastructure. Growing urban areas like Bombay, Sao Paulo, and Shanghai became centers of glaring poverty and unemployment

Practice exercise

Main idea sentence of paragraph 7:

Supporting details:

with extensive slums and squatter settlements ringing overgrown and polluted city centers.

- 10 Saddled with enormous debt payments, hyperinflation, surging populations, and mounting unemployment, many Third World countries in the late 1980s struggled just to keep their economies afloat. In many cases, with no money available for investment, even the infrastructure, such as roads and waters systems, literally began to fall apart. The solution for many overburdened Third World governments was to simply increase debt in order to keep money flowing. But rampant inflation often ends up eroding most of these efforts, creating an everwidening gap between the Third World's poorest and richest nations.
- 11 While many economies in Latin America, Africa, and Asia stagnated, the economies of the elite developing countries of the Pacific Rim rose to levels that rivaled Japan's in the 1960s. The success of many Third World countries in growing their way out of poverty can be traced largely to effective economic policy. By efficiently producing and exporting manufactured goods, countries such as Taiwan and Korea earned enormous amounts of money that they have been able to reinvest in their growing economies.

What Can Be Done to Promote Third World Development?

- 12 Economic growth cannot possibly solve all the problems facing the billions of poor and undernourished people in the Third World, but because of rapid population growth, their problems would almost certainly get worse without it.
- 13 In order to provide the basic food, clothing, and shelter for their citizens, the underdeveloped Third World countries need to stimulate their stagnating economies caught in a vicious circle of low growth and declining export earnings. One of the first steps in encouraging development would be to reduce the Third World's debt and supply additional funds to revive their moribund economies. One such plan was formulated in the 1980s by U.S. Treasury Secretary

Practice exercise

Main idea sentence of paragraph 11:

Supporting details:

Nicholas Brady, who called for the commercial banks to forgive part of the debt owed to them and to increase new lending. The basic goal of the Brady plan was to encourage economic growth in the Third World.

- 14 The Brady Plan also called upon the world's major development banks and funds, such as the World Bank and the International Monetary Fund, to provide substantial "project loans" to rebuild the infrastructure in the Third World. In addition, continued bank lending in the form of "adjustment loans" would help with the pay- 17 ment of interest and principal on previous loans. Basically, the Brady Plan called for a net transfer of funds back to the developing countries.
- 15 Another way to promote Third World development is to increase development funds provided by regional development banks with the backing of the developed countries. The Inter-American Development Bank, for example, was set up to provide low-interest loans to develop-

ing countries in the Western Hemisphere. In this way, funds from wealthy countries can be channeled to less-developed nations in the form of "development loans."

Wealthy creditor governments also have the option of writing off their debt, accepting that it will never be repaid. France, for example, decided in the 1980s that most of its development loans to African countries need not be repaid, in an effort to encourage further economic growth in the region.

In order to provide further assistance to Third World debtors, the world's wealthy countries can also work through specialized organizations such as the Lomé Convention, which channels development aid from the European Community to poor Third World countries; and the Paris Club, which helps governments of debtor nations "reschedule" or delay repayment of their loans until their economies are in better shape.

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

17

- 1. The *first* and *second worlds* are defined as free-market, centrally planned countries with advanced industrial economies.
- 2. The *Third World* is defined as developing and relatively poor countries who do not have a free market, are not centrally planned, and do not have advanced industrial economies.
- 3. The author believes that the economic problems of Third World countries cannot be solved.
- 4. The Third World can be divided into three groups: countries with rapidly developing economies, countries with moderately developing economies, and countries whose economies are not developing at all.
- 5. The bulk of the Third World consists of a large group of moderately developing countries.
- 6. According to the author, economic growth cannot solve all the problems faced by billions of undernourished people in the Third World.

Multiple-choice

Directions: For each item, select the best answer.

- 7. Newly Industrialized Countries (NIC) that seem to be on their way to joining the rank of advanced economies include
 - a. Somalia and Sudan.
 - b. India, China, Indonesia, and Malaysia.
 - c. South Africa, South Korea, Taiwan, Thailand, and Yugoslavia.
 - d. all of the above.
- 8. Third World poverty is caused by
 - a. economic and political misjudgment.
 - b. enormous debt payments.
 - c. overpopulation.
 - d. all of the above.
- 9. The author's position is that Third World development will require that
 - a. Third World countries pay off their debts completely.
 - b. commercial banks press hard for debt payment from Third World countries.
 - c. wealthy countries discontinue making development loans to Third World countries.
 - d. none of the above.
- 10. The author believes that wealthy creditor nations can aid Third World development by
 - a. agreeing to follow the Brady Plan.
 - b. channeling funds in the form of development loans.
 - c. writing off the debt owed by Third World countries.
 - d. all of the above.

Extend Your Vocabulary by Using Context Clues

Directions: Context clues are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 6-3 containing an important word *(italicized, like this)* is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ĕ pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏŏ took ōō boot ŭ cut yōō abuse ûr urge th thin *th* this hw which zh vision \ni about 1. "The term Third World was based on the idea that the 'first' and 'second' worlds were made up of the *free market* and centrally planned countries with advanced industrial economies."

The former Soviet Union is struggling to shift from a command economy which the government controlled to a competitive *free market*.

free market (fre mär kit) means:

- a. market in which everything is free
- b. economic system in which resources are allocated by private decisions rather than by the government
- c. completely unregulated economy
- d. economic system in which the government is free to do whatever it pleases
- 2. "At the top of the list of Third World nations are the rapidly developing countries called Newly *Industrialized* Countries (NIC)."

Advanced technology is characteristic of highly *industrialized* countries such as Japan and Germany.

industrialized (in dus tre a lizd) means:

- a. having highly developed industries that produce goods and services
- b. struggling
- c. controlled by industries
- d. busy or hardworking
- 3. "And even though the Third World holds much of the world's natural resources, many raw materials from the Third World are shipped abroad for *consumption* in the world's wealthier and more developed countries."

The level of energy *consumption* in the United States has risen dramatically during the twentieth century.

consumption (kan sump' shan) means:

- a. use of consumer goods or services
- b. spending
- c. ingestion of food
- d. debilitating illness
- 4. "The flood of poor families into major Third World cities put additional strains on the economic *infrastructure*."

The President pledged to fund highway and bridge repairs, modernize factories, and make other improvements of the nation's *infrastructure*.

infrastructure (in' fra struk char) means:

- a. new building
- b. weakened structure
- c. construction in urban areas
- d. basic elements through which an economy operates

5. "Saddled with enormous debt payments, *hyperinflation*, surging populations, and mounting unemployment, many Third World countries in the late 1980s struggled just to keep their economies afloat."

When Germany experienced *hyperinflation* in the 1920s, it took a wheelbarrow full of money to buy a single loaf of bread.

hyperinflation (hi pər in flā' shən) means:

- a. decrease in inflation
- b. rapid input of air
- c. excessive rate of increase in consumer prices
- d. rapid accumulation of debt
- 6. "Saddled with enormous debt payments, hyperinflation, *surging* populations, and mounting unemployment, many Third World countries in the late 1980s struggled just to keep their economies afloat."

When the storm hit, the *surging* sea water flooded the beaches and low-lying areas of the city.

surging (sûrj´ing) means:

- a. decreasing
- b. angry
- c. increasing suddenly
- d. poor
- 7. "But *rampant* inflation often ends up eroding most of these efforts, creating an ever-widening gap between the Third World's poorest and richest nations."

In poverty-stricken areas of many large cities, crime is rampant.

rampant (răm´ pənt) means:

- a. tolerated or accepted
- b. decreasing
- c. controlled
- d. growing or spreading unchecked
- 8. "While many economies in Latin America, Africa, and Asia *stagnated*, the economies of the elite developing countries of the Pacific Rim rose to levels that rivaled Japan's in the 1960s."

The aging actor's career had *stagnated* for several years, but then he suddenly achieved fame in a blockbuster movie.

stagnated (stag' na təd) means:

- a. rotted
- b. improved
- c. smelled bad
- d. failed to change or develop

9. "One of the first steps in encouraging development would be to reduce the Third World's debt and supply additional funds to revive their *moribund* economies."

The doctor summoned the family to the bedside of the moribund woman.

moribund (môr´ ə bŭnd) means:

- a. abundant
- b. dead
- c. at the point of death
- d. ill
- 10. "Wealthy *creditor* governments also have the option of writing off their debt, accepting that it will never be repaid."

Because the Newtons charged too many purchases on their credit cards and were unable to pay their debts, they were hounded by one *creditor* after another.

creditor (krĕd´ i tər) means:

- a. one to whom money is owed
- b. one who deserves financial credit
- c. one who is trustworthy
- d. one who owes money

Respond in Writing

Directions: Refer to Selection 6-3 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

1. The author presents three essential questions that he expects you to be able to answer after you have read this selection. In the spaces on the opposite page, write a complete answer to each question.

What is the Third World?

(*Note:* Before reading this selection, you may not have known exactly what the *Third World* is. Now that you have read the selection, define this term in your own words.)

What are the roots of Third World poverty?

What can be done to promote Third World development?

Option

Item 2 may be completed collaboratively. 2. Could the United States ever become a Third World country? (In other words, are there circumstances that could cause a "first" or "second" world country to become a Third World country?) Explain your answer.

292 Part Two Comprehension

Option

Item 3 may be completed collaboratively. 3. Third World countries fall into three categories (Newly Industrialized Countries, moderately developed countries, and the world's poorest countries—"fourth world" countries). What would a Third World country have to do to become a "first" or "second" world country? Is there anything a "fourth world" country could do to improve its situation?

Option

Item 4 may be completed collaboratively. 4. What is the most important overall message the writer wants the reader to understand about the Third World economy? Try to answer this question in one sentence.





RECOGNIZING AUTHORS' WRITING PATTERNS

IN THIS CHAPTER YOU WILL LEARN THE ANSWERS TO THESE QUESTIONS:

What is meant by an author's writing pattern?

Why is it helpful to be aware of writing patterns?

What are list, sequence, definition, comparison-contrast, and cause-effect patterns?

What are mixed patterns?

How can I recognize these patterns?

CHAPTER CONTENTS

SKILLS

PATTERNS OF WRITING What Patterns Do Writers Use? Why Is Recognizing Patterns Important?

IDENTIFYING SIGNIFICANT WRITING PATTERNS

List Pattern Sequence Pattern Definition Pattern Comparison-Contrast Pattern Cause-Effect Pattern Mixed Patterns

STANDARDIZED READING TESTS: WRITING PATTERNS

SUMMARY

DEVELOPING CHAPTER REVIEW CARDS

READINGS

Selection 7-1 • *Psychology* "Reactions to Impending Death" by Dennis Coon Selection 7-2 • *History* From "The Conquest of Paradise" by Kirkpatrick Sale Selection 7-3 • *Health* "The Decision to Marry" by Marvin Levy, Mark Dignan, and Ianet Shirreffs

SKILLS

PATTERNS OF WRITING

Key term

Writing patterns: Ways authors organize and present their ideas.

In this chapter you will learn another skill to help you improve your reading comprehension: recognizing authors' patterns of writing. *Writing patterns* are authors' ways of organizing and presenting information logically in paragraphs and longer passages. You may also hear writing patterns referred to as *patterns of organization, patterns of development, rhetorical patterns,* and *thinking patterns.* These are all names for the same thing.

What Patterns Do Writers Use?

Because authors want the reader to understand what they have written, they use patterns that everyone already uses in everyday thinking. These patterns make it easier for the reader to follow the writer's train of thought.

The specific pattern an author uses for a particular passage depends on the purpose of the passage, and also on the relationships the author wants to emphasize among the ideas in the passage. In this chapter, you will be introduced to five writing patterns used by textbook authors. These patterns are:

- List
- Sequence
- Definition
- Comparison-contrast
- Cause-effect

You will also be introduced to mixed patterns: passages that combine more than one of these patterns.

It is important for you to understand that, as noted above, these patterns that authors use are the same thinking patterns that you use every day. The box on page 296 gives examples of how the patterns would be used in answering some typical questions college students ask. Still, although you use these patterns yourself when you speak or write, you may not recognize them when you read them. This chapter will show you how to identify the patterns when you read.

Thinking Patterns in Everyday Life

.

Question: What courses should I take next semester? *Pattern:* The answer to this question would be organized in a *list pattern.*

Question: What steps should I follow to complete a research paper? *Pattern:* The answer to this question would be organized in a *sequence pattern.*

Question: What is my definition of a successful student? *Pattern:* The answer to this question would be organized in a *definition pattern.*

Question: How are high school and college alike? How are they different?

Pattern: The answer to these questions would be organized in a *comparison-contrast pattern.*

Question: What can I do to get better results from my reading and studying?

Pattern: The answer to this question would be organized in a *cause-effect pattern.*

Why Is Recognizing Patterns Important?

Recognizing authors' writing patterns provides several advantages:

- *Comprehension*. You will comprehend more because you will be able to follow the writer's ideas more quickly and more easily.
- *Prediction.* As soon as you identify a pattern, you can begin to make predictions about what is likely to come next in a paragraph. Effective readers are active readers who make predictions as they read.
- *Memorization.* You can memorize information more efficiently when you understand the way it is organized. If you can grasp an author's pattern of organization, you will learn more easily and more quickly and retain it more accurately.
- *Improvement in your own writing.* Using these patterns yourself will enable you to write better, more organized paragraphs. For example, you can write better answers on essay tests when you use an appropriate pattern to organize the information.

IDENTIFYING SIGNIFICANT WRITING PATTERNS

The five writing patterns are described below, with sample paragraphs to illustrate the patterns. As you will discover, every pattern has certain words and phrases which are associated with it and serve as signals of that pattern. Moreover, the main idea sentence often contains clues about which pattern is being used.

List Pattern

Key term

List pattern: Series (list) of items in no particular order, since order is unimportant.

As its name indicates, the *list pattern* (sometimes called a *listing pattern*) presents a series, or list, of items. The order of the items is not important. If the items were rearranged, it would not matter.

Clues in a paragraph that typically indicate a list pattern are the words *and*, *also*, *another* and the words *first*, *second*, *third*, *fourth*, *finally*. Sometimes authors use numbers (1, 2, 3) or letters (a, b, c), even though the order is not important. Their purpose is to be sure that the reader will notice each separate item. It is important to remember that your task is to locate *all* the items in the list.

Here is a paragraph from an economics textbook. The topic is *financing of corporate activity*. The first sentence states the main idea: *Generally speaking, corporations finance their activity in three different ways.* The author has listed details that help you understand more about this main idea. Notice that these details are in no particular order. As you read this paragraph, ask yourself, *"What* are the three different ways that corporations finance their activity?"

Generally speaking, corporations finance their activity in three different ways. First, a very large portion of a corporation's activity is financed internally out of undistributed corporate profits. Second, like individuals or unincorporated businesses, corporations may borrow from financial institutions. For example, a small corporation which wants to build a new plant or warehouse may obtain the funds from a commercial bank, a saving and loan institution, or an insurance company. Also, unique to corporations, common stocks and bonds can be issued.

Source: Campbell McConnell and Stanley Brue, Economics: Principles, Problems, and Policies, McGraw-Hill, New York, 1990, p. 110.

Annotate

Go back to the excerpt. Underline or highlight the words *first, second, also,* and *three different ways.* In this paragraph, the authors use the clue words *first, second, also* and the phrase *three different ways* to signal that the reader should expect a list of three things: three ways of financing corporate activities. The order in which the items are listed is not important. What is important is the fact that there are three different ways, and what those ways are.

The next paragraph is from a health textbook. It illustrates the list pattern in a very obvious way: the items in the list are numbered. The topic of the paragraph is *signs of alcoholism*, and its implied (formulated) main idea is *The diagnosis of alcoholism is often imprecise and difficult for nonprofessionals to make, but there are certain changes in behavior that can warn of possible alcoholism*. On the basis of the topic and the main idea, *what* do you predict will be listed?

SIGNS OF ALCOHOLISM

The diagnosis of alcoholism is not something that can be precise, and it is often difficult for nonprofessionals to make. The disease carries such a stigma that the alcoholic, friends, and family often postpone seeking treatment. Meanwhile, it is not unusual for the alcoholic to deny the problem and rationalize continued drinking. Certain changes in behavior that warn of possible alcoholism include:

1. Surreptitious, secretive drinking

- 2. Morning drinking (unless that behavior is not unusual in the person's peer group)
- 3. Repeated, conscious attempts at abstinence
- Blatant, indiscriminant use of alcohol
- 5. Changing beverages in a attempt to control drinking
- 6. Having five or more drinks daily
- 7. Having two or more blackouts while drinking

Source: Martin Levy, Mark Dignan, and Janet Shirreffs, *Targeting Wellness: The Core,* McGraw-Hill, New York, 1992, p. 251. Reproduced with permission of McGraw-Hill.

At the end of this paragraph, the list of warnings of possible alcoholism is actually set off from the text and is announced by the phrase *Certain changes in behavior that warn of possible alcoholism include*... The topic *signs of alcoholism* in the heading and the words *certain changes* in the main idea sentence help readers predict that a list will be given. The authors list seven supporting details (behavioral changes) and number these details even though they are not in any particular order. Listed items are often numbered, lettered, or bulleted to make sure that the reader notices each of them.

Sequence Pattern

Key term

Sequence pattern: List of items in a specific, important order.

The *sequence pattern* presents a list of items *in a certain specific order* because the order is important. The sequence pattern is a type of list, but it differs from a simple list because the order of the items is significant. A very common type of sequence is based on occurrence of events in time, and therefore a sequence pattern is often called *time order* or *chronological order*. Sets of directions are an example of sequences that students encounter daily.

Words that signal a sequence pattern include *first, second, third, then, next, finally.* Words that refer to time, such as dates and phrases like *during the eighteenth century* or *in the last two decades* may also signal sequences. Watch also for enumeration (1, 2, 3, etc.) letters (*a, b, c,* etc.), and words such as *steps, stages, phases,* and *series.*

Go back to the excerpt. Underline or highlight the words *certain changes* and the

numbers in the list.

Annotate

Below is a sample paragraph in which authors use a sequence pattern to show the order in which certain events occur. The topic of this paragraph is *the alcohol continuum*. Read the paragraph and notice the list of details and the *order* in which they are given.

THE ALCOHOL CONTINUUM

Alcoholism is a progressive disease that develops as a series of stages through which any drinker may pass. At one end of the spectrum is occasional and moderate social drinking with family or friends on special occasions. At the other end is long-term, frequent, uncontrollable drinking with severe physical, psychological, and social complications. The full continuum can be summarized as follows:

- 1. **Occasional drinker** drinks in small guantities only on special occasions.
- 2. **Light drinker** drinks regularly in small and nonintoxicating quantities.
- 3. **Social drinker** drinks regularly in moderate and nonintoxicating quantities.
- 4. Problem drinker drinks to intoxi-

cation with no pattern to episodes, gets drunk without intending to or realizing it.

- Binge drinker drinks heavily in recurrent episodes, often brought on by disturbances in work, home, or social life.
- Excessive drinker experiences frequent episodes of uncontrollable drinking affecting work, family, and social relationships.
- Chronic alcoholic is in serious trouble from long-term, frequent, and uncontrollable drinking; experiences physical complications including organic dysfunction, tolerance, and dependence; and develops severe work, home, and social problems.

Source: Martin Levy, Mark Dignan, and Janet Shirreffs, *Targeting Wellness: The Core,* McGraw-Hill, New York, 1992, pp. 250–256.

The details in this paragraph are numbered and clearly listed after the phrase *can be summarized as follows*. But there are other clues indicating that a sequence pattern is being used: the words *continuum*, *series of stages*, and *spectrum*. In this paragraph, the order of the information is obviously important.

Now read a paragraph, from a music textbook, in which the author also uses the sequence pattern. Notice the dates that are associated with important events in the Beatles' career.

THE BEATLES

The Beatles—the singer-guitarists Paul McCartney, John Lennon, and George Harrison, and the drummer Ringo Starr—have been the most influential performing group in the history of rock. Their music, hairstyle, dress, and lifestyle were imitated all over the world, resulting in a phenomenon known as Beatlemania. All four Beatles were born during the early 1940s in Liverpool, England, and dropped out of school in their teens to devote themselves to rock. Lennon and McCartney, the main songwriters of the group, began working together in 1956 and were joined by Harrison about two years later. In 1962 Ringo Starr became their new drummer. The group gained experience by performing in Hamburg, Germany, and in Liverpool, a port to

Annotate

Go back to the excerpt. Underline or highlight the numbers; the words in bold print; and the words continuum, series of stages, and spectrum. which sailors brought the latest American rock, rhythm-and-blues, and country-and-western records. In 1961, the Beatles made their first record, and by 1963 they were England's top rock group. In 1964, they triumphed in the United States, breaking attendance records everywhere and dominating the record market. Audiences often became hysterical, and the police had to protect the Beatles from their fans. Beatle dolls, wigs, sweatshirts, and jackets flooded the market. Along with a steady flow of successful records, the Beatles made several hit movies: A Hard Day's Night, Help! and Yellow Submarine.

Source: Roger Kamien, Music: An Appreciation, 5th ed., McGraw-Hill, New York, 1992, p. 608.

The details supporting the main idea that the Beatles were the most influential group in the history of rock are given in chronological order: the order in which they occurred. The author uses dates throughout the paragraph to tell when each important event occurred. In addition, the phrases were born during the early 1940s and dropped out of school in their teens indicate a progression of events.

Definition Pattern

The *definition pattern* presents the meaning of an important term that is discussed throughout a passage. The details in the rest of the paragraph discuss or illustrate the term.

Definitions are easy to identify because they often appear in **bold print** or *italics*. Moreover, they are typically introduced by signal words such as *is, is defined as, means, is known as, refers to, the term, is called,* and so forth.

Sometimes a synonym (a word or phrase with the same meaning as the term) will be signaled by the words *or* or *in other words*. For example, in the sentence, "Many women perceive a *glass ceiling*, or wall of subtle discrimination, that keeps them from the top positions in business," the word *or* introduces words (*walls of subtle discrimination*) that mean the same thing as *glass ceiling*.

Also, a definition is frequently signaled by certain punctuation marks. Look at the following samples, all of which present a definition of the term *anorexia nervosa*.

• Commas (,)

Anorexia nervosa, an eating disorder that can lead to starvation, occurs most often in teenage girls.

Teenage girls are the most common victims of *anorexia nervosa*, an eating disorder that can lead to starvation.

Parentheses ()

Anorexia nervosa (an eating disorder that can lead to starvation) occurs most often in teenage girls.

Annotate

Go back to the excerpt. Underline or highlight the dates and the two phrases which indicate the sequence.

Key term

Definition pattern: Pattern presenting the meaning of an important term discussed throughout a passage. Brackets []

Anorexia nervosa [an eating disorder that can lead to starvation] occurs most often in teenage girls.

Dashes (---)

Anorexia nervosa—an eating disorder that can lead to starvation—occurs most often in teenage girls.

• *Colon* (:)

An illness affecting primarily teenage girls is *anorexia nervosa*: an eating disorder that can lead to starvation.

Below is a paragraph from a business textbook in which the authors define two forms of *sexual harassment* in the workplace. Notice that the entire paragraph defines *sexual harassment*.

Another sensitive issue concerning primarily women in the workplace is **sexual harassment.** As defined by the Equal Employment Opportunity Commission, sexual harassment takes two forms: the obvious request for sexual favors with an implicit reward or punishment related to work, and the more subtle creation of a sexist environment in which employees are made to feel uncomfortable by off-color jokes, lewd remarks, and posturing.

Source: David Rachman, Michael Mescon, Courtland Bovée, and John Thill, *Business Today*, McGraw-Hill, New York, 1993, p. 110. Reproduced with permission of McGraw-Hill.

Annotate

Go back to the excerpt. Underline or highlight the boldface term, the phrase *as defined by*, and the two definitions. In this paragraph the phrases *as defined by* and *takes two forms* signal to the reader that there are two distinct definitions of sexual harassment in the workplace. Notice that the definitions follow a colon (:). Notice also that though the term *sexual harassment* appears in the first sentence, it is not defined until the next sentence.

Below is an excerpt from a psychology textbook in which the author presents a definition as the main idea and then goes on to explain it more fully. The term the author is defining is *foot-in-the-door principle*.

FOOT-IN-THE-DOOR PRINCIPLE

People who sell door-to-door have long recognized that once they get a foot in the door, a sale is almost a sure thing. To state the **foot-in-the-door principle** more formally, a person who agrees to a small request is later more likely to comply with a larger demand. Evidence suggests, for instance, that if someone asked you to put a large, ugly sign in your front yard to promote safe driving, you would refuse. If, however, you had first agreed to put a small sign in your window, you would later be much more likely to allow the big sign to be placed in your yard.

Source: Dennis Coon, Essentials of Psychology, 5th ed., West, St. Paul., Minn., 1991, p. 627. Copyright © 1991 by West Publishing Company. All rights reserved.

302 Part Two Comprehension

Annotate

Go back to the excerpt. Underline or highlight the phrase *To state the foot-in-the-door principle more formally* and the definition itself.

Key term

Comparison-contrast pattern: Pattern used to present similarities (comparisons), differences (contrasts), or both.

Annotate

Go back to the excerpt and underline or highlight these signals: advantages, disadvantages, On the plus side, asset, liability. In this paragraph the author first defines the foot-in-the-door principle in the main idea sentence as *the tendency for a person who has first complied with a small request to be more likely later to fulfill a larger request.* Then the author presents an example that illustrates how this principle works. To announce to the reader that the foot-in-the-door effect is being defined precisely, the author uses the phrase *To state the foot-in-the-door principle more formally.* Did you notice that the definition is set off by a comma, and that the important term appears in the heading and also in bold print within the paragraph?

Comparison-Contrast Pattern

Often writers want to emphasize comparisons and contrasts. A *comparison* shows how two or more things are similar or alike. A *contrast* points out the differences between them. The *comparison-contrast pattern* presents similarities (comparisons), differences (contrasts), or both.

To signal comparisons, authors use the words *similarly, likewise, both, same,* and *also.* To signal contrasts, authors use clue words such as *on the other hand, in contrast, however, while, whereas, although, nevertheless,* and *some... others.* Contrasts are also signaled by words in a paragraph that have opposite meanings, such as *advantages* and *disadvantages.*

In the following paragraph from an art textbook, the author presents important information about the *advantages* and *disadvantages* of the outstanding characteristic of oil paint, the very slow rate at which it dries. Read the paragraph to determine what she says about the positive and negative effects of this characteristic.

The outstanding characteristic of oil paint is that it dries very slowly. This creates both advantages and disadvantages for the artist. On the plus side, it means that colors can be blended very subtly, layers of paint can be applied on top of other layers with little danger of separating or cracking, and the artist can rework sections of the painting almost indefinitely. This same asset becomes a liability when the artist is pressed for time—perhaps when an exhibition has been scheduled. Oil paint dries so *very* slowly that it may be weeks or months before the painting has truly "set." Another great advantage of oil is that it can be worked in an almost infinite range of consistencies, from very thick to very thin. The German Expressionist painter Oskar Kokoschka often used thick oil paints straight from the tube, occasionally squeezing them directly on the canvas with a brush. He could then mold and shape the thick paint with a palette knife (a spatula-shaped tool) to create actual three-dimensional depth on the canvas.

Source: Rita Gilbert, Living with Art, 3d ed., McGraw-Hill, New York, 1992, p. 200.

In this paragraph, *advantages*, *disadvantages*, *on the plus side*, *asset*, and *liability* are clues or signals that the author is presenting positive and the negative aspects of the fact that oil paint dries slowly.

Here is another passage from the same art textbook which also uses the comparison-contrast pattern. As you read it, notice that the author presents similarities and differences between a Buddhist shrine and the medieval Christian cathedral.

Buddhist shrines-the word stupa means "shrine"-often housed relics of the Buddha, and worship rituals called for circumambulation ("walking around") of the stupa. Thus, on the outside of the Great Stupa of Sanchi we see a railed pathway, where pilgrims could take the ritual clockwise walk following the Path of Life around the World Mountain. Elsewhere the stupa is embellished richly with carvings and sculpture evoking scenes from the Buddha's life. Every part of the stupa is geared to the pursuit of personal enlightenment and transcendence. If the Buddhist temple is dedicated to private worship, then its extreme opposite can be found in the total encompassment of a community religious experience: the medieval Christian cathedral. And the supreme example of that ideal is the Cathedral of Notre Dame de Chartres, in France. Chartres Cathedral was built, rebuilt, and modified over a period of several hundred vears, but the basic structure, which is in the Gothic style was established in the 13th century. A cathedral-as opposed to a church—is the bishop's domain and therefore is always in a town or a city. This one fact is crucial to understanding the nature of Chartres and the role it played in the people's lives.

Source: Rita Gilbert, Living with Art, 3d ed., McGraw-Hill, New York, 1992, pp. 64-65.

In the middle of this passage, the author signals the major difference she is presenting between the Great Stupa and Chartres Cathedral by the words *extreme opposite*. She wants the reader to understand that different types of structures were built to serve different religious purposes. More specifically, she wants the reader to understand that stupas were designed for *personal enlightenment and private worship*, whereas cathedrals were designed for *community religious experience*. In this passage, the words *personal* and *private* are used in contrast to *community*.

Cause-Effect Pattern

Key term

Cause-effect pattern: Pattern presenting reasons behind (causes of) events or conditions and results (effects) of events or conditions.

The *cause-effect pattern* presents *reasons behind* (causes of) events or conditions and *results* (effects) of events or conditions. Authors often use these words to indicate a cause: *because, reasons, causes, reasons why, leads to, produces, is due to, is caused by.* These words are used to indicate an effect: *therefore, consequently, thus, as a consequence, led to, the results, as a result, the effect was, resulted in.*

Following is a paragraph which uses the cause-effect pattern. Its topic is *lung cancer and the way an individual smokes*. The verb *affects* and the phrase *depending on* indicate a cause-effect pattern.

Annotate

Go back to the excerpt. Underline or highlight these signals: *extreme opposite*, *personal*, *private*, *community*. The *way* an individual smokes affects the chances of developing lung cancer. The risk increases depending on how many cigarettes are smoked each day, how deeply the smoker inhales, and how much tar and nicotine are contained in the cigarettes they smoked. People who started smoking early in their lives are also at greater risk than those who have only smoked for a few years.

Source: Martin Levy, Mark Dignan, and Janet Shirreffs, *Targeting Wellness: The Core*, McGraw-Hill, New York, 1992, p. 261. Reproduced with permission of McGraw-Hill.

In this paragraph, the authors present several *causes* related to smokers' increased risk of lung cancer: how many cigarettes are smoked daily, how deeply the smoker inhales, the amount of tar and nicotine in the cigarettes, and the age at which a person starts smoking.

Here is a paragraph from a physics textbook which also uses the causeeffect pattern. It explains *why* many people enjoy physics.

MANY PEOPLE ENJOY PHYSICS. WHY?

There are several reasons physicists and many of those who study physics find it eniovable. First, it is a joy to find out how the world behaves. Knowledge of the laws of nature allows us to look on the world with a fuller appreciation of its beauty and wonder. Second, we all enjoy discovering something new. Scientists take great satisfaction in exposing a facet of nature that was previously not seen or perhaps not understood. Imagine how Columbus must have felt when he sighted America. Scientists share a similar excitement when their work results in the discovery of a new aspect of nature. Fortunately, it seems that the more we discover about nature, the more there is to discover. The excitement of discovery drives science forward. Third, most of us enjoy the

successful completion of a demanding task. That is why people of all ages work puzzles. Each question or problem in science is a new puzzle to be solved. We enjoy the satisfaction of success. Fourth, science benefits humanity. A substantial fraction of those who embark on scientific work do so because they wish to contribute to the progress of civilization. Call it idealistic, perhaps, but ask yourself what medical tools we would have today without the work of countless scientists in physics, chemistry, biology, and the related sciences. Our present civilization is heavily indebted not only to those in science but also to those in the general populace who know enough about science to support its progress.

Source: Frederick J. Bueche, *Principles of Physics*, 5th ed., McGraw-Hill, New York, 1988, p. 3. Reproduced with permission of McGraw-Hill.

Annotate

Go back to the excerpt. Underline or highlight these signals: *several reasons, First, Second, Third, Fourth.* In the main idea sentence (the first sentence), this author uses the clue words *several reasons*. Then he uses *first, second, third,* and *fourth* to announce the four reasons which explain his main idea: *There are several reasons physicists and many of those who study physics find it enjoyable.* It is easier to remember this material if you grasp the cause-effect pattern.

Annotate

Go back to the excerpt. Underline or highlight the clues *affects* and *depending on*. In the following paragraph from a business textbook, the authors present several results of employee assistance programs. This paragraph does not contain signal words such as *results* or *effects*. Instead, the authors assume that the reader will understand the relationship between these programs and their results. The phrase *Such programs have been reported to reduce* . . . implies that employee assistance programs have certain effects. Read the paragraph and notice the four effects the authors present.

A number of companies have also instituted **employee assistance programs** (EAPs) for employees with personal problems, especially drug or alcohol dependence. Such programs have been reported (on the average) to reduce absenteeism by 66 percent, health-care cost by 86 percent, sickness benefits by 33 percent, and work-related accidents by 65 percent. Participation in EAPs is voluntary and confidential. Employees are given in-house counseling or are referred to outside therapists or treatment programs.

Source: David Rachman, Michael Mescon, Courtland Bovée, and John Thill, *Business Today*, McGraw-Hill, New York, 1993, pp. 283–284. Reproduced with permission of McGraw-Hill.

In a single sentence, these authors present four beneficial results of employee assistance programs: reductions in (1) absenteeism, (2) costs of health care, (3) sickness benefits, and (4) work-related accidents.

A note on "lists" versus other patterns

You may have realized, in the excerpt on physics, that the clues *several* reasons, first, second, third, and fourth were the same ones that could indicate a list. This, however, was a list of reasons, and therefore it was a cause-effect pattern. It is worth mentioning that many students consider almost everything a "list," but that view is not very useful. Whenever you think you are being given a "list," ask yourself, "A list of what?" Your answer may help you identify one of the other patterns. For instance, if your answer is "a list of events in a particular order," then call the pattern a sequence. If the answer is "a list of similarities or differences," call the pattern comparison-contrast. If the answer is "a list of reasons or results," then call the pattern cause-effect.

Mixed Patterns

Key term

Mixed pattern: Combination of two or more writing patterns. Each of the sample paragraphs presented so far has been used to illustrate only one writing pattern, but you should be aware that authors frequently combine two or more of the patterns. Such a combination is called a *mixed pattern*.

Following is an example of a *mixed pattern in a single paragraph*. This paragraph, from a health and fitness textbook, uses both the definition pattern and the cause-effect pattern. The paragraph presents a definition of passive smoking, and it *also* presents effects of passive smoking.

Annotate

Go back to the excerpt. Underline or highlight words and phrases which signal the definition pattern and the cause-effect pattern.

PASSIVE SMOKING AND THE RIGHTS OF NONSMOKERS

Reports from the U.S. surgeon general's office suggest that tobacco smoke in enclosed indoor areas is an important air pollution problem. This has led to the controversy about **passive smoking**—the breathing in of air polluted by the second-hand tobacco smoke of others. Carbon monoxide levels of sidestream smoke (smoke from the burning end of a cigarette) reach a dangerously high level. True, the smoke can be greatly diluted in freely circulating air, but the 1 to 5 percent carbon monoxide levels attained in smoke-filled rooms can be sufficient to harm the health of people with chronic bronchitis, other lung disease, or cardiovascular disease. Nicotine also builds up in the blood of nonsmokers exposed to cigarette smoke hour after hour. It has been estimated that passive smoking can give nonsmokers the equivalent in carbon monoxide and nicotine of one to ten cigarettes per day.

Source: Martin Levy, Mark Dignan, and Janet Shirreffs, Targeting Wellness: The Core, McGraw-Hill, New York, 1992, pp. 262–263. Reproduced with permission of McGraw-Hill.

Annotate

Go back to the excerpt. Underline or highlight the clue Such programs have been reported to reduce. In this paragraph, the bold print and the dash (**passive smoking**—) are clues that the authors are defining a term. The authors do not use words such as *cause* and *effect* in this paragraph, but they are also presenting a cause-effect relationship: passive smoking is the cause of a number of health problems. This paragraph can be described as a mixed pattern because it includes both a definition and a cause-effect relationship.

Below are examples of *mixed patterns in longer passages*. The first excerpt, from a textbook on the American government, consists of four paragraphs in which the author uses three patterns. In the first paragraph, the author presents a definition of *regionalism* (the tendency of people in a particular geographic area to defend their interests against those of people in other geographic areas). In the second paragraph, the author uses the comparison-contrast pattern to emphasize differences between two regions of the United States, the *Sunbelt* and the *Frostbelt*. In the third paragraph, the author uses the cause-effect pattern to explain the conflict over federal aid that resulted from a shift of economic influence to the Sunbelt. In the fourth paragraph, the author again uses a cause-effect pattern to explain a shift of political influence (an increased number of seats in Congress) from the Northeast and Midwest (Frostbelt) to the Southern and Western states (Sunbelt).

THE RESURGENCE OF REGIONALISM

An important characteristic of intergovernmental politics today is **regionalism**, the tendency of people in a particular geographic area to defend their interests against those of people in other geographic areas. Historic regionalism pitted North against South, as we saw, for example, in examining the conflicts at the Constitutional Convention. One central regional issue today is the competition between Sunbelt and Frostbelt for federal moneys.

The so-called **Sunbelt** region (the states of the South and Southwest) has experienced significant increases in population and economic development over the past two decades. During the same time, the Northeastern and Midwestern

states of the so-called **Frostbelt** saw both their population and their economic growth lag behind that of the nation at large. In the first half of the 1980s, the North Central region actually *lost* more jobs than it gained. Southwestern oil states such as Texas and Oklahoma were also hit hard in the middle 1980s by the collapse of the oil boom. Nevertheless, the Sunbelt has grown in economic influence relative to the rest of the nation.

This shift of economic influence from the Frostbelt to the Sunbelt has prompted a sharp conflict between these regions in seeking greater amounts of federal aid. Frostbelt leaders have charged that their region pays more income taxes into the federal treasury than comes back in the form of grantsin-aid, and they subsequently have pressured Congress to rewrite funding formulas so that they will be more favorable to the Frostbelt. Faced with this challenge, Sunbelt leaders have also begun to lobby Washington for their version of how federal aid ought to be distributed.

The rise of the South and the West is seen not only in economic influence but in political influence as well. The reapportionment of congressional seats after the 1990 census saw a dramatic shift of congressional seats from the Northeast and Midwest to fast-growing Southern and Western states such as Florida and California.

Source: John Harrigan, *Politics and the American Future,* McGraw-Hill, New York, 1992, p. 72–73. Reproduced with permission of McGraw-Hill.

The next excerpt, from a business textbook, also illustrates the use of mixed patterns in longer passages. In this passage, which discusses *crisis management*, the authors have used four patterns: definition, cause-effect, comparison-contrast, and sequence. As you read this excerpt, look for clue words that indicate which pattern is being used in each paragraph.

CRISIS MANAGEMENT

The most important goal of any business is to survive. But any number of problems may arise, some threatening the very existence of the company. An ugly fight for control of a company, a product failure (such as Microsoft's first two versions of the Windows program), breakdowns in an organization's routine operations (as a result of fire, for example)-any surprising event may develop into a serious and crippling crisis. Crisis management, the handling of such unusual and serious problems, goes a long way toward determining the company's future. For example, Johnson & Johnson is widely thought to have done a good job of coping with the two Tylenol poisoning scares, moving quickly to remove capsules from the shelves and to publicize the problem. As a result, the effects of the first scare had

been almost completely overcome by the time the second hit.

In contrast, H.I. Heinz so badly handled a crisis that the future of its Canadian subsidiary of StarKist Foods was in doubt. StarKist was accused of shipping 1 million cans of "rancid and decomposing" tuna, which were first rejected by Canadian inspectors but later passed by a high government official. Under the prodding of Canadian news media, the prime minister finally had the tainted tuna seized. All along, Heinz and StarKist maintained a stony silence over "Tunagate," and their mishandling of the crisis cost plenty: The company that once controlled half of the Canadian tuna market watched its revenues fall 90 percent. After being closed for almost three years, the StarKist plant re-opened in August 1988. Due to the economic

Annotate

Go back to the excerpt. Underline or highlight words or phrases which signal definition, causeeffect, comparisoncontrast, and sequence patterns. Annotate

Go back to the excertpt. Uunderline or highlight words or phrases which signal definition, causeeffect, and comparisoncontrast patterns. downturn in 1989, StarKist closed the plant for good.

Companies that experience a crisis for which they are ill prepared seem to make a series of mistakes. First, warnings about possible problems are ignored at one or several management levels. Then the crisis hits. Under pressure, the company does the worst thing it could do: It denies the severity of the problem or it denies its own role in the problem. Finally, when the company is forced to face reality, it takes hasty, poorly-conceived action.

A better way does exist. Management experts caution that the first 24 hours of a crisis are critical. The first move is to explain the problem—both to the public and to the company's employees. Simultaneously, the offending product is removed from store shelves, and the offending action is stopped, or the source of the problem (whatever it is) is brought under control to the extent possible.

Source: David Rachman, Michael Mescon, Courtland Bovée, and John Thill, *Business Today*, McGraw-Hill, New York, 1993, pp. 169–170. Reproduced with permission of McGraw-Hill.

STANDARDIZED READING TESTS: WRITING PATTERNS

College students may be required to take standardized reading tests as part of an overall assessment program, in a reading course, or as part of a state-mandated "basic skills" test. A standardized reading test typically consists of a series of passages followed by multiple-choice questions, to be completed within a specified time limit.

Questions about organization of material in a passage may be worded in several different ways. Sometimes you are asked to identify the *type* of pattern; sometimes you are asked about specific *information* that has been listed, presented in a sequence, defined, compared or contrasted, or discussed in terms of causes and effects.

Here are some examples of typical wording of questions about writing patterns or organization:

Which of the following organization patterns does the author use to present information in this passage?

In this passage the author presents . . . (a comparison, a sequence of events, etc.)

This passage explains . . . (causes of . . . , differences between . . . , reasons for . . . , effects of . . . , etc.)

In this passage, what is contrasted with ...?

According to this passage, what are effects of ...?

This passage explains (two, three, four) similarities between . . .

Which of the following is an effect of . . . ?

Paragraph 3 contrasts . . . and . . .

The second step in . . . is to . . .

309 Chapter 7 Recognizing Authors' Writing Patterns

To answer questions about organization, watch for clue words that signal each of the patterns. When you find clue words in a passage, *circle them* so that you can clearly see relationships among the ideas presented. You will also find it helpful to *number* items in lists and sequences, causes and effects, and similarities and differences so that you do not overlook any of them. Remember, too, that words in a stated main idea sentence may suggest a pattern (such words include *ways, factors, causes, reasons, series, stages, differences, similarities*, etc.).

DEVELOPING CHAPTER REVIEW CARDS

Review cards, or *summary cards*, are an excellent study tool. They are a way to select, organize, and review the most important information in a textbook chapter. The process of creating review cards helps you organize information in a meaningful way and, at the same time, transfer it into long-term memory. The cards can also be used to prepare for tests (see Part Three). The review card activities in this book give you structured practice in creating these valuable study tools. Once you have learned how to create review cards, you can use them in your other courses.

Now, complete the three review cards for Chapter 7, following the directions on each card. When you have completed them, you will have summarized: (1) names and definitions of five writing patterns, (2) advantages of recognizing authors' patterns as you read, (3) clues that serve to signal writing patterns.

Authors' Writing Patterns

Name and describe five writing patterns used by authors. (See pages 297–300.)

Pattern:	
Description:	
Pattern:	
Description:	
Pattern:	
Description:	
Pattern:	
Description:	
Pattern:	
Description:	

Advantages of Identifying Writing Patterns

What are four advantages of identifying writing patterns as you read? (See page 296.)

1.

2.

3.

4.

Chapter 7: Recognizing Authors' Writing Patterns

Clues to Writing Patterns: Signal Words

What signal words identify each of the five writing patterns described in this chapter? (See pages 297–303.)

1. List:			
2. Sequence:			
3. Definition:			
4. Comparison-contrast:	ill y		
5. Cause-effect:	aline aline		
Chapter 7: Recognizing Authors' Writing Patterns			

READINGS

Selection Z-1

Psychology

REACTIONS TO IMPENDING DEATH

FROM ESSENTIALS OF PSYCHOLOGY BY DENNIS COON

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 7-1.

- 1. First, read and think about the title. What do you already know about dying people's reactions to impending death?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) Headings First sentence of each paragraph Words in **bold print** and *italics* Last paragraph (paragraph 16)

On the basis of your preview, what does this selection seem to be about?

Apply Comprehension Skills

Directions: Do these practice exercises as you read Selection 7-1.

Determine topics and main ideas. When you read a paragraph, ask yourself what it is about (topic) and what the author wants you to understand (main idea) about the topic.

Identify supporting details. As you read, ask yourself what else the author wants you to know so that you can understand the main idea.

Recognize the author's writing pattern. As you read, ask yourself, "Which writing pattern is used to organize supporting details? What clue words signal the pattern?"

REACTIONS TO IMPENDING DEATH

Death is a topic that makes many people in our society uncomfortable. The author of this selection presents a famous researcher's theory about reactions to death.

A direct account of emotional responses to death comes from the work of Elizabeth Kübler-Ross (1975). Kübler-Ross is a **thanatologist** (one who studies death) who spent hundreds of hours at the bedsides of the terminally ill. She found that dying persons tend to display several emotional reactions as they prepare for death. Five basic reactions are described here:

1

- 1. **Denial and isolation.** A typical first reaction to impending death is an attempt to deny its reality and to isolate oneself from information confirming that death is really going to occur. Initially the person may be sure that "It's all a mistake," that lab reports or X-rays have been mixed up, or that a physician is in error. This may proceed to attempts to ignore or avoid any reminder of the situation.
- 2. Anger. Many dying individuals feel anger and ask, "Why me?" As they face the ultimate threat of having everything they value stripped away, their anger can spill over into rage or envy toward those who will continue living. Even good friends may temporarily evoke anger because their health is envied.

Annotation practice exercises

Directions: For each exercise, use the spaces provided to write:

- Main idea sentence of the paragraph
- Author's pattern for organizing supporting details (writing pattern)

Also, in the paragraph, number supporting details and underline or highlight clue words that signal the writing pattern. This will help you remember main ideas, details, and writing patterns.

	Practice exercise	
Main idea s	entence of paragraph 1:	
Writing pat	tern:	

Source: Dennis Coon, "Reactions to Impending Death," in *Essentials of Psychology*, West, St. Paul, Minn., 1991, pp. 136–138. Copyright © 1991 by West Publishing Company. All rights reserved. *Photo:* Alan Tannenbaum/Sygma.



- 3. **Bargaining.** In another common reaction 2 the terminally ill bargain with themselves or with God. The dying person thinks, "Just let me live a little longer and I'll do anything to earn it." Individuals may bargain for time by trying to be "good" ("I'll never smoke again"), by righting past wrongs, or by praying that if they are granted more time they will dedicate themselves to their religion.
- 4. **Depression.** As death draws near and the person begins to recognize that it cannot be prevented, feelings of futility, exhaustion, and deep depression may set in. The person recognizes that he or she will be separated from friends, loved ones, and the familiar routines of life, and this causes a profound sadness.

3

5. Acceptance. If death is not sudden, many people manage to come to terms with dying and accept it calmly. The person who accepts death is neither happy nor sad, but at peace with the inevitable. Acceptance usually signals that the struggle with death has been resolved. The need to talk about death ends, and silent companionship from others is frequently all that is desired.

As cultural rituals, funerals encourage a release of emotion and provide a sense of closure for survivors, who must come to terms with the death of a loved one.

Not all terminally ill persons display all these reactions, nor do they always occur in this order. Individual styles of dying vary greatly, according to emotional maturity, religious belief, age, education, the attitudes of relatives, and so forth. Generally, there does tend to be a movement from initial shock, denial, and anger toward eventual acceptance of the situation. However, some people who seem to have accepted death may die angry and raging against the inevitable. Conversely, the angry fighter may let go of the struggle and die peacefully. In general, one's approach to dying will mirror his or her style of living.

It is best not to think of Kübler-Ross' list as a fixed series of stages to go through in order. It is an even bigger mistake to assume that someone who does not show all the listed emotional reactions is somehow deviant or immature. Rather, the list describes typical and appropriate reactions to impending death. It is also interesting to note that many of the same reactions accompany any major loss, be it divorce, loss of a home due to fire, death of a pet, or loss of a job. Question: How can I make use of this information?

- ⁴ First, it can help both the dying individual and survivors recognize and cope with periods of depression, anger, denial, and bargaining. Second, it helps to realize that close friends or relatives of the dying person may feel many of the same emotions before or after the person's death because they, too, are facing a loss.
- ⁵ Perhaps the most important thing to recognize is that the dying person may have a need to share feelings with others and to discuss death openly. Too often, the dying person feels isolated and separated from others by the wall of silence erected by doctors, nurses, and family members. Adults tend to "freeze up" with a dying person, saying things such as, "I don't know how to deal with this."
- ⁶ Understanding what the dying person is going through may make it easier for you to offer support at this important time. A simple willingness to be with the person and to honestly share his or her feelings can help bring dignity, acceptance, and meaning to death. In many communities these goals have been aided by the hospice movement.

Hospice

A hospice is basically a hospital for the ter-7 minally ill. The goal of the hospice movement is to improve the quality of life in the person's final days. Hospices typically offer support, guidance, and companionship from volunteers, other patients, staff, clergy, and counselors. Pleasant surroundings, an atmosphere of informality, and a sense of continued living help patients cope with their illnesses. Unlimited around-the-clock visits are permitted by relatives, friends, children, and even pets. Patients receive constant attention, play games, make day trips, have pre-dinner cocktails if they choose, and enjoy entertainment. In short, life goes on for them.

Practice exercise
Main idea sentence of paragraph 7:

8 At present most larger cities in the United States have hospices. They have been so successful that they are likely to be added to many more communities. At the same time, treatment for the terminally ill has dramatically improved in hospitals—largely as a result of pioneering efforts in the hospice movement.

Bereavement

- 9 After a friend or relative has died, a period of grief typically follows. Grief is a natural and normal reaction to death as survivors adjust to loss.
- 10 Grief tends to follow a predictable pattern. Grief usually begins with a period of **shock** or numbness. For a brief time the bereaved remain in a dazed state in which they may show little emotion. Most find it extremely difficult to accept the reality of their loss. This phase usually ends by the time of the funeral, which unleashes tears and bottled-up feelings of despair.
- 11 Initial shock is followed by sharp **pangs of grief.** These are episodes of painful yearning for the dead person and, sometimes, anguished outbursts of anger. During this period the wish to have the dead person back is intense. Often, mourners continue to think of the dead person as alive. They may hear his or her voice and see the deceased vividly in dreams. During this period, agitated distress alternates with silent despair, and suffering is acute.
- 12 The first powerful reactions of grief gradually give way to weeks or months of **apathy**, **dejection**, and **depression**. The person faces a new emotional landscape with a large gap that cannot be filled. Life seems to lose much of its meaning, and a sense of futility dominates the person's outlook. The mourner is usually able to resume work or other activities after 2 or 3 weeks. However, insomnia, loss of energy and appetite, and similar signs of depression may continue.
- 13 Little by little, the bereaved person accepts what cannot be changed and makes a new beginning. Pangs of grief may still occur, but they are less severe and less frequent.

Practice exercise Main idea sentence of paragraph 10:

Writing pattern:

Memories of the dead person, though still painful, now include positive images and nostalgic pleasure. At this point, the person can be said to be moving toward **resolution.**

As was true of approaching death, individual reactions to grief vary considerably. In general, however, a month or two typically passes before the more intense stages of grief have run their course. As you can see, grief allows survivors to discharge their anguish and to prepare to go on living.

Question: Is it true that suppressing grief leads to more problems later?

15 It has long been assumed that suppressing grief may later lead to more severe and lasting depression. However, there is little evidence to support this idea. A lack of intense grief does not usually predict later problems. Bereaved persons should work through their grief at their own pace and in their own way—without worrying about whether they are grieving too much or too little. Some additional suggestions for coping with grief follow.

Coping with Grief

- Face the loss directly and do not isolate yourself.
- Discuss your feelings with relatives and friends.
- Do not block out your feelings with drugs or alcohol.
- Allow grief to progress naturally; neither hurry nor surpress it.
- 16 The subject of death brings us full circle in the cycle of life.

Practice exercise

Main idea sentence of paragraph 15:

Writing pattern:

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- - _____ 2. Kübler-Ross's list of reactions represents a fixed series of stages.
 - _____ 3. Many of the reactions outlined by Kübler-Ross also accompany major losses such as divorce, loss of a job, and loss of a home in a fire.
 - 4. The goal of the hospice movement is to improve the quality of nursing care for the dying person.
 - 5. The hospice movement has had no effect on the quality of care that terminally ill patients receive in hospitals.
- 6. Alcoholic beverages can be served to a terminally ill person in a hospice.

Multiple-choice

Directions: For each item, select the best answer.

- 7. A thanatologist is one who studies
 - a. hospital care
 - b. diseases
 - c. death
 - d. psychology
- 8. The author states that individual styles of dying are influenced by all of the following factors *except* the
 - a. attitude of relatives.
 - b. gender of the dying person.
 - c. age of the dying person.
 - d. emotional maturity of the dying person.
- 9. Which of the following does not illustrate the value of Kübler-Ross's findings?
 - a. We can assume that someone who does not exhibit all the emotional reactions described by Kübler-Ross is immature.
 - b. The dying person who is familiar with Kübler-Ross's theory may be able to recognize, cope with, and discuss the various stages.
 - c. As survivors, we can better understand and support the terminally ill person.
 - d. Doctors and nurses may have a better understanding of the feelings of the terminally ill person.

- 10. Hospice care is characterized by
 - a. restricted visits.
 - b. a hospital-like environment.
 - c. day trips, entertainment, visits by the family (even pets), if the patient is able.
 - d. care, guidance, and support by doctors and staff only.

Extend Your Vocabulary by Using Context Clues

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 7-1 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ä father ĕ pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏo took oō boot ŭ cut yōo abuse ûr urge th thin th this hw which zh vision \ni about

1. "As death draws near and the person begins to recognize that it cannot be prevented, feelings of *futility*, exhaustion, and deep depression may set in."

When they saw how vast the forest fire was, the firefighters realized the *futility* of their efforts to put it out and simply tried to prevent it from spreading further.

futility (fyoo til' i te) means:

- a. reasonableness; sensibleness
- b. uselessness; lack of useful results
- c. cheerfulness
- d. helpfulness
- 2. "Acceptance usually signals the struggle with death has been resolved."

My parents always resolved their problems by discussing them.

resolved (ri zolved') means:

- a. found a solution to; settled
- b. ignored; paid no attention to
- c. made known publicly
- d. kept secret

321 Chapter 7 Recognizing Authors' Writing Patterns

3. "It is an even bigger mistake to assume that someone who does not show all the listed emotional reactions is somehow *deviant* or immature."

Child who are abused often exhibit deviant behavior later in their lives.

deviant (de ve ant) means:

- a. kind, gentle
- b. illegal; against the law
- c. difficult to diagnose
- d. differing from accepted standards
- 4. "Rather, the list describes typical and appropriate reactions to *impend-ing* death."

We knew from the dark clouds that the *impending* storm could hit at any minute.

impending (im pen' ding) means:

- a. about to take place
- b. severe, harsh
- c. delayed; later than expected
- d. soothing
- 5. "For a brief time the *bereaved* remain in a dazed state in which they may show little emotion."

The *bereaved* widow of the police officer received dozens of letters expressing sympathy over the loss of her courageous husband.

bereaved (bi revd') means:

- a. peaceful; serene
- b. sad; gloomy
- c. deprived of, as by death
- d. upset; distraught
- 6. "This phase usually ends by the time of the funeral, which *unleashes* tears and bottled-up feelings of despair."

When a hurricane *unleashes* its fury, it can cause millions of dollars of damage.

unleashes (ŭn lesh' əz) means:

- a. releases
- b. controls
- c. calms or soothes
- d. prevents

7. "Initial shock is followed by sharp pangs of grief."

We had not eaten since morning, and our hunger *pangs* increased when we smelled the delicious aroma coming from the campfire that night.

pangs (pangz) means:

- a. cravings; strong desires
- b. sharp, sudden sensations
- c. sad, despondent feelings
- d. strong dislikes
- 8. "During this period, agitated distress alternates with silent despair, and suffering is *acute."*

Everyone in the search party felt *acute* relief when the missing child was found.

acute (a kyoot') means:

- a. intense
- b. mild
- c. moderate
- d. not noticeable
- 9. "The first powerful reactions of grief gradually give way to weeks or months of apathy, *dejection*, and depression."

We could tell from their *dejection* that they had lost the final game of the baseball playoffs.

dejection (di jekt' shan) means:

- a. agitation or nervousness
- b. energy or liveliness
- c. discouragement or low spirits
- d. happiness or elation
- 10. "Life seems to lose much of its meaning, and a sense of futility *dominates* the person's outlook."

The story of the president's resignation *dominates* our thoughts this week.

dominates (dom' a nāts) means:

- a. occupies a preeminent position
- b. treats harshly
- c. treats as unimportant
- d. is excluded from

Respond in Writing

Directions: Refer to Selection 7-1 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

1. The thanatologist Elizabeth Kübler-Ross found five basic reactions to death (or any major loss). Give examples of how each of these reactions might manifest itself in a person's behavior. You may add examples of your own to any the author gives. (For instance, one possible behavior accompanying the first emotional reaction is avoiding calling to get results of tests.)

Emotional	reaction
Denial and	isolation

Possible behaviors accompanying the reaction

Anger

Bargaining

Depression

Acceptance

3. How does a hospice differ from a hospital? In your answer, use words th
signal contrasts (see page 302).

ald han afit for

m Imourladae of the

Item 4 may be completed collaboratively. 4. With the exception of the "bargaining stage," there is a predictable pattern of grief, just as there is a predictable pattern of reactions to impending death. Review this comparison (presented at the end of the selection) and complete the table on the opposite page. (To get you started, the answers to be inserted opposite *Denial and isolation* are "shock or numbness" and "difficulty accepting the reality of the loss." Write them in the space provided.)

325 Chapter 7 Recognizing Authors' Writing Patterns

Reactions to death or loss	Reactions to grief
Denial and isolation	
Anger	
Bargaining	(No equivalent reaction)
Depression	
Acceptance	

Option

Item 5 may be completed collaboratively. 5. What is the most important overall message the writer wants the reader to understand about reactions to impending death? Try to answer this question in one sentence.

Selection 7-2

History

FROM THE CONQUEST OF PARADISE: CHRISTOPHER COLUMBUS AND THE COLUMBIAN LEGACY

BY KIRKPATRICK SALE

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 7-2.

- 1. First, read and think about the title. What do you already know about Christopher Columbus?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) First sentence of each paragraph Words in *italics* Last paragraph (paragraph 8)

On the basis of your preview, what does this selection seem to be about?

Apply Comprehension Skills

Directions: Do these practice exercises as you read Selection 7-2.

Determine topics and main ideas. When you read a paragraph, ask yourself what it is about (topic) and what the author wants you to understand (main idea) about the topic.

Identify supporting details. As you read, ask yourself what else the author wants you to know so that you can understand the main idea.

Recognize the author's writing pattern. As you read, ask yourself, "Which writing pattern is used to organize supporting details? What clue words signal the pattern?"

THE CONQUEST OF PARADISE

In this article, Christopher Columbus is referred to by the Spanish Version of his name, Colón.

- 1 As the three ships moved past the Minorite monastery and slowly down the Tinto to the confluence with the River Saltes to starboard, the *Pinta* under the command of Martín Alonso Pinzón would most likely have been in the lead, as it was for much of the subsequent journey.
- Pinzón was not only an important shipowner 2 in Palos but probably one of the most experienced mariners in these waters-he was then between forty-six and fifty, and apparently had been at sea most of those years-and it was most likely his public support of Colón that had persuaded the other sailors of the area to sign on for this voyage. He may also have had enough experience at sea to have contrived the same Grand Scheme that Colón himself had-at least his family and friends said so, and so it was avowed some years later, during a protracted lawsuit between the Spanish crown and the Captain General's heirs. In those proceedings, known collectively as the Pleitos de Colón, it was claimed that Pinzón had been to Rome and seen charts of new lands across the seas and even before Colon came along "was about to seek them out at his own charge with two of his own vessels." There is scant evidence to support such claims, but the people of Palos at least took them seriously; there is today but one statue in that town of the discoverer of the New World, and it is of Martin Alonso Pinzón.

Annotation practice exercises

Directions: For each exercise, use the spaces provided to write:

- Main idea sentence of the paragraph
- Author's pattern for organizing supporting details (writing pattern)

Also, in the paragraph, number supporting details and underline or highlight clue words that signal the writing pattern. This will help you remember main ideas, details, and writing patterns.

Source: Kirkpatrick Sale, The Conquest of Paradise: Christopher Columbus and the Columbian Legacy, Knopf, New York, 1991, pp. 10–13. Copyright © 1990 by Kirkpatrick Sale. Reprinted by permission of Alfred A. Knopf, Inc.

- 3 The other crew members of the small flotilla seem to have been similarly seasoned sailors, all but four of them (a Portuguese and three Italians) Castilians, and they certainly were not hardened criminals, as myth would have it. (One, Bartolomé de Torres, had been in jail for killing a man in a fight, and three of his friends were caught trying to rescue him; they, and they alone, were the "criminals" who took advantage of the crown's offer to pardon those who would sail with Colon.) The captain of the Niña was Vicente Yañez Pinzón, Martín Alonso's younger brother and a man similarly born to the sea; Colon, of course, was captain of the flagship. And the owners of each ship were also on board, two as masters-those in charge of the administration of the crew-and one as an ordinary seaman. The pilots, who were primarily responsible for the navigation of the ships, were also veterans from Palos.
- In addition to those in charge, each vessel probably shipped a carpenter, caulker, cooper, and marshal, as well as a variety of *marineros*, stewards and gromets, or ship's boys. Each also had, oddly enough, a ship's surgeon, a personage who seems to have been largely superfluous for the whole journey, judging by the fact that the Captain General never once refers to the medical skills of any of them and that two of them were later left behind on Española, having been deemed unnecessary for the return trip.
- 5 Interesting, too, is what the three ships were *not* carrying.

6

Although the Captain General claimed to be advancing the cause of the Roman Church—he asserted to his sovereigns that the primary reason for the voyage was "to see the said princes and peoples and lands . . . and the manner in which may be undertaken their conversion to our Holy Faith"—there were no monks on board, no missionaries, no priests, no holy fathers, no men of the cloth of any kind. Although presumably he was also to deal with various princes and potentates (and was indeed carrying a Letter of Credence from Ferdinand and Isabella "to the Most Serene Prince _____," with the blank Practice exercise
Main idea sentence of paragraph 3:

Practice exercise

Main idea sentence of paragraph 4:

Writing pattern:

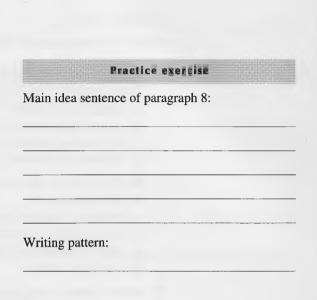
to be filled in on the occasion), there was no one on board with any diplomatic experience, no ambassador or minister, no one trained in any statecraft befitting a foreign court. And although there were likely to be some confrontations with "the said princes and peoples," there were no soldiers on any ship, nor any significant ordnance beyond some crossbows and arguebuses and a few small cannon. (The types of these last are not known, but Colón does later mention firing a lombard, a smallish, low-lying cannon mounted probably belowdecks on the flagship.) Nor, despite later illustrations by men who hadn't seen them to accompany accounts by those who hadn't been there, were there any "men at arms" with pikes, or cannoneers, or halberdiers, or archers, or soldiers of the line whatever. And there were not even any cooks (although each captain had a personal servant), inasmuch as the position of shipboard chef was not invented until well into the sixteenth century.

7

Most surprising, although the royal order to this little fleet was to "discover and acquire" all the new lands it was to come upon, not a single person on any of the ships is known to have had any training or skills as a naturalist, nor was anyone ever recorded during the voyage as having even the most rudimentary knowledge of flora and fauna, much less any ability to describe, record, analyze, or preserve any of the new specimens of life that might be found on those new lands. Colón himself came to regret this lack severely: when told by the islanders that one place had many spices growing, he wrote, "But that I don't know them gives me the greatest grief in the world, for I see a thousand sorts of trees . . . and of all of them I recognize only these aloes." (And even then he was wrong: he loaded large quantities of what he took to be medicinal aloes on board, and it turned out to be a species of agave of no therapeutic value at all.) Nor, by the same token, was there anyone capable of, or interested in, making a sketch or drawing of any of the new sightsgeological, biological, or anthropological-for the edification or even amusement of the audience back home; in fact, apparently not once in all of Spain's history of discovery did it send out an artist of any sort—not even during the century of El Greco and Velázquez—and the sole evidence of any Castilian visual sense is a few crude and inaccurate sketches, diagrams really, by Gonzalo Fernández de Oviedo in his *Historia General* of 1535-57.

8

Nor, finally, were there any jewelers or metallurgists. Although it was presumed that this voyage was to acquire, according to the crown agreements, "Pearls, Precious Stones, Gold, Silver, Spiceries, and other Things and Merchandise of whatever kind, name or description that may be," there wasn't anyone on board who knew gold from pyrite or pearl from chrysoberyl. One of the seamen was listed in the manifest as being a "silversmith" and charged with being an "assayer of minerals and washer of gold," but since this was one of the gromets, this was surely an overstatement at best. In any case, nothing is heard about his skills during the subsequent weeks, and at least once Colon loaded his ships with samples of gold "for your Sovereigns" that turned out to be nothing more than iron pyrite.



Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- 1. When the small flotilla of ships headed by Colón (Christopher Columbus) left Spain, the most experienced mariner was Colón himself.
 - 2. The majority of the men who sailed with Colón were experienced sailors, not hardened criminals, as myth would have it.
 - 3. All Spain gave Colón credit for conceiving the grand scheme of sailing to the new lands across the seas.
 - 4. The port city of Palos, Spain, provided experienced sailors, ships' pilots, and other important personnel for the voyage.

- 5. Many of the sailors signed on because of Martín Alonso Pinzón's public support of Colón.
- 6. Colón was well prepared to spread Christianity, establish diplomatic relations, and identify plants and animals in the new lands across the seas.

Multiple-choice

Directions: For each item, select the best answer.

- 7. Martín Alonso Pinzón, who commanded one of the ships accompanying Colón, was all of the following *except*
 - a. captain of the Niña.
 - b. a more experienced mariner than Colón.
 - c. the most important shipowner in Palos, Spain.
 - d. extremely influential in getting others to sign on with Colón.
- 8. On the voyage to the new lands, Colón's flotilla of three ships carried all of the following *except*
 - a. carpenters, caulkers, and sailors.
 - b. metallurgists to identify minerals in the new lands.
 - c. ships' stewards and ships' pilots.
 - d. the ships' owners.
 - 9. On his voyage to the new lands, Colon carried
 - a. missionaries and priests to spread the Christian faith.
 - b. personnel to establish diplomatic relations.
 - c. ships' surgeons to care for the crew.
 - d. naturalists who could identify new species of flora (plants) and fauna (animals).
- 10. People *not* included on the voyage were
 - a. artists to sketch the new lands.
 - b. geologists to bring back information about the terrain in the new lands.
 - c. gardeners who could preserve the plant species on the return voyage.
 - d. all of the above.

Extend Your Vocabulary by Using Context Clues

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 7-2 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ë pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏ took \overline{x} o boot ŭ cut yōo abuse ûr urge th thin *th* this hw which zh vision \Im about

1. "Pinzón was not only an important shipowner in Palos but was probably one of the most experienced *mariners* in these waters."

The men spent their lives as *mariners* and often went for months at a time without setting foot on land.

mariners (măr' ə nərz) means:

- a. fishermen
- b. scientists
- c. sailors
- d. shipowners
- 2. "He may also have had enough experience at sea to have *contrived* the same Grand Scheme that Colón himself had."

The paramedics *contrived* a clever way to rescue the injured man from his overturned car.

contrived (kan trivd') means:

- a. abandoned
- b. ruined
- c. overheard
- d. devised or planned
- 3. "... and so it was avowed some years later, during a *protracted* lawsuit between the Spanish crown and the Captain General's heirs."

The actor's *protracted* treatment for throat cancer took almost a year to complete, but he was cured.

protracted (pro trakt od) means:

- a. prolonged or drawn out
- b. ineffective
- c. hopeless
- d. brief or short

4. "There is *scant* evidence to support such claims, but the people of Palos at least took them seriously."

The recipe ingredients included a *scant* cup of milk, slightly less than a full 8 ounces.

scant (skänt) means:

- a. meager, deficient
- b. conclusive
- c. determined by chance
- d. complete

5. "Each also had, oddly enough, a ship's surgeon, a personage who also seems to have been largely *superfluous* for the whole journey, judging by the fact that the Captain General never once refers to the medical skills of any of them."

So many volunteers showed up to help that we felt *superfluous* and finally went home.

superfluous (soo pur' floo əs) means:

- a. superior
- b. unprepared
- c. beyond what is required, extra
- d. unappreciated
- 6. "... he asserted to his *sovereigns* that the primary reason for the voyage was 'to see the said princes and people and lands.'"

Queen Victoria is one of the most famous of all the British sovereigns.

sovereigns (sov rənz) means:

- a. people elected to office
- b. people acclaimed by the public as rulers
- c. chiefs of state in monarchies
- d. dictators
- 7. "And although there were likely to be some *confrontations* with 'the said princes and peoples,' there were no soldiers on any ship, nor any significant ordnance beyond some crossbows and arquebuses and a few small cannon."

There were angry *confrontations* between the two groups of demonstrators, and then fighting broke out.

confrontations (kon fron ta' shonz) means:

- a. conversations
- b. defiant clashes
- c. impartial hearings
- d. friendly gatherings

8. "... not a single person on any of the ships is known to have had any training or skills as a *naturalist*, nor was anyone ever recorded during the voyage as having even the most rudimentary knowledge of flora and fauna."

The *naturalist* warned that unless we protect endangered species of plants and animals, some of those species might disappear forever.

naturalist (näch' ər ə list) means:

- a. scientist who studies the environment
- b. person who studies plants and animals in their natural environment
- c. person who likes plants and animals
- d. scientist who researches animal life
- 9. "... not a single person on any of the ships is known to have had any training or skills as a naturalist, nor was anyone ever recorded during the voyage as having even the most *rudimentary* knowledge of flora and fauna."

Because they had only a *rudimentary* understanding of math, they were unable to advance to the next course.

rudimentary (roo da men' ta re) means:

- a. basic
- b. unusual
- c. complete
- d. advanced
- ____ 10. "Nor, finally, were there any jewelers or metallurgists."

The *metallurgists* purified the gold and then shaped it into solid bars.

metallurgists (met 1 ur jists) means:

- a. people who make jewelry
- b. people who sell jewelry and precious stones
- c. people who design and make medals
- d. people who extract metals from ores and make them into objects

Respond in Writing

Directions: Refer to Selection 7-2 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

	1.	List the occupations of the people that Colon selected as crew members for the voyage to the New World.
	2	List the types of occupations that, surprisingly, were <i>not</i> represented by any
	2.	of Colón's crew members.
	3	Considering the personnel that Colón did not take along on the voyage to
Option Item 3 may be	5.	the New World, what conclusions can you draw about Colón's <i>real</i> reasons for undertaking such a voyage?
completed collaboratively.		

. .

Option

Item 4 may be completed collaboratively. Reasons: _

Reasons: .

Third specialist:	 	
Reasons:	 	
Fourth specialist:		

Fifth specialist:

Reasons: _____

338 Part Two Comprehension

Option

Item 5 may be completed collaboratively. 5. What is the most important overall message the writer wants the reader to understand about Colón? Try to answer this question in one sentence.

Selection 7-3

Health

THE DECISION TO MARRY

FROM *TARGETING WELLNESS: THE CORE* BY MARVIN LEVY, MARK DIGNAN, AND JANET SHIRREFFS

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 7-3.

- 1. First, read and think about the title. In your opinion, why do people decide to marry?
- 2. Next, complete your preview by reading the following:

Introduction (in *italics*) First paragraph (paragraph 1) Headings in *italics* First sentence of each paragraph Words in *italics* Last paragraph (paragraph 9)

On the basis of your preview, what does this selection seem to be about?

Apply Comprehension Skills

Directions: Do these practice exercises as you read Selection 7-3.

Determine topics and main ideas. When you read a paragraph, ask yourself what it is about (topic) and what the author wants you to understand (main idea) about the topic.

Identify supporting details. As you read, ask yourself what else the author wants you to know so that you can understand the main idea.

Recognize the author's writing pattern. As you read, ask yourself, "Which writing pattern is used to organize supporting details? What clue words signal the pattern?"

THE DECISION TO MARRY

Today, many marriages fail. What do you think are valid reasons for marrying? This textbook selection examines that question.

Annotation practice exercises

Directions: For each exercise, use the spaces provided to write:

- Main idea sentence of the paragraph
- Author's pattern for organizing supporting details (writing pattern)

Also, in the paragraph, number supporting details and underline or highlight clue words that signal the writing pattern. This will help you remember main ideas, details, and writing patterns.

Marriage is an institution that is changing. Traditionally, marriage has been an economic arrangement in which husbands have worked outside the home to provide financial security for their families, while wives have cared for the children and run the home. Today, however, this arrangement is changing. The roles of husband and wife are not a clearly defined as in the past, especially when both partners work and earn money for the family. Many people today expect and get more from marriage than economic benefits. They look to their spouses for sharing, emotional support, and intimacy. Happily married people often identify the spouse as their best friend.

1

2

Why do people marry? The pressures for a couple to marry can be enormous. This pressure often comes from parents and other relatives as well as from the media. Sometimes the members of a family, ethnic group, or religious group may pressure individuals to marry so that a new generation can be raised in the teaching and values of the group.

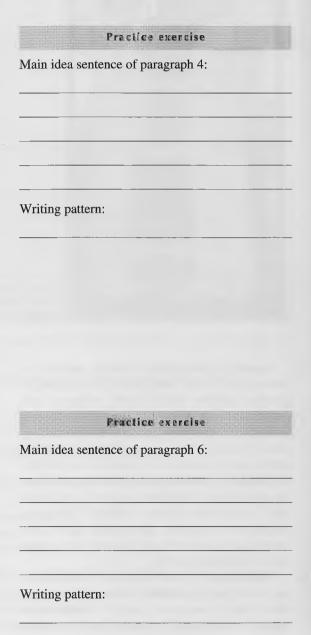
Practice exercise

Main idea sentence of paragraph 2:

Writing pattern:

Source: Marvin Levy, Mark Dignan, and Janet Shirreffs, "The Decision to Marry," in *Targeting Wellness: The Core,* McGraw-Hill, New York, 1992, pp. 122–123. Reproduced with permission of McGraw-Hill. *Photo:* Tony Freeman/PhotoEdit.

- ³ Aside from these pressures, people marry for a variety of reasons. Some still marry for economic reasons. For others, marriage is viewed as the only acceptable framework in which to enjoy sex freely. Some people marry to escape from an unhappy home life, on the rebound from another relationship, or to avoid loneliness.
- Researchers have identified several patterns 4 in "high-quality," or well-balanced marriages. Some of these married people tend to focus their energies on joint activities. Their strongest wish is to spend time together, yet they also strike a balance between privacy and togetherness. Other couples focus their energies on being parents and on raising their children. Some dual-career couples, although they spend much of their energy on their individual careers, develop intimacy by sharing what is going on in their work. It thus seems that the desire to spend time together, raise children, and share other aspects of life and career are all healthy reasons for marrying.
- 5 Love and romance A basic element in most marriages is the love one person feels for another. There are many different types of love between persons, including parental love, fraternal love, and romantic love. Each requires caring and respect. Romantic love includes the qualities of deep intimacy and passion and begins with a feeling of intense attraction between two people.
- ⁶ Although most marriages are based on romantic love, few couples sustain that romance as the years go by. Romantic love often develops into a less intense and all-consuming type of love known as companionate love. A companionate love relationship is steadier than romantic love and is based on trust, sharing, affection, and togetherness. Maintaining the love in a marriage requires considerable effort and commitment. Married partners who succeed in communicating, giving physical warmth, and sharing interest and responsibilities are more likely to remain in love.





Since antiquity, the marriage ceremony has provided a formal setting in which a couple can publicly affirm their love for and commitment to each other.

Assessing compatibility When people are looking for a mate, they tend to be attracted to potential partners whose ethnic, religious, economic, and educational background is similar to their own. Certain physical attributes are also significant factors. They are least likely to match up with a similar person in the area of compatibility of personality. Personality factors are not always easy to observe. Sometimes people do not reveal their true selves during courtship. Moreover, people with opposite personality types often attract each other, perhaps because one personality rounds out the other.

7

8

Unfortunately, great differences in personality can often lead to conflict later on. One study found that a source of marital dissatisfaction among husbands was a feeling that their wives were too possessive, neglectful, and openly admiring of other men. Dissatisfied wives complained that their husbands were possessive, moody, and openly attracted to other women. The study also found that sex is a source of great difficulties for unhappy married men and women. It found that women see sex as following from emotional intimacy, while men see it as a road to intimacy. As a result, men complain that their wives withhold sex from them and women complain that their husbands are too sexually aggressive.

How can people be sure they are marrying people with whom they are truly compatible? One way is by taking plenty of time to get to know the other person. Researchers have found that couples seem to go through three stages in

9

this process. First, each person tries to measure his or her good and bad qualities against those of the other person. People tend to be drawn to others who seem to have about the same assets and liabilities they themselves possess. Second, people look for compatible beliefs, attitudes, and interests to support the initial attraction. It is not until the third stage that people reveal to each other how they handle responsibility, react to disappointment, and cope with a wide variety of situations. The key to compatibility is for the couple to be sure that they have arrived at this last stage before they think seriously about marriage. Such people are less likely to be unpleasantly surprised than are those who marry quickly.

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- 1. Marriage is an unchanging institution.
 - 2. According to research, people may be under pressure to marry from parents, other relatives, their ethnic or religious group, and even from the media.
- 3. According to the authors, people experience less pressure to marry today than in times past.
- _____ 4. Sometimes people do not reveal their true selves during courtship.
 - 5. As years go by in a marriage, most couples are able to sustain the intense attraction of romantic love.
- 6. People with opposite personality types will not attract each other.

Multiple-choice

Directions: For each item, select the best answer.

- 7. Which of the following is *not* a characteristic of companionate love?
 - a. steadiness
 - b. all-consuming intensity of feeling
 - c. mutual trustworthiness
 - d. shared areas of responsibility
- 8. Which of the following is *not* a characteristic of "high quality" marriages?
 - a. Energy is focused on the economic benefits of marriage.
 - b. Energy is focused on joint activities.
 - c. Energy is focused on being parents and raising children.
 - d. A balance is struck between privacy and togetherness.

9. Which of these is a source of marital dissatisfaction?

- a. husbands' feeling that wives are too possessive, neglectful, and openly admiring of other men
- b. wives' feeling that husbands are possessive, moody, and openly attracted to other women
- c. conflicts over sex
- d. all of the above
- 10. Researchers have found that people seem to go through three stages in the process of selecting a mate. Which of the following is *not* a stage?
 - a. A person measures his or her good and bad qualities against those of the other person.
 - b. People evaluate the physical attractiveness of a possible partner.
 - c. People look for compatible beliefs, attitudes, and interests in the other person.
 - d. People reveal how they handle responsibility and disappointment.

Extend Your Vocabulary by Using Context Clues

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 7-3 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ä father ë pet \bar{e} be \bar{i} pit \bar{i} tie îr pier \bar{o} pot \bar{o} toe \hat{o} paw oi noise ou out $\bar{o}\bar{o}$ took $\bar{o}\bar{o}$ boot \bar{u} cut y $\bar{o}\bar{o}$ abuse îr urge th thin th this hw which zh vision \bar{o} about

1. "Marriage is an *institution* that is changing."

The social institution is one focus of sociologists' studies.

institution (in sti too shon) means:

- a. building
- b. agreement
- c. political decision
- d. established custom or practice

2. "Some people marry to escape from an unhappy home life, on the *rebound* from another relationship, or to avoid loneliness."

The senator was quickly on the *rebound* after losing the election, and soon began making plans to enter a new career.

rebound (re bound) means:

- a. recovery from disappointment
- b. capture of something
- c. sideways movement
- d. ground
- 3. "There are many different types of love between persons, including parental love, *fraternal* love, and romantic love."

He joined a *fraternal* organization whose primary purpose was to meet new acquaintances and enjoy social activities.

fraternal (fra tûr´ nal) means:

- a. pertaining to friendship
- b. pertaining to a club
- c. pertaining to a fraternity
- d. pertaining to a relative
- 4. "Although most marriages are based on romantic love, few couples *sustain* that romance as the years go by."

Although he was in an irreversible coma, his family asked the doctors to do everything possible to *sustain* his life.

sustain (sə stan') means:

- a. prevent
- b. alter
- c. end
- d. maintain
- 5. "Romantic love often develops into a less intense and all-consuming type of love known as companionate love."

Sailing has become such a time-*consuming* hobby for Bob that he never has time for anything else on weekends.

consuming (kan soom' ing) means:

- a. engrossing, absorbing
- b. confusing
- c. wasting
- d. saving

6. "Sometimes people do not reveal their true selves during courtship."

Their *courtship* lasted for 6 years before they decided to marry.

courtship (kôrt' ship) means:

- a. court hearing
- b. voyage at sea
- c. date
- d. seeking someone's affection with the hope of marrying him or her
- 7. "One study found that a source of *marital* dissatisfaction among husbands was a feeling that their wives were too possessive, neglectful, and openly admiring of other men."

Please indicate your marital status: single, married, divorced or widowed.

marital (măr' i tl) means:

- a. pertaining to fighting
- b. pertaining to marriage
- c. pertaining to divorce
- d. pertaining to a wedding
- 8. "People tend to be drawn to others who seem to have about the same assets and *liabilities* they themselves possess."

Not knowing how to use computers and lack of rapport with others are *lia-bilities* for anyone who plans to enter the business world.

liabilities (li ə bil' i tēz) means:

- a. handicaps, hindrances
- b. advantages, benefits
- c. business skills
- d. lies, deceptions
- 9. "Second, people look for compatible beliefs, attitudes, and interests to support the *initial* attraction."

The doctor changed her *initial* diagnosis after she received the patient's test results.

initial (i nish' əl) means:

- a. professional
- b. inappropriate
- c. first
- d. puzzling

10. "Cohabiting couples also appear to be no less monogamous than married couples are."

> Although marriage to more than one person at a time exists in a few cultures, *monogamous* relationships are more common throughout the world.

monogamous (ma nog' a mas) means:

- a. married several times in succession
- b. married to several spouses at the same time
- c. married to one person at a time; sexually faithful to one person
- d. never married

Respond in Writing

Directions: Refer to Selection 7-3 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

1. What four reasons do the authors say are inappropriate reasons for marrying? First inappropriate reason:

Second inappropriate reason:

Third inappropriate reason:

Fourth inappropriate reason:

2.	What three reasons do the authors say are <i>healthy</i> reasons for marrying?
	First healthy reason:

Second healthy reason:

Third healthy reason:

Option

Item 3 may be completed collaboratively. 3. Suppose that two people are attracted to each other, and they share similar ethnic, religious, economic, and educational backgrounds. However, because their personalities are quite different, they are not sure they are compatible. According to the selection, what steps can they take to determine whether their personalities are truly compatible?

Option

Item 4 may be completed collaboratively. 4. What is the most important overall message these writers want the reader to understand about the decision to marry? Try to answer this question in one sentence.





READING CRITICALLY

IN THIS CHAPTER YOU WILL LEARN THE ANSWERS TO THESE QUESTIONS:

What is critical reading?

How can I determine an author's purpose and intended audience?

How can I determine an author's point of view and tone?

How can I distinguish between facts and opinions?

How can I draw inferences?

What are denotations and connotations?

What is figurative language?

CHAPTER CONTENTS

SKILLS

WHAT IS CRITICAL READING?

SIX SKILLS OF CRITICAL READING Determining Purpose and Intended Audience Determining Point of View and Tone Distinguishing between Facts and Opinions Making Inferences Understanding Denotations and Connotations Understanding Figurative Language

STANDARDIZED READING TESTS: CRITICAL READING

SUMMARY

DEVELOPING CHAPTER REVIEW CARDS

READINGS

Selection 8-1 • *Literature* "The Yellow Ribbon" by Pete Hamill Selection 8-2 • *Health* "Legalizing Drugs" by Richard Schlaad and Peter Shannon Selection 8-3 • *Literature* "The Achievement of Desire" by Richard Rodriguez

SKILLS

WHAT IS CRITICAL READING?

Key term

Critical reading: Going beyond basic information in a passage to gain additional insights.

Whenever you read, you should identify topics, main ideas, and supporting details. However, to gain a greater understanding of what you read, you will often need to go beyond these basic elements. Going beyond basic information to gain additional insights as you read is called *critical reading*.

Critical reading requires you to understand implied and figurative (suggested) meanings in addition to literal (stated) meanings. Critical reading also requires making careful evaluations and judgments about what you are reading. It requires you to ask certain questions *after* you read a passage, and it involves *thinking* critically about what you have read. Finally, critical reading frequently requires taking the time to reread and reconsider an author's message.

SIX SKILLS OF CRITICAL READING

Six specific skills of critical reading are:

- 1. Determining an author's purpose and intended audience
- 2. Determining an author's point of view and tone
- 3. Distinguishing between facts and opinions
- 4. Making inferences
- 5. Understanding denotations and connotations
- 6. Understanding figurative language

Because these skills are interrelated, they are presented together in this chapter.

Determining Purpose and Intended Audience

Key term

Purpose: An author's reason for writing.

Authors write for specific purposes. An author's *purpose* is simply his or her reason for writing. The author's purpose may be to inform, entertain, persuade, or inspire the reader to take some action. Sometimes an author will state his or her purpose. (For example, the author of a biology textbook might write, "The purpose of this section is to explain the two types of cell division.") At other times, the author may feel that the purpose is obvious and does not need to be stated.

Understanding an author's purpose means that you are aware of his or her motives for writing. This can help you understand what information the writer has chosen to present (for example, one side of an issue or both sides) and how it is likely to be presented (objectively or with a certain bias). Understanding the author's purpose helps you interpret the author's message accurately. Thus you will not be influenced by the author in ways you are unaware of. To determine an author's purpose, look at the words he or she has chosen to use, because words may be chosen deliberately to influence your thinking and elicit a certain response:

Any intelligent person will agree that . . . Only a fool could believe that . . .

The only real choice, then, is ...

Another way to determine an author's purpose is to decide whether or not both sides of an issue have been presented. Has any important information been treated inadequately or not addressed at all?

Remember that although an author may appear to be presenting unbiased information on both sides of an issue, the real purpose may be to persuade you to support one side. This is one reason why critical readers ask themselves, "What is the author's purpose?"

Authors also have specific audiences in mind when they write. An author's *intended audience* consists of the people he or she has in mind as readers: that is, the people he or she is writing for. For instance, a psychologist may assume that his or her audience will be first- and second-year college students who are taking their first psychology course. The psychologist will have these students in mind while writing, and this will shape decisions about the material to be included and about the level of difficulty. "Who is the author's intended audience?" is a question critical readers should always ask themselves.

To determine an author's intended audience, look at the topic being discussed (technical or of general interest), the level of language used (simple, sophisticated, or technical), and the purpose for writing (to instruct, inform, persuade, entertain, etc).

Below is a paragraph from an article in *Prevention* magazine entitled "Laugh Your Stress Away." After you read this paragraph, ask yourself, "What is the author's purpose?" and "What is the intended audience?"

Humor is one of the best on-the-spot stress busters around. It's virtually impossible to belly laugh and feel bad at the same time. If you're caught in a situation you can't escape or change (a traffic jam, for example), then humor may be the healthiest form of temporary stress release possible.

wł	at i	s the a	ath	or's	
		ed aud	-		

Source: Steven Lally, "Laugh Your Stress Away," *Prevention,* June 1991, p. 284. Reprinted by permission of Prevention Magazine.

Key term

Intended audience: People an author has in mind as readers; the people he or she is writing for.

Annotate

Go back to the excerpt. Identify the author's purpose and intended audience. In this paragraph, the author's purpose is to *inform* the reader that humor can be an effective way to temporarily reduce stress. You can see that the author uses simple language and short sentences. Notice that the author uses informal language: *stress busters, belly laughs*. He also chooses a simple example: being stuck in a traffic jam. Because his topic requires no special prior knowledge and because his approach is uncomplicated, you can assume that this author's intended audience is the *general public*. Practically everyone can understand and benefit from the information he presents.

Here is a passage whose purpose and audience are easy to determine. The purpose is to *instruct*, and the intended audience is a *general* one, since almost anyone can benefit from knowing this valuable information.

If a person who seems to be choking on food or a foreign object can speak, do not interfere with that individual's attempt to cough up the object. If the person if unable to speak, it is appropriate to provide emergency care by using the Heimlich maneuver. Stand behind the victim and place both arms around his or her waist. Grasp one fist with the other hand and place the thumb side of the fist against the victim's abdomen, slightly above the navel and below the rib cage. Press your fist into the victim's abdomen with a quick inward and upward thrust. Repeat this procedure until the object is dislodged. The Heimlich maneuver should not be used with infants under one year of age.

СНОКІ	NG
ing ak, al's the pri- ing	What is the authors' purpose?
ind	
ind	
the	What is the authors'
e of	intended audience?
en,	
the	
m's	
and	
ure	
Гhe	
l	

Source: Marvin Levy, Mark Dignan, and Janet Shirreffs, *Targeting Wellness: The Core,* McGraw-Hill, 1992, pp. 284–285. Reproduced with permission of McGraw-Hill.

Annotate

Go back to the excerpt. Identify the authors' purpose and audience in the spaces provided. In this passage, the authors use simple, factual language to describe the proper procedures to follow when someone is choking.

Here is a paragraph from "The Time Message" (Selection 1-2). After you have read it, ask yourself, "What is the author's purpose?" and "What is the author's intended audience?"

Time is dangerous. If you don't control it, it will control you. If you don't make it work for you, it will work against you. You must become a master of time, not the servant. In other words, as a college student, time management will be your number-one problem.

Wh	at is the author's purpose?
	What is the author's
	intended audience?

Source: E. N. Chapman, "The Time Message," in Frank Christ, ed., SR/SE Resource Book, SRA, Chicago, Ill., 1969, p. 3.

Annotate

Go back to the excerpt. Identify the author's purpose and audience. In this paragraph, the author's purpose is to *inform* the reader about the importance of controlling time. Of course, the author also hopes to *persuade* the reader to address this potential problem. The author's intended audience is clearly stated in the last sentence of the paragraph: *college students*, especially those who have not yet mastered time management skills.

As you read the next passage, from a business communication textbook, determine the authors' purpose and the audience they had in mind.

Think about the people you know. Which of them would you call successful communicators? What do these people have in common? Chances are, the individuals on your list share five qualities:

• *Perception.* They are able to predict how their message will be received. They anticipate your reaction and shape the message accordingly. They read your response correctly and constantly adjust to correct any misunderstanding.

• *Precision.* They create a "meeting of the minds." When they finish expressing themselves, you share the same mental picture.

What	is the	auth	OFS'	
inten	ided a	udien	cel	

• *Credibility.* They are believable. You have faith in the substance of their message. You trust their information and their intentions.

• *Control.* They shape your response. Depending on their purpose, they can make you laugh or cry, calm down, change your mind, or take action.

 Congeniality. They maintain friendly, pleasant relations with the audience. Regardless of whether you agree with them, good communicators command your respect and goodwill. You are willing to work with them again, despite your differences.

What sets good communicators apart is their ability to overcome the main barriers to communication. They do this by creating their messages carefully, minimizing noise in the transmission process, and facilitating feedback.

Source: Courtland Bovée and John Thill, *Business Communication Today*, 3d ed., McGraw-Hill, New York, 1992, p. 44. Reproduced by permission of McGraw-Hill.

Annotate

Go back to the excerpt. Identify these authors' purpose and intended audience.

Key term

Point of view: An author's position on a topic.

In this excerpt, the authors' purpose is to *inform*. The authors list specific elements that characterize good communicators and present examples of how these people interact with others. The authors' intended audience is *people who* want to know about characteristics of effective communication, such as people who will be working in business situations or talking to large or small groups.

Determining Point of View and Tone

Even though authors are generally experts in their field, they do not necessarily agree on every topic and issue. *Point of view* refers to an author's position on a topic. In other words, an author's point of view is his or her attitude, belief, or opinion.

Because authors may have different points of view (and may disagree with other experts), it is important to recognize what an author's point of view is. For example, one author's point of view might be, "Gun control is necessary if we are to have a safe society." An opposing point of view would be, "Gun control would only make society less safe." A neutral (objective) point of view would be, "Gun control has both advantages and disadvantages."

Critical readers ask themselves, "What is the author's point of view?" and they look for words that convey the author's point of view:

Supporting this new policy is essential because

The proposed legislation will benefit all the citizens of our county because

It is not in the best interest of the country to ...

Voters should oppose the creation of a state lottery because . . .

Key term

Tone: Choice of words and style of writing that reflect an author's attitude.

An author's *tone* reveals or reflects his or her attitude toward a topic, just as tone of voice reveals a speaker's attitude. Writers can use tone to achieve particular effects, and an author's tone depends on the effect he or she wants to achieve. It also depends, of course, on the author's purpose. In writing, tone is conveyed by choice of words and style. Thus you can determine an author's tone by examining his or her choice of words and style of writing (humorous, serious, formal, informal, etc.).

Typically, textbook authors write for the purpose of explaining or presenting information, and so their tone is factual and straightforward. Certainly, though, you have encountered passages in which the author's tone was humorous, sympathetic, angry, impassioned, ironic, sarcastic, etc. Critical readers always ask themselves, "What is the author's tone?"

Consider these two sentences:

During this decade, there will be a significant increase in employment opportunities in "virtual reality."

VR will be a hot career field in the 90s.

Although both sentences present essentially the same information, the first one has a more formal tone. In the second sentence, the abbreviation VR and the word *hot* create an informal tone.

Here is an excerpt from an essay about gambling by George Will, a wellknown author and political columnist. As you read it, notice his point of view and any words that reveal his viewpoint and tone.

Last year, Americans legally wagered \$15 billion, up 8 percent over 1976. Lotteries took in 24 percent more. Stiffening resistance to taxes is encouraging states to seek revenues from gambling, and thus to encourage gambling. There are three rationalizations for this:

- State-run gambling controls illegal gambling.
- Gambling is a painless way to raise revenues.
- Gambling is a "victimless" recreation, and thus is a matter of moral indifference.

Actually, there is evidence that legal gambling increases the respectability of gambling, and increases public interest in gambling. This creates new gamblers, some of whom move on to illegal gambling, which generally offers better odds. And as a revenue-raising device, gambling is severely regressive. What is the author's point of view?
What is the author's tone?

Gamblers are drawn disproportionately from minority and poor populations that can ill afford to gamble, that are especially susceptible to the lure of gambling, and that especially need a government that will not collaborate with gambling entrepreneurs, as in jai alai, and that will not become a gambling entrepreneur through a state lottery.

A depressing number of gamblers have no margin for economic losses and little understanding of the probability of losses. Between 1975 and 1977 there was a 140 percent increase in spending to advertise lotteries—lotteries in which more than 99.9 percent of all players are losers. Such advertising is apt to be especially effective, and cruel, among people whose tribulations make them susceptible to dreams of sudden relief. Grocery money is risked for such relief. Some grocers in Hartford's poorer neighborhoods report that receipts decline during jai alai season. Aside from the injury gamblers do to their dependents, there is a more subtle but more comprehensive injury done by gambling. It is the injury done to society's sense of elemental equities. Gambling blurs the distinction between well-earned and "ill-gotten" gains.

State-sanctioned gambling institutionalizes windfalls, whets the public appetite for them, and encourages the delusion that they are more frequent than they really are. Thus do states simultaneously cheat and corrupt their citizens.

Source: George F. Will, "Lotteries Cheat, Corrupt the People," © 1994 Washington Post Writers' Group. Reprinted with permission.

This passage clearly shows the author's point of view toward legalized gambling: he is opposed to it because he believes that it harms the public in a variety of ways. The author's tone is disapproving, and he conveys his tone by using words such as "the *lure* of gambling," "a *depressing* number of gamblers," "*cruel*" (referring to advertising for lotteries), "encourages the *delusion*," and "*cheat* and *corrupt* their citizens."

In the following passage, the authors' tone is completely different. This is the introductory paragraph from a selection titled "Controlling Your Concentration," and the purpose is to explain why it can be difficult to concentrate. As you read this paragraph, notice how the author's point of view and tone are conveyed. As you read, ask yourself, "What is the authors' tone?"

Psychologically defined, concentration is the process of centering one's attention over a period of time. In practical application, however, concentration is not as simple to cope with as the definition may imply. For this reason, it is important to keep the following points in mind.

What is	the	autł	10rs' p	oint o	of viev	v?
			autho			

Source: William Farquar, John Krumboltz, and Gilbert Wrenn, "Controlling Your Concentration," in Frank Christ, ed., *SR/SE Resource Book*, SRA, Chicago, III., 1969, p. 119.

Annotate

Go back to the excerpt. Describe this author's point of view and tone in the spaces provided.

Annotate

Go back to the excerpt. Identify the authors' point of view and tone.

Key terms

Fact: Something that exists or has happened or is generally assumed to exist or have happened.

Opinion: Belief or judgment that cannot be proved or disproved.

In this paragraph, the authors' tone is factual and straightforward. There is no emotional language. The sentences are direct and to the point.

It is obvious from these examples that an author's tone is related to his or her purpose. Paying attention to the author's tone will help you determine that purpose.

Remember: Part of reading critically is to ask yourself, "What is the author's point of view?" and "What is the author's tone?"

Distinguishing between Facts and Opinions

Many students believe that anything appearing in print, especially in a textbook, must be a fact. But although college textbooks may consist largely of facts, they often include the authors' opinions as well.

What is the difference between a fact and an opinion? A *fact* is something that exists or has happened, or is generally assumed to exist or have happened. Statements about facts can be proved (found to be true) or disproved (found to be false). This process is called *verification*, and it involves experience, observation, experimentation and other research, etc.

An *opinion* is a belief or judgment. Opinions cannot be proved or disproved. Therefore, when a statement cannot be found to be factual or false, it represents someone's opinion. It is important to realize, however, that although an opinion cannot be "true" or "false," it can be well-supported or poorly supported. Well-supported opinions are based on facts or on the ideas of knowledgeable people. Information in textbooks often represents authors' well-considered beliefs or the beliefs of other experts. Scientific theories are examples of "expert opinions." (If a theory could be proved, then it would no longer be a theory. It would be a fact.)

Critical readers ask themselves, "Is the author presenting facts, opinions, or both?" It is important to identify opinions because not all opinions are equally valid or useful. An opinion is of little value if it is poorly supported, that is, if the author does not give good reasons for it. A well-supported opinion, on the other hand, can be as important and useful as a fact. To repeat: Even though opinions cannot be proved, they can be supported by facts; and poorly supported opinions are of little value, even if the author writes persuasively.

For example, consider the statement "John Smith would make an excellent president." This is an opinion, of course. Below are two types of support for it (two sets of reasons):

Well-supported	Poorly
Experienced in politics	Tall
Well-educated	Attrac
Successful in business	Know
Reputation for honesty	Father

Poorly supported Tall Attractive Knows a lot of wealthy people Father was in politics Because opinions represent judgments, beliefs, or interpretations, authors sometimes use certain words or phrases to indicate that they are presenting an opinion. The words and phrases below are typical of those that signal an opinion:

perhaps	many experts agree
apparently	according to
presumably	it seems likely
one possibility is	this suggests
one interpretation is	in our view
in our opinion	in the opinion of

In addition, words that indicate value judgments can signal opinions. These include words such as:

most	best
greatest	successful
worst	fascinating
interesting	effective

These words signal opinions because people may disagree about what is "successful," "fascinating," etc. For example, in the sentence "Young adults must go to college in order to be successful," the word *successful* could mean successful financially, personally, socially, or all of these things. Because there are different interpretations of what *successful* means, it would be impossible to prove a statement like this. Consequently, the statement expresses an opinion. As you read, then, watch for judgmental words that can be interpreted in different ways by different people.

The box below summarizes information on facts and opinions.

	Facts and Opini	ons
	Can be proved	Cannot be proved
Useful	or <i>disproved</i> Fact	or disproved Well-supported opinion
	correct information (can be proved)	
Not useful	False statement of fact incorrect information (can be disproved)	Unsupported or poorly supported opinion

To read critically with regard to facts and opinions, refer to the box on the preceding page and ask yourself these questions in this order:

- 1. Can the statement be proved? If so, it is a fact.
- 2. Can the statement be disproved? If so, it is a false statement of fact.
- 3. Is the statement something that cannot be proved *or* disproved? In that case, it is an opinion.
- 4. Is the opinion well-supported or poorly supported?

Remember: If a statement can be proved or disproved by research, observation, experimentation, etc., it either a fact or a false statement of fact. If a statement cannot be proved or disproved, it is an opinion.

Following are some excerpts that contain facts, opinions, or both. First, read two short excerpts from *The Autobiography of Malcolm X*. The first excerpt contains facts about the prison where Malcolm X served his sentence, and they can be verified by research. In the second excerpt, Malcolm X gives his opinions about how learning to read changed him.

Facts

The Norfolk Prison Colony's library was in the school building. A variety of classes was taught there by instructors

who came from such places as Harvard and Boston universities.

Notice that the above passage contains information which can be verified by objective evidence: the location of the prison library and the universities the instructors came from.

Opinions

I have often reflected upon the new vistas that reading opened to me. I knew right there in prison that reading had changed forever the course of my life. As

I see it today, the ability to read awoke inside me some long dormant craving to be mentally alive.

Source: Alex Haley, *The Autobiography of Malcolm X*, Ballantine, New York, 1992, pp. 173, 179. Copyright © 1964 by Alex Haley and Malcolm X and copyright © 1965 by Alex Haley and Betty Shabazz. Reprinted by permission of Random House, Inc.

This second passage contains Malcolm X's opinions: that reading opened new vistas to him, that it changed the course of his life forever, and that it awoke in him a craving to be mentally alive.

The next passage, from an American government text, is about the table reproduced in the box above it. As this passage shows, experts often agree in their opinions. When such agreement exists, it tends to make opinions especially valuable.

An Example of Useful Opinions

Scholars rank the presidents

In three surveys conducted in the 1980s, scholars were asked to rank the presidents. The results below show only those presidents who clearly and consistently ranked near the top or bottom. The surveys included all presidents except Reagan (who was still in office and thus could not be assessed dispassionately), Bush (who had not yet served), and William Harrison and Garfield (whose terms were too short to be realistically assessed).

Greatest Presidents	Failures
(in top five on all three surveys)	(in bottom five in all three surveys)
Abraham Lincoln	James Buchanan
George Washington	U.S. Grant
Franklin Delano Roosevelt	Warren G. Harding
Thomas Jefferson	Richard M. Nixon
Theodore Roosevelt	
Near-greats	Near-failures
Near-greats (in top ten on all three surveys)	<i>Near-failures</i> (in bottom ten on all three surveys)
(in top ten on all three surveys)	(in bottom ten on all three surveys)
(in top ten on all three surveys) Woodrow Wilson	(in bottom ten on all three surveys) Calvin Coolidge
(in top ten on all three surveys) Woodrow Wilson Andrew Jackson	(in bottom ten on all three surveys) Calvin Coolidge Millard Fillmore

Sources: 1982 poll of forty-nine scholars in *Chicago Tribune Magazine*, January 10, 1982, pp. 8–13, 15, 18 (Copyrighted, 1982 Chicago Tribune Company, all rights reserved, used with permission); and poll of forty-one scholars by David L. Porter in 1981, reprinted in Robert K. Murray and Tim H. Blessing, "The Presidential Performance Study: A Progress Report," *Journal of American History* 70, no. 3 (December 1983): 535–555.

Several surveys have asked American historians and political scientists to rank the presidents from best to worst. Although some presidential reputations rise or fall with the passage of time, there has been remarkable consistency in whom the scholars rank as the best and worst presidents.... The consistency of these results suggests that scholars use some unspoken criteria when assessing the presidents. At least four criteria stand out: the effectiveness of presidential policy, the president's vision of the office, the president's handling of crises, and the president's personality.

Source: John J. Harrigan, *Politics and the American Future,* 3d ed., McGraw-Hill, New York, 1992, pp. 282–283.

Here are two more short excerpts, one factual and one containing an operation of the section of

It was January of 1940 and 1 was fresh out of graduate school starting my first semester at the University of Kansas City. Part of the reading for the freshman English course was *Hamlet*.

If you have no time for Shakespeare, for a basic look at philosophy, for the continuity of the fine arts, for that lesson of man's development we call history then you have no business in college.

Fact or opinion?

Source: John Ciardi, "Another School Year—What For?" Rutgers University Press. Reprinted by permission of the Ciardi family.

Did you recognize that the first excerpt consists of facts and the second excerpt gives an opinion?

Finally, here are two more points about facts and opinions. First, you should remember that although a paragraph may contain only facts or only opinions, authors often combine facts and opinions in the same passage and even in the same sentence.

Second, you should realize that it may be difficult, at times, to distinguish opinions from facts. An author may present opinions in such a way that they *seem* like facts. For example, a writer might introduce an opinion by stating, "The fact is . . ." ("The fact is, Hawaii's weather makes it the best place you can go for a winter vacation.") Stating that something is a fact, however, does not make it a fact. Ideally, of course, an author would always express an opinion in a way that makes it clear that it *is* an opinion. ("In this writer's opinion, Hawaii's weather makes it the best place you can go for a winter vacation.") But authors do not always do this, and it is your job to think critically as you read, being alert for opinions. Then, when you identify an opinion, you can decide whether or not it is well-supported.

Annotate

Go back to the excerpts. Write *fact* or *opinion* next to each.

Key term

Inference: In reading, a logical conclusion based on what an author has stated but going beyond it.

Making Inferences

A critical reader understands not only what an author states directly, but also what the author *suggests*. It is the responsibility of critical readers to make inferences, or draw conclusions. An *inference* is a logical conclusion that the reader makes. It goes beyond what the author states but is based on what the author has said. To repeat: inferences go beyond what an author has stated directly, but they must be based on what the author says. Your inferences are conclusions *you* have made on the basis of the passage. Remember that you cannot use information stated by the author as *your* inference. If it is stated, there is nothing to infer.

When you read, you should ask yourself, "On the basis of the information in the passage, what inference does the author expect me to make?" To make an inference, the reader must deduce meaning. That is, readers must use the "evidence" and facts the author presents in order to arrive at the inference the author wants them to make. Readers must make a connection between what an author says and what the author wants them to conclude or do.

Making inferences is not new to you. You make inferences continually in your daily life. You make deductions on the basis of descriptions, facts, opinions, experiences, and observations. Assume, for example, that a classmate arrives late. She seems frustrated and upset, and her hands are covered with grease and grime. It would be logical to infer that she has had a flat tire or some other trouble with her car and has had to fix the problem herself. Your inference would be based on your observations. Similarly, you make inferences about everyday things you read. For instance, suppose that your roommate leaves you a note saying, "Hope you didn't need your brown jacket today. It looks great with my new jeans." You would infer that your roommate has borrowed—and is probably wearing—your brown jacket.

Chapter 5 of *Opening Doors*, "Formulating Implied Main Ideas," involves a great deal of work with inferences. When authors *suggest* an idea but do not state it directly, they are *implying* it. When readers comprehend an implied main idea, they are *inferring* it. The writer implies the main idea; the reader infers it.

Sometimes, formulating an implied main idea is the only inference you need to make about a passage. Thinking critically, however, may involve making additional inferences about what you have read. You can make inferences on the basis of single paragraphs as well as longer passages.

Sometimes, of course, there are *no* inferences to be made about the material in textbook passages. In this case, you need only to understand the topic, main idea, and supporting details.

You can learn to make logical inferences by studying examples of correct inferences. Here is an excerpt from a business communications textbook about a well-known ice cream company, Ben and Jerry's Homemade. After reading this excerpt, you can draw some inferences about how the employees feel about Ben and Jerry and the company.

Down at the factory in Waterbury, Vermont, they're known as "the boys." They are Ben Cohen and Jerry Greenfield, arguably America's most famous purveyors of ice cream and certainly two of America's most colorful entrepreneurs. They've been friends since seventh grade and business partners since 1978 when they opened their first scoop shop, using techniques gleaned from a \$5 correspondence course on how to make ice cream. Their firm, Ben & Jerry's Homemade, sold more than \$76 million worth of super premium ice cream in 1990 and employs around 300 people, give or take a few, depending on the season.

Ben and Jerry have strong personalities and strong opinions. They believe that work should be fun, or else it isn't worth doing. They also believe in helping the unfortunate, protecting the environment, and treating people fairly. They want their company to be a happy, humanitarian place where everybody feels good about coming to work and producing a top-notch product.

. . . Actions also telegraph Ben & Jerry's commitment to an egalitarian work environment: the open office arrangement, the bright colors, the pictures of cows and fields hanging on warehouse walls, the employee committees, the casual clothes, the first-name relationships, the compressed pay scale that keeps executive salaries in balance with lower-level compensation, the free health club memberships for everyone, the upcoming on-site day-care facility. And the free ice cream. Three pints a day per person. Now that's communication at its best.

What inference do the authors want you to make?

Source: Courtland Bovée and John Thill, *Business Communication Today,* 3d ed., McGraw-Hill, New York, 1992, pp. 26, 28. Reproduced with permission of McGraw-Hill.

Because the owners of Ben and Jerry's Homemade have provided their employees with a fair, supportive, informal, and comfortable work environment, it is logical to infer that employees are happy to work there. You might also infer that they are very likely to remain employees of Ben and Jerry's and that they appreciate the company's philosophy. Although the following inferences are not stated in the passage, they are *based on* numerous details that *are* stated:

Employees call Ben and Jerry "the boys."

The authors describe Ben and Jerry as "colorful entrepreneurs."

Ben and Jerry believe that work should be fun.

Ben and Jerry are interested in protecting the environment.

They believe in treating people fairly.

They want their company to be a happy, humanitarian place.

They have an open office arrangement.

They use bright colors.

There are pictures on warehouse wall.

There are many employee committees.

Employees wear casual clothes.

First names are used.

There is a compressed pay scale.

There is a free health club.

There will be an on-site day-care facility.

Employees receive free ice cream daily.

Annotate

Go back to the excerpt. Write a logical inference based on it. You could draw other logical inferences from this passage as well. For example, you could conclude that companies can be humane and humanitarian, yet still be extremely profitable. You could conclude that the public appreciates a high-quality product and is willing to pay for it. You might conclude that you would like to work for Ben and Jerry's.

On the following page is another textbook excerpt implying a conclusion that must be inferred by reading critically. The passage is from a health textbook, and its topic is *passive smoking*.

PASSIVE SMOKING AND THE RIGHTS OF NONSMOKERS

Reports from the U.S. surgeon general's office suggest that tobacco smoke in enclosed indoor areas is an important air pollution problem. This has led to the controversy about passive smoking-the breathing in of air polluted by the second-hand tobacco smoke of others. Carbon monoxide levels of sidestream smoke (smoke from the burning end of a cigarette) reach a dangerously high level. True, the smoke can be greatly diluted in freely circulating air, but the 1 to 5 percent carbon monoxide levels attained in smoke-filled rooms can be sufficient to harm the health of people with chronic bronchitis, other lung disease, or cardiovascular disease.

inference do the want you to make?

Source: Marvin Levy, Mark Dignan, and Janet Shirreffs, *Targeting Wellness: The Core*, McGraw-Hill, New York, 1992, pp. 262–263. Reproduced with the permission of McGraw-Hill.

These authors want the reader to infer that nonsmokers, especially those with certain health conditions, should avoid enclosed indoor areas in which there is cigarette smoke. Smokers should also infer that they ought to refrain from smoking around others in an enclosed area. These are conclusions the authors want the reader to make, even though they do not state them. These inferences are based on the statements that "carbon monoxide levels of side-stream smoke reach dangerously high levels" and that these levels "can be sufficient to harm the health of people with chronic bronchitis, other lung disease or other cardiovascular disease."

When you read, remember to ask yourself, "What inferences does the author want me to make?

Annotate

Go back to the excerpt. Write a logical inference based on it.

Key terms

Denotation: Literal, explicit meaning of a word—its dictionary definition.

Connotation:

Additional, nonliteral meaning suggested by or associated with a word.

Understanding Denotations and Connotations

The literal, explicit meaning of a word—its dictionary definition—is called its *denotation*. The suggested, implied, or nonliteral meaning of a word is called its *connotation*.

For example, the words *weird* and *distinctive* have similar denotations. What causes a writer to select one of these words instead of the other? The answer is: their connotations. *Weird* has a negative connotation. *Distinctive* has a positive connotation. Most people would rather be considered distinctive than weird. One difference between these two words, then, is the emotional reaction their connotations elicit in the reader.

There are many words whose connotations evoke either a positive or a negative emotional response. For instance, compare your responses to the words in these pairs:

remove—banish destroy—demolish intoxicated—drunk assertive—pushy fibs—lies

Critical readers ask themselves, "Does this word have a connotation as well as a denotation?" That is, "Is there a suggested meaning associated with this word, along with its literal meaning?"

Here is another excerpt from George Will's essay on gambling, discussed earlier in this chapter. Notice the effect of the author's use of the word *lust*. The author chose this word because of its connotation:

Gambling is debased speculation, society more productive of goods and a lust for sudden wealth that is not services. connected with the process of making

Source: George F. Will, "Lotteries Cheat, Corrupt the People," Washington Post Writers' Group, 1994. © 1994, Washington Post Writers' Group. Reprinted with permission.

According to the dictionary, one denotation (definition) of *lust* is "overwhelming craving"; another definition is "excessive or unrestrained sexual desire." In this passage, the author uses *lust* because of its negative connotations: pursuit of something evil or bad for us, lack of self-control, impurity. The author could have said "simply a *need* for sudden wealth" or "a *desire* for sudden wealth," but he has used a stronger word to convey that gamblers have an extremely strong desire, even a physical desire, for sudden wealth: they crave it.

Understanding Figurative Language

Key term

Figurative language: Imagery; words that create unusual comparisons, vivid pictures, and special effects; also called figures of speech. When authors want to express an idea or concept in a way that conveys a vivid or memorable image, they often use figurative language. *Figurative language* is language that uses imagery: unusual comparisons, vivid words that create special effects, words that paint a picture for the reader. Figurative expressions are also called *figures of speech*. There are four especially common figures of speech: *metaphor, simile, hyperbole,* and *personification*.

Key term

Metaphor: Figure of speech implying a comparison between two dissimilar things, usually by saying that one of them *is* the other.

Key term

Simile: Figure of speech stating a comparison between two dissimilar things by saying that one of them is *like* the other.

Key term

Hyperbole: Figure of speech using obvious exaggeration for emphasis.

Key term

Personification: Figure of speech giving human traits to nonhuman or nonliving things.

Metaphors and similes both make unusual comparisons. A *metaphor* is an implied comparison between two things that, on the surface, seem very different from each other. For example, in the sentence "Katherine's garden is a fragrant rainbow," the writer is making a comparison between a rainbow and the range of colors of flowers in the garden. "Joe's desk was a mountain of paper" is another example of a metaphor: it creates a vivid image of how high the paper was stacked on the desk. A metaphor usually states that one thing *is* something else (for instance, that a garden is a rainbow).

A *simile* is also a comparison between two dissimilar things, but it is a stated comparison. A simile says that one thing is *like* another. A simile is usually introduced by the word *like* or *as*. "Janet felt like a lottery winner when she received the scholarship" and "The marine stood as straight and tall as an oak" are examples of similes. In the first sentence, receiving a scholarship is compared to winning a lottery; in the second sentence, a marine is compared to an oak tree. To repeat: a simile says that one thing is *like* something else (a marine is *like* an oak). With both similes and metaphors, it is important for you to determine the two dissimilar things that are being compared and the way in which the author considers them to be similar.

Another type of figurative language is *hyperbole*, in which obvious exaggeration is used for emphasis. "My parents will explode if I get one more speeding ticket" is an example of hyperbole. The parents would not literally "explode," but the exaggeration conveys how angry they would be.

In *personification*, nonliving or nonhuman things are given human characteristics or qualities. "My car groaned, coughed, and wheezed before it finally crawled to a stop" gives human qualities to an automobile, to suggest that the car deteriorated and then finally quit running altogether.

Critical readers ask themselves, "Is the author using figurative language?" "What things are being compared, and how are they alike?" "What image is being conveyed?"

In his essay on the value of a well-rounded education, "Another School Year—What For?," John Ciardi uses figurative language to create amusing and interesting images (see Selection 1-3 in Chapter 1). First, Ciardi refers to a student as "a *beanpole* with hair on top." In this metaphor, he compares the student to a beanpole (a thin pole used to support a bean vine), painting a picture of the student as a tall, skinny fellow. Then Ciardi continues to discuss this student (whose interest is only in getting a degree and not in getting a general education or learning anything): "... New as I was to the faculty, I could have told *this specimen* a number of things." By saying "this specimen," Ciardi is suggesting that the student is typical of a larger group of students who seek only career training rather than a general education. By choosing this phrase, Ciardi also suggests his disappointment in such students and his disdain for them. The words *this specimen* suggest that he views them as less than human.

The box on the opposite page summarizes metaphors, similes, hyperboles, and personification.

Figurative Language

Figures of speech

Metaphor: Implied comparison between two dissimilar things

Simile: Stated comparison between two dissimilar things, usually introduced by the word *like* or *as*

Hyperbole: Obvious exaggeration for emphasis

Personification: Attribution of human characteristics or qualities to nonhuman or nonliving things

Examples

Television is a junkyard of violence and stupidity.

Ted finally found his car keys, but his apartment looked as if it had been hit by a tornado.

I'm so excited I won't be able to sleep for a month.

The old, dilapidated apartment looked tired and unhappy until it received a face-lift.

Here are some examples of figurative language by well-known authors.

Metaphor

"She was a rut in the road. Plenty of life beneath the surface, but it was kept beaten down by the wheels." (Zora Neale Hurston, *Their Eyes Were Watching God*)

"All the world's a stage." (William Shakespeare, As You Like It)

"I make myself wood." (Alice Walker, *The Color Purple*)

Simile

"In spite of the price of gasoline, we took a lot of rides that year, something farmers rarely do, and my father never again did after Caroline was born. For me, it was a pleasure like a secret hoard of coins." (Jane Smiley, *A Thousand Acres*) What does the figurative language suggest?

"Ladies bathed before noon, after their three o'clock naps, and by nightfall were like soft teacakes with frostings of sweat and talcum." (Harper Lee, *To Kill a Mockingbird*)

"The earth was like iron." (George Orwell, Animal Farm)

"The bare hickory trees had become curly tops overnight, as if they had stepped into beauty parlors the evening before, with their empty branches and emerged suddenly bushy-headed, with tightly curled, shellacked-looking permanents. (Melissa Faye Greene, *Praying for Sheetrock*)

"Janie starched and ironed her face and came set in the funeral behind her veil. It was like a wall of stone and steel." (Zora Neale Hurston, *Their Eyes Were Watching God*)

Personification

"For that reason, some of them were overjoyed some months later when misfortune entered the Orellanos' house sowing such a crop of death that thirty years were required to reap it." (Isabel Allende, "An Act of Vengeance")

"Most of the day she was at the store, but at night she was there in the big house and sometimes it creaked and cried all night under the weight of the lonesomeness." (Zora Neale Hurston, *Their Eyes Were Watching God*)

"I saw that lightning had eyes and searched to strike down little children." (Amy Tan, *The Joy Luck Club*)

"Conscience calls me back, both to the other and to myself." (Milton Mayerhoff, On Caring)

Hyperbole

"Here once the embattled farmers stood,

And fired heard the shot heard round the world." (Ralph Waldo Emerson, "Concord Hymn")

Persons attempting to find a motive in this narrative will be prosecuted; persons attempting to find a moral in it will be banished; persons attempting to find a plot in it will be shot. BY ORDER OF THE AUTHOR. (Mark Twain, Huckleberry Finn)

Annotate

Go back to the quotations. Briefly explain each figure of speech.

Reading critically in order to understand figurative language can help you grasp an author's message more exactly, and it also makes material more interesting and enjoyable to read.

STANDARDIZED READING TESTS: CRITICAL READING

College students may be required to take standardized reading tests as part of an overall assessment program, in a reading course, or as part of a state-mandated "basic skills" test. A standardized reading test typically consists of a series of passages followed by multiple-choice questions, to be completed within a specified time limit.

There are several types of questions involving critical reading. Questions about the author's *purpose* may be worded:

The author's purpose for writing this passage is to . . .

The reason the author wrote this passage is ...

It is likely that the author wrote this in order to . . .

The reason the author wrote this selection is primarily to ...

The purpose of the author in writing this selection is to . . .

The author wrote this passage in order to . . .

Questions about the author's intended audience may be worded:

The author intended this passage to be read by ...

The author's intended audience is . . .

The author expects this passage to be read by ...

Questions about the author's *point of view* may be worded:

The passage suggests that the author's point of view is ... The passage suggests that the author's attitude toward ... is ... It is clear that the author believes ... The passage suggests that the author's opinion about ... is ... The author's opinion about ... is ...

Questions about *tone* may be worded:

The tone of this passage is . . . (*factual, ironic, etc.*) The tone of this passage can be described as . . . Which of the following words best describes the tone of the passage?

Questions about *fact* and *opinion* may be phrased:

Which of the following statements represents an opinion of the author's? Which of the following statements expresses an opinion rather than a fact? Which of the following does the first (*second, third, etc.*) sentence represent (*fact or opinion*)?

In dealing with questions about fact and opinion, watch for words (such as *perhaps, apparently, it seems, experts believe*) that signal opinions. Watch also for judgmental words (such as *best* or *beautiful*), which also indicate opinions. Ouestions about *inferences* or *conclusions* may be worded:

Which of the following conclusions could be made about ...?

On the basis of information in this passage, the reader could conclude

It can be inferred from the passage that . . .

The passage implies that . . .

In dealing with questions on inferences or conclusions, remember that an inference must be logical and must be based on information in the passage.

Questions about connotations may be worded:

The author's use of the word . . . suggests . . .

The phrase . . . connotes . . .

Which of the following would be a connotation of ...?

As used in this passage, the word . . . suggests . . .

Questions specifically about *denotations* are likely to be worded in terms of "definition" or "meaning"; that is, these would be vocabulary items rather than items involving critical reading. However, if an item asks you to distinguish between denotation and connotation, it would call for critical reading.

Questions about *figurative language* might be worded as follows:

Which of the following is a metaphor (*simile, hyperbole, personification*)? The author's phrase . . . is an example of . . . (*metaphor, simile, hyperbole, personification*)

When the author compares . . . and . . . , he (she) is using a . . .

The author's description of ... is a ...

Which of the following uses a figure of speech?

In which of the following is figurative language being used?

Note that you may also be asked to make inferences from figurative language, that is, to draw a conclusion about why a figure of speech is used or about what a figure of speech suggests or implies. Questions like these might be worded:

Which of the following does the author's use of the phrase . . . suggest?

From the author's use of the phrase . . . (*a figure of speech*), it can be concluded that . . .

Which of the following is implied by the phrase . . . (*a figure of speech*) in the first (*second, third*) paragraph?

DEVELOPING CHAPTER REVIEW CARDS

Review cards, or *summary cards*, are an excellent study tool. They are a way to select, organize, and review the most important information in a textbook chapter. The process of creating review cards helps you organize information in a meaningful way and, at the same time, transfer it into long-term memory. The cards can also be used to prepare for tests (see Part Three). The review card activities in this book give you structured practice in creating these valuable study tools. Once you have learned how to create review cards, you can use them in your other courses.

Now, complete the seven review cards for Chapter 8, following the directions on each card. When you have completed them, you will have summarized important information about: (1) what critical reading is, (2) authors' purposes and intended audience, (3) authors' point of view and tone, (4) facts and opinions, (5) inferences, (6) denotations and connotations, (7) figurative language.

Critical Reading

Define *critical reading.* (See page 351.)

1. _____

5. _____

6. _____

List six skills of critical reading. (See page 351.)

Purpose and Intended Audience

Define the author's *purpose*. (See page 351.)

What are two ways to determine an author's purpose? (See page 352.)

Define intended audience. (See page 352.)

To determine an author's intended audience, what three things can you look for? (See page 352.)

Chapter 8: Reading Critically

Point of View and Tone

Define point of view. (See page 355.)

Give some examples of words that signal an author's point of view. (See page 355.)

Define *tone*. (See page 356.)

What two things can you examine to determine an author's tone? (See page 356.)

Chapter 8: Reading Critically

Facts and Opinions

1. What is a *fact?* (See page 358.)

2. What is an opinion? (See page 358.)

3. What are some clues (signal words) which suggest that you are reading an opinion? (See page 359.)

4. What makes an opinion valuable? (See page 358.)

Chapter 8: Reading Critically

Inferences

1. What is an inference? (See page 363.)

2. In reading critically, what question should you ask yourself in order to make an inference? (See page 363.)

Chapter 8: Reading Critically

Denotations and Connotations	
1. Define <i>denotation</i> . (See page 366.)	
2. Define <i>connotation</i> . (See page 366).	
3. What question should critical readers ask themselves about connotation	ns? (See page 367).
Chapter 8: Reading Critically	
Figurative Language	
Define the following.	
Figurative language. (See page 367.)	
Metaphor. (See page 368.)	
Simile. (See page 368.)	
Hyperbole. (See page 368.)	
Personification. (See page 368.)	
Chapter 8: Reading Critically	

READINGS

Selection 8-1

Literature

THE YELLOW RIBBON

BY PETE HAMILL

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 8-1.

1. First, read *only* the title, the introduction (in *italics*), and the first paragraph. What comes to your mind when you think of a yellow ribbon?

Who are the characters in the story?

What is taking place?

2. As you read the rest of the selection, try to answer these questions:

Who is Vingo? Why is he on the bus?

Apply Comprehension Skills

Directions: Do the practice exercises as you read Selection 8-1.

Read critically. Think about the author's purpose, intended audience, point of view, and tone.

Think about connotations and figurative language. After you read a paragraph or section, ask yourself, "Does the author want me to understand implied and figurative (suggested) meanings in addition to literal (stated) meanings?"

Make inferences.

THE YELLOW RIBBON

For the main character in this story, yellow ribbons hold a special meaning.

- 1 They were going to Fort Lauderdale, the girl remembered later. There were six of them, three boys and three girls, and they picked up the bus at the old terminal on 34th Street, carrying sandwiches and wine in papers bags, dreaming of golden beaches and the tides of the sea as the gray cold spring of New York vanished behind them. Vingo was on board from the beginning.
- 2 As the bus passed through Jersey and into Philly, they began to notice that Vingo never moved. He sat in front of the young people, his dusty face masking his age, dressed in a plain brown ill-fitting suit. His fingers were stained from cigarettes and he chewed the inside of his lip a lot, frozen into some personal cocoon of silence.
- 3 Somewhere outside of Washington, deep into the night, the bus pulled into a Howard Johnson's, and everybody got off except Vingo. He sat rooted in his seat, and the young people began to wonder about him, trying to imagine his life: Perhaps he was a sea captain, maybe he had run away from his wife, he could be an old soldier going home. When they went back to the bus, the girl sat beside him and introduced herself.
- 4 "We're going to Florida," the girl said brightly. "You going that far?"
- 5 "I don't know," Vingo said.
- 6 "I've never been there," she said. "I hear it's beautiful."
- 7 "It is," he said quietly, as if remembering something he had tried to forget.

Annotation practice exercises

Directions: For each of the exercises below, read critically to answer the questions. This will help you gain additional insights as you read.

Practice exercise

Identify the figurative language used in paragraph 3. What special meaning does the author want to convey?

Source: Pete Hamill, "The Yellow Ribbon," New York Post, 1972. Copyright 1972 by Pete Hamill. Reprinted by permission of International Creative Management, Inc.

- "You live there?" 8
- 9 "I did some time there in the Navy. lacksonville."
- 10 "Want some wine?" she said. He smiled and took the bottle of Chianti and took a swig. He thanked her and retreated again into his silence. After a while, she went back to the others, as Vingo nodded in sleep.
- 11 In the morning they awoke outside another Howard Johnson's, and this time Vingo went in. The girl insisted that he join them. He seemed very shy and ordered black coffee and smoked nervously, as the young people chattered about sleeping on the beaches. When they went back on the bus, the girl sat with Vingo again, and after a while, slowly and painfully and with great hesitation, he began to tell his story. He had been in jail in New York for the last four years, and now he was going home.
- "Four years!" the girl said. "What did you 12 do?"
- 13 "It doesn't matter," he said with guiet bluntness. "I did it and I went to jail. If you can't do the time, don't do the crime. That's what they say and they're right."
- "Are you married?" 14
- 15 "I don't know."
- "You don't know?" she said. 16
- 17 "Well, when I was in the can I wrote to my wife," he said. "I told her, I said, Martha, I understand if you can't stay married to me. I told her that. I said I was gonna be away a long time, and that if she couldn't stand it, if the kids kept askin' questions, if it hurt her too much, well, she could just forget me. Get a new guy-she's a wonderful woman, really something-and forget about me. I told her she didn't have to write me or nothing. And she didn't. Not for three-and-a-half years."

18

"And are you going home now, not knowing?" "Yeah," he said shyly. "Well, last week, 19 when I was sure the parole was coming through I wrote her. I told her that if she had a new guy, Lunderstood. But if she didn't, if she would take me back she should let me know. We used to live in this town, Brunswick, just before Practice exercise

What term is used connotatively in paragraph 17?

What special meaning is the author suggesting?

Jacksonville, and there's a great big oak tree just as you come into town, a very famous tree, huge. I told her if she would take me back, she should put a yellow handkerchief on the tree, and I would get off and come home. If she didn't want me, forget it, no handkerchief, and I'd keep going on through."

- 20
- "Wow," the girl said. "Wow."
- She told the others, and soon all of them 21 were in it, caught up in the approach of Brunswick, looking at the pictures Vingo showed them of his wife and three children, the woman handsome in a plain way, the children still unformed in a cracked, much-handled snapshot. Now they were 20 miles from Brunswick and the young people took over window seats on the right side, waiting for the approach of the great oak tree. Vingo stopped looking, tightening his face into the ex-con's mask, as if fortifying himself against still another disappointment. Then it was 10 miles, and then five and the bus acquired a dark hushed mood, full of silence, of absence, of lost years, of the woman's plain face, of the sudden letter on the breakfast table, of the wonder of children, of the iron bars of solitude.
- 22 Then suddenly all of the young people were up out of their seats, screaming and shouting and crying, doing small dances, shaking clenched fists in triumph and exaltation. All except Vingo.
- 23 Vingo sat there stunned, looking at the oak tree. It was covered with yellow handkerchiefs, 20 of them, 30 of them, maybe hundreds, a tree that stood like a banner of welcome blowing and billowing in the wind, turned into a gorgeous yellow blur by the passing bus. As the young people shouted, the old con slowly rose from his seat, holding himself tightly, and made his way to the front of the bus to go home.

Practice exercise

What inference does the author want you to make?

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- 1. Six young people boarded a bus for a summer trip to Florida.
- 2. Vingo told his story to a young woman on the train.
 - _____ 3. The author states that Vingo's wife was foolish.
 - _ 4. Vingo was traveling home to Jacksonville, Florida.

Multiple-choice

Directions: For each item, select the best answer.

- 5. Vingo's prison experience had left him
 - a. unfeeling and uncaring.
 - b. feeling that he had paid his debt to society by serving his sentence.
 - c. feeling suicidal.
 - d. feeling he had been imprisoned unjustly.
- _____ 6. According to the author, when Vingo saw the yellow handkerchiefs, he felt
 - a. relieved.
 - b. sad.
 - c. stunned.
 - d. exhilarated.
- _ 7. To Vingo, the yellow handkerchiefs tied to the oak tree meant
 - a. an approaching holiday.
 - b. welcome home for returning soldiers.
 - c. nothing.
 - d. forgiveness and a new start.
 - 8. At the end of the story, we can conclude that Vingo's wife was
 - a. forgiving.
 - b. bitter.
 - c. unforgiving.
 - d. revengeful.
- . 9. The group of young people were traveling to Florida from
 - a. New Jersey.
 - b. Philadelphia.
 - c. New York.
 - d. Washington.

- 10. Perhaps the lesson the young people learned from Vingo's story is that
 - a. despite the hardships of life, there is an opportunity for happiness if one is willing to try again.
 - b. Vingo's wife was justified in not allowing him to return.
 - c. for an ex-con, there not much chance for happiness.
 - d. there are some things that no marriage can survive.

Extend Your Vocabulary by Using Context Clues

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 8-1 containing an important word (*italicized, like this*) is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ă father ë pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏo took \overline{oo} boot ŭ cut y \overline{oo} abuse ûr urge th thin *th* this hw which zh vision \ni about

1. "There were six of them, three boys and three girls, and they picked up the bus at the old *terminal* on 34th Street."

Before the days of airplanes, the train *terminal* was found in small and large towns and was a very busy place.

terminal (tûr' mo nal) means:

- a. fatal illness
- b. dock or pier
- c. bus stop
- d. station, especially one that is the final stop at either end of a railway or bus line
- 2. "They were dreaming of golden beaches and the tides of the sea as the gray cold spring of New York *vanished* behind them."

No one knew what happened to Mrs. Martin's ring; it simply *vanished* from her jewelry box during the dinner party.

vanished (văn' isht) means:

- a. disappeared
- b. intensified
- c. grew smaller
- d. exploded

3. "His fingers were stained from cigarettes and he chewed the inside of his lip a lot, frozen into some personal *cocoon* of silence."

The sleeping bag provided as a cozy cocoon for the sleeping child.

cocoon (kə koon') means:

- a. blanket
- b. pupal case spun by the larvae of moths and other insects
- c. protective covering
- d. coat

4. "He sat *rooted* in his seat, and the young people began to wonder about him, trying to imagine his life."

Connie wanted to run from the large barking dog, but she was so terrified that her feet seemed *rooted* in the ground.

rooted (root' ad) means:

- a. buried
- b. bored or uninterested
- c. frightened
- d. firmly established or anchored
- 5. "He smiled and took the bottle of Chianti and took a swig."

The hot, thirsty tennis player finished his soft drink in a single swig.

swig (swig) means:

- a. look
- b. insult or offense
- c. large swallow or gulp
- d. taste
- 6. "Well, when I was in the can, I wrote to my wife."

Mike said that John had spent 30 days in the can for reckless driving.

can (kăn) means:

- a. rehabilitation center
- b. jail or prison
- c. food container
- d. small town

7. "Vingo stopped looking, tightening his face into an ex-con's mask, as if *fortifying* himself against still another disappointment.

During half-time, the coach was *fortifying* the team's sagging morale.

fortifying (for' tə fi ing) means:

- a. improving
- b. strengthening
- c. fooling by means of a clever trick
- d. making happy or cheerful
- 8. "Then it was 10 miles, and then five and the bus acquired a dark hushed mood, full of silence, of absence, of lost years, of the woman's plain face, of the sudden letter on the breakfast table, of the wonder of children, of the iron bars of *solitude*."

Because he liked *solitude*, the artist often took long walks on the deserted beach in the early morning hours.

solitude (sõl' i tood) means:

- a. isolation or being alone
- b. quietude or silence
- c. loneliness
- d. beauty
- 9. "Then suddenly all of the young people were up out of their seats, screaming and shouting and crying, doing small dances, shaking clenched fists in triumph and *exaltation*."

Nothing could top the *exaltation* I felt when I received my college diploma at the graduation ceremony.

exaltation (igs al ta shan) means:

- a. calm, reflective mood
- b. disappointment
- c. delight or elation
- d. memory or recollection
- 10. "The tree was covered with yellow handkerchiefs, 20 of them, 30 of them, maybe hundreds, a tree that stood like a banner of welcome blowing and *billowing* in the wind."

After the explosion, we could see thick black smoke *billowing* from the skyscraper.

billowing (bil' ō ing) means:

- a. drifting
- b. floating
- c. swelling or surging
- d. waving

Respond in Writing

Directions: Refer to Selection 8-1 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

- 1. Yellow ribbons are still sometimes used to symbolize support for a cause or to welcome someone home. Can you think of an instance?
- 2. Ribbons are also sometimes worn to show support for a cause. Can you describe an example?

Option

Item 3 may be completed collaboratively. 3. How did you feel when you read about the "gorgeous yellow blur" that awaited Vingo?

388 Part Two Comprehension

Option

Item 4 may be completed collaboratively. 4. On the basis of what you learned about Vingo in this selection, do you feel he deserved to be forgiven? Explain your answer.

Option

Item 5 may be completed collaboratively. 5. This story seems to illustrate several truths about life. What are some of the truths that the story reveals?

Option

Item 6 may be completed collaboratively. 6. What is the most important overall message the writer wants the reader to understand? Try to answer this question in one sentence.

Selection 8-2

Health

FROM LEGALIZING DRUGS

BY RICHARD SCHLAAD AND PETER SHANNON

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 8-2.

- 1. First, read and think about the title. What is your opinion about legalizing drugs?
- 2. Complete your preview by reading:

Introduction (in *italics*) First paragraph (paragraph 1) Headings First sentence of each paragraph Last paragraph (paragraph 6)

Apply Comprehension Skills

Directions: Do the practice exercises as you read Selection 8-2.

Read critically. Think about the author's purpose, intended audience, point of view, and tone.

After you read a paragraph or section, ask yourself, "Does the author want me to understand implied and figurative (suggested) meanings in addition to literal (stated) meanings?"

Make inferences.

LEGALIZING DRUGS

This article examines both sides of a controversial issue.

Pro-Legalization: Weighing the Costs of Drug Use

- For over 100 years this society has made the use of certain drugs illegal and has penalized illegal drug use. But during that time the use of marijuana, heroin and other opiates, and cocaine has become an epidemic. Most recently, Americans have spent billions of dollars on arresting and imprisoning sellers and importers of crack cocaine, with almost no effect on the supply or street price of the drug.
- 2 The societal costs of illegal drugs are immense. They include the costs of law enforcement, criminal proceedings against those arrested, and jails and prisons. They also include the spread of deadly diseases such as AIDS and hepatitis through the use of shared needles; the cost to society of raising "crack babies," children poisoned by drugs even before birth; and the cost of raising a generation of young people who see illegal drug selling and violence as their only escape from poverty and desperation. Finally, the societal costs include the emotional cost of the violence that no one can now escape.
- Legalizing drug use in this country would eliminate many of these costs. Billions of dollars would be saved. This money could be spent on treatment of addicts, job training, and education programs to help many disadvantaged young people assume valuable roles in society. The government could make drug use legal for adults but impose severe penalties on anyone who sells drugs to young people. Drug sales could be heavily taxed, thus deterring drug purchases and giving society the benefit of tax revenues that could be used for drug treatment and education.

Annotation practice exercises

Directions: For each of the exercises below, read critically to answer the question. This will help you gain additional insights as you read.

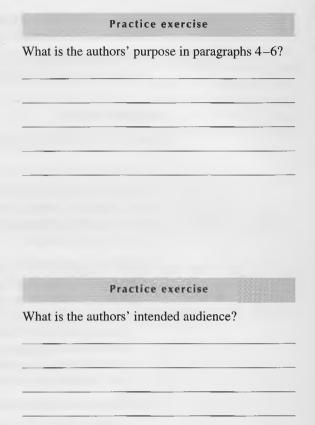
Practice exercise

What is the authors' purpose in paragraphs 1–3?

Source: Richard Schlaad and Peter Shannon, "Legalizing Drugs," in Marvin Levy, Mark Dignan, and Janet Shirreffs, *Targeting Wellness: The Core*, McGraw-Hill, New York, 1992, p. 235. Reproduced with permission of McGraw-Hill.

Anti-Legalization: Providing a Positive Role Model

- ⁴ Certain drugs are illegal because they are dangerous and deadly and provide no societal value. To make their possession or use legal would send a message to young people that using drugs is acceptable and that drugs are not treacherous or life-destroying.
- ⁵ Making drugs illegal has not increased the number of drug users or sellers, just as making alcohol legal after Prohibition did not reduce the number of people who drank. Recent law enforcement efforts have indeed made a difference. Over the past few years, as law enforcement efforts have sent more and more people to jail, the number of young people who use illegal drugs has steadily declined. Furthermore, education about the ill effects of drug use has begun to deter people from buying and using illegal drugs.
- 6 Recently, the incidence of drug-related deaths and violence has begun to level off even in the areas of the most hard-core drug use. This is proof that strict law enforcement is working. This country has begun to turn the corner on this drug epidemic.



Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- 1. According to the authors, one argument against legalizing certain drugs is that it will send a message to young people that using drugs is acceptable and not dangerous.
- 2. The widespread use of illegal drugs is one of the most serious problems in the United States.
- 3. The authors state that legalizing drugs would save Americans billions of dollars.
 - 4. The legalization of drugs has been a topic of serious public debate since the 1960s.

- 5. If drugs were made legal, drug sales to adults would be heavily taxed, and there would be severe penalties for anyone who sells drugs to young people.
- 6. Although the authors of this selection present both sides of the debate about legalizing drugs, they clearly state which side they support.

Multiple-choice

Directions: For each item, select the best answer.

- 7. The authors use the word *epidemic*
 - a. because they want readers to be alarmed at how widespread the problem is.
 - b. to suggest that drug use is a disease.
 - c. to imply that drug use can be stopped.
 - d. none of the above.
 - 8. Which of the following is *not* cited in the selection as an example of a societal cost of illegal drugs?
 - a. cost of law enforcement, criminal proceedings, jails, and prisons
 - b. cost for treatment of AIDS and hepatitis, diseases that are spread through the use of shared drug needles
 - c. cost of educating lawyers and law enforcement officers
 - d. cost of raising a generation of young people who see illegal drug selling and violence as their only escape from poverty
 - 9. Law enforcement agencies oppose legalizing drugs because their efforts have
 - a. already reduced the number of young people using drugs.
 - b. resulted in jailing more and more people for drug-related crimes.
 - c. resulted in a lower incidence of drug-related deaths and violence.
 - d. all of the above.
- 10. One of the arguments for legalizing drugs is that the billions of dollars that would be saved could instead be spent on
 - a. the treatment of addicts.
 - b. job training.
 - c. education programs to help disadvantaged young people.
 - d. all of the above.

Extend Your Vocabulary by Using Context Clues

Directions: **Context clues** are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 8-2 containing an important word *(italicized, like this)* is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ä father ĕ pet ē be i pit i tie îr pier ŏ pot ō toe ô paw oi noise ou out ŏ took \overline{oo} boot ŭ cut yoō abuse ûr urge th thin th this hw which zh vision \ni about

1. "One of the most serious problems in the United States in the late twentieth century is the *widespread* use of illegal drugs."

After the explosion at the nuclear power plant, there was *widespread* contamination from radioactive material.

widespread (wid' spred') means:

- a. spread thickly
- b. in great quantity
- c. affecting many people
- d. occurring widely
- 2. "Legalizing drug use in this country would eliminate many of these costs."

The Supreme Court decision in Roe v. Wade, *legalizing* abortion in the United States, has been highly controversial.

legalizing (le go liz ing) means:

a. removing

- b. arguing in court
- c. authorizing by law
- d. banning
- 3. "Pro-Legalization: Weighing the Costs of Drug Use"

The judge explained to the jurors what is involved in *weighing* evidence and arriving at a verdict.

weighing (wā ing) means:

- a. considering, evaluating
- b. determining the weight of
- c. disproving
- d. ignoring

4. "But during that time the use of marijuana, heroin and other *opiates*, and cocaine has become an epidemic."

Taking *opiates* such as tranquilizers, alcohol, and barbiturates depresses the functioning of the central nervous system.

opiates (o pē its) means:

- a. illegal drugs
- b. narcotics that induce relaxation or sleep
- c. drugs that stimulate the nervous system
- d. deadly drugs
- 5. "But during that time the use of marijuana, heroin and other opiates, and cocaine has become an *epidemic."*

Today there is an *epidemic* of violence in many large and small American cities.

epidemic (ep i dem ik) means:

a. illness

- b. problem affecting people
- c. rapid spread or development
- d. decrease
- 6. "The societal costs of illegal drugs are immense."

Many societal problems cannot be solved by government alone.

societal (sə sī' i təl) means:

- a. pertaining to certain classes of people
- b. pertaining to a country
- c. pertaining to society, a group of people who share a common culture or way of life
- d. pertaining to social manners
- ____ 7. "The societal costs of illegal drugs are *immense*."

The blue whale is the most *immense* mammal on earth.

immense (i mens') means:

- a. huge
- b. dangerous
- c. increasing
- d. misunderstood

8. "The government could make drug use legal for adults but *impose* severe penalties on anyone who sells drugs to young people."

Please do not *impose* your opinions on everyone else; let us make up our own minds.

impose (im poz') means:

- a. inflict or force on
- b. take unfair advantage of
- c. remove
- d. require by law
- 9. "To make their possession or use legal would send a message to young people that using drugs is acceptable and that drugs are not *treacherous* or life-destroying."

Driving in the *treacherous* ice storm was frightening.

treacherous (trĕch´ ər əs) means:

- a. expensive
- b. long-lasting
- c. dangerous
- d. illegal
- 10. "Furthermore, education about the ill effects of drug use has begun to *deter* people from buying and using illegal drugs."

If you are determined to achieve your goals, you will let nothing *deter* you from attaining them.

deter (di tûr') means:

- a. prevent or discourage by means of fear or doubt
- b. detain
- c. speed up
- d. encourage by supportive measures

Respond in Writing

Directions: Refer to Selection 8-2 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

396 Part Two Comprehension

Option

Item 1 may be completed collaboratively. 1. Now that you have read this selection, what is your position on legalizing drugs? Explain why you favor or oppose their legalization.

Option

Item 2 may be completed collaboratively.

Item 3 may be completed collaboratively. 2. What are the weaknesses in your position on legalizing drugs? In other words, what reasons could someone give to argue against you?

Option

3. What is the most important overall message the writer wants the reader to understand about legalizing drugs? Try to answer this question in one sentence.

Selection 8-3

Literature

THE ACHIEVEMENT OF DESIRE

FROM HUNGER OF MEMORY BY RICHARD RODRIGUEZ

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 8-3.

- 1. First, read and think about the title. What does Selection 8-3 seem to be about?
- 2. Complete your preview by reading:

Introduction (in *italics*) First paragraph (paragraph 1) First sentence of each paragraph Words in *italics* Last paragraph (paragraph 10)

Apply Comprehension Skills

Directions: Do the practice exercises as you read Selection 8-3.

Read critically. Think about the author's purpose, intended audience, point of view, and tone.

After you read a paragraph or section, ask, "Does the author want me to understand implied and figurative (suggested) meanings in addition to literal (stated) meanings?"

Make inferences.

THE ACHIEVEMENT OF DESIRE

What do you remember about learning to read? This author describes his experiences with learning to read and reading.

OPEN THE DOORS OF YOUR MIND WITH BOOKS, read the red and white poster over the nun's desk in early September. It soon was apparent to me that reading was the classroom's central activity. Each course had its own book. And the information gathered from a book was unguestioned. READ TO LEARN, the sign on the wall advised in December. I privately wondered: What was the connection between reading and learning? Did one learn something only by reading it? Was an idea only an idea if it could be written down? In lune, CONSIDER BOOKS YOUR BEST FRIENDS. Friends? Reading was, at best, only a chore. I needed to look up whole paragraphs of words in a dictionary. Lines of type were dizzying, the eye having to move slowly across the page, then down, and across. . . . The sentences of the first books I read were coolly impersonal. Toned hard. What most bothered me, however, was the isolation reading required. To console myself for the loneliness I'd feel when I read, I tried reading in a very soft voice. Until: "Who is doing all that talking to his neighbor?" Shortly after, remedial reading classes were arranged for me with a very old nun.

At the end of each school day, for nearly six months, I would meet with her in the tiny room that served as the school's library but was actually only a storeroom for used textbooks and a vast collection of *National Geographics*. Everything about our session pleased me: the smallness of the room; the noise of the janitor's broom hitting the edge of the long hallway outside the door; the green of the sun, lighting the

2

Annotation practice exercises

Directions: For each of the exercises below, read critically to answer the questions. This will help you gain additional insights as you read.

Practice exercise

Identify the figurative language used in paragraph 1. What special meaning does the author want to convey?

Source: Richard Rodriguez, "The Achievement of Desire," from *Hunger of Memory*, Bantam, New York, 1982, pp. 59–64 Copyright 1982 by Richard Rodriguez. Reprinted by permission of David R. Godine, Inc.

399 Chapter 8 Reading Critically

exercises

xercises below, read ions. This will help you read.

cise

used in paragraph 1. the author want to

3

wall; and the old woman's face blurred white with a beard. Most of the time we took turns. I began with my elementary text. Sentences of astonishing simplicity seemed to me lifeless and drab: "The boys ran from the rain. . . . She wanted to sing. . . . The kite rose in the blue." Then the old nun would read from her favorite books, usually biographies of early American presidents. Playfully she ran through complex sentences, calling the words alive with her voice, making it seem that the author somehow was speaking directly to me. I smiled just to listen to her. I sat there and sensed for the very first time some possibility of fellowship between a reader and a writer, a communication, never intimate like that I heard spoken words at home convey, but one nonetheless personal.

One day the nun concluded a session by asking me why I was so reluctant to read by myself. I tried to explain; said something about the way written words made me feel all alone-almost, I wanted to add but didn't, as when I spoke to myself in a room just emptied of furniture. She studied my face as I spoke; she seemed to be watching more than listening. In an uneventful voice she replied that I had nothing to fear. Didn't I realize that reading would open up whole new worlds? A book could open doors for me. It could introduce me to people and show me places I never imagined existed. She gestured toward the bookshelves. (Bare-breasted African women danced, and the shiny hubcaps of automobiles on the back covers of the Geographic gleamed in my mind.) I listened with respect. But her words were not very influential. I was thinking then of another consequence of literacy, one I was too shy to admit but nonetheless trusted. Books were going to make me "educated." That confidence enabled me, several months later, to overcome my fear of the silence.

In fourth grade I embarked upon a grandiose reading program. "Give me the names of important books," I would say to startled teachers. They soon found out that I had in mind "adult books." I ignored their suggestions of

Practice exercise

Identify the figurative language used in paragraph 3. What special meaning does the author want to convey?

York 1982 pp. 59-64.

anything I suspected was written for children. (Not until I was in college, as a result, did I read Huckleberry Finn or Alice's Adventures in Wonderland.) Instead, I read The Scarlet Letter and Franklin's Autobiography. And whatever I read I read for extra credit. Each time I finished a book, I reported the achievement to a teacher and basked in the praise my effort earned. Despite my best efforts, however, there seemed to be more and more books I needed to read. At the library I would literally tremble as I came upon whole shelves of books I hadn't read. So I read and I read and I read: Great Expectations: all the short stories of Kipling: The Babe Ruth Story; the entire first volume of the Encyclopedia Britannica (A - ANSTEY); the Iliad; Moby Dick; Gone with the Wind; The Good Earth; Ramona; Forever Amber; The Lives of the Saints: Crime and Punishment: The Pearl. . . Librarians who initially frowned when I checked out the maximum ten books at a time started saving books they thought I might like. Teachers would say to the rest of the class, "I only wish the rest of you took reading as seriously as Richard obviously does."

- 5 But at home I would hear my mother wondering, "What do you see in your books?" (Was reading a hobby like her knitting? Was so much reading even healthy for a boy? Was it the sign of "brains"? Or was it just a convenient excuse for not helping around the house on Saturday mornings?) Always, "What do you see ...?"
- ⁶ What *did* I see in my books? I had the idea that they were crucial for my academic success, though I couldn't have said exactly how or why. In the sixth grade I simply concluded that what gave a book its value was some major idea or theme it contained. If that core essence could be mined and memorized, I would become learned like my teachers. I decided to record in a notebook the themes of the books that I read. After reading *Robinson Crusoe*, I wrote that its theme was "the value of learning to live by oneself." When I completed *Wuthering Heights*, I noted the danger of

Practice exercise

What term is being used connotatively in paragraph 6?

What special meaning is the author suggesting?

"letting emotions these brief mora disheartened. I c really the sourc many more yea means I had of c tional value of bc

- 7 In spite of my pleasurable activ good company mornings, I'd rea ous comfort ther the blue-gray sile sional churning (rooms away or th bus beginning its the public librar men and women would take my b the shade of a tr was my favorite r leave for vacation lawns, I would s front porches or cool, whirling sol
- I also had fav 8 writers I enjoyed When I read W Comedy, I was in rator's warmth an as quickly I bec enjoyable to read Another summer novels of Dicker loved the feeling pages-of being where I knew the cared about what them. And it bot away at the co closed tight, like futures of all th resolved. I never ings seriously, hor these experiences

"letting emotions get out of control." Rereading these brief moralistic appraisals usually left me disheartened. I couldn't believe that they were really the source of reading's value. But for many more years, they constituted the only means I had of describing to myself the educational value of books.

7

8

In spite of my earnestness, I found reading a pleasurable activity. I came to enjoy the lonely good company of books. Early on weekday mornings, I'd read in my bed. I'd feel a mysterious comfort then, reading in the dawn guietthe blue-gray silence interrupted by the occasional churning of the refrigerator motor a few rooms away or the more distant sounds of a city bus beginning its run. On weekends, I'd go to the public library to read, surrounded by old men and women. Or, if the weather was fine, I would take my books to the park and read in the shade of a tree. A warm summer evening was my favorite reading time. Neighbors would leave for vacation and I would water their lawns. I would sit through the twilight on the front porches or in backyards, reading to the cool, whirling sounds of the sprinklers.

I also had favorite writers. But often those writers I enjoyed most I was least able to value. When I read William Saroyan's The Human Comedy, I was immediately pleased by the narrator's warmth and the charm of his story. But as quickly I became suspicious. A book so enjoyable to read couldn't be very "important." Another summer I determined to read all the novels of Dickens. Reading his fat novels, I loved the feeling I got-after the first hundred pages-of being at home in a fictional world where I knew the names of the characters and 10 cared about what was going to happen to them. And it bothered me that I was forced away at the conclusion, when the fiction closed tight, like a fortune-teller's fist-the futures of all the major characters neatly resolved. I never knew how to take such feelings seriously, however. Nor did I suspect that these experiences could be part of a novel's

meaning. Still, there were pleasures to sustain me after I'd finish my books. Carrying a volume back to the library, I would be pleased by its weight. I'd run my fingers along the edge of the pages and marvel at the breadth of my achievement. Around my room, growing stacks of paperback books reinforced my assurance.

9

I entered high school having read hundreds of books. My habit of reading made me a confident speaker and writer of English. Reading also enabled me to sense something of the shape, the major concerns, of Western thought. (I was able to say something about Dante and Descartes and Engels and James Baldwin in my high school term papers.) In these various ways, books brought me academic success as I hoped that they would. But I was not a good reader. Merely bookish, I lacked a point of view when I read. Rather, I read in order to acquire a point of view. I vacuumed books for epigrams, scraps of information, ideas, themes-anything to fill the hollow within me and make me feel educated. When one of my teachers suggested to his drowsy tenth-grade English class that a person could not have a "complicated idea" until he had read at least two thousand books. I heard the remark without detecting either its irony or its very complicated truth. I merely determined to compile a list of all the books I had ever read. Harsh with myself, I included only once a title I might have read several times. (How, after all, could one read a book more than once?) And I included only those books over a hundred pages in length. (Could anything shorter be a book?)

There was yet another high school list I compiled. One day I came across a newspaper article about the retirement of an English professor at a nearby state college. The article was accompanied by a list of the "hundred most important books of Western Civilization." "More than anything else in my life," the professor told the reporter with finality, "these books have made me all that I am." That was the kind of remark I couldn't ignore. I clipped out the list and kept it for the several months it took me to read all of the titles. Most books, of course, I barely understood. While reading Plato's *Republic*, for instance, I needed to keep looking at the book jacket comments to remind myself what the text was about. Nevertheless, with the special patience and superstition of a scholarship boy, I looked at every word of the text. And by the time I reached the last word, relieved, I convinced myself that I had read *The Republic*. In a ceremony of great pride, I solemnly crossed Plato off my list.

Comprehension Quiz

True or false

Directions: In the blank provided, indicate whether each statement is true or false.

- 1. Richard Rodriguez's early education began in a public elementary school.
- 2. All of Rodriguez's earliest experiences with reading were pleasant.
 - 3. Richard Rodriguez was always recognized as an exemplary reader during his early school years.
- _____4. As a child, Rodriguez felt that reading was a lonely activity.
- 5. Richard Rodriguez began to be interested in reading books when he realized that by reading, whole new worlds would open up for him, he would become an educated person, and he could participate in a pleasurable activity.

Multiple-choice

Directions: For each item, select the best answer.

- 6. Even as an adult, Rodriguez remembered all of the following posters in his elementary classroom *except*
 - a. OPEN THE DOORS OF YOUR MIND WITH BOOKS.
 - b. READING IS A FUNDAMENTAL ACTIVITY.
 - c. CONSIDER BOOKS YOUR BEST FRIEND.
 - d. READ TO LEARN.
- 7. Richard Rodriguez entered high school having read
 - a. fewer than 10 books.
 - b. 50 books.
 - c. 100 books.
 - d. hundreds of books.

403 Chapter 8 Reading Critically

- 8. Through his wide reading, Rodriguez began to
 - a. share his love of reading with his siblings.
 - b. be encouraged by his parents.
 - c. become a confident speaker and writer of English.
 - d. all of the above.
- 9. As an adult, Rodriguez could see that he had not been a mature reader in high school because he had
 - a. thought that gaining wisdom from books was just a matter of reading as many books as possible.
 - b. not been a critical reader; he did not have his own point of view.
 - c. felt that books of less than 100 pages did not "count."
 - d. all of the above.
 - 10. At the time Richard Rodriguez crossed Plato's Republic off the list, he
 - a. decided to read all of Plato's works.
 - b. felt that he would never need to read Plato again.
 - c. felt that he had read it, even though he understood very little of it.
 - d. all of the above.

Extend Your Vocabulary by Using Context Clues

Directions: Context clues are words in a sentence or paragraph that allow the reader to deduce (reason out) the meaning of an unfamiliar word. For each item in this exercise, a sentence from Selection 8-3 containing an important word *(italicized, like this)* is quoted first. Next, there is an additional sentence using the word in the same sense and providing another context clue. Use the context clues to deduce the meaning of each italicized word. The definition you choose should make sense in both sentences.

Pronunciation key: ă pat ā pay âr care ä father ë pet \bar{e} be i pit i tie îr pier ŏ pot \bar{o} toe \hat{o} paw oi noise ou out ŏo took $\bar{o}\bar{o}$ boot ŭ cut yoo abuse ûr urge th thin *th* this hw which zh vision \bar{a} about

1. "One day the nun *concluded* a session by asking me why I was so reluctant to read by myself."

The minister concluded the church service with a prayer.

concluded (kan klood 'ad) means:

- a. finished or brought to an end
- b. deduced by logic
- c. interrupted
- d. initiated

2. "In an *uneventful* voice she replied that I had nothing to fear."

We were worried about driving through the mountains at night, but fortunately our trip was *uneventful*.

uneventful (ŭn i vent' fol) means:

- a. exciting
- b. evoking strong emotion
- c. boring
- d. without incident
- 3. "In fourth grade I embarked upon a grandiose reading program."

Columbus *embarked* upon his voyage to the New World with three small ships.

embarked (ĕm bärkt') means:

- a. completed or finished
- b. won an award
- c. started or began
- d. became stuck in
- 4. "In fourth grade I embarked upon a *grandiose* reading program. 'Give me the names of important books,' I would say to startled teachers."

Even though he had no experience in business, he bragged about his *grandiose* plans for starting a multimillion-dollar computer software company right after graduation.

grandiose (grăn' dē ōs) means:

- a. sophisticated; suave
- b. extensive
- c. future
- d. pompous; acting in a grand manner to achieve an effect
- 5. "What did I see in books? I had the idea that they were *crucial* for my academic success, though I couldn't have said exactly how or why."

It is *crucial* to take along the proper equipment and supplies if you go backpacking in the desert.

crucial (kroo´ shəl) means:

- a. unrelated to
- b. essential or critical
- c. impeding progress or success
- d. unnecessary

6. "After reading *Robinson Crusoe*, I wrote that its theme was 'the value of learning to live by oneself.' When I completed *Wuthering Heights*, I noted the danger of 'letting emotions get out of control.' Rereading these brief *moralistic* appraisals usually left me disheartened."

My boss was a *moralistic* man who believed in hard work, punctuality, and thriftiness.

moralistic (môr ə lis´ tik) means:

- a. pertaining to friendship
- b. pertaining to education
- c. juvenile or childish
- d. pertaining to moral principles
- 7. Rereading these brief moralistic appraisals usually left me *disheart-ened."*

Tony was disheartened when he did not get the job.

disheartened (dis här´ tənd) means:

- a. having one's courage or spirit shaken or destroyed; discouraged
- b. pleased
- c. satisfied with one's own efforts; complacent
- d. angry
- 8. "In spite of my earnestness, I found reading a pleasurable activity."

Because of his solemnness and *earnestness*, the child seemed much older than he actually was.

earnestness (ûr' nist nəs) means:

- a. frustration
- b. sincerity
- c. seriousness
- d. shyness

9. "Around my room, growing stacks of paperback books reinforced my *assurance."*

One reason the company offered Maria the job was that the interviewer had been impressed with her *assurance*.

assurance (a shoor ans) means:

- a. self-confidence; freedom from doubt
- b. refusal
- c. decision
- d. promise or vow made under pressure

_ 10. "I vacuumed books for *epigrams*, scraps of information, ideas, themes anything to fill the hollow within me and make me feel educated."

In my parents' high school yearbook, there were *epigrams* printed beside the seniors' pictures.

epigrams (ep i gramz) means:

- a. riddles or puzzles
- b. pieces of advice
- c. short, witty remarks or poems
- d. epitaphs

Respond in Writing

Directions: Refer to Selection 8-3 as necessary to answer these essay-type items.

Option for collaboration: For some of the "Respond in Writing" exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

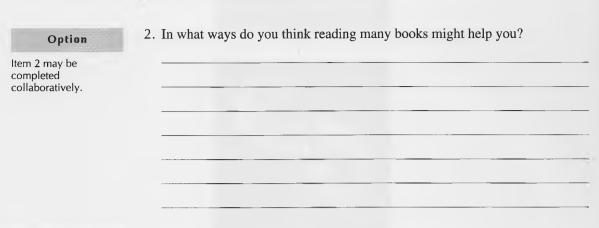
1. Richard Rodriguez states that despite the fact that he did not understand many of the books he read in high school, reading them helped him in three ways. What were the three ways?

First way:

Second way:

Third way:

407 Chapter 8 Reading Critically



Option

Item 3 may be completed collaboratively. 3. What is the most important overall message the writer wants the reader to understand about reading? Try to answer this question in one sentence.





SYSTEMS FOR STUDYING TEXTBOOKS Developing a System That Works for You

CHAPTERS IN PART THREE

- 9 Selecting and Organizing Textbook Information
- **10** Rehearsing Textbook Information and Preparing for Tests





SELECTING AND ORGANIZING TEXTBOOK INFORMATION

IN THIS CHAPTER YOU WILL LEARN THE ANSWERS TO THESE QUESTIONS:

How can I select important textbook information?

Why should I organize textbook information as I read?

How can I use textbook features to make my studying more efficient?

What are effective ways to mark textbooks?

What are effective ways to take notes from textbooks?

CHAPTER CONTENTS

. . .

SKILLS

STUDYING BETTER RATHER THAN HARDER

THREE KEYS TO STUDYING COLLEGE TEXTBOOKS

Key 1: Selectivity Key 2: Organization Key 3: Rehearsal

USING TEXTBOOK FEATURES

Prefaces Tables of Contents Part Openings Chapter Outlines Chapter Objectives and Introductions Lists and Sequences Boxes Tables Graphic Aids Vocabulary Aids Study Questions Chapter Summaries Appendixes Bibliographies and Suggested Readings Indexes Additional Features and Supplements

MARKING TEXTBOOKS: UNDERLINING, HIGHLIGHTING, AND ANNOTATING

TAKING NOTES FROM TEXTBOOKS: OUTLINING, MAPPING, AND SUMMARIZING Guidelines for Outlining Guidelines for Mapping Guidelines for Summarizing

SUMMARY

DEVELOPING CHAPTER REVIEW CARDS

READING

Selection 9-1 • Speech communications "Intercultural Communication" by Stewart Tubbs and Sylvia Moss

STUDYING BETTER RATHER THAN HARDER

Chapter 1 emphasizes that you must allow sufficient time to learn the information in your textbooks. Although experienced college students know this, new students sometimes do not. Beginning students often have unrealistic expectations about the amount of time they will need to read and study textbooks and prepare for tests. In fact, they may be shocked to discover just how much time studying requires; and they may also conclude, mistakenly, that they are the only ones who have to spend so much time.

You already know, then, that one of the things it takes to be successful is time. However, you also need to recognize that simply spending large amounts of time studying will not by itself guarantee success: what you *do* during your study times is equally important.

Staring at a book is not the same as reading, and sitting at a desk is not the same as studying. Some students who think they are studying are actually daydreaming. (Studying a little and daydreaming a lot do not really add up to studying.) Other students do invest many hours in studying yet are disappointed in the results. Still other students are successful at studying but feel discouraged because it seems to take them too much time. You yourself have undoubtedly had the experience of finishing an assignment, realizing that you did it the "hard way," and feeling frustrated because you know you worked harder and longer than you needed to. You are probably wondering, "Isn't there a better, more efficient way?"

The answer is yes: there *is* a better, more efficient way to study. Part Three (this chapter and the next one) will describe specific techniques to help you read your textbooks more efficiently and learn to study *better*, rather than harder or longer. Often, what makes the difference between a successful student and a less successful one is *applying these study skills in a systematic way*.

You may already be familiar with some of the study techniques in Part Three, or you may be learning them for the first time. In either case, by mastering and using these skills you can become a more effective student. These skills will serve you well in your courses this semester, adding new techniques to your study repertoire. They will also help you in a variety of other learning situations. There will always be situations in college and in the workplace in which you must organize, learn, and remember information.

Remember, however, that these study skills, and the concept of studying better rather than harder, are not "magic." The truth is that being a successful student demands time, effort, and dedication. You can become a better student each semester, but only if you are willing to invest enough time and effort, and if you bring enough dedication to the task.

THREE KEYS TO STUDYING COLLEGE TEXTBOOKS

The strategies in this chapter and Chapter 10 are based on three essentials of studying: three *keys* to studying better. The three keys are *selecting* essential information to study, *organizing* that information in a meaningful way, and *rehearsing* it in order to remember it. As you will see, selectivity, organization, and rehearsal are interrelated, intertwined, and interdependent.

Key 1: Selectivity

Selectivity is the first essential key to understanding and remembering what you read. Too many students think that they can (and must) learn and remember everything in their textbooks, but this is a mistaken idea that leads only to frustration. Generally, it is necessary to identify and remember only main ideas and important supporting details. Therefore, you must be selective as you read and study.

Part Two of this book, the "comprehension core," explains how to read selectively by focusing on main ideas and details. The techniques in this chapter will increase your ability to be selective: you will learn about textbook features, textbook marking, and textbook notes.

Key 2: Organization

Organization is the second critical key to learning and remembering what you read. The reason is simple: *organized material is easier to learn, memorize, and recall* than unorganized material.

Part Two explains how to see relationships between main ideas and supporting details by identifying authors' patterns of writing. Those skills make learning and remembering easier. In this chapter, you will learn additional skills of organization. Textbook features and your own textbook marking and notetaking will help you to organize material more effectively.

Key 3: Rehearsal

Rehearsal, a concept introduced in Chapter 3, is the third key to learning and remembering textbook material. Rehearsal involves saying aloud or writing down material you want to memorize. It is *not* merely rereading, nor is it a casual overview. Rehearsal is a way of reviewing material that puts the material into your memory. Particularly with complex material, it is necessary to *rehearse information to transfer it to long-term (permanent) memory*.

It is important to understand that comprehending and remembering are two separate tasks. The fact that you comprehend textbook material does not necessarily mean that you will remember it. To *remember* material as well as understand it, you must take additional steps: that is, you must rehearse. Just as actors and actresses rehearse to memorize their lines long before a performance, students need to rehearse textbook material frequently, long before a test.

Rehearsal is discussed in detail in Chapter 10.

Key ferm

Selectivity: Identifying main ideas and important supporting details. First of three essential study strategies.

Key term

Organization:

Arranging main ideas and supporting details in a meaningful way. Second of three essential study strategies.

Key term

Rehearsal: Saying or writing material to transfer it into long-term memory. Third of three essential study strategies. A Summary of the Three-Step Process for Studying College Textbooks

.

Step 1: Prepare to read

Overview to see what the selection contains and how it is organized. Assess your prior knowledge. Plan your reading and study time.

Step 2: Ask and answer questions to guide your reading.

Use questions to guide your reading. Read actively, looking for answers. Record the answers to your questions.

Step 3: Review by rehearsing your answers.

Review the material by rehearsing, to transfer it to long-term memory.

Selectivity, organization, and rehearsal are the foundation for the study techniques in Part Three. At this point, it will be useful to look back at the three-step process for reading and studying textbooks presented in Chapter 3, since we will now be adding specific skills to that general approach. The threestep process is shown again in the box above.

USING TEXTBOOK FEATURES

Key term

Textbook feature: Device used to emphasize important material or to clarify organization. Using textbook features is the first specific technique for studying effectively by selecting and organizing material you want to learn. Taking advantage of textbook features is one way to study better rather than harder.

A *textbook feature* is a device an author uses to emphasize important material or to show how material is organized. It is a way authors help readers get the most out of a textbook. Another term for *textbook feature* is *learning aid*.

There are many kinds of textbook features, and in this section you will look at some of the most important. Though no single college textbook is likely to include all of these features, many of your textbooks will have several of them.

Keep in mind that different authors may call the same feature by different names. For example, what one author may call a *chapter summary* another may call a *chapter review, chapter highlights, key points, points to remember, a look back,* or *summing up.*

Be sure to take advantage of textbook features as you study; they are ways to help you select and organize the material you must learn.

Prefaces

Key term

Preface: Introductory section in which authors give information about a book directly to readers.

At the beginning of a textbook, you will usually find one or more kinds of introductory material. A *preface* (such as the example below from a communications textbook) is a section in which the author tells about the book. It is an important message from author to reader. Whether a preface is addressed to students, to instructors, or to both, it is likely to provide helpful information. It typically describes the author's approach to the subject, explains how the book is organized, and mentions special features the book contains. The author may also explain how the current edition of a book improves on the previous edition.

Regardless of what a preface is called (*Preface, To the Student, Introduction: To the Student, A Word to Students*), you should read it before you read anything else, because it gives important information and advice. For instance, in the example from a composition text on the opposite page, the authors explain the value of the list of words and definitions following each reading.

In *Opening Doors*, "To the Student" appears on pages xvii–xix. Did you read it? If not, you should do so now.

Preface

Human Communication is designed for introductory communication courses. Since it was first published twenty years ago, it has been used by over 125,000 students—a figure that makes us feel both humbled and encouraged. As in earlier editions, our commitment is to present students with a comprehensive theoretical base, an understanding of how modern communication has evolved and continues to change and grow, and a grasp of its immediate and longterm applications to their own lives.

Once again we focus on the traditional concerns of speech communication and link together contexts as various as two-person communication and mass communication. Our approach is to fuse current and classic communication theory, fundamental concepts, and important skills. Despite its complexities, we believe we can present our subject to introductory students without oversimplification, in language that is clear, vivid, and precise.

We have tried, as in previous editions, to create a text that is sensitive to diversity, one that reflects our long-term interest in gender and cultural issues. Thus, throughout our book we integrate examples and references that represent a wide variety of backgrounds, ages, and ethnic and cultural groups.

Source: Stewart L. Tubbs and Sylvia Moss, *Human Communication*, 7th ed., McGraw-Hill New York, 1994, from p. xiii. Reproduced with permission of McGraw-Hill.

TO THE STUDENT

We have chosen these readings primarily to provide you with helpful models of style and structure. At the same time, we have tried hard to select pieces that you will enjoy and find enlightening. The idea is to encourage in you a fondness for language and a sharp eye for technique, both of which will serve to make you a more skillful writer.

The selections include poetry and stories as well as essays, and the writing assignments sometimes ask you to do what might be called "creative writing." You may want to know why you should ponder a poem or describe a fantasy when the writing you will need to do in the working world consists of ordering parts from the Acme Showcase Company, reporting on water damage from burst pipes, or describing right-of-way specifications for a city street. Although these quite different kinds of writing appear to have little in common, the creative exercises will stretch your imagination and bolster your confidence. Any practice that helps you to realize fully your power over words will prove worthwhile. The ease of expression you develop during creative writing (when no rules apply) will carry over into anything you choose to write. Of course, every writer has times when the words stubbornly have minds of their own, kicking each other in the shins and refusing to stand nicely in line; but the more you think about and practice writing, the briefer these little rebellions will be.

Many students feel confident that they can understand an essay, but turn into quivering masses of uncertainty when given a poem to read. Don't let yourself be intimidated by the unusual word patterns of poets. If the meaning is unclear on first reading, go over it again—aloud this time. Give yourself the pleasure of puzzling out the meaning. Assume an open, relaxed approach to the literary selections, and you will find that you can learn from them as much about rhetoric as you can from a comfortably paragraphed page of prose.

Your task will be made easier by the list of words and definitions following each reading. These definitions supply only the meaning of the word in the context of that selection. The words defined are those that may be new to you (like *interlocutor* or *vacuity*), those that carry a different meaning in the selection from the usual one (*exact* used as a verb, for example), and those that have changed meaning over time (*fancy* meaning "imagination," for instance).

Your most taxing work in using this text involves thinking. You will need to think critically in analyzing the selections, and you will have to think hard in planning and practicing your writing. But you should find, as you progress, that the line between work and pleasure grows steadily less distinct.

Source: Susan Day and Elizabeth McMahan, The Writer's Resource: Readings for Composition, 4th ed., McGraw-Hill, New York, 1994, p. xxv. Reproduced with permission of McGraw-Hill.

CONTENTS

Preface		xii	PART TWO GRECO-ROMAN CIVILIZATION,		
History and the Historian		xiii	1000	13	
	RT ONE		 4/ The Origins and Development of the Greek City-State Polity 1. The Mycenaean and Dark Ages, 2000– 	44	
THE ANCIENT NEAR EAST, 4000–300 b.c.		1	2. The Greek Archaic Age, 800–500 в.с.:	45 47	
1/	The River Valley Civilizations: Mesopotamia and Egypt, 4000–1750 в.с.	3	3. Athens 4. Sparta	51 55 56	
1. 2.	The Prehistoric Background Mesopotamian Civilization: Political, Economic, and Social Life	4		57	
3.	Mesopotamian Belief, Thought, and Expression	7 11	D.C., LIIC, Wal, and I United	58 59	
4. 5.	Egyptian Civilization: Political, Economic, and Social Life Egyptian Belief, Thought, and Expression	13 15	 The Persian Wars, 490–479 B.C. The Delian League and the Athenian 	61 63	
2/	Suggested Reading The Diffusion of Near Eastern	18	 The Peloponnesian War, 431–404 B.C. The Twilight of the World of the Greek 	65	
1.	Civilization, 1750–800 B.C. Diffusion and the Movement of Peoples	19 20	City-States, 404–336 в.с. 6. The Macedonian Conquest of Greece	68 68 69	
2. 3.	The Egyptian and Hittite Empires, 1750–1200 в.с. The Minoan World, 2000–1400 в.с.	20 24		71	
4.	The Era of Small States, 1200–800 B.C.: Phoenicians and Arameans	26	1. Religion	71 72 73	
5.	The Era of Small States, 1200–800 B.C.: The Hebrews Suggested Reading	26 31	 Art Philosophy and Science The Greek Spirit 	76 78 82 83	
3/	The Great Empires: Assyria and Persia, 800–300 в.с.	32			
1. 2. 3.	The Assyrian Empire, 800–612 B.C. Successors of Assyria, 612–550 B.C. The Persian Empire, 550–330 B.C.	33 36 37	1. Alexander the Great	84 85	
	Suggested Reading Retrospect	41 42	· · · · · · · · · · · · · · · · · · ·	85 89	

Source: Richard E. Sullivan, Dennis Sherman, and John B. Harrison, *A Short History of Western Civilization*, 8th ed., McGraw-Hill, New York, 1994, p. iv. Reproduced with permission of McGraw-Hill.

Tables of Contents

Another feature at the beginning of the textbook is a *table of contents*. This may simply be a list of chapter titles, or (like the example opposite) it may be more detailed, including major chapter headings. Some tables of contents show chapter subheadings as well. The table of contents is your first chance to get an overview of the organization of the textbook as a whole: the "big picture." Notice, in the extract on the opposite page, that this history textbook is divided into major parts. Each part is in turn divided into chapters ("1/, 2/," etc.). The order of the chapters seems to be based both on chronology (time) and geography.

In addition to the main table of contents at the beginning of a textbook, there may also be a separate listing of some special sections or features. The example below, from a sociology text, lists "boxes" (a feature that will be discussed on page 428).

LIST OF BOXES

BOX

1-1	Functionalist and Conflict Views	
	of Popular Music	13
1-2	Preserving Confidentiality	22
2-1	Sexism in Languages: English and	
	Japanese	40
2-2	Afrocentricity: Putting Africa	
	at the Center	5
3-1	Impression Management by Students	
	after Exams	63
3-2	The Cost of Rearing a Child	70
4-1	The Process of Role Exit	- 80
4-2	Informal Norms at the Workplace:	
	Hanging Beef Tongues	94
5-1	The 10 Worst Corporations of 1992	12
5-2	International Crime Rates	12
6-1	Slavery in the 1990s	13
6-2	Blaming the Victim	15
7-1	Race Relations in Brazil: The Legacy	
	of Slavery	18

7-2	Asian Americans and the "Model	
	Minority" Stereotype	188
8-1	The Status of Women Worldwide	210
8-2	Aging Worldwide	217
9-1	Marital Power	237
9-2	The Effects of Divorce on Female	
	and Male Children	247
10-1	Liberation Theology	265
10-2	A Family Prepares for College	278
11-1	In Defense of Socialist Planning	296
11-2	Farm Workers and the Abolition	
	of the Short-Handled Hoe	309
12-1	Sexism in Medical Research	325
12-2	Japan: The 1.57 Shock	334
13-1	Procter & Gamble's Fight	
	against Rumors of Satanism	356
13-2	Theories of Urban Growth	366

Source: Richard T. Schaefer and Robert P. Lamm, *Sociology: A Brief Introduction*, McGraw-Hill, New York, 1994, p. xiii. Reproduced with permission of McGraw-Hill.

Part Openings

As you have just seen, chapters in a textbook may be grouped into larger sections or parts. *Opening Doors*, for example, has three major parts. *Part openings* are often useful features. A part opening may list the chapters contained in that part (as in *Opening Doors*), or it may present an opening statement or briefly describe each of its chapters (like the example from a sociology text on the opposite page). This gives you a quick overview of the material that will be covered by all the chapters in the part and also suggests how those chapters are connected or interrelated.

Sometimes, important text material is given in the part opening, as in the extract below, from a theater textbook. (Note the definition of *Renaissance*, the dates, and the general historical background.) Information mentioned in a part opening may actually appear in several different chapters; by bringing it together at the beginning of the part, the authors clarify it and make it easier to remember.

PART TWO THEATERS OF THE RENAISSANCE

he Renaissance was an age of humanism, discovery, and exceptional art. *Renaissance* is a French word meaning "rebirth," and during this historical period—from roughly 1400 to 1650—European culture is said to have been reborn. Its rebirth included a rediscovery of earlier cultures, but equally important was a new view of human possibilities. In the Middle Ages, human beings had been seen as small, insignificant figures on the lower rungs of a sort of universal ladder, with the deity and other divinities at the top. In the Renaissance, people began to regard the individual as important and as having enormous potential.

A significant aspect of the Renaissance was, of course, the rediscovery of the civilizations of Greece and Rome. For the first time in several centuries, the heritage of these civilizations—their art, literature, and philosophy became available, largely through the rediscovery of ancient manuscripts. The achievements and ideas of Greece and Rome struck a sympathetic chord in men and women of fourteenth-century Italy and France, who hoped to create a new classical civilization that would equal the old.

Other things were happening in addition to this rediscovery of the past. The major distinction between the Middle Ages and the Renaissance was a secularization of society—that is, a move away from religion. The dominance of the Roman Catholic church was eroded as Renaissance society became more concerned with "this world" than with the "next world," the afterlife in heaven.

Source: Edwin Wilson and Alvin Goldfarb, *Living Theater: A History,* 2d ed., McGraw-Hill, New York, 1994, from pp. 136–137. Reproduced with permission of McGraw-Hill.

A sociologist can make a reasonably accurate prediction about where a child will end up in life on the basis of a few simple facts: the child's parents' incomes and education; whether the child is black, Hispanic, Asian American, or Anglo-American; and whether the child is male or female. To be sure, some youngsters will escape the sociologist's crystal ball. But most will not. The "crystal ball" in this case is an understanding of social stratification.

ART

Chapter 8 explores the origins and consequences of social stratification. This chapter describes social class differences in the United States, with special emphasis on the poor, and shows how these differences affect not just how well people live but how long they live.

Chapter 9 examines inequalities based on race and ethnicity. This chapter begins by looking at intergroup relations in cross-cultural perspective; then traces the history of racial and ethnic inequality in the United States; analyzes where black, Hispanic, Native, and Asian Americans stand today; and suggests why efforts to reduce racial and ethnic inequality have proven so disappointing.

Chapter 10 focuses on gender and age. Clearly the roles women play in our society have changed dramatically in the past quarter century. But are American women better off than their mothers were? If not, why not? The position the elderly occupy in our society has also changed, in many ways for the better. What explains these two different patterns?

SOCIAL INEQUALITY

Source: Michael S. Bassis, Richard J. Gelles, and Ann Levine, *Sociology: An Introduction*, 4th ed., McGraw-Hill, New York, 1991, p. 213. Reproduced with permission of McGraw-Hill.

Chapter Outlines

A *chapter outline* is a list of chapter topics or headings in their order of appearance in the chapter. It provides a preliminary map, framework, or blueprint. This feature helps you see the overall content and organization of a chapter. It lets you know in advance what topics the chapter will cover and how they fit together. Trying to read or study a chapter without first seeing its outline is like trying to solve a jigsaw puzzle without looking at the picture on the box! It can be done, certainly, but it takes longer and is much more difficult.

Chapter outlines have various names and can take various forms. An outline may also be called *chapter contents, chapter topics, preview, overview,* or *in this chapter;* or it may have no title at all. It may or may not actually be set up in outline style; and it may be general or detailed.

Chapter outlines in *Opening Doors*, for instance, appear on separate pages, include headings and subheadings, and also list reading selections. The example opposite (from a criminology text) is also in outline style; notice that next to it, in the second column, the chapter itself begins. The example shown below (from a text on social behavior) looks very different: it must be read "across," and subheadings are indicated by *italics* rather than indentations.

5

Some Interesting Differences in the Elements of Subjective Culture

The Sapir-Whorf Hypothesis \blacklozenge Gender Inequalities across the World \blacklozenge Foragers \blacklozenge Horticultural Societies \blacklozenge Pastoral Societies \diamondsuit Agrarian Societies \blacklozenge Industrial Societies \blacklozenge Socialist Societies \blacklozenge The Third World \blacklozenge Information Societies \blacklozenge What Is Functional Is Good \blacklozenge Cultural Differences in

4

Attributions Cultures and Dealing with Time Culture and Marriage Culture and Social Distance Culture and Stereotypes

Sex Stereotypes ♦ Summary

Source: Harry C. Triandis, *Culture and Social Behavior*, McGraw-Hill, New York, 1994, p. 120. Reproduced with permission of McGraw-Hill.

CHAPTER 18

Corrections: Prisons and Alternatives to Prisons

Corrections or Punishment: What's in a Name? Modern Corrections: Punishment as Bureaucratized Social Control

Punishment Ideologies Deterrence Model Reformation or Rehabilitation Model Retribution Model

Typical Forms of Punishment: Historical and Contemporary Characteristics

Preprison Forms of Punishment Capital Punishment: Historical and Current Forms History of Prisons The Rebirth of the Rehabilitative Ideal Juvenile Correctional Movement

Prisons and the Prison Experience Prisons as Total Institutions The Pains of Imprisonment Inmate Social Order Staff-Inmate Dynamics Inmate Classification and Treatment Riots Overcrowding Women's Prisons Privatization of Prisons Prisoner Litigation Alternatives to Traditional Prison

Diversion Deinstitutionalization Social Change Models Summary and Conclusion We like to think of ourselves as a civilized and humane society even with respect to criminals. Indeed, we call our prisons "correctional" institutions, presumably placing corrected behavior as the central goal. Surveys show that individual deterrence, reaffirmation of norms, and rehabilitation rank higher in American public opinion than do retribution, incapacitation, and revenge (Jacoby and Dunn, 1987). Yet the United States currently has the largest prison population in its history.

Criminologists generally believe that they approach the issues of punishment and imprisonment in a rational and humane way. For instance, they usually refer to punishment in terms of "just deserts," deterrence, selective incapacitation, rehabilitation, restitution, and community service. In fact, most studies of criminal punishment rarely employ the word **penology** (the study of punishment); rather they use the term "corrections." Again, the implication is that the punishment system is structured to change or reform the criminal's behavior.

Social scientists of both liberal and conservative orientations are skeptical of any reformative claims made by the penal system. If anything, there is at present a retributive mood among many policymakers and some scientists (Casper, 1988). Today the rehabilitation ideology is hardly mentioned in a positive light.

Source: Lydia Voigt, William E. Thornton, Jr., Leo Bartile, and Jerrold M. Seaman, *Criminology and Justice,* McGraw-Hill, New York, 1994, p. 518. Reproduced with permission of McGraw-Hill.

Chapter Objectives and Introductions

Authors often use a list of *chapter objectives* at the beginning of a chapter to tell you what you should know or be able to do after studying the chapter. Objectives appear in various forms and may also be called *preview questions, what you'll learn, goals,* etc. In the example below left (from a communications text), the authors state directly, "After finishing this chapter, you should be able to . . ." and they state the objectives like test items. Note the directions *define, explain, compare and contrast,* and *describe.* In the example below right (from a sociology text), the objectives are called "Looking Ahead" and are phrased as questions. In *Opening Doors,* chapter objectives are also written as questions.

A *chapter introduction* is an opening passage which describes the overall purpose, major topics and their sequence, or how this chapter is linked to preceding chapters. Or it may "set the scene" by giving, for instance, a case study or an anecdote. A chapter introduction may (like the example at the top of the opposite page) actually be called *introduction*, or (like the other example opposite), it may be indicated by special type or a large ornamental letter at the beginning of the first word. Read chapter introductions carefully; they are a helpful guide to what lies ahead.

After finishing this chapter, you should be able to:

Define listening

Explain the nature of serial communication State how much time you spend listening Compare and contrast helpful and harmful listening habits Distinguish between the processes of hearing and listening Explain the "listening level–energy involvement" scale Define *feedback*

Describe how feedback affects communication

- Use different types of evaluative and nonevaluative feedback
- Focus your attention while listening
- Set appropriate listening goals
- Listen to understand ideas
- Listen to retain information
- Listen to evaluate and analyze content
- Listen empathically

Source: Teri Kwal Gamble and Michael Gamble, *Communication Works,* 4th ed., McGraw-Hill, New York, 1993, p. 141. Reproduced with permission of McGraw-Hill.

LOOKING AHEAD

- How are girls socialized to be "feminine" and boys to be "masculine"?
- How are gender roles apparent in everyday conversations between men and women?
- Why is it that, despite outnumbering men, women are viewed as a subordinate minority by sociologists?
- How pervasive is sex-typing of jobs? Are there many jobs viewed either as "men's work" or as "women's work"?
- When married women work outside the home, do their husbands assume equal responsibility for housework and child care?
- Why is it said that women from racial and ethnic minorities face a kind of "double jeopardy"?
- How does the world view of feminists involved in defending abortion rights differ from that of antiabortion activists?

Source: Richard T. Schaefer and Robert P. Lamm, *Sociology*, 4th ed., McGraw-Hill, New York, 1992, p. 324. Reproduced with permission of McGraw-Hill.

Introduction

In this chapter, you will be reading longer passages because college reading isn't limited to single paragraphs. Fortunately, one of the hallmarks of a mature reader is the ability to deal with increasingly longer, more complex textbook passages. For example, a reader moves from comprehending a sentence to comprehending a paragraph. The reader then connects the information in a paragraph with the information in the next paragraph, and the next (all the while following the writer's main ideas). Soon the reader has followed the writer's thoughts throughout the chapter and subsequently throughout all the chapters of the book.

In one sense, reading longer passages is easier. You can see the *overall subject matter* and the *overall main idea* instead of just smaller parts. Seeing the overall organization of a longer section of a textbook chapter (or even the entire chapter) promotes comprehension and recall.

In this chapter you will learn how to determine the overall subject matter and the overall main idea for a longer passage. You will also learn how to write a summary of a longer textbook selection. But first, you will find out how to read and study a textbook assignment in an organized, intelligent manner.

Source: Joe Cortina, Janet Elder, and Katherine Gonnet, Comprehending College Textbooks, 2d ed., McGraw-Hill, New York, 1992, p. 320. Reproduced with permission of McGraw-Hill.

Conflict is an inevitable part of the life of any group, and sooner or later it touches all group members. A conflict can be started by anyone and can occur at any point in a group's existence. Opposed or contradictory forces within us can create inner conflicts, or we can find ourselves experiencing tension as external forces build and create interpersonal conflicts. Thus, a conflict can originate within a single group member or between two or more group members.

A group experiences *conflict* whenever a member's thoughts or acts limit, prevent, or interfere with his or her own thoughts or acts or with those of any other member. If you think about your recent group experiences, you will probably discover that you have been involved in conflicts. Some involved only you; some involved you and another. Probably, some were mild and subtle; others were intense and hostile. In any case, probably all of them were interesting.

Our goal in this chapter is to explore what conflict is, how it arises, how it affects us as group members, and how we can handle it productively. In doing so, we will develop skills to help us deal more effectively with group problem solving and decision making.

Source: Teri Kwal Gamble and Michael Gamble, *Communication Works*, 4th ed., McGraw-Hill, New York, 1994, p. 283. Reproduced with permission of McGraw-Hill.

Lists and Sequences

When lists and sequences of important material are set off from a paragraph in some special way, they become helpful textbook features. A list or sequence is presented in this way in order to draw your attention to it. Items in a list or sequence may be set in a row or rows (like the example below left, from a sociology text), numbered (like the example at the top of the opposite page, from a music text), or lettered. The example below right is set in **bold**face and shows a symbol for each planet. The items in the sequence at the bottom of the opposite page (from a journalism text) have small devices called bullets (which are also used in Opening Doors). Notice also that the important stages here (Phase 1, Phase 2, etc.) are in a special typeface.

Note, too, that the authors of the astronomy text suggest a mnemonic device (memory aid). Mnemonic devices are often a good method to use with lists and sequences.

Cultural Universals

Like the hominids, human beings have made dramatic cultural advances. Despite their differences, all societies have attempted to meet basic human needs by developing cultural universals. Cultural universals, such as language, are general practices found in every culture.

Anthropologist George Murdock (1945:124) compiled a list of cultural universals. The examples identified by Murdock include the following practices:

Athletic sports	Housing
Bodily adornment	Language
Calendar	Laws
Cooking	Marriage
Courtship	Medicine
Dancing	Music
Decorative art	Myths
Family	Numerals
Folklore	Personal names
Food habits	Property rights
Food taboos	Religion
Funeral ceremonies	Sexual restriction
Games	Surgery
Gestures	Toolmaking
Gift giving	Trade
Hairstyles	Visiting
· · · · · · · · · · · · · · · · · · ·	0

Source: Richard T. Schaefer and Robert P. Lamm, Sociology: A Brief Introduction, McGraw-Hill, New York, 1994, p. 34. Reproduced with permission of McGraw-Hill.

A Survey of the Planets

The solar system is defined as the sun, its nine orbiting planets, their own satellites, and a host of small interplanetary bodies, such as asteroids and comets. Starting in the center of the solar system, the major bodies and their symbols are:

0	Sun
	보 Mercury
	9 Venus
	⊕ Earth
	o [∗] Mars
	2 Jupiter
	b Saturn
	ð Uranus
	🐺 Neptun
	P Pluto

tune

The symbols, mostly derived from ancient astrology, are sometimes used as convenient abbreviations today. A traditional memory aid for this outward sequence is "Men Very Early Made Jars Stand Upright Nicely, Period." Surely today's students can do better!1 To avoid confusion about the positions of Saturn, Uranus, and Neptune, remember that the SUN is a member of the system, too.

Source: William K. Hartman, Astronomy: The Cosmic Journey, Wadsworth, Belmont, Calif., 1988, p. 106. Reprinted by permission.

CHARACTERISTICS OF MUSIC SINCE 1950

Accurately describing the relatively recent past is a difficult task. Yet any overview of music since 1950 must include these major developments:

- 1. Increased use of the twelve-tone system
- 2. Serialism—use of the techniques of the twelve-tone system to organize rhythm, dynamics, and tone color
- 3. *Chance music*, in which a composer chooses pitches, tone colors, and rhythms by random methods, or allows a performer to choose much of the musical material
- 4. *Minimalist music*, characterized by a steady pulse, clear tonality, and insistent repetition of short melodic patterns
- 5. Works containing deliberate quotations from earlier music.
- 6. A return to tonality by some composers
- 7. Electronic music
- 8. "Liberation of sound"-greater exploitation of noiselike sounds
- 9. Mixed media
- 10. New concepts of rhythm and form

Source: Roger Kamien, *Music: An Appreciation,* 2d Brief ed., McGraw-Hill, New York, 1994, p. 305. Reproduced with permission of McGraw-Hill.

PHASES OF A DEVELOPING STORY

Whenever a major news event occurs, all the daily media strive to keep their audiences as up to date as possible. A story can be developed for hours or for months, and it is usually covered in four phases:

- *Phase 1.* The story first breaks. Journalists rush to the scene to report the news as it is happening, or they work the phones to put together an initial breaking story. They work on the story full time, and their primary function is to tell their audiences *what* happened, *when, where* and to *whom.* The story is front-page news. Reporters will usually write *mainbars*, primary stories that report the *breaking news*; and *sidebars*, supplemental stories that explain the news or report the human element.
- Phase 2. Journalists try to explain the why and how of the story, but they
 also continue to report late-breaking developments, such as cleanup operations or a final casualty count. This means that the story is likely to remain front-page news. Second-day stories, which report the latest news as
 well as summarize the earlier news, and sidebars are written to put the
 news into perspective for an audience.
- Phase 3. The story is no longer front-page news, unless something unusual happens to warrant front-page treatment, but reporters are still covering it full time or routinely. They look for something fresh, but they also analyze and continue to humanize the story. Follow-ups and features may be written for days afterward.
- Phase 4. Few reporters are working on the story full time any longer, but there may be a few pursuing specific angles. Reporters still make routine checks. Weeks or months later, there may be a major development as officials release their findings or investigative reporters come up with something. The story could become front-page news again.

Source: Bruce D. Itule and Douglas Anderson, News Writing and Reporting for Today's Media, 3d ed., McGraw-Hill, New York, 1994, p. 121. Reproduced with permission of McGraw-Hill.

Boxes

A *box*, or *sidebar*, is supplementary material that is separated from the regular text. It may appear at the bottom or top of a page of text (like the example opposite) or on one or more pages by itself. "Box" material may or may not be in an actual box; it may be set off in columns, in a different typeface, or by color.

Boxes can contain a variety of information: case studies, research studies, biographical sketches, interviews, excerpts from other works, controversial issues, practical applications—the possibilities are almost endless. Boxes may be numbered, and authors often create box titles to fit the subject matter: for example, *points to ponder, issue and debate, close-up, speaking out, current research,* and *what do you think?*

Pay close attention to boxes: they clarify important points, provide vivid examples, broaden and deepen your understanding, and sharpen your focus.

CULTURE AND COMMUNICATION

A REFUSAL TO COMPETE

A new teacher—let's call her Mary—arrived at a Navaho Indian reservation. Each day in her classroom, something like this would occur. Mary would ask five of her young Navaho students to go to the chalkboard and complete a simple mathematics problem from their homework. All five students would go to the chalkboard, but not one of them would work the problem as requested. Instead, they would all stand silent and motionless.

Mary, of course, wondered what was going on. She repeatedly asked herself if she might possibly be calling on students who could not do the assigned problems. "No, it couldn't be that," she reasoned. Finally, Mary asked her students what the problem was. Their answer displayed an understanding not many people attain in a lifetime.

Evidently, the students realized that not everyone in the class would be able to complete the problems correctly. But they respected each other's uniqueness, and they understood, even at their young age, the dangers of a "win-lose" approach. In their opinion, no one would "win" if anyone was embarrassed or humiliated at the chalkboard, and so they refused to compete publicly with each other. Yes, the Navaho students wanted to learn—but not at the expense of their peers.

Where do you stand? In your opinion would typical American schoolchildren behave similarly? Why or why not? Should they behave like the Navahos?

Source: Teri Kwał Gamble and Michael Gamble, *Communication Works,* 4th ed., McGraw-Hill, New York, 1994, p. 290. Reproduced with permission of McGraw-Hill.

Tables

Key term

Table: Material arranged in rows and columns.

A *table* is material arranged in rows and columns. Tables contain words, numbers, or both. They may also include symbols, calculations, diagrams, and other types of information.

A table is an important textbook feature because it summarizes a great deal of information in a clear, concise, and organized way, as you can see from the examples here. A table title and the headings of rows and columns enable you to understand the table.

		Summary	TABLE 14.1 of Findings Concerr		
	Infancy		Toddler and pre- school period	Middle childhood	Adolescence
			Interpersonal		
Social	Insecure atta <u>Mother</u> Rejecting; hostile Neglecting Rejecting & neglecting	chment: Child Avoidant (Type A) Ambivalent (Type C) Avoidant & ambivalent (Type D)	Avoids familiar people;* aggressive response to positive overtures;* ambiva- lent approach;* ag- gressive or dis- tressed response to distress*	Fewer social and communicative skills; fewer friends; difficulty decenter- ing; less empathy	Less competent; dysfunctional family
Play			Less mature, less group and parallel play; aggressive;* withdrawn;† inter- acts with teachers [†]		
			Intrapersonal		
Adjusti	ment			Increased internaliz- ing and externaliz- ing of problems; less initiative	Increased internaliz- ing and externaliz- ing of problems
Self	11 		Visual recognition delayed and affect- less; fewer words for own and others' inner states		

* Physically Abused

[†] Neglected

Source: Charles Wenar, *Developmental Psychopathology*, 3d ed., McGraw-Hill, New York, 1994, p. 386. Reproduced with permission of McGraw-Hill.

TA	BLE 19-2 FUN	NDAMENTA	L BOSONS	
Field	Particle	Mass	Spin	Couples to:
Electromagnetic	Photon	0	1	Charge
Strong nuclear	Gluon	0	1	Color
Weak nuclear	W±	80,130	1	ک All
	Z^0	91,180	1	f fermions
Gravity	Graviton?	0	2	Energy
Higgs?	Higgs?	?	0	Rest mass

Source: Robert H. March, *Physics for Poets*, 3d ed., McGraw-Hill, New York, 1992, p. 247. Reproduced with permission of McGraw-Hill.

TABLE 1-4

FOUR PERSPECTIVES ON HUMAN DEVELOPMENT

Perspective	Important Theories	Basic Belief	Technique Used
Psychoanalytic	Freud's psychosexual theory	Freud: Behavior is controlled by powerful unconscious urges.	Clinical observation
	Erikson's psychosocial theory	Erikson: Personality develops throughout life in a series of stages.	
Mechanistic	Behaviorism, or traditional learning theory (Pavlov, Skinner, Watson) Social-learning theory (Bandura)	Behaviorism: People are responders; concern is with how the environment controls behavior. Social-learning theory: Children learn in a social context, by observing and imitating models; person is an active contributor to learning.	Rigorous and scientific (experimental) procedures
Organismic	Piaget's cognitive-stage theory	There are qualitative changes in the way children think that develop in a series of four stages between infancy and adolescence. Person is an active initiator of development.	Flexible interviews; meticulous observation
Humanistic	Maslow's self-actualization theory	People have the ability to take charge of their lives and foster their own development.	Discussion of feelings

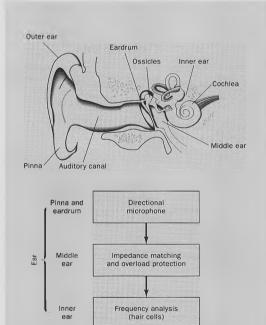
Source: Diane E. Papalia and Sally Wendkos Olds, *Human Development*, 5th ed., McGraw-Hill, New York, 1992, p. 22. Reproduced with permission of McGraw-Hill.

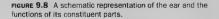
Graphic Aids

Graphic aids, or *illustrations*, consolidate information and present it more clearly than would be possible with words alone. Graphic aids include figures, cartoons, and photographs.

Figures include maps, charts, diagrams, graphs, and "how-to" processes. They also include anatomical drawings (like the example below left) and drawings of laboratory apparatus (like the example below right).

Textbook figures are often numbered for reference (for example, Figure 6a, Figure 10-2). They typically have *legends:* titles, descriptions, and explanations that appear above, below, or alongside the illustration. To understand a figure, you must read the legend and any labels within the figure. For graphs, be sure to read the *axes*, the labels that appear on the sides and bottom.





Source: Robert Sekuler and Randolph Blake, *Perception*, 3d ed., McGraw-Hill, New York, 1994, p. 301. Reproduced with permission of McGraw-Hill.

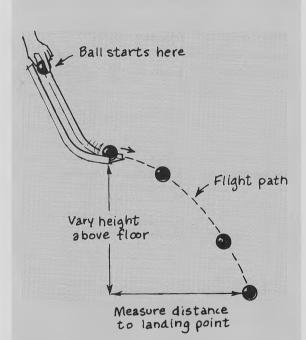


Figure 2-2 Galileo's apparatus for studying projectile motion.

Source: Robert H. March, *Physics for Poets*, 3d ed., McGraw-Hill, New York, 1992, p. 23. Reproduced with permission of McGraw-Hill.



"HERE WE ARE CONWAY -- THE FINANCIAL DISTRICT. KERP YOUR EYES OPEN FOR ANY SHADY DEALS AND VIOLATIONS OF THE SECURITIES BUSINESS."

> White-collar crime has become a widespread and disturbing reality in the nation's top corporate and financial circles.

Source: Richard T. Schaefer and Robert P. Lamm, *Sociology: A Brief Introduction,* McGraw-Hill, New York, 1994, p. 124. Reproduced with permission of McGraw-Hill.



Developmental tests are designed to chart the progress of infants—like 7-month-old Adam—and toddlers.

Source: Diane E. Papalia and Sally Wendkos Olds, Human Development, 5th ed., McGraw-Hill, New York, 1992, p. 119. Reproduced with permission of McGraw-Hill. *Photo:* Courtesy of Safra Nimrod.

Cartoons are a popular feature because they can make a point quickly and humorously. To be sure the reader will understand how a cartoon relates to the chapter material, the author may provide a legend (a comment or explanation) in addition to the caption (as in the example above left). Often, however, a cartoon is simply allowed to "speak for itself," and the reader must infer its relationship to the text.

Some *photographs* in textbooks (like the example above right) are included to enrich the text, to provide an example of a concept or situation, or to give the "flavor" of a time or place. Other photographs are informational and should be studied as carefully as the text itself: photos of paintings, statues, and buildings in an art history text (like Selection 3-2 on page 132) would be a good example. Of course, photos often fall somewhere between these two categories. Be sure to read photo legends (the words accompanying the photograph).

KEY TERMS

ambient system apparent motion critical flicker frequency (CFF) direction-selective cell dynamic visual acuity element movement flicker focal system global motion group movement induced motion motion aftereffect motion capture optic ataxia

Vocabulary Aids

Key term

Vocabulary aids: Textbook devices that highlight important terms and definitions. Among the most common and most helpful textbook features are *vocabulary aids*, devices that highlight important terms and definitions. Authors highlight vocabulary in a variety of ways. Important terms may be set in **boldface**, *italic*, or color. They may also be printed in the margins (like *key terms* in *Opening Doors*, one of which appears here). There may be a list of terms, perhaps with definitions, at the end of a chapter (like the example at the top of this page) or after a reading selection (like the example below). These lists can also appear at the beginning of a chapter or reading. They may be called *key terms*, *basic terms, terms to know, vocabulary, terms to remember*, and so on.

Important terms and definitions from the entire textbook may appear near the end of the book in a mini-dictionary, the *glossary*. (Shown opposite is the first page of the glossary for a psychology text.)

It is important to pay attention to vocabulary aids, because instructors expect you to know important terms, and vocabulary terms often appear on tests.

VOCABULARY

delineate	to explain point by point
dialect	a manner of speaking common only to people from, or living in, a specific area
eloquent	able to speak (or write) in an especially moving and effective way
envoy	a messenger from, or representative of, a higher authority
flunkie	a person who does small, boring, or meaningless tasks at the orders of
	someone else; a "go-fer" (also spelled "flunky," "flunkey")
heresy	a belief or action that contradicts the official or strongly held beliefs of a society or organization, especially a church
japonica	a shrub that flowers profusely in spring
relentless	untiring, unwavering, ceaseless, persistent
sepulchral	like a tomb; having a tomblike atmosphere
whence	from which; where something came from
writ	a legal document, usually ordering some specific action

GLOSSARY

- absolutist view of deviance The view that deviance is intrinsic to certain actions. In this view, right and wrong exist independently of arbitrary, human-created social judgments.
- accounts Explanations that we offer for our behaviors. Accounts take four forms: excuses, justifications, concessions, and refusals.
- additive task A task in which the performance of the group is measured in terms of the sum of the members' responses.
- affect control theory (ACT) David Heise's theory offering a model of attitudes which suggests that the meanings we assign to identities and behaviors shape our social interactions. The theory uses the concepts of fundamental sentiments, transient sentiments, and deflection to describe the relationship between attitudes and behaviors.
- affirmative action A government policy aimed at ending discriminatory practices by employers, as well as requiring them to take additional steps necessary to overcome the effects of past discrimination and give minorities "equal opportunity."
- age grading The classification of individuals into age categories which divide the life course into meaningful stages and establish timetables for life events.
- ageism Society's denial of privileges to a category of people because of their age.
- agents of socialization The individuals, groups, and institutions that play a part in the transmission of culture to the new generation.
- aggregate A unit of two or more persons whose interaction is minimal.
- aggression Intentional harm done by one party to another.
- alternative sources All the sources of rewards available to a person.
- anticipatory socialization A phase of socialization in which individuals fan-

tasize about, experiment with, and try on the behaviors associated with role expectations for future roles.

- attitude consistency The organization of attitudes in a harmonious manner so that attitudes are not in conflict with each other (inconsistency or imbalance). Attitude consistency theories suggest that we strive to maintain consistency and to avoid inconsistency, which is experienced as an uncomfortable psychological state.
- attitude toward the behavior In the reasoned action model, the behavioral-intention factor consisting of a person's beliefs and evaluations of the possible outcomes of the behavior. It is estimated by summing the person's evaluations of the consequences of the behavior, weighted by the likelihood of each consequence.
- audience task A task involving performance in the presence of others who are observing the behavior but not performing the same task.
- authoritarian parenting style A style of parenting in which parents rely on a combination of normative, reward, and coercive resources to produce their children's strict obedience.
- authoritative parenting style A style of parenting in which parents rely on a combination of expert, informational, reward, and coercive resources to persuade their children to behave in a certain manner, taking into account the child's explanation for noncompliance.
- backchannel feedback Any subtle vocal or nonverbal response that a listener makes while a speaker is talking that signals to the speaker whether he or she is keeping the listener's interest and being understood.
- balance Balance theory's term for atti-
- tude consistency. balance theory The original formulation of attitude consistency theory, developed by Fritz Heider, which focused on three elements: (1) the per-

son who is the focus of attention, $P_i(2)$ some other person, O; and (3) an impersonal entity, X. The theory posits that P strives to maintain consistency among the attitudes connecting these elements, that is, P's attitude toward O, P's attitude toward X, and P's perception of O's attitude toward X.

- behavioral intentions Our plans to perform a behavior. In the reasoned action model, behavioral intention is a function of the person's attitude toward the behavior and his or her subjective norm regarding it.
- behavioral perspective An approach to social psychology proposing that our social behavior can best be understood by focusing on directly observable behavior and the environment that causes our behavior to change.
- biological maturation The more or less automatic unfolding of biological potential in a set, predictable sequence.
- birth cohort A category of people who were born in the same year or period and who age together.
- body language The nonverbal communication of meaning through physical movements and gestures.
- bonding The effort or desire to maintain a relationship.
- catharsis A lessening of aggressive energy (anger) by discharging it through aggressive behavior.
- civil inattention Form of body language in which we give others enough visual notice to signal to them that we recognize their presence, but then we quickly withdraw visual contact to show that we pose no threat to them and that we do not wish to interact with them.
- coaction task A task involving performance in the presence of others with whom one has little interaction but who are performing the same task. coalition An alliance of two or more parties who coordinate their efforts in

order to achieve their ends against the

Sources: (Opposite page) Robert Sekuler and Randolph Blake, Perception, 3d ed., McGraw-Hill, New York, 1994, p. 25 (top); Susan Day and Elizabeth McMahan, The Writer's Resource: Readings for Composition, 4th ed., McGraw-Hill, New York, 1994, p. 340 (bottom). (Above) James A. Wiggins, Beverly B. Wiggins, and James Vander Zanden, Social Psychology, 5th ed., McGraw-Hill, New York, 1994, p. 551. Reproduced with permission of McGraw-Hill.

Study Questions and Activities

Many textbooks include *study questions and activities*, such as *exercises*, *drills*, and *practice sections*. These can be among the most important features you use, because they direct you to the essential information you will be expected to know. Generally, if you are able to answer study questions and exercises, you will be able to do well on an actual test.

Study questions and activities may appear at the beginning or end of a chapter, a reading, or other subdivisions of the text. (In *Opening Doors*, for instance, questions appear preceding and following each reading selection.) In addition to the terms noted above, questions or activities may be called *questions for study and review, review, ask yourself, self-test, check your mastery, mastery test, learning check, check your understanding, topics for discussion, problems*, etc. The examples shown here are typical.

Don't neglect study questions and activities; take the time to work on them. They provide valuable practice and give you a way to monitor your learning. Also, instructors may use some of these items, or similar items, on tests.

PROBES

- 1 Briefly explain the objectives of the introduction.
- 2 Briefly describe five parts of an introduction.
- 3 Briefly describe five ways of getting the attention of the audience.
- 4 Describe three ways of preparing the audience for the body of the speech.
- 5 Briefly explain the objectives of the conclusion.
- 6 Describe four types of conclusions.
- 7 Briefly describe the idea of common ground.

APPLICATIONS

- 1 For each of the following subjects, create a method for getting the attention of the audience: (a) Preventing AIDS. (b) Date rape. (c) Applying first aid to a wound. (d) Joining the Peace Corps.
- 2 What kinds of conclusions could you use for each of the following topics? (a) Preventing child abuse. (b) Learning to use a computer. (c) Supporting affirmative action. (d) How to improve memory.
- **3** Read some issues of *Vital Speeches* and see how the speakers opened and closed their speeches.

Source: James A. Byrns, *Speak for Yourself: An Introduction to Public Speaking,* McGraw-Hill, New York, 1994, p. 178. Reproduced with permission of McGraw-Hill.

QUESTIONS FOR CRITICAL READING, THINKING, DISCUSSION, AND WRITING

Analyzing Content and Technique

- 1. Why, according to Taylor, is television so concerned with depicting family life?
- 2. What were the main characteristics of the television families of the 1950s?
- 3. What did the television industry realize in the 1970s? How did this change the type of family shows being produced? What happened in the 1980s?
- 4. What are some of the differences between All in the Family and The Cosby Show? How does Taylor evaluate each show?
- 5. In her conclusion, Taylor states, "Today, the generous space that was opened up then for public discussion is again being narrowed . . . [to] sentimentality and a profound horror of argument." What evidence does she provide? Do you find her evidence adequate or inadequate? Explain.

Making Connections

- Describe two or three current television shows about family life, analyzing the characters, the situations, and the implied values. What do these shows reveal to you about social trends? Which show do you prefer, and why?
- 2. Write an essay comparing and contrasting your own family with one specific television family. How realistic is the television family? Have you learned anything from it, either positive or negative, that you can apply to your own family situation?

Source: Chitra B. Divakaruni, *Multitude: Cross-Cultural Readings for Writers*, McGraw-Hill, New York, 1993, p. 86. Reproduced with permission of McGraw-Hill.

REVIEW QUESTIONS

1. Distinguish between passionate and companionate love. Describe how you feel physically and emotionally when in passionate love. Have you ever loved another passionately, only to have the passion fade? Explain.

2. Think of a romantic relationship you once had and draw a love triangle to represent the extent of your passion, intimacy, and decision/commitment. What shape does the triangle take? Which component—passion, intimacy, decision/commitment—was the most prominent; least prominent? Now draw your partner's love triangle. Which component was most prominent; least prominent? Are there differences between the two triangles? Do you think these differences had anything to do with the breakup of the relationship?

3. How does the "feminization of love" affect romantic relationships? What are some strategies couples might use to counteract this tendency in their own relationships?

4. Why is it important to self-disclose in relationships? What are the risks of self-disclosure? Have you ever been in a relationship in which your partner seemed to disclose too much, too soon? Describe the situation and how you felt. Is the relationship ongoing or did it end?

5. What is relationship equity? Equity theory? When an individual is underbenefitted in a relationship, how does he or she typically react?

6. What is the difference between normal and pathological jealous? What causes a person to feel jealous? How does a person usually react when confronted by a jealous partner? Are there ways to keep normal jealous reactions under control?

Source: Gloria Bird and Keith Melville, *Families and Intimate Relationships*, McGraw-Hill, New York, 1994, p. 84. Reproduced with permission of McGraw-Hill.

Chapter Summaries

A *chapter summary* is one of the most helpful textbook features because in it the author collects and condenses the most essential ideas. Many students find it useful to read a chapter summary both before and after studying a chapter. Of course, when you read a summary before you read the chapter, you may not understand it completely, but you will have an idea of the most important material in the chapter. You can then watch for this material as you read.

Summaries can be short (like the first example below, from a public speaking text) or a full page or more in length (like the example opposite, from a text on family life). A summary may also be called *conclusion*, *recapitulation*, *looking back*, *summing up*, *key points*, *key concepts*, etc. Summaries may be written as paragraphs or lists, and they may contain special aids. The second example below, from a sociology text, highlights key terms, for instance. The "Summary and Preview" from a perception text explicitly links the chapter to preceding and following chapters.

SUMMARY

Telling, showing, and doing are three important types of supporting information and should be used in every speech. Verbal channels include definitions, examples, stories and anecdotes, comparison and contrast, description, statistics, and testimony. Doing includes planning activities and leading groups through structured experiences.

SUMMARY

Culture is the totality of learned, socially transmitted behavior. This chapter examines the basic elements which make up a culture, social practices which are common to all cultures, and variations which distinguish one culture from another.

1 The process of expanding human culture has already been under way for thousands of years and will continue in the future.

2 Anthropologist George Murdock has compiled a list of general practices found in every culture, including courtship, family, games, language, medicine, religion, and sexual restrictions.

3 Societies resist ideas which seem too foreign as well as those which are perceived as threatening to their own values and beliefs.

4 *Language* includes speech, written characters, numerals, symbols, and gestures and other forms of nonverbal communication.

5 Sociologists distinguish between *norms* in two ways. They are classified as either *formal* or *informal* norms and as *mores* or *folkways*.

6 The most cherished *values* of a culture will receive the heaviest sanctions; matters that are regarded as less critical, on the other hand, will carry light and informal sanctions.

7 Generally, members of a *subculture* are viewed as outsiders or deviants.

8 From a conflict perspective, the social significance of the concept of the *dominant ideology* is that the mess powerful groups and institutions in a society control the means of producing beliefs about reality through religion, education, and the media.

9 Advocates of *multiculturalism* argue that the traditional curricula of schools and colleges in the United States should be revised to include more works by about African Americans, other racial and ethnic morities, and women.

Sources: (Above) James A. Byrns, Speak for Yourself: An Introduction to Public Speaking, 3d ed., McGraw-Hill, New York, 1994, p. 139 (top); Robert Sekuler and Randolph Blake, Perception, 3d ed., McGraw-Hill, New York 1994, p. 290 (bottom). (Opposite) Gloria Bird and Keith Melville, Families and Intimate Relationships, McGraw-Hill New York, 1994, p. 340. Reproduced with permission of McGraw-Hill.

SUMMARY POINTS

- There are three types of power: social power, latent power, and manifest power. Social power refers to cultural beliefs and norms that, through socialization, influence women and men to devalue women's status and assign them fewer resources and less power. Latent power is present when the less powerful partner anticipates the reaction of the more powerful partner and adjusts her or his course of action without the partner having to say a word. Manifest power relies on the use of particular tactics or strategies to bring issues forward or keep them from being raised.
- Power strategies fall into four general categories: direct-cooperative, direct-uncooperative, indirect-cooperative, indirect-uncooperative.
- Men more often rely on direct power strategies based on concrete resources that emphasize their individual competencies. Women more often use indirect strategies based on personal resources that exaggerate their powerlessness.
- Employed women typically have higher self-esteem, use more direct strategies, report that marital issues are settled more fairly, and indicate that their needs are more often taken into account during marital negotiation.
- Cooperative power strategies are the most beneficial to relationships and usually result in the greatest satisfaction of partners. When cooperative strategies (bargaining, reasoning) do not get results, competitive strategies (coercion, manipulation) may be used. Should these strategies also fail, some partners resort to threats. Finally, if verbal means of influence are not successful, physical means of asserting power may be employed.
- The First and Second National Violence Surveys carried out by Murray Straus and his colleagues are valuable sources of information about violence in the American family.
- These national surveys are one of the few sources of information about violence in both black and white families. Some scholars, however, caution that race is only one of the factors, and not among the most critical, to consider when trying to understand family violence.
- Violence is not limited to any particular social class.

- Use of alcohol or drugs is not a cause of abusive behavior in families. Rather, drinking and using drugs are socially accepted *excuses* for bad behavior.
- Violence is influenced by sociocultural factors and the family is where people get their "basic training" in the use of violence. The marriage license is considered by some to be a "hitting license."
- The Conflict Tactics Scales were developed by Murray Straus to assess marital violence. Although the scales have been criticized, they continue to be the instruments used most frequently in measuring violence in the family.
- Lenore Walker proposes that most incidents of wife battering proceed through three distinct stages: tension building, acute battering, and loving contrition. She calls this three-stage sequence of events the cycle of violence.
- Women stay in violent relationships for many reasons. Among them are social isolation from kin and friends; lack of reliable community support systems; fear that their abusive partner will find them and punish them if they leave; dependence on the partner for money, food, shelter, and love; and learned helplessness.
- Men who batter tend to downplay and trivialize the seriousness of their violent behavior. Potential batterers share some common identifiable characteristics, including advocating traditional gender roles, externalizing problems, being unreasonably jealous, handling life problems in a physically aggressive manner, believing that battered women cause their own abuse, and being impulsive and manipulative.
- When a woman reacts violently, it is usually to break out of her partner's grasp, to "fight back" during an abusive episode, or to protect herself from being more seriously injured by her batterer.
- Suzanne Steinmetz argues that no matter how small the percentage of female batterers compared to male batterers, all battering should be taken seriously because of its effects on the family. Men say that they stay in battering relationships to maintain their standard of living, out of a need to be good fathers and keep the family together, and, in some cases, to protect their children from the mother's abuse.

Appendixes

An *appendix* is a section at the end of a book which includes supplemental material or specialized information. (Information may be presented as an appendix so that it can be referred to conveniently, or because it is too long to be included in any single chapter, or or because it relates to more than one chapter.) The appendix is a useful textbook feature because it presents additional information or information that you may need to refer to repeatedly.

In an American history or American government text, the Declaration of Independence and the Constitution may appear in appendixes. Physics and chemistry text may have formulas in appendixes. In texts with self-tests, an answer key may appear as an appendix. A very helpful appendix in some history texts is a chronology or "time line" like the one shown opposite. Shown below is the first page of an important appendix in a theater text that students would refer to often.

Opening Doors has three appendixes: a list of word parts, a master vocabulary list, and a glossary of key terms.

APPENDIX 5 REALISM AND NONREALISM

The distinction between realism and nonrealism in theater becomes clearer when the two approaches are placed side by side. They are present in all aspects of theater, as the following table illustrates.

REALISTIC TECHNIQUES NONREALISTIC TECHNIQUES STORY Events which the audience knows have Events which do not occur in real life but take place only in the imagination: happened or might happen in everyday Emily in Thornton Wilder's Our Town, life: Blanche DuBois in Tennessee after she has died, returns to life for one Williams's A Streetcar Named Desire goes to New Orleans to visit her sister day and brother-in-law STRUCTURE Arbitrary use of time and place: in Action confined to real places; time passes normally as it does in everyday Strindberg's The Dream Play, walls dissolve and characters are transformed, life: in The Little Foxes by Lillian Hellman, the activity occurs over several as in a dream. days in Regina's house as she takes control of her family's estate. CHARACTERS Recognizable human beings, such as Unreal figures like the Ghost of

the family—mother, father, and two sons—in O'Neill's Long Day's Journey into Night Unreal figures like the Ghost of Hamlet's lather in *Hamlet*, the Three Witches in *Macheth*, and the people who turn into animals in lonesco's *Rhmoceros*.

	CHRONOLO	DGY
	MIDDLE AGES (450-1450)	
Musicians	Artists and Writers	Historical and Cultural Events
		Sack of Rome by Vandals (455)
		Reign of Pope Gregory I (590–604)
		First Crusade (1096–1099)
Perotin (late twelfth century)		Beginning of Notre Dame Cathedral in Paris (1163)
		King John signs Magna Carta (1215)
	Dante (1265-1321)	
	Giotto (1266–1337)	
Guillaume de Machaut (c. 1300–1377)		
	Boccaccio (1313-1375)	
	Chaucer (c. 1343–1400)	Hundred Years' War (1337–1453)
		Black death (1348–1350)
	RENAISSANCE (1450–1600)	
Musicians	Artists and Writers	Historical and Cultural Events
Guillaume Dufay (c. 1400–1474)		Fall of Constantinople (1453)
Josquin Desprez (c. 1440-1521)	Leonardo da Vinci (1452–1519)	Gutenberg Bible (1456)

Columbus discovers America (1492)

Martin Luther's ninety-five theses (1517)

Raphael (1483–1520) Titian (c. 1477–1576)

Michelangelo (1475-1564)

François Rabelais (c. 1494–c. 1553)

Andrea Gabrieli (c. 1520-1586)

Sources: (Above) Roger Kamien, *Music: An Appreciation.* 2d Brief ed., McGraw-Hill, New York, 1994, p. 381. (*Opposite)* Edwin Wilson, *The Theater Experience*, 6th ed., McGraw-Hill, New York, 1994, p. 455. Reproduced with permission of McGraw-Hill.

Bibliographies and Suggested Readings

A *bibliography* (which usually appears near the end of a textbook) is a list of sources: books, articles, and other works from which the author of the text has drawn information. A bibliography may also be called *references, works cited*, or *sources*. A bibliography sometimes lists works the author recommends for further (supplemental) reading. In this case it may be called *select bibliography* (like the example opposite, from a theater text), *selected works*, etc. Of course, some bibliographies serve both functions and are called *bibliography* and *selected readings* or *references and bibliography*.

A list of *suggested readings* often appears at the end of chapters (or parts), where it may be called *additional readings, suggestions for further reading, supplementary readings,* etc. Suggested readings may be annotated, like the examples below. That is, the textbook author may provide brief descriptions and explain why each work is listed.

Bibliographies and suggested readings can be especially helpful for research assignments, such as papers and reports; or when you want or need to read other material to improve your understanding of the text.

SUGGESTIONS FOR FURTHER READING

- DeVito, Joseph A.: *The Elements of Public Speaking*, HarperCollins, New York, 1991. Helpful for speakers who find it difficult to select a topic.
- Ehninger, Douglas, Bruce Gronbeck, Ray McKerrow, and Alan Monroe: *Principles and Types of Speech Communication*, HarperCollins, New York, 1992. Includes useful material on subjects for speeches and occasions for public speaking.
- Fletcher, Leon: How to Design and Deliver a Speech, 4th ed., HarperCollins, New York, 1990. Offers

step-by-step procedures for making a topic manageable.

- Ilardo, Joseph: Speaking Persuasively, Macmillan, New York, 1981. Provides a detailed theory of topic selection.
- Osborn, Michael, and Suzanne Osborn: *Public Speaking*, 2d ed., Houghton Mifflin, Boston, Mass., 1991. Provides helpful strategies for determining the purpose of a speech.

ADDITIONAL READINGS

- Huber, Joan, and Beth E. Schneider (eds.). *The Social Context of AIDS*. Newbury Park, Calif.: Sage, 1992. This anthology addresses a variety of issues as they relate to AIDS, including race, gender stratification, education, and persistent poverty.
- Kephart, William, and William M. Zellner. Extraordinary Groups: An Examination of Unconventional Lifestyles (4th ed.). New York: St. Martin's, 1991. Among the groups described in this very readable book are the Amish, the Oneida community, the Shakers, the Mormons, Hasidic Jews, Jehovah's Witnesses, and the Romani (commonly known as Gypsies).
- Majors, Richard, and Janet Mancini Bellson. Cool Pose: The Dilemmas of Black Manhood in America. New York:

Lexington. 1992. An African American psychologist and a White sociologist analyze the ways in which African American adolescent males present themselves in everyday life.

- Scheff, Thomas J. Microsociology: Discourse, Emotion, and Structure. Chicago: University of Chicago Press, 1992. An examination of sociological treatment of self and society.
- Tannen, Deborah. You Just Don't Understand: Women and Men in Conversation. New York: Ballantine, 1990. A popularly written book that provides an overview of how men and women in the United States differ in their styles of communication.

443 Chapter 9 Selecting and Organizing Textbook Information

SELECT BIBLIOGRAPHY

- Allen, John: *Theatre in Europe*, J. Offord, Eastbourne, England, 1981.
- Aristotle: Aristotle's Poetics, S. H. Butcher (trans.), Introduction by Francis Fergusson, Hill and Wang, New York, 1961.
- Aronson, Arnold: *American Set Design*, New York, 1985.
- Artaud, Antonin: *The Theater and Its Double*, Mary C. Richards (trans.), Grove, New York, 1958.
- Atkinson, Brooks: *Broadway*, rev. ed., Macmillan, New York, 1974.
- Austen, Gayle: *Feminist Theories for Creative Criticism*, University of Michigan Press, Ann Arbor, 1990.
- Bartow, Arthur: *The Directors' Voice: 21 Interviews*, Theatre Communications Group, New York, 1988
- Bay, Howard: *Stage Design*, Drama Book Specialists, New York, 1974.
- Beckerman, Bernard: Dynamics of Drama: Theory and Method of Analysis, Drama Book Specialists, New York, 1979.
- Benedetti, Jean: *Stanislavski: An Introduction*, Theatre Arts, New York, 1982.
- Benedetti, Robert: *The Actor at Work*, Prentice-Hall, Englewood Cliffs, N.J., 1971.
- Bentley, Eric: *The Life of the Drama*, Atheneum, New York, 1964.
- (ed.): *The Theory of the Modern Stage*, Penguin, Baltimore, 1968.
- Brecht, Bertolt: *Brecht on Theatre*, John Willett (trans.), Hill and Wang, New York, 1965.
- Betsko, Kathleen, and Koenig, Rachel: Interviews

with Contemporary Women Playwrights, Beech Tree, New York, 1987.

- Bradby, David, and Williams, David: *Director's Theater*, St. Martin's, New York, 1988.
- Brockett, Oscar G.: *History of the Theatre*, 5th ed., Allyn & Bacon, Boston, 1991.
- Brook, Peter: *The Empty Space*, Atheneum, New York, 1968.
- ------: *The Shifting Point*, HarperCollins, New York, 1987.
- Burns, Elizabeth: *Theatricality*, Harper & Row, New York, 1973.
- Case, Sue-Ellen: *Feminism and Theatre*, Routledge, Chapman, and Hall, New York, 1987.
- Chinoy, Helen K., and Jenkins, Linda W.: Women in American Theatre, rev. ed., Theatre Communications Group, New York, 1987.
- Clark, Barrett H. (ed.): European Theories of the Drama, rev. ed., Crown, New York, 1965.
- Clurman, Harold: On Directing, Macmillan, New York, 1972.
- Cohen, Robert: *Acting Power*, Mayfield, Palo Alto, Calif., 1978.
- Cole, Toby: *Playwrights on Playwriting*, Hill and Wang, New York, 1961.
 - —, and Helen Krich Chinoy: Actors on Acting, Crown, New York, 1970.
- Corrigan, Robert (ed.): Comedy: Meaning and Form, Chandler, San Francisco, 1965.

Sources: (Opposite) Teri Kwal Gamble and Michael Gamble, *Communication Works,* 4th ed., McGraw-Hill, New York, 1993, p. 339 (*top*); Richard T. Schaefer and Robert P. Lamm, *Sociology: A Brief Introduction,* McGraw-Hill, New York, 1994, p. 107 (*bottom*). (*Above*) Edwin Wilson, *The Theater Experience,* 6th ed., McGraw-Hill, New York, 1994, p. 461. Reproduced with permission of McGraw-Hill.

Indexes

Key term

Index: Alphabetical listing of topics and names in a textbook, with page numbers, usually appearing at the end of the book. At the end of a textbook you will usually find one or more indexes. An *index* is an alphabetical listing of topics and names in the text, giving the specific pages on which you can find information about them. The index is a useful textbook feature because it helps you locate information quickly.

On the opposite page is an example of a general index, from a history text. Some textbooks have a separate *name index* and *subject index*, like the examples below from a psychology text. Anthologies and other textbooks with reading selections often have an *index of authors and titles*.

Indexes sometimes include special features. For instance, in the example from the history textbook, the notations f and m tell readers where they will find figures and maps.

Name Ind	ex	Subject Ind	dex
		-	
bramson, L. Y., 27	Bailey, J., 244-246, 308	ABAB (reversal) design, 311-314, 353-354	Analysis of variance (continued)
rocella, J. R., 261, 309	Baldwin, E., 50	natural settings and, 353–354	interaction effects, 259-264, 282-283
lair, J. G., 49, 54	Barash, D. P., 77, 99, 101	(See also Single-case experimental designs)	main effect, 238, 243-244
Idison, W. E., 104	Barker, L. S., 87, 98 Barker, R. G., 87, 98	ABBA counterbalancing, 219-220	null hypothesis, 270–273
Ijang, O. M. J., 88	Barlow, D. H., 298, 304, 309, 311, 313, 316	Accidental sample, 118–119 Alpha (see Level of significance)	omnibus F-test, 273, 280–282 random groups design, 270–276
iler, A., 304 iler, T., 31	Baron, J. N., 169	American Psychological Association (APA), 4-	residual variation, 277, 279–280
lison, M. G., 314–315	Bartholomew, G. A., 419	6, 31–32, 38–39, 60–61	simple comparisons, 263, 283–284
lloy, L. B., 261, 309	Bartlett, F. C., 74	American Psychological Society (APS), 6	simple main effect, 263, 282
llport, G. W., 22, 298, 303	Bass, B. M., 423	Analysis of experiments, 193-198, 269-289	summary table, 273–275, 279–282
Itmann, J., 106	Bazerman, M., 151, 168-169	computer-assisted, 273, Appendix A	table of critical values, Appendix A
Itomari, M. G., 98, 101	Bellack, A. S., 47, 57–58, 316	effect size, 286-287	within-subjects designs, 276-280
merican Psychiatric Association, 20	Benassi, V. A., 19-20	estimating error variation, 276–277, 279	(See also Appendix A for computational
merican Psychological Association, 5, 38-39,	Benjamin, L. T., Jr., 442	logic of, 193-198, 269-289	procedures)
62, 65, 165, 420-442	Berch, D. B., 253, 260–261	meta-analysis, 287-289	Analytical comparisons, 260-261, 263, 275-22
nastasi, A., 136–137, 139, 142	Berk, R. A., 329, 348, 358 Bickman, L., 76, 83	null hypothesis testing, 193–198, 273–276, 279	284-285
nderson, C. R., 46	Biggers, K., 95	power and, 285–286	ANOVA (see Analysis of variance)
nderson, J. R., 27, 28 nderson, K. J., 259	Biglan, A., 95, 101	sensitivity, 178, 213, 285	Applied behavior analysis, 297, 308–309 Applied research, 295–363
nisfeld, M., 428	Blanck, P. D., 47, 50, 57–58	(See also Analysis of variance; Coding; Data	versus basic research, 328–329, 356–359
rthur, J., 95, 101	Bloom, B. L., 201	reduction; Descriptive statistics; Appen-	Archival data, 156–169
sch, S. E., 193-194	Bobo, L., 410	dix A)	content analysis and, 161-164
scione, F. R., 75	Bolgar, H., 298, 300, 304-305	Analysis of variance (F-test, ANOVA):	illustrative uses of, 164-169
sher, S. J., 201	Bollen, K. A., 169	analytical comparisons, 260-261, 263, 275-	problems and limitations of, 167–169
tkinson, R. C., 302, 331	Bond, C. F., Jr., 102	276, 280, 284–285	rationale for use of, 156-160
twater, J. D., 358	Booth, W., 59	complex designs, 280–285	types of, 160–161
ubrey, L. W., 24 yllon, T., 314-315	Bootzin, R. R., 261, 309 Boring, E. G., 4-5, 8	computer-assisted analyses, Appendix A critical values, Appendix A	Balancing, 12, 180–183, 189–191
yiion, 1., 514-515	Borkovec, T. D., 203	degrees of freedom, 274, 280–282	Baseline stage, 310
	Bornstein, M. T., 316	effect size, 286–287	Basement (floor) effect, 256–257; 334–335
abbie, E., 125	Bornstein, P. H., 63	error variation, 194, 269-270, 276-277, 279	Basic vs. applied research, 328–329, 356–359
aer, D. M., 160, 319	Bornstein, R. F., 288	F-ratio, 270–273	Behavior modification, 309
		independent groups design, 270–276	Behavior therapy, 309

INDEX

Note: Page numbers followed by the letter *f* or *m* indicate figures or maps, respectively.

Aachen, 214, 216, 217 Abba, 172 Abbasid dynasty, 193, 271 Abbot, 205 Abélard, Peter, 297-298 Absentee clergy, 331 Absolutist monarchies, 406, 420-432, 476-477; in Eastern Europe, 425-431, 431m; in England, 434-437; and the Enlightenment, 474-475; French, 412-425, 413; Hapsburgs, 426-427; Hohenzollerns, 426; Ottoman Empire, 431; in Poland, 430-431; Romanovs, 427-430, 429m; in Sweden, 431 Abstract expressionism, 731 Académie des Sciences, 459 Academy (Plato), 80, 93 Acadia, 454 Acceleration, law of (Newton), 461 Achaean League, 87 Achaemenids, 41 Acropolis, 44f, 47, 76, 77f Action/reaction, law of (Newton), 461 Actium, battle of, 109f, 118, 123 Act of Settlement, 440 Act of Supremacy, 387 Act of Union, 440 Acts of the Apostles, 152, 154 Adages (Erasmus), 353 Adams, Abigail, 487, 618 Adams, John, 485, 487, 489, 507 Adams, John Quincy, 543 Adenauer, Konrad, 711 Adoration of the Mystic Lamb (van Evck brothers), 358 Adrianople: battle of, 167; Treaty of, 544 Aegean Sea, 43, 45, 46, 48m, 49 Aeneid (Vergil), 98, 128, 137, 344 Aeropagitica (Milton), 414 Aeschylus, 74–75 Aetolian League, 87, 106 Afghanistan, 632, 744m; Soviet invasion, 707, 715, 746, 755, 756 Africa: Christianity in, 594; circumnavigation of, 371; European penetration of, 448m, 449-450; impact of Europeans, 452-453; imperialism in, 627, 632-634, 633m; Mos-

lem culture in, 194, 452, 453; national liberation in, 746-749, 748m, 766 (see also individual nations); slave trade, 376, 446, 449, 450, 452-453 African-Americans: civil rights movement, 713; culture, 733; emancipation, 622; slavery, 446, 481, 482, 483, 485, 487, 618, 621-622 African National Congress, 749 Africa (Petrarch), 344 Afrika Korps, 692, 696, 698 Agamemnon, king, 74 Age of Reason. See Enlightenment Agincourt, battle of, 318m, 319 Agora, 47, 77 Agriculture: in absolutist Eastern Europe, 425; Byzantine, 186; commercialization of, 377, 379; and commercial revolution, 375; contemporary, 721; cooperatives, 578; decline in Europe, 580; development of, 5; early medieval, 201, 229; Egyptian, 14; Great Depression and, 682-683; Greek, 50, 52, 59; Hellenistic, 89; high medieval, 236f, 237-238, 242, 248-249; late medieval decline, 314; mechanization, 576; Mesopotamian, 8, 10; Minoan, 25; Moslem, 193; pre-Columbian American, 373; revolution (in early modern times), 406, 408, 516; Roman Empire, 130, 148, 171; Roman Republic, 110-111, 118; Soviet collectivism, 660-662 Ahmose I, pharaoh, 20 Ahriman (god), 40 Ahura Mazda (god), 40 Aida (Verdi), 537 AIDS, 724, 763 Airplane, 577 Aix-la-Chapelle, Congress of (1818), 543 Akhetaton (Tell el Amarna, Egypt), 23 Akhnaton, pharaoh, 23f, 23-24 Akkadians, 6m, 8, 9, 12, 33, 189 Alains, 168 Alaric, king of the Visigoths, 168 Albania and Albanians, 615, 716, 756

Albert of Brandenberg, Prince, 383 Alberti, Leon Battista, 342 Albertus Magnus, 301, 532 Albigensians, 276, 284, 287, 289-290 Alcaeus of Mytilene, 74 Alcazar, Seville, 196 Alcibiades, 66 Alcuin, 217 Alemanni, 168, 169m Alexander the Great, 29, 41, 42, 80, 84f, 85, 88, 89, 106; empire of, 85-86, 86m; successors of, 86-88 Alexander III, Pope, 255, 281 Alexander I, Tsar, 508, 510, 540, 542, 548 Alexander II, Tsar, 579, 612 Alexander III, Tsar, 612-613 Alexander, king of Yugoslavia, 675 Alexander, Sir Harold, 696 Alexandra, Tsarina, 656 Alexandria, 90, 92, 93, 174, 187; Museum, 90 Alexiad (Anna Comnenus), 188 Alexius I Comnenus, Byzantine emperor, 188, 271, 272, 273 Alfred the Great, king of Wessex, 221, 256 Algebra, 195, 463 Algeria: French, 634, 709; independence, 709-710, 746-747, 748m, 749 Ali, caliph, 192 Allah, 190 Allende, Salvador, 750 All India Congress, 635 Almoravid domains, 273m Alphabet: Phoenician, 26 al-Razi, 195 Alsace, 571, 610, 651, 681 Altamira cave painting (Spain), 5 Alva, duke of, 396 Amati family, 417 Ambrose, St., 173, 175, 177 Amenhotep IV, pharaoh, 23f, 23-24 American Civil War, 620-622 American Federation of Labor, 623 American Indians. See Native Americans American Revolution, 473, 483-488, 486m, 638

Source: Richard E. Sullivan, Dennis Sherman, and John B. Harrison, A Short History of Western Civilization, 8th ed., McGraw-Hill, New York, 1994, p. I-1. Reproduced with permission of McGraw-Hill.

Additional Features and Supplements

There are numerous other types of textbook features. Many texts, for instance, include *epigraphs*, quotations at the opening of chapters (or other sections) that suggest overall themes or concerns. Some texts put vivid or provocative quotations in the margins.

Depending on the subject matter, a text may include special *exhibits* or *examples* such as student papers, plot summaries, profit-and-loss statements, documents, forms, and printouts. Useful material (such as the periodic table of the elements in a chemistry text) may even appear on the inside of the cover. Sometimes a textbook has a feature, like the review cards in *Opening Doors*, that may not appear in any other text.

Finally, some textbooks have *supplements*, separate aids accompanying the text. These might include *study guides*, *supplemental readings*, *student workbooks*, and *computer diskettes*. Supplements are a good investment, since they have been developed to help you guide your own learning, test yourself, and check your progress.

All these textbook features can help you use your study time effectively and efficiently. Students often remark that in college textbooks "everything seems important." They find it hard to get a sense of how the facts and concepts add up to a coherent whole. Taking advantage of textbook features as you read can enable you to identify the essential information in a chapter and to understand its organization. Remember that authors and publishers want to help you work effectively with their textbooks. For this reason, they put a great deal of time, effort, and thought into designing textbook features.

Study Tips for Using Textbook Features

Prefaces

Read the preface to see what the book contains, how it is organized, and what its special features are.

Tables of contents

Use the table of contents, particularly if no chapter outlines are given. Your chapter study notes should cover each item listed in the table of contents. Pay attention to the size and type style, which indicate major and minor headings.

Part openings

Reading a part opening will help you understand the scope of what is contained in the section, how the section is organized, and how its chapters are interrelated.

Chapter outlines

Pay attention to major topics in a chapter outline. Your notes should also include all subtopics. The author has done some of your selecting for you, so take advantage of it.

Chapter objectives and introductions

Use objectives and introductions to test yourself on the chapter material. Try to write out the answers from memory.

Lists and sequences

Use mnemonic devices (memory devices) to help you remember information.

Boxes

Pay attention to boxed information. It helps you understand the text. Also, you may be tested on boxed material.

Tables

Pay attention to tables. They consolidate important information and help you understand relationships among ideas. Instructors may base test questions on them.

Graphic aids

Watch for graphic aids. Figures, cartoons, and photographs present important information or explain the text.

Vocabulary aids

Write down the definition for each term included in a vocabulary aid. It is your responsibility to learn the special vocabulary of each subject you study. Expect to be asked about these terms on tests.

Study questions and activities

Take the time to answer study questions and work on exercises, especially if your instructor has not provided study questions. Think carefully about discussion topics. Items like these may appear on tests.

Chapter summaries

Read the chapter summary both *before* and after you read the chapter itself.

Appendixes

Use appendixes for reference and as a source of additional information.

Bibliographies and suggested readings

Use source lists when you are doing papers, reports, and other research assignments. You can also use supplementary readings to improve your understanding of the textbook.

Indexes

Indexes will help you find specific material quickly.

Additional features

Look for epigraphs (quotations), exhibits, and examples in the text. Don't neglect special reference material that may appear on the inside of the cover.

Supplements

Study guides, study guides with supplemental readings, workbooks, and software accompanying your textbooks will usually prove to be a good investment. Use supplements like these to direct and focus your study, to test yourself, and to evaluate your learning.

MARKING TEXTBOOKS: UNDERLINING, HIGHLIGHTING, AND ANNOTATING

Key terms tests com

Underlining and highlighting:

Techniques for marking topics, main ideas, and definitions.

Annotation:

Explanatory notes written in the margins of a textbook to organize and remember information. It has been estimated that as much as 80 percent of the material on college tests comes from textbooks. For this reason alone, you need to be able to underline, highlight, and annotate your textbooks effectively.

Underlining and **highlighting** are techniques for marking topics, main ideas, and important definitions in reading materials. **Annotation** refers to explanatory notes you write *in the margins of your textbook* to help you organize and remember important information that appears within paragraphs. Taking a moment to annotate information (write or jot it down) also helps you concentrate. When you are reading a difficult textbook, you need to concentrate on one paragraph at a time. Effective students mark their textbooks by both underlining or highlighting and annotating.

Here are some guidelines for *underlining and highlighting*. First, you will need to avoid the most typical mistake students make in marking textbooks: underlining or highlighting too much. Students often make this mistake because they try to underline or highlight while they are reading the material instead of *after* they have read it. The process of underlining and highlighting a textbook is selective, and you cannot know what is important in a paragraph or section until you have *finished* reading it. Remember that the main idea may not appear until the end of a paragraph. Remember, too, that you may not be able to understand some paragraphs until you have read an entire section. The rule, then, is this: *Read first, and underline only after you have identified the important ideas*.

Second, a word of warning: Some students substitute underlining and highlighting for *thinking*. They mistakenly believe that if they have marked a lot in a chapter, they must have read it carefully. To avoid this error, follow these steps: Read and *think; then* underline or highlight *selectively*.

Third: What kinds of things should you underline or highlight? As mentioned above, underline or highlight the *topic* of a paragraph. Underline or highlight the *main idea* of a paragraph if it is stated directly. Keep in mind that often you will not need to underline every word of a main idea sentence to capture the idea it is expressing. Underline or highlight important *definitions*. You may find it helpful to circle important terms as well.

Fourth: What kinds of things should you *not* underline or highlight? Do *not* underline or highlight supporting details, since this results in "overmarking." (As you will see below, annotation can be used effectively to indicate supporting details.)

Once you have underlined and highlighted topics, main ideas, and important terms, you will want to *annotate:* that is, write explanatory notes and symbols in the margins. If a textbook has narrow margins, you may prefer to use notebook paper for your annotations, to give yourself more room.

The box opposite shows how a passage from a human development textbook (about different forms of marriage) could be underlined and annotated.

An Example of Underlining and Annotation

. . . .

A life-style that apparently exists in all societies is marriage—a socially sanctioned union between a woman and a man with the expectation that they will play the roles of wife and husband. After studying extensive cross-cultural data, the anthropologist George P. Murdock (1949) concluded that reproduction, sexual relations, economic cooperation, and the socialization of offspring are functions of families throughout the world. We now recognize that Murdock overstated the matter, since there are a number of societies—for instance, Israeli kibbutz communities—in which the family does not encompass all four of these activities (Spiro, 1954; Gough, 1960). What Murdock describes are commonly encountered tendencies in family functioning in most cultures.

Societies differ in how they structure marriage 1 relationships. Four patterns are found: monogamy, 2 one husband and one wife; polygyny, one husband 3 and two or more wives; polyandry, two or more 4 husbands and one wife; and group marriage, two or more husbands and two or more wives. Although monogamy exists in all societies, Murdock discovered that other forms may be not only allowed but preferred. Of 238 societies in his sample, only about one-fifth were strictly monogamous.

Polygyny has been widely practiced throughout the world. The Old Testament reports that both King David and King Solomon had several wives. In his cross-cultural sample of 238 societies, Murdock found that 193 of them permitted husbands to take several wives. In one-third of these polygynous societies, however, less than one-fifth of the married men had more than one wife. Usually it is only the rich men in a society who can afford to support more than one family.

In contrast with polygyny, polyandry is rare among the world's societies. And in practice, polyandry has not usually allowed freedom of mate selection for women; it has often meant simply that younger brothers have sexual access to the wife of an older brother. Thus where a father is unable to afford wives for each of his sons, he may secure a wife for only his oldest son. (def.)marriage: socially sanctioned union of a woman and a man with the expectation they will play the roles of wife and husband

4 tendencies in functions of families:*

- -reproduction
- —sexual relations
- -economic cooperation
- —socialization of offspring

(def.)

- Four patterns of marriage:*
- -monogamy: 1 husband/1 wife
- —polygyny: 1 husband/2+ wives
- -polyandry: 2+ husbands/1 wife
- -group marriage: 2+ husbands/2+ wives
- Old Testament kings with several wives:
- —Solomon
- —David
- Murdock study: 193/238 societies permitted polygyny
- -Usually only rich were polygynous

—women not usually allowed to choose mates

---often simply means younger brothers have sexual access to wife of older brother

Source: James Vander Zanden, Human Development, Knopf, New York, 1985.

Why is it necessary to annotate as well as to underline or highlight? Annotation serves several important functions.

For one thing, you should write an *important term* and its *definition* in the margin. This kind of annotation helps you remember important terms. When your instructor uses these terms in class, you will recognize them and be able to record them easily in your lecture notes. And, of course, you will need to know these terms for tests.

Also, you may choose to list essential *supporting details* in shortened form in the margin. Annotating is an effective, convenient, concise way to organize supporting details; and jotting details down in the margin will help you connect them with the ideas they support.

Another function of annotating is *formulating a main idea when it is not directly stated*. Your formulated main idea sentence can be written in the margin next to the paragraph.

Symbols and *abbreviations* are still another helpful form of annotation. Your symbols and abbreviations will enable you to locate important material quickly and (if necessary) return to passages that need further study. Here are a few examples of abbreviations and symbols you can use in the margins:

def	Definition. Use def when an important term is defined.
?	<i>Question mark.</i> Use this when you do not understand something and need to study it further or get help with it.
1, 2, 3	<i>Numbers.</i> Use numbers when an author gives items in a series.
*	Asterisk. Use an asterisk to mark important information.

TAKING NOTES FROM TEXTBOOKS: OUTLINING, MAPPING, AND SUMMARIZING

In addition to underlining, highlighting, and marginal annotations, *taking notes from textbooks* is another important skill. Three very useful forms of textbook note-taking are outlining, mapping, and summarizing.

Guidelines for Outlining

Key term

Outlining: Formal way of organizing main ideas and supporting details to show relationships among them. **Outlining** is a formal way of organizing main ideas and the supporting details that go with them. Even if you underline main ideas in your textbook and list supporting details in the margin, there may be times when it is helpful to outline a section or chapter. Outlines are especially useful for organizing complex material. Outlining is done on separate paper rather than written in the textbook.

When should you outline? As your first step in outlining, you will need to decide at what point it is appropriate to stop and outline. Obviously, you will not need to outline every section or every chapter. As mentioned above, outlining can be appropriate for complex material. It is also helpful when you need to condense a lengthy section or chapter in order to give yourself an overview. Because outlining condenses information and lets you see and understand how an entire section or chapter is organized, an outline makes it easier to study and remember material.

How do you create an outline of textbook material? For a paragraph, you need to write its main idea. Then, on separate, indented lines below the main idea, write the supporting details that go with it, like this:

I. Main idea sentence

A. Supporting detail

B. Supporting detail

- C. Supporting detail
- D. Supporting detail

For longer passages consisting of several paragraphs, continue your outline in the same way:

I. First main idea sentence

A. Supporting detail for main idea I

B. Supporting detail for main idea I

C. Supporting detail for main idea I

D. Supporting detail for main idea I

II. Second main idea sentence

A. Supporting detail for main idea II

B. Supporting detail for main idea II

C. Supporting detail for main idea II

D. Supporting detail for main idea II

III. Third main idea sentence

A. Supporting detail for main idea III

B. Supporting detail for main idea III

C. Supporting detail for main idea III

D. Supporting detail for main idea III

Sample Outline: Reactions to Impending Death

.

- I. Elizabeth Kübler-Ross, a thanatologist, found in her research on the terminally ill that they tend to have certain basic emotional reactions as they prepare for death.
 - A. There are five types of reactions: denial and isolation, anger, bargaining, depression, and acceptance.
 - B. Different patients display different emotions.
 - C. Reactions may occur in various orders, although the general pattern is shock, denial, anger, and acceptance.
 - D. Several factors influence a person's type and sequence of emotional reactions.
 - E. Overall, a person's approach to dying reflects his or her approach to living.
 - F. These same emotions are characteristic of anyone who has experienced a major loss.
- II. There are several uses of Kübler-Ross's research.
 - A. It can be used to help the dying cope with their emotions by enabling them to discuss these emotions.
 - B. It can be used to help survivors cope with the dying person's emotions as well as their own.
- III. A hospice is a special hospital for the terminally ill.
 - A. A hospice can enhance a dying person's final days.
 - B. Life goes on more normally in this pleasant, informal environment.
 - C. There are many supportive people, including personnel and family members.
- IV. Survivors normally go through a period of grieving or bereavement following an ill person's death.
 - A. Grief follows the pattern of shock or numbness; pangs of grief; apathy, dejection, and depression; and resolution.
 - B. Survivors' reactions vary, but survivors are usually able to discharge their anguish by grieving, and thus prepare to go on living.
 - C. Each person must grieve at his or her own pace and in his or her own way.

The purpose of your study outline is to show you how ideas are related. Making your outline look perfect is not as important as making sure that it is clear to *you*. Main ideas should stand out, and it should be obvious which details go with each main idea. Here, roman numerals (I, II, III) are used here for main ideas and capital letters (A, B, C, D) for supporting details. These are simply guides to help you see how ideas are related.

An outline can consist of phrases or sentences. When you are using an outline to study and remember complex material, a sentence outline works well because it gives complete thoughts.

The box opposite shows a sample outline, of a passage from a psychology textbook (the passage is actually Selection 7-1, about reactions of dying patients). Notice that this sample is a sentence outline. Notice also the identifying title: *Reactions to Impending Death*.

Guidelines for Mapping

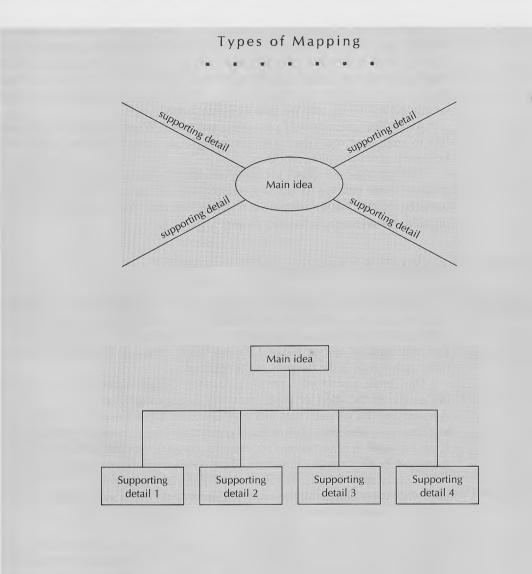
Key term

Mapping: Informal way of organizing main ideas and supporting details by using boxes, circles, lines, arrows, etc. Another form of textbook note-taking is mapping. *Mapping* is an informal way of organizing main ideas and supporting details by using boxes, circles, lines, arrows, and the like. The idea is to show information in a way that clarifies relationships among ideas. Like outlining, mapping is done on separate paper rather than in the margins of the textbook.

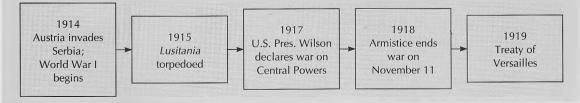
One simple type of map consists of the topic or main idea in a circle or box in the middle of the sheet of paper, with supporting details radiating out from it. Another type has the main idea in a large box at the top of the paper, with supporting ideas in smaller boxes below it and connected to it by arrows or "leader lines." If the information is sequential (for instance, significant events in World War I), a map can take the form of a flowchart. These forms are shown on page 454.

A study map for the passage on reactions of dying patients is shown on page 455. It condenses all the important information on a single page. A complete study map like this requires considerable thought and effort.

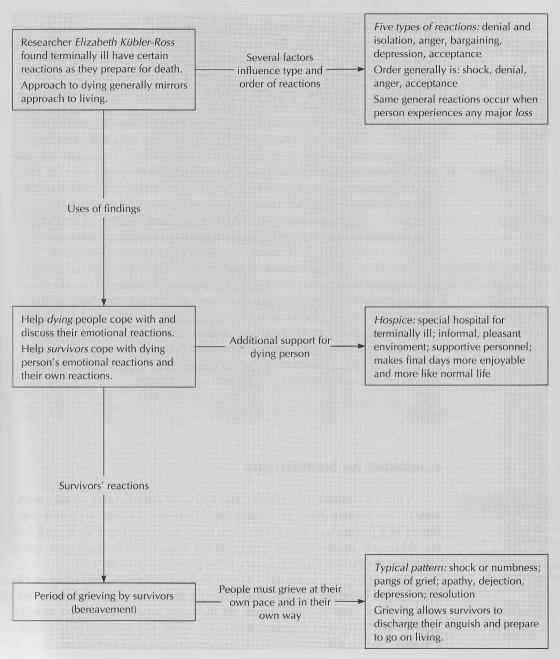
Since outlines and study maps both show relationships among important ideas in a passage, how can you decide which to use for a particular passage? Your decision will depend on how familiar you are with each technique, and on how the passage itself is written. Keep in mind that mapping is an informal study technique, whereas outlining can be formal or informal. When you are asked to prepare a formal outline in a college course, do not assume that you can substitute a study map.



Significant events in World War I:



Sample Study Map: Reactions to Impending Death



Sample Summary: Reactions to Impending Death

.

Elizabeth Kübler-Ross is a thanatologist whose research with terminally ill patients revealed that they tend to display several emotional reactions as they prepare for death. The five basic responses she found were (1) denial and isolation, (2) anger, (3) bargaining, (4) depression, and (5) acceptance. Different patients display different emotions. These may occur in various orders, although the general pattern is shock, denial, anger, and acceptance. Several factors influence a person's types and sequence of emotions. Overall, the individual's approach to dying reflects his or her approach to living. Emotions displayed by a dying person are the typical, appropriate ones that accompany any major loss. This information can be used to help dving persons and survivors cope with their emotional reactions. Most important, knowledge of these emotions can enable others to be supportive of dying people and help them discuss death and their feelings. The hospice, a hospital for the terminally ill, can enhance a dving person's last days. The ill person is offered emotional support and guidance from family as well as from other people. Life goes on more nearly as normal in this informal, pleasant environment. A period of bereavement (grieving) by survivors normally follows the death of the ill person. Grief also follows a pattern: shock or numbness; pangs of grief; apathy, dejection, and depression; and resolution. Survivors' reactions vary but survivors are usually able to discharge their anguish by grieving, and thus prepare to go on living. Each person must grieve at his or her own pace and in his or her own way.

Guidelines for Summarizing

Key term

Summary: Singleparagraph condensation of all the main ideas presented in a longer passage. A third technique of textbook note-taking is summarizing. A *summary* is a way of condensing into one paragraph all the main ideas an author has presented in a longer selection (such as an essay or article) or a section of a chapter. When you have correctly identified the main ideas in a passage, you have identified the information necessary to prepare your summary.

Summarizing is a technique you will find particularly helpful when you know that you will be taking an essay test. Writing a summary of the material serves as a way to check your comprehension. At the same time, it helps you transfer the material into long-term memory. Moreover, when you summarize a section of a textbook, you are often practicing an answer you will write on the test. Here are some things to keep in mind when you are preparing a summary:

- Include all the main ideas. You must include all the main ideas the author presents in the section. Include a supporting detail (such as the definition of an important term) if a main idea cannot be understood without it.
- Do not add anything. You must not add anything beyond the author's ideas (such as your own opinions).
- *Keep the original sequence.* Present the ideas in the same order that the author has used. In other words, you must keep the author's organization.
- *Reword as necessary, providing connections.* You must reword (paraphrase) the main ideas if necessary and supply clear connections among these ideas.
- *Supply a title*. You should include a title that gives the overall topic of the section.

The box at the top of the opposite page shows a sample summary for the passage on dying patients.

The reading selection in this chapter (Selection 9-1, beginning on page 464) is itself a complete chapter from a communications textbook. It will give you an opportunity to try out the study skills in Chapter 9, and it will also help you gain a realistic idea of how much time is needed to master a textbook chapter. Then, whenever a course involves mastering textbook information, you will know *how* to master it and will feel confident that you *can* master it.

DEVELOPING CHAPTER REVIEW CARDS

Review cards, or *summary cards*, are an excellent study tool. They are a way to select, organize, and review the most important information in a textbook chapter. The process of creating review cards helps you organize information in a meaningful way and, at the same time, transfer it into long-term memory. The cards can also be used to prepare for tests (see Chapter 10). The review card activities in this book give you structured practice in creating these valuable study tools. Once you have learned how to create review cards, you can use them in your other courses.

Now, complete the seven review cards for Chapter 9 by adding important information about each topic. When you have completed them, you will have summarized important information about the skills in this chapter.

Three Keys to Studying College Textbooks

Chapter 9: Selecting and Organizing Textbook Information

	Using Textbook Features	
Chapter 9: Selecting	nd Organizing Textbook Information	
Chapter 9: Selecting	nd Organizing Textbook Information Underlining and Highlighting Textbooks	
Chapter 9: Selecting		
Chapter 9: Selecting .		
Chapter 9: Selecting .		

Chapter 9: Selecting and Organizing Textbook Information

		Anno	otating Te	xtbooks	
				•	
hapter 9: Selec	cting and Organiz	ing Textbook In	formation		
			Outlinir	ıg	

		M	apping		
				-	
			1		
pter 9: Select	ting and Organizing	g Textbook Informatic	n		
pter 9: Select		g Textbook Informatic		ormation	
pter 9: Select				ormation	
pter 9: Select				ormation	
pter 9: Select				ormation	
pter 9: Select				ormation	
pter 9: Select				ormation	
pter 9: Select				ormation	
pter 9: Select				ormation 	
pter 9: Select				ormation 	
pter 9: Select				ormation 	
pter 9: Select				ormation 	
	Sun	nmarizing Te	extbook Inf		
	Sun		extbook Inf		

Chapter 9: Selecting and Organizing Textbook Information

READING

Selection 9-1

Speech communications

INTERCULTURAL COMMUNICATION

BY STEWART L. TUBBS AND SYLVIA MOSS

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 9-1.

- 1. First, read and think about the title. What do you already know about the media in intercultural communication?
- 2. Next, complete your chapter preview by reading the following:

Chapter objectives Section headings First sentence of each paragraph Words in **boldface** or *italic* Illustrations and their legends Chapter summary Review questions

On the basis of your preview, what aspects of intercultural communication does this chapter seem to be about?

Apply Comprehension Skills

Directions: Do these exercises as you read Selection 9-1.

- Budget your time for reading this selection. If you wish, divide the selection into two or three shorter reading assignments.
- As you read, apply the skills of selectivity and organization you have learned in this chapter. To remember essential information, underline, highlight, annotate, and take notes.

Intercultural Communication

CHAPTER OBJECTIVES

After reading this chapter, you should be able to:

- 1 Discuss how cultural groups differ from other groups with shared characteristics, and define "intercultural communication."
- **2** State three broad communication principles that have important implications for intercultural communication.
- **3** Identify and explain at least three ways in which language can interfere with communication between cultures.
- **4** Explain how nonverbal messages, including those that express emotion, vary from culture to culture and can be misinterpreted.
- **5** Describe how cultural roles and norms, including norms about conflict, affect intercultural communication.
- **6** Discuss the effects of differences in beliefs and values on people from different cultures.
- **7** Explain the concept of ethnocentrism and discuss two reasons for stereotyping of groups.
- **8** Describe some of the personal, political and social effects of intercultural communication.
- **9** Identify seven principles that would promote community building.

Source: Stewart L. Tubbs and Sylvia Moss, *Human Communication*, 7th ed., McGraw-Hill, New York, 1994, pp. 419–447 (chap. 13). Reproduced with permission of McGraw-Hill. (For additional sources, see page 492.)

The 1965 revision of U.S. immigration policies is changing the character of some of our major cities. For example, during the last two decades over a million immigrants have come to New York City, most of them from the West Indies, Latin America, and Asia (Foner, 1987, p. 1). Today the other new leading immigrant city is Los Angeles, and other cities receiving large numbers of immigrants include Chicago, Houston, Miami, and San Francisco (p. 4). In *The Middleman and Other Stories* (1988), Bharati Mukherjee portrays some of these new immigrants "trying on their new American selves, shouldering into their new country." She is writing, she explains, of "the eagerness and enthusiasm and confidence with which the new immigrants chase the American dream. But sometimes they get the American codes wrong, by being too aggressive, for example" (quoted in Healy, 1988, p. 22).

When members of different cultures communicate, getting the codes wrong is a common experience. Throughout this book we have discussed cultural differences in connection with many aspects of communication. As we have seen, intercultural communication can occur in any of the contexts we have discussed in the past few chapters, from intimate two-person communication to formal organizational and mass communication. Whenever intercultural communication occurs, the differences in the participants' frames of reference make the task of communication more complicated and more difficult, especially since participants may not be aware of all aspects of each others' cultures. In fact, one reason intercultural communication has fascinated scholars in the past few years is that it reveals aspects of our own communication behavior that we might not otherwise notice as distinct, such as our attitude toward time.

From another perspective, adjustment to a foreign culture often includes experiences of *culture shock:* "feelings of helplessness, withdrawal, paranoia, irritability, and a desire for a home" (Koester, 1984, p. 251). To compound the problem, readjustment to one's home culture after an experience in another culture produces a shock of its own: *reverse culture shock*. This may result from changes in attitudes, ways of interacting, and the like. In fact, those of us who are most adaptable to the foreign culture will probably experience the greatest *unanticipated* reentry shock (Koester, 1984).

Over 20 million people from outside the United States visit each year, and during 1991 to 1992, the number of foreign students attending colleges and universities in the United States was 419,585. The five leading countries from which these students came were China, Japan, Taiwan, India, and the Republic of South Korea (Zikopoulos, 1992). As the amount of intercultural communication we engage in increases, it becomes more important for each of us to understand some of its problems and implications.

A DEFINITION OF CULTURE

In Chapter 1 we defined intercultural communication as communication between members of different cultures (whether defined in terms of racial, ethnic, or socioeconomic differences). As this definition suggests, the divisions between cultural groups are not established or absolute; we may choose one or more of a variety of characteristics to identify a group of people as having a common culture. We may, for instance, speak of natives of California, Nebraska, and New Hampshire as being from different regional cultures (West Coast, Midwest, and New England); we may identify each of them as a member of an urban or rural culture, or as a member of a Jewish or Irish culture; we may speak of them all as members of a broader Western culture. Although scholars disagree as to which of these designations may properly be said to be a cultural group, to a certain extent all of them are.

Culture is a way of life developed and shared by a group of people and passed down from generation to generation. It is made up of many complex elements, including religious and political systems, customs, and language as well as tools, clothing, buildings, and works of art. The way you dress, your relationships with your parents and friends, what you expect of a marriage and of a job, the food you eat, the language you speak are all profoundly affected by your culture. This does not mean that you think, believe, and act exactly as everyone else in your cultural group. Not all members of a culture share all its elements. Moreover, a culture will change and evolve over time. Still, a common set of characteristics is shared by the group at large and can be traced, even through great changes, over many generations.

Culture As Learned

A popular cartoon that appeared during a period when many Americans were adopting Vietnamese War orphans depicted a woman announcing to her husband that the daughter they had adopted as a Vietnamese infant had spoken her first words that day. "English or Vietnamese?" he asked. Language, like culture, is so much a part of us that we tend to think of it as genetically transmitted, like the more physiological characteristics of race and nationality. As we attempt to communicate with people from other cultures and reconcile our differences, it is important that we remember culture is *learned*.

Because culture is learned, not innate, an infant born in Vietnam of Vietnamese parents but brought to the United States and raised as an American will be culturally an American. Because culture is learned, it also changes as people come into contact with one another or as their experiences change their needs. *The Covenant*, a novel by James Michener, describes how various cultural groups in South Africa changed as they came in contact with one another. Influenced by the demands of the new world and by their contact with the tribes who were there before them, the early Dutch settlers and their descendants became a separate cultural group, distinct in their way of living and speaking, from the Dutch in the homeland they had left behind them.

Some of the reasons people have so many problems communicating across cultural boundaries is suggested in this definition of culture:

A culture is a complex of values polarized by an image containing a vision of its own excellence. Such a "tyrannizing image" takes diverse forms in various cultures such as "rugged individualism" in America, an individual's "harmony with nature" in Japan, and "collective obedience" in China. A culture's tyrannizing image provides its members with a guide to appropriate behavior and posits a super-sensible world of meaning and values from which even its most humble members can borrow to give a sense of dignity and coherence to their lives. (Cushman and Cahn, 1985, p. 119)

In a sense, then, it is the culture that provides a coherent framework for organizing our activity and allowing us to predict the behavior of others. People from other cultures who enter our own way may be threatening because they challenge our system of beliefs. In the same way, we ourselves may become threatening to others as we enter a foreign culture and challenge the cultural foundations of their beliefs.

Distinctions among Cultures

Differences between two cultural groups range from the slight to the very dramatic. The culture of the Yanomami people, a Stone Age tribe in Brazil, has little in common with the highly industrialized cultures of Japan or the United States. Many Americans, with their heritage of sympathy for union organization and antipathy toward big business, are amazed at such Japanese work customs as employees' beginning the day by singing a company song and the expectation that employees will stay with one company for life.

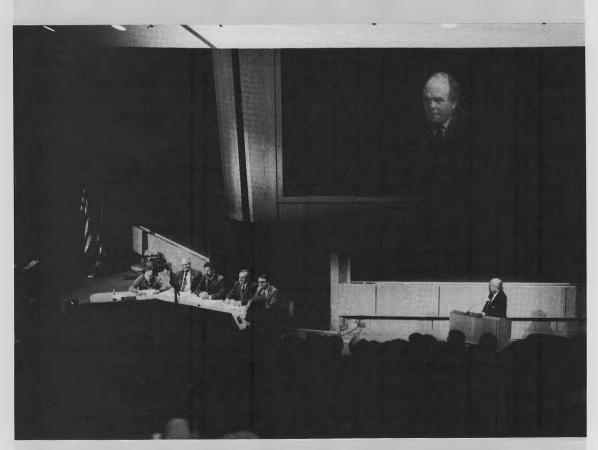
In recent years many Europeans and Americans have been shocked by the continuing Islamic death threat against novelist Salman Rushdie because of his novel *Satanic Verses*. The book outraged followers of Islam, who considered it blasphemous. Rushdie, a British subject, has lived in hiding since 1989.

Radical differences among cultures usually occur when there has been little exchange between them or, in some cases, with other cultures in general. What distinguishes one cultural group from another, however, is not always so evident. A New Yorker and a Californian will have cultural differences and similarities. Both may celebrate Thanksgiving and the Fourth of July with much the same sense of tradition associated with those holidays. On a dayto-day basis, however, they are likely to eat somewhat different foods, although probably with the same kind of utensils. They are likely to speak the same language but with different accents and a few different words or phrases. Both will speak more or less the same language as people who have always lived in England and Ontario, and they may even share many of the same values, but cultural differences are likely to become more evident as the Americans, Canadians, and British communicate with one another. Similarly, differences among cultures do not occur abruptly at regional or national borders but gradually, over a range (Samovar and Porter, 1991*a*).

Means of Intercultural Communication

Because of the technological innovations of the last two decades, writes Gergen, "contemporary life is a swirling sea of social relationships" (1991, p. 61). In that sea we must place the growing number of intercultural relationships. A dramatic increase in intercultural communication has come about primarily through high-tech developments in both aviation and electronic communication networks.

Consider first the extraordinary rise in our use of air transportation. Once an experience for the privileged few, international air travel is now routine and accessible to millions. We vacation in foreign capitals, we attend professional conferences and trade fairs, we fly to business meetings. Students in high school as well as college participate in study-abroad programs. Members of the scientific community attend international conferences on medical and



New technology is creating many opportunities for intercultural communication for example, this "spacebridge" class with simultaneous translation between Tufts University and the University of Moscow. environmental issues. Tourist groups from Europe and Asia are a common sight in large American cities.

We have come to take for granted the use of telephone, radio, newspaper, books, wireless services, and network television. Now satellite technology has brought the immediacy of political events into our homes—whether it be in the unprecedented coverage of the Gulf War by CNN or in the televised images of Bosnia's suffering people. As we saw in Chapter 12, the expansion of a vast electronic communications network has linked peoples of the world many times over. And the technologies of computers, electronic mail, teleconferencing, and fax, we are told, are only the beginning.

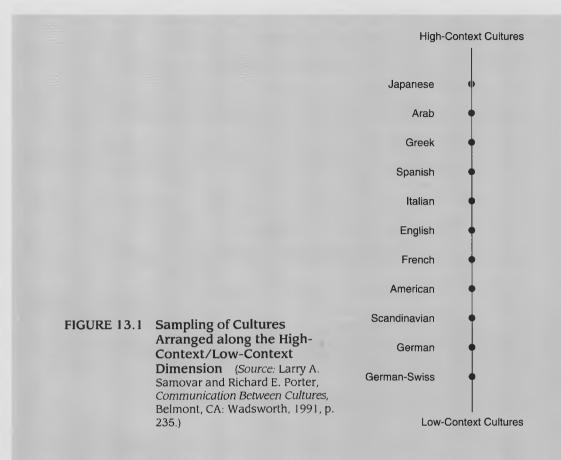
OBSTACLES TO INTERCULTURAL COMMUNICATION

Although modern means of travel and communication have brought us into contact with virtually the whole world, the technical capacity to transmit and receive messages is not, in itself, enough to allow people who have vastly different cultures to communicate with one another. Dramatic improvements in the technological means of communication have in many instances outstripped our abilities to communicate effectively with people who have different languages, different beliefs and values, and different expectations of relationships. Repeatedly, interaction between people of different cultures has created far more misunderstanding than understanding.

Of the many principles used by theorists to describe the communication process, several clearly apply to intercultural exchanges. The first is a shared code system, which of course will have two aspects—verbal and nonverbal. Sarbaugh (1979) argues that without such a shared system, communication will be impossible. There will be degrees of difference, but the less a code system is shared, the less communication is possible.

In his work anthropologist Edward Hall makes the distinction between high- and low-context cultures (1976). We can think of them along a continuum as, for example, in Figure 13.1. High- and low-context cultures have several important differences in the way information is coded. Members of **high-context cultures** are more skilled in reading nonverbal behaviors "and in reading the environment"; and they assume that other people will also be able to do so. Thus they speak less than members of low-context cultures; and in general their communication tends to be indirect and less explicit. **Lowcontext cultures** on the other hand, stress direct and explicit communication: "verbal messages are extremely important . . . and the information to be shared is coded in the verbal message" (Samovar and Porter, 1991b, pp. 234– 235; Gudykunst and Kim, 1992, pp. 44–45).

Among members of high-context cultures are the Chinese, Korean, and Japanese. Notice our own position in Figure 13.1—within the low-context end of the spectrum, yet not at the very bottom. In comparing Americans with



Malays and Japanese, Althen offers a clear example of the high-context/low-context dimension:

Americans focus on the words people use to convey their ideas, information and feelings. They are generally quite unskilled in "reading" other people's non-verbal messages. "Oh, you Americans!" said an exasperated Japanese woman who was being pressed to express some details about an unpleasant situation, "You have to say everything!" (Althen, 1992, p. 416)

Second, different *beliefs and behaviors* between communicators establish the basis for different assumptions from which to respond. In fact, our own beliefs and behaviors influence our perceptions of what other people do. Thus two people of different cultures can easily attribute different meanings to the same behavior. If this happens, the two behave differently with neither being able to predict the other's response. Yet as we saw in Chapter 7, predictions are an integral part of being able to communicate effectively. Writing of his trip to East Africa, American essayist Edward Hoagland described how Gabriel, who was from the Sudan, served him a drink:

Gabriel explained that it was his duty as a host to make me want to share with him whatever he had. I suggested that it was foolish for us to argue about the nature of hospitality in our two countries. . . . This sufficed for a while, but because I was not drinking my share of the sherry he became agitated again that I was not participating in the ritual of being his guest. I didn't know whether the way he knitted his forehead was from a host's unease, from empathy with my discomfort with . . . [my] headache, or from real twinges of a kind of pain of his own. (1979, p. 213)

A third principle discussed by Sarbaugh that has important implications for intercultural communication is the *level of knowing and accepting the beliefs and behaviors of others*. Notice that there are two components: knowledge and acceptance. It isn't so much the catalogue of differences—that is, the knowledge of such differences—that creates a problem. It's also the level of your acceptance. For example, writing about a tribe of African hunters called the Ik, anthropologist Colin Turnbull tried to come to terms with his own feelings of repulsion. The Ik, he knew, were uprooted hunters and the violent way they now lived—stealing each other's food, killing, and so on—could be explained by the fact that their entire society had been uprooted. Turnbull *knew* a great deal about the beliefs and behaviors of the Ik, but he could not *accept* the people of that culture. As an anthropologist, however, he still brings to his perceptions a certain objectivity—simply in declaring his responses.

The degree to which we judge a culture by our own cultural values and refuse to consider other cultural norms will determine how likely it is that effective communication takes place. At one extreme, we have participants in a transaction who both know and accept the beliefs and behaviors of others; at the other, we have those who neither know nor accept. And in this instance the probability of a breakdown in communication is extremely high (Sarbaugh, 1979).

Adopting a shared code system, acknowledging differences in beliefs and behaviors, and learning to be tolerant of the beliefs and behaviors of others all contribute to effective communication.

American anthropologist Mary Catherine Bateson tells of visiting her husband's family in Beirut on her honeymoon and being frustrated because, although she spoke to them in Armenian, her in-laws kept responding in English:

Then, on the fourth or fifth day of our visit, his mother set out to make *chee kufta*, a dish in which finely ground lamb is kneaded at length with bulgur wheat, parsley, and onions until the raw meat simply disappears into the wheat. It's one of those dishes, shaped by their mother's hands, that sons go home to eat. Greatly daring, I went into the kitchen and

took over the kneading. After that day, my in-laws began to answer me in Armenian, the handling of the meat and grain and the sharing of what I had prepared having transformed me into a different person. . . . (1990, p. 126)

Verbal Messages

The European Community's translation service in Brussels recently held an exhibition of signs that had been translated into English with some hilarious results including "Please leave your values at the front desk" (from a Paris hotel) and "Our wines leave you nothing to hope for" (this from a Swiss restaurant) (Goldsmith, 1992, B1). On a personal level, learning a foreign language improperly, even if just a few words are involved, can create immediate difficulties. For example, a Japanese businessman who was transferred to the United States explained his frustration in trying to find affordable housing; he kept asking about renting a "mansion," the word he had been taught instead of "apartment."

Language differences can go much deeper than simple translation ambiguities, however. Have you ever asked someone to translate a word from another language to you, only to have him say "Well, it doesn't translate into English exactly, but it means something like . . ."? As we saw in our discussion of the Whorf hypothesis in Chapter 3, languages differ more than strict wordfor-word translations often indicate because the people who speak the languages have different needs.

Even when we can manage to translate from one language to another with literal accuracy, the deeper meanings are often lost because they are rooted in the culture of the language. Consider the following description of how the failure to understand the deeper meanings of words may interfere with communication between people who do not share a culture:

There may be no better example to illustrate cultural mistranslation than the word *Red*. To Westerners "the Reds" conjures up images of blood, fire, fierceness, e.g., *red with anger*, . . . *seeing red*, but the Russian translation *krasnyi* has a different aura. For example, to a Russian

krasnyi = beautiful pryekrasnyi = exquisite krasnaya ryiba = fine fish (e.g., salmon) krasnoye zoloto = pure gold ("red" gold) krasna devitza = beautiful girl

Rather than Red, a far, far better symbolic translation of this word into English is Golden, as in a Golden opportunity, ... The Golden Age, etc.

No doubt a Russian might translate this word back into Russian to mean "the color of money!" . . .

I was once highly embarrassed when using our common term *Red Indian* (American Indian, in British usage) to an American audience, some of whom took it to refer to an Indian communist. Colors are no more translatable than words. (Cherry, 1971, pp. 16–17)

Literal translations from one language to another often create misunderstandings because they do not account for culture-based linguistic styles. The elaborate style used in Arabic with its rhetoric of exaggeration, compliment, and multiple extended metaphors is puzzling to those unfamiliar with it. Even a yes-or-no answer can be misconstrued:

An Arab feels compelled to overassert in almost all types of communication because others expect him to. If an Arab says exactly what he means without the expected assertion, other Arabs may still think that he means the opposite. For example, a simple "No" by a guest to a host's request to eat or drink more will not suffice. To convey the meaning that he is actually full, the guest must keep repeating "No" several times coupling it with an oath such as "By God" or "I swear to God." (cited in Gudykunst and Ting-Toomey, 1992, p. 227)

You can also get an inkling from this of how an Arab might interpret a single succinct "No" from someone speaking in English.

A grasp of the subtleties in language style is particularly important in matters of diplomacy. For example, Sir Hamilton Gibb of Oxford University suggests that "the medium in which the aesthetic feeling of the Arabs is mainly ... expressed is that of word and language—the most seductive, it may be, and certainly the most unstable and even dangerous of all the arts" (cited in Kaplan, 1992, p. 41). In general, many career diplomats feel that our embassies need more foreign service officers proficient in foreign languages—particularly Arabic (p. 61).

When two cultures vary widely in their perceptions of how language functions in communication—and certainly this is true of high- and lowcontext cultures—there may even be differences in how the very act of *asking* a question is evaluated. For example, the person asking a question may think it necessary and innocuous; the person being asked may be offended and even avoid telling the truth. In Japanese business transactions, for example,

one avoids the direct question unless the questioner is absolutely certain that the answer will not embarrass the Japanese businessman in any way whatsoever. In Japan for one to admit being unable to perform a given operation or measure up to a given standard means a bitter loss of face. Given a foreigner so stupid, ignorant, or insensitive to ask an embarrassing question, the Japanese is likely to choose what appears to him the lesser of two evils. (Hall and Whyte, in Mortensen, 1979)

Nonverbal Messages

Kurt Vonnegut, in his novel *Jailbird*, describes a woman attempting to interview a refugee of undetermined national origin. She tries a number of languages, looking for one they might have in common, and as she changes from one language to another, she changes her gestures as well.

Nonverbal communication systems vary from culture to culture just as verbal systems do, but we often overlook the symbolic nature of nonverbal systems. Many American travelers abroad have been embarrassed when they discovered that the two-fingered gesture they use to mean "Give me two" is assigned a different, obscene meaning in many countries. They have also been mistaken when they assumed that a nod always means yes. In some countries, a nod means "no"; in others a nod, or yes, simply indicates that a person understood the question. In this country, the gesture for "okay" is made by forming a circle with the thumb and forefinger while the other fingers are held up. But in France this gesture means "you're worthless," and in Greece it's a vulgar sexual invitation (Ekman et al., 1984).

Confusion in nonverbal indicators may be much more complex. In Chapter 4 we considered some of the different ways that cultures regard such nonverbal factors as the use of time and space. As we discussed then, we rely on nonverbal cues to give us information about the meaning we are to assign to a verbal message. Because we often interpret these nonverbal cues unconsciously, the message received is often very different from the one the speaker intended.

As we noted in Chapter 4, vocal cues such as volume are used differently in different cultures. In the Arab countries, men are expected to speak loudly to indicate strength and sincerity, at a volume that Americans consider "aggressive, objectionable, and obnoxious." A Saudi Arab may also lower his voice to indicate respect to a superior. In an exchange between an American and an Arab, the confusion of signals is likely to be disastrous. If the Arab speaks softly to indicate respect, the American is likely to raise his voice, because in *his* culture, one asks another person to speak more loudly by raising one's own voice. The Arab, thinking the American is suggesting that he is not being respectful enough, will lower his voice even more. The American responds by raising his voice again, and the cycle continues until the American is shouting and the Arab is no longer audible. "They are not likely to part with much respect for one another" (Hall and Whyte, in Mortensen, 1979, pp. 408–409).

The expression of emotion is also regulated by culture. For example, a gesture that Americans often misunderstand is the Japanese smile, cultivated for use as a social duty in order to appear happy and refrain from burdening friends with one's unhappiness. There are several cross-cultural studies of attitudes toward the display of emotion. For example, one study of people in England, Italy, Japan, and Hong Kong (Argyle et al., 1986) found that the Italians and the English allow more expressions of distress and anger than the Japanese. In fact, another study found that Japanese children are slower than North American children to identify anger—probably because "Japanese are

socialized from an early age to avoid the expression of emotions like anger" (Gudykunst and Ting-Toomey, 1988*a*, p. 386). Moreover, it seems that in some cultures the display of emotions is limited to emotions that are "positive" and do not disturb group harmony (p. 396).

One aspect of a shared code system that contributes to the smooth flow of conversation and ultimately to understanding is **synchrony**, *the sharing of rhythms* (Gudykunst and Kim, 1992; Douglis, 1987). When people speak, they develop a rhythm, a dancelike beat that emphasizes and organizes meaning during conversation—a phenomenon to be observed between family members, friends, and lovers—even business associates. It is during a beat or stress that a speaker will often reveal important information or introduce a new topic into the conversation. It seems that timing in conversation can be affected even by a few microseconds and speakers who stay in sync not only have better understanding but a better relationship.

This rhythmic pattern is also seen in the nonverbal behavior that accompanies conversation: Speaking patterns are accented by nonverbal gestures and movements that follow the beat. But when two people are from different cultures or linguistic backgrounds, even their expectations for speech rhythms and nonverbal behaviors may be vastly different. Consciousness about synchrony also seems to vary from culture to culture. Hall has found people from Northern Europe and North America less aware of such rhythms than people from Asia, Latin America, and Africa:

The fact that synchronized rhythmic movements are based on the "hidden dimensions" of nonverbal behavior might explain why people in African and Latin American cultures (as high-context nonverbal cultures) are more in tune and display more sensitivity toward the synchronization process than people in low-context verbal cultures, such as those in Northern Europe and the United States. (Gudykunst and Ting-Toomey, 1992, p. 281)

Relationships: Norms and Roles

Cultures also vary in the contexts in which verbal and nonverbal systems are used. When we think of making friends with a foreign student or of working with people abroad in business situations, it is important to remember that personal and working relationships are not the same and do not develop the same way in every culture. People in different cultures expect different behaviors from one another in a relationship. One culture's friendly gesture might be considered aggressive or impertinent in another culture, for example, while a gesture of respect or deference might be interpreted as inappropriate reticence or as defiance, depending on the cultural context.

Norms

Norms, as we discussed in Chapter 7, are established rules of what is accepted and appropriate behavior. Although we often use these rules as if

they are absolute or instinctive standards, they are actually culturally developed and transmitted. If you grew up in the United States, for instance, you were probably taught to "speak up" clearly and to look at a person who is speaking to you, and that mumbling and looking away when someone addresses you is disrespectful. These norms would seem natural and logical to you, but not all cultural groups interpret these behaviors as good manners. We have already seen that people in some cultures drop their voices as an indication of respect and deference. White American police officers patrolling Hispanic neighborhoods have often misinterpreted a similar gesture: Hispanic children are taught to lower their eyes, as a gesture of respect, when a person in authority addresses them. The police, who had been brought up with opposite norms, interpreted the gesture as sullen and resentful, and reacted accordingly.

"A smile is the same in any language," is a saying that was popular a few years ago and that still shows up occasionally. In fact, though, a smile and related attempts to be friendly are interpreted in cultural contexts. An American student's smile of greeting to a non-Western student might be interpreted as superficial, sexually suggestive, or even rude; the American student, in turn, is likely to interpret the other's failure to return the smile as unfriendly or even hostile (Samovar and Porter, 1991a, pp. 346–347).

Understanding conflict norms becomes particularly important when a disagreement seems to be brewing between two people from different cultures. Sillars and Weisberg (1987) identify at least two important variables that distinguish how members of a given culture view interpersonal and family conflicts: (1) expressivity, and (2) privacy and individuality.

Even in this country there is considerable cultural variation in the amount of emphasis placed on expressive communication about conflict. Studies have shown that "North American and Black American males may regard deep personal feelings as too personal to express openly"; that Jews frequently value discussion and analysis so highly that by "mainstream" standards they may seem argumentative; that Irish families in family therapy dealt with conflicts through allusion, sarcasm, and innuendo rather than engage in verbal confrontations. In each instance we see a set of assumptions about what constitutes conflict and how it should be negotiated or resolved—or perhaps ignored.

One reason we cannot apply the expressive norms of mainstream America to other groups is that so many cultures place far less value on individual selfdisclosures. Talking about feelings and being open about one's dissatisfactions—even with a member of your family, for example—is not always considered appropriate behavior, and many of the suggestions for resolving conflict mentioned in Chapter 6 would be difficult to apply to intercultural contexts. In fact, in many cultures keeping problems to oneself is strongly favored, and a stoic attitude often develops. For example, in working-class families, problems are frequently regarded as "lying outside the family and within the realm of natural economic, social, and biological conditions that are futile for the family to address. Thus [family members] may adopt a passive problem-solving style that emphasizes family cohesion over active problem solving" (p. 159).

The direct expression of conflict is also considered inappropriate in cultures that deemphasize explicit verbal coding of information and pay more attention to subtle cues and indirect messages. In such cultures, discretion and indirectness are the norms for dealing with conflict, and they of course are upheld and understood by members. This is true, as we have seen, of the Chinese and Japanese (Chapter 6). So while we might perceive the indirect treatment of conflict as cowardly, members of another type of culture might view our more confrontational approach as lacking in taste (Gudykunst and Ting-Toomey, 1988*b*, p. 160).

Cultural norms about privacy and individuality are equally variable. In the two-person and familial relationships of mainstream America, a great deal of autonomy is expected—especially among the middle class. Thus during a conflict, advice from friends and others outside the immediate family may be looked upon as an infringement of privacy. They are certainly not expected to intervene. In extended families, however, there is a more public aspect of relationships: "Because extended networks promote communal and traditional norms, there are more definite guidelines for resolving conflicts" (p. 161). There are even times when conflicts are settled not through personal communication but through the intervention of a third party. In Japan this is sometimes the case.

According to Sillars and Weisberg's survey of research, emphasis on cooperation, affiliation, and dependence is stressed by such groups as Africans, Native Americans, Asians, West Indians, Japanese, Mexicans, Mormons, and Catholics. Their norms dictate that some conflicts will be minimized or even solved indirectly for the good of the group. For example, in the tribal meetings of Native Americans or native Alaskans, it is expected that the individual will put group goals before personal ones and reach consensus (pp. 160–162). Sometimes the mainstream American ideal of agreeing to disagree becomes "an impractical and even undesirable goal" (p. 162).

Roles

Roles, as we discussed in Chapter 7, are sets of norms that apply to specific groups of people in a society. Roles, too, vary markedly among cultures. Differences in the respective roles of men and women may represent some of the most apparent cultural differences in human relationships: how unmarried couples should behave and whether they should be chaperoned, how men and women should behave toward each other in business situations, what a husband's and wife's responsibilities are to one another and to their respective families.

Researchers from several disciplines acknowledge that dual-culture marriage is different from a marriage in which both partners share a common culture. For example, there are cultural differences in decision-making power and self-disclosure patterns, and there is general agreement that there is less use of self-disclosure among northern Europeans than among people from Mediterranean cultures. "Perhaps," writes Rohrlich, "what is lacking is a set of Johari windows . . . which graphically depict the amount of open, blind, hidden and unknown areas of disclosure representative of cultures" (1988, p. 41). The author stresses that to marry someone from another culture is, in effect, marrying that culture. When one spouse fails to communicate interest or assumes that the other is not attached to his or her culture, there may be serious problems. In this view, an awareness of cultural differences must precede the development of appreciation and sensitivity: "The cultural difference is what makes the fabric of the marriage more varied, interesting, and richer" (p. 42).

Many other roles are dictated culturally. For example, the director of a conversant program (a program in which foreign students learning English were matched with native-speaking American students for informal practice in the language) at a major U.S. university routinely cautioned American women students not to meet their male Algerian conversants alone in their homes because their (the Americans') intentions would be misconstrued.

Many international students who come to this country for graduate study support themselves with jobs as teaching assistants. In interviews with graduate students (TAs) from England, Thailand, Japan, and China, Ross and Krider (1992) found how different their expectations are about the roles of teacher and student and about procedures in the classroom. For example, the assistants were not prepared for the degree of verbal interaction between student and teacher that takes place in the American classroom. Although all thought this to be positive, some felt challenged. One teaching student said:

I felt that sometimes with their comments, I was being made fun of and not taken seriously.... I always felt like they were trying to test my knowledge base with all their questions. (p. 284)

Accustomed to far greater formality in the university, assistants were also surprised to see students eating and drinking during class though some seem to have grown accustomed to the practice.

Beliefs and Values

Even if you've never traveled outside of the United States, you have heard stories about how American politicians and presidents have inadvertently insulted Polish or Latin American audiences when trying to speak to their audiences in the unfamiliar languages. Movies and television shows provide a glimpse of many ways of life, including the roles and norms of Hawaiian-American, Asian, Native American, and numerous other cultures. Although the portrayals are not always accurate, they help to give us a sense of some cultural differences. It is much more difficult to comprehend and accept the values of another culture when they differ from our own. More than any other aspect of the culture taught us from birth, our values seem to be universal absolutes. Values determine what we think is right, good, important, beautiful; we find it difficult to accept that what is right or good is as relative to culture as the word for "book" or "stove," or as the way our food is prepared or our clothes are made. It may be difficult for a Westerner to adjust to the combinations or seasonings of an unfamiliar Middle Eastern or Asian cuisine. It is even more difficult to accept that some cultures eat plants or animals that we do not classify as food, and still more difficult to understand why, in the face of mass starvation in India, cattle wander the streets unrestrained, protected by religious taboos. People of other cultures, meanwhile, may be appalled at Americans' willingness to eat meat, or at the casualness with which we often have meals "on the run," without ceremony.

Nonetheless, living in another country over a long period of time sometimes leads to changes in value systems-particularly when people do not remain insulated within their own cultural group. In a recent study DiMartino (1991) examined the effect of culture on moral values—specifically, through the interpretation of moral and conventional dilemmas. Her subjects, Sicilian-American men and women, had all come to the United States as young adults. She found that the women relied more on reasoning and used more moral than conventional adjectives in their interpretations whereas Sicilian-American men seemed to "retain the thinking patterns acquired as children in Sicily" (p. 318). DiMartino explains that while the men seemed to have stayed within a "cultural cocoon," spending all their leisure and work time with other Sicilian Americans, their wives-because of their involvement with children and community-negotiated two different social systems and thus had to develop other values and moral standards (p. 318). In fact, these women often complained "that their husbands were too conservative and too tied to the 'old' ways" (p. 318).

Other recent cross-cultural research suggests that sometimes our system of beliefs and values can improve our ability to adapt to living in another country. A study of Tibetan refugees who resettled in India shows that they have been extremely successful in adjusting to their new environment and have made many economic and social gains. Mahmoudi (1992) found that Tibetan views and institutions concerning religion, government, economics, and education were critical to their adjustment. Most important, it seems, was the sense of community engendered by Tibetan religious beliefs:

Mahayana Buddhism provides the Tibetans not only with a design for living but also with a rather positive, industrious, pragmatic, and balanced view of life....

[For the Tibetans] actions promote life affirmation based on the good deeds performed by the individual and the community. The Tibetan Buddhism worldview promotes a "can do" attitude with a healthy dose of cheerfulness. (p. 23) Mahmoudi believes that Tibetans can provide a model for other international refugee populations.

BARRIERS TO INTERCULTURAL UNDERSTANDING

We cannot learn another language by simply memorizing its vocabulary and grammatical structures. A language is a complex system, intricately related to culture, and it cannot be mastered by simple substitutions. Nor can we master a culture by memorizing a list of symbols, norms, and values, even if it were possible to memorize all of them. The meaning of "red" and "gold," the proper amount of time to devote to a business transaction, the appropriate way to behave toward a person in authority—these are not isolated factors; they are all part of the intricate pattern of a culture (Hall, 1959, pp. 99–105). Learning aspects of a given culture, therefore, will not allow you to understand that culture in the same way you understand your own.

The book Blue Collar Worker, by John Coleman (1974), illustrates some of the difficulties of understanding another culture. Coleman, a university president, spent some months working at a number of menial jobs, including collecting garbage, digging ditches, and working in a restaurant kitchen. Although the jobs and his contact with the people he worked with (none of whom knew he was a university president) taught him a great deal about the way of life of an unskilled worker, his understanding was ultimately very limited. He lived on his wages from his blue-collar jobs, but his salaries from the university and from the companies on whose boards he served supported his family, paid his children's tuitions, and met his insurance payments; as a result, he had no firsthand experience of living on an unskilled worker's pay. He learned how a garbage collector is supposed to act and how his supervisors, coworkers, and the people whose garbage he collected behaved toward him, but the roles he played ultimately had little effect on his self-concept because when his leave from the university ran out, he would go back to his job as university president. In many ways, Coleman was never "really" a blue-collar worker.

If you have spent summers in an unskilled job in a restaurant or factory, you may have noticed that the summer-employed college students and the more regular, full-time employees tend to form separate groups at lunchtime and after work. Although both groups of people hold similar jobs at the same place, they generally feel they have little in common. If you are returning to school after some years of working in or outside your home, you may feel quite isolated from the younger students around you, at least at first. You probably feel that you have very different ways of life outside of class, different roles in your families, different ways of spending your leisure time, and different expectations of your education. Not all these differences are necessarily cultural, but in both cases, the groups of people are divided by more than a collection of differences; their entire ways of life are different. The more diverse two cultures are, the wider the division between their people, and the less they can come to really understand one another. Coleman's blue-collar coworkers shared, in most cases, Coleman's language, many of his social and political values, and the same national heritage, yet Coleman could never understand what it was to be a blue-collar worker. The division between cultural groups who have less contact with one another is likely to be greater and even more difficult to reconcile. As much as a native United States citizen of non-Asian heritage may study Korean culture, for example, he or she can never really understand what it is to be brought up in that culture.

Ethnocentrism

We are not aware of the many aspects of our culture that distinguish it from others; in fact, many of the aspects of communication and culture discussed in this book came to be recognized not through the direct study of communication but through the study of other cultures. Culture, as Hall (1976) describes it, "can be understood only by painstaking or detailed analysis." As a result, a person tends to regard his or her own culture "as though it were innate. He is forced into the position of thinking and feeling that anyone whose behavior is not predictable or is peculiar in any way is slightly out of his mind, improperly brought up, irresponsible, psychopathic, politically motivated to a point beyond all reason, or just plain inferior" (p. 38).

The tendency to judge the values, customs, behaviors, or other aspects of another culture "using our own group and our own customs as the standards for all judgments" is ethnocentrism. Because culture is unconscious, it may be inevitable that we regard "our own groups, our own country, our own culture as the best, as the most moral" (Samovar and Porter, 1991a). Psychologist Roger Brown (1986) puts it another way: "It is not just the seeming universality of ethnocentrism that makes us think it ineradicable but rather that it has been traced to its source in individual psychology, and the source is the individual effort to achieve and maintain positive self-esteem. That is an urge so deeply human that we can hardly imagine its absence" (p. 534).

An Australian-born historian recalls her visit to England after graduating from the University of Sydney and writes of weekend visits with her English hosts:

They could not have been kinder, but I resented their air of superiority toward Australians. . . . I came to wait for the ultimate compliment which could be counted on by Sunday breakfast. I knew the confidential smile and the inclination of the head would be followed by "You know, my dear, one would hardly know you were not English." I couldn't control the irritation produced by such accolades, and would usually begin by telling preposterous stories about life in the outback to emphasize how different I was. (Conway, 1990, p. 206) In a recent study of intercultural anxiety, Stephan and Stephan (1992) looked at a group of American college students who had been in Morocco on a four-day visit. One finding was that students who tested high in ethnocentrism tended to have a higher level of anxiety. The researchers used these six statements to measure ethnocentrism, asking students to rate each response on a ten-point scale from strongly disagree to strongly agree:

- 1. Americans have been very generous in teaching other people how to do things in more efficient ways.
- 2. English should be accepted as the international language of communication.
- 3. Primitive people have unsophisticated social and political systems.
- 4. The fact that America was able to put a man on the moon is evidence of America's technological superiority.
- 5. Minority groups within a country should conform to the customs and values of the majority.
- 6. In many countries people do not place a high value on human life—to them, life is cheap. (Adapted from p. 93)

It seems that, to some degree, every group teaches its members to be ethnocentric.

Hall (1976) believes that ethnocentrism complicates intercultural communication even when both parties in the interaction attempt to keep open minds:

Theoretically, there should be no problem when people of different cultures meet. Things begin, most frequently, not only with friendship and good will on both sides, but there is an intellectual understanding that each party has a different set of beliefs, customs, mores, values, or whathave-you. The trouble begins when people start working together, even on a superficial basis. Frequently, even after years of close association, neither can make the other's system work! . . . Without knowing it, they experience the other person as an uncontrollable and unpredictable part of themselves. (p. 210)

Stereotyping

As discussed in Chapter 2, we tend to impose stereotypes on groups of people, which limits our communication with those groups. It is almost impossible for us *not* to stereotype a group of people with whom we have no personal contact; furthermore, without personal contact, it is almost impossible for us to dispel the stereotypes we acquire about the group. We saw in Chapter 2 that stereotypes are inadequate because they are generalizations based on limited experience. Certainly, the sources of our information about people of different cultures are often inaccurate. For example, Driessen (1992) writes about the stereotyping of people from Mediterranean cultures:

The stereotype of the excessively gesticulating Spaniard linked to his spontaneous, emotional, quick-tempered and high-spirited disposition . . . persists in the images of Spain created by the tourist industry but also surfaces in recent ethnographies. (p. 242)

Gumpert and Cathcart (1984) identify our main source of information about foreigners as television. According to their finding, the stereotyped images from the media even influence our face-to-face interaction with people of other cultures. Along with French and Japanese teams, the two researchers conducted a cross-cultural study of television stereotyping of American, French, and Japanese people.

Recently, content analyses (Dominick, 1993) show that Arab men tend to be presented on television by one of three negative stereotypes:

(1) terrorists (although only a miniscule amount of real Arabs fit this category, it is prevalent in the media); (2) oil sheik (not too many fit in here either); and Bedouin desert nomad (only 5 percent of Arabs in real life are Bedouin). (p. 515)

Theorists emphasize that in addition to creating expectations about how people will behave, stereotypes often set in motion self-fulfilling prophecies because we act on information we believe to be true (Hamilton et al., 1992). This is especially the case in intercultural communication, where our information about others tends to be so limited.

EFFECTS OF INTERCULTURAL COMMUNICATION

Effects on the Individual

Although intercultural communication increasingly affects the world we live in, most scholars agree that the obstacles to intercultural communication and understanding will probably always mean that little of that communication will occur at a personal level. Travel is easier and more feasible economically than it was for our parents and grandparents, for example, but few people travel extensively enough to have much personal acquaintance with people of other cultures. Even within our own country we tend to stay within our own groups and subgroups. Today the needs and desires of people of many groups to affirm and preserve their cultures are reflected in demands for more bilingual education, multicultural programs and curriculums, and textbooks that better represent all cultural contributions to our literature and history. Among the swelling immigrant population in this country's largest cities we find ethnic groups clustering in their own neighborhoods. New York, for example, has its Russian, Korean, and Indian sections, as in "Little Bombay," a densely packed area with row on row of stores stocking Indian spices, saris, videos, newspapers—every imaginable evidence of this thriving culture.

For anyone who reads books and newspapers, who watches television and is concerned with international events, the world has grown larger. The mass media have brought us images of Chinese students demonstrating in Tiananmen Square, the events leading up to the dismantling of the Soviet Union, and a starving Somalian population. We can no longer escape knowledge of world hunger or turn away from the impact of international events.

Although it is often assumed that international understanding increases as a result of cultural and educational exchanges over an extended period of time, scholars believe that this hoped-for goal must be demonstrated empirically. Thus there have been several studies of student exchange programs. For example, Rohrlich and Martin (1991) studied the adjustment of U.S. college students to studying abroad as well as their readjustment to returning home; they found women to be more satisfied than men upon returning, perhaps because their life-style at home was more independent than when living with a host family (pp. 178-179), Another investigation (Carlson and Widaman, 1988) compared 450 students from the University of California who spent their junior year studying at a European university (Sweden, Spain, France, the Federal Republic of Germany, Italy, and the United Kingdom were the countries involved) with students who remained on campus during the junior year. At the end of the school year, the study-abroad group had higher levels of cross-cultural interest, international political concern, and cultural cosmopolitanism. And when compared with students who remained at home, students who studied abroad also reported significantly more positive and more critical attitudes toward their own country (p. 14)-a finding consistent with earlier research. So relatively long-term study abroad may contribute to more favorable attitudes and increased international understanding, but there is still much to be learned about how such attitudes develop.

Social and Political Effects

We are no longer limited to being members of our own small community; we are citizens of the world as well, affected by political, economic, and social changes. Communications, banking, and manufacturing have become increasingly international. Companies that deal in many commodities usually have offices, factories, and distributors in several countries or all over the world. As a result, the economies of the world's nations have become more and more intertwined, and the goods available in the nations that trade freely are drawn from the world at large. American companies have built plants and oil wells and in doing so created jobs in other countries. Similarly, companies from many parts of the world have created jobs for people in the United States. There have been multinational manufacturing efforts, and consortiums involving goods and services of every kind. Airbus Industrie, for example, is a consortium made up of the English, the French, the Germans, the Spanish, and the Dutch. Now, that joint venture may be extended to include the United States—and perhaps other international partners: In 1993 Boeing and Airbus agreed to explore the possibility of building an 800 passenger "superjumbo" airliner.

Not all the implications of an international economy are positive, however. When Iraq invaded Kuwait in 1990, for instance, there was much concern that the world's oil would be restricted and increasingly subject to Iraq's political actions. Economic problems in many areas of the world have resulted in repeated incidents of racial and ethnic conflict. Following several years of



No amount of information we read about intercultural communication can substitute for face-to-face encounters with people of other cultures and backgrounds.

recession and widespread unemployment, U.S. attitudes toward Japan have become extremely negative with Japan bashing characterized by one writer as "the national sport" (Krauthammer, 1992), and in the last few years a number of books have been published that many critics feel demonize the Japanese.

Yet our interdependence is clear. The United Nations, one of the most famous international organizations, is far more than a forum for political debate. Like many other international agencies, it deals actively with "the mechanics of living," such as the needs for food, health care, and education in many countries. International organizations also work on behalf of international refugees who, according to U.N. statistics, number between 15 and 20 million. Some international organizations provide such services as literacy training, education in such areas as modern agricultural methods, and help in organizing the local craft production into profitable cottage industries that market their goods beyond the immediate community. These services help to increase productivity and raise standards of living.

Cultural Effects

From the earliest times, cultures have been affected by contact with one another. Traders and the Mongol invasions once brought gunpowder, macaroni, and other Asian goods from Asia to Europe; later, immigrants brought these and other goods and customs to the United States. The Norman invasion of England in the eleventh century permanently affected the English language, not only from contact with the French language but because French became the language of the aristocracy and English the language of the peasants. European explorers brought horses to Native Americans, Native Americans taught early settlers how to grow corn and tobacco, and those settlers and their descendants drove the Native Americans westward. These are only a few examples of how trade, war, conquest, and migration have affected cultures throughout history.

As intercultural communication becomes more common and widespread, the effects of cultural contact are more pronounced and rapid. These are evident in the increased availability of goods that once would have been available, if at all, only to the very rich: tea from India, coffee from Brazil, woolen cloth from Britain, wine from France and Italy. It is also apparent in the spread of Western technology, health care methods, and Hilton Hotels in the "underdeveloped" nations, and the spread of Japanese industry and business methods in the United States.

Most people would not question the value of some aspects of cultural exchange, such as the introduction of sanitation methods that curb epidemics, or agricultural methods that save thousands from starvation. But many, including a number of scholars of culture, question the value of other aspects of cultural exchange. They ask whether certain so-called Stone Age and aboriginal communities that have been isolated for hundreds of years truly benefit from sudden contact with the outside world—whether, for example, exposure to war as well as sources of illness and pollution might outweigh what we consider the "advances" of civilization. The possibilities raise many ethical questions.

Intercultural exchange leads to cultural homogenization, the tendency for cultures in contact with one another to become increasingly similar to one another. Cultural homogenization implies that some aspects of one culture will dominate and eliminate the corresponding aspects of the other. The "standard American" voices we hear on television, for instance, are responsible for a standard American dialect and the disparagement of nonstandard dialects spoken by people who live in specific regions of the country. As a result of mass communication and travel, columnist Ellen Goodman notes, "We dress alike, we eat alike, and I guess we are destined to sound alike" (1981).

But even if we are familiar with foods from all over the world and blue jeans are as popular in Russia as in the United States, emphasis today is increasingly on our diversity. It is *differences* that have become the issue in conflicts not only between racial and ethnic groups in our own country but in those of other countries. Robert Jay Lifton, a psychiatrist who has written on the holocaust, believes that our discomfort at seeing televised images of human suffering can be a catalyst for change by evoking empathy and compassion:

The evidence is there, on the screens, and in millions of human minds. Televised images can change the world.

As survivors by proxy, can our witness be transformed into lifeenhancing action—in Bosnia in this case, but also in other areas of death and suffering such as the famine in Somalia? (1992, p. 24)

Given enough understanding of regional as well as national cultures, it is possible to preserve individual differences of many kinds and allow members of various subcultures or groups to coexist and flourish. Indeed, Gudykunst and Kim maintain that "cultural and ethnic diversity are necessary for community to exist" (1992, p. 255); and they propose seven principles for building community, principles for which each of us must be responsible:

- 1. *Be committed*. We must be committed to the principle of building community in our lives, as well as to the individuals with whom we are trying to develop community.
- 2. *Be mindful*. Think about what we do and say. Focus on the process, not the outcome.
- 3. *Be unconditionally accepting.* Accept others as they are; do not try to change or control them. . . . Value diversity and do not judge others based only on their diversity.

- 4. Be concerned for both ourselves and others. Avoid polarized communication and engage in dialogue whenever possible. Consult others on issues that affect them and be open to their ideas.
- 5. Be understanding. Recognize how culture and ethnicity affect the way we think and behave. Search for commonalities. . . . Balance emotion, anxiety, and fear with reason.
- 6. *Be ethical*. Engage in behavior that is not a means to an end but behavior that is morally right in and of itself.
- 7. Be peaceful. Do not be violent or deceitful, breach valid promises, or be secretive. Strive for harmony. (Adapted from pp. 267–268)

SUMMARY

In this chapter, we discussed intercultural communication, which has become increasingly prevalent in the last few decades. We defined "culture" as the way of life developed and shared by a people and passed down from generation to generation. Because cultures vary along a range, the differences between two cultures may be slight or very dramatic. Even when two cultural groups are very similar, however, the differences between them are likely to become more evident in intercultural communication.

Intercultural communication has increased rapidly because of technological advances that have made long-distance communication more feasible and more available to the general public. Despite the advances in the means of sending and receiving messages, however, there are still many obstacles to intercultural communication. Differences in cultural factors such as language, nonverbal communication systems, relational roles and norms (particularly conflict norms), and beliefs and values that are deeply rooted in the whole cultural system often lead to intercultural misunderstanding.

Because we are not aware of the aspects of our own cultures in ourselves, the barriers to intercultural communication are complex and formidable. Ethnocentrism and stereotyping both limit our ability to deal with people beyond our own communities.

REVIEW QUESTIONS

- 1. Explain the difference between culture shock and reverse culture shock.
- 2. How do cultural groups differ from other groups that have shared characteristics?

- 3. Why is it important for effective intercultural communication to understand that culture is learned, rather than innate?
- 4. Why do cultures vary along a range, rather than being clearly distinct from one another?
- 5. What are the two major reasons that intercultural communication has increased in the last decades?
- 6. State three communication principles with significant implications for intercultural communication.
- 7. Identify at least three aspects of culture.
- 8. Explain the major difference between high-context and low-context cultures.
- 9. Explain at least three ways in which language is an obstacle to intercultural communication.
- 10. Describe at least three aspects of nonverbal communication that vary from culture to culture.
- 11. How can cultural roles and norms affect communication between cultures?
- 12. What are two variables that influence how members of a culture view conflict. Give an example of each.
- 13. Explain how differences in beliefs and values can prove to be obstacles in intercultural communication.
- 14. What is ethnocentrism? Why does it interfere with intercultural communication? Give an example.
- 15. Give two reasons for the stereotyping of cultural groups.
- 16. Identify several personal, political, and social effects of intercultural communication.
- 17. What is meant by "cultural homogenization"?
- 18. Explain the need for community building and state seven principles that have been proposed.

EXERCISES

1. Make a list of some of the cultural groups in your own region or state, including the group (or groups) that founded your community. To what extent have these groups been in contact with one another? To what extent

have they remained distinct from one another? List some ways in which these cultural groups have affected your own culture, such as your traditions, religious beliefs, and language.

- 2. Find three current articles about a cultural group, such as a group in Japan or Saudi Arabia, that has recently come into extended business or diplomatic contact with the United States. List at least five ways in which that culture, or that of the United States, has been affected by this contact.
- 3. List at least eight cultures, both inside and outside the United States, with which you communicate in some way (through personal contact, your work or business communication, or mass media). With which of these groups is your communication personal? With which is it institutional? In at least one case in which your contact with the other culture is primarily institutional, describe some ways in which your understanding of the people in that group is limited by your communication with them.
- 4. Think of a group of people that you feel have specific, shared, cultural characteristics, for example, Californians, southerners, New Yorkers, blacks, whites, Amish, Japanese, Russians, Chinese. Describe the people as a group, and list the characteristics that you think distinguish that group from others. To what extent is your description a stereotype? What is the source of your information about the group? Can you think of some reasons why your stereotype might be inaccurate? Can you think of some ways in which it might affect your communication with individual members of that group?
- 5. Listen to a national newscaster report the news on television. Do you think that such newscasters' use of language has affected the way you speak? Do you think their use of language affects what you consider to be good English? Why?

SUGGESTED READINGS

Baldwin, James. "Stranger in the Village." In *The Price of the Ticket*. By James Baldwin. New York: St. Martin's, 1985.

This is a moving essay on the experience of a black American who comes to live in an isolated European village.

Barnlund, Dean C. Communicative Styles of Japanese and Americans: Images and Realities. Belmont, CA: Wadsworth, 1989.

A comparative study that is thorough and clear-sighted. The author examines many stereotypical notions about the Japanese and the Americans.

Carroll, Raymonde. Cultural Misunderstandings. Translated by Carol Volk. Chicago: University of Chicago Press, 1988.

The author, who is French, has written a fascinating analysis of many of the cultural differences between the French and the Americans that generate so much misunderstanding on both sides.

Cushman, Donald P., and Dudley D. Cahn, Jr. Communication in Interpersonal Relationships. Albany, NY: SUNY Press, 1985.

An excellent book for the advanced student. There are good summaries of intercultural material in Chapter 8, "Cultural Communication and Interpersonal Relationships," and Chapter 9, "Cross-cultural Communication and Interpersonal Relationships."

Foner, Nancy, ed. New Immigrants in New York. New York: Columbia University Press, 1987.

This collection of essays by scholars from several disciplines examines the influence of New York City on its new immigrants as well as their influence on city life.

Gudykunst, William B., and Young Yun Kim. Communicating with Strangers: An Approach to Intercultural Communication. 2d ed. New York: McGraw-Hill, 1992.

The authors approach this excellent introduction to intercultural communication by providing students with a solid grounding in theoretical issues. Building community through diversity is the subject of the final chapter.

Gudykunst, William B., and Young Yun Kim, eds. Readings on Communicating with Strangers: An Approach to Intercultural Communication. New York: McGraw-Hill, 1992.

These readings have been selected to illustrate concepts across cultures or ethnic groups. The editors have an interdisciplinary focus which makes the book an invaluable resource.

Hall, Edward T. Beyond Culture. Garden City, NY: Doubleday, 1976.

The author of this book, an anthropologist, is an important researcher in cultural aspects and differences and in their affects on intercultural communication in business and diplomacy.

Hall, Edward T. The Silent Language. New York: Doubleday, Anchor, 1973.

This is one of the earliest books on nonverbal communication and its relationship to culture. The author describes a number of aspects of culture, such as the use of time and space, and discusses their implications for intercultural communication.

Kaplan, Robert. "Tales from the Bazaar." The Atlantic, 270 (August 1992): 37-61.

A fascinating report on Arabists, U.S. diplomats in the Middle East, and the long-term effects of their immersion in Arab culture.

Samovar, Larry A., and Richard E. Porter, eds. Intercultural Communication: A Reader. 6th ed. Belmont, CA: Wadsworth, 1991.

An outstanding collection of readings. Coverage is comprehensive and timely.

Additional sources: Photo, p. 468, J.D. Sloan, Picture Cube; photo, p. 485, Gloria Carlson, Picture Cube; Figure 13-1 used by permission.

Comprehension Quiz: Textbook Chapter

Directions: Refer to Selection 9-1 as necessary to complete the following activities.

Option for collaboration: For some of these exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items,* form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

Option

Exercise 1 may be completed collaboratively.

Option

Exercise 2 may be completed collaboratively.

1. Complete an outline or study map for *one* of these subsections in Selection 9-1:

"A Definition of Culture" (pages 465–467)
"Obstacles to Intercultural Communication" (469–480)
"Barriers to Intercultural Understanding" (480–483)
"Effects of Intercultural Communication" (483–488)

Note: Your instructor will give you specific instructions about this assignment.

2. Your instructor will distribute one or more quizzes on Selection 9-1. Use the materials you have prepared to study for it. You will be allowed to use your outlines or maps.





REHEARSING TEXTBOOK INFORMATION AND PREPARING FOR TESTS

IN THIS CHAPTER YOU WILL LEARN THE ANSWERS TO THESE QUESTIONS:

Why is rehearsal important to memory?

What are important guidelines for test preparation?

What is the five-day test review plan?

How can I use review cards to prepare for a test?

How can I consolidate important information on test review sheets?

CHAPTER CONTENTS

.

SKILLS

REHEARSAL AND MEMORY

STUDYING FOR TESTS General Guidelines Five-Day Test Review Plan

Five days before the test Four days before the test Three days before the test Two days before the test One day before the test

Using Review Cards to Prepare for a Test Using Test Review Sheets

SUMMARY

DEVELOPING CHAPTER REVIEW CARDS

READING

Selection 10-1 • *Psychology* "Communication," by James Wiggins, Beverly Wiggins, and James Vander Zanden

SKILLS

REHEARSAL AND MEMORY



Long-term memory: Permanent memory.

Key term

Rehearsal: Steps taken to transfer information into long-term memory; examples include saying the information aloud and writing it down. It is difficult to memorize information that you do not understand. This is why you must concentrate on understanding material before you attempt to memorize it: comprehension enables you to memorize as efficiently as possible.

Even when you understand material, however, do not underestimate the time or effort needed to memorize it. To do well on tests, you must study information effectively enough to store it in *long-term memory*, or permanent memory. One serious mistake students make when preparing for tests is leaving too little study time to transfer material into long-term memory. Instead, they try to rely on *short-term, or temporary, memory*. However, as the term implies, material remains in short-term memory only temporarily. If you rely only on short-term memory (this kind of studying is called *cramming*), the information you need may not be there when you try to recall it.

To understand the difference between long-term and short-term memory, think of calling a telephone number that you have just heard for the first time. The number is only in your short-term memory and will be forgotten in a matter of minutes or even seconds *unless you do something to transfer it into longterm memory*. In other words, you will forget the number unless you "rehearse" it in some way.

Rehearsal means taking specific steps to transfer information into longterm memory. Typical steps include writing information down and repeatedly reciting it aloud. In the example above, for instance, rehearsing the telephone number would probably involve writing it, saying it aloud several times, or both. Consider how much information you already have stored in long-term memory: the alphabet; the multiplication tables; names of thousands of people, places, and things; meanings and spellings of thousands of words. You have stored these because you have rehearsed them again and again.

As noted in Chapter 9, rehearsal is one of three keys to effective studying. When you are preparing for a test, you should study over several days, enough days to enable you to transfer information from short-term memory into longterm memory. Psychologists who study how people learn emphasize that both sufficient time and ample repetition are needed to accomplish this transfer.

Before you can rehearse the information in a textbook chapter efficiently, you need to *organize* it. Obviously, the better you organize material, the more efficiently you will be able to memorize it. If you organize the material in your assignments consistently as you study, right from the beginning of the semester, you will be prepared to rehearse and memorize material for each test. You can organize material by using any of these techniques:

- Underlining and annotating your textbooks
- Outlining or mapping information
- Preparing summaries

- Using review cards for test preparation
- Making test review sheets

Underlining, annotating, outlining, mapping, and summarizing are discussed in Chapter 9; review cards and sheets are discussed below. The very act of preparing these study tools helps you store information in long-term memory.

After you have organized material, you should rehearse by doing one or more of the following:

- Reciting from review cards
- Reciting from test review sheets
- Reciting from your notes
- Writing information from memory

Too often, students try to review for a test simply by rereading their notes and their textbook over and over again. But rereading is a time-consuming process and does not automatically result in remembering. It has been estimated that 80 percent of the time spent studying for a test should be used for memorizing, for transferring information into long-term memory. Here is an example of how you could apply this "80 percent rule." If you need 5 hours to study for a test, you should spend the first hour organizing the material and getting help with, or clarification of, things you do not understand. The remaining 4 hours would be spent rehearsing the material in order to memorize it.

You may be wondering, "How can I tell when I have transferred information into long-term memory?" The way to find out is to test yourself. Try to write the information from memory on a blank sheet of paper. If material is in your long-term memory, you will be able to recall it and write it down. If you cannot recall it and write it, or if you are able to recall and write only a part of it, then the information is not yet in your long-term memory; you need to rehearse it further.

These steps may sound like a lot of work, but rehearsal is necessary if you want to lock information into long-term memory. It is precisely this type of effort that leads to mastery.

STUDYING FOR TESTS

General Guidelines

This chapter presents a five-day test review plan, but the day to begin studying for a test is actually the first day of the semester! That means taking good notes, reading every assignment, reviewing regularly, and attending all classes. The review plan described here is designed to complement your careful day-to-day preparation. No review plan can replace or make up for inadequate daily studying and preparation. Following are a few more points you should be aware of before you examine the review plan itself. First, one reason for starting to review several days ahead of time is that the amount of material covered is too much to learn at the last minute. In fact, in college you are typically given new material right up to the day of a test.

Second, it is appropriate to ask your instructor what type of test will be given and what will be included on it. Usually, instructors are willing to give a fairly complete description of tests. Don't miss the opportunity to ask questions about a test. For example, you might ask:

- Will the test be based on textbook material, on class material (lectures, demonstrations, etc.), or on both?
- How many textbook chapters will the test cover?
- What will be the format of the test (multiple-choice questions, essay questions, etc.)?
- How many questions will be asked?
- Should certain topics be emphasized in studying?

Third, you should be realistic about "test anxiety," or "freezing up" when you take a test. Students often complain about "going blank" on tests, but often the true cause is that they have not studied thoroughly or far enough in advance of the test. What is really happening is that these students discover during a test that they did not learn the material well enough in the first place. They are not actually forgetting: after all, you cannot forget something you never knew. Good daily preparation and an effective test review plan are the best ways to prevent test anxiety. Knowing what to expect on a test can also leave you feeling calmer, and this is another reason for asking questions about tests, as noted above.

Fourth, research studies have found that *distributed practice* is more effective than *massed practice*. This simply means that studying and reviewing sessions which are spaced out over time are more effective than a single session done all at once. Above, *cramming* was described as reliance on short-term rather than long-term memory; it can also be thought of as massed rather than distributed practice. Frantic last-minute cramming usually results in faulty understanding, poor recall, increased anxiety, and lower grades.

Fifth, to study and review efficiently, you must be rested. Cramming typically involves going without sleep, but staying up late or all night can do more harm than good. Late-night or all-night cramming can of course overtire you, and it also increases your stress level, contributing to test anxiety and "going blank." Since cramming does not allow you enough time to transfer material into long-term memory, you must rely on short-term memory, which can fail under the pressure of fatigue and stress. Try to get at least 8 hours of sleep the night before a test. On the day of the test, eat a good breakfast: say, fruit or juice, whole-grain cereal or bread, yogurt or low-fat milk or cottage cheese (don't rely on caffeine or on sugary, salty, or fatty foods). Getting enough rest and eating a nourishing breakfast will give you sustained energy and help you concentrate.

Key term

Distributed practice: Study sessions that are spaced out over time; a more efficient study method than massed practice. A final word: Your attitude toward tests can make a big difference. Students often see tests as negative and threatening—even as punishment. Instead, try to think of a test as a learning experience. Try also to consider it an opportunity to demonstrate to yourself and your instructor how much you have learned. Remember that a test can tell you what you understand and how well you understand it. When you get a test back from an instructor, look it over carefully to see what you missed and what you need to study further. Remember also that a good grade on a test is not a gift or a lucky break but rather a reward for your efforts.

Five-Day Test Review Plan

Here is a detailed description of an effective five-day plan for preparing for a test.

Five days before the test

Get an overview of all the material that will be on the test. This includes text material, class notes, handouts, etc. Identify important points and prepare review cards and one or more test review sheets for the material to be covered. (Such cards and sheets summarize all the important points you expect to encounter on the test. You will learn how to construct review cards and sheets later in this chapter.) You might also have a study guide that accompanies your textbook, or perhaps your instructor has given you a special review guide. In any case, try to anticipate questions that may be asked on the test. This is also the time to isolate questions or identify problem areas you need further help on. By starting five days ahead, you will have allowed yourself enough time to get any help you need. You will have time to ask the instructor or a classmate, or to get help from a tutor. Plan to spend at least 2 hours studying. Take a 5- or 10minute break after each hour.

Four days before the test

Briefly overview all the material; then review and rehearse the first third of the material in detail. First review all the material on your review cards and your test review sheet or sheets. Then, as you carefully study the first third of the material, use rehearsal techniques to memorize it and test yourself on it: that is, write and recite. Remember that you want to transfer the material into longterm (permanent) memory. Write the information; recite the information; test yourself by taking a blank sheet of paper and writing from memory what you have learned. Plan to spend at least 2 hours studying. If there are problem areas, get extra help or clarification from a tutor, a classmate, or your instructor.

Three days before the test

After a brief overview of all the material, review and rehearse the second third of the material in detail. Use the rehearsal techniques of writing and reciting to memorize and test yourself on the material. Plan to spend at least 2 hours studying. If any problem areas still remain, this is the time to clear them up. If you still don't understand, make another attempt at getting some additional help.

Two days before the test

After a brief overview of all the material, review and rehearse the last third of the material in detail. Use the rehearsal techniques of writing and reciting to memorize and test yourself on the material. Plan to spend at least 2 hours studying. Rehearse material in the problem areas that you cleared up earlier.

One day before the test

Make a final review of all of the material. Rehearse! Write! Recite! Test yourself! This is your final study session for the test, a full "dress rehearsal." Use this session to study your review cards and your test review sheet or sheets, covering all the important ideas in the material. At this point you should be feeling confident about the test. At the end of the day, right before you go to sleep, look through the material one last time; then get a good night's rest. Resist any temptation to relax or celebrate the completion of your review by watching television or going to a movie. These activities create "interference" that can make it harder to recall information when you take the test.

Using Review Cards to Prepare for a Test

A highly effective way to prepare for a test is to make review cards. You already have some experience with such cards, since you have been completing chapter-by-chapter review cards throughout *Opening Doors*.

Another kind of *review card*, especially useful in preparing for tests, is an index card with an important question on the front and the answer on the back. The question and answer may have to do with a single main idea and its supporting details, a term and its definition, a name and an identification, a mathematical or chemical formula, and so on. Review cards are an efficient, effective, and convenient way to study for tests. Review cards can be prepared from a textbook or from lecture notes.

The boxes on page 500 show an example of a review card, from a chapter in a sociology textbook. Notice how this card focuses on one main idea and its two supporting details. Notice also the format of this card: one side presents a probable test question, and the other side answers the question.

Key term

Test review card: Index card with an important question on the front and the answer on the back.

Sample Review Card: Front

.

Card 5

What are the two levels of sociological analysis?

Sample Review Card: Back

The two basic levels of sociological analysis are microsociology and macrosociology.

Microsociology: Small-scale analysis of data derived from the study of everyday patterns of behavior.

Macrosociology: Large-scale analysis of data in which overall social arrangements are scrutinized.

Just as outlining, mapping, and summarizing help you organize material, review cards allow you to arrange material clearly and concisely. Most students prefer to use 3- by 5-inch or 4- by 6-inch index cards. Cards of this size are convenient to carry and can be reviewed whenever you have a spare moment. Index cards are available in several colors, and some students find it helpful to use a different color for each course. Other students use different colors for different categories of study material; for instance, vocabulary terms might be on cards of one color and key people on cards of another color. You may want to number your review cards so that they can be easily rearranged and then put back in order. For instance, you may want to set aside cards with especially difficult questions so that you can give them special attention before the test.

Review cards are helpful in numerous ways. First, since preparing these cards involves writing out certain information, the very act of making them will help you rehearse material and commit it to memory. (Do not assume, though, that simply making the review cards is a substitute for rehearsing the information on them.)

Second, review cards let you concentrate on one small, manageable part of the material at a time. Lecture and textbook material can seem overwhelming if you try to review it all at once before a test or at the end of a semester, but it is quite manageable in small parts.

Third, review cards can be especially useful for memorizing key terms, key people, formulas, and the like. For example, a college instructor might require students to learn math or chemistry formulas or to memorize a set of important terms. Learning 10 definitions, names, or formulas a week is much easier than trying to learn 150 of them just before a final exam.

Fourth, review cards can be a good way to review material with a study partner. When you are studying for a test, working with a partner can be highly effective. In fact, even when you use review cards by yourself, it is helpful to say the answers out loud, as you would if you had a partner.

Fifth, effective students try to anticipate test questions, and review cards are a good way to guide this effort. Writing an anticipated test question on the front of a card, with the answer on the back, allows you to test yourself on material before the instructor tests you.

Sixth, review cards can help you monitor your learning by measuring what you know and what you still need to learn or review.

To sum up, if you prepare your review cards carefully and use them to rehearse and learn information, they can be an important key to success.

Using Test Review Sheets

Suppose that you are going to be given a test in a sociology course. The test will cover a full chapter of your sociology textbook and the corresponding class sessions. Your instructor has announced that you will be allowed to prepare one sheet of notes (front *and* back) to use while you are taking the test. How could you consolidate an entire chapter's worth of information on one sheet of paper?

To begin with, consolidating all this information on a single test review sheet would *not* mean trying to recopy all the lecture notes, handouts, and textbook material in tiny handwriting! In other words, the question really is, "What kind of information would you include on this review sheet?" Preparing the sheet would mean being very selective; it would mean summarizing essential information from different sources, such as the chapter, your own class and textbook notes, and your instructor's handouts.

This example is imaginary, but in fact you should create a real *test review sheet* whenever you prepare for a test. You should try to restrict yourself to a single sheet (front and back) consolidating all the crucial information you would bring to the test if you could. (If a test will cover several chapters, though, you might want to prepare several review sheets: one sheet for each chapter.) Preparing such a review sheet is in itself a way of selecting, organizing, and rehearsing the material you must learn.

Key term

Test review sheet: Single sheet of paper consolidating and summarizing, on its front and back, the most important information to be covered on a test. Obviously, you need to start by identifying major topics that you know will be on the test. Remember that you must be selective, because you cannot include everything. If you have been preparing review *cards* as you went along, then you have already taken the first step in preparing a test review sheet, because you have already identified most of the important information you need for the sheet. However, you will have to condense this information even more to create your test review sheet.

Another way to proceed with the first step in making a test review sheet is to list the major topics and the most important points about each. If your instructor does not identify the major topics for you, you should check your lecture notes. You should also refer to the main table of contents or to the chapteropening contents in the textbook for an overview of the material that will be covered. The main headings and subheadings of the chapter are the major topics. If there is no detailed main table of contents or chapter-opening contents, you will need to check the text itself for titles and headings.

Your next step is to organize the material that you will include on the sheet. There is no one "correct" way to organize a test review sheet. However, the chapter material itself may often suggest logical ways in which the sheet can be organized. For example, a test review sheet can be as simple as a list of major topics with key words beside or beneath each topic. It could also consist of a grid, rows and columns, a set of mapped notes, a list of formulas, important terms (with or without definitions), a diagram or sketch, or some combination of these. The key is to organize the test review sheet in some way that is *meaningful to you*. Moreover, since this is your personal review sheet, you should feel free to use abbreviations, symbols, and highlighting in different colors to make this review sheet as clear and helpful to you as possible.

The boxes on pages 503–505 show entries in a table of contents for one chapter of a sociology text (note the major headings and subheadings) and the front and back of a test review sheet that could be prepared for this chapter.

503 Chapter 10 Rehearsing Textbook Information and Preparing for Tests

Preparing a Test Review Sheet: Entries for a Single Chapter in a Table of Conte	nts
CHAPTER ONE APPROACHES TO SOCIOLOGY	3
THE SOCIOLOGICAL PERSPECTIVE	6
Social Facts and Social Causes	6
The Sociological Imagination	8
Science, Sociology, and Common Sense	9
Levels of Sociological Analysis	10
BASIC SOCIOLOGICAL QUESTIONS	11
What Holds Society Together?	12
What Is the Relationship Between the Individual and Society?	13
Summing Up	14
THE ORIGINS OF SOCIAL THEORY	14
Rational-Choice Theory	16
The Theory of Karl Marx	17
The Theory of Émile Durkheim	18
The Theory of Max Weber	19
Interactionist Theory	20
Comparing the Founding Theories	21
FOUNDING THEORIES AND CONTEMPORARY SOCIOLOGY	22

Source: Donald Light, Suzanne Keller, and Craig Calhoun, *Sociology,* 5th ed., Knopf, New York, 1989, pp. xi, 3–25.

Sample Test Review Sheet: Front

.

Chapter 1—Approaches to Sociology

1. SOCIOLOGICAL PERSPECTIVE

Social Facts & Social Causes

Sociology—systematic study of human societies & behavior in social settings Sociological perspective—lets us see how our background, social position, time, & place affect how we view world & act—also, who we interact with & how others see us Sociological facts—properties of group life that can't be explained by indiv traite, actions, or feelings. Soc facts emerge from social forces (e.g., concept of beauty, romantic love)

Sociological Imagination

Soc imag—ability to see personal experience in world context (pers ex is limited, so we shouldn't make hasty generalizations)

Science, Sociology, & Common Sense

Scientific method used by sociologists—collect data (facts, statistics); develop theories Theory—systematic formal explanation of how two or more phenomena are related. Local th = narrow aspect; middle-range th = broader; general th = most comprehensive (explain how several ths fit together). (Contrast w common sense—from pers ex, facts not checked, no organization into ths to be tested.)

Levels of Sociological Analysis

Microsociology—small-scale analysis of data from everyday behavior patterns. Macrosociology—large-scale anal of data on overall social arrangements.

2. BASIC SOCIOLOGICAL QUESTIONS

What Holds Society Together?

Functional perspective—different parts of society contribute to whole

Power pers—those who control resources prob will shape society to their own advantage What Is Relationship between Individual & Society?

Structural perspective—indiv choices explained by forces arising from soc organization Action pers—society shaped by people's actions

Sample Test Review Sheet: Back

.

3. ORIGINS OF SOCIAL THEORY

Rational-Choice Th

Founder—Adam Smith. People choose & decide for own advantage; soc = self-regulating system; all parts act in own int; market forces mesh pts into whole. Expanded by Jeremy Bentham—govt intervention needed to help soc function & let people benefit from resources.

Th of Karl Marx

Economic system shapes soc life, breeds soc conflict; proletariat (workers) should overcome capitalists (oppressors—owners of resources)

Th of Émile Durkheim

Human behav explained by soc forces binding society (social solidarity); society held together by interrelated working of pts

Th of Max Weber

Power comes from dif factors—education, soc connections, etc.; society produced by actions of indivs. Stressed politics & culture (not only econ like Marx).

Interactionist Th

George Herbert Mead—people interact depending on how they interpret soc situations; we learn our place in world thru soc interactions. Th developed from phenomenology.

4. FOUNDING THEORIES & CONTEMPORARY SOCIOLOGY

Sociologists still influenced by the above—have expanded orig the to apply to modern issues. Some try to combine functional and power peres; structural & action-oriented pere.

DEVELOPING CHAPTER REVIEW CARDS

Review cards, or *summary cards*, are an excellent study tool. They are a way to select, organize, and review the most important information in a textbook chapter. The process of creating review cards helps you organize information in a meaningful way and, at the same time, transfer it into long-term memory. The cards can also be used to prepare for tests. The review card activities in this book give you structured practice in creating these valuable study tools. Once you have learned how to create review cards, you can use them in your other courses.

Now, complete the review cards for Chapter 10 by adding important information about each topic. When you have completed them, you will have summarized important material about the skills in this chapter.

Rehearsal and Its Importance to Memory

Chapter 10: Rehearsing Textbook Information and Preparing for Tests

	Studying fo	or Tests: General Guidelines
		1200
		al
	1	
l		

Chapter 10: Rehearsing Textbook Information and Preparing for Tests

Five-Day Test Review Plan

Chapter 10: Rehearsing Textbook Information and Preparing for Tests

	Test Review	ouror	
10: Rehearsing Textbool	k Information and Preparing for Tes		
r 10: Rehearsing Textbool	k Information and Preparing for Tes Test Review		
r 10: Rehearsing Textbool			
r 10: Rehearsing Textbool			6
10: Rehearsing Textbool			1.
10: Rehearsing Textbool			
10: Rehearsing Textbool			
10: Rehearsing Textbool			
r 10: Rehearsing Textbool			
r 10: Rehearsing Textbool			
r 10: Rehearsing Textbool			
10: Rehearsing Textbool			
10: Rehearsing Textbool			
10: Rehearsing Textbool			
10: Rehearsing Textbool			
10: Rehearsing Textbool			

READING

Selection 10-1

Psychology

COMMUNICATION, FROM SOCIAL PSYCHOLOGY

BY JAMES A. WIGGINS, BEVERLY B. WIGGINS, AND JAMES VANDER ZANDEN

Prepare Yourself to Read

Directions: Do these exercises before you read Selection 10-1.

- 1. First, read and think about the title. What do you already know about communication?
- 2. Next, complete your chapter preview by reading the following:

First paragraph (chapter introduction) Headings in each section Words in **bold print** or *italics* Illustrations and their legends Chapter summary

On the basis of your preview, what aspects of communication does this chapter seem to be about?

Apply Comprehension Skills

Directions: Do these exercises as you read Selection 10-1.

- Budget your time for reading this selection. It has four subsections. If you wish, divide your reading time into four sessions.
- To remember essential information, underline or highlight and annotate or take notes on a separate sheet of paper.
- Apply the skills you have learned in this chapter. Create test review cards for one or more of the four sections, making at least one card for every heading within each section. (Your instructor will give you specific directions.)

CHAPTER 5

COMMUNICATION

In Chapter 4, "Social Relationships and Groups," we discussed how people are linked by social relationships – patterns of social interaction and sets of expectations (norms and roles) reflecting and shaping these interaction patterns. We noted that social relationships go through cycles of negotiation and renegotiation. But we said very little about *how* this is accomplished. In this chapter we will focus on the important contribution of **communication**, the process by which people interact and interpret their interactions.

Symbols

When people interact, much of the language, behavior, and appearance of each party constitutes **symbols** – objects or actions that, by social convention, stand for or represent something else. Symbols are *arbitrary* stand-ins for other things; their meanings are not *givens*. Rather, they come to have meaning by virtue of socially shared conventions, that is, understandings between users. For example, you and a friend might agree that if you wink at him at a party, the wink means you're having a good time and want to stay longer. You could just as easily agree that the wink means you're bored and want to escape as soon as possible. Through socialization we learn the meanings assigned by our culture to many symbols. Spoken and written words, for example, are symbols, as are clothing styles and actions such as handshakes and frowns. The traditions and consensus within a society give symbols their meanings. As a result, many symbols have different meanings in different cultures.

Sometimes the parties to an interaction interpret aspects of it differently, and as a consequence, their interaction does not run smoothly. What interests social psychologists is how we negotiate meanings and the implications of this process for our continued interaction. Consider the following newspaper account:

Stockton, Calif. – The worst possible fate befell two young masked robbers last night. They tried to hold up a party of thirty-six prominent, middle-aged women, but couldn't get anybody to believe they were for real.

One of the women actually grabbed the gun held by one of the youths.

"Why," she said, "that's not wood or plastic. It must be metal."

"Lady," pleaded the man, "I've been trying to tell you, it is real. This is a holdup."

Source: James A. Wiggins, Beverly B. Wiggins, and James Vander Zanden, *Social Psychology*, 5th ed., 1994, pp. 135–170 (chap. 5). Reproduced with permission of McGraw-Hill. (For additional sources, see page 546.)

"Ah, you're putting me on," she replied cheer-fully.

The robbers' moment of frustration came about 9:00 p.m. at the home of Mrs. Florence Tout . . . as she was entertaining at what is called a "hi-jinks" party. Jokes and pranks filled the evening. Thus not one of the ladies turned a hair when the two men, clad in black, walked in.

"All right now, ladies, put your rings on the table," ordered the gunman [the women were prominent in Stockton social circles].

"What for?" one of the guests demanded.

"This is a stickup. I'm serious!" he cried.

All the ladies laughed.

One of them playfully shoved one of the men. He shoved her back.

As the ringing laughter continued, the men looked at each other, shrugged, and left emptyhanded. (San Francisco Examiner, April 4, 1968)*

In this example, interaction was problematic because the participants did not share meanings. The failure of the robbery attempt can be attributed to the *different meanings* that the robbers and the women at the party assigned to the robbers' message. The robbers thought that their symbols — masks, guns, and the words "This is a stickup" — would lead the partygoers to define the situation as a robbery and to give up their valuables.

But that's *not* how the women interpreted the symbols. They saw the masks and guns and heard the words, but these happened in the context of a "hi-jinks" party, where several pranks had already occurred. The women interpreted the robbers' symbols as part of still another joke. Moreover, in the women's minds, the joke did not call for them to actually hand over their valuables. In other words, the robbers and the women arrived at different meanings for the same symbols because they interpreted them in terms of different definitions of the situation. A **definition of the situation** is the meaning we give to an entire situation.

DEFINITIONS OF THE SITUATION

What we are trying to arrive at when we send and receive various types of symbols is a definition of the situation. We might, for example, have definitions for such situations as a prayer meeting, a camping trip, an accident, an argument, a seduction, a friendly conversation, a tennis match, a robbery, a party, a social psychology class, and so forth. We use whatever information we can to help us define the situation we are in or are about to enter. Some of this information comes in the form of symbols provided by others - communication. Once we arrive at a definition of the situation, we interpret other information in terms of that definition. In other words, the definition of the situation constitutes a type of context for our interpretation of events. If we define the situation as a wedding, for example, and observe that a woman in the front row is weeping, we may interpret her tears as tears of joy. If we define the situation as a funeral, we may be more likely to define her tears as tears of grief.

Arriving at a definition of a situation gives us insight as to the roles people are going to playallowing us to anticipate the actions of others and adjust our own actions accordingly. Much human interaction occurs among people who do not know one another and who, consequently, have no direct experience on which to base predictions about one another's behavior. Scripts are mental representations of sequences of interaction over a period of time. They allow us to quickly and easily fit our behavior with that of others in a situation. We feel quite comfortable going to an appointment with a new dentist, going to a new restaurant, or attending a class for the first time because we know the scripts. This allows us to take for granted certain expectations for our own behavior and the behavior of others in the situation.

When behavior follows a script, interaction proceeds smoothly. This is highlighted by cases in which we *don't* know the script for the situation. If we received an invitation to a state dinner at the White House and planned to attend, we would probably try to find out as much as we could

^{*} Reprinted with permission from the San Francisco Examiner. © 1968 San Francisco Examiner.

about the script for state dinners. We'd want to know "who does what when?" (See the Student Observation: "Scripts.")

We are, of course, also interested in information not provided by the script for a particular definition of a situation. When visiting the dentist, for example, a patient might also be attentive to symbols indicating whether the dentist intended to carry out a complicated procedure, liked him, seemed competent and professional, or was in a bad mood. He would use this additional information to modify his interaction in that particular encounter with the dentist.

SIGNIFICANT SYMBOLS— SHARED MEANINGS

Because appearances and behaviors — indeed, all the things that can serve as symbols in communication — are interpreted, people may perceive and interpret the same information in different ways. Interpretation provides meaning for the symbol. When a symbol is interpreted similarly by several persons, the symbol is said to be a significant symbol. In other words, **significant symbols** are symbols whose meaning is *shared* by the parties in question. For example, for most Americans, the American flag stands for the country and our pride in it. But for some, it stands for aspects of the American government to which they object. When members of these two groups interact, the American flag will not be a significant symbol. In other words, they will not agree on its meaning.

Significant symbols are important because they allow us to anticipate one another's behavior and, therefore, to coordinate our behaviors. If the symbols we choose are *not* significant symbols – if their meanings are not shared – the chances of coordinating our actions with those of others is greatly diminished.

Subgroups within language groups often have specialized vocabularies or other symbols that emphasize the concepts that are most important to them. In this course, you are learning many of terms which social psychologists use regularly but which are relatively unknown to others. Similarly, physicists, farmers, truck drivers, cooks, physicians, and construction workers all have special vocabularies that allow them to efficiently communicate with one another about the things that are important to them.

STUDENT OBSERVATION

Scripts

People fail to realize how important scripts are until they come into a situation for which they don't have one. A few weeks ago I was reminded of this fact when I attended a retreat of the co-chairs of the committees of the Campus-Y. I was one of the very newest members of the Y, and I didn't know any of the other co-chairs. I had never been to one of the retreats before. When I arrived at the campground, I was painfully aware that I had no *script* – no mental representation of sequences of behavior over time – for this occasion. As all the other committee chairs boldly slung their bags and other gear in a corner of the big log cabin meeting room and laughed and hugged one another in a presumably Campus-Y co-chair fashion, *I was so uncomfortable*! I did not know what an appropriate greeting would be for me, a new, unfamiliar member, nor had I the faintest idea what to do with my camping stuff. I stood very awkwardly – scriptless – until a facilitator, someone who obviously had a script, introduced herself and kindly showed me where to put my backpack and sleeping bag. After watching the others for a while, I began to piece together a script so that I could fit my behavior to theirs. However, I was never more grateful for directions than I was those first minutes at the rustic retreat.

515 Chapter 10 Rehearsing Textbook Information and Preparing for Tests

THE TWO SIDES OF WARSPEAK

During the 1991 Persian Gulf War, a *Time* magazine article pointed out that the top brass and the GIs seemed to be speaking two different languages, neither of them English. William Lutz, a Rutgers University English professor, noted that military strategists seemed to have adopted M.B.A.-style buzzwords that reflected an "emphasis on managerial skills," a depersonalization of the enemy, and a distancing from violence, while the men and women in the ranks adopted a more colorful and less distanced way of communicating. Here's a sampler:

Top Brass

Incontinent ordinance: Bombs and artillery shells that fall wide of their targets and hit civilians.

Area denial weapons: Cluster bombs with the ability to wreak great damage over a particular zone.

Ballistically induced aperture in the subcutaneous environment: A bullet hole in a human being.

Coercive potential: The capability of bombs to harm and demoralize soldiers.

Suppressing assets: The destruction of sites containing antiaircraft weaponry.

Unwelcome visit: British term for any foray into enemy territory. Scenario-dependent, post-crisis environment: Conditions after the war.

Grunts

Echelons beyond reality: The source of orders from superior officers.

High speed, low drag: Phrase indicating that an operation went exactly according to plan.

Micks: Abbreviation of minutes, as in "Give me five micks."

9-4: A more chummy version of the traditional "10-4" radio sign-off.

Suicide circles: Nickname for Saudi traffic roundabouts. A number of allied soldiers died in road accidents in Saudi Arabia.

180 out: The coordinate-minded soldier's term for the wrong answer - 180 degrees from the truth.

Strack: To get on the right track, or frame of mind, for battle.

Source: Reprinted from D. Ellis, "The Two Sides of Warspeak," *Time*, February 25, 1991 p. 13. Copyright 1991 Time, Inc. Reprinted by permission.

These special vocabularies are sometimes disparagingly referred to as *jargons*, because the meanings these words have are not shared by the larger population. Thus, although they increase the efficiency of communication among those who share them, they are not effective symbols for communication with those who don't. During the 1991 war against Iraq in the Persian Gulf, the public was exposed to military jargon during the many briefings on the progress of the war. Interested observers noted that the jargons of the commanders and those of the lower-level soldiers differed, perhaps reflecting the two groups' different concerns and perspectives on the situation (see the box "The Two Sides of Warspeak").

KINDS OF SYMBOLS—CHANNELS OF COMMUNICATION

Talking and listening are the activities that we most often associate with communicating. But speech is only one of the kinds of symbols we use to communicate with others. Besides using words, we communicate with qualities of our voices and through nonverbal channels – our facial expressions, body movements, the distances and orientations with which we position ourselves relative to others, and our physical appearance and such personal attributes as hair styles and clothing. Social psychologists and linguists note that these kinds of symbols constitute the *channels of communication* available to us. They distinguish between the verbal and nonverbal channels.

Verbal Symbols

Verbal symbols are of two main types: language and paralanguage. Language is our principal vehicle for communication, finding expression in speech and writing. Language allows us to denote abstract ideas and events that are distant in time or place. A single word may have a complex meaning. For example, you may associate the word "home" not only with the house you live in but also with your family and dinnertime, with conflict or happiness and security. So the word "home" may represent more than "bricks and mortar" if it pertains to these other things as well.

We learn words and their meanings from agents of socialization (see our discussion in Chapter 2, "Early Socialization," for details). Because these meanings are largely shared, we are able to communicate with others in our language group. However, we sometimes create new symbols, such as new words, or assign words new meanings that are shared only by members of a particular relationship or group. Such symbols are part of the internal culture of our relationships and groups. They are significant symbols for members of the group, but not for others. For example, you may have a special name for a loved one that stands for your special feelings for that person. (We discussed internal culture in Chapter 4, "Social Relationships and Groups.")

Paralanguage consists of the nonsemantic aspects of speech – the stress, pitch, and volume of speech – by which we communicate meaning. Paralanguage has to do with *how* we say something, not with *what* we say. Tone of voice, inflection, pacing of speech, silent pauses, and extralinguistic sounds (such as sighs, screams, laughs) constitute paralanguage. Paralanguage is what we are referring to when we say, "It wasn't *what* she said; it was the *way* she said it." Consider, for instance, the difference in the meaning of the response "Oh yeah" under the following circumstances:

- 1. As a retort to the threat "Stop it or I'll smash you!" (hostile intonation)
- 2. As a response to the sexual invitation "Let's make love." (seductive intonation)
- 3. As a response to the suggestion "Won't it work if you hold that button down?" (embarrassed acknowledgement)
- 4. As a response to the question "Are you coming with us?" (affirmation)

Baby talk is a type of paralanguage (Caporael, 1981, Caporael and Culbertson, 1986; DePaulo and Coleman, 1986). While baby talk contains unique words (for example, "choo-choo" for train

STUDENT OBSERVATION

Paralanguage

When he talks to his relatives, he speaks at a higher volume than in normal conversations. He also uses a higher pitch and a very happy tone of voice. When he talks to his girlfriend, he raises his pitch still higher and slows his rate of speech. When speaking to friends, he lowers his pitch and varies his tone of voice more frequently. The variation in paralanguage is really evident when one of his male friends calls when he is expecting his girlfriend. He answers with a high-pitched "Hey!" – but quickly "corrects" his pitch and tone when he realizes who the caller actually is. and "tum-tum" for stomach), it is also distinctive in its paralinguistic features, especially its high pitch and exaggerated intonations. Indeed, baby talk has been documented in numerous languages. The higher pitch of baby talk may serve to hold babies' attention. Studies show that babies prefer to listen to baby talk (Fernald, 1985). (Before reading further, see the Student Observation: "Paralanguage.")

Nonverbal Symbols

Suppose you can see, through a window across the street, a young man and woman interacting in an apartment. Because of the noise of the traffic below, you can't hear their words, or even their voices, but you can see their faces and movements quite clearly. Without any verbal or paralinguistic cues, do you think you could tell whether the couple was having an argument or beginning a romantic evening together? Your guess just might be correct. This is because, besides speech and paralanguage, we use several kinds of nonverbal symbols to convey or amend meaning. These include body language, interpersonal spacing, and physical characteristics and personal effects. (Before reading further, see the Student Observation: "Symbols.")

Body language (also called kinesics) is the nonverbal communication of meaning through physical movements and gestures. We tap our fingers to show impatience. We shrug our shoulders to indicate indifference. We nod our heads to mean "yes" or "um-hum, I'm paying attention." We scratch our heads in puzzlement. We maneuver our bodies to negotiate a crowded setting without touching others. We avoid eye contact to indicate an unwillingness to interact. Through the motions of our bodies, limbs, faces, and eyes we communicate information about our feelings, attitudes, and intentions. This is not to say that we easily decipher the motions, wiggles, and fidgets accompanying ordinary speech. A nonverbal behavior may represent many different meanings, depending on the context in which it occurs - its timing and intensity, and its combination with other verbal and nonverbal behaviors (Zuckerman et al., 1981; Harper, 1985; O'Sullivan et al., 1985).

Eye contact frequently functions as a type of body language. Depending on how people define the situation, eye contact may signal an aggressive or dominating intent, as in a staredown; intimacy or close bonding, as among lovers; or a fervent call for assistance, as with a prisoner of war ap-

STUDENT OBSERVATION

Symbols

hen I was about four years old, I attended a wonderful playschool. However, one afternoon my mother was late picking me up. Of course, I was hysterical – I thought my mother was never coming back to get me! From that point on, the playschool was a terrifying place to me. I began to have temper tantrums in the mornings before going, and I cried all day until my mother came to pick me up. Finally, my mother figured out a plan to ease my fear of being left and forgotten. She devised a symbol to represent the fact that she wasn't going to forget about me in the afternoons – she might be late, but she wasn't going to forget and leave me.

The symbol was nothing but a simple lipstick kiss on the back of my hand. It may sound silly, but it worked. Every day when she left me at the playschool, my mother would kiss my hand and leave her lipstick print. This "silly" mark meant the world to me. It was a symbol of security, of my mother's love, and of her promise that she would never forget me.

STUDENT OBSERVATION

Civil Inattention

One interesting example of civil inattention takes place in automatic teller lines. In lines for other kinds of service, people tend to stand with about 1 or 2 feet between them. In automatic teller lines, however, the distance between the person completing the transaction and the next one in line greatly increases. The "next up" must stand at least 4 to 5 feet away and make an obvious effort to gaze at something other than the person completing the transaction, in effect saying, "Don't worry about me. I'm just waiting for my turn – I'm not trying to see your number or how much money you're taking out. I'm no threat." The other day I was in one of these lines. The next-up man was obviously in a hurry and violated the interpersonal spacing norms either out of carelessness or an effort to hurry the woman completing her transaction. She looked over her shoulder with a sharp, nervous expression on her face, obviously perceiving

the opposite of the benign, adequately spaced message: "I'm too close to be normal – I'm looking to see your number or how much money you are taking out. I'm a threat." As soon as he saw her look back, the man sheepishly backed up to the appropriate distance – now saying, "No, I'm really *not* a threat. Sorry!" – and concentrated on the bush to the left, looking embarrassed about having communicated such a threatening message unintentionally.

pearing before a television camera. Gazes come in many variations. We can glare, gawk, ogle, or leer. We alter the symbolism of a gaze by tilting our heads, widening or narrowing our eyes, or lowering or raising our eyebrows. For instance, we typically perceive the lowering of brows as more assertive and domineering than the raising of brows (Mazur et al., 1980).

Eye contact assumes considerable importance in public settings. We employ it to assess strangers and define their intentions. Consider our behavior on a city bus, a subway, or an elevator. We view these forms of public transportation as means of moving from one place to another. Therefore, within such contexts we usually aim to protect our own rights and to maintain a proper social distance from strangers.

One way to achieve these outcomes is through civil inattention: we give others enough visual notice to signal to them that we recognize their presence, but then we quickly withdraw visual contact to show that we pose no threat to them and that we do not wish to interact. We do this by cutting off eye contact, a maneuver of civil inattention that Erving Goffman dubs "a dimming of the lights" (1963b: 84). Thus, despite the closeness of our bodies and our mutual vulnerability, little focused interaction occurs, few of us are accosted, and few friendships arise. We project cues to ensure that these things *do not take place*. (See the Student Observation: "Civil Inattention.")

Social contexts vary in permissible *looking time* — the amount of time that we can hold another person's gaze without being rude, aggressive, or intimate. The permissible looking time is zero on an elevator; it is a little longer in a crowded subway or bus; and it is still longer out on the street. Apparently, greater leeway is permitted to pedestrians in "looking one another over."

Interpersonal spacing (also termed proxemics) is nonverbal communication involving the distances and angles at which people position themselves relative to others. We invite interaction by angling our bodies toward others and discourage it by angling away. We position ourselves closer to those we like and farther from those we don't like.

We also use *markers* – signs that communicate the fact of ownership or legitimate occupancy to keep others at a distance from the territory we want to claim. As markers we use symbols such as nameplates, fences, hedges, and personal belongings. We place a book, handbag, or coat on a table or an empty chair to reserve a place in the library, sunglasses and lotion on a towel to lay claim to a spot on the beach, and a drink on a bar to assert "ownership" of a bar stool (Becker, 1973; Shaffer and Sadowski, 1975). We also use touch to communicate territorial control. For instance, at a game arcade, others are less likely to attempt to use a machine if a person stands near it and touches it than if a person stands off and does not touch it (Werner, Brown, and Damron, 1981).

Physical characteristics and personal effects. We also communicate through the way we look. This includes not only our physical characteristics (such as hair color, skin color, body build, height, the way we groom our bodies) but also the personal effects we choose and display (clothing, jewelry, makeup, choice of beverage, car, the way we decorate our living quarters, and so on). A ring on the fourth finger of the left hand suggests, in our culture, that a person is married. A uniform communicates that the wearer occupies a specific role, such as police officer, airline attendant, or physician. Thus, the uniform sets our expectations for the behavior of the wearer. Note that some of these aspects of appearance are easily changed. We *choose* our clothing, makeup, grooming styles, and sometimes even hair color. Other aspects of our appearance are not easily changed – such as skin color, height, and body build. Even those aspects of our appearance over which we have little control are used by others to make judgments about us. Black males, for example, sometimes find that their race and gender are viewed as symbols of threat or danger (see the box "Just Walk on By: A Black Man Ponders His Power to Alter Public Space").

Norms define what is considered to be "appropriate dress" in various situations. That's why we tend to have different clothes for different occasions – some for work, some for leisure, some for dress-up nights out. For example, we would think it very odd if a friend attended our backyard cookout in sequined evening dress or a job applicant showed up for an interview in swim trunks and flip-flops. We would probably think such persons socially inept.

Within the range considered situationally appropriate, individuals choose their clothing and other personal effects partly to make a statement about who they are. A woman who wants to be taken seriously as a supervisor at work probably should not wear childish clothing. A manager who

If others attribute meaning to such social characteristics as race and gender, aspects of our appearance serve as symbols for these social categories and communicate information about us.



JUST WALK ON BY: A BLACK MAN PONDERS HIS POWER TO ALTER PUBLIC SPACE

My first victim was a woman – white, well dressed, probably in her early twenties. I came upon her late one evening on a deserted street in Hyde Park, a relatively affluent neighborhood in an otherwise mean, impoverished section of Chicago. As I swung onto the avenue behind her, there seemed to be a discrete, uninflammatory distance between us. Not so. She cast back a worried glance. To her, the youngish black man – a broad six feet two inches with a beard and billowing hair, both hands shoved into the pockets of a bulky military jacket – seemed menacingly close. After a few more quick glimpses, she picked up her pace and was soon running in earnest. Within seconds she disappeared into a cross street.

That was more than a decade ago. I was 22 years old, a graduate student newly arrived at the University of Chicago. It was in the echo of that terrified woman's footfalls that I first began to know the unwieldy inheritance I'd come into-the ability to alter public space in ugly ways. It was clear that she thought herself the quarry of a mugger, a rapist, or worse. Suffering a bout of insomnia, however, I was stalking sleep, not defenseless wayfarers. As a softy who is scarcely able to take a knife to a raw chicken - let alone hold it to a person's throat - I was surprised, embarrassed, and dismayed all at once. Her flight made me feel like an accomplice in tyranny. It also made it clear that I was indistinguishable from the muggers who occasionally seeped into the area from the surrounding ghetto. That first encounter, and those that followed, signified that a vast, unnerving gulf lay between nighttime pedestriansparticularly women - and me. And I soon gathered that being perceived as dangerous is a hazard in itself. I only needed to turn a corner into a dicey situation, or crowd some frightened, armed person in a foyer somewhere, or make an errant move after being pulled over by a policeman. Where fear and weapons meet - and they often do in urban America-there is always the possibility of death. . . .

The fearsomeness mistakenly attributed to me in public places often has a perilous flavor. The most frightening of these confusions occurred in the late 1970s and early 1980s when I worked as a journalist in Chicago. One day, rushing into the office of a magazine I was writing for with a deadline story in hand, I was mistaken for a burglar. The office manager called security and, with an ad hoc posse, pursued me through the labyrinthine halls, nearly to my editor's door. I had no way of proving who I was. I could only move briskly toward the company of someone who knew me. . . .

I began to take precautions to make myself less threatening. I move about with care, particularly late in the evening. I give a wide berth to nervous people on the subway platforms during the wee hours, particularly when I have exchanged business clothes for jeans. If I happen to be entering a building behind some people who appear skittish, I may walk by, letting them clear the lobby before I return, so as not to seem to be following them. I have been calm and extremely congenial on those rare occasions when I've been pulled over by the police.

And, on late-evening constitutions along streets less traveled by, I employ what has proved to be an excellent tension-reducing measure: I whistle melodies from Beethoven and Vivaldi and the more popular classical composers. Even steely New Yorkers hunching toward nighttime destinations seem to relax and occasionally they even join in the tune. Virtually everybody seems to sense that a mugger wouldn't be warbling bright, sunny selections from Vivaldi's *Four Seasons*. It is my equivalent of the cowbell that hikers wear when they know they are in bear country.

Source: Brent Staples, "Just Walk on By: A Black Man Ponders His Power to Alter Public Space," Ms., September 1986, pp. 54, 88. Used by permission of the author. wants to be seen as "one of the guys" probably should not dress too differently from them.

INTENDED AND UNINTENDED SYMBOLS

Communication involves a behavior or an attribute capable of being perceived by someone else – something that can serve as a symbol. Sometimes we *intend* for our behavior or attribute to be interpeted by others; sometimes we do not. Sociologist Erving Goffman (1959) distinguishes between *expressions given* – intended symbols – and *expressions given off* – symbols we transmit unintentionally. Communication occurs whenever some other person perceives and interprets a symbol we transmit, whether we *intended* to transmit that symbol or not.

We usually consider communication to be an intentional process, and it often is. For example, a graduate who majored in accounting may explain to a job interviewer, "In addition to my coursework, I did the accounting for student government during my junior and senior years at college. I think this experience makes me more prepared than many other graduates to enter a job with substantial responsibility." Here, the speaker is sending verbal signals that she hopes will serve as symbols of her suitability as a job candidate. She is also likely to have sent nonverbal messages intended to convey the same meaning – such as dressing in a suit, presenting a neatly prepared résumé, and being punctual for the interview.

But a sender may also deliver messages *without* intending to. The woman in our example almost certainly does *not* intend to send signals indicating that she is extremely nervous during the job interview. Nevertheless, her unsteady voice and trembling hands might communicate her nervousness to the interviewer. Similarly, the woman's wedding band might communicate her maturity and responsibility to the interviewer, even though she hasn't thought about communicating this or may not even be aware that her wedding band has been noticed by the interviewer. In most situations, we both give and give off expressions – through our appearance and behavior – that are interpreted by others. We communicate both intentionally and unintentionally.

MULTICHANNEL COMMUNICATION

Ordinarily, communication takes place through several communications channels simultaneously. Even on the telephone, both linguistic and paralinguistic cues are available to us, although body movements, facial expressions, spacing, and personal effects are not. In face-to-face conversation, we may use all the channels of communication. Sometimes, the information provided by a single channel can be interpreted in more than one way. For example, intense looking may indicate either love or hostility. A tense body posture may signal respect or hostility. The meaning of such behaviors is usually clarified when we look at the context provided by additional behavior channels. Thus we often impute love to an intense gaze when it is combined with close distance and relaxed posture (Schwarz, Foa, and Foa, 1983). In contrast, intense gaze coupled with loud speech and negative facial expression would probably be interpreted as anger. Thus, we decode most accurately when multiple communication channels convey what appears to be consistent information.

But if we had access to only a single channel of communication, which channel would give us the best (most accurate) assessment of a person's emotion? Research suggests that judgments based on verbal content are the most accurate. One such study presented subjects with passages from the 1976 televised debate between vice-presidential candidates Walter Mondale and Robert Dole. The researchers selected twelve passages for each speaker, half of which seemed to convey positive emotions and half negative. Subjects were presented with only one of several channels of communication available in the standard videotape of the passages: (1) verbal only—a written transcript; (2) video only—with audio removed; or (3) paralinguistic only-the audio track with content filtered out but with paralinguistic features such as pitch, loudness, rate, and so forth, preserved. The subjects' judgments about the positivity or negativity of the emotions being expressed were compared to those of another group of subjects who viewed the standard videotape, which contained both audio and video. The judgments of subjects who read the written transcript - the verbal content - most closely matched the judgments of subjects with complete information (Krauss et al., 1981). The results of this study indicate that when the information provided by various channels is reasonably consistent, the verbal channel contributes most to the accuracy of our judgments of positivity and negativity of emotion.

But sometimes the information conveyed through various channels appears inconsistent. What do we do when that happens? Albert Mehrabian (1972) designed a study to answer this question. He had actors display contradictory verbal, paralinguistic, and facial cues. In deciding which emotions were the true ones, subjects judging the actors' emotions assigned the most importance to facial cues, less to paralinguistic cues, and the least importance to verbal cues. Although they may disagree on the exact proportion of meaning attributable to verbal and to nonverbal cues, many researchers have found evidence that when observers are faced with inconsistent information, they weigh nonverbal symbols most heavily and tend to give very little weight to verbal symbols (Argyle, Alkema, and Gilmour, 1971; Archer and Akert, 1977; DePaulo, et al., 1978). Perhaps we believe that nonverbal channels are more likely to reveal a person's "true" feelings when we don't trust the verbal channel.

In real life, of course, much depends on the situation, the kind of behavior being judged, and the availability of multiple channels of information. Studies suggest that, when they are available, we make use of multiple channels of information, interpreting each within the context of the others (Zuckerman, Depaulo, and Rosenthal, 1981; Harper, 1985; O'Sullivan et al., 1985).

What We Communicate

The previous section focused on the different types of symbols we use to communicate with others. Now let's turn to *what* we communicate — the various types of meaning we can convey through the use of symbols.

TASK INFORMATION

Some communicative behavior is, of course, taskoriented, or aimed at getting something done. For example, a boss communicates on the job in order to coordinate her actions with those of co-workers to produce a product, such as an automobile or a report. Thus, the boss tells her secretary when a report is needed and specifies the typeface and margins she requires. Or you might communicate with your friends about plans for a party in order to coordinate your actions with theirs so that everyone knows when and where the party will be and so that you don't end up with lots of munchies but no beer. A student calls his parents to tell them that he is working hard, but that this is a particularly difficult semester, in order to prepare them for the disappointing grades he anticipates.

Task information is perhaps the most obvious kind of information we communicate. But we inevitably communicate several kinds of meanings at once. Our communicative behavior reflects the intimacy of our relationships with other persons, reflects and reinforces our relative status in the group, and provides information about ourselves (Patterson, 1988).

EXPRESSIONS OF INTIMACY

Relationships vary in terms of intimacy, or closeness, and we provide symbols to communicate degrees of intimacy and liking to our partners and other, third-party observers. For example, a man might choose particular verbal and nonverbal behaviors to encourage observers of his interaction to perceive him as a loving spouse, a devoted friend, or a disinterested date.

Relationship partners sometimes cooperate to present a particular image of their relationship. A feuding marital couple might agree to present a harmonious image when they are in public. Their nonverbal behaviors, such as hand-holding and mutual gazing, serve to promote the desired image of their relationship. When partners in a close relationship enter a setting where their closeness is unknown to others, they often display "withness cues" (Scheflen and Ashcraft, 1976) or "tiesigns" (Goffman, 1971) to signal that they are a "couple." A jealous partner may initiate higher levels of nonverbal involvement toward his or her partner in order to "stake a claim" to the partner. On the other hand, exaggerated noninvolvement, such as sitting far apart, may be used to signal to others that the relationship is not a close one.

We use both verbal and nonverbal symbols to express and promote intimacy.

Intimacy with Words

Some languages, such as French and Spanish, have formal and familiar forms of second-person pronouns. In intimate relationships, the familiar form is used. Similarly, in most languages, forms of address indicate intimacy. We frequently use only first names in interactions with intimates, while titles and last names are more commonly used with strangers or those with whom we have only formal relationships. Imagine your mother's reaction if you were to insist on addressing her as "Mrs." followed by her last name – a more intimate form of address for your own mother is expected. But when you first meet a friend's mother, the formal "Mrs." would be considered appropriate.

Intimacy also affects conversational style. Analyses of telephone conversations have showed that, in comparison to strangers and casual acquaintances, friends use more implicit openings, such as "Hi" or "Hi. It's me." They also introduce more topics into their conversations and are more responsive to their friends (Hornstein, 1985). Other studies suggest that as closeness increases, partners develop communication patterns (part of their internal culture) – including speech rhythms, pitch, and movements – that are increasingly personalized, synchronized, and efficient (Baxter and Wilmot, 1985).

Intimates often develop their own jargon – private symbols, including words and phrases commonly used by others, that have special meanings for them. When these words or phrases are used publicly, intimates may exchange a knowing glance, a wink, or a smile. A person is likely to feel disappointment if her or his partner uses these special words or way of talking with someone else.

Intimacy Without Words

Nonverbal behaviors can also indicate the closeness of relationships. In several studies, observers inferred stronger liking and higher levels of sexual involvement between partners whose level of reciprocated gaze was higher (Kleinke, Meeker, and LaFong, 1974; Thayer and Schiff, 1977). Other studies suggest that postural congruence or matching — in which participants assume postures that are carbon copies or mirror images of one another — reflect greater rapport or the desire to promote a closer relationship (LaFrance and Ickes, 1981).

In close relationships touch signals positive affect, such as support, appreciation, inclusion, sexual involvement, or affection (Jones and Yarbrough, 1985). Support touches are intended to nurture or reassure the other. Appreciation touches, which signal gratitude, are often accompanied by a verbal expression of thanks. Inclusion touches, such as holding hands or putting an arm around a partner, emphasize closeness. Touches signaling sexual interest usually involve holding or caressing the partner on the chest, pelvis, or buttocks. Affection touches are used to express general positive regard toward the partner.

EXPRESSIONS OF STATUS

An individual's status is his or her relative standing vis-à-vis others, and a person's status may differ from one social situation to the next. A college sophomore may have relatively low status compared with seniors but high status relative to freshmen. The same person may have high status among the friends with whom he plays poker on Thursday nights but lower status among those with whom he plays softball on Tuesday afternoons. In social situations, persons with higher status generally exercise greater power and control. Status is reflected and reinforced through communicative behaviors.

Status with Words

Relative status in relationships is clearly communicated by forms of address. People with lower status use formal forms of address for those with higher status. People with higher status often use familiar forms to address those whose status is lower. Two people with equal status tend to employ the same form of address with each other. Both will use either formal ("Dr.," "Mrs.," "Ms.," "Professor") or familiar ("John," "Pat") forms, depending on how well they know each other. When we are unsure about our status relative to someone else, we are faced with a dilemma. A familiar example is the problem of what to call our in-laws - "Mr. and Mrs."? "Mom and Dad"? or (after the arrival of grandchildren) "Grandma and Grandpa"? When we feel uncertain about how to address someone, we sometimes avoid calling him or her anything at all (Little and Gelles, 1975). Other strategies for masking our uncertainty without using a formal title that confers too much status or a familiar address that confers too little include using ambiguous forms of address (such as "Sir," "Miss," "Ma'am," or "Ms.") or inventing an in-between form (such as "Doc" for a physician or professor).

Our choices of vocabularies and pronunciations reflect our relative status and, consequently, influence our relationships. We often adjust our speech to express status differences appropriate to changing situations (Stiles et al., 1984). For example, there are words and phrasings we would use with our children but not with our spouses, and vice versa. A person might tell a child, "Pick up all those magazines you left in the living room, right now!" but the same person would probably address a spouse more politely: "The living room sure is getting messy." In our culture, polite, indirect phrasing is considered more appropriate between equal-status adults.

Similarly, social class and racial, ethnic, and regional differences in vocabulary, pronunciation, and speech style can have a large impact on communication. Recall our discussion in Chapter 3, "Socialization over the Life Course," regarding class differences in communication styles that not only reflect but also perpetuate status differences from one generation to the next.

Paralinguistic behaviors also communicate status. Higher-status speakers talk more frequently, longer, and more loudly and interrupt their partners more in conversations than do lower-status speakers (Brown, 1980; Street and Brady, 1982; Cappella, 1985; Street and Cappella, 1985; Weimann, 1985; Street and Buller, 1988). People with lower status show that they are paying attention by such responses as "Mmmm" at appropriate times. When people of the same status interact, they use these paralinguistic cues more equally (Leffler, Gillespie, and Conaty, 1982). Studies suggest that influence is enhanced by using the paralinguistic behaviors deemed appropriate to one's status in the group (Ridgeway, 1987).

Status Without Words

Status is also communicated through body language (Mazur et al., 1980; Edinger and Patterson, 1983; Givens, 1983). When a person in authority talks to a subordinate, the lower-ranking person listens intently and keeps his or her eyes riveted to the superior. Looking about would indicate disrespect. But when the subordinate is speaking, it is deemed appropriate for the boss to look around or gaze at his or her watch. And people in submissive roles tend to crouch slightly and display selfprotective stances (e.g., folding their arms or hugging themselves, crossing their legs, or reaching up and touching their throats). People in dominant roles typically use more expansive gestures, (such as spreading their arms and legs, thereby creating an air of assurance) (Leffler, Gillespie, and Conaty, 1982).

A person can convey his or her higher status by patting a low-status person on the back or shoulder, a behavior not permitted to a person of subordinate rank. And the high-status person takes the lead. If he or she remains standing, then the subordinate is also expected to stand. Only when the high-status person sits can the lower-status person feel free to sit down.

INFORMATION ABOUT OURSELVES FACEWORK

Some of our communication behavior is designed to deliberately present or enhance an identity or image we have of ourselves or of our relationships. Such actions illustrate that meanings are not fixed entities that set in motion an automatic unfolding of behavior. The activities of others enter as factors in the formation of our own conduct.

The need for the negotiation occurs when interactants do not share definitions of the situation. For example, suppose that Linda, the chairperson of a committee, is making a request of Paul, an older colleague on the committee. If Paul defines the situation as one in which he, an older, experienced committee member, should be advising an inexperienced younger committee member, he and Linda are likely to see each other as being too directive. When this happens, each is likely to ask, "What's going on here?" By getting additional information from each other and making adjustments, Linda and Paul may reach a shared definition of the situation-or they may not. The flow of the interaction will be affected by their ability or inability to arrive at a single script to govern the interaction.

Upon discovering that something is wrong – in this case, each one's thinking that the other is being too directive – Linda and Paul might respond by providing additional information about their own meanings. Linda might say, "Well, as chair of the committee, I think we should . . . ," or Paul might say, "If you had more experience, I think you would see that. . . ." These phrases would at least let each of them know where the other was "coming from."

From here, they might come to agreement by either one's giving up his or her own position in favor of the other's or by reaching a compromise (e.g., the young, inexperienced chair of the committee is making a polite request of the older, experienced, distinguished member of the committee). On the other hand, each might cling to his or her early meanings or adjust them so that they are even more discrepant. For example, Linda might change her definition of the situation to portray herself as the young, promising chair of the committee arguing with an old stick-in-themud committee member. Paul's definition might depict himself as the experienced, distinguished committee member being insulted by the uppity young chairperson. Whether Linda's interaction with the older committee member proceeds smoothly or problematically or is terminated altogether depends in part on whether she and Paul can arrive at a mutually acceptable definition of the situation.

In Chapter 1, we first mentioned sociologist Erving Goffman and his ideas about "impression management" - the routine ways in which we try to manage the impressions of ourselves as well as those of others. In everyday life, we often explain our own and other people's behavior through appeals to "face" (Tracy, 1990; Holtgraves, 1992): I was trying to give him a way to save face. Face is a social phenomenon referring to our concern with personal reputation - the public images we claim for ourselves or attribute to others. The communication strategies we use to enact, support, or challenge these public images are called facework (Goffman, 1955). Facework is one of the ways we negotiate with others about the meanings of our actions. The goal of such conduct is to enhance or protect our own face claims and/or to support or challenge others' face claims. According to Goffman (1971), these strategies are either "corrective" or "preventive."

Corrective Facework

Corrective facework consists of practices we employ to restore face *after* it has been attacked or threatened. Sociologist C. Wright Mills noted, in a classic article, that along with learning norms of action for various situations we learn acceptable explanations, which he called "vocabularies of motive" (1940: 909). For example, we often use accounts - explanations we offer to make our inappropriate behavior appear more reasonable (Cody and McLaughlin, 1985; Snyder, 1985). Accounts take four forms: excuses, justifications, concessions, and refusals. Excuses are statements admitting the inappropriateness of our behavior or its consequence but denying our responsibility for it. For instance, "I know you had to wait a long time because I was late, but I had a flat tire." Justifications are statements we provide that admit responsibility for our behavior or its consequence but deny its inappropriateness, reinterpreting it in a more socially acceptable manner: "You would have hit him too if he had said that about your wife."

In a concession, we neither deny responsibility nor attempt to justify our conduct. Rather, we simply admit to the failure in question and frequently offer an apology or expression of remorse or offer to make restitution: "I acted foolishly; I'm sorry." On the other hand, *refusals* involve denying that the act in question was actually committed: "I was *not* late! I said I'd be here at 3:30!" Refusals may also include a denial of the other party's right to punish; "Don't you dare scold *me* for being late! How late were *you* last night?" Accounts are discussed further in the box "Facework by Students: Accounts for Absences."

To minimize threats to others' face, we are often studiously inattentive to small lapses in their behavior (Edelman, 1985; Cupach, Metts, and Hazelton, 1986; Knapp, Stafford, and Daly, 1986). For example, we might pretend not to notice the quiet burp emitted by the person seated next to us at the table. We sometimes provide facework to protect the reputations of others. "It's OK, I know you are busy" may give a spouse a (corrective) excuse for her or his failure to pick up the dry cleaning.

Preventive Facework

Whereas corrective facework consists of the practices we engage in *after* our face is damaged or threatened, *preventive facework* consists of the things we do *when we anticipate* damage to face. We use such practices to avoid punishment for a future behavior or to assess the consequences of our actions. For example, asking someone to do something for us reduces our face if we are seen to have acted inappropriately. We can reduce the face threat of making such requests in several ways: (1) by seeking permission to make the request in the first place – "May I ask you a favor?"; (2) by offering an excuse for making the request – "Tm going to *have* to miss our next class because I have a job interview at that time"; or (3) by pleading – "Please, this is very important to me."

We also protect our face by using *disclaimers* intended to convey that, despite our present behavior, we normally abide by the rules: "I normally wouldn't ask to be excused from class, but...." When making what another person might consider a negative statement or criticism, we might use a disclaimer such as, "I know I shouldn't say this, but..." or "I'm not prejudiced, but...." When offering advice that may not be well received, we might say, "I know I'm not an expert, but..." or "I know it's none of my business, but...." These tactics take away the other person's ability to damage our face by pointing out our weakness: "You're no expert!" or "It's none of your business!"

We may protect the face claims of ourselves and others by preceding a request with a question that suggests to them an excuse for their refusal. For example, "Are you going to be home tonight?" allows the person to answer "No" (without embarrassment to either party) before being placed in the position of refusing a request to pay the person a visit.

Individuals differ in the face concerns they bring to each interaction (O'Keefe and Shepherd, 1987; O'Keefe, 1988). An insecure person may approach the interaction hoping only to avoid embarrassment, while a confident, outgoing person may want to be the focus of attention. And the face wants that individuals pursue may be different in different contexts. For example, sometimes we want to be seen as fun and likable, and other times we want to be seen as firm or even intimidating. This means that communicators need to

FACEWORK BY STUDENTS: ACCOUNTS FOR ABSENCES

Kathleen Kalab (1987) studied the "vocabularies of motive" provided by students when they missed her introductory sociology and social psychology classes. She told her students on the first day of class that they would be expected to give her a written reason for any missed class. Over two semesters, she received 270 notes.

When she analyzed the notes, Kalab found that only about 8 percent contained justifications. All of the justifications used by Kalab's students were "appeals to higher loyalties." They suggested that although the student was responsible for missing class - normally a bad thing - doing so was necessary because obligations to relatives and friends had to be placed ahead of the obligation to be in class on a particular date: "The reason I wasn't in your class last Friday and Monday is because my grandmother had a stroke and I had to fly home early." "On [date] I had to attend the funeral of a friend's mother." "Here we go again! I really am sorry to have missed your class [date]. Believe it or not, a friend of mine (not myself) got stranded? at a motel. She called me up Friday morning and like a fool I missed class to pick her up in Russellville. What else could I do?" (Kalab, 1987: 74-75).

Most of the accounts Kalab received were *excuses*. In these notes students admitted to the negative aspect of missing class but attempted to lessen their individual responsibility through the use of five major themes: reference to biological factors, control by another person, oversleeping, other coursework, and accidents. It is not surprising that students made illness their number-one excuse, because illness is commonly recognized as an excuse for not fulfilling various social obligations. It is also an excuse that can be used more than once without being viewed skeptically – and it was used more than once by many of Kalab's students.

Excuses involving control by another person included organizational demands ("The reason for missing your class on Friday, [date] was because I had a cross-country meet to run and we left at 10:30 a.m."); appointments set by others with higher status ("I missed your class on Friday in order to make a doctor's appointment."); and ride providers ("I was absent Friday [date] because my only ride home was leaving at 1:00. I hadn't been home in an awfully long time. Thanks.").

A third, and less common, theme among excuses was oversleeping. Intentional wit and humor were more likely to be used in notes about oversleeping than in those for other excuses. One student wrote, "I'm sorry I missed Friday. My id took over and wouldn't let my superego in until it was too late. Basically I overslept. (I had no intention of missing.) Thank you." Most students who used oversleeping as a reason seemed to recognize it as a rather weak excuse for missing class; very few students used it as an excuse more than once.

Some students' excuses involved missing class in order to do other classwork: "I am sorry that I was not in class on Wednesday [date]. I was studying for a very very important test. Thank you." When using the "other classwork" excuse, students were more serious than when writing about oversleeping. Only one student used this excuse more than once.

The final, and least used, type of excuse Kalab identified in her study involved accidents. Accounts that attribute responsibility to accidents emphasize hazards in the environment. The appeal to accidents often works because we all know that we cannot totally control our environment. Almost half the students' accident notes referred to faulty alarm clocks. The most unique excuse Kalab received was in the accident category:

I was absent Friday, [date] because the dye I used Thursday night to turn my hair black somehow changed to green when I washed it Friday morning. I'm talking green-bean green! I spent 3 hours and 36 dollars to return my hair to a normal hair color. (Kalab, 1987: 80)

As with oversleeping and other coursework, accident excuses were not used more than once. Kalab notes that accident excuses are not likely to work if they are overused. We honor such excuses precisely because they do not occur often.

A few of the notes Kalab received provided neither excuses nor justifications for missing class. For whatever reason, on these occasions, the students didn't try to explain their negative act in a way designed to protect or restore their face. One note said:

Yes, I was absent from your class on Friday, [date]. (Bet it was a whole lot quieter!) I have no good excuse. I didn't go home. I blew off *all* my classes Friday. And I'll be honest – I enjoyed every minute of it. Thank you. (Kalab, 1987: 82)

And another simply stated, "I can't remember why I was absent Wed."

decide which aspect of another's identity is governing the other's face claims in a particular situation. In fact, orienting remarks to a contextually inappropriate face of the other may be (or may be seen as) a strategy to attack the other or to enhance one's own face.

Even in a single situation, our face needs may conflict. We want to be connected to, and intimate with, others, but we also want to be independent and autonomous. We might want to be both fair and firm. We want to be honest *and* considerate. Behaviors that support one of the face needs can undermine the other. We sometimes deal with such conflict through a kind of facework called *equivocating* (Bavelas, 1983, 1985; Bavelas and Chovil, 1986; Bavelas et al., 1988). For example, if someone gives us a gift that we don't really like, we might equivocate by responding, "Oh, how thoughtful of you!"

Social situations also sometimes involve tensions between the face needs of interactants. In some situations, to protect our own face, we must challenge someone else's (Craig, Tracy, and Spisak, 1986). For example, to protect her identity as a competent student, a woman who has just received a failing grade on an exam might portray her professor as incompetent by suggesting that he gave inadequate instructions about what the exam would cover, wrote unclear questions on the exam, or misgraded.

Nothing guarantees that our facework, whether corrective or preventive, will soothe the interaction and allow us to avoid or reduce the disruptive consequences of our actions. Instead, the facework itself may become a *second* source of controversy: "You are always late! I'm sick of your excuses!"

We have seen that communication takes place through the exchange of various types of symbols, both verbal and nonverbal, which convey various types of meaning – about tasks, intimacy, status, and self. We have noted that communication involves the negotiation of meanings and have discussed some of the processes through which negotiation takes place. Now let's turn to a discussion of *how* we communicate – the rules of conversation.

How We Communicate: Rules of Conversation

All human encounters involve, in one way or another, the transfer of information. If we were capable of sending and receiving information simultaneously, regardless of the complexity and amount of information presented, we would not need rules governing the flow of information. However, because humans have finite information-processing capacities, human interactions must be governed by some rules of procedure that control the flow of information and signal when speaking and listening roles are to be switched. Besides solving technical problems of sequencing, so that communication can take place more smoothly, these rules of procedure also influence our impressions of who is in control of a situation, who is a competent social actor, who is friendly, and who is shy. Thus, interpersonal power, status, competence, and attraction depend, at least partly, on our ability to control speaking and listening roles (Cappella, 1985).

Both verbal behavior and nonverbal behaviors such as gaze, touch, facial expressions, postural shifts, gestures, and paralinguistic cues often signal immediate or impending changes in the state of conversation (Button and Lee, 1987; Leeds-Hurwitz, 1989; Goodwin and Heritage, 1990; Boden and Zimmerman, 1991; Maynard and Clayman, 1991). The regulation of conversation, such as who should speak when and about what, usually occurs without our awareness. As an analogy, consider how we navigate a crowded sidewalk. Through mutual glances and gestures we communicate with one another about our speed and direction of movement so as to minimize collisions. In effect, these glances and gestures function as routing or crash-avoidance devices. Just as we want to avoid collisions on sidewalks and streets, it is desirable to avoid simultaneous talking in conversations. Typically, we take turns in speaking and listening. We spend relatively little time in mutual silence or simultaneous talking, and usually the transitions from one speaker to another are without perceptible speaker overlap or pause (Trimboli and Walker, 1982, 1984). How do we manage to avoid verbally bumping into one another in our conversations? The answer lies in the rules and signals with which we regulate conversation.

INITIATING CONVERSATIONS

When and how to start a conversation is governed by several rules. *Initiation rules* encourage us to initiate conversations in some situations and discourage us from doing so in others. For example, whenever we encounter friends or acquaintances we are almost always expected to say "Hi" and are frequently expected to initiate small talk or conversation. We are expected *not* to begin conversations with strangers in the same settings.

Conversations may be initiated with an attention-getting sequence such as a greeting, question, knock on the door, or ring of the telephone. Such efforts may be successful or not. In response to an attention-getting attempt, the person being addressed may signal that he or she is paying attention and is ready to interact. In face-to-face interaction, eye contact is a critical signal of availability. For example, a voice from down the hall calls "Sally!" Sally looks toward the voice and sees John, and she returns the greeting, "Hi, John!" John smiles and waves and then turns his gaze back to the bulletin board in front of him. No further interaction takes place. If John smiles and waves and *bolds* Sally's gaze, Sally is under an obligation to interact further (Goffman, 1981). When people ignore our attention-getting attempts - violating the rules of conversation - we consider them rude, snobbish, or psychologically absent (absorbed in other thoughts, asleep, intoxicated, and so on).

If the attention-getting sequence is successful, it will probably be followed by a "*how are you*" *sequence* before another topic is introduced. For example:

- J: Sally!
- S: Hi, John! What's up?
- J: Not much. What about with you?
- S: Been studying for my physics exam. Are you going to the party on Friday?

Most telephone conversations begin with an attention-getting/answer sequence, followed by an *identification-recognition sequence*, and then by a "how are you" sequence, before another topic is introduced (Schegloff, 1979):

[Ring]

- W: Hello.
- S: Dr. Wiggins?
- W: Yes.
- S: Hi. This is Mary Jenkins . . . from your Soc. 51 class. How are you?
- W: Fine, thanks, Mary. What can I do for you?
- S: Well, um . . . I'm not going to be able to be in class on Friday for the exam.

In face-to-face situations that do not offer us much information about *who* the other person is (such as at a large party where most of the other guests are strangers to us), we may also proceed with an identification-recognition sequence, in part as a search for an opening topic of conversation:

- A: Hi, I'm Todd Baker.
- B: Hello, I'm Joanne Summers.
- A: Are you a friend of Joe's [the party's host]?
- B: I guess you could say so. I'm his fiancée. What about you?
- A: Oh, I just met Joe. I came to the party with a mutual friend Paul Andrews.

This sequence offers enough information to continue the conversation if the two participants desire to do so. For example, Todd could ask Joanne about her wedding plans. Joanne could ask how Todd knows Paul Andrews or how Paul Andrews knows Joe. On the other hand, Todd may be hoping for a romantic encounter with someone at the party, and discovering that Joanne is Joe's fiancée may squelch his interest in pursuing the conversation. Similarly, if Joanne doesn't know Paul Andrews, Todd and Joanne's conversation topics are limited, and they may begin to look elsewhere for conversation partners. In special situations, we dispense with most, if not all, of these initiation sequences. We seldom engage in them with our intimates. In emergencies, we dispense with them even when initiating a conversation with a stranger. For example, Whalen and Zimmerman (1987) have observed that emergency phone calls dispense with greetings in order to get more quickly to the reason for the call:

[Ring]

P: Newton Police.

C: I'd like to report a stolen car.

P: Your name?

C: Jack Jones.

P: Address?

The first response to the attention getter (ring) also verifies for the caller that he has reached the intended party (the police). The caller immediately states his reason for calling. Then the police officer asks questions to obtain the critical information needed to respond to the request for help. A similar modification of face-to-face interaction patterns occurs in emergency situations:

- A: Hey! I can use some help here. This woman has fainted.
- B: Have you called an ambulance?

Some role relationships allow us to skip initiation sequences. For example, it is acceptable for a waiter to skip the initiation rituals and ask a customer, "Are you ready to order?" Although the customer is otherwise a stranger, his or her strangeness is not absolute. The waiter and customer each are aware of the role of the other, and being in these reciprocal roles makes an initiation ritual unnecessary.

Initiation rules also *discourage* us from initiating conversations in some situations. For example, most of us are hesitant to interrupt when someone is busy, to initiate conversations with strangers, or to talk during class, a movie, or a church service.

However, violations of these rules may be excused if prefaced by *intrusion sequences* which offer an acknowledgment or apology for the intrusion: "Excuse me" or "Sorry to bother you." This may be followed by a signal from the person being addressed which indicates that the speaker can proceed with her or his intended conversation ("That's OK, what is it you want?") or by a signal indicating that the intrusion is not welcome ("I'm busy. What do you want?")

In some encounters with strangers, the rules against initiating conversations are relaxed. Simply sharing a situation with others provides us with some information about them, offering us an excuse for initiating conversation. For example, we may be attending a party, waiting in line for a bus or basketball tickets, or sharing a view of the Grand Canyon. In such situations we probably could comment on the particular situation we are currently sharing without breaching an intrusion rule: "Why don't they stop those guys from breaking into the line?" "Nice camera!" While these comments probably would not be considered offensive, they may or may not lead to an extended conversation, and we would be expected to respect the other's privacy if he or she did not encourage us to pursue the conversation.

KEEPING CONVERSATIONS GOING

We have described how we initiate conversations, but how do we keep them going? Communication is a shared social accomplishment. Through verbal and nonverbal feedback, listeners help us assess how effectively we are communicating. Any subtle vocal or nonverbal response that a listener makes while a speaker is talking is called backchannel feedback. This feedback helps us know whether we are keeping our listeners' interest and being understood. Listeners may signal their attention to us by simply looking at us, perhaps occasionally nodding their heads. To indicate that they understand us, they may use brief vocal insertions such as "Oh," "Yeah," "OK," or "I see"; complete our unfinished sentences; or restate in a few words our preceding thoughts (Kraut, Lewis, and Swezey, 1982; Jefferson, 1984; Heritage, 1984b). Smiles and laughs as well as frowns and tears may indicate understanding if they are appropriate to the speaker's topic. For example, a listener's laugh following a speakers's joke indicates understanding. However, if it follows a serious comment, it indicates that the listener does not understand or is trying to disrupt the speaker's talking (Jefferson, 1985; Drew, 1987). Listeners also unconsciously display subtle rhythmic body movements — such as swaying, rocking, and blinking — that are precisely synchronized with the speech sounds of the speaker when communication is going well (Kendon, Harris, and Key, 1970).

The timing of feedback is also important, often occurring when the speaker pauses or turns his or her head toward the listener. When listener feedback is mistimed or absent, the speaker may undertake some "repair work" in order to regain the listener's attention and involvement - by inserting "You know," "You see," or "Understand?" prior to or after pauses (Fishman, 1980) or by asking simple yes-no questions such as "OK so far?" or "Are you with me?" (Goodwin, 1987a). If we feel the listener is not paying attention or doesn't understand, we may restart the conversation with such phrases as "What I mean to say . . ." or "My point is. . . ." If these efforts fail to repair the conversation, our speech is likely to deteriorate, becoming more wordy, less efficient, and more general. We may hesitate or even stop talking.

REGULATING TURN TAKING

As speakers, we are interested not only in maintaining our listeners' attention and understanding but also in keeping the floor. We do not want to be interrupted until we have made our points, and we exhibit cues that maintain our turns. One way to do this is to verbally indicate that we intend to make a series of remarks, for example, "First of all" or "To begin with," followed by "Another thing." We may signal our desire to keep speaking by maintaining the same voice pitch and keeping our heads straight, our eyes unchanged, and our hands gesturing. As we near what would normally be the point where someone else would talk, we may talk faster, filling the pauses with sounds such as "uh" and "umm" or deliberately avoid finishing a sentence by ending each utterance with "and . . ." or "but the umm. . . ." At the same time, our listeners signal their willingness to allow us to continue speaking by using some of the same cues they use to indicate attention and understanding – for example, an "mm-hmm" or a nod of the head (Schegloff, 1987*a*, *b*).

However, turns at talking do not always proceed smoothly. Sometimes we are interrupted. As with intrusions in initiating conversations, some interruptions of ongoing talk evoke an apologyan intrusion ritual; others do not. When seeking a point of clarification, a listener may interrupt a speaker by raising a hand and/or saying, "Excuse me. What do you mean?" When attempting to challenge a speaker's information, a listener forgoes the pleasantries of an intrusion ritual; the intruding listener may try to complete the speaker's sentence and then continue on with his or her own sentence, may say something like "Just wait a minute. Do you really believe that? That's absurd," or may laugh when the speaker is obviously being serious. Of course, a speaker can attempt to rebuff an interruption with a raised hand, indicating "Let me finish," or may increase the volume of her or his voice to drown out the interruption.

Some interruptions are more permanent than others. An interruption that takes the floor from the original speaker for a brief time and then returns it to the speaker is called a *side sequence*. A side sequence may be initiated by a listener. For example, a listener might attempt to correct a speaker with a brief phrase: "Classes begin on *Wednesday*, not *Monday*." The length of the side sequence depends on how the speaker responds to the correction. The speaker might accept the correction immediately and proceed without missing a beat, or the speaker could reject the correction, diverting the original conversation to a discussion of the side sequence (Jefferson, 1987; Cheepen, 1988).

A side sequence can be initiated by the speaker as well as the listener. For example, as speakers, we might initiate a side sequence if we are forgetful or uncertain about a piece of information we need to continue talking (Goodwin, 1987*a*). We may turn to a potentially knowledgeable person and invite that person (with nothing more than a gaze) to share in our search for the information. This has the effect of elevating the status of listener to that of informed speaker. Or when a telephone call interrupts a conversation, the speaker may use an expression such as "Excuse me, please" to initiate the side sequence and another such as "Sorry. Now where were we?" to mark its end and the return to the original conversation.

Having taken a turn at conversation, we can signal that it is the listener's turn to talk. Turntaking signals involve a number of behavioral cues that are displayed either singly or simultaneously during a conversation. A speaker can indicate a willingness to yield a turn by any of the following signals (Duncan, 1972; Schegloff, 1987*a*; Sachs, 1990):

- 1. *Gaze*: The speaker gazes directly at the listener toward the end of an utterance.
- 2. Body motion: The speaker ends the hand gesturing he or she used while talking or relaxes tensed hands. If the speaker asks a question such as "What time is it?" or "Where are you going?" his or her head comes up on "it" or on the *ing* in "going." The speaker's eyes also tend to open wider with the last note of a question, as a signal for the other person to start his or her answer.
- 3. *Paralingual drawl:* The speaker utters the final syllable or a stressed syllable of a terminal clause in a slow, drawn-out manner.
- 4. Intonation: The speaker raises or lowers his or her voice as evidence of a terminal (ending) clause. An example would be raising the voice on "this" in the question "Do you like this?"
- 5. Verbal clues: The speaker utters a stereotyped expression – "but uh" or "you know" – followed by a phrase: "But uh, I guess that's just the way he is." Questions are also an important turn-yielding signal.

Listeners can signal that they are seeking a turn through cues such as inhaling audibly, gesturing with their hands, beginning a vocalization while shifting their heads away from us, or expressing especially loud vocal responses indicating interest — "Yes!" Such subtle and taken-for-granted (unconscious) mechanisms make communication easier. They make possible back-and-forth exchange without the need of saying, "Are you finished? Now I will talk."

Because of the absence of nonverbal cues, we might expect more turn-taking problems in telephone conversations. However, research does not support this expectation (Rutter, 1987). In fact, the only clear difference supported by research is that there are *fewer* interruptions on the telephone. Thus, although successful turn taking can be accomplished using nonverbal cues, such cues are not necessary, as interruptions can be avoided through the exclusive use of verbal cues.

TERMINATING CONVERSATIONS

We do not conclude conversations any more arbitrarily than we begin, continue, or interrupt them. Two people do not simply stop talking and abruptly walk away from each other. Just as there are initiation rituals, there are also *termination rituals*. Some rituals are short; others, particularly those that require the negotiation of a conversation closure, take more time (Button, 1987). The length of the termination ritual is influenced by such factors as the status of the participants, the setting, and the willingness of a participant to violate the termination rules.

Termination rituals between persons of equal status usually involve some prepping before the final goodbyes. Such rituals are initiated by one of the participants and may involve many components. For example, a person might close a conversation with an acquaintance by saying, "I'd better be going. Nice talking with you. See you." In this case, the final goodbye was preceded by an initiation of the closing ("I'd better be going") and an appreciation statement ("Nice talking with you").

With friends or intimates, a termination ritual might be more elaborate. For example, a student might say, "Sorry! Gotta run. Okay? Thanks for

the help. See you after class. Bye." In this example, not only did the closing include an initiation ("Gotta run"), an appreciation ("Thanks for the help"), and a final goodbye ("Bye"), but it was extended by a request for the friend to approve terminating the conversation ("Okay?") as well as an arrangement for initiating the next conversation ("See you after class"). Some termination rituals might be punctuated with a hug or kiss.

In some situations we terminate conversations with friends or intimates more abruptly. For example, if two friends are accustomed to routinely terminating their conversations at a particular point - during a walk to class or work together, for instance - their termination ritual may be as brief as a nod of the head, "Bye," or "See ya." Other components of the ritual are assumed and therefore not spoken; for example, there is no need to include the explanation for closing and an arrangement for reopening the conversation in the future. On another occasion, the closing may be no more than "Oh, no! I forgot about the pie in the oven!" as the person turns and dashes away. Although the words suggest an explanation for the departure, the loss of eye contact suggests that the person is not asking for anyone's approval to leave (Goodwin, 1987b).

A termination attempt may be resisted whether or not it includes an actual request of the other party to approve it. It may be countered with "Oh, just one more thing. . . ." Such resistance is usually hard to overcome, whether it occurs in a face-to-face conversation or on the telephone. There isn't much the participant making the attempt can do other than repeat the termination ritual, emphasizing his or her explanation. The person might suggest another conversation in the near future: "I'll call you back tomorrow." In a face-to-face conversation, he or she can slowly decrease eye contact and move farther away from the other person. But abruptly turning away - or hanging up-without waiting for the other person's goodbye is "against the rules" and therefore requires repair work in the next conversation.

Termination rituals are somewhat different when the parties are of unequal status. For example, a superior may conclude a conversation with a subordinate abruptly, with little fanfare. On the other hand, you know your status is higher when the other person — instead of closing the conversation abruptly — asks if you want to extend the conversation. This occurs, for example, when a salesperson asks, "Can I help you with anything else?"

However, other factors may override the effects of status differences. Television news interviews, for example, usually operate with prespecified closing times (Clayman, 1989). It would be considered rude for either the interviewer or the interviewee to leave early. However, once the agreed-upon ending time arrives, it is often the higher-status person who exercises the right to terminate the interaction. You have probably noticed that it is not uncommon for the president to leave his press conferences with the press's questions still ringing in his ears.

TALK IN INSTITUTIONAL SETTINGS

The conversational rules we have been discussing apply to mundane (everyday) conversations; thus they apply to a diversity of roles and conversation topics. In social institutions, which involve a narrower range of topics and relatively specialized identities, these conversational rules are often modified to better address the interactional contingencies of the particular setting (Heritage, 1984a; Whalen and Zimmerman, 1987; Zimmerman and Boden, 1991). For example, turn taking is governed by different rules within the settings of particular institutions, such as classrooms, courtrooms, emergency rooms, and corporate boardrooms. Institution-specific rules may specify the order of speakers as well as how long each can talk, who can interrupt whom in what manner, and, sometimes, what the topic of conversation is (West and Frankel, 1991). The rules may also specify who can make or enforce these kinds of rules, for example, the judge in a courtroom (Philips, 1990). The incumbents of particular roles such as police officers, teachers, doctors, lawyers, and interviewers typically begin the conversation, ask the questions, sometimes interrupt or select the next speaker, and decide when the conversa-



In social institutions, conversational rules are often modified to better address the interactional contingencies of the particular setting.

tion will end. These are the people in charge. On the other hand, others such as students, patients, witnesses, and interviewees follow the formers' initiatives. In some instances, the question-answer activities are reversed. For example, in a classroom or at a press conference the teacher or the politician/expert becomes the interviewee, while the students or the press become the interviewers. However, the teacher or politician still initiates the conversation by selecting the questioner and probably sets most of the agenda of the interview.

To the extent that participants in an institutional setting, such as a courtroom, organize their conversations in a way that is distinctive from everyday conversation, they are both *displaying* and *creating* the unique institutional character of that setting (Heritage and Greatbatch, 1991). Each institution has its own unique pattern of modifications. These vary from culture to culture, and they are subject to processes of social change.

THE COOPERATIVE PRINCIPLE

To make their purposes understood, speakers sometimes explicitly state their intent: "I am asking for your help." "I am telling you to stop right now." "I insist that you leave now." "I invite you to come tomorrow." "I apologize for being late." "I promise to get the paper." "I'm warning you that it is not enough." Most languages also provide standard ways of combining words and intonation to convey a speaker's purpose. In English, for example, there are standard ways of using word order, verb forms, and intonation to convey asking ("Is Wendy here?"), telling ("Wendy is here"), and commanding ("Come here, Wendy!").

More often, however, we indicate our intentions much more indirectly. For example, when Carol telephones Tricia and Jonathan answers, she might ask, "Is Tricia there?" Carol expects Jonathan to understand from this that she wants to speak to Tricia; she isn't simply asking for a yes or no answer. If Tricia is home, Carol expects Jonathan to reply, "Yes, I'll get her." If she isn't home. Carol expects something like, "No, may I take a message?" or "No, she'll be back about nine." These answers acknowledge that Carol wants to speak to Tricia, even though she didn't say so directly. Similarly, when you say to your roommate, "I'm hungry," you expect him to know that you are not simply stating a fact but want the two of you to start doing something about it. Depending on the setting, you might mean "Is there anything in the refrigerator that I could eat?" or "Let's stop what we're doing and go get some dinner."

Obviously, people often mean much more than they actually say. How do listeners figure out the more indirect meanings? Philosopher H. Paul Grice (1975, 1978) has argued that we do this, partly, by relying on a cooperative principle – an assumption that speakers are trying to be (1) informative (but not overly informative), (2) truthful, (3) relevant, and (4) clear (unambiguous and brief).

Consider this example: Adam is standing by a car on the side of a dusty rural road as Bob comes

along on foot. Adam says, "I'm out of gas." Bob replies, "There's a fruit stand around the corner and another one a little farther down the road on the left." How should Adam interpret Bob's reply? Taking Bob's remarks at face value, Adam might think that Bob is entirely unconcerned with his problem and wants him to buy some fruit at the local stand. But if Adam relies on the cooperative principle, his thinking may be along these lines: Bob thinks the fruit stands are my closest sources of help (he is trying to help by giving good information; he knows and is being truthful about where they are). Maybe the fruit stands also sell gas or have a phone I can use to call for help (they must be relevant to my being out of gas). Why did Bob mention two fruit stands? He must think it's possible that the closest stand won't solve the problem (it might be closed), so he gave me more information, just in case. (Adam assumes Bob wouldn't give unnecessary information because the principle of cooperation says speakers should be brief.)

Suppose you point toward a group of ten dancers and say to the friend next to you, "That is Sandra's brother." Your friend assumes that, if you are acting cooperatively, you have given her all the information she needs to pick out the unique dancer to whom you are referring. If nine of the dancers are female, your friend will know that Sandra's brother is the sole male dancer. But what if all the dancers are male? She will look for something that sets one dancer apart from the others. ("Really? The *naked* one?")

Cooperation is essential to language use and, more generally, to all communication. Speakers say what they say intending it to be understood a certain way by their listeners. We talk to convince, request, apologize, warn, and promise. To succeed, we have to rely on the cooperative principle (Clark, 1985; Schiffrin, 1990).

Group Differences in Communication

Not everyone uses the same style of communication. We do not all share the same interpretation of particular cues; in other words, not all cues are significant symbols. Nor do we necessarily interact using the same rules of conversation (e.g., some of us use repair work, which others ignore). Some of these differences occur between individuals; others are differences between groups of people. There are several explanations for the communication differences that distinguish groups (Coupland, Giles, and Weimann, 1991): (1) People use different communication styles (including different languages and jargon) because they come from different cultures or have specialized socialization and training. (2) Different developmental levels of the "same" language may account for different communication styles, such as those seen in conversations between adults and children. (3) People may use different channels of communication because of physical restriction; for example, the sight-, hearing-, or speech-impaired who cannot receive or send information through particular channels and, at the same time, may use cues that the nonimpaired have difficulty interpreting. (4) Biological explanations suggest that genetic differences between categories of persons result in different communication styles. (5) As we have discussed previously, communication differences can be a vehicle for the display of one person's power or status over another. When we encounter someone whose symbols or communication style is different from our own, we often make the judgment that our own style of communication is "the correct one" and other styles are "deviant" - not just different, but bad or inferior (Henley and Kramarae, 1991).

Obviously, communication differences, whatever their source, can lead to communication problems between people who have occasion to interact with one another. Our reactions to others whose communication styles are different vary. Sometimes we lower our expectations of the abilities of those using other styles; for example, we may use baby talk when interacting with children, the elderly, the impaired, and even those whose native language is different from our own. Sometimes we attempt to change the communication styles of those whose styles differ from our own; for instance, we may oppose bilingual education. A third way we react to these differences is by avoiding opportunities to interact with dissimilar others; for example, we may adhere to the segregation of ingroup and outgroup members (a topic discussed in Chapter 4, "Social Relationships and Groups"). Of course, segregation can be the *cause* as well as the *effect* of communication differences.

We expect differences when we talk to people who grew up in a different country but not when we talk to people who grew up in "the same culture" and who speak "the same language" as ourselves. So it is perhaps surprising that social psychologists devote a great deal of attention to gender differences in communication.

GENDER DIFFERENCES IN COMMUNICATION

Folklore has long attributed "female intuition" to women. According to this view, women are more adept than men in nonverbal communication. An accumulating body of research supports this popular belief (Hall, 1984). On the whole, psychologists find that women are more visually attentive to other people than are men. And women are better judges than men of the meanings behind voice tones, facial expressions, and body movements – the sorts of cues people cannot or will not put into words.

One explanation for women's superior nonverbal decoding skills and different conversational style is that they are socially oppressed and hence must give greater attention to an accurate reading of the needs and demands of more powerful others. Another speculation is that women in male-dominated societies usually find themselves watching and listening and might therefore develop greater nonverbal ability through sheer practice. Still another is that the ability is genetic, or "prewired," because nonverbal sensitivity on a mother's part might permit her to detect distress in her children or threatening signals from adults, thus enhancing the survival chances of her offspring.

In contrast to these "oppression" and "biological" explanations, another thesis is that gender differences in communication styles emerge from male and female *subcultures* whose norms are learned from, and reinforced by, gender mates from early childhood on (Maltz and Borker, 1982; Maccoby, 1990; Tannen, 1990). According to this explanation, gender differences in communication behavior stem from adherence to the norms of one's own gender group, not so much from status differences that may become salient when men and women interact with one another.

Women's style is seen as reflecting females' greater concern with *intimacy*, or connection with others. This style focuses on minimizing differences and avoiding the appearance of superiority, which would highlight differences among the members of complex networks of friends. Communication, for women, is frequently directed toward establishing connections with others, building relationships, and preserving intimacy.

Men's communication style reflects their greater concern with *status* and independence, with being up rather than down in the hierarchical social order. Thus, men's conversations are negotiations in which they try to achieve and maintain the upper hand if they can and protect themselves from others' attempts to put them down or push them around. This is not to say, of course, that women are entirely unconcerned with status or that men are unconcerned with intimacy. The difference is one of focus and degree – women's primary concern is intimacy, while men's primary concern is status – and this leads to dramatic gender differences in communication styles.

Notice that the difference in the concerns of the two genders reflects two of the main "things we communicate" discussed earlier in the chapter – intimacy and status. Men's greater use of filled pauses (which permit them to keep the floor), faster speech, and interruptions follows from their concern with status: they are competing for conversational floor time and respect. Women's greater use of questions, briefer speech, and more direct gazes reflects their concern with egalitarianism and connection. In this view, men and women come together as citizens of different cultures – thinking that they speak the same language when, in fact, they do not (Hall, 1978).

Perhaps because females are more concerned with interpersonal harmony and/or are more skilled at affecting it, both sexes find interactions with women to be more pleasant and satisfying than interactions with men. Social psychologist Harry Reis (1986) suggests that males and females make different contributions to social interaction. He and his colleagues asked subjects — forty-three male and fifty-three female college seniors — to complete a series of ratings for each interaction of ten minutes or longer that they were involved in during a two-week period.

The researchers found that interactions involving at least one female were rated by the subjects of both sexes as more intimate, more pleasant, and more satisfying. In such interactions, subjects indicated that they and the others involved in the interaction disclosed more. Even when a male interacted with his best male friend, the interaction was rated as less intimate, disclosing, pleasant, and satisfying than interactions between females or between opposite-sex partners. Additionally, among both male and female subjects, the more time they spent interacting with females, the less lonely they reported themselves to be. Reiss's study, however, did not attempt to identify the particular behaviors that made interaction with females more positive.

Gender Differences in Meaning

Because of gender differences in communication skills and approaches to interpersonal interaction, males and females sometimes view the same interaction quite differently. For example, backchannel responses such as "yeah" and "um-hum" have different meanings for men and women. For women, these mean "I'm listening, please continue." For men, they mean "I agree." So, in a malefemale conversation, the man may think he is listening but not agreeing, but the woman will think he is not listening. Women frequently ask questions to maintain conversations – to show interest and encourage the speaker to continue. Men are more likely to see questions as requests for information. Women often respond to shared experiences and problems by offering reassurance. Men see the presentation of problems as requests for solutions and respond by giving advice, lecturing, or acting as experts (Aries, 1987). Women who think they are displaying a positive quality – connection – are misjudged by men who see them as lacking independence, which men regard as synonymous with incompetence and insecurity. Men who think they are displaying a positive quality – independence – are misjudged by women who see them as insensitive and uncaring. It is not surprising that communication between men and women is sometimes difficult.

Deborah Tannen, a linguist who has studied gender differences in conversational styles, illustrates how men's and women's different cultural backgrounds can lead to miscommunication:

When Josh's old high-school chum called him at work and announced he'd be in town on business the following month, Josh invited him to stay for the weekend. That evening he informed Linda that they were going to have a houseguest, and that he and his chum would go out together the first night to shoot the breeze like old times. Linda was upset. . . . Josh had made these plans on his own and informed her of them, rather than discussing them with her before extending the invitation. . . . But when she protests, Josh says, "I can't say to my friend, 'I have to ask my wife for permission'!"

To Josh, checking with his wife means seeking permission, which implies that he is not independent, not free to act on his own. It would make him feel like a child or an underling. To Linda, checking with her husband has nothing to do with permission. She assumes that spouses discuss their plans with each other because their lives are intertwined, so the actions of one have consequences for the other. . . . Linda was hurt because she sensed a failure of closeness in their relationship: He didn't care about her as much as she cared about him. And he was hurt because he felt she was trying to control him and limit his freedom. (1990: 26-27)*

^{*} From "Women and Men in Conversation" from You Just Don't Understand by Deborah Tannen. Copyright © by Deborah Tannen. Used by permission of William Morrow & Co., Inc.

Miscommunication between the genders is not limited to the interactions of husbands and wives. Antonia Abbey (1982) got her idea for a study about miscommunication between men and women from an encounter she had with strangers. Abbey was with some female friends at a crowded campus bar, sharing a table with two male strangers. While Abbey thought that she and her friends were merely being "friendly," the men appeared to interpret the women's behavior as an indication of sexual interest. She reports that she and her friends finally had to excuse themselves from the table in order to avoid an awkward scene. This made Abbey wonder: Do men often see women's words and actions as more seductive than the women intend?

Abbey designed a study to answer this question. She assigned two males and two females to each of twenty-six four-person groups. When each group arrived for the study, Abbey randomly selected one male and one female to engage in a brief conversation (the actors) while the other male and female observed the conversation from another room (the observers). After the conversation, all four subjects filled out questionnaires indicating their perceptions of the actors' personality traits and chose from among a list of characteristics those that they thought described how each actor was "trying to behave." Although these terms were included with many others, Abbey was particularly interested in how "flirtatious," "seductive," and "promiscuous" the four subjects perceived the two actors to be.

Abbey found that the behavior of the female actor was rated more promiscuous and seductive by both the male actor and the male observer than by either the female actor or the female observer. Overall, the male observers saw the female actors as more interested in and attracted to their partners than did the female observers. The males and females in this study either participated in or observed the same interaction, but both as actors and as observers the males and females perceived it quite differently—mutual understanding was not reached. As Abbey's experience in the bar indicates, this gender difference in "meaning" can lead to problems.

Differences in Conversational "Work" and Control

As we noted earlier in this chapter, the maintenance of a conversation is somewhat problematic and requires the continual, turn-by-turn efforts of the participants. However, this does not mean that there is an equal distribution of work in a conversation. For instance, Pamela Fishman finds that a woman typically carries the greater burden in keeping a conversation moving with a man. Fishman (1978) analyzed fifty-two hours of tapes made in the apartments of three middle-class couples between the ages of twenty-five and thirtyfive. The women raised nearly twice as many topics of conversation as the men because many of the women's topics failed to elicit any response. Besides exercising their right to inject new topics, men controlled topics by veto: they would refuse to become full-fledged conversational participants. Both men and women regarded topics introduced by women as tentative, and many of these topics were quickly dropped. In contrast, topics introduced by men were seldom rejected and frequently resulted in a lengthy exchange.

The tapes revealed that the women resorted to attention-getting devices when faced with the men's grunts or long silences. The women asked three times as many questions as did the men. Asking a question is conversational "work"; it is a device used to keep conversation going by eliciting a response from the other party. And more often than the men, the women prefaced their remarks with comments like "D'ya know what?" and "This is interesting"; as talk lagged, the women used the interjection "you know" with considerable frequency. Such phrases function as "go-ahead" signals, indicating that the other party may speak up and that what is said will be heeded.

Deborah Tannen suggests that men see communication as a way to gain status by showing that they know more. Women, on the other hand, see communication as a way to build connections, so they tend to play down their own expertise rather than display it. Because of these differences, men are often more comfortable, and more talkative, in public situations that allow them to "show off." Women are often more comfortable, and more talkative, in private situations that allow them to build rapport. Men are inclined to jockey for position and challenge the authority of others. Women are more likely to avoid confrontation because they feel it is more important to be liked than to be respected. Men see disagreement as more interesting - and more status enhancing than agreement. Women see disagreement as a threat to intimacy and strive to be more accommodating. Because they are not struggling to compete with others in conversation, women are often seen by men as being powerless or inept.

A number of studies have found that men account for the vast majority of the interruptions in a conversation. One early study found that in cross-sex conversations in public places, over 90 percent of the interruptions were made by men (Zimmerman and West, 1975). A recent study (Smith-Lovin and Brody, 1989) found that, while male and females interrupt at almost identical rates, males are more than twice as likely to interrupt a female as they are to interrupt another male. Females, in contrast, interrupt male and female speakers equally. The men were also found to be more successful at interrupting women.

Some researchers conclude from these findings that women, who do the routine maintenance work in conversations, neither control nor necessarily benefit from the conversational process (West and Zimmerman, 1983; Kollock, Blumstein, and Schwartz, 1985; Pfeiffer, 1985). One explanation for these findings is that widely held beliefs in our society attribute more status, or power, to men than to women and that this difference is reflected in conversational dynamics (Ridgeway and Diekema, 1992). According to this view, differences in communication styles are essential to the maintenance of male dominance (Henley and Kramarae, 1991). A second explanation proposes that these differences are not so much a reflection of or a mechanism for maintaining male dominance but are, instead, another result of the different socialization and resulting cultures of the two genders.

These two explanations are not necessarily mutually exclusive (Smith-Lovin and Robinson, 1992). Both early socialization and peer-group interaction may lead boys and girls to develop gender identities that differ substantially in power. Although parents don't directly or intentionally socialize children to play or interact differently on the basis of their gender (Maccoby, 1990), they do communicate, subtly, that girls are nicer, less powerful, and less lively than boys. These early experiences shape our views of ourselves and others as males and females. These gender identities are reinforced in same-sex play groups. In adulthood, men's and women's definitions of "male" and "female" differ substantially. When these gender identities are activated, men and women behave differently in carrying out social roles. Thus, according to this view, it is gender-differentiated identities, which we hold for ourselves and others, that shape our interactions, including whether we interrupt, encourage someone else to speak, nod attentively, actively disagree, and so on.

Gender Stereotypes and Communication

One conclusion that we might draw from these studies on gender differences in the use of verbal and nonverbal cues is that women should try to adopt the culturally recognized male patterns in order to reap the same rewards. But would they?

When social psychologists began looking for objective cues to identify who would emerge as leader in an initially unstructured group, they found that the emergent leader was often the one centrally located in the group and that group members seated at the ends of the table became leaders more often than those occupying side positions. Psychologist Robert Pellegrini (1971) had subjects rate each person in photographs of five college women seated around a rectangular table, one at the head and two on each side. The woman seated at the head of the table was identified as the most influential, talkative, and leaderlike and as the one who had contributed most to the group. Pellegrini reasoned that we expect the high-status member of a group to be seated at the head of the table in our society, so we automatically attribute status and dominance to the person who occupies that position. The head of the table thus serves as a nonverbal cue to leadership status.

Natalie Porter and Florence Geis (1981) devised a study to determine whether the cues identifying a man as a leader would equally confer leadership on a woman. They decided to use position at the head of the table as the cue they would study, since it would be unlikely that, in photographs of seating position, males and females would seem to be doing this "differently." The research described above showed that the position at the head of the table serves as a leadership cue in same-sex groups. Porter and Geis hypothesized that in *mixed-sex* settings, sex-role stereotypes that define women as nonleaders when a man is available would cause leadership cues to be interpreted differently for males and females.

Using the same procedure that Pellegrini had used, Porter and Geis showed subjects a slide of five individuals seated at a rectangular table, two on each side and one at the head. To make sure that results were not due to a particular stimulus person, the researchers used several slides, with the seating positions of particular individuals varied in each one. Subjects viewed one slide and then rated each group member shown.

As they had predicted, the researchers found that the person at the head of the table was seen as the leader in the all-female, all-male, and mixedsex groups with a male at the head of the table but not in mixed-sex groups with a female at the head of the table. In fact, a woman at the head of the table in a mixed-sex group was less than half as likely to be seen as the leader as was the person at the head in the other three conditions. This was true among both male and female subjects, including those with feminist as well as those with nonfeminist beliefs. The researchers concluded that "seeing is not believing" when the objective evidence seen is not consistent with the beliefs encoded in cultural stereotypes. This suggests that women cannot get the same treatment as men simply by displaying the same nonverbal cues.

Men and women are judged differently when they use the same verbal cues as well. Women who attempt to adjust their styles by speaking louder, longer, and more assertively are judged to be acting in an "unfeminine" manner (Tannen, 1990). They may command more attention and respect, but they are likely to be disliked and disparaged as "aggressive" and "unfeminine." A man acting the same way is merely being a masculine male, and he is judged positively as a result. Indeed, women do not have to be particularly aggressive to be criticized.

A study by Harriet Wall and Anita Barry (1985) found that we define success in masculine terms and see these traits as incompatible with femininity. The researchers gave students information about prospective professors - their academic backgrounds, publications, and letters of recommendation - and asked the students to predict how well the candidates would do if hired and what their chances were of winning a distinguished teaching award. Some of the students were given a woman's name and others a man's name for the candidate. Those who believed the materials described a woman candidate were more likely to predict that she would not win the teaching award because, as one student put it, there was "too much business, not enough personality." None of the students who read exactly the same file under a man's name made these negative inferences about personality. In addition, students who believed they were evaluating a woman expected her to be more nurturing and to devote more time to her students outside of class than those who thought they were evaluating a man.

When women use stronger, more direct power cues – cues considered inappropriate to their gender – they often receive negative evaluations (Burgoon and Miller, 1985; Russell, Rush, and Herd, 1988; Heilman et al., 1989; Powell, 1990). This produces a double-bind dilemma for women who aspire to positions of leadership or responsibility. If they use typical female cues, they are ignored - considered "nice mice" who don't possess the necessary leadership qualities. If they use stronger signals, they are viewed as overly emotional, arrogant, and abusive -- "dragons" who are trespassing on territory regarded as inappropriate for women. No "right" demeanor can be achieved (Fogarty, Rapaport, and Rapaport, 1971). Consider, for example, the plight of Geraldine Ferraro as the first female candidate for vice president of the United States. The press made much of the fact that in her debate with then Vice President Bush, she had difficulty creating a public image that would be authoritative but not "too masculine" (Epstein, 1988).

Even when journalists set out to praise Ferraro, they often used terms that highlighted the incongruity between her gender and the office she was seeking. Linguist Michael Geis (1987) points out in his book The Language of Politics that she was called "spunky" and "feisty"-words, Geis observes, that are used only for small, powerless creatures: for a Pekingese but not a Great Dane, perhaps for Mickey Rooney but not for John Wayne. Our language has built-in gender distinctions that shape our attitudes. It appears that gender is itself a cue that, in some situations, conflicts with or even overrides other communication cues to determine the responses of others (Eagly and Karau, 1991; Eagly, Makhijani, and Klonsky, 1992).

RACE AND CLASS DIFFERENCES IN COMMUNICATION

Race and social class are also sources of communication differences and, as a result, sources of communication problems when members of different races or social classes come together. Although the research literature on racial and social class communication styles is less extensive than that on gender differences in communication, several interesting observations have been made.

In his classic study, anthropologist William Labov (1972) found that African-American males

(in this case, young, urban, and mainly lower class) exchanged insults, often in the presence of other peers who served as an audience. This activity was usually competitive in nature, in that each man tried to top the previous insult with one that was more clever, outrageous, or elaborate. The audience members acted as judges in deciding who won the competition of insults. Labov referred to this style of verbal exchange as "ritual insults."

Labov's observations were followed by research aimed at discovering the communication styles of females, whites, and members of the middle class (whatever their gender or race). Researchers observing African-American females found that they adopted the ritual-insult style when interacting with African-American males, and their communication with one another was typified by play songs and cheers that incorporated several aspects of insulting, such as assertive and mocking tones (Goodwin, 1980; Heath, 1983). Studies of white females found that the use of assertive and mocking play songs was not common (Heath, 1983) and that middle-class white females were often intimidated by the more aggressive style of their African-American peers (Schofield, 1982). However, still another study of the interaction among groups of white females found that ritual insulting was common among girls who came from working-, or lower-class backgrounds but not among those from the middle class (Eder, 1990). The researcher concluded that social class (not gender or race) was the major determinant of ritual insulting and that communication problems arise when persons from different social classes interact largely because middleclass people interpret working- and lower-class speech styles as both rude and assertive.

In a similar vein, Thomas Kochman (1981) observed differences in the communication styles used by African-Americans and whites in conflict situations. According to Kochman, blacks more frequently use a loud, animated, and confrontational style, while whites more frequently use a quiet, dispassionate, and nonchallenging style. The observations of a second researcher (Donohue, 1985) support those of Kochman: he found that in conflicts between members of the two races, African-Americans tend to be loud while whites are more likely to be extremely solicitous and friendly. Kochman proposes a cultural explanation for the communication differences. He contends that in African-American culture, loudness is viewed as an expression of sincerity and conviction of action – and therefore is positively valued. African-Americans tend to interpret whites' solicitous and friendly style of conflict communication as a mask of hypocrisy and weakness. On the other hand, whites interpret the loudness of African-Americans as overly aggressive and hostile.

Again, however, it is important to note that these studies compare working- and lower-class African-Americans to middle-class whites. Thus, the observed differences in communication styles may reflect *social class* differences rather than *racial* differences. In one study of middle-class college students, males of both races tended to use the quiet, nonchallenging style (there were only a small number of African-American males in the study), and the style differences between the females of the two races were small, although African-American females used the intense, confrontational style somewhat more frequently (Ting-Toomey, 1986).

Several studies suggest that racial differences in the cues that listeners and speakers provide for one another can also cause difficulties in interracial interaction (LaFrance and Mayo, 1976; Erickson, 1979). For example, African-American speakers tend to give fewer and more subtle cues indicating that they expect listener feedback. White speakers tend to look away from the listener while talking, whereas African-American speakers look at the listener more. White listeners, on the other hand, look at the speaker almost continuously, while African-American listeners look down or away and give fewer and more subtle listening cues (such as nods) than do whites. For example, for white speakers, listening is signaled by gaze, combined with both verbal and nonverbal back-channel cues. For AfricanAmerican speakers, *either* a vocal ("um-hmm") or a nonvocal (head nod) cue signals listening; these cues are rarely given together. White speakers infer from this that the African-American listener is not paying attention or doesn't understand. Consequently, they often repeat points and overexplain, making the African-American listener feel that the speaker thinks she or he is stupid. On the other hand, African-American speakers often feel that a white listener's "staring" indicates hostility.

CULTURAL UNIVERSALS AND DIFFERENCES

As we noted at the beginning of this chapter, the meanings that symbols come to have are arbitrary in the sense that they result from cultural conventions. A symbol can have any meaning that a group of people agree on. This means, of course, that a single symbol may have different meanings for different groups. Our discussion of gender, race, and class differences provides many examples of this. However, there are some commonalities in the use of symbols among various cultures and subcultures. In this section we'll explore both these commonalities and the cultural differences in the use of various kinds of symbols for communication.

Language

Human communities develop languages in order to express thoughts and feelings. All human groups have some features in common, and these are reflected in **linguistic universals** – features common to every language. Every language has nouns and verbs, for example, because all people must refer to objects and actions. Every language has terms for such spatial dimensions as direction (right, left; up, down; front, back), distance, height, and length, because all people use basically the same perceptual capacities to orient themselves to the physical world (Clark and Clark, 1977). Similarly, every language has terms to distinguish between past, present, and future – universally experienced dimensions of time.

Some linguistic universals result from common experiences of social life. These are of particular interest to social psychologists. For example, all cultures have some sort of family structure, although the structures themselves vary. All languages contain terms that allow speakers to distinguish three characteristics of family members sex, generation, and blood relationship. All languages have precise, simple terms for relatives who spend the most time together, but they usually string together several terms to specify one's exact relationship to relatives who are less central to the family structure. For example, in English, the term "grandmother" designates a female, two generations prior to the referent, and a blood relationship. But the term "cousin" designates only two of the three characteristics - generation and blood relationship but not gender; it takes two words, "female cousin," to completely describe the cousin relationship. All languages have pronouns that facilitate references to self and other - for example, in English, "I/we," "you," and "he/she/they." Other universal language concepts include certain body parts (head, foot, belly, mouth), colors (red, green, black, white), common human actions (eat, sleep, hear, walk), and features of the environment (cloud, earth, rain, moon, fire) (Swadesh, 1971).

All languages have terms for concepts that are central to daily activities. As we have seen, the *common* capacities and experiences of humans lead to the incorporation of certain features in all languages — linguistic universals. But human groups also *differ* in terms of the physical environments they inhabit and the activities they undertake. These differences are also reflected in their languages. The Arabs have some 6,000 different terms for camels. The Hanunoo, a people of the Philippine Islands, have a term for each of ninetytwo varieties of rice. Having precise words for frequently needed concepts makes communication easier and more accurate.

When learning to speak a new language, people generally do not pick up all the cultural conventions about how it should be used in different contexts. As a result, they may accidentally send

the wrong message. For example, German allows more direct phrasing of requests and complaints than English does (House and Kasper, 1981). Thus, when Germans speak English, they sometimes sound domineering to Americans accustomed to the English convention that considers it impolite to be too direct with status equals. Similarly, research suggests that Israelis are concerned with appearing to be honest and forthright in their communications, while Americans and the British are more concerned with appearing to be polite and considerate (Katriel, 1986). Israeli speakers, in striving to maximize the attributes of honesty and forthrightness, which are valued in their culture, may come across to American and British listeners as rude and inconsiderate.

Body Language

Some gestures have the same or similar meanings in several cultures. An example is the side-to-side head motion meaning "no." However, some behaviors have a specific meaning in one culture but not in another. The French gesture of putting one's fist around the tip of the nose and twisting to signify that a person is drunk is not employed in other cultures. And a gesture may have one meaning in one culture and a different meaning in another culture. Thus, Roman emperors gave the thumbs-up gesture to spare the lives of gladiators in the Colosseum. Today the same gesture is favored by American and Western European airline pilots, truck drivers, and others to mean "all right." But in Sardinia and northern Greece, it is an insulting gesture, paralleling the insulting middle-finger gesture of American society (Ekman, Friesen, and Bear, 1984).

One aspect of body language, however, does seem to have common meanings in different cultures – the *facial expression* of emotion. Paul Ekman (1980) and his associates showed subjects from widely different cultures photographs of individuals' faces that in Western societies are judged to display six basic emotions: happiness, sadness, anger, surprise, disgust, and fear (see photo). The researchers found that collegeeducated subjects in the United States, Brazil,



People in many cultures recognize the emotions of happiness, anger, sadness, surprise, disgust, and fear in these photos.

Argentina, Chile, and Japan ascribed the same emotions to the same faces. Moreover, with the exception of their failure to discriminate fear from surprise, even the isolated and preliterate Fore of New Guinea made similar distinctions. (Among the Fore, surprising events are almost always fearful, such as the sudden appearance of a hostile member of another village or the unexpected meeting of a "ghost.")

In a more recent study, Ekman and his colleagues showed photographs depicting the six emotions to college-student observers in ten countries (Ekman et al., 1987). The observers were asked to rate *how intensely* the person in the photo was experiencing the emotion, as well as *which* emotion the person was feeling. Although there were high levels of agreement across cultures about which emotion was being expressed, judgments of intensity showed much lower levels of agreement. The greater variation in intensity than in type of emotion may be a result of cultural differences in "display rules."

Ekman believes this evidence demonstrates that our central nervous systems are genetically prewired for the facial expression of emotion. However, he does not rule out the influence of environment. Learning determines which circumstances will elicit a given emotional expression, and cultures formulate their own display rules to regulate the expression of emotion. For example, in our culture, norms prescribe that even though a guest might feel intense disgust at the thought of eating the specific food served by his hostess, politeness requires that he attempt to mask the expression of this emotion. The guest shouldn't leap back from the table exclaiming, "Oh, yuck, how revolting!" or even sit quietly and wrinkle his nose like the person in the "disgust" photo on page 544. Instead, he should pretend to be delighted by the feast or at least make a polite excuse for not eating the disgusting item ("Oh, that looks delicious, but my doctor has told me I absolutely mustn't eat pickled frog eyes any more") and, at the same time, should make every effort to have his facial expression match his insincere words. Some other cultures might allow freer expression of disgust in this situation.

Interpersonal Spacing

Anthropologist Edward T. Hall (1966) has shown that there are cultural differences in interpersonal spacing. Hall observes that Americans commonly consider Arabs to be pushy and rude. Paradoxically, Arabs also consider Americans to be pushy. This is because interpersonal spacing has different meanings in the two cultures. For example, the visual interaction of Arabs is intense: they stare; Americans do not. Further, Arabs bathe the other person in their breath. To smell another is not only desirable but mandatory; to deny another one's breath is to act ashamed. Whereas Arabs stay inside the olfactory bubble of others, Americans stay outside of it. Hence an American communicates shame to the Arab when, in fact, the American is trying to be polite. These behaviors, Hall explains, derive from the fact that the typical Arab lacks a sense of a private spatial bubble that envelops the body. Rather than viewing a person as extending in space beyond the body, Arabs see the person as existing somewhere down inside the body. Thus, they violate the American ego by invading Americans' private space.

In summary, human communication is characterized by both cultural universals and differences. These interest social psychologists because they illustrate the complexity of human experience. On the one hand, we have much in common with others. We inhabit the same earth and are subject to its physical laws. Even some features of social experience are common to all cultures. We all have parents and other kin, for example; we all feel certain basic emotions, and we must all communicate with others in order to negotiate and align our actions.

On the other hand, members of different cultural groups have different concerns and these are reflected in their communications. Different cultural groups have devised different symbols even for the universal aspects of human experience. Consider, for example, all the different words for mother in the world's languages. Subcultures within a cultural group may assign different meanings to certain symbols and may have jargons all their own. Even a brother and sister growing up in the same family, who have in common not only the larger culture but also the group culture of the family itself, may experience the world very differently from each other - and develop different communication styles and concerns - due to a factor such as gender. Why is this so? It is because our culture assigns meanings to such characteristics as gender, race, social class, and physical beauty, and these meanings affect the way we experience the world - how others react to us and how we come to see ourselves. We'll discuss the process by which this occurs in our next two chapters: Chapter 6, "Social Attitudes and Attributions," and Chapter 7, "The Social Nature of Self."

Summary

- 1. Communication is the process by which people interact and interpret their interactions. Symbols are objects or actions that stand in, or substitute, for something else. Significant symbols are symbols for which several people share meanings. They are important because they allow us to coordinate our behaviors with those of others.
- 2. We communicate through several kinds of symbols: language, paralanguage, body language, interpersonal spacing, physical characteristics, and personal effects.

- 3. We communicate multiple meanings with a single message. Besides conveying task information, our communicative behavior reflects the intimacy of our relationships with other persons, as well as our relative status within the group, provides information about ourselves and our feelings, and is used to manage impressions of ourselves and our relationships. We use facework to support or challenge the public images we claim for ourselves or attribute to others.
- 4. Our behavior also provides cues to regulate the interaction itself: we signal the initiation of interaction, indicate our willingness to stop or start speaking, and provide feedback to the speaker to indicate our interest and understanding. We often indicate our intentions indirectly, relying on the cooperative principle to decipher a speaker's meaning.
- Different gender, racial, and social class groups have different norms for regulating conversation. Therefore, when members of these different groups interact, miscommunication may result. Some explanations for gender differ-

ences in communication styles relate to women's disadvantaged position in society or their biological role as mothers. The socialization or cultural explanation suggests that males and females interact, as children, in same-gender subgroups whose different norms they learn. Working- and lower-class persons use a loud interaction style in conflict situations which middle-class persons interpret as overly aggressive and hostile. Middle-class persons use a friendly and solicitous conflict style which lower- and working-class persons interpret as hypocritical and weak. African-Americans and whites tend to use different speaking and listening cues - sometimes leading to difficulties in interracial interaction.

6. Common human concerns are reflected in linguistic universals – features that exist in all languages. Language differences also reflect the different concerns of various human groups. Even subgroups of a language group have specialized vocabularies which reflect their particular concerns.

Additional sources:

Photo, p. 519, Robert Kalman, Image Works.

Photo, p. 534, Jim Pickerell/Stock, Boston.

Photos, p. 544, Modified and reproduced by special permission of the publisher, Consulting Psychologist Press, Inc., Palo Alto, CA 94303. From *Pictures of Facial Affect* by Paul Ekman and Wallace V. Friesen. Copyright 1976 by Paul Ekman. All rights reserved. Further reproduction is prohibited without the publisher's consent.

Excerpt, pp. 512-513, with permission of San Francisco Examiner.

Box, p. 515, with permission of Time.

Box, p. 520, with permission of Brent Staples.

Excerpt, p. 537, with permission of William Morrow and Co., Inc.

Comprehension Quiz: Textbook Chapter

Directions: Refer to Selection 10-1 as necessary to complete this quiz.

Option for collaboration: For some of these exercises, your instructor may prefer that you work collaboratively, that is, with other students. These exercises are identified in the margin. *If your instructor directs you to work collaboratively on any of these items*, form groups of three or four classmates to complete the exercise together. Discuss your answers with each other and have one member of the group record the answers. A member of the group may be asked to share the group's answers with the class.

1. Create a test review sheet for one or more of the four main sections of Selection 10-1:

"Symbols" (pages 512–522)

"What We Communicate" (pages 522–528)

"How We Communicate: Rules of Conversation" (pages 528–535)

"Group Differences in Communication" (pages 535–545)

Note: Your instructor will give you specific instructions about this assignment.

2. Your instructor will distribute a quiz on one or more of the sections in Selection 10-1. You will be allowed to use your review cards and your test review sheet.

Option

Items 1 and 2 can be completed collaboratively.



A LIST OF WORD PARTS

IN THIS APPENDIX . . .

Understanding the meaning of various word parts can help you define many unfamiliar words, especially in context. Most of the word parts listed in this appendix are Greek and Latin; a few are Old English or Slavic. Try to associate each word part (left column) and its meaning (middle column) with the example (right column). Associating the part, definition, and example in this way will help you remember word parts that are new to you.

Word part

1.	a
2.	ab
3.	acou, acu
4.	acro
5.	alter
6.	ambi
7.	ambul
8.	andr
9.	anni
10.	ante
11.	anthrop
12.	anti
13.	aqua
14.	arch
15.	astro
16.	aud
17.	auto
18.	avi
19.	belli
20.	bene
21.	bi
22.	bio
23.	bov
24.	by
25.	camera
26.	cani
27.	capit
28.	card
29.	carn
30.	caust, caut
31.	cav
32.	cent
33.	chromo
34.	chrono
35.	cide, cid
36.	contra
37.	cosm
38.	counter
39.	crat, cracy
40.	cred, creed
41.	crypt
42.	cycl
43.	deca
44.	dei
45.	demo
46.	dent
47.	derm
48.	di
49.	dict

Definition

without, not from hear high another both; around walk; go man (human) year before, forward humankind against water rule, chief star hear self bird war well, good two life cattle secondarily chamber dog head heart flesh burn hollow hundred color time kill against universe against rule belief secret, hidden circle ten god people tooth skin two, double speak

Example

amoral abstain acrobat acrobat alternate ambivalent ambulatory android annual antebellum, antecedent anthropology antifreeze aquarium archbishop astronomy auditory automatic aviary belligerent beneficial bicycle biology bovine by-product bicameral canine decapitate cardiac carnivorous caustic cavity century monochromatic chronology homicide contraceptive microcosm counteract democratic incredible cryptography tricycle decade deity democracy dentist dermatology dichotomy diction

Word part

Definition

sleen

	word part
50.	dorm
51.	dyna
52.	dys
53.	enni
54.	epi
55.	equ
56.	esque
57.	ethn
58.	eu
59.	ex
60.	extra
61.	fer
62.	ferr
63.	fid
64.	fini
65.	flagr
66.	flect, flex
67.	fore
68.	fort
69.	frater
70.	gamy
71.	gastr
72.	gene, gen
73.	geo
74.	geronto
75.	grad, gress
76.	graph, gram
77.	gyne
78.	helio
79.	hemi
80.	hemo, haemo
81.	hetero
82.	homo
83.	hydr
84.	hyper
85.	hypo
86.	ign
87.	in, il, im, ir
88.	inter
89.	intra
90.	itis
91.	ject
92.	junct
93.	kilo
94.	later
95.	leg
96.	liber
97.	libr
98.	lingua

sleep -
power
bad, difficult
year
upon, outer
horse
like, resembling
race, nation
good, well
out
beyond, over
carry, bear
iron
faith, trust
limit
burn
bend
before
strong
brother
marriage
stomach
origin, race, type
earth
old
go, step
write, record
woman
sun
half
blood
other, different
same
water
over, above
under, less than
fire
not
between
within
inflammation
throw
join
thousand
side
law
free
book
tongue, language

Example

dormitory dynamo dysfunctional centennial epidermis equine statuesque ethnic eulogy exit extravagant conifer ferrous fidelity infinite conflagration reflect forewarn fortress fraternity monogamy gastric genesis, genocide, genre geography gerontology regress telegraph gynecology heliocentric hemisphere hemophilia heterosexual homosexual hydrant hyperactive hypodermic ignite inactive intercept intravenous tonsilitis eject junction kilometer lateral legal liberate library bilingual

Word part

Definition

99.	lith	stone]
100.	locu, loqu, log	speak	(
101.	logy	study of]
102.	luc	light, clear	
103.	macro	large]
104.	magn	great	1
105.	mal	bad; ill]
106.	mamma	breast	
107.	mania	craving for	
108.	manu	hand	
109.	matri, mater	mother	
110.	mega	large	
111.	meter, metr	measure	
112.	micro	small	
113.	milli	thousand	
114.	mini	less	
115.	miso	hatred of	
116.	miss, mit	send	
117.	mob, mov, mot	to move	
118.	mono	one	
119.	morph	form	
120.	mort	death	
121.	multi	many	
122.	nat	born, birth	
123.	naut	sail	
124.	neo	new	
125.	noc, nox	harmful	
126.	noct	night	
127.	ob, oc, of, op	against	
128.	oct	eight	
129.	ocul	eye	
130.	oid	resembling	
131.	omni	all	
132.	onym	name, word	
133.	ortho	correct, straight	
134.	osis	condition	
135.	osteo, ost	bone	
136.	out	better than	
137.	pac, pax	peace	
138.	pan	all	
139.	para	beside	
140.	path	feeling, illness	
141.	patri, pater	father	
142.	ped, pod	foot	
143.	pel	drive	
144.	pend, pens	hang; weigh	
145.	penta	five	
146.	per	through	
147.	peri	around	

Example

lithograph elocution, colloquial, dialogue psychology lucid macrocosm magnify malfunction mammal kleptomania manual maternal megaphone metric microscope millimeter minimal misogamy dismiss, mission mobile, movable, motion monotone amorphous mortal multitude prenatal nautical neophyte noxious nocturnal object, oppress octopus oculist humanoid omnipotent pseudonym orthodontist psychosis osteopath outrun pacifist panorama parallel, parapsychology pathetic, pathology paternity pedal repel pendulum pentagon perspire perimeter

553 A List of Word Parts

Word part

Definition

148.	petr
149.	philo
150.	phobia
151.	phono
152.	photo
153.	pneum
154.	poly
155.	port
156.	pos
157.	post
158.	pre
159.	primo
160.	pro
161.	pseud
162.	psych
163.	pugn
164.	punct
165.	purg
166.	pyre
167.	quad, quart
168.	quint
169.	re
170.	reg
171.	rupt
172.	scend
173.	scope
174.	scribe, scrip
175.	secu, sequ
176.	semi
177.	seni
178.	simil
179.	sol
180.	soli
181.	somni
182.	soph
183.	spect
184.	spir
185.	strict
186.	sub, sup
187.	super, sur
188.	surg
189.	tang, tact
190.	tech, tect
191.	tele
192.	tend, tens
193.	terri
194.	tert
195.	theo
196.	therm

rock love fear of sound light air many carry place after before first forward; favor of false mind fight point cleanse fire four five back; again rule; kingly break climb see; view write follow half old like sun alone sleep wise see breathe tighten under over rise touch skill far stretch earth third god heat

Example

petrified philosophy acrophobia phonics photograph pneumatic polygon portable position postwar prewar primitive progress, pro-American pseudoscience psychic pugnacious puncture purge pyromania quartet quintet return, repeat regal rupture descend telescope scribble sequel half senile similar solar solitude insomnia sophomore, sophisticated spectator respiratory constrict submarine superego, supervisor insurgent tangible technician telepathy tendon territory tertiary theology thermometer

554 Appendix 1

Word part

197. tomy 198. tors, tort 199. toxico 200. tract 201. tri 202. ultra 203. unct, ung 204. uni 205. vacu 206. veni, vent 207. verd 208. vers, vert 209. vid, vis 210. vinc 211. vit, viv 212. voc, voke 213. voli, volunt 214. volv 215. 200

Definition

cut twist poison pull three beyond; over oil one empty come green turn see conquer life voice; call wish roll; to turn animal

Example

vasectomy distort toxic extract trio ultramodern unctuous unity vacuum convention verdant reverse vision invincible vitality evoke volunteer revolve zoology



MASTER VOCABULARY LIST

IN THIS APPENDIX . . .

.....

Appendix 2 lists all the terms covered in "Extend Your Vocabulary by Using Context Clues" in Parts One and Two. This master list will be useful for review and self-testing. The listing is alphabetical; the numbers in parentheses indicate the selections in which the words appear. abbreviating (Selection 2-2) acute (7-1)adage (1-2)adverse (3-1) affirms (5-3) aligned (2-2) allocate (1-2)ambiguities (6-1) arguably (6-1) arrogantly (1-3) articulate (1-1)assurance (8-3)attained (1-3) autocratic (5-1)avocational (6-2) barriers (3-3)bereaved (7-1) billowing (8-1) camaraderie (6-1) can (8-1) civilized (1-3) coalition (4-1)cocoon(8-1)collectively (5-3) compatible (3-3)complement (2-3)composure (2-2)conclude (4-3)concluded (8-3) condensing (2-1)confrontations (7-2)constituents (5-3) consuming (7-3)consumption (6-3) continental (5-2) contrived (7-2)controversial (3-3) converts (4-2) convey (1-1)corridor (1-1) $\cos(3-2)$ courtship (7-3)credentials (5-1) creditor (6-3) crucial (8-3) cultured (6-2)curious (4–3) dejection (7-1) dependent (2-3)derive (5-3)

deter (8-2) deviant (7-1)discard (4-3) discrepancy (3-3) disheartened (8-3) disinterested (5-2) distortion (3-3) distractor (3-1) domestic (5-1) dominates (7-1) earnestness (8-3) efficacy (5-3) egalitarian (6-1) elaborate (2-1)electoral (5-3) elite (5-3)elusive (1-2)embarked (8-3) embedded (2-2)embellished (3-2)emulate (1-1)enact (5-3)endeavors (1-2) endorphins (5-2)enhance (2-3)entity (1-3) epidemic (8-2) epigrams (8-3) evangelical (4-1) exaltation (8-1) expelling (2-1) explicit (2-3) exposed (1-2) exposure (6-1) facade (3-2)feigned (1-1) fluctuation (3-1) foibles (5-2)fortifying (8-1) fraternal (7-3) free market (6-3)frigid (2-1)futility (7–1) galaxy (2-1) gender (5-1)gleaned (6-1) grandiose (8-3)gulf(5-1)homogeneous (4-1) humanitarian (6-1)

hyperinflation (6-3) hypothesis (4-3) illusion (3-1)immense (8-2)impending (7-1)implicitly (1-3)impose (8-2) inanimate (5-2)incumbents (4-1) indecipherable (2-2)industrialized (6-3) inevitable (1-1)inferior (2-2)inflexible (1-2)infrastructure (6-3) initial (7-3)initiates (2-3) inquiry (4-3) insidious (3-1) institution (7-3)intrepid (2-1) intuition (4-3)Islamic (4-2) legalizing (8-2) leviathan (2-1) liabilities (7-3) linger (6-2)literal (1-3)loyalists (4-1) mammoth (5-2)maneuver (5-2)mariners (7-2) marital (7-3) masseuse (6-1) medieval (3-2) metabolic (2-1)metallurgists (7-2) minimally (5-3)minor (1-2)modest (4-2)monogamous (7-3) moralistic (8-3) moribund (6-3) mulled (2-2)naturalist (7-2) necessarily (1-3) nurturing (5-1)omnipotent (4-2) opiates (8-2) pagans (4-2)

painstaking (1-1) pangs (7-1)peculiar (1-3)penetrating (1-3)perpetually (2-1)pertinent (3-3)pervasive (4-2) physiological (5-2) pivotal (4-2) platform (4-1) populous (4-1) potential (2-3, 3-3) practicable (6-2) practicing (6-2)predetermined (1-2) prediction (4-3) presiding (1-3)prestigious (5-1) principle (1-2)profess (3-2) profound (6-2) progressive (3-1)promulgated (4-2) prone (5-1)pronouncement (6-1) propose (4-3) prose (6-2)proselytizing (4-2) protracted (7-2) provision (4-1) purveyors (6-1) rampant (6-3) rapport (2–3) rational (3-3) readily (5-1)rebound (7-3) recoil (5-2)reform (6-2)regimented (4-3) rehabilitation (1-1)relatively (2-1) relics (3-2) relinquish (2-3) reluctant (3-1) renounced (3-2)resolved (7-1) rooted (8-1)rote (4-3)rudimentary (7-2) scant (7-2)

557 Master Vocabulary List

sheer (2–2)
sluggish (4-1)
societal (8–2)
solitude (8–1)
sovereigns (7-2)
stagnated (6-3)
strategically (4-1)
subordinates (5-1)
subsidiary (2-2)
succeeding (1-1)

successive (2–2) superficially (3–3) superfluous (7–2) supposition (3–2) surging (6–2) surging (6–3) sustain (7–3) swig (8–1) symptom (3–1) tenure (5–3) terminal (8–1) theology (4–2) transcendence (3–2) transmission (3–3) treacherous (8–2) triggered (5–2) underestimate (1–2) uneventful (8–3) unleashes (7–1) utmost (3–1) vanished (8–1) variability (3–1) vast (2–3) veneration (3–2) vital (2–3) vocational (6–2) weighing (8–2) widespread (8–2) willed (1–1)



GLOSSARY OF KEY TERMS

IN THIS APPENDIX . . .

Appendix 3 lists key terms from Opening Doors, with definitions. This listing will help you review text material and monitor your understanding of the concepts and skills you have studied. The listing is alphabetical; the numbers in parentheses indicate chapters where the key terms are found. **Annotation:** Explanatory notes written in the margins of a textbook to organize and remember information. (Chapter 9)

Appendix: Section at the end of a book which includes supplemental material or specialized information. (9)

Average reading: Rate used for textbooks and more complex material in periodicals (175–250 words per minute). (2)

Bibliography: Textbook feature near the end of the book, giving a list of sources: books, articles, and other works from which the author of the text has drawn information; it may also be called *references, works cited*, or *sources*. Bibliographies sometimes include works the author recommends for further (supplemental) reading. (9)

Box: Textbook feature consisting of supplementary material separated from the regular text; also called a *sidebar*. (9)

Cause-effect pattern: Writing pattern presenting reasons behind (causes of) events or conditions and results (effects) of events or conditions. (7)

Chapter introduction: Textbook feature opening a chapter, describing the overall purpose and major topics or "setting the scene" with a case study, anecdote, etc. (9)

Chapter objectives: Textbook feature at the beginning of a chapter, telling you what you should know or be able to do after studying the chapter; also called *preview questions, what you'll learn, goals,* etc. (9)

Chapter outline: Textbook feature at the beginning of a chapter, listing the chapter topics or headings in their order of appearance; also called *chapter contents*, *preview*, *overview*, etc. (9)

Chapter review cards: Study tool and special textbook feature in *Opening Doors;* a way to select, organize, and review the most important information in a chapter; also called *summary cards.* (1)

Chapter summary: Textbook feature at or near the end of a chapter, in which the author collects and condenses the most essential ideas. (9)

Comparison-contrast pattern: Writing pattern used to present similarities (comparisons), differences (contrasts), or both. (7)

Connotation: Additional, nonliteral meaning suggested by or associated with a word. (8)

Context clues: Other words in a sentence or paragraph which help the reader deduce the meaning of an unfamiliar word. (1, 2)

Critical reading: Going beyond basic information in a passage to gain additional insights. (8)

Definition pattern: Writing pattern presenting the meaning of an important term discussed throughout a passage. (7)

Denotation: Literal, explicit meaning of a word; its dictionary definition. (8)

Dictionary pronunciation key: Guide to sounds of letters and combinations of letters in words. A full pronunciation key usually appears near the beginning of a dictionary; an abbreviated key, showing only vowel sounds and the more unusual consonant sounds, usually appears at or near the bottom of each page. (2)

Distributed practice: Study sessions that are spaced out over time; a more efficient study method than massed practice. (10)

Epigraphs: Quotations that suggest overall themes or concerns of a chapter; this kind of textbook feature is usually found at chapter openings or in the margins. (9)

Etymology: Origin and history of a word. (2)

Examples: See exhibits. (9)

Exhibits: Special textbook features such as student papers, plot summaries, profit-and-loss statements, documents, forms, and printouts. (9)

Fact: Something that exists or has happened or is generally assumed to exist or have happened. (8)

Figurative language: Imagery; words that create unusual comparisons, vivid pictures, and special effects; also called *figures of speech*. (8)

Glossary: Mini-dictionary at end of a textbook, listing important terms and definitions from the entire text. (9)

Graphic aids: Illustrations that consolidate information and present it more clearly than words alone; graphic aids include figures, cartoons, and photographs. (9)

Hyperbole: Figure of speech using obvious exaggeration for emphasis. (8)

Illustrations: See graphic aids. (9)

Implied main idea: Main point that is not stated directly as one sentence and therefore must be inferred and formulated by the reader. (5)

Index: Alphabetical listing of topics and names in a textbook, with page numbers, usually appearing at the end of the book. (9)

Inference: In reading, a logical conclusion based on what an author has stated but going beyond it. (8)

Intended audience: People an author has in mind as readers; the people he or she is writing for. (8)

Intermediate goal: Goal you want to accomplish in the next 3 to 5 years. (1)

Learning style: Way in which an individual learns best. (1)

List pattern: Series (list) of items in no particular order, since order is unimportant. When set off from the text in some special way, a list is also a useful textbook feature. (7, 9)

Long-term goal: Goal you want to accomplish during your lifetime. (1)

Long-term memory: Permanent memory, as contrasted with short-term (temporary) memory. (10)

Mapping: Informal way of organizing main ideas and supporting details by using boxes, circles, lines, arrows, etc. (9)

Metaphor: Figure of speech implying a comparison between two dissimilar things, usually by saying that one of them *is* the other. (8)

Mixed pattern: Combination of two or more writing patterns. (7)

Monitoring comprehension: Staying aware of your understanding as you read and correcting the problem whenever you realize that you are not comprehending. (2)

Monthly assignment calendar: Calendar showing test dates and due dates in all courses for each month of a semester. (1)

Opinion: Belief or judgment that cannot be proved or disproved. (8)

Organization: Arranging main ideas and supporting details in a meaningful way. Second of three essential study strategies. (9)

Outlining: Formal way of organizing main ideas and supporting details to show relationships between them. (9)

Paraphrasing: Rewriting someone else's material in your own words. (6)

Part opening: Textbook feature that introduces a section (part) consisting of several chapters. (9)

Personification: Figure of speech giving human traits to nonhuman or nonliving things. (8)

Point of view: An author's position on a topic. (8) **Predicting:** Anticipating what is coming next as you read. (2) **Preface:** Introductory section in which authors give information about a book directly to readers. (9)

Prefix: Word part attached to the beginning of a root or base word. (2)

Preparing to read: Previewing a chapter, assessing your prior knowledge, and planning your time.

Previewing: Examining reading material to get an idea of its subject matter and organization. Previewing is step 1 of the three-step reading process in *Opening Doors.* (3)

Prior knowledge: What you already know about a topic; background knowledge. (3)

Purpose: An author's reason for writing. (8)

Rapid reading: Rate used for easy or familiar material (300–500 words per minute). (2)

Rehearsal: Saying or writing material to transfer it into long-term memory. Third of three essential study strategies. (3, 9, 10)

Review: See rehearsal. (3, 9)

Review card: Index card with an important question on the front and the answer on the back. (9) Also, throughout *Opening Doors*, a technique for reviewing a chapter; *chapter review cards* summarize the most important information in the chapter and therefore are also called *summary cards*.

Root: Base word or stem word. (2)

Scanning: Information-gathering technique used to locate specific information quickly and precisely. (2)

Selectivity: Identifying main ideas and important supporting details. First of three essential study strategies. (9)

Sequence pattern: List of items in a specific, important order. When set off from the text in some special way, a *sequence* is also a useful textbook feature. (7, 9)

Short-term goal: Goal you want to accomplish in the next 3 to 6 months. (1)

Sidebar: See box. (9)

Simile: Figure of speech stating a comparison between two dissimilar things by saying that one of them is *like* the other. (8)

Skimming: Information-gathering technique that involves moving quickly and selectively through material to find only important material. (2)

Stated main idea: Sentence in a paragraph that expresses the most important point about the topic. (4)

Study questions: General term for textbook features such as *activities, exercises, drills,* and *practice sections.* These features may also be called *questions for study and review, review, ask yourself, self-test, check your mastery, mastery test, learning check, check your understanding, topics for discussion, problems, etc. (9)*

Study reading: Rate used for material that is complex, technical, new, demanding, or very important (50–200 words per minute). (2)

Study schedule: Schedule with specific times set aside for studying. (1)

Suffix: Word part attached to the end of a root or base word. (2)

Suggested readings: Textbook feature, often at the end of chapters (or parts), listing the author's

recommendations for supplemental reading or research, sometimes with annotations (comments); may be called additional readings, suggestions for further reading, supplementary readings, etc. (9)

Summary cards: See chapter review cards. (1)

Summary: Single-paragraph condensation of all the main ideas presented in a longer passage. (9)

Supplements: Separate aids accompanying a textbook; supplements include *study guides, supplemental readings, student workbooks,* and *computer diskettes.* (9)

Supporting details: In a paragraph, additional information necessary for understanding the main idea. (6)

Table of contents: Textbook feature at the beginning of the book, listing chapter titles and sometimes including headings within chapters as well. (9)

Table: Material arranged in rows and columns. (9)

Test review card: Index card with an important question on the front and the answer on the back. (10)

Test review sheet: Single sheet of paper consolidating and summarizing, on its front and back, the most important information to be covered on a test. (10)

Textbook feature: Device used by an author to emphasize important material or to clarify organization. (9)

"To do" list: Prioritized items to be accomplished in a single day. (1)

Tone: Choice of words and style of writing that reflect an author's attitude. (8)

Topic: Word or phrase that tells what an author is writing about. (4)

Underlining and highlighting: Techniques for marking topics, main ideas, and definitions. (9)

Vocabulary aids: Textbook devices that highlight important terms and definitions. Vocabulary aids may be called *key terms, basic terms, terms to know,* vocabulary, terms to remember, etc. (9)

Word-structure clue: Root, prefix, or suffix that helps you determine a word's meaning. (2)

Writing patterns: Ways authors organize and present their ideas. (7)

INDEX

Activities (textbook feature), 436–437, 447 Affixes, 65 Annotation (technique of marking textbooks), 448–450 Appendixes (textbook feature), 440–441, 447 Audience, author's intended, 351–355 Average reading, 61

Bibliographies (textbook feature), 442–443, 447 Boxes (textbook feature), 428–429

Calendars: monthly assignment calendar, 15–17 weekly study schedule, 10–13 Cartoons (textbook feature), 433 Cause-effect pattern, 303–305 Chapter review cards (explained), 21 Comparison-contrast pattern, 302–303 Comprehension, monitoring of, 58–60 Connotations, 366–367 Contents, tables of (textbook feature), 418–419, 446 Context clues, 29, 63–65 Cramming, 495, 497 Critical reading, 351–373 defined, 351 Definition pattern, 295, 300–302 Denotation, 366–367 Details, supporting, in paragraphs, 251–256 Dictionary pronunciation key, 66–68 Difficulty of material, as factor in reading rate, 60 Directions, following, 112–114 Distributed practice, 497

Epigraphs (textbook feature), 446 Etymology, 66 Examples (textbook feature), 446 Exhibits (textbook feature), 446

Facts vs. opinions, 358–362 Features in textbooks, 415–439 appendixes, 440 bibliographies, 442 boxes, 428, 447 chapter introductions, 424 chapter objectives, 424 chapter outlines, 422 chapter summaries, 438 epigraphs, 446 examples, 446

563

Features in textbooks (Cont.): glossaries, 434 graphic aids (illustrations), 432 indexes, 444 lists and sequences, 426 part openings, 240 prefaces, 416 sidebars (boxes), 428 study questions and activities, 436 suggested readings, 442 supplements, 446 tables, 430 tables of contents, 419 tips for using, 446-447 vocabulary aids, 434 Five-day test review plan, 498-499 Figurative language (figures of speech), 367-371 Figures (textbook feature), 432 Flexible reading, 60-62 Formulating implied main ideas, 209-213

Glossaries (textbook feature), 434–435 Goals: intermediate, 7 long-term, 7 setting, 6–8 short-term, 7 Graphic aids (textbook feature), 432–433, 447

Headings, as clues to topics, 161–162 Highlighting (technique of marking textbooks), 448 Hyperbole, 368–371

Illustrations (textbook feature), 432–433 Implied main idea, formulation of, 209–213 Indexes (textbook feature), 444–445, 447 Inferences, 363–366 Intended audience, author's, 351–355 Introductions, chapter (textbook feature), 424–425 Key terms: glossary of, 560–562 textbook feature, 434 Keys to textbook study, 414

Learning styles, 19 Legends of illustrations (textbook feature), 432 List pattern, 295, 297–298, 305 Lists (textbook feature), 426–427, 447

Main idea: implied, 209–213 stated, 164–168 in summarizing, 457 Managing time, 9–18 Mapping, 453–455 Marking textbooks, 448–450 Massed practice, 497 Memory, long-term and short-term, 495 Metaphor, 368–371 Mixed patterns of writing, 305–308 Monitoring your comprehension, 58–60 Motivating yourself, 8–9

Note-taking from textbooks, 450-457

Objectives, chapter (textbook feature), 424–425, 447 Opinions vs. facts, 358–362 Organization: as key to textbook study, 414 and rehearsal, 495 Outlines, chapter (textbook feature), 422–423, 446 Outlining, 450–453

Paraphrasing, 252 in summarizing, 457 Part openings (textbook feature), 420–421, 446 Patterns of writing, authors', 295–309 (*See also specific writing patterns*) Personification, 368–371 Photographs (textbook feature), 433 Point of view, author's, 355-358 Predicting as you read, 58, 296 Prefaces (textbook feature), 416-417, 446 Prefixes, 65 Preparing to read, 105 Previewing, 105–108 Print, special: as clue to definition pattern, 300 as clue to topics, 161, 162-163 Prior knowledge, 60, 108 Pronouns, as clues to topics, 163-164 Pronunciation key, in dictionary, 66-68 Punctuation marks, as clue to definition pattern, 300-301 Purpose: author's, 351 for reading, as factor in reading rate, 60

Questions:

asking and answering in reading, 109–111 study (textbook feature), 436–437, 447 on test review cards, 499–500

Reading tests (see Standardized reading tests, tips) Rapid reading, 61 Reading process, 57-58 Reading rates, 60-62 Readings, suggested (textbook feature), 442, 447 Reciting, as study technique, 496 Rehearsal, 495-496 of answers to questions in reading, 111 as key to textbook study, 414 Review: chapter review cards (summary cards, explained), 21 questions (textbook feature), 436-437 test review cards, 499-501 for tests, five-day plan, 498-499 in three-step study process, 111-112 Roots, 65

Scanning, 61 Selectivity, as key to textbook study, 414 Sequence pattern, 295, 298-300 Sequences (textbook feature), 426-427, 447 Signal words: in test directions, 113 in writing patterns, 297-308 Simile, 368-371 Skimming, 61 Standardized reading tests, tips: critical reading, 371-373 implied main ideas, 214 supporting details, 255-256 topics and stated main ideas, 168-169 writing patterns, 308-309 Stated main idea, determining, 164–168 Students, successful, characteristics of, 5-6 Study questions (textbook feature), 436-437 Study reading: process, three-step, 105-112, 415 rate, 61 Study schedules, 10-17 Suffixes, 66 Suggested readings (textbook feature), 442, 447 Summaries, chapter (textbook feature), 438-439, 447 Summarizing, 456-457 Summary cards (chapter review cards, explained), 21 Supplements (textbook feature), 446, 447 Supporting details, identifying, 251–256

Tables (textbook feature), 430–431, 447 Tables of contents (textbook feature), 418–419, 446 "Test anxiety," 497 Test review sheets, 501–505 Tests: following directions on, 112–114 preparing for, 496–502 reading, standardized, tips for, 168–169, 214, 255–256, 308–309, 371–373 Textbook features (*see* Features in textbooks) Textbooks, three-step process for studying,

105-112, 415

566 Index

Time management and planning, 9–18, 109 Titles: as clues to topics, 161–162 in summarizing "To do" list, 15, 18 Tone, author's, 355–358 Topic, determining, 161–164 Vocabulary: aids (textbook feature), 434–435, 447 development, 63–68 master list, 556–557

Word-structure clues, 65–66 Word parts, list, 550–554 Writing patterns, 295–296

Underlining (technique for marking textbooks), 448

Selec	tion	Compre- hension Quiz	Extend Your Vocabulary
1-1	"Saved"		
1-2	"The Time Message"		
1-3	"Another School Year—What For?"		<u> </u>
2-1	"A Whale of a Survival Problem"		
2-2	"I Got My B.A. by Sheer Luck"		
2-3	"What Computers Can, Cannot, and Should Not Do"		
3-1	"Controlling Your Concentration"		
3-2	Art in the Service of Religion"		
3-3	How to Improve Communication"		
4-1	"The Campaign for Election"		
4-2	"Muhammad"		
4-3	"The Scientific Method"		
5-1	"The Changing Roles of Men and Women"		
5-2	"Laugh Your Stress Away"	<u> </u>	
5-3	"Why Vote?"		
6-1	"Communication Close-Up at Ben and Jerry's"		
6-2	"How to Find Time to Read"		
6-3	From A Beginner's Guide to the World Economy		
7-1	"Reactions to Impending Death"		
7-2	"The Conquest of Paradise"		
7-3	"The Decision to Marry"		
8-1	"The Yellow Ribbon"		
8-2	"Legalizing Drugs"		
8-3	"The Achievement of Desire"		
9-1	"Intercultural Communication"		
10-1	"Communication"		

OPENING DOORS

Understanding College Reading

Joe Cortina Janet Elder Katherine Gonnet

Finally . . . a reading improvement textbook that gets to the heart of the matter: reading comprehension skills and how to apply them. Every instructor wants to see students succeed in college—and this new book is specifically designed to help students read and study their college textbooks effectively and do well in all their college courses.

Opening Doors takes a three-part approach to teaching students how to understand college reading:

- PART ONE: ORIENTATION—Preparing and Organizing Yourself for Success in College. In Part One, students learn how successful college students study and what specific ways can be used to approach college assignments effectively.
- PART TWO: COMPREHENSION—Understanding College Textbooks by Reading for Ideas. Part Two is the "comprehension core"; it features an integrated, recursive presentation of essential reading comprehension skills that students must learn in order to be successful in college courses.
- PART THREE: SYSTEMS FOR STUDYING TEXTBOOKS—Developing a System That Works for You. Part Three presents a variety of study skills students can use to become successful.

With *Opening Doors*, students gain experience with college-level material, acquire useful background knowledge in a variety of subjects, and gain the confidence they need to deal with the "real thing"—college textbooks.

